

What's Happening?

South Bay Job Posting!

First UU Church of San Diego is hiring for a bilingual South Bay Ministry Assistant. The Assistant collaborates with Ministers and lay leaders to support the South Bay Campus with administrative support, volunteer coordination, communications, and logistics. 8 hours per week, \$20-22 per hour, Sundays required in-person from 9 am-1 pm, schedule negotiable for other hours. For the full job description and how to apply click <u>HERE</u>. Please share with those you think may be interested in applying.

Sharia's Closet

Volunteer with Laurie at Sharia's Closet! Let's find a weekday afternoon to go together to sort and organize donated emergency clothing at Sharia's Closet near SDSU. Email Laurie Gerber *gerbl@pacbell.net*, to plan our outing. Sharia's Closet affirms the inherent dignity and worth of every person.

Why is there a Big Box on the Patio?

Jerry Thiebolt, our memorial wall and garden artist, is installing our Memorial Garden's River of Life (path) and the Big Box contains what is needed. Many of us created our own designs on the many clay "bricks" back in 2018. Jerry is now ready to install these in a footpath going from the center of the memorial garden to our fountain. Robie has created a book of brick pictures, the book of pictures is in the library in the Welcome Center.

Podcast

Listen to "The First Source" a podcast created by Tony Bianca in conversation with First UU congregants around issues of spirituality, church life, faith and life in general. Episode 7, an interview with new Assistant Minister, Rev Kristen Kuriga is available <u>**HERE**</u>!

Animal Ministry Seeking Supply Donations!

The UU Animal Ministry of San Diego is seeking donations of fabric scraps, old sheets, pillows, blankets, clothes, etc. to be used in the crafting of pet beds that will be donated to local shelters. There will be a collection bin on the patio on Sundays until October 29.

South Bay Quinceañera

October 7, Saturday, 6 pm — 9 pm, South Bay Campus. Join us for a celebration of South Bay's 15th Anniversary. Registration required <u>HERE</u>.

Hillcrest In-Person Social Hour

October 8, Sundays, following worship, Bard Hall. Join your community in Bard Hall after the service for coffee, snacks, and conversation.

Virtual Social Hour

October 8, Sundays, 11 am, *bit.ly/FirstUUSocialHour*, Meeting ID 824 042 297. Password: FUUSD. Come one, come all to virtual Social Hour, and share your thoughts about the service or whatever is on your mind each Sunday just after the service. Let's keep connecting, even if not in person. Staff Announcement

After ten years of service to our congregation, Lorelei Isidro-Garner will be leading her last service with us on Sunday, October 8. Lorelei departs having served as South Bay Music Coordinator, and South Bay Singers and Women's Choir Director. Join Lorelei this weekend in the South Bay at our Quinceañera and our Sunday service, or at our service on Sunday, October 22 in the South Bay for a special moment of farewell.

Rainbow Action Group's Koffee Klatch

October 8, second Sundays, 11:15 am — 12:15 pm, Room 323. Bring some refreshments and join us. All family, friends and allies are invited.

Covenant of UU Pagans (CUUPS) of San Diego

October 8, second Sundays, 12 pm, Common Room and Peace Garden. Outdoors we will create ritual space in nature! Bring garden tools, small plants, decor, or other items. Indoors we will have items for divination and crafting. Contact <u>rose@firstuusandiego.org</u>.

Open Heart Sangha

October 8, Sundays, weekly, 4 pm — 5:30 pm, Bard Hall. The Open Heart Sangha, practicing mindfulness meditation in the tradition of Thich Nhat Hanh. All are welcome! Contact Marge, *margewur@gmail.com*.

Handbells

October 9, Mondays, 5:30 pm — 7 pm, Meeting House. If you're interested in ringing with us, email *tony@firstuusandiego.org*.

Coping With Chronic Conditions Support Group

October 9, second and fourth Mondays, 1:30 pm — 3 pm, URL *bit.ly/CopingCCGroup*, or call 669-900-6833 with meeting ID 681-036-9317. New participants contact Chris Smith prior to attending at 619-300-7477 or *email* to discuss our covenant, mission statement, and password.

Caregivers/Allies Support Group

October 9, second Mondays & fourth Tuesdays, 4 pm — 5:30 pm, zoom. The Caregivers/Allies Support Group is welcoming prospective new participants. For additional information about participating contact *Les Vivian*.

Women's Choir

October 9, Mondays, 7 pm — 8:30 pm, Bard Hall.

