

The Window

A Weekly Publication



First
Unitarian Universalist
Church of San Diego

Our Mission

Our mission is to create community, to nurture spiritual growth, and to act on our values to help heal the world.
Nuestra misión es crear comunidad, fomentar el crecimiento espiritual y vivir nuestros valores para ayudar a sanar el mundo.

Our Eight Principles

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

1. The inherent worth and dignity of every person;
2. Justice, equity, and compassion in human relations;
3. Acceptance of one another, and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience, and the use of the democratic process within our congregations and in society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part;
8. Building a diverse multicultural Beloved Community by our actions that accountably dismantle racism and oppressions.

Hillcrest Campus Location
4190 Front Street
San Diego, CA 92103
619-298-9978

South Bay Campus Location
970 Broadway, Suite 104
Chula Vista, CA 91911
619-271-5017

August's Transformational Theme: **Re-imagining Community**

Join Us In Person or Online!

In Person Worship

"The Church That We Will Become Will Catch Us"

Rev. Arvid Straube, *Guest Minister*
August 29, 2021 9:30 am
Hillcrest Campus

Sign in at <https://rsvp.church/r/0cQJU1PE>

Sign the Health Safety Covenant at:

www.firstuusandiego.org/reopening-team.html

Online Worship ASL & ESP Translation

"The Church That We Will Become Will Catch Us"
"La Iglesia en la que nos convertiremos nos atrapará"

Rev. Arvid Straube, *Guest Minister*
August 29, 2021 11:30 am
Online

Watch the Service online at <https://www.firstuusandiego.org/>

5th Sunday Generosity Offering Partner Church - Romania

Every fifth Sunday this year our generosity offering will be given to our partner church in Transylvania. This partnership goes back decades and we are proud to share with them to strengthen this faith and our common bond. Thank you for your generous gift to these cousins in our shared faith. Donate using our website at www.firstuusandiego.org/donations.html, under gift designation select "Generosity."

The deadline for the next issue of
The Window is:

September 1 (**Wednesday**) at 8 am

If you would like an announcement
placed in the Window, please email:

[**rose@firstuusandiego.org**](mailto:rose@firstuusandiego.org)

**The Window submission
maximum is 60 words**

What's Happening?

Reopening Team Progress Report – Aug. 26, 2021

Happily we have experienced two in-person large gatherings on our campus, the Saturday evening musical event in honor of Rev. Kathleen, and the Sunday worship service in the meeting house marking the end of her ministry with us after 14 memorable years. In most ways the recommended protocols about masks and distancing were observed, and so far no negative outcomes have been reported. We are pleased to continue recommending more in-person happenings.

But first, we must note that the Delta coronavirus variant continues to cause an increasing number of cases. The best action any of us can take for personal health and community well being is to get fully vaccinated. Vaccinated persons are FAR less likely to face hospitalization or worse. The disease can surely be spread by those not vaccinated but also by the fully vaccinated who become infected even without symptoms. Thus, masks will continue to be necessary at all church gatherings. The best mask is the N95 respirator type, made of non-woven polypropylene fabric. Similar in many ways is the KN95 mask, not a true respirator but potentially very effective if purchased from a reputable source. No vented masks, please. Until case loads peak and come down we will take only cautious steps related to in-person events.

We said about Rev. Kathleen's final Sunday we should observe sufficient distancing in the meeting house and at the end there should be no receiving line. Well, six feet apart means leaving three empty seats, not just one, between individuals or family groups. We saw less than perfect compliance with this on Sunday. We can do better. And about no reception line, um, how long was that actual line? So hard to control but we'll try to do better. Read on.

Next Sunday Rev. Arvid Straube will be leading our

worship at 9:30 am in the meeting house. Masks required. Please try for six feet apart. Meeting house doors will be closed to help the air-circulation system do its job (click [here](#) for full explanation). No singing. Please register ahead online [here](#); inside seating will be limited to 150 people. Those who show up unregistered could be turned away, or they could unfairly be taking seats available for the pre-registered. Please no reception line afterwards. No social hour.

On Sunday, Sept. 5, Rev. Jim Grant will lead, with our transitional minister, Rev. Michael Brown present in person. Masks required, etc. We'll work out something, outdoors, for Rev. Michael to take questions or listen to comments. There will not be a one-on-one, shake hands opportunity, only a group setting.

An online service will be presented at 11:30 am every Sunday going forward for the foreseeable future for those who prefer this format or wish to choose the safer option.

We will do our best to keep track of who attends services in person, in case some spread occurs. This is best done by you entering your data ahead of time, rather than by us trying to gather your data at the time of the event. Please do your part.

If you attend any event and experience any unusual symptoms in the next couple of days please get tested ASAP. And please report any positive results immediately so we can put the word out (without mentioning your name of course).

Click [here](#) for all sorts of good information to have before you return to campus in person this weekend! So far in our limited in-person experience we have seen apparent smiles under the masks. A happy turn of events.

Register for Sunday Worship!

We will be worshipping live at the Hillcrest Campus on Sundays at 9:30 am! (Virtual Worship will still be made available at 11:30 am) Masking will be required at all times while on campus. Skip the (socially distanced) lines by signing in ahead of time at <https://rsvp.church/r/0cQJU1PE> and signing the Health Safety Covenant online at www.firstuusandie.go.org/reopening-team.html. Indoor seating limited to 150 at this time.

Pick up your green (hug me!), yellow (ask first), or red (6 foot distance) wristband when you arrive at church!

Needed:

Another commode for our medical lending equipment supply. If you have one to donate, as well as free up space in your garage, please contact Peggy Holl at 619-787-5770 or peggyholl@cox.net

Worship Interpretation

Our in-person worship services will be offered mostly in English with some Spanish. There will not be any ASL interpretