

The Window

A Weekly Publication



Our Mission

Our mission is to create community, to nurture spiritual growth, and to act on our values to help heal the world.
Nuestra misión es crear comunidad, fomentar el crecimiento espiritual y vivir nuestros valores para ayudar a sanar el mundo.

Our Eight Principles

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

1. The inherent worth and dignity of every person;
2. Justice, equity, and compassion in human relations;
3. Acceptance of one another, and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience, and the use of the democratic process within our congregations and in society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part;
8. Building a diverse multicultural Beloved Community by our actions that accountably dismantle racism and oppressions.

Hillcrest Campus Location
4190 Front Street
San Diego, CA 92103
619-298-9978

South Bay Campus Location
970 Broadway, Suite 104
Chula Vista, CA 91911
619-271-5017

December's Transformational Theme: **To Dream (Stories of Hope)**

Join Us for Worship In-Person or Online!

"A Community of Communities"

Rev. Omega Burckhardt, Assistant Minister

In Person & Simultaneous Live Stream Worship *with ASL*

December 5, 2021 9:30 am, Hillcrest Campus & Online

Pre-register: <https://rsvp.church/r/0cQJU1PE>

Sign the Health Safety Covenant: www.firstuusandiego.org/reopening-team.html

Watch the Live Service online: [https://www.firstuusandiego.org/](http://www.firstuusandiego.org/)

December Generosity Offering

South Bay Food Pantry

Congratulations to our South Bay Food Pantry, celebrating its second year! Our pantry has given away over 400,000 lbs of food since inception and currently provides food to about 200 families every Saturday, and free diapers, baby wipes, and period products every Sunday. Thank you to the many members and friends of First UU who volunteer to support our work. Together with dedicated people from the wider world, we are doing social justice work in a multicultural, multigenerational community. As we prepare to move into our own suite, we face significant one-time construction costs, including installation of a double wide front door and purchasing equipment. Donate using our website at www.firstuusandiego.org/donations, under gift designation select "Generosity."

The deadline for the next issue of
The Window is:

December 8 (Wednesday) at 8 am

If you would like an announcement placed in the Window, please email:
rose@firstuusandiego.org

**The Window submission
maximum is 60 words**

What's Happening?

From Your Reopening Team

We all want things to be happily pre-Covid again. But Covid-reality means shaping things in new ways — in offices, schools, and yes in church. Our church, fortunately, has people of imagination working on how to reshape what we do when we gather, as for worship.

Relatively small group indoor meetings can resume on January 15th — with masks, distancing, the assumption of vaccination on a case-by-case basis. Groups will have to be sized to a given meeting space.

A group of epidemiologists we've had a link with say they would not sing in a choir right now. So, we put that in the mix as we try to balance our various safety and social needs.

Sunday services are now being live-streamed every Sunday at 9:30 am from our Hillcrest patio, so what you tune in to at home is happening at that moment on our campus. We'll have in-the-flesh soloists singing at times, and creative minds are working to reinvent our services to some extent to avoid the biggest dangers while increasing our personal involvement. Ideas are being developed. Simply going back to all of our old ways is not an option.

We cannot yet resume social hours with food and drink as previously. As you chat with friends after services, we ask that you try your best to observe safe distancing. And please, especially, try not to "corner" one of the ministers at such times. Let them be safe.

Much more good than not good is going on right now. We hope that you will please join in as we reshape who we are and how, as a church community, we go about being together.

We're Listening!

Your Board and Interim Committee (Exec) have been receiving inquiries about our worship service times on Sunday mornings, plus should we have one service, or two, as we used to? We've heard you and we plan to do a survey in January to get a better feel for how the congregation feels about these important issues. Please watch for it.

About Livestreaming Worship!

The staff team has worked very hard to get us to the point where we can livestream the Sunday service as it happens at 9:30 am on Sunday morning. This will mean that there will be a few important changes to how the online service will happen, and we wanted to be sure everyone is aware of what will be different.

The online Service will now be streamed LIVE at 9:30 am on Sunday morning. The stream will start at 9:15 am if you're used to tuning in early, but the Service itself will start at 9:30 am. If you prefer to watch the service at 11:30 am, no worries! Once the service has been streamed live, it will continue to be available on our YouTube page, so you can continue watching at 11:30 am as usual, or at any time you choose, for that matter.

You can watch a video explaining all of these changes and more at: <https://youtu.be/yaDbzCEqbUo>

We know that not everyone has the same comfort level with technology and we appreciate that you continue to adapt as we make these changes that will continue to move our church forward into a new era. If you have any questions or need someone to help you with the technology, you can email tony@firstuusandiego.org and Tony will be happy to help.