UU Humanist Book Discussion Group

October 10, second Tuesdays, 6 pm, Room 320. For our next meeting we will discuss the <u>The Good Book: A</u> <u>Humanist Bible</u>. Contact <u>rose@firstuusandiego.org</u>.

Neighborhood Groups without Borders

October 11, second Wednesdays, 11 am — 1 pm, 4349 Adams Ave, San Diego, CA 92116. Susan Riegel Harding invites you to a brown bag lunch at her home. This is an opportunity to start meeting as a "Neighborhood Group" until we get formally organized. Coffee, water, and other beverages will be provided. Text RSVP to 619-987-6234 to reserve one of 14 available spaces each month.

What's Happening?

Chalice Choir

October 11, Wednesdays, 7 pm — 8:30 pm, Bard Hall.

Book Club

October 12, Thursday, 6 pm, Zoom. Please join us for a lively discussion of *Nickel Boys* by Colson Whitehead. He won his second Pulitzer for this novel. Contact *Minastaylor@gmail.com* for information or link.

Finance Committee Meeting

October 12, Thursday, 6:30 pm, link in the members area of the *website*. Non-committee members do not take part in discussions or have a vote.

Memory Matters Gathering

October 13, second and fourth Fridays, 10 am — 11:30 am, online, with Kathy Gilbert, LCSW, and Gay Hybertsen, LCSW. This is a place for those who worry about memory problems and their care partners. The gathering enables members to learn to deal with the consequences of memory loss. Email <u>hybertsen@att.net</u> for the link.

Women Together Meeting

October 14, second Saturdays, 12 pm — 2 pm, Common Room. Come see old friends, meet new friends, and experience sharing and caring. We will share our favorite travel memories and talk about special places we've been. For more information, contact *obata.claudia@gmail.com*.

Worship Arts Workshop

October 14, Saturday, 9 am — 2 pm, Hillcrest Campus. Join the Ministers and Staff of First UU for this day focused on the various skills, arts and processes involved in planning and leading worship! This workshop is open to all! Register <u>https://form.jotform.com/232135155979059</u>

Kirtan And Chanting For Peace

October 14, second Saturdays, 6 pm — 7 pm, Common Room. Donation-based community event. Engage in the spiritual practice of Kirtan, a nondenominational practice that has been a constant in all paths and religions. Getting together as a group is a fun way to do this and we can sing mantras using all kinds of instruments and genres of music. Dancing and movement is highly encouraged!

Board Meeting

October 17, Tuesday, 6:30 pm, Bard Hall and online. Open to congregants. Link in the *website* member area.

"Two Eyes" Feature Film Screening

October 20, Friday, 6 pm – 9 pm, Bard Hall. "Two Eyes" explores sexuality and gender in three storylines over the course of a century. Following the movie, we'll screen a 30 min, pre-recorded Q&A with the cast and filmmakers hosted by Alan Cumming. "Two Eyes' had me in tears of appreciation for the trans, nonbinary, non-conforming ancestors whose struggles reverberate to the present day" ~ Glenn Gaylord of The Queer Review. Co-hosted by Lifespan and Rainbow Action with support from the Outreach and Growth Fund. Free popcorn and drinks! Registration required: <u>https://www.firstuusandiego.org/</u>

Follow us on Instagram @firstuusd and @uus_south_bay

Conversation About Grieving

October 21, Saturday, 10 am, Bard Hall and <u>https://bit.ly/UUSeniors</u>. Honoring that many members and friends have died this year, Rev. Kristen Kuriga, our Assistant Minister, will lead us in a conversation about being with grief. Hosted by UU Seniors. Coffee and tea available at 9:45 am, in Bard Hall - come early and socialize! All are welcome. If you miss the program, the recording will be available on the church website.

The Keyboard Extravaganza

October 21, Saturday, 7 pm, Meeting House. Barbara Scheidker and Ken Herman will present Keyboard Extravaganza. Program will include music by Antonio Soler, Franz Joseph Haydn, W. A. Mozart, and Maurice Ravel, Paul Halley and Charles Callahan and some tunes from the Great American Songbook. Offering will benefit First UU's Partner Church program.

Steps to Membership Meeting

October 22, fourth Sundays, 11:15 am, Room 323. Join Rose Littler-Riedel to learn about membership at First UU. Find out what membership is all about.

Investigating Abrahamic Religions Study Group

(Previously the UU Christian Study Group) October 22, fourth Sundays, 12 pm, Room 321. We will watch and discuss a TedTalk about Islam. Join us!

Fourth Monday Meeting of UU Men's Fellowship

October 23, fourth Mondays, potluck 5:30 pm, Common Room. Visit the UUMF table on the patio or contact *jcksdca@gmail.com* for more info.

Organizing for Justice Meeting

October 26, fourth Thursdays, 6:45 pm, online. Please contact Newt Ferris for further information.

Emma's Revolution Celebration Concert for First Unitarian's 150th Anniversary

November 4, Saturday, 7:30 pm, Meeting House. Known for fearless, truth-telling lyrics and melodies you can't resist singing, Emma's Revolution is the award-winning activist duo of Pat Humphries & Sandy O. With one eye on the news, they consistently write songs about critical issues happening in the world and enthusiastically lend their voices to the movements those issues inspire. In their 20th year performing together, their songs have traveled around the world inspiring countless social justice and environmental achievements. Admission is free and registration required: <u>https://www.firstuusandiego.org/</u>.

UU Animal Ministry of San Diego

November 5, first Sundays, 12 pm, Room 323. Join us as we create pet beds using the supplies donated during September and October! Pet beds will be donated to our local animal shelters. Contact *rose@firstuusandiego.org*.

Board Chat

November 5, first Sundays, 12:30 pm, <u>bit.ly/FirstUU</u> <u>BoardChat</u>, ID: 863 0218 5062 Passcode: 203946.

What's Happening?

Hillcrest Song Circle

November 5, first Sundays, 3 pm — 5 pm, Common Room. As always, bring your guitar/and or voice. We have music books but you may bring a song you would like to teach the group or a song you would like to perform for the group. *Wombated@gmail.com* or *cmack5913@gmail.com*.

ZUUMERS

November 5, first Sundays, 6 pm — 7:30 pm, online. We are a neighborhood group without borders. Join us for interesting conversation and sharing. Visit with old friends and meet new ones. For info and Zoom link, contact Claudia at <u>obata.claudia@gmail.com</u>.

5th Tuesday Board Meeting now on 11-07-23!

November 7, Tuesday, 6:30 pm, <u>online</u>. Due to the 5th Tuesday of October falling on a holiday we will be meeting on November 7 instead!

Social Justice

Reproductive Transparency Now

October 24, Tuesday, 6:30 pm — 8 pm, Zoom. Reproductive Transparency Now representatives will talk with us about some of the deceptive tactics used to prevent individuals from accessing abortion and other reproductive care. Free and open to all ages, we do accept donations to support our programming. Sign up <u>HERE</u>.

Family & Lifespan

Sunday RE

Tony is away until October 10, but we'll still have our usual three groups for RE on Sunday. For any Lifespan needs, contact <u>*kate@firstuusandiego.org*</u> (for children's & family programs) or <u>*lara@firstuusandiego.org*</u> (for youth & young adult programs).

Young Adult Group (ages 22 - 35)

Tuesdays, 5:30 pm — 7 pm, Room 114b. This is an open, welcoming space to share meaningfully, play games, consider social and climate justice issues, and plan events. If you are interested in gathering with us, contact Youth and Young Adult Coordinator, *Lara Anderson*.

Cluster News

Mark Your Calendars for the next Concert at Summit!

November 5, Saturday, 7 pm, Summit UU Fellowship. A very "Merry" *Mean Mary* show! Joined by her brother, Frank James, Mean Mary will be playing crowd favorites along with some holiday classics, and a few of *Mean Mary's* brand-new Christmas originals! Tickets sold on the Summit Campus the Sunday before the concert, also at the door the night of the concert, and you can purchase them <u>online</u>, choose the "Give to Concert Series" in the dropbox. Any questions? **SUUFVolunteer@yahoo.com**.

South Bay Campus

South Bay Quinceañera

October 7, Saturday, 6 pm — 9 pm, South Bay Campus. Join us for a celebration of South Bay's 15th Anniversary. Registration required <u>HERE</u>.

Gracias y Bendiciones

Saturdays, 9:45 am — 10 am, South Bay Campus. Every Saturday morning led by Social Justice Coordinator, Chris, and musicians from our FUUSD and South Bay worship teams. Saturday's services are bilingual.

South Bay Worship

Sundays, 10 am, South Bay Worship Hall. Join the South Bay community for Worship every Sunday.



South Bay Food Pantry News

Blissed out on Broadway By Sara Ferguson, Pantry Volunteer

At a recent early shift on a Saturday at the South Bay Food Pantry, I lift my gaze from bagging fruits and vegetables and experience a moment of bliss. I am surrounded by a vital, purposeful community of clients and volunteers pulling together to make food available to hundreds of their neighbors. Read the rest on our **BLOG**.

You are the Pantry!

Food and diapers (and more) go to 400+ families each week through intensive efforts of a gazillion volunteers. Join us some Saturday morning? Prefer smaller groups or weekday volunteering? Available Friday or Saturday evenings? Or early Sunday mornings? Contact <u>foodpantry@firstuusandiego.org</u> to get on board.

The South Bay Food Pantry...

is located at 970 Broadway, Suite 101, Chula Vista 91911. Open to the public Saturdays 11 am — 12:30 pm. Contact *foodpantry@firstuusandiego.org* or 619-271-5017.

Food Pantry Collecting Supplies for Unsheltered Folk

Thanks for the plastic bags! The pantry can always use easy-open, no-cook food, hygiene items (soaps, toothbrushes & toothpaste, baby wipes, hand sanitizer), and adult diapers/briefs and other incontinence supplies. Drop off at Hillcrest on Sunday morning - the bin is now at the back of the meeting house.

How to Donate to the South Bay Food Pantry Donate online or by check payable to FUUSD with "SB Food Pantry" in the memo. Mail to 4190 Front St., 92103.

South Bay Quinceañera Saturday, October 7th, 2023 from 6 pm-9 pm

First Unitarian Jniversalist Church of San Diego

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First Unitarian Universalist Church of San Diego South Bay Campus 970 Broadway, Suite 104, Chula Vista, CA 91911

Join us for a free, family-friendly Quinceañera celebrating South Bay's 15th Anniversary! Food, Music and Fun!! Registration required. Use the QR code to sign-up!





FILM SCREENING 6-9 pm Friday October 20th, 2023

"Two Eyes" explores sexuality and gender in three storylines over the course of a century. Following the movie, we'll screen a 30 min, pre-recorded Q&A with the cast and filmmakers hosted by Alan Cumming. Free popcorn and drinks.

"Two Eyes" had me in tears of appreciation for the trans, nonbinary, non-conforming ancestors whose struggles reverberate to the present day" Glenn Gaylord - The Queer Review

Co-hosted by Lifespan, Outreach & Growth and Rainbow Action with support from the Outreach and Growth Fund. First Unitarian Universalist Church of San Diego 298 W Arbor St., San Diego, CA 92103

Free parking in our accessible lot.

Free admission with registration. Get tickets at

FirstUUSanDiego.org

Week at a Glance Calendar

Saturday, October 7, 2023

South Bay Quinceañera

October 7, Saturday, 6 pm — 9 pm, South Bay Campus. Join us for a celebration of South Bay's 15th Anniversary. Registration required <u>HERE</u>.

Sunday, October 8, 2023

Hillcrest In Person & Simultaneous Livestream Worship In person or <u>online</u> at 10 am! Outdoor viewing available.

South Bay Worship

Sundays, 10 am, South Bay Worship Hall.

Hillcrest In Person Social Hour

Sundays, following service, Bard Hall. Coffee, tea and snacks.

Virtual Social Hour

Sundays, 11 am, *<u>bit.ly/FirstUUSocialHour</u>*, Meeting ID 824 042 297. Password: FUUSD.

Rainbow Action Group's Koffee Klatch

October 8, second Sundays, 11:15 am — 12:15 pm, Room 323. All family, friends and allies are invited.

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Open Heart Sangha

Sundays, 4 pm - 5:30 pm, Bard Hall. margewur@gmail.com.

Monday, October 9, 2023

Coping With Chronic Conditions Support Group

October 9, Mondays (second & fourth), 1:30 pm — 3 pm, URL <u>https://bit.lv/CopingCCGroup</u>, meeting ID 681-036-9317.

Caregivers/Allies Support Group

October 9, second Mondays & fourth Tuesdays, 4 pm — 5:30 pm, online. For additional information contact *Les Vivian*.

Handbells

Mondays, 5:30 pm — 7 pm, Meeting House. If you're interested in ringing, email *tony@firstuusandiego.org*.

Women's Choir

October 9, Mondays, 7 pm - 8:30 pm, Bard Hall.

