

The Window

A Weekly Publication

Double Issue!



First
Unitarian Universalist
Church of San Diego

Our Mission

Our mission is to create community, to nurture spiritual growth, and to act on our values to help heal the world.
Nuestra misión es crear comunidad, fomentar el crecimiento espiritual y vivir nuestros valores para ayudar a sanar el mundo.

Our Seven Principles

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

1. The inherent worth and dignity of every person;
2. Justice, equity, and compassion in human relations;
3. Acceptance of one another, and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience, and the use of the democratic process within our congregations and in society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part.

Hillcrest Campus Location

4190 Front Street
San Diego, CA 92103
619-298-9978

South Bay Campus Location

970 Broadway, Suite 104
Chula Vista, CA 91911
619-271-5017

October's Transformational Theme: **Reparations**

Join Us Online!

Sunday Morning Worship

October 11, 2020 9:30 am

"The Time Has Come" / "Ha Llegado el momento"

Rev. Kathleen Owens, Rev. Tania Márquez, Jennifer Clay & Mar Cardenas

All In-Person Meetings on Both of Our Campuses Are Suspended Until Further Notice

Visit <https://www.firstuusandiego.org/> on Sunday mornings to join us for virtual worship, and also to check the blog to keep up with the First UU staff! Some groups will be meeting virtually, watch The Window for instructions & meeting times.

October Generosity Offering

Kumeyaay Diegueño Land Conservancy

KDLC's mission is to "renew our ancestral ties to the ocean, the mountains, and the desert through protective land management, cooperative agreements, and education programs." The Kumeyaay have lived in Southern California and Mexico since the beginning of time and we at First UU acknowledge that we are on stolen land and this offering is one way that we are trying to make reparations for past wrongs. You can donate using the donate button on our website at www.firstuusandiego.org/donations.html under gift designation choose "Generosity."

Journey Toward Wholeness (JTW)

What Can I Do?

Natalia Molina, former First UU member, has been selected as a 2020 MacArthur Fellow (better known as the MacArthur Genius Award) for her work "*revealing how narratives of racial difference that were constructed and applied to immigrant groups a century ago continue to shape national policy today.*" Besides the recognition, she receives a \$625,000 grant. Learn more about Natalia & her work at www.macfound.org/fellows/1066/

What's Happening?

A Word about Worship Services

In the Welcome words we say that we are a church without borders...and this is true. Because our livestream services are broadcast in three languages (American Sign Language, Spanish and English) we are more accessible to more people. And because more people whose primary language is Spanish are watching, it is our goal for 80 percent of each service to be in Spanish, either by the music, spoken word or at least, captioned. To our knowledge, no other UU Church within the UUA is broadcasting in three languages and bringing the good news of Unitarian Universalism to such a diverse population. Thank you for your support of this important work.

In faith, your Ministers

Big Questions Groups are Open for Registration

If you are looking for a space of deep reflection and discussion about life's big questions, join a group this Fall. Spaces are limited. Register here: <https://forms.gle/AKs35WRwDbGc1p9a9>. *Completion of the form does not guarantee enrollment. Registration will be on first-come first-serve basis. For questions, please contact Rev. Tania at tania@firstuusandiego.org.

Social Hour

October 11, Sundays, weekly, 10:30 am — 11:30 am, url <https://bit.ly/FirstUUSocialHour>, Meeting ID 824 042 297.

Rainbow Action Group's Koffee Klatch

October 11, Sundays (second), 12 pm, URL <https://bit.ly/RainbowKlatch>, ID 899 4140 9956, PW 893622. Rainbow Action Group's Koffee Klatch has gone virtual. Join us! All "family" friends and allies invited. The event is hosted by John Keasler and Pat Gordon.

Pagan Conversations

October 11, Sundays, weekly, 1 pm — 2 pm, Meeting Link: <https://bit.ly/PaganConversations> Meeting ID: 535-853-700. Join the Earth Centered Spirituality Circle (ECSC) via Zoom for a weekly, virtual version of Pagan Conversations. This is a time for pagans of varying traditions to come together in a guided discussion and be in community with one another. Topics vary weekly, and usually center on the church's monthly theme, upcoming Pagan holidays, and personal spiritual practice while allowing time to check in with how everyone is doing mentally, emotionally, and physically. If you have questions about the meeting, ECSC, paganism, or how our practices relate to Unitarian Universalism, please contact sdpagansuu@gmail.com at any time.

