

# The Window

A Weekly Publication



First  
Unitarian Universalist  
Church of San Diego

### Our Mission

Our mission is to create community, to nurture spiritual growth, and to act on our values to help heal the world.  
Nuestra misión es crear comunidad, fomentar el crecimiento espiritual y vivir nuestros valores para ayudar a sanar el mundo.

### Our Eight Principles

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

1. The inherent worth and dignity of every person;
2. Justice, equity, and compassion in human relations;
3. Acceptance of one another, and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience, and the use of the democratic process within our congregations and in society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part;
8. Building a diverse multicultural Beloved Community by our actions that accountably dismantle racism and oppressions.

**Hillcrest Campus Location**  
4190 Front Street  
San Diego, CA 92103  
619-298-9978

**South Bay Campus Location**  
970 Broadway, Suite 104  
Chula Vista, CA 91911  
619-271-5017

October's Transformational Theme: **Letting Go**

**Join Us for Worship In-Person or Online!**

## "Worth, Dignity and Justice for Real"

Rev. Michael Brown, *Minister in Residence*, with SOLACE and JTW

### In Person Worship

October 31, 2021 9:30 am, Hillcrest Campus

Pre-register at <https://rsvp.church/r/0cQJU1PE>

Sign the Health Safety Covenant at:

[www.firstuusandiego.org/reopening-team.html](http://www.firstuusandiego.org/reopening-team.html)

### Online Worship *ASL Translation*

October 31, 2021 11:30 am

Watch the Service online at

<https://www.firstuusandiego.org/>

### 5th Sunday Generosity Offering Partner Church — Romania

This special relationship with our Partner Congregation in Romania has lasted more than 25 years! We have the handmade cloth hymnbook covers, and the Weaving celebrating the 450th Anniversary of Unitarianism. In their new multi-purpose building is a social room, named "San Diego Friendship Hall," in recognition of our support. This year, their congregation has been working to expand their service in the larger community as Romania endures a devastating surge of Covid cases and deaths. Today's Offering will help them help others. Donate using our website at [www.firstuusandiego.org/donations](http://www.firstuusandiego.org/donations), under gift designation select "Generosity."

The deadline for the next issue of  
The Window is:

November 3 (**Wednesday**) at 8 am

If you would like an announcement  
placed in the Window, please email:

[rose@firstuusandiego.org](mailto:rose@firstuusandiego.org)

**The Window submission  
maximum is 60 words**

## What's Happening?

### Update from Your Reopening Team

Hello Friends! As more and more venues open up for in-person gatherings, many of us have begun to see and experience a wide spectrum of policies put in place by different institutions. Some spaces have lifted mask mandates altogether, while others are requiring masks along with proof of vaccination and a valid ID. It's only natural, therefore, that some would look at the policies put in place by other institutions and wonder: Should we...?

In response to those kinds of questions that have been asked in recent weeks, the Reopening Team would like to take this opportunity to reiterate our policy at First UU and share some of the considerations and thinking that went into the policy decisions we've made.

As you know, our campus is currently open for in-person gatherings, but those gatherings are limited to outdoor events where people are expected to maintain social distance and to wear masks covering their nose and mouth. Additionally, all attendees are required either to pre-register online or to sign in when they arrive. This allows us to both anticipate and limit the number of people in attendance (currently, we can only accommodate a maximum of 140 people safely), and also give us a record of those in attendance should contact tracing become necessary.

The most frequent question we've been asked is "Why aren't we requiring proof of vaccination?" The answer to that question is multifaceted. We've always maintained that "church" is a public experience, so

requiring some sort of "proof" for entry seemed, in a general way, contrary to the nature of worship. "But," you might rightly claim, "desperate times call for desperate measures." And, to be sure, there is some validity in that approach and many institutions (including other UU Churches) have, indeed, taken this approach. Let us explain why we've decided not to require proof of vaccination at this time.

First, there is concern that requiring proof of vaccination might send a confusing message to those who are ineligible, because of age or health concerns, to receive a vaccine. There is special concern that a vaccine requirement might lead parents with younger children to assume, falsely, that they are not able to attend. Secondly, there is a concern that a vaccine requirement may create the false assumption that other safety measures are unnecessary. And, finally, our survey data indicate that the vast majority (if not all) of those attending church are, in fact, vaccinated. Given these three considerations, the team concluded that requiring a vaccine would not significantly change the practical reality of what is already happening, while it has the potential to create a negative barrier to participation for our members who are currently unable to receive a vaccine.

We appreciate and share your concern for the health and safety of our congregation and will continue to monitor the situation and adapt our policy when necessary.

### The Ordination of Omega S. Burckhardt



The Unitarian Universalist Church, Rockford, Illinois invites you to the ordination of Omega S. Burckhardt on Sunday, Oct. 31, at 2 pm Central. The service will take place in-person in Rockford, and streaming online through the church's [Facebook](#) and [YouTube](#) (search "UU Rockford"). If you are clergy and will be attending online but would like to submit a photo for the online processional, please submit a photo to [omega@firstuusandiego.org](mailto:omega@firstuusandiego.org).