Sign Up Now for December 2021 Listening Circles!

Online sign-up is now open! Beginning December 6, there are 19 date/time slots at 10 am, 2 pm, or 6:30 pm. Three are In-Person (outside on the Hillcrest campus) & 16 are on Zoom.

Additional Listening Circles will be scheduled in January 2021. If none of the scheduled December dates/times work for you'll be able to suggest January dates.

To stay within a 2-hour maximum time limit, Listening Circles are limited to a maximum of seven "sharing" participants & two trained First UU facilitators. Confidentiality will be maintained.

Prior to your scheduled date & time, you'll receive an email with additional information including, as appropriate, Zoom invitation or in-person location.

Go to www.firstuusandiego.org/listening-circles.html to sign-up and/or get more information about Listening Circles.

*Share Your Love
Campaign*

**Prevent Mudflows
Keep Operations
Funded**

**\$175k Matching Fund
by
12-31-21**

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Pacific Western Regional Assembly

PWR Regional Assembly is that inspirational, radically inclusive, beyond - the - congregation UU community we've missed. February 4-6, we can engage fully, wherever we are. Whether onsite at the Hyatt along the bay in San Diego, or online in the comfort of our own homes, we will have opportunities for connection in small groups, inspirational worship, transformative learning, and just plain community fun. <https://www.uua.org/pacific-western/blog/ra-2022>.

What's Happening?

Uke-Cafe

Dec. 5, Sunday, 10:45 am, Upper Patio. We'll gather on the upper patio after the 9:30 am service to learn some simple chords and make music together! Bring a ukulele if you have one or use one of the dozen we have available on a first come, first served basis. All ages and experience (or lack thereof) levels are welcome! Masks are required.

Board Chat

December 5, Sundays (first), 12:30 pm, bit.ly/FirstUUBoardChat, or call in at 1-669-900-6833, Meeting ID: 863 0218 5062 Passcode: 203946. Ask a question of your Board or tell them something you would like them to know.

Virtual Social Hour

Dec. 5, Sundays, 12:30 pm, bit.ly/FirstUUSocialHour, or call in at 1-669-900-6833, Meeting ID 824 042 297. Password provided during worship.

Sunday FUUnday

December 5, Sunday, 4 pm — 6 pm, Hillcrest Patio. Please join us for our first Sunday FUUnday as we spend time together playing BINGO! There will be much fun and prizes to be had! **FREE** to play and win! For information about contact rose@firstuuusandiego.org.

Open Heart Sangha

December 5, Sundays, weekly, 4 pm — 5:30 pm, online. The Open Heart Sangha continues to meet on Sunday afternoons through online Zoom gatherings. Contact Marge, margewur@gmail.com for the link.

Worship Planning

Dec. 7, Tuesdays, 4 pm, bit.ly/WorshipPlanning1UU, Meeting ID 841 0548 1861 Passcode: 092833.

Join Robie! - Cancelled

Cancelled this week. Robie will be playing this evening for the Blue Holiday Service. Join her there!

Blue Holiday Vespers Service

December 8, Wednesday, 6 pm, Hillcrest Patio. The days grow shorter and colder as we approach the holiday season. It is important to acknowledge that this time of year can bring some sadness, nostalgia, or melancholy feelings for many of us, even as we make preparations for the return of the sun and celebrations of light and family later in the month. Join us for a candlelit Blue Holiday Vespers service. The service will offer a space of live music, poetry, and ritual to give a space for reflection and meditation. Because of the nature of the service, livestreaming will not be available. Registration for in-person attendance is requested but not required <https://rsvp.church/r/0cQJU1PE>.

How to Call Into a Zoom Meeting

Call into a Zoom meeting by phone at 1-669-900-6833. When prompted, enter the meeting ID number.

Memory Matters Gathering

December 10, Fridays (second and fourth), 10 am — 11:30 am, Online, with Kathy Gilbert, LCSW, and Gay Hybertsen, LCSW. This is a place for those who worry about memory problems and forgetfulness; and their care partners. The gathering, therapeutic and educational, enables members to make new contacts, build trust, and learn to deal with the consequences of memory loss. Ongoing, drop in. Email hybertsen@att.net for the link.

Creative Writing Group

December 11, Saturdays (second), 10:30 am — 12:30 pm, [http://bit.ly/CreativeWritingFirstUU](https://bit.ly/CreativeWritingFirstUU), or call in at 1-669-900-6833, Meeting ID: 868 9505 3014 Passcode: 361410. This group is for anyone with a desire to create and experiment with different styles of writing. This is a great space to meet individuals who want to share their creative abilities with others. RSVP to evagarciamayers@yahoo.es. A minimum of three attendees is required for the group to be hosted each month.