Open Heart Sangha

October 11, Sundays, weekly, 4 pm — 5:30 pm, online. The Open Heart Sangha continues to meet on Sunday afternoons through online Zoom gatherings. Contact Marge at margewur@gmail.com for the link to the meetings.

Dining for Dollar\$ 2020 – Special Edition

For the past 15 years, almost everyone in our congregation has chosen to host and/or attend at least one D4\$ event. Many host/attend multiple events every year! With "in-person" gatherings not possible, we had to forego our auction last May. Back in June, we hoped things would change, allowing us to hold traditional events, and included \$30,000 in our church budget, well below what is spent each year hosting and attending the many events.



This year, to reach our goal, we are asking you to consider what you would have otherwise spent hosting/attending and make a comparable, tax-deductible, contribution. We have several ways to say "thank you!" including some unique "First UU Church" gifts and attendance at up to ten virtual Dining for Dollar\$ 2020

events, offered by some well-known hosts.

Our Dining for Dollar\$ 2020 Special Edition opens today and will run through November 15. Please go to our [Dining for Dollar\\$ web page](#) to learn more. We know you will want to participate and give generously to help us meet our goal!

Honoring Our Ancestors and Our Beloved Dead

The Earth Centered Spirituality Circle will be leading Sunday Service on October 25, and the focus will be on honoring our ancestors and our beloved dead. Since we will not be able to gather around the community Ofrenda in the meeting house in the same way we have in previous years, you are invited to send in photos of loved ones who have passed on and who you would like to be included in a video slideshow during the service. Please send your photos to sdpagansuu@gmail.com by October 20.

Halloween Is Not Cancelled!

Trick-or-Treat for UNICEF is going online! Kids may not be going door to door for trick or treat this year but you can still trick or treat for UNICEF virtually from your home. Log onto www.unicefusa.org/trick-or-treat to create your virtual Trick or Treat for UNICEF box. You can contribute to it through the month and get family and friends to help. On Halloween night, put on your costume and trick or treat virtually for UNICEF! You can also choose to which UNICEF program you want to donate. Trick or treat is not just for kids. Open your own account and trick or treat for UNICEF! UNICEF has helped children around the world who need food, medicine and education for 75 years! Help continue the tradition.

What's Happening?

Coping With Chronic Conditions Support Group

October 12, second and fourth Mondays, 1 pm, URL <https://bit.ly/CopingCCGroup>, or call 1-669-900-6833 with meeting ID 681-036-9317. Effective July 2020 our meetings will be held on the second and fourth Mondays of the month - we are no longer doing weekly meetings. New participants need to reach out to Chris Smith prior to attending a meeting at 619-300-7477 or email chris.smith7@cox.net to discuss our covenant and mission statement and receive the password to attend.

Women's Chorus Rehearsal

October 12, Mondays, weekly, soprano 4:30 pm — 5:20 pm, <http://bit.ly/WomensChoirSoprano>, alto 5:30 pm — 6:20 pm, <http://bit.ly/WomensChoirAlto>.

Arts & Crafts Creative Social

October 13, second and fourth Tuesdays, 3 pm — 5 pm, Link to meeting: <https://bit.ly/ArtGuildSocial>, Meeting ID 945 4398 9126. Join members of the Art Guild for a few hours of creativity in community! Work on ongoing projects, create Artist Trading Cards, begin new work, or even color in a coloring book alongside other artists.

Ballot Proposition Discussion by League of Women Voters

Tuesday, October 13, 6 pm, Register here to get the link: <http://bit.ly/LWVPropTalk>. This year, we will be making decisions on 12 California ballot propositions and five more measures for San Diego city. Get the inside scoop on how to tackle your ballot this election season with the League of Women Voters & First Unitarian Universalist church.

Turn Up Tuesdays - Canceled October 13

Turn Up Tuesday will not be held on October 13, so that all may join Organizing 4 Justice and the League of Women voters Prop Talk (see above). Please join us!

Join Robie!

October 14, second and fourth Wednesdays, 4 pm — 5 pm, url <http://bit.ly/JoinRobie2nd> or call 1-669-900-6833, Meeting ID 821 3727 4274. During these "stay at home" times, our Director of Operations, Robie, is missing her church friends, new and old, and even those she hasn't met yet. Robie looks forward to this get-together!

