

What's Happening?

Our Church Family

A Celebration of Life for **Tomas Firle** will be held on Saturday, September 30 at 11 am in the Meeting House. The service will be followed by a reception on the patio and in Bard Hall.

South Bay Job Posting!

First UU Church of San Diego is hiring for a bilingual South Bay Ministry Assistant. The Assistant collaborates with Ministers and lay leaders to support the South Bay Campus with administrative support, volunteer coordination, communications, and logistics. 8 hours per week, \$20-22 per hour, Sundays required in-person from 9 am-1 pm, schedule negotiable for other hours. For the full job description and how to apply click <u>HERE</u>. Please share with those you think may be interested in applying.

Sharia's Closet

Volunteer with me at Sharia's Closet! Let's find a weekday afternoon (Tuesday, Wednesday or Thursday) when we can go together to sort and organize donated emergency clothing at Sharia's Closet near SDSU. Email me, Laurie Gerber *gerbl@pacbell.net*, to plan our outing. Sharia's Closet is the embodiment of our first principle, affirming the inherent dignity and worth of every person.

Why is there a Big Box on the Patio?

Jerry Thiebolt, our memorial wall and garden artist, is installing our Memorial Garden's River of Life (path) and the Big Box contains what is needed. Do you remember when many of us created our own designs on the many clay "bricks" back in 2018? Well, Jerry has kept them safe and is now ready to install these in a footpath going from the center of the memorial garden to our fountain. Robie has created a book of brick pictures that were taken when the bricks were created! The book of brick pictures is in the library in the Welcome Center.

South Bay Quinceañera

October 7, Saturday, 6 pm — 9 pm, South Bay Campus. Join us for a celebration of South Bay's 15th Anniversary. Registration required <u>HERE</u>.

Podcast

Listen to "The First Source" a podcast created by Tony Bianca in conversation with First UU congregants around issues of spirituality, church life, faith and life in general. Episode 7, an interview with new Assistant Minister, Rev Kristen Kuriga is available <u>HERE</u>!

Animal Ministry Seeking Supply Donations!

The UU Animal Ministry of San Diego is seeking donations of fabric scraps, old sheets, pillows, blankets, clothes, etc. to be used in the crafting of pet beds that will be donated to local shelters. There will be a collection bin on the patio each Sunday until October 29. In November we will be holding a pet bed assembly party. Please watch future Windows for further information about the assembly party. Thanks so much!

Youth Fundraiser this Sunday 10/1/23!

Please enjoy a dip of delicious ice cream at the Social Hour Sunday. Help fund camperships so more kids in our growing youth groups can attend camp this coming year! Sponsored by Friends of de Benneville Pines.

Chula Vista Art Fest

September 30, Saturday 12 pm — 9 pm, Chula Vista City Hall. Join us at the Chula Vista Art Fest! Visit the First UU exhibit, and explore the wonderful artists of Chula Vista! Contact <u>rose</u> to volunteer or for more info!

Hillcrest In-Person Social Hour

October 1, Sundays, following worship, Bard Hall. Join your community in Bard Hall after the service for coffee, snacks, and conversation.

Virtual Social Hour

October 1, Sundays, 11 am, *bit.ly/FirstUUSocialHour*, Meeting ID 824 042 297. Password: FUUSD. Come one, come all to virtual Social Hour, and share your thoughts about the service or whatever is on your mind each Sunday just after the service. Let's keep connecting, even if not in person.

Meet and Greet with our new Intern Minister!

October 1, Sunday. 11:45 am — 12:30 pm, South Bay Campus. Rev. Justine Sullivan, *Lead Minister*, and Swamini Adityananda Saraswati, *Intern Minister*, will be joining South Bay for the Livestream on October 1. After the service there will be an opportunity to connect with Swamini, who will be learning and serving with us part-time over the next two years. You can also learn about Swamini in the Summer 2023 issue of *First Words Magazine*.

UU Animal Ministry of San Diego

October 1, first Sundays, 12 pm, Peace Garden. Join us as we work together to create an animal memorial garden. Bring tools, plants, memorial items, or just yourself! We will have tools to share. Contact <u>rose@firstuusandiego.org</u>.

Board Chat

October 1, first Sundays, 12:30 pm, *bit.ly/FirstUUBoard Chat*, Meeting ID: 863 0218 5062 Passcode: 203946.

Hillcrest Song Circle

October 1, first Sundays, 3 pm — 5 pm, Common Room. As always, bring your guitar/and or voice. We have music books but you may bring a song you would like to teach the group or a song you would like to perform for the group. <u>Wombated@gmail.com</u> or <u>cmack5913@gmail.com</u>.

Open Heart Sangha

October 1, Sundays, weekly, 4 pm — 5:30 pm, Bard Hall. The Open Heart Sangha, practicing mindfulness meditation in the tradition of Thich Nhat Hanh. All are welcome! Contact Marge, *margewur@gmail.com*.

What's Happening?

ZUUMERS

October 1, first Sundays, 6 pm — 7:30 pm, online. We are a neighborhood group without borders. Join us for interesting conversation and sharing. Visit with old friends and meet new ones. For info and Zoom link, contact Claudia at <u>obata.claudia@gmail.com</u>.

Handbells

October 2, Mondays, 5:30 pm — 7 pm, Meeting House. Handbell rehearsals will resume on Mondays. If you're interested in ringing with us, email tony@firstuusandiego.org.

Chalice Choir

October 4, Wednesdays, 7 pm — 8:30 pm, Bard Hall.

Rainbow Action Group's Koffee Klatch

October 8, second Sundays, 11:15 am — 12:15 pm, Room 323. Our in-person Koffee Klatch will be upstairs in Room 323, so bring some refreshments and join us. All family, friends and allies are invited.

Covenant of UU Pagans (CUUPS) of San Diego

October 8, second Sundays, 12 pm, Common Room and Peace Garden. Outdoors we will create ritual space in nature! Bring garden tools, small plants, decor, or other items. Indoors we will have items for divination and crafting. Contact **rose@firstuusandiego.org**.

Coping With Chronic Conditions Support Group

October 9, second and fourth Mondays, 1:30 pm — 3 pm, URL <u>*bit.ly/CopingCCGroup*</u>, or call 669-900-6833 with meeting ID 681-036-9317. New participants contact Chris Smith prior to attending at 619-300-7477 or <u>*email*</u> to discuss our covenant, mission statement, and password.

Caregivers/Allies Support Group

October 9, second Mondays & fourth Tuesdays, 4 pm — 5:30 pm, zoom. The Caregivers/Allies Support Group is welcoming prospective new participants. For additional information about participating contact *Les Vivian*.

UU Humanist Book Discussion Group

October 10, second Tuesdays, 6 pm, Room 320. For our next meeting we will discuss the <u>The Good Book: A</u> <u>Humanist Bible</u>. Contact <u>rose@firstuusandiego.org</u>.

Neighborhood Groups without Borders

October 11, second Wednesdays, 11 am — 1 pm, 4349 Adams Ave, San Diego, CA 92116. Susan Riegel Harding invites you to a brown bag lunch at her home. This is an opportunity to start meeting as a "Neighborhood Group" until we get formally organized. Coffee, water, and other beverages will be provided. Text RSVP to 619-987-6234 to reserve one of 14 available spaces each month.

Book Club

October 12, Thursday, 6 pm, Zoom. Please join us for a lively discussion of *Nickel Boys* by Colson Whitehead. He won his second Pulitzer for this novel. Contact *Minastaylor@gmail.com* for information or link.

Finance Committee Meeting

October 12, Thursday, 6:30 pm, link in the members area of the *website*. Non-committee members do not take part in discussions or have a vote.

Memory Matters Gathering

October 13, second and fourth Fridays, 10 am — 11:30 am, online, with Kathy Gilbert, LCSW, and Gay Hybertsen, LCSW. This is a place for those who worry about memory problems and their care partners. The gathering enables members to learn to deal with the consequences of memory loss. Email <u>hybertsen@att.net</u> for the link.

Women Together Meeting

October 14, second Saturdays, 12 pm — 2 pm, Common Room. Come see old friends, meet new friends, and experience sharing and caring. We will share our favorite travel memories and talk about special places we've been. For more information, contact <u>obata.claudia@gmail.com</u>.

