The Window
A Weekly Publication

Our Mission
Our mission is to create community, to nurture spiritual growth, and to act on our values to help heal the world.
Nuestra misión es crear comunidad, fomentar el crecimiento espiritual y vivir nuestros valores para ayudar a sanar el mundo.

Our Seven Principles
1. The inherent worth and dignity of every person;
2. Justice, equity, and compassion in human relations;
3. Acceptance of one another, and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience, and the use of the democratic process within our congregations and in society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part.

Hillcrest Campus Location
4190 Front Street
San Diego, CA 92103
619-298-9978

South Bay Campus Location
970 Broadway, Suite 104
Chula Vista, CA 91911
619-271-5017

September's Transformational Theme: Change

Join Us Online!

Sunday Morning Worship
September 6, 2020 9:30 am
"The Changing Cost of Labor" by Rev. Kathleen Owens, Lead Minister
Sunday Morning Online Worship

All In-Person Meetings on Both of Our Campuses Are Suspended Until Further Notice
Visit https://www.firstuusandiego.org/ on Sunday mornings to join us for virtual worship, and also to check the blog to keep up with the First UU staff! Some groups will be meeting virtually, watch The Window for instructions & meeting times.

September Generosity Offering
UUA Disaster Relief Fund
Communities across the U.S. are being affected by extreme weather and environmental disasters. In times like these, UUs and congregations turn to the UUA Disaster Relief Fund, which helps with costs like food, water, shelter and sanitation - basics that are now riskier to find for some of our neighbors who are particularly vulnerable to COVID-19 infection. The Disaster Relief Fund is a unique way for UUs to give back to each other and support the larger faith community. You can donate using the donate button on our website at www.firstuusandiego.org/donations.html.

Journey Toward Wholeness (JTW)
What Can I Do?
Read "Policing Is the Glue of Whiteness" written for Beacon Broadside by Howard Bryant, correspondent for NPR's Weekend Edition & featured speaker ("Full Dissidence") at June's UU Virtual General Assembly (GA). Thanks go to Mary Severine for the suggestion.
What's Happening?

Social Hour
Sundays, weekly, 10:30 am — 11:30 am, url https://bit.ly/FirstUUSocialHour or call in at 1-669-900-6833, Meeting ID 824 042 297.

Pagan Conversations
Sundays, weekly, 1 pm — 2 pm, Meeting Link: https://bit.ly/PaganConversations Meeting ID: 535-853-700. Join the Earth Centered Spirituality Circle (ECSC) via Zoom for a weekly, virtual version of Pagan Conversations. This is a time for pagans of varying traditions to come together in a guided discussion and be in community with one another. Topics vary weekly, and usually center on the church's monthly theme, upcoming Pagan holidays, and personal spiritual practice while allowing time to check in with how everyone is doing mentally, emotionally, and physically. If you have questions about the meeting, ECSC, paganism, or how our practices relate to Unitarian Universalism, please contact sdpagansuu@gmail.com at any time.

Open Heart Sangha
Sundays, weekly, 4 pm — 5:30 pm, online. The Open Heart Sangha continues to meet on Sunday afternoons through online Zoom gatherings. If you would like the link to the meetings, please contact Marge at margewur@gmail.com.

Cosmos
September 6, Sundays (first), 1 pm — 3 pm, https://bit.ly/CosmosFUUSD. We are currently watching Mathematical Cosmologist and Physicist Brian Swinme’s series, Canticle to the Cosmos. The episode for September 6 is: Fire in the Mind, Part 1. Cosmos explores the meaning of human existence in the greatest context we know of, the birth and evolution of the universe. It has its greatest application in our relationship to Earth and its inhabitants, including ourselves. Please feel free to join us. The only prerequisite is an open heart and mind. Sign up for our mailing list by sending an email to: cosmosnauts-subscribe@cosmiccelebration.com.
Contact James Long at kyolong1@gmail.com for more information.

Women's Chorus Rehearsal

Arts & Crafts Creative Social
September 8, second and fourth Tuesdays, 3 pm — 5 pm, Link to meeting: https://bit.ly/ArtGuildSocial, Meeting ID 945 4398 9126. Join members of the Art Guild for a few hours of creativity in community! This is a great time to work on ongoing projects, create Artist Trading Cards, begin new work, or even color in a coloring book alongside other artists.

Adopting the 8th Principle
Are you familiar with the 8th Principle? It states: "We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote: journeying toward spiritual wholeness by working to build a diverse multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions."

The UUA began working on the 8th Principle over two decades ago. https://www.8thprincipleuu.org/background
Your Board has initiated the discernment process for the congregation to study and decide whether to adopt this 8th Principle. If you would like to join the team working on this process, please contact board members Laura Ball at earlyworm@sbcglobal.net and / or Angela Garcia-Sims at agarciasim@aol.com. We plan to convene a first meeting of the team at 6 pm on September 24, via Zoom. If you can't make that time but are still interested, let us know that too!

Turn-Up Tuesdays
September 8, Tuesdays, 6 pm — 8 pm, http://bit.ly/TurnupTuesdays, Meeting ID 913 8630 7033. O4J will be hosting weekly Zoom gatherings where people can participate in GOTV and election-related activities. This Tuesday we’ll be writing postcards to POC voters in swing states, in conjunction with our UU the Vote partner, Reclaim Our Vote. RSVP to Isabella Furth at ifurth@me.com for instructions on how to participate, or just drop in. You’ll need postcards, stamps, and a pen. Note: if you’re already writing letters or postcards for another organization, like Indivisible or Vote Forward, you are welcome to bring that work and join us around the table! UUs are described as “people who TURN UP!" So think of Tuesday nights as a chance to TURN UP with your FirstUU family, to take action together in community and support each other in the work of justice and democracy.

Join Robie!
September 9, second and fourth Wednesdays, 4 pm — 5 pm, url http://bit.ly/JoinRobie2nd or call 1-669-900-6833, Meeting ID 821 3727 4274. During these “stay at home" times, our Director of Operations, Robie, is missing her church friends, new and old, and even those she hasn't met yet. Robie looks forward to this get-together!

Summer Virtual Pick-Up Choir

Movie Night
Thursday, September 10, 5 pm — 7:30 pm, online. Join Rev. Tania for a guided screening and discussion of the documentary 13th. Email rose@firstusandiego.org to sign up and receive the link to the movie.
**What's Happening?**

**Memory Matters Gathering**  
Fridays (second and fourth), September 11, 9:30 am — 11:30 am, Online, with Kathy Gilbert, LCSW, and Gay Hybertsen, LCSW. This is a place for those who worry about memory problems and forgetfulness; and their care partners. The gathering, therapeutic and educational, enables members to make new contacts, build trust, and learn to deal with the consequences of memory loss. Ongoing, drop in. Email hybertsen@att.net for the link to join.

**Small Group Facilitators’ Training**  
Interested in facilitating a small group? Are you already facilitating a group and would like some more training or support? Join Rev. Tania for a Small Group Facilitators’ Training on September 12 at 1 pm. To sign-up, please contact Jenner at Jenner@firstuusandiego.org.

**Rainbow Action Group’s Koffee Klatch**  

**Coping With Chronic Conditions Support Group**  
September 14, second and fourth Mondays, 1 pm, URL https://bit.ly/CopingCCGroup, or call 1-669-900-6833 with meeting ID 681-036-9317. Effective July 2020 our meetings will be held on the second and fourth Mondays of the month - we are no longer doing weekly meetings. New participants need to reach out to Chris Smith prior to attending a meeting at 619-300-7477 or email chris.smith7@cox.net to discuss our covenant and mission statement and receive the password to attend.

**Monthly Board Meeting**  
September 15, Tuesday, 6 pm, Online. Board of Trustees meetings are open to congregants via Zoom. For meeting information email President Sarah Ormond at: boardpresident@firstuusandiego.org.