### News From the Board

Sunday, October 31, 12:30 pm, <https://bit.ly/FirstUUBoardChat> Meeting ID: 863 0218 5062 Passcode: 203946. A second Zoom Board Chat on future ministry possibilities and opportunities for First UU San Diego. At this gathering we will share the information on the concept of a Developmental Minister and how that option could work for our congregation. There will also be a special Board Meeting on Tuesday, Nov 2 at 6 pm, <https://bit.ly/FirstUUBoardMeeting>, Meeting ID 923 8555 3480.

### New Program Starting! Sunday FUunday

We hope you'll join us for a time of joy and laughter together! Sunday FUunday is an ongoing series of events every Sunday evening that will allow us to socialize in new and fun ways! Our first event is Bingo Night and will kick-off on **Sunday, November 14**, 4 pm – 6 pm, on the Hillcrest Patio. The following **Sunday, November 21**, 4 pm – 6 pm, we will hold a Zoom Game Night. On **Sunday, November 28**, 4 pm – 6 pm we will hold Bingo Night outdoors at the South Bay campus. Visit [www.firstuusandiego.org/sunday-fuunday.html](http://www.firstuusandiego.org/sunday-fuunday.html) for December's schedule of events! If you would like to donate to the program, volunteer to help host an event, or would like more information about the program contact [rose@firstuusandiego.org](mailto:rose@firstuusandiego.org).

### Help Needed for Celebration Sunday, Nov. 7th

Your Annual Pledge Drive Team is planning a very special Celebration Sunday on Nov. 7. We need your help with decorating! If you're available to come at 8 am that Sunday, email [Robie@firstuusandiego.org](mailto:Robie@firstuusandiego.org).

### Help Needed!!!

Volunteers are needed to help staff the sign-in table before Worship on Sunday mornings. Contact [rose@firstuusandiego.org](mailto:rose@firstuusandiego.org) to help.

## What's Happening?

### Don't Miss Celebration Sunday, Nov. 7th!

Sunday, Nov 7, 9:30 am in-person, Hillcrest Patio and 11:30 am online service. We are celebrating the culmination of our five-week annual pledge drive 2022 on Sunday, Nov 7th. We've planned a special service around a theme of celebrating our community which includes our current ministers and some ministers from our recent past – Rev. Carolyn Owen-Towle, Rev. Arvid Straube, Rev. Jim Grant, Rev. Everett Howe, and Rev. Löne Broussard. Our special musical guests will be Chris Hasset and Drew Massicot. We hope you won't miss this very special celebration!

### Trick or Treat for UNICEF!

Trick or Treat for UNICEF has gone virtual! It's not just for kids anymore! UNICEF is spearheading campaigns to vaccinate children against polio, COVID and other life threatening diseases around the world! Visit [trickortreatforunicef.org](http://trickortreatforunicef.org) to register and start a fundraiser. You can fundraise on your own, as a family, team or as a large group. Anyone 13 or older can fundraise. You can also simply donate. Are you ready to help? Visit [trickortreatforunicef.org](http://trickortreatforunicef.org) today to get started, and let's make this Halloween one for the record books!  
~ Everardo Aguilar, UU@UN Envoy

### RE Help Needed

Now that we've begun to hold in-person RE on Sundays during the 9:30 am Service, we need adults who are able to both lead and assist. If you're interested in leading a children's RE group or assisting the leader by simply being a second adult presence in Sunday RE, please contact [tony@firstuusandiego.org](mailto:tony@firstuusandiego.org). We are in special need of assistance on both 10/31 and 11/7.

### Mama's Pies are back for Thanksgiving

First UU is proud to again host the only drive-thru pick up for Mama's Pies. The annual event benefits meals and pantry services for persons living with HIV/AIDS and other debilitating illnesses. Order restaurant or caterer baked pies online at [MamasPies.org](http://MamasPies.org) from one of our UUs of San Diego sellers. Pick up on the Wednesday before Thanksgiving at our First UU Hillcrest driveway.

### Church Directory Update

It's time to update your Membership Directory photo and contact information! Submit your pictures and updates to: [rose@firstuusandiego.org](mailto:rose@firstuusandiego.org)

### In Person Worship on October 31!

Register ahead of time! You can register to attend our outdoor in person worship service on October 31 by going to [rsvp.church/r/0cOJU1PE](https://rsvp.church/r/0cOJU1PE).

### How to Call Into a Zoom Meeting

Call into a Zoom meeting by phone at 1-669-900-6833. When prompted, enter the meeting ID number.