Rainbow Action Group's Koffee Klatch

December 12, Sundays (second), 10:30 am, URL <https://bit.ly/RainbowKlatch>, password: 893622, or call in at 1-669-900-6833, ID 899 4140 9956, PW 893622. Rainbow Action Group's Koffee Klatch has gone virtual. Join us! All "family" friends and allies invited. The event is hosted by John Keasler and Louise Titlow.

Pagan Conversations - In Person

December 12, Sundays (second), 1 pm — 2 pm, Room 114 Backyard. Join the Earth Centered Spirituality Circle (ECSC) for conversation and community. Contact sdpagansuu@gmail.com.

Unitarian Universalist Christian Study Group

December 12, Sunday, 1 pm, Lower Patio. Our Unitarian Universalist Christian Study Group will celebrate Advent: The Season of Light Emerging out of Darkness. We will honor all the Feasts of Light celebrated in this season from Solstice, Diwali, Hanukkah, Kwanza, and Christmas. Everyone is welcome. Of course, masks and distancing. Contact curranjeffery@msn.com.

Sunday FUUnday Holiday Arts & Crafts and Tree Decorating

December 12, Sunday, 3 pm, Lower Patio. Join us as we create holiday arts and crafts and decorate the tree! Contact rose@firstuuusandiego.org for more information.

Coping With Chronic Conditions Support Group

December 13, second and fourth Mondays, 1 pm, URL <https://bit.ly/CopingCCGroup>, or call 669-900-6833 with meeting ID 681-036-9317. New participants reach out to Chris Smith prior to attending a meeting at 619-300-7477 or email chris.smith7@cox.net to discuss our covenant and mission statement and receive the password.

You can follow us on Twitter! Our user name is @firstuuusd.

What's Happening?

Caregivers/Allies Support Group

December 13, Mondays (second), 4 pm — 5:30 pm, online. The Caregivers/Allies Support Group is welcoming prospective new participants. Beginning in January, we are going to start meeting on the second and fourth Mondays. Members and friends who are seeking additional information about participating, contact Rose Riedel at Rose@firstuuusandiego.org.

Art Guild Monthly Arts & Crafts Creative Social

December 14, second Tuesdays, 3 pm — 5 pm, <http://bit.ly/FirstUUArtGuild> Meeting ID 860 2031 2916, Passcode 587290. Everyone is welcome. Bring a work to share and/or a project to work on. Doing something special for Fall or the Holidays? We would love to see it.

Rainbow Twilight Walk

December 16, third Thursdays, 5 pm, the center of Balboa Park's museum area. Join us for exercise and in-person socializing. Contact John Keasler at 619-278-1267 or Louise Titlow at 619-990-5622 for info.

Cosmos - Cancelled for December

Will resume January 2, Sundays (first), 1 pm — 3 pm, <https://bit.ly/CosmosFUUSD>, Passcode: 976520. We are currently watching Brian Swimme's series, *The Story of the Noosphere*. Please feel free to join us. The only prerequisite is an open heart and mind. Contact James Long kyolong1@gmail.com for information or meeting ID.

Living the Homestretch

Living the Homestretch is *cancelled* for the month of December. We will resume on Saturday, January 15, 10 am, at <https://bit.ly/LivingTheHomestretch>, or call in at 1-669-900-6833, Meeting ID 911 2242 6361.

Family Ministry

Children's RE

Dec. 5, Sunday, 9:30 am, RE backyard. The children's group meets outdoors and all are required to wear masks.

In Person - Combined Youth Group Meeting

Dec. 5, Sunday, 9:30 am, Youth room backyard. Youth of all ages will gather at the Hillcrest campus at 9:30 am to have more wintertime fun "For Science!" We'll check-in, explore the 7th principle, and then create our own snow. Contact kathe@firstuuusandiego.org for information.

Uke-Cafe

Sundays, 10:45 am, Upper patio. We'll gather after the 9:30 am service to learn some simple chords and make music together! Bring a ukulele or use one of the dozen we have available on a first come, first served basis. All ages and experience (or lack thereof) levels are welcome!

Parent Lounge

December 5, 10:45 am, Welcome Center Upper Deck. Join us for our next parent lounge meeting!

South Bay Campus

South Bay Social Hour

Dec. 5, Sundays, 11 am, bit.ly/SBSocialHour. Meeting ID: 997 8730 8948. Join in for a South Bay Social Hour. Password will be provided during worship service.

South Bay Singers Rehearsal

December 6, Mondays, 5:30 pm — 6:15 pm, bit.ly/SouthBaySingers, Meeting ID: 831 5037 5219.