Chalice Choir

October 14, Wednesdays, weekly, 7 pm — 8 pm, <http://bit.ly/ChaliceChoir>, Meeting ID: 810 8642 8898, Password: 878890. All are welcome to join us as we make music virtually for our Sunday Worship Services.

How to Call Into a Zoom Meeting

No computer? No Problem! You can still join us at our virtual meetings. To call into a Zoom meeting and join us by phone simply call 1-669-900-6833! When prompted, enter the meeting ID number and be connected.

Mindfulness & Meditation Practice Group

October 14, Wednesdays, 7 pm — 9 pm, Online. Led by Keith Mesecher. Mindfulness is the practice of living our lives deeply. It is the art of living as joyfully and happily as possible and dealing with life's difficulties as skillfully as possible. This group is open to people new to mindfulness, as well as experienced practitioners. Please arrive a few minutes early so you can settle in and not disturb the flow by arriving after we have begun. Contact keith@keithmesecher.com.

Living the Homestretch

October 17, Saturdays (third), 10 am, online at <https://bit.ly/LivingTheHomestretch>, Meeting ID 911 2242 6361. Rev. Tania will discuss the "Day of the Dead" tradition from Meso-America and Ms. Jenner Daelyn will discuss earth-centered and pagan traditions for honoring the dead. The presentation will be followed by breakout group discussions. After the groups re-gather, there will be time for Q&A. All are invited.

Monthly Board Meeting

October 20, Tuesday, 6 pm, Online. Board of Trustees meetings are open to congregants via Zoom. For meeting information email President Sarah Ormond at: boardpresident@firstuusandiego.org.

Memory Matters Gathering

October 23, Fridays (second and fourth), 9:30 am — 11:30 am, Online, with Kathy Gilbert, LCSW, and Gay Hybertsen, LCSW. This is a place for those who worry about memory problems and forgetfulness; and their care partners. The gathering, therapeutic and educational, enables members to make new contacts, build trust, and learn to deal with the consequences of memory loss. Ongoing, drop in. Email hybertsen@att.net for the link to join.

"Origins of the Day of the Dead and the Pre-Columbian Elements in Altars" by Paola Klug
Saturday, October 24, 2 pm, webinar. Sign up to attend this presentation and learn more about this important festivity from Mexico. The webinar will be in Spanish with English interpretation. Please RSVP to Rose at rose@firstuusandiego.org.

Virtual Meetings with Rev. Kathleen

Schedule a virtual appointment with Rev. Kathleen here: <https://calendly.com/uurevkathleen/30min>.

Updates on Camp de Benneville Pines

Read updates from Janet James, *Executive Director* regarding how camp is managing during the El Dorado fire at <https://www.uucamp.org/whats-new/>.

Double Issue!

Our next new Issue will come out on October 23, 2020

Our South Bay Campus

Garden Volunteers Needed

Our South Bay community garden plot can use your help. It is located a couple of blocks from our South Bay campus and it is mostly empty so you can tend to it without fear of walking into an overcrowded space. This is a great place for plant lovers as well as for those who are interested in learning more about gardening. If you are interested in volunteering, reach out to Rev. Tania at tania@firstuusandiego.org.

Círculo de sabiduría

Este año empezaremos de nuevo un círculo de sabiduría en español, el 4to sábado del mes a las 4 pm. Para registrarse llene la forma aquí <https://www.firstuusandiego.org/wisdom-circles.html> o envíe un correo electrónico a la Rev. Tania a tania@firstuusandiego.org.

South Bay Social Hour

Sunday, October 11, 11 am, <https://bit.ly/SBSocialHour>. Join in for a South Bay Social Hour. The password will be provided during the worship service.

October 18 South Bay Social Hour

Sunday, October 18, 11 am, <http://bit.ly/SocialHourSB>. Join in for a South Bay Social Hour. The password will be provided during the worship service.

Small Group Facilitators Wanted

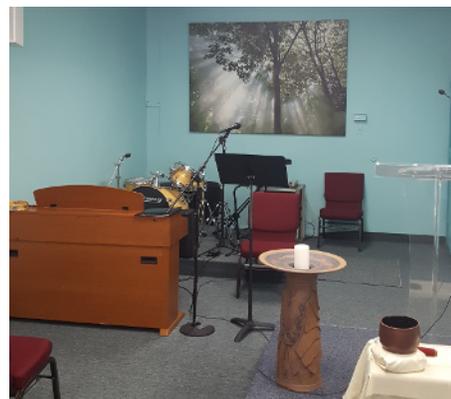
Rev. Tania is looking for small group facilitators for Wisdom Circles and other identity based groups. If you're interested, fill out this form: <https://forms.gle/fUSDDzbfKnMxqtK8>

South Bay Singers Rehearsal

Mondays, weekly, 6:30 pm — 7:20 pm, <http://bit.ly/SouthBaySingers>.

Virtual Meetings with Rev. Tania

To schedule a virtual appointment with Rev. Tania, do so here: <https://calendly.com/tymt77/30min>.



Family Ministry

Religious Education Programming

We're in a time of transition. Over the next few weeks we'll be keeping some of our current programming the same and shifting the focus in other areas to respond to our families' needs. Here's what will be happening:

Sunday RE - (Sundays at 1 pm) Join us on Sundays for more stories and discussion around our principles and values.

Saturday Science & Stories - We'll gather in Zoom Saturday at 10 am to learn about animals and hear stories that help us explore our values.

Homework Help - If you'd like your child to have some 1-on-1 time with Tony and/or other adult volunteers for help with school work, tutoring, mentoring, enrichment activities, or just to check in, please email Tony@firstuusandiego.org to set up a time.

For the safety of our children the zoom links for these meetings are not public, to request information contact tony@firstuusandiego.org.

Parents' Lounge

Sundays, weekly, 11:40 am — 1 pm, url <https://bit.ly/ParentLounge>. Meeting ID: 873 6793 7478, Password: 504406.

Senior High Youth

Youth in grades 9-12 are meeting online via Zoom on Wednesdays at 4 pm and Sundays at 11:30 am. Senior High youth are having Movie Night on Fridays. To get more info, contact Käthe at kathe@firstuusandiego.org.

Middle School Youth Group

October 11, Sundays (weekly), 2 pm, online. The Middle school UU group (MUUGS) for youth in grades 6-8 will meet to discuss the dangers of fear and mob mentality and how to overcome this by acting on our values and principles. We will discuss all of this after watching The Twilight Zone episode, "The Monsters Are Due on Maple Street." To get more info, contact Käthe at kathe@firstuusandiego.org.

Halloween Drive-Thru Trick or Treat Event October 29

It's no trick, but we will have treats! Join the Family Ministry Team and other First UU Staff members on Thursday, October 29, for a special Halloween Drive-thru experience at the Hillcrest campus driveway/turnaround. Everyone is welcome, and costumes are encouraged! Children should plan on bringing their grown-ups between 6 pm — 7 pm for some extra special treats, but the staff plans to be there under the (almost) full moon until 8 pm with treats for all!



Social Justice

Virtual Meetings with Angela

To schedule an online appointment with Angela Fujii, our Social Justice Coordinator (to ask a question, propose an idea or just hang out), do so here: <https://calendly.com/angelafujii/30min>

Climate Justice Zoom Meeting - Cancelled

Due to scheduling conflicts, our Climate Justice meeting will be postponed until after the November 3 election. A new date will be announced at that time. But if you're free at 1 pm Saturday, October 10 we encourage you to watch this free [webinar](#) with leading environmental activists Bill McKibben, Elizabeth Kolbert, and Jonathan Franzen.

Climate Action

A new Trump administration rule could devastate large areas of federally managed forests by opening them to new oil and gas drilling. Forests are powerhouses for carbon sequestration, absorbing as much as 30 percent of the world's carbon emissions. Let's overwhelm the Forest Service with letters opposing this attack on public forests and our climate. Submit a public comment by November 2 by clicking [here](#).

Still Scamming!

Please be aware that this is still happening - even nationwide at our other UU churches. Especially during these tender times, folks are scamming church members in order to get gift cards purchased and sent to them. And, there's nothing we can do about it except warn you and educate you. **Never respond to any church member, staff or minister unless it comes from a valid church email**, i.e. staffname@firstuusandiego.org. **We do not use gmail accounts for our official church staff business.** The following is an example of the latest email scam going around. **No minister or staff member will ever reach out for help in this way!** Please be careful out there, stay safe, wear a mask when going out and wash your hands frequently!

From: "Kathleen Owens" <office.1@wp.pl>

Date: Friday, September 25, 2020 2:58 PM

To: "First UU congregant email"

Subject: QUICK TASK

Hi Congregant,

Let me know when you're available, there is something I need you to do for the progress of the company. I'm going into a meeting soon with limited phone calls, so just reply my email.

Best Regards,
Rev. Kathleen Owens

South Bay Food Pantry News

USDA Food Boxes Delivery Chaos Continues On Busiest Pantry Day Yet by Maureen McNair

Early food preparation last Friday for our Saturday food distribution went smoothly. Jared Blackwell, Kate Collier, Steve Gelb, Steve Howard, Andrea Travers, and I carried 3,350 pounds of food into the pantry and securely stored it.... Read the rest of the article on our blog at: <https://www.firstuusandiego.org/blog/usda-food-boxes-delivery-chaos-continues-on-busiest-pantry-day-yet-by-maureen-mcnair>



You Can Still Make Financial Donations Directly to the Food Pantry!

Both one-time and monthly sustaining donations help us stay open! No amount is too small, or too large. Donate online via credit card at <https://www.firstuusandiego.org/donations.html> or make checks payable to FUUSD and write "SB Food Pantry" in the memo line. Mail checks to Robie Evans, FUUSD, 4190 Front St., San Diego, CA 92103.

The South Bay Food Pantry...

is located at 970 Broadway, Suite 101, Chula Vista 91911. It is open to the public Saturdays from 11 am - 12:30 pm and to congregants by appointment.

Contact

Email Maureen McNair at memcnair948@gmail.com. To reach the food pantry by phone call 619-271-5017. The phone will take your message.

Please Hold Food and Other Donations During October

We share our Chula Vista strip mall parking lot with retailers who are open. Their clients need parking spaces too. So, during October, while the pantry is receiving deliveries just before distribution, we ask that our generous congregants wait to bring donations of food and other items to the pantry until further notice. Please watch this space.

Volunteers Wanted to Find Free or Low Cost Heavy Duty Metal Shelving

If you see heavy duty metal shelving for free or for sale, please contact Maureen.

Volunteers Needed with a Pick Up Truck

If you own a pick up truck and are willing to pick up food at the San Diego Food Bank near Miramar Road during weekdays, please contact Maureen.

Diaper Program Distributes 14,000 Free Diapers During Our First Quarter

Volunteers distributed 14,000 diapers on Sunday mornings during our first three months of membership in the Regional Diaper Bank. Thank you to volunteers John and Peggy Holl, Jude and Marin Outwater, and Mindy and Sebastian Hochgesang.

Calendar of Events

Friday, October 9, 2020

Memory Matters Gathering

October 9, Fridays (second and fourth), 9:30 am — 11:30 am, Online. Email hybertsen@att.net for the link.

Senior High Youth Movie Nights

Fridays at 5 pm. To get more info, contact Käthe at kathe@firstuusandiego.org.

Saturday, October 10, 2020

Saturday Science, Stories and Songs

Saturdays at 10 am. Children's RE programming. Request meeting information from tony@firstuusandiego.org.

Food Pantry Hours

970 Broadway Suite 101, Chula Vista 91911. Our food pantry distributes food every Saturday from 11 am — 12:30 pm.

Sunday, October 11, 2020

Live Streamed Worship

Sundays, weekly, 9:30 am, <https://www.firstuusandiego.org/>.

Social Hour

Sundays, weekly, 10:30 am — 11:30 am, url <https://bit.ly/FirstUUSocialHour>, Meeting ID 824 042 297.

South Bay Social Hour

Sundays, weekly, 11 am, <https://bit.ly/SBSocialHour>. Join in for a South Bay Social Hour.

Senior High Youth Group

Sundays at 11:30 am. To get more info, contact Käthe at kathe@firstuusandiego.org.

Parents' Lounge

Sundays, weekly, 11:40 am — 1 pm, url <https://bit.ly/FirstUUParentsLounge>.

Rainbow Action Group's Koffee Klatch

October 11, Sundays (second), 12 pm, URL <https://bit.ly/RainbowKlatch>, ID 899 4140 9956, PW 893622.

Children's Religious Education

Sundays, 1 pm. Request meeting information from tony@firstuusandiego.org.

Pagan Conversations

Sundays, weekly, 1 pm — 2 pm, Meeting Link: <https://bit.ly/PaganConversations> Meeting ID: 535-853-700.

Middle School Youth Group

Sundays at 2 pm. To get more info, contact Käthe at kathe@firstuusandiego.org.

Open Heart Sangha

Sundays, weekly, 4 pm — 5:30 pm, for the link to the meetings please contact Marge at margewur@gmail.com.

Monday, October 12, 2020

Coping With Chronic Conditions Support Group

October 12, second and fourth Mondays, 1 pm — 3 pm, url <https://bit.ly/CopingCCGroup>, ID: 681-036-9317.

Women's Chorus Rehearsal

Mondays, weekly, soprano 4:30 pm — 5:20 pm, bit.ly/WomensChoirSoprano, alto 5:30 pm — 6:20 pm, bit.ly/WomensChoirAlto.

South Bay Singers Rehearsal

Mondays, weekly, 6:30 pm — 7:20 pm, <http://bit.ly/SouthBaySingers>.

Tuesday, October 13, 2020

Arts & Crafts Creative Social

October 13, second and fourth Tuesdays, 3 pm — 5 pm, Link to meeting: <https://bit.ly/ArtGuildSocial>, Meeting ID 945 4398 9126.

Ballot Proposition Discussion by League of Women Voters

Tuesday, October 13, 6 pm, Register here to get the link: <http://bit.ly/LWVPropTalk>. Get the inside scoop on how to tackle your ballot this election season with the League of Women Voters & First Unitarian Universalist church.

Wednesday, October 14, 2020

Join Robie!

October 14, second and fourth Wednesdays, 4 pm — 5 pm, url <http://bit.ly/JoinRobie2nd> or call 1-669-900-6833, Meeting ID 821 3727 4274. Robie looks forward to this get-together!

Senior High Youth Game Days

Wednesdays at 4 pm. To get more info, contact Käthe at kathe@firstuusandiego.org.

Mindfulness & Meditation Practice Group

Wednesdays, 7 pm — 9 pm, Online. Contact keith@keithmesecher.com for the Zoom link.

Calendar of Events

Wednesday, October 14, 2020 >>>cont.<<<

Chalice Choir

Wednesdays, weekly, 7 pm — 8 pm, <http://bit.ly/ChaliceChoir>, Meeting ID: 810 8642 8898, PW: 878890.

Friday, October 16, 2020

Senior High Youth Movie Nights

Fridays at 5 pm. To get more info, contact Käthe at kathe@firstuusandiego.org.

Saturday, October 17, 2020

Living the Homestretch

October 17, Saturdays (third), 10 am, online at <https://bit.ly/LivingTheHomestretch>, Meeting ID 911 2242 6361. All are invited.

Saturday Science, Stories and Songs

Saturdays at 10 am. Children's RE programming. Request meeting information from tony@firstuusandiego.org.

Food Pantry Hours

970 Broadway Suite 101, Chula Vista 91911. Our food pantry distributes food every Saturday from 11 am — 12:30 pm.

Sunday, October 18, 2020

Live Streamed Worship

Sundays, weekly, 9:30 am, <https://www.firstuusandiego.org/>.

Social Hour

Sundays, weekly, 10:30 am — 11:30 am, url <https://bit.ly/FirstUUSocialHour>, Meeting ID 824 042 297.

South Bay Social Hour

Sundays, weekly, 11 am, <http://bit.ly/SocialHourSB>. Join in for a South Bay Social Hour.

Senior High Youth Group

Sundays at 11:30 am. To get more info, contact Käthe at kathe@firstuusandiego.org.

Parents' Lounge

Sundays, weekly, 11:40 am — 1 pm, url <https://bit.ly/FirstUUParentsLounge>.

Children's Religious Education

Sundays, 1 pm. Request meeting information from tony@firstuusandiego.org.

Pagan Conversations

Sundays, weekly, 1 pm — 2 pm, Meeting Link: <https://bit.ly/PaganConversations> Meeting ID: 535-853-700.

Middle School Youth Group

Sundays at 2 pm. To get more info, contact Käthe at kathe@firstuusandiego.org.