### New Listening Circles starting for all First UU'ers

Now is the right time for us to come together to talk and listen to each other. We are offering Listening Groups starting in early November which will be a way to share our thoughts and feelings about what we treasure about our community and what our concerns are. These groups will be facilitated by leaders from our church who have been through training for this program by UUA staff. The process will be open-ended but will lead us toward creating a new **Covenant** statement, a revived **Good Relations** Team and learning new techniques of **Conflict Resolution** for our community. So many church people have told us that we need to begin a process like this and there is no good reason to wait any longer. Sign up online or by emailing Rev. Michael at [michael@firstuusandiego.org](mailto:michael@firstuusandiego.org) or by texting him at 619-488-7969. If you want to consider being a group facilitator, please say so in your message. If you want to understand the role of a facilitator better, Rev. Michael is glad to discuss the role in more detail with you, just contact him as shown above. We will also have sign-up sheets available at Sunday services. Now is the time to come together for healing and creating a dynamic new movement forward for our community. Please contact any of us if you want to ask questions or just find out more. ~ Rev. Michael Brown, Dr. Omega Burckhardt, Pres. Julie Forest and VP Cora Pendergast

### Want to help us create exciting events?

Help First UU become more of a "happening place" and promote multi-generational, ethnic, racial, and class diversity at First UU, including greater offerings for events-- among members, attendees and families. The Board has created a new board committee under the co-leadership of Louise Titlow and Laura Ball to administer the Outreach and Growth Fund (OGF) that was created as part of the generous Renewal and Growth Fund donated to the church in late 2021. If you have ideas for the committee, please contact us at [outreach@firstuusandiego.org](mailto:outreach@firstuusandiego.org). If you are interested in being on the committee, please let us know by November 15.

### First UU Claims Bronze in AIDS Walk Fundraising!

First UU of San Diego came in third place in Faith Based Organizations in the San Diego AIDS Walk 2021. Due to Covid restrictions walkers were free to set their own time and route for the week of September 25. Our Rainbow Action team led by Barbara and Mary enjoyed a twilight walk through the center of Balboa Park's museum area. This has sparked a monthly Rainbow Twilight Walk on the third Thursdays of each month at 5 pm for exercise and in-person socializing. Contact John Keasler at 619-278-1267 or Louise Titlow at 619-990-5622 for info on the Twilight Walk.

## What's Happening?

### Pastoral Care

A Lay Minister wearing a colorful identifying scarf will once again be available to listen to your joys and concerns each Sunday after in person Worship. At other times, please leave a message on the pastoral care phone 619-370-0891 and a Lay Minister will call you back and offer attentive listening.

### Samhain

October 30, Saturday, 4:30 pm, [bit.ly/Samhain2021Ritual](https://bit.ly/Samhain2021Ritual). Meeting ID: 838 8342 3466. Join ECSC for our virtual Samhain ritual. Samhain, a time for reassessment, letting go, change, and most importantly to honor our ancestors.

### South Bay Social Hour

October 31, Sundays, 11 am, [bit.ly/SBSocialHour](https://bit.ly/SBSocialHour). Meeting ID: 997 8730 8948. Join in for a South Bay Social Hour. Password will be provided during worship service.

### Special Board Chat

October 31, Sunday, 12:30 pm, <https://bit.ly/FirstUUBoardChat> Meeting ID: 863 0218 5062 Passcode: 203946. A second Zoom Board Chat on future ministry possibilities and opportunities for First UU San Diego. At this gathering we will share the information we received from our regional staff at our recent Board meeting on the concept of a Developmental Minister and how that option could work for our congregation. After our presentation you will have the opportunity to ask questions and share your thoughts.

### Virtual Social Hour

October 31, Sundays, 12:30 pm — 1:30 pm, <https://bit.ly/FirstUUSocialHour>, or call in at 1-669-900-6833, Meeting ID 824 042 297. Password provided during worship.

### Open Heart Sangha

October 31, Sundays, weekly, 4 pm — 5:30 pm, online. The Open Heart Sangha continues to meet on Sunday afternoons through online Zoom gatherings. Contact Marge, [margewur@gmail.com](mailto:margewur@gmail.com) for the link.

### South Bay Singers Rehearsal

November 1, Mondays, 5:30 pm — 6:15 pm, [bit.ly/SouthBaySingers](https://bit.ly/SouthBaySingers). Meeting ID: 831 5037 5219.

### Worship Planning

November 2, Tuesdays, 4 pm — 5 pm, <https://bit.ly/WorshipPlanning1UU>, or call in at 1-669-900-6833, Meeting ID 841 0548 1861 Passcode: 092833.

### Special Board Meeting

Nov 2, Tuesday, 6 pm, [bit.ly/FirstUUBoardMeeting](https://bit.ly/FirstUUBoardMeeting). Meeting ID 923 8555 3480. Board of Trustees meetings are open to congregants via Zoom.

### Board Chat

Nov 7, Sundays (first), 12:30 pm, [bit.ly/FirstUUBoardChat](https://bit.ly/FirstUUBoardChat), or call in at 1-669-900-6833, Meeting ID: 863 0218 5062 Passcode: 203946. Ask a question of your Board or tell them something you would like them to know.

### Cosmos

November 7, Sundays (first), 1 pm — 3 pm, <https://bit.ly/CosmosFUUSD>. Passcode: 242202. We are currently watching Brian Swimme's series, *The Story of the Noosphere*. Please feel free to join us. The only prerequisite is an open heart and mind. Contact James Long [kyolong1@gmail.com](mailto:kyolong1@gmail.com) for information or meeting ID.

### Free online screening of Oscar-nominated short film *The Present*

Nov. 7, Sunday, 4 pm, [the-present.eventbrite.com](https://the-present.eventbrite.com). Don't miss this terrific opportunity to view the 2021 Oscar-Nominated and BAFTA winning short film, *The Present* by Palestinian-British filmmaker Farah Nabulsi. Guest speaker Dr. Soraya Abuelhiga of USD and UCSD will provide an introduction to the film and lead a Q&A afterward. Register at [the-present.eventbrite.com](https://the-present.eventbrite.com) to receive Zoom info. Contact [pi.justice.team@gmail.com](mailto:pi.justice.team@gmail.com) for more information.

### Coping With Chronic Conditions Support Group

November 8, second and fourth Mondays, 1 pm, URL <https://bit.ly/CopingCCGroup>, or call 669-900-6833 with meeting ID 681-036-9317. New participants reach out to Chris Smith prior to attending a meeting at 619-300-7477 or email [chris.smith7@cox.net](mailto:chris.smith7@cox.net) to discuss our covenant and mission statement and receive the password.

### Caregivers/Allies Support Group

November 8, Mondays (second), 3 pm — 4:30 pm, online. The Caregivers/Allies Support Group is welcoming prospective new participants. Members and friends who are seeking additional information about participating, contact Rose Riedel at [Rose@firstuusandiego.org](mailto:Rose@firstuusandiego.org).

### Bard Hall Art Guild Monthly Arts & Crafts Creative Social

November 9, second Tuesdays, 3 pm — 5 pm, <http://bit.ly/FirstUUArtGuild> Meeting ID 860 2031 2916, Passcode 587290. Everyone is welcome. Bring a work to share and/or a project to work on. Doing something special for Fall or the Holidays? We would love to see it.

### SOLACE

November 9, Tuesday, 6pm, [bit.ly/SOLACEmeeting](https://bit.ly/SOLACEmeeting). Meeting ID: 548 467 669 Passcode 267441. Nina Douglass, LCSW, FUUSD member and psychotherapist with Survivors of Torture, International, will present a talk about conducting psychological evaluations for asylum seekers referred by the Physicians for Human Rights' Asylum Network and Al Otro Lado. The impact of secondary trauma upon immigration advocates will also be explored. There will be time for questions after her talk. All are welcome!

You can follow us on *Twitter*! Our user name is [@firstuusd](https://twitter.com/firstuusd).

## What's Happening?

### Join Robie!

November 10, Wednesdays (second & fourth), 4 pm — 5 pm, url <http://bit.ly/JoinRobie2nd> or call 1-669-900-6833, Meeting ID 821 3727 4274. During these "stay at home" times, our Director of Operations, Robie, is missing her friends, new and old, and even those she hasn't met yet!

### Memory Matters Gathering

November 12, Fridays (second and fourth), 10 am — 11:30 am, Online, with Kathy Gilbert, LCSW, and Gay Hybertsen, LCSW. This is a place for those who worry about memory problems and forgetfulness; and their care partners. The gathering, therapeutic and educational, enables members to make new contacts, build trust, and learn to deal with the consequences of memory loss. Ongoing, drop in. Email [hybertsen@att.net](mailto:hybertsen@att.net) for the link.

### Creative Writing Group

November 13, Saturdays (second), 10:30 am — 12:30 pm, <http://bit.ly/CreativeWritingFirstUU>, or call in at 1-669-900-6833, Meeting ID: 868 9505 3014 Passcode: 361410. This group is for anyone with a desire to create and experiment with different styles of writing. This is a great space to meet individuals who want to share their creative abilities with others. RSVP to [evagarciamayers@yahoo.es](mailto:evagarciamayers@yahoo.es). A minimum of three attendees is required for the group to be hosted each month.

### Rainbow Action Group's Koffee Klatch

November 14, Sundays (second), 10:30 am, URL <https://bit.ly/RainbowKlatch>, password: 893622, or call in at 1-669-900-6833, ID 899 4140 9956, PW 893622. Rainbow Action Group's Koffee Klatch has gone virtual. Join us! All "family" friends and allies invited. The event is hosted by John Keasler and Louise Titlow.

### Uke-Cafe

November 14, Sunday, 10:45 am, Upper Patio. Thanks to a special donation from Paula Johnson, we now have a group set of ukuleles and can begin our Multigen, "Uke-Cafe" Program! We'll gather on the upper patio after the 9:30 am service to learn some simple chords and make music together! Bring a ukulele if you have one or use one of the dozen we have available on a first come, first served basis. All ages and experience (or lack thereof) levels are welcome! Masks are required.

### Pagan Conversations

November 14, Sundays (second and fourth), 1 pm — 2 pm, Meeting Link: [bit.ly/PaganConversations](http://bit.ly/PaganConversations), or call in at 1-669-900-6833, Meeting ID: 535-853-700. Join the Earth Centered Spirituality Circle (ECSC) for conversation and community. Contact [sdpagansuu@gmail.com](mailto:sdpagansuu@gmail.com).