**NEW – Mindfulness & Meditation Practice Group**  
September 16, Wednesdays, 7 pm — 9 pm, Online. Led by Keith Mesecher. Mindfulness is the practice of living our lives deeply. It is the art of living as joyfully and happily as possible and dealing with life’s difficulties as skillfully as possible. Meditation is a key practice for mastering this art of living. In the practice we cultivate mindfulness, loving kindness, compassion and a capacity to savor life while being a source of wellbeing for those around us and for our world. This group is open to people new to mindfulness, as well as experienced practitioners. Please arrive a few minutes early so you can settle in and not disturb the flow by arriving after we have begun. Contact keith@keithmesecher.com for the Zoom link.

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**Living the Homestretch**  
September 19, Saturdays (third), 10 am, online at https://bit.ly/LivingTheHomestretch. Meeting ID 911 2242 6361. The Homestretch Committee will present educational opportunities on various topics that can be explored during the pandemic. Please bring your own suggestions to the program. The presentation will be followed by breakout group discussions. All are invited.

**UU Men's Fellowship Fall Virtual Renewal**  
September 25 and 26, All men (new and veteran) are invited to the Virtual Fall Renewal where we may replenish and refresh the bonds usually reserved for the fresh mountain air of Julian or Camp deBenneville Pines. There will be three sessions: Friday evening, 7 pm — 9 pm Saturday morning 9 am — 11 am, and a Saturday evening ritual from 7 pm — 9 pm. Saturday afternoon an optional workshop / discussion on racism will be led by Anthony Johnson, an African American UU minister, from Sedona Arizona. There is no fee for the weekend, although all funds donated will be directed to our forest home / refuge, Camp de Benneville Pines to help them survive financially during the Covid-19 shutdown. To obtain more information and to register, please contact Mike Dorfi, 619-466-5952 or mdorfi@cox.net.

**Fourth Monday Meeting of the UU Men's Fellowship**  
Monday, September 28, 7 pm, Zoom. A meeting open to all men. Join us for a discussion of a topic relating to men’s issues. For more information about the meeting and how to join in send an email to Kcohn@sanrr.com.

**Virtual Meetings with Rev. Kathleen**  

**Virtual Meetings with Rev. Tania**  
To schedule a virtual appointment with Rev. Tania, do so here: https://calendly.com/tymt77/30min.

**Spanish Speaking Wisdom Circle Facilitator Needed**  
We would love to resume a Spanish wisdom circle this coming season. If you'd like to host this group, contact Rev. Tania at tania@firstuusandiego.org.

**How to Call Into a Zoom Meeting**  
No computer? No Problem! You can still join us at our virtual meetings. To call into a Zoom meeting and join us by phone simply call 1-669-900-6833! When prompted, enter the meeting ID number and be connected.
South Bay Social Hour
Sundays, weekly, 11 am, [https://bit.ly/SBSocialHour](https://bit.ly/SBSocialHour). Join in for a South Bay Social Hour. The password will be provided during the worship service.

Small Group Facilitators Wanted
Rev. Tania is looking for small group facilitators for Wisdom Circles and other identity based groups. If you’re interested, fill out this form: [https://forms.gle/fUSDDzbfiKnMxqtK8](https://forms.gle/fUSDDzbfiKnMxqtK8)

South Bay Singers Rehearsal

El Puerto - Closed
Están invitados a unirse a nuestro círculo de sabiduría en español el 4to sábado del mes a las 4 pm. Para más información, contactar a la Rev. Tania Y Márquez [Tania@firstuusandiego.org](mailto:Tania@firstuusandiego.org).

Community Needs of Older Adults Survey
The Community Congregational Development Corporation (CCDC) is sponsoring this survey to learn about the needs of older adults living in Chula Vista or the South Bay. Since 1970, CCDC has provided housing and services to improve the quality of life of older adults living in the region. Your answers to this survey will help inform how CCDC best works with community partners to fulfill its mission. Please submit your completed survey no later than Friday, September 18th, for the opportunity to win one of five $25 gift cards.