Worship Arts Workshop

October 14, Saturday, 9 am — 2 pm, Hillcrest Campus. Join the Ministers and Staff of First UU for this day focused on the various skills, arts and processes involved in planning and leading worship! This workshop is open to all! Register *https://form.jotform.com/232135155979059*

Kirtan And Chanting For Peace

October 14, second Saturdays, 6 pm — 7 pm, Common Room. Donation-based community event. Engage in the spiritual practice of Kirtan, a nondenominational practice that has been a constant in all paths and religions. Getting together as a group is a fun way to do this and we can sing mantras using all kinds of instruments and genres of music. Dancing and movement is highly encouraged!

Board Meeting

October 17, Tuesday, 6:30 pm, Bard Hall and online. Open to congregants. Link in the *website* member area.

Conversation with Rev. Kristen Kuriga

October 21, Saturday, 10 am, Bard Hall and <u>https://bit.ly/UUSeniors</u>. Rev. Kristen Kuriga, Assistant Minister, will be with us to share about her areas of focus at the church. Honoring that many members and friends have died this year, she will also share with us about being with grief. Hosted by UU Seniors. Coffee and tea available at 9:45 am, in Bard Hall - come early and socialize! All are welcome. If you miss the program, the recording will be available on the church website.

The Keyboard Extravaganza

October 21, Saturday, 7 pm, Meeting House. Barbara Scheidker and Ken Herman will present Keyboard Extravaganza. Our program will include exciting music by Antonio Soler, Franz Joseph Haydn, W. A. Mozart, and Maurice Ravel as well as contemporary composers Paul Halley and Charles Callahan and some tunes from the Great American Songbook. A freewill offering will benefit First UU's Partner Church program.

What's Happening?

Steps to Membership Meeting

October 22, fourth Sundays, 11:15 am, Room 323. Join Rose Littler-Riedel to learn about membership at First UU. Find out what membership is all about.

Investigating Abrahamic Religions Study Group

(Previously the UU Christian Study Group) October 22, fourth Sundays, 12 pm, Room 321. We will watch and discuss a TedTalk about Islam. Join us!

Fourth Monday Meeting of UU Men's Fellowship

October 23, fourth Mondays, potluck 5:30 pm, Common Room. Visit the UUMF table on the patio or contact *jcksdca@gmail.com* for more info.

Organizing for Justice Meeting

October 26, fourth Thursdays, 6:45 pm, online. Please contact Newt Ferris for further information.

5th Tuesday Board Meeting now on 11-07-23!

November 7, Tuesday, 6:30 pm, <u>online</u>. Due to the 5th Tuesday of October falling on a holiday we will be meeting on November 7 instead!

Social Justice

Aids Walk

September 30, Saturday, <u>Join our team</u> for more detailed information. Join Rainbow Action in participating and supporting the AIDS Walk. Donate to help local HIV/AIDS service providers and educational outreach, honor or memorialize a beloved at our Unitarian Universalists Team page at: <u>https://donate.thecentersd.org/team/520467.</u>

Reproductive Transparency Now

October 24, Tuesday, 6:30 pm — 8 pm, Zoom. Reproductive Transparency Now representatives will talk with us about some of the deceptive tactics used to prevent individuals from accessing abortion and other reproductive care. This program is free and open to all ages, but we do accept free-will donations to help support our programming. Sign up *HERE* for zoom information.

Family & Lifespan

Sunday RE

Tony is away September 26 — October 10, but we'll still have our usual three groups for RE on Sunday. For any Lifespan needs, contact <u>kate@firstuusandiego.org</u> (for children's & family programs) or <u>lara@firstuusandiego.org</u> (for youth & young adult programs).

Young Adult Group (ages 22 - 35)

Tuesdays, 5:30 pm — 7 pm, Room 114b. This is an open, welcoming space to share meaningfully, play games, consider social and climate justice issues, and plan events. If you are interested in gathering with us, contact Youth and Young Adult Coordinator, *Lara Anderson*.