### Sunday FUUnday

November 14, Sunday, 4 pm — 6 pm, Hillcrest Patio. Please join us for our first Sunday FUUnday as we spend time together playing Bingo! There will be much fun and prizes to be had! For information about Sunday FUUnday contact [rose@firstuusandiego.org](mailto:rose@firstuusandiego.org).

### Monthly Board Meeting

November 16, Tuesday, 6 pm, online. Board of Trustees meetings are open to congregants via Zoom. Find the zoom link in the members only section of the [website](#).

### First UU Music Lecture Series & Sing-Along

November 17, Wednesday, 7 pm, <https://bit.ly/MusicLectureSeries>, Meeting ID 856 3744 7406, Passcode 191707. Join us for the next installment of our Musical Lecture Series!

### "What is the Church of the Future?"

November 20, Saturday, 9 am, [bit.ly/LivingTheHomestretch](http://bit.ly/LivingTheHomestretch), or call in at 1-669-900-6833, Meeting ID 911 2242 6361. Rev. Michael Brown and Rev. Omega Burckhardt will lead a discussion on the Church of the Future. Hosted by [Living the Homestretch](#). They will review how the changes in technology, family structure, employment patterns, and community demographics affect how we will worship and create community in the future. Zoom and similar technologies are likely to be in our future. What else does the future hold? Come and join in the conversation. **NOTE the start time for this program is 9 am, not the usual 10 am.**

### Sunday FUUnday

Nov. 21, Sunday, 4 pm — 6 pm, [bit.ly/SundayFUUnday](http://bit.ly/SundayFUUnday). Join us for a Sunday FUUnday Virtual Games Night!

### Friends of Camp de Benneville Pines

November 21, Sundays (third), 6:30 pm — 8 pm, online. Friends of Camp de Benneville Pines meet via Zoom on third Sundays. Newcomers are welcome. To be added to the ZOOM invite list, please contact [john@schaibly.com](mailto:john@schaibly.com)

### Fourth Monday Meeting of UU Men's Fellowship

November 22, Monday, 5 pm — 8:30 pm, Location tbd. Join the Men's Fellowship for conversation and camaraderie. Contact [kcohn@san.rr.com](mailto:kcohn@san.rr.com)

### Sunday FUUnday

November 28, Sunday, 4 pm — 6 pm, Southbay Campus outdoors. Please join us for our first Sunday FUUnday as we spend time together playing Bingo! There will be much fun and prizes to be had! For information about Sunday FUUnday contact [rose@firstuusandiego.org](mailto:rose@firstuusandiego.org).

### Sunday FUUnday

Dec. 5, Sunday, 4 pm — 6 pm, [bit.ly/SundayFUUnday](http://bit.ly/SundayFUUnday). Join us for a Sunday FUUnday Virtual Games Night!



**Set your clocks back one hour**

## Social Justice

### SOLACE

November 9, Tuesday, 6pm, [bit.ly/SOLACEmeeting](https://bit.ly/SOLACEmeeting), Meeting ID: 548 467 669 Passcode 267441. Nina Douglass, LCSW, FUUSD member and psychotherapist with Survivors of Torture, International, will present a talk about conducting psychological evaluations for asylum seekers referred by the Physicians for Human Rights' Asylum Network and Al Otro Lado. The impact of secondary trauma upon immigration advocates will also be explored. There will be time for questions after her talk. All are welcome!

### Climate Justice Action: Speak Up for Clean Cars

There is one last opportunity to comment before the Biden administration finalizes the new "clean car" rule. The most important policy change we have on the books is the vehicle efficiency rule, which plays a major role in limiting gasoline consumption and reducing car and truck pollution. It also impacts how quickly we move to electric vehicles. **Send your Comments** to the National Highway Traffic Safety Administration (NHTSA) before they issue final rules.

### Climate Justice Action: Stop Petrochemical and Plastics Pollution

As people switch from fossil fuels, the oil and gas industry is counting on major expansion in petrochemicals and plastic production for continued growth. Plastics and petrochemicals impact humans and the environment at every stage of the life cycle, from production to disposal. Low income and minority communities face the worst impacts. Communities in St. James Parish, Louisiana launched a movement to stop Formosa Plastics from building one of the world's largest petrochemical complexes. Learn more at Center for International Environmental Law [http://act.ciel.org/site/MessageViewer?em\\_id=5606.0&dlv\\_id=8842&current=true&em\\_id=5606.0&pgwrap=n](http://act.ciel.org/site/MessageViewer?em_id=5606.0&dlv_id=8842&current=true&em_id=5606.0&pgwrap=n).

### Fannie Lou Hamer Award Postponed Until December, 2021

December 2021, San Diego Port Pavilion. First UU has been selected by our partner Project New Village to receive the Fannie Lou Hamer award at the annual celebration to honor the legacy of that great civil rights leader. If you're interested in attending please contact Steve Gelb [konshin.gelb@gmail.com](mailto:konshin.gelb@gmail.com).