LeSar Development Consultants (LDC) is conducting the survey for CCDC. The survey should take approximately 10 minutes. Your individual answers and personal information will not be shared outside LDC. The combined results will be shared with CCDC and participating community groups to help enhance services for seniors. Thank you for completing the survey! [Take the survey.](#)

Encuesta sobre las Necesidades Comunitarias de Adultos Mayores
La Corporación de Desarrollo Congregacional de la Comunidad (CCDC) es la patrocinadora de esta encuesta para informarse sobre las necesidades de los adultos mayores que viven en Chula Vista o en el sur de la bahía. Desde 1970, la CCDC ha proporcionado viviendas y servicios para mejorar la calidad de vida de los adultos mayores que viven en la región. Sus respuestas a esta encuesta ayudarán a informar cómo CCDC trabaja mejor con los socios de la comunidad para cumplir su misión. Por favor envíe su encuesta completa a más tardar el viernes 18 de septiembre para tener la oportunidad de ganar una de las cinco tarjetas de regalo de $25.

LeSar Development Consultants (LDC) está llevando a cabo el estudio para la CCDC. La encuesta tomará aproximadamente 10 minutos. Sus respuestas individuales e información personal no serán compartidas fuera de LDC. Los resultados combinados serán compartidos con CCDC y los grupos comunitarios participantes para ayudar a mejorar los servicios para las personas mayores. ¡Gracias por completar la encuesta! [Realice la encuesta en español.](#)

Church Directory Update
It’s time to update your Membership Directory photo and contact information!
Submit your pictures and updates to: [rose@firstuusandiego.org](mailto:rose@firstuusandiego.org)
You may have a picture of you alone, or with your partner, or family, or pet!
Social Justice

Virtual Meetings with Angela
To schedule an online appointment with Angela (to ask a question, propose an idea or just hang out), do so here: https://calendly.com/angelafujii/30min

Transgender Inclusion in Congregations E-Course
Help First UU renew our Welcoming Congregation status for the year by participating in Transgender Inclusion in Congregations 6-session webinar series from the Transforming Hearts Collective. Rainbow Action and Social Justice are facilitating weekly meetings to discuss each session starting on Sundays from 1 pm — 2:30 pm, starting September 27 and continuing on Sundays through November 1. To enroll in the online course, contact Angela@firstuusandiego.org.

Climate Justice Team

The problem: Climate crisis: 11,000 scientists warn of ‘untold suffering’ www.theguardian.com
Statement sets out ‘vital signs’ as indicators of magnitude of the climate emergency.

One of the things you can do to fight this climate emergency is to vote for candidates who see it as if it were their house on fire! We need leadership! Get involved! Go to candidates' virtual Meet & Greets or fundraisers and ask them questions related to climate change. Help get out the vote! Sample ballots will start being mailed out 9/24 and vote by mail ballots will be sent to all Californians starting 10/5. Get your ballot in early!

One part of the solution:
The diet that helps fight climate change https://www.youtube.com/watch?v=nUnJQWO4YJY.

Family Ministry

Religious Education Programming Through September
We’re in a time of transition. As the school year begins, our Summer RE is drawing to a close but we’re still in the process of seeking a consultant to help us design a program for the 2020/21 year. Over the next five weeks or so, we'll be keeping some of our current programming the same and shifting the focus in other areas to respond to our families' needs. Here’s what will be happening:

Sunday RE - (Sundays at 1 pm) Join us on Sundays for more stories and discussion around our principles and values.

Saturday Science & Stories - We’ll gather in Zoom Saturday at 10 am to learn about animals and hear stories that help us explore our values.

Homework Help - We’re starting a new program to help support our families and take some pressure off our parents as students go back to school (virtually). If you’d like your child to have some 1-on-1 time with Tony and/or other adult volunteers for help with school work, tutoring, mentoring, enrichment activities, or just to check in, please email Tony@firstuusandiego.org to set up a time.

For the safety of our children the zoom links for these meetings are not public, to request information contact tony@firstuusandiego.org.

Parents’ Lounge

Senior High Youth
Youth in grades 9-12 are meeting online via Zoom on Wednesdays at 4 pm and Sundays at 11:30 am. Senior High youth are having Movie Night on Fridays. To get more info, contact Käthe at kathe@firstuusandiego.org.

Middle School Youth Group
September 6, Sundays (weekly), 2 pm, online. The Summer Middle school group for youth in grades 6-8 will meet to discuss global warming, climate change and how this relates to our 7th principle. We will discuss these and other ideas after watching The Simpsons episode, “On a Clear Day, I Can’t See My Sister.” To get more info, contact Käthe at kathe@firstuusandiego.org.
You Can Still Make Financial Donations
Directly to the Food Pantry!
Both one-time and monthly sustaining donations help us stay open! No amount is too small, or too large. Donate online via credit card at https://www.firstuusandiego.org/donations.html or make checks payable to FUUSD and write "SB Food Pantry" in the memo line. Mail checks to Robie Evans, FUUSD, 4190 Front St., San Diego, CA 92103.

The South Bay Food Pantry...
is located at 970 Broadway, Suite 101, Chula Vista 91911. It is open to the public Saturdays from 11 am - 12:30 pm and to congregants by appointment.

Contact
Maureen McNair: memcnair948@gmail.com.
To reach the food pantry by phone call 619-271-5017. The phone will take your message.

Volunteer Opportunities
1. Are you available on Tuesdays to go into the South Bay Food Pantry briefly? You will not need to have contact with anyone else.

2. Would you like to use your tech skills to format the cookbook we want to give to our pantry clients at Christmas?

If you would like to volunteer for either of these opportunities, please contact Maureen.

If You Would Like to Read More
About Excess Food, Hunger and What San Diego County is Doing
to address our food supply system, please read Maureen’s article in the coming October issue of our church magazine, First Words.

Food Pantry

dairy
sweets
pasta
mixed vegetables
peas
meat
cereal
macaroni and cheese
corn
green beans

snacks
bread
peanut butter
soup
tomatoes
fruit
juice
dry beans
sugar
rice
Pork Patties and an Iced Latte

by Maureen McNair

Last week, Dana and Loren Tomlinson took their pickup truck on vacation, went boating on a lake, and left me to figure out food pick up and delivery for the pantry.

The three of us have a good thing going. We plan what we are going to do to get food to the pantry, then we follow the plan.

Since our pantry does not own a pickup truck or delivery van and I own a Prius, I called around to other pantries to see if anyone had an extra truck to deliver food for our Saturday morning distribution.

Saturdays are busy food distribution days so I made lots of calls. Pantry friend Andre, who lives and works in Carlsbad, came through for us, and this is not the first time.

Once, Andre decided our pantry needed another refrigerator. So, he gave us a used one, which he drove down from Carlsbad in the back of his pickup truck.

When Andre arrived in our parking lot with the refrigerator, I noticed he did not bring portable ramps. Portable ramps are gadgets that allow a person to take an appliance strapped to a dolly and roll the appliance from the truck bed to the ground.

“Did you bring portable ramps?” I asked Andre. “I have what I need,” he said.

Andre then reached into his pickup truck bed, wrapped his arms around the full sized refrigerator, lifted it to the ground, and carried it across our parking lot into what used to be the church social hall.

I followed Andre carrying a reasonably-sized object — an iced latte.

I have had fair warning that Andre and I have very different frames of reference for what is over-whelming and what is matter of fact.

So, it should not have come as a surprise to me when early last Saturday morning a box truck roughly the size of my house pulled into our pantry parking lot.

The bed of Andre’s box truck is so high from the ground portable ramps are useless. Instead, the box truck is built with its own rear elevator, a gadget called a hydraulic lift. Men inside the truck use portable hydraulic lifts to pick up 4’ x 4’ wooden pallets of boxed food, move the pallets to the rear lift, which then lowers the pallets and boxes to the ground.

Andre has gifted us with lots of boxes of food — boxes with 360 loaves of bread and over 2,000 pounds of produce. The rest of his truck is filled with boxes which contain bags of frozen pork patties.

Pork patties need refrigeration and, despite Andre’s earlier gift of a refrigerator, we do not have nearly enough cold space for the sheer volume of pork patties he has delivered.

When the big box truck finally leaves, I am left with pallets of boxes of pork patties lined up on the sidewalk outside the pantry. I throw a freezer blanket over them to keep them cold.

When Rev. Arvid Straube, our retired minister, arrives to start his volunteer shift, he does not know what is there to greet him. Rev. Arvid bends over so many times to lift 2-lb bags of pork patties from the boxes into our refrigerators, Rev. Arvid throws out his back.

Luckily, the Air Force arrives. By the Air Force, I mean our temporary volunteer, Jared Blackwell, a Southwestern College student helping us out until he leaves for Air Force boot camp at the end of September. Jared finishes putting as many bags of pork patties into our refrigerators as they will hold. The rest of the pork patties stay on pallets in boxes under a freezer blanket.

During our food distribution, Cali and Gene N-L, who are both vegans, give away as many bags of pork patties as our pantry guests will take. I say things to pantry guests like, “Take as many bags as you want.”

Nevertheless, at the end of our food distribution, we have more than a packed refrigerator of pork patties left over. Since the patties have been previously frozen and are now thawing, they cannot be refrozen. I do not know how long they would keep in a refrigerator. I need to find someone who can eat them right away, or we are going to have to throw away the remaining pork patties.

I text every pantry I know that distributes food on Saturdays asking if they could distribute the pork patties.

The other local pantries had finished their food distributions for the day too.

Then Rev. Arvid, who despite his sore back has stayed on site, comes up with a brilliant idea. He asks our neighboring deli owner, Omar, if Omar can use the pork patties.

Yes. Omar says yes!

Then, Omar has his own brilliant idea. He says he will drive the pork patties to a refugee camp in Tijuana.

The Air Force carried the pork patties to Omar’s deli. Dana and Loren had a fabulous vacation and are back for food pick up and delivery this week. And, when I finally left the pantry, I enjoyed another iced latte.
Friday, September 4, 2020
Senior High Youth Movie Nights
Fridays at 5 pm. To get more info, contact Käthe at kathe@firstuusandiego.org.

Saturday, September 5, 2020
South Bay Campus Food Drop Off
Drop off bagged or boxed food every Saturday from 9:30 am — 10 am.

Saturday Science, Stories and Songs
Saturdays at 10 am. Children's RE programming. Request meeting information from tony@firstuusandiego.org.

Food Pantry Hours
970 Broadway Suite 101, Chula Vista 91911. Our food pantry distributes food every Saturday from 11 am — 12:30 pm.

Sunday, September 6, 2020
Live Streamed Worship

Social Hour

South Bay Social Hour

Senior High Youth Group
Sundays at 11:30 am. To get more info, contact Käthe at kathe@firstuusandiego.org.

Parents' Lounge

Children's Religious Education
Sundays, 1 pm. Request meeting information from tony@firstuusandiego.org.

Pagan Conversations

Cosmos
Sundays (first), September 6, 1 pm — 3 pm, Online. Contact James Long at kyong1@gmail.com for the link.

Middle School Youth Group
Sundays at 2 pm. To get more info, contact Käthe at kathe@firstuusandiego.org.

Open Heart Sangha
Sundays, weekly, 4 pm — 5:30 pm, for the link to the meetings please contact Marge at margewur@gmail.com.

Monday, September 7, 2020
Women's Chorus Rehearsal

South Bay Singers Rehearsal

Tuesday, September 8, 2020
Arts & Crafts Creative Social
September 8, second and fourth Tuesdays, 3 pm — 5 pm, Link to meeting: https://bit.ly/ArtGuildSocial.

Turn-Up Tuesdays

Wednesday, September 9, 2020
Join Robie!

Senior High Youth Game Days
Wednesdays at 4 pm. To get more info, contact Käthe at kathe@firstuusandiego.org.

Summer Virtual Pick-Up Choir

Thursday, September 10, 2020
Movie Night
Thursday, September 10, 5 pm — 7:30 pm, online. Join Rev. Tania for a guided screening and discussion of the documentary 13th. Email rose@firstuusandiego.org to sign up and receive the link to the movie.
Calendar of Events

Upcoming Events

Memory Matters Gathering
September 11, Fridays (second and fourth), July 10, 9:30 am — 11:30 am, Online. Email hybertsen@att.net for the link.

Rainbow Action Group's Koffee Klatch

Coping With Chronic Conditions Support Group

Monthly Board Meeting
September 15, Tuesday, 6 pm, Online. Board of Trustees meetings are open to congregants via Zoom. For meeting information email President Sarah Ormond at: boardpresident@firstuusandiego.org.

NEW – Mindfulness & Meditation Practice Group
September 16, Wednesdays, 7 pm — 9 pm, Online. Contact keith@keithmesecher.com for the Zoom link.

Living the Homestretch
September 19, Saturdays (third), 10 am, online at https://bit.ly/LivingTheHomestretch, Meeting ID 911 2242 6361.

Fourth Monday Meeting of the UU Men’s Fellowship
Monday, September 28, 7 pm, Zoom. A meeting open to all men. For more information email Kcohn@san.rr.com.

Notes
Our Staff

Ministers:
Rev. Kathleen Owens, Lead Minister
Rev. Tania Márquez, Assistant Minister
Matthew Waterman, Intern Minister
Rev. Jim Grant and Rev. Lôme Broussard, Affiliate Ministers
Rev. Bonnie Tarwater, Rev. Frank Piccone-Willey,
Rev. Julie Forest, and Rev. Katy Swanson
Affiliate Community Ministers
Rev. Dr. Carolyn S. Owen-Towle, Minister Emerita
Rev. Dr. Thomas A. Owen-Towle, Minister Emeritus

Music Staff:
Chase Pado, Pianist
Lorelei Garner, SB Music Coordinator & Women’s Chorus Director
Andrea N-L, JUUL Tones Ensemble Director
Tony Bianca, Handbell Program and Children’s Choir Director

Staff:
Robie Evans, Director of Operations
Käthe Larick, Youth Programs Coordinator
Tony Bianca, RE Program Assistant
Rose Riedel, Office Manager
Angela Fuji, Social Justice Coordinator
Jenner Daelyn, Connections Coordinator and Scheduler
Connie Hayes, Bookkeeper / Controller
Ray Evans, Maintenance
Mark Epler, Event Coordinator

Board of Trustees
Sarah Ormond, President
Rev. Julie Forest, Vice President
James Long, Treasurer
Angela Garcia-Sims, Secretary
Laura Ball, Andrea Gonzalez, Brian Krohne, Kathleen MacLeod and Maureen McNair, Trustees

Important E-mail Addresses:
General First Church E-mail: mail@firstuusandiego.org
Scheduling of Church Property: schedule@firstuusandiego.org
The Window (newsletter): window@firstuusandiego.org
First Church Web Site: website@firstuusandiego.org
http://www.firstuusandiego.org (Main site)
http://www.firstuusandiego.org/uus-of-the-south-bay (UUs of the South Bay)

Contact the Main Office (Hillcrest Campus):
First Unitarian Universalist Church of San Diego
4190 Front Street, San Diego, California 92103
619-298-9978 • mail@firstuusandiego.org
www.firstuusandiego.org

Office Hours:
Monday—Friday, 9 am to 4 pm and Sunday after Services
Sunday Morning Urgent Contact: 619-947-4612

Contact the South Bay Campus (Chula Vista):
Unitarian Universalists of the South Bay
970 Broadway, Suite 101 & 104, Chula Vista, California, 91911
619-271-5017 • uusouthbay@firstuusandiego.org
www.firstuusandiego.org/uus-of-the-south-bay
Campus Hours: Sunday for Service or By Arrangement