Tuesday, October 10, 2023

Young Adult Group

Tuesdays, 5:30 pm — 7 pm, Room 114b. Young Adults aged 22-35 are gathering in room 114b every Monday. Contact Youth and Young Adult Coordinator, *Lara Anderson*.

UU Humanist Book Discussion Group

October 10, second Tuesdays, 6 pm, Room 320. For our first meeting we will discuss the <u>The Good Book: A Humanist Bible</u>. Contact <u>rose@firstuusandiego.org</u>.

Wednesday, October 11, 2023

Neighborhood Groups without Borders

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Chalice Choir Rehearsal

Wednesdays, 7 pm — 8:30 pm, Bard Hall.

Thursday, October 12, 2023

Book Club

October 12, Thursday, 6 pm, Zoom. Join us for a discussion of *Nickel Boys* by Colson Whitehead. *Minastaylor@gmail.com*.

Finance Committee Meeting

October 12, Thurs, 6:30 pm, link in the members area of the *website*.

Upcoming Events

Memory Matters Gathering

October 13, second and fourth Fridays, 10 am — 11:30 am, online. This is a place for those who worry about memory problems care partners. Email <u>hybertsen@att.net</u> for the link.

Women Together Meeting

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Kirtan And Chanting For Peace

With Patita Pavana Of Spirit Soul And Friends

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Board Meeting

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Investigating Abrahamic Religions Study Group October 22, Sunday, 12 noon, Room 321.

Fourth Monday Meeting of UU Men's Fellowship

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Organizing for Justice Meeting

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POSTMASTER: Please send address changes to The Window, 4190 Front Street, San Diego, CA 92103-2098

First Unitarian Universalist Church of San Diego 4190 Front Street, San Diego, CA 92103-2098 Phone: 619-298-9978, Fax: 619-298-9997 E-mail: mail@firstuusandiego.org

Our Staff

Ministers:

Rev. Justine Sullivan, *Lead Minister* Rev. Kristen Kuriga, *Assistant Minister* Swamini Adityananda Saraswati, *Intern Minister* Rev. Jim Grant and Rev. Lone Broussard, *Affiliate Ministers* Rev. Bonnie Tarwater, Rev. Frank Placone-Willey, Rev. Julie Forest and Rev. Katy Swanson, *Community Ministers* Rev. Dr.'s Carolyn S. and Thomas A. Owen-Towle, *Minister Emerita/us*

Music Staff:

Marshall Voit, *Music Director* Lorelei Isidro-Garner, *Music Coordinator* Andrea Spiero, *JUUL Tones Ensemble Director* Tony Bianca, *Handbell Program Director* Tomás Acosta, *Collaborative Pianist*

Staff:

Robie Evans, Director of Operations Tony Bianca, Director of Lifespan Faith Formation Rose Littler-Riedel, Membership and Communications Lara Anderson, Youth and Young Adult Coordinator Chris Chambers, Social Justice Coordinator Jazmine Ramanathan, Administrative Assistant Kate Collier, Program Assistant Pam Bates, Scheduler Ray Evans, Facilities Manager Joshua Morrison, Janitor Connie Hayes, Controller / Bookkeeper Mark Epler, Event Coordinator

Board of Trustees

Everardo Aguilar, **President** Valerie Jaques, **Vice President** Sue Marberry, **Treasurer** Karen Lamphere, **Secretary** Leland Beck, Rosalba Ciampi, Steve Howard, Gay Hybertsen, and Paula Johnson, **Trustees**

Important E-mail Addresses:

General First Church E-mail: mail@firstuusandiego.org Scheduling of Church Property: schedule@firstuusandiego.org The Window (newsletter): window@firstuusandiego.org First Church Web Site: website@firstuusandiego.org http://www.firstuusandiego.org (Main site) http://www.firstuusandiego.org/uus-of-the-south-bay (UUs of the South Bay)

Contact the Main Office (Hillcrest Campus):

First Unitarian Universalist Church of San Diego 4190 Front Street, San Diego, California 92103 619-298-9978 • mail@firstuusandiego.org www.firstuusandiego.org **Office Hours:** Tuesday—Friday, 10 am to 2 pm and Sunday after Services

Contact the South Bay Campus (Chula Vista): Unitarian Universalists of the South Bay 970 Broadway, Suite 101 & 104, Chula Vista, California, 91911 619-271-5017 • uusouthbay@firstuusandiego.org www.firstuusandiego.org/uus-of-the-south-bay Campus Hours: Sunday for Service or By Arrangement