## South Bay Food Pantry News

### Feeding San Diego Steps Up Its Commitment to our South Bay Food Pantry by Maureen McNair



Jude Outwater handing out over 680 pounds of cantaloupes.

Earlier this month, Feeding San Diego (FSD) made an offer I couldn't refuse. They are now delivering food to us every week! This is a really big deal for two reasons: the pantry does not own a truck and sourcing tons of food every week is time-consuming work with no guarantee of success. During the pandemic last year, FSD had waived their rule that they would not bring on any new pantries to supply with food, and offered to deliver food the first and third

Fridays each month. The first and third Fridays food and delivery was arranged as an incredible surprise by another pantry manager whose family has hosted a food distribution for 30 years. She saw the need for food in our community and our church's commitment to providing it. Those deliveries have been very gratefully received by pantry volunteers, client, and me. Read more on our blog at [www.firstusandiego.org/blog/feeding-san-diego](http://www.firstusandiego.org/blog/feeding-san-diego)

### Pantry Distributes Over 100,000 Free Diapers

The pantry's free diaper distribution program, which has been open for only one hour a week since its opening just over a year ago, has crossed the threshold of distributing over 100,000 free diapers! A great big thank you to our diaper distribution teams: Peggy and John Holl, Rhea and Armin Kuhlman, Mindy and Sebastian Hochesang, and Rosalba Ciampi and family. Thank you to Bella Furth who tracks all our diaper data. We will be looking to expand our days and hours after we move into our new suite. If you are interested in joining our team, watch this space for an announcement on when we will be training new volunteers!

### The South Bay Food Pantry...

is located at 970 Broadway, Suite 101, Chula Vista 91911. It is open to the public Saturdays from 11 am - 12:30 pm and to congregants by appointment.

### Contact

Email Maureen McNair at [memcnair948@gmail.com](mailto:memcnair948@gmail.com). To reach the food pantry by phone call 619-271-5017.

### How to Donate to the South Bay Food Pantry

Donate online at [firstusandiego.org/donations.html](http://firstusandiego.org/donations.html) or make checks payable to FUUSD and write "SB Food Pantry" in the memo line. Mail checks to Robie Evans, FUUSD, 4190 Front St., San Diego, CA 92103.



## Family Ministry

### RE Help Needed

Now that we've begun to hold in-person RE on Sundays during the 9:30 am Service, we need adults who are able to both lead and assist. If you're interested in leading a children's RE group or assisting the leader by simply being a second adult presence in Sunday RE, please contact [tony@firstuusandiego.org](mailto:tony@firstuusandiego.org). We are in special need of assistance on both 10/31 and 11/7.

### Summit & First UU Youth Programs Upcoming Events

The Middle School and Senior High youth groups of Summit UU Fellowship and First UU are joining together for some fun outdoor events in October & November. All youth and their families and friends are invited to attend.

### Children's Religious Education

We hope you can join us for in-person Children's Religious Education during the 9:30 am service on our Hillcrest Campus. Contact [Tony@firstuusandiego.org](mailto:Tony@firstuusandiego.org).

### Youth Program

October 31, Sunday, 9:30 am, RE backyard. The Middle School UU Group (MUUGS) for youth entering grades 6-8 and the Sr. High Youth group (YRUU) for youth entering grades 9-12 will gather to perform some Halloween themed experiments and have some fun — "For Science!" Contact Käthe Larick at [kathe@firstuusandiego.org](mailto:kathe@firstuusandiego.org) if you have any questions.

### Parent's Lounge

After the meeting on October 17, Parents' Lounge has decided to resume meeting in person on the first Sunday of each month at 10:45 am (after our 9:30 am Service). We will, however, have a special meeting with Tony on Oct. 31 at 10:45 am to discuss what we would like to see in our Family Programming as we begin to reopen and offer more programming again. All are invited to attend this meeting on October 31 either in person on the Welcome Center Upper Deck, or on Zoom at: Meeting ID: 873 6793 7478 Passcode: 504406. The next regular meeting of Parents' Lounge will take place on Sunday, November 7.

### Uke-Cafe

Sunday, November 14, 10:45 am, Upper Patio. Thanks to a special donation from Paula Johnson, we now have a group set of ukuleles and can begin our Multigen, "Uke-Cafe" Program! We'll gather on the upper patio after the 9:30 am service to learn some simple chords and make music together! Bring a ukulele if you have one or use one of the dozen we have available on a first come, first served basis. All ages and experience (or lack thereof) levels are welcome!

### Halloween Carnival at Summit UU



Sunday, October 31, Set-up time 11 am — noon, event time 12 pm — 2 pm, Summit UU Fellowship, 8778 Cottonwood Ave, Santee, CA 92071. Come and help run the games and distribute goodies to the families who visit the carnival. Masks are required, costumes are optional yet highly encouraged! Afterwards our youth groups can have a brief patio party, too!