Sunday FUUnday

December 26, Sunday, 2 pm — 4 pm, Southbay Campus outdoors. Please join us for our first Sunday FUUnday as we spend time together creating New Years' Arts & Crafts! For information about Sunday FUUnday contact rose@firstuuusandiego.org.

Social Justice

Climate Action:

Tell Walmart to Stop Climate Super-Pollutants

Walmart stores are increasing their emissions of greenhouse gases that accelerate the climate crisis. Walmart's use of HFC (hydrofluorocarbon) refrigerants produces over half of their greenhouse gas emissions. HFCs have up to a thousand times the warming power of carbon dioxide. Take Action [HERE](#) to tell Walmart to eliminate their use of polluting HFCs, reduce refrigerant leaks and move to less harmful refrigerants.

South Bay Food Pantry News

The South Bay Food Pantry...

is located at 970 Broadway, Suite 101, Chula Vista 91911. It is open to the public Saturdays from 11 am - 12:30 pm and to congregants by appointment.

Contact

Email Maureen McNair at memcnair948@gmail.com. To reach the food pantry by phone call 619-271-5017.

How to Donate to the South Bay Food Pantry

Donate online at firstuuusandiego.org/donations.html or make checks payable to FUUSD and write "SB Food Pantry" in the memo line. Mail checks to Robie Evans, FUUSD, 4190 Front St., San Diego, CA 92103.



Food Pantry Seeks
Gift Cards During
Holiday Turkey
Shortage

If you would like to donate a turkey gift certificate, we are suggesting a \$25 designated donation. Visit: www.firstuuusandiego.org/donations.html and add "food pantry gift card" to the comments section. Or, you may mail a check made payable to FUUSD. Write "Food Pantry gift card" on the memo line. Mail checks to Robie Evans, First UUSD, 4190 Front St., San Diego, CA 92103.

Week at a Glance Calendar

Sunday, December 5, 2021

In Person & Simultaneous Live Stream Worship

Sunday, 9:30 am, Hillcrest Campus Patio & Online.

Pre-register: <https://rsvp.church/r/0cQJU1PE>

Watch the Service online: www.firstuusandiego.org/

Children's RE

Sundays, 9:30 am, RE backyard. Contact

Tony@firstuusandiego.org.

Youth Program

Sundays, 9:30 am, RE backyard. Contact

[katherine@firstuusandiego.org](mailto:kathe@firstuusandiego.org).

Uke-Cafe

Sundays, 10:45 am, Upper Patio.

Parent's Lounge

Sunday, Dec. 5, 10:45 am, Welcome Center Upper Deck.

South Bay Social Hour

Sundays, 11 am, <https://bit.ly/SBSocialHour>

Board Chat

Sundays (first), Dec 5, 12:30 pm,

bit.ly/FirstUUBoardChat, Meeting ID: 863 0218 5062

Passcode: 203946.

Social Hour

Sundays, 12:30 pm — 1:30 pm, url <https://bit.ly/FirstUU>

Social Hour, Meeting ID 824 042 297.

Sunday FUUnday

December 5, Sunday, 4 pm — 6 pm, Hillcrest Patio.

BINGO Night! **FREE** to play and win! Contact

rose@firstuusandiego.org.

Open Heart Sangha

Sundays, weekly, 4 pm — 5:30 pm, for the link to the meetings please contact Marge at

margewur@gmail.com.

Tuesday, December 7, 2021

Worship Planning

Tuesdays, 4 pm — 5 pm, <https://bit.ly/WorshipPlanning1UU>, ID 878 4650 3375, Passcode 184690.

Wednesday, December 8, 2021

Join Robie! - Cancelled

December 8, Wednesdays (second & fourth), Cancelled this week.

Blue Holiday Vespers Service

December 8, Wednesday, 6 pm, Hillcrest Patio

Upcoming Events

Creative Writing Group

December 11, Saturdays (second), 10:30 am — 12:30 pm, bit.ly/CreativeWritingFirstUU, ID: 868 9505 3014

Passcode: 361410.

Rainbow Action Group's Koffee Klatch

December 12, Sundays (second), 10:30 am , URL <https://bit.ly/RainbowKlatch>, ID 899 4140 9956, PW 893622.

Unitarian Universalist Christian Study Group

Sunday, December 12, 1 pm, Patio.

Pagan Conversations - In Person

December 12, Sundays (second), 1 pm — 2 pm, Room 114 Backyard.

Sunday FUUnday Holiday Arts & Crafts and Tree Decorating

December 12, Sunday, 3 pm - 5 pm, Hillcrest Patio.