Open Heart Sangha

Sundays, weekly, 4 pm — 5:30 pm, for the link to the meetings please contact Marge at margewur@gmail.com.

Monday, October 19, 2020

Women's Chorus Rehearsal

Mondays, weekly, soprano 4:30 pm — 5:20 pm, bit.ly/WomensChoirSoprano, alto 5:30 pm — 6:20 pm, bit.ly/WomensChoirAlto.

South Bay Singers Rehearsal

Mondays, weekly, 6:30 pm — 7:20 pm, <http://bit.ly/SouthBaySingers>.

Tuesday, October 20, 2020

Monthly Board Meeting

October 20, Tuesday, 6 pm, Online. Board of Trustees meetings are open to congregants via Zoom. For meeting information email President Sarah Ormond at: boardpresident@firstuusandiego.org.

Turn Up Tuesdays

Tuesdays, 6 pm — 8 pm, <http://bit.ly/TurnupTuesdays>, ID: 913 8630 7033. Contact ifurth@me.com.

Wednesday, October 21, 2020

Senior High Youth Game Days

Wednesdays at 4 pm. To get more info, contact Käthe at kathe@firstuusandiego.org.

Mindfulness & Meditation Practice Group

Wednesdays, 7 pm — 9 pm, Online. Contact keith@keithmesecher.com for the Zoom link.

Chalice Choir

Wednesdays, weekly, 7 pm — 8 pm, <http://bit.ly/ChaliceChoir>, Meeting ID: 810 8642 8898, PW: 878890.

First Unitarian Universalist Church of San Diego
4190 Front Street, San Diego, CA 92103-2098
Phone: 619-298-9978
E-mail: mail@firstuusandiego.org

POSTMASTER: Please send address changes to
The Window, 4190 Front Street, San Diego, CA 92103-2098

Our Staff

Ministers:

Rev. Kathleen Owens, *Lead Minister*
Rev. Tania Márquez, *Assistant Minister*
Matthew Waterman, *Intern Minister*
Rev. Jim Grant and Rev. Löne Broussard, *Affiliate Ministers*
Rev. Bonnie Tarwater, Rev. Frank Piccone-Willey,
Rev. Julie Forest, and Rev. Katy Swanson
Affiliate Community Ministers
Rev. Dr. Carolyn S. Owen-Towle, *Minister Emerita*
Rev. Dr. Thomas A. Owen-Towle, *Minister Emeritus*

Music Staff:

Chase Pado, *Pianist*
Lorelei Garner, *SB Music Coordinator & Women's Chorus Director*
Andrea N-L, *JUUL Tones Ensemble Director*
Tony Bianca, *Handbell Program and Children's Choir Director*

Staff:

Robie Evans, *Director of Operations*
Käthe Larick, *Youth Programs Coordinator*
Tony Bianca, *Program Coordinator*
Rose Riedel, *Office Manager*
Angela Fujii, *Social Justice Coordinator*
Jenner Daelyn, *Connections Coordinator and Scheduler*
Connie Hayes, *Bookkeeper / Controller*
Ray Evans, *Maintenance*
Mark Epler, *Event Coordinator*

Board of Trustees

Sarah Ormond, **President**
Rev. Julie Forest, **Vice President**
James Long, **Treasurer**
Laura Ball, **Secretary**
Angela Garcia-Sims, Andrea Gonzalez, Brian Krohne,
Kathleen MacLeod and Maureen McNair, **Trustees**

Important E-mail Addresses:

General First Church E-mail: mail@firstuusandiego.org
Scheduling of Church Property: schedule@firstuusandiego.org
The Window (newsletter): [window@firstuusandiego.org](mailto>window@firstuusandiego.org)
First Church Web Site: website@firstuusandiego.org
<http://www.firstuusandiego.org> (Main site)
<http://www.firstuusandiego.org/uus-of-the-south-bay>
(UUs of the South Bay)

Contact the Main Office (Hillcrest Campus):

First Unitarian Universalist Church of San Diego
4190 Front Street, San Diego, California 92103
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Office Hours:

Monday—Friday, 9 am to 4 pm and Sunday after Services
Sunday Morning Urgent Contact: 619-947-4612

Contact the South Bay Campus (Chula Vista):

Unitarian Universalists of the South Bay
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Campus Hours: Sunday for Service or By Arrangement