### Bates Nut Farm Trip Family Ministry Event



Friday, November 26, 11 am — 4 pm, 15954 Woods Valley Rd, Valley Center, CA 92082. Avoid the malls and the crowds and come support local artists with a day at Bates Nut Farm for their annual Christmas Arts, Crafts & Vintage Market. Family activities include Snows Pony Rides & Petting Corral, Kids 'n Paint, and face painting. There's plenty of space for an afternoon picnic or you can get food from the many vendors. The plan is to meet at the entrance to the Craft Fair at 11 am and then go explore the farm.



## Week at a Glance Calendar

### Saturday, October 30, 2021

#### **Samhain**

Saturday, October 30, 4:30 pm, <https://bit.ly/Samhain2021Ritual>. Meeting ID: 838 8342 3466.

### Sunday, October 31, 2021

#### **In Person Worship**

Sunday, 9:30 am, Hillcrest Campus Patio.

#### **Children's Religious Education**

Sunday, 9:30 am, Preschool backyard. For more information, contact [tony@firstuusandiego.org](mailto:tony@firstuusandiego.org).

#### **Youth Program**

October 31, Sunday, 9:30 am, RE backyard. The Middle School UU Group (MUUGS) and the Sr. High Youth group (YRUU) will gather. Contact [kathe@firstuusandiego.org](mailto:kathe@firstuusandiego.org).

#### **Parent's Lounge Special Meeting**

Oct. 31, Sunday, 10:45 am, Welcome Center Upper Deck.

#### **South Bay Social Hour**

Sundays, 11 am, <https://bit.ly/SBSocialHour>

#### **Live Streamed Worship**

Sunday, 11:30 am, <https://www.firstuusandiego.org/>.

#### **Special Board Chat**

Sunday, October 31, 12:30 pm — 1:30 pm, <https://bit.ly/FirstUUBoardChat> Meeting ID: 863 0218 5062 Passcode: 203946.

#### **Social Hour**

Sundays, 12:30 pm — 1:30 pm, url <https://bit.ly/FirstUUSocialHour>, Meeting ID 824 042 297.

#### **Open Heart Sangha**

Sundays, weekly, 4 pm — 5:30 pm, for the link to the meetings please contact Marge at [margewur@gmail.com](mailto:margewur@gmail.com).

### Tuesday, November 2, 2021

#### **Worship Planning**

Tuesdays, 4 pm — 5 pm, <https://bit.ly/WorshipPlanning1UU>, Meeting ID 878 4650 3375, Passcode 184690.

#### **Special Board Meeting**

Nov 2, Tuesday, 6 pm, [bit.ly/FirstUUBoardMeeting](https://bit.ly/FirstUUBoardMeeting), Meeting ID 923 8555 3480.

### Upcoming Events

#### **Parent's Lounge**

Sunday, November 7, 10:45 am, Welcome Center Upper Deck.

#### **Board Chat**

Sundays (first), November 7, 12:30 pm, <https://bit.ly/FirstUUBoardChat>, Meeting ID: 863 0218 5062 Passcode: 203946.

#### **Cosmos**

Sundays (first), November 7, 1 pm — 3 pm, Online. Contact James Long at [kyolong1@gmail.com](mailto:kyolong1@gmail.com) for the link.

#### **Free online screening of short film *The Present***

Sunday, Nov. 7, 4 pm, [the-present.eventbrite.com](https://the-present.eventbrite.com).

#### **Coping With Chronic Conditions Support Group**

Mondays (second & fourth), November 8, 1 pm, URL <https://bit.ly/CopingCCGroup>, meeting ID 681-036-9317.

#### **Caregivers/Allies Support Group**

Mondays (second), November 8, 3 pm — 4:30 pm, online. Contact Rose Riedel at [Rose@firstuusandiego.org](mailto:Rose@firstuusandiego.org).

#### **Arts & Crafts Creative Social**

November 9, second Tuesdays, 3 pm — 5 pm, Link to meeting: <http://bit.ly/FirstUUArtGuild>, Meeting ID 860 2031 2916, Passcode 587290.

#### **SOLACE**

Tuesday, November 9, 6pm, [bit.ly/SOLACEmeeting](https://bit.ly/SOLACEmeeting), Meeting ID: 548 467 669 Passcode 267441.

#### **Join Robie!**

November 10, second and fourth Wednesdays, 4 pm — 5 pm, url <http://bit.ly/JoinRobie2nd> or call 1-669-900-6833, Meeting ID 821 3727 4274.

#### **Memory Matters Gathering**

November 12, Fridays (second and fourth), 10 am — 11:30 am, Online. Email [hybertsen@att.net](mailto:hybertsen@att.net) for the link.

#### **Creative Writing Group**

November 13, Saturdays (second), 10:30 am — 12:30 pm, [bit.ly/CreativeWritingFirstUU](https://bit.ly/CreativeWritingFirstUU), ID: 868 9505 3014 Passcode: 361410.

#### **Rainbow Action Group's Koffee Klatch**

November 14, Sundays (second), 10:30 am , URL <https://bit.ly/RainbowKlatch>, ID 899 4140 9956, PW 893622.

#### **Uke-Cafe**

Sunday, November 14, 10:45 am, Upper Patio.