Coping With Chronic Conditions Support Group

Mondays (second & fourth), December 13, 1 pm, URL <https://bit.ly/CopingCCGroup>, meeting ID 681-036-9317.

Caregivers/Allies Support Group

Mondays (second), December 13, 4 pm — 5:30 pm, online. Beginning in January, we are going to start meeting on the second and fourth Mondays. Contact Rose Riedel at Rose@firstuusandiego.org.

Memory Matters Gathering

December 14, Fridays (second and fourth), 10 am — 11:30 am, Online. Email hybertsen@att.net for the link.

Arts & Crafts Creative Social

December 14, second Tuesdays, 3 pm — 5 pm, [http://bit.ly/FirstUUArtGuild](https://bit.ly/FirstUUArtGuild), Meeting ID 860 2031 2916, Passcode 587290.

Sunday FUUnday Online Holiday Movie Night

December 19, Sunday, 4 pm, bit.ly/SundayFUUnday.

Friends of Camp de Benneville Pines

Sundays (third), December 19, 6:30 pm — 8 pm, online.

To be added to the ZOOM invite list, please contact john@schaibly.com

Monthly Board Meeting

Tuesday, Dec. 21, 6 pm, Online. Find the zoom link in the members only section of the [website](#).

Multi-platform Music of the Holidays

December 22, Wednesday, 7 pm, Hillcrest patio and online at: <https://bit.ly/MusicLectureSeries>

Pagan Conversations - ONLINE

December 26, Sundays (fourth), 1 pm — 2 pm, <https://bit.ly/PaganConversations> ID: 535-853-700.



The Window, 4190 Front Street, San Diego, CA 92103-2098
POSTMASTER: Please send address changes to

E-mail: mail@firstuuusandiego.org
Phone: 619-298-9978,
4190 Front Street, San Diego, CA 92103-2098
First Unitarian Universalist Church of San Diego

Our Staff

Ministers:

Rev. Michael Brown, *Minister in Residence*
Rev. Dr. Omega Burckhardt, *Assistant Minister*
Rev. Jim Grant and Rev. Löne Broussard, *Affiliate Ministers*
Rev. Bonnie Tarwater, Rev. Frank Placone-Willey,
Rev. Julie Forest, and Rev. Katy Swanson
Affiliate Community Ministers
Rev. Dr. Carolyn S. Owen-Towle, *Minister Emerita*
Rev. Dr. Thomas A. Owen-Towle, *Minister Emeritus*

Music Staff:

Chase Pado, *Pianist*
Lorelei Garner, *South Bay Music Coordinator*
Andrea N-L, *JUUL Tones Ensemble Director*
Tony Bianca, *Handbell Program Director*

Staff:

Robie Evans, *Director of Operations*
Tony Bianca, *Program Director*
Käthe Larick, *Youth Programs Coordinator*
Rose Riedel, *Office Manager and Scheduler*
Jenner Daelyn, *Connections Coordinator*
Kate Collier, *Program Assistant*
Connie Hayes, *Bookkeeper / Controller*
Ray Evans, *Maintenance*
Joshua Morrison, *Janitor*
Mark Epler, *Event Coordinator*

Board of Trustees

Rev. Julie Forest, **President**
Cora Pendergast, **Vice President**
Laura Ball, Rosalba Ciampi, Brian Krohne, Karen Lamphere,
Sue Marberry, Rhiannon Roselle, and Louise Titlow, **Trustees**

Important E-mail Addresses:

General First Church E-mail: mail@firstuuusandiego.org
Scheduling of Church Property: schedule@firstuuusandiego.org
The Window (newsletter): [window@firstuuusandiego.org](mailto>window@firstuuusandiego.org)
First Church Web Site: [website@firstuuusandiego.org](http://www.firstuuusandiego.org)
<http://www.firstuuusandiego.org> (Main site)
<http://www.firstuuusandiego.org/uus-of-the-south-bay>
(UU's of the South Bay)

Contact the Main Office (Hillcrest Campus):

First Unitarian Universalist Church of San Diego
4190 Front Street, San Diego, California 92103
619-298-9978 • mail@firstuuusandiego.org
www.firstuuusandiego.org
Office Hours:
Monday—Friday, 9 am to 4 pm and Sunday after Services
Admin Mobile Line: 619-947-4612

Contact the South Bay Campus (Chula Vista):

Unitarian Universalists of the South Bay
970 Broadway, Suite 101 & 104, Chula Vista, California, 91911
619-271-5017 • uusouthbay@firstuuusandiego.org
www.firstuuusandiego.org/uus-of-the-south-bay
Campus Hours: Sunday for Service or By Arrangement