South Bay Campus

Chula Vista Art Fest

September 30, Saturday 12 pm — 9 pm, Chula Vista City Hall. Join us at the Chula Vista Art Fest! Visit the First UU exhibit, and explore the wonderful artists of Chula Vista! Contact <u>rose@firstuusandiego.org</u> or more info!

Gracias y Bendiciones

Saturdays, 9:45 am — 10 am, South Bay Campus. Every Saturday morning led by Social Justice Coordinator, Chris, and musicians from our FUUSD and South Bay worship teams. Saturday's services are bilingual.

South Bay Worship

Sundays, 10 am, South Bay Worship Hall. Join the South Bay community for Worship every Sunday.

South Bay Singers Rehearsal

Sundays, 11:45 am — 1 pm, South Bay Campus. Contact *Lorelei@firstuusandiego.org*.

South Bay Quinceañera

October 7, Saturday, 6 pm — 9 pm, South Bay Campus. Join us for a celebration of South Bay's 15th Anniversary. Registration required <u>HERE</u>.

South Bay Food Pantry News

You are the Pantry!

Food and diapers (and more) go to 400+ families each week through intensive efforts of a gazillion volunteers. Join us some Saturday morning? Prefer smaller groups or weekday volunteering? Available Friday or Saturday evenings? Or early Sunday mornings? Contact <u>foodpantry@firstuusandiego.org</u> to get on board.

The South Bay Food Pantry...

is located at 970 Broadway, Suite 101, Chula Vista 91911. Open to the public Saturdays 11 am — 12:30 pm. Contact *foodpantry@firstuusandiego.org* or 619-271-5017.

Food Pantry Collecting Supplies for Unsheltered Folk

Thanks for the plastic bags! The pantry can always use easy-open, no-cook food, hygiene items (soaps, toothbrushes & toothpaste, baby wipes, hand sanitizer), and adult diapers/briefs and other incontinence supplies. Drop off at Hillcrest on Sunday morning - the bin is now at the back of the meeting house.

How to Donate to the South Bay Food Pantry

Donate online or by check payable to FUUSD with "SB Food Pantry" in the memo. Mail to 4190 Front St., 92103.



South Bay Quinceañera Saturday, October 7th, 2023 from 6 pm-9 pm

First Unitarian Jniversalist Church of San Diego

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First Unitarian Universalist Church of San Diego South Bay Campus 970 Broadway, Suite 104, Chula Vista, CA 91911

Join us for a free, family-friendly Quinceañera celebrating South Bay's 15th Anniversary! Food, Music and Fun!! Registration required. Use the QR code to sign-up!



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EMMA'S REVOLUTION

"Fervent and heartfelt" ~The New York Times

Free admission. Registration required. Tickets at

7:30 pm Saturday November 4th 2023

Celebration Concert for FUU's 150th Anniversary

Known for fearless, truth-telling lyrics and melodies you can't resist, this awardwinning duo sings about critical issues.

Funded by the First UU Outreach and Growth Fund

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Front Street productions

First Unitarian Universalist Church of San Diego 298 W Arbor St. San Diego, CA 92103

Free parking in our accessible lot.

FirstUUSanDiego.org

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Week at a Glance Calendar

Saturday, September 30, 2023

Chula Vista Art Fest

September 30, Saturday 12 pm — 9 pm, Chula Vista City Hall. Visit the First UU exhibit, and explore the wonderful artists of Chula Vista! Contact <u>rose</u> to volunteer or for more info!

Sunday, October 1, 2023

Hillcrest In Person & Simultaneous Livestream Worship

In person or *online* at 10 am! Outdoor viewing available.

South Bay Worship

Sundays, 10 am, South Bay Worship Hall.

Hillcrest In Person Social Hour

Sundays, following service, Bard Hall. Coffee, tea and snacks.

Virtual Social Hour

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South Bay Singers Rehearsal

Sundays, 11:45 am — 1 pm, South Bay Campus. Contact *Lorelei@firstuusandiego.org* for details.

Meet and Greet with our new Intern Minister!

October 1, Sunday. 11:45 am — 12:30 pm, South Bay Campus. After the service there will be an opportunity to connect with Swamini, who will be learning and serving with us part-time over the next two years.

UU Animal Ministry of San Diego

October 1, Sunday, 12 pm, Peace Garden. Contact **rose@firstuusandiego.org**.