#### **Pagan Conversations**

November 14, Sundays (second and fourth), 1 pm — 2 pm, <https://bit.ly/PaganConversations> ID: 535-853-700.

#### **Sunday FUUnday**

Sunday, Nov. 14, 4 pm — 6 pm, Hillcrest Patio. Bingo Night!

#### **Monthly Board Meeting**

November 16, Tuesday, 6 pm, Online. Find the zoom link in the members only section of the [website](#).

#### **First UU Summer Music Lecture Series & Sing-Along**

Wednesday, November 17, 7 pm, <https://bit.ly/MusicLectureSeries>, Meeting ID 856 3744 7406, Passcode 191707.

#### **"What is the Church of the Future?"**

Nov. 20, Saturday, 9 am, [bit.ly/LivingTheHomestretch](https://bit.ly/LivingTheHomestretch), or call in at 1-669-900-6833, Meeting ID 911 2242 6361.

#### **Sunday FUUnday**

Sunday, Nov. 21, 4 pm — 6 pm, [bit.ly/SundayFUUnday](https://bit.ly/SundayFUUnday). Virtual Games Night!



# FALL



Z E G A J S D M Y F U N I Q W B  
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 L O D I B Y R A Z T S W K E R J  
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|----------|----------|-----------|------------|
| acorn    | colors   | leaves    | scarecrow  |
| apples   | fall     | mushrooms | spiders    |
| autumn   | football | orange    | squirrels  |
| birds    | frost    | pumpkins  | trees      |
| bonfire  | harvest  | raking    | vegetables |
| changing | jacket   | red       | yellow     |



POSTMASTER: Please send address changes to  
The Window, 4190 Front Street, San Diego, CA 92103-2098

First Unitarian Universalist Church of San Diego  
4190 Front Street, San Diego, CA 92103-2098  
Phone: 619-298-9978,  
E-mail: [mail@firstuusandiego.org](mailto:mail@firstuusandiego.org)

## Our Staff

### Ministers:

Rev. Michael Brown, *Minister in Residence*  
Dr. Omega Burckhardt, *Assistant Minister*  
Rev. Jim Grant and Rev. Löne Broussard, *Affiliate Ministers*  
Rev. Bonnie Tarwater, Rev. Frank Placone-Willey,  
Rev. Julie Forest, and Rev. Katy Swanson  
*Affiliate Community Ministers*  
Rev. Dr. Carolyn S. Owen-Towle, *Minister Emerita*  
Rev. Dr. Thomas A. Owen-Towle, *Minister Emeritus*

### Music Staff:

Chase Pado, *Pianist*  
Lorelei Garner, *SB Music Coordinator*  
Andrea N-L, *JUUL Tones Ensemble Director*  
Tony Bianca, *Handbell Program Director*

### Staff:

Robie Evans, *Director of Operations*  
Tony Bianca, *Program Director*  
Käthe Larick, *Youth Programs Coordinator*  
Rose Riedel, *Office Manager and Scheduler*  
Jenner Daelyn, *Connections Coordinator*  
Kate Collier, *Program Assistant*  
Connie Hayes, *Bookkeeper / Controller*  
Ray Evans, *Maintenance*  
Joshua Morrison, *Janitor*  
Mark Epler, *Event Coordinator*

## Board of Trustees

Rev. Julie Forest, **President**  
Cora Pendergast, **Vice President**  
Laura Ball, Rosalba Ciampi, Brian Krohne, Karen Lamphere,  
Sue Marberry, Rhiannon Roselle, and Louise Titlow, **Trustees**

### Important E-mail Addresses:

**General First Church E-mail:** [mail@firstuusandiego.org](mailto:mail@firstuusandiego.org)  
**Scheduling of Church Property:** [schedule@firstuusandiego.org](mailto:schedule@firstuusandiego.org)  
**The Window (newsletter):** [window@firstuusandiego.org](mailto>window@firstuusandiego.org)  
**First Church Web Site:** [website@firstuusandiego.org](http://www.firstuusandiego.org)  
<http://www.firstuusandiego.org> (Main site)  
<http://www.firstuusandiego.org/uus-of-the-south-bay>  
(UUs of the South Bay)

### Contact the Main Office (Hillcrest Campus):

First Unitarian Universalist Church of San Diego  
4190 Front Street, San Diego, California 92103  
619-298-9978 • [mail@firstuusandiego.org](mailto:mail@firstuusandiego.org)  
[www.firstuusandiego.org](http://www.firstuusandiego.org)

### Office Hours:

Monday—Friday, 9 am to 4 pm and Sunday after Services  
Admin Mobile Line: 619-947-4612

### Contact the South Bay Campus (Chula Vista):

Unitarian Universalists of the South Bay  
970 Broadway, Suite 101 & 104, Chula Vista, California, 91911  
619-271-5017 • [uusouthbay@firstuusandiego.org](mailto:uusouthbay@firstuusandiego.org)  
[www.firstuusandiego.org/uus-of-the-south-bay](http://www.firstuusandiego.org/uus-of-the-south-bay)  
Campus Hours: Sunday for Service or By Arrangement