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Open Heart Sangha

Sundays, 4 pm — 5:30 pm, Bard Hall. margewur@gmail.com.

ZUUMERS

October 1, first Sundays, 6 pm, online. For more information and link, please contact Claudia at <u>obata.claudia@gmail.com</u>.

Monday, October 2, 2023

Handbells

Mondays, 5:30 pm — 7 pm, Meeting House. If you're interested in ringing, email *tony@firstuusandiego.org*.

Tuesday, October 3, 2023

Young Adult Group

Tuesdays, 5:30 pm — 7 pm, Room 114b. Young Adults aged 22-35 are gathering in room 114b every Monday. Contact Youth and Young Adult Coordinator, *Lara Anderson*.

Wednesday, October 4, 2023

Chalice Choir Rehearsal Wednesdays, 7 pm — 8:30 pm, Bard Hall.

Upcoming Events

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Kirtan And Chanting For Peace

With Patita Pavana Of Spirit Soul And Friends October 14, second Saturdays, 6 pm — 7 pm, Common Room. Donation-based community event.

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Investigating Abrahamic Religions Study Group

October 22, Sunday, 12 noon, Room 321.

POSTMASTER: Please send address changes to The Window, 4190 Front Street, San Diego, CA 92103-2098

First Unitarian Universalist Church of San Diego 4190 Front Street, San Diego, CA 92103-2098 Phone: 619-298-9978, Fax: 619-298-9997 E-mail: mail@firstuusandiego.org

Our Staff

Ministers:

Rev. Justine Sullivan, *Lead Minister* Rev. Kristen Kuriga, *Assistant Minister* Swamini Adityananda Saraswati, *Intern Minister* Rev. Jim Grant and Rev. Lone Broussard, *Affiliate Ministers* Rev. Bonnie Tarwater, Rev. Frank Placone-Willey, Rev. Julie Forest and Rev. Katy Swanson, *Community Ministers* Rev. Dr.'s Carolyn S. and Thomas A. Owen-Towle, *Minister Emerita/us*

Music Staff:

Marshall Voit, *Music Director* Lorelei Isidro-Garner, *Music Coordinator* Andrea Spiero, *JUUL Tones Ensemble Director* Tony Bianca, *Handbell Program Director* Tomás Acosta, *Collaborative Pianist*

Staff:

Robie Evans, Director of Operations Tony Bianca, Director of Lifespan Faith Formation Rose Littler-Riedel, Membership and Communications Lara Anderson, Youth and Young Adult Coordinator Chris Chambers, Social Justice Coordinator Jazmine Ramanathan, Administrative Assistant Kate Collier, Program Assistant Pam Bates, Scheduler Ray Evans, Facilities Manager Joshua Morrison, Janitor Connie Hayes, Controller / Bookkeeper Mark Epler, Event Coordinator

Board of Trustees

Everardo Aguilar, **President** Valerie Jaques, **Vice President** Sue Marberry, **Treasurer** Karen Lamphere, **Secretary** Leland Beck, Rosalba Ciampi, Steve Howard, Gay Hybertsen, and Paula Johnson, **Trustees**

Important E-mail Addresses:

General First Church E-mail: mail@firstuusandiego.org Scheduling of Church Property: schedule@firstuusandiego.org The Window (newsletter): window@firstuusandiego.org First Church Web Site: website@firstuusandiego.org http://www.firstuusandiego.org (Main site) http://www.firstuusandiego.org/uus-of-the-south-bay (UUs of the South Bay)

Contact the Main Office (Hillcrest Campus):

First Unitarian Universalist Church of San Diego 4190 Front Street, San Diego, California 92103 619-298-9978 • mail@firstuusandiego.org www.firstuusandiego.org **Office Hours:** Tuesday—Friday, 10 am to 2 pm and Sunday after Services

Contact the South Bay Campus (Chula Vista): Unitarian Universalists of the South Bay 970 Broadway, Suite 101 & 104, Chula Vista, California, 91911 619-271-5017 • uusouthbay@firstuusandiego.org www.firstuusandiego.org/uus-of-the-south-bay Campus Hours: Sunday for Service or By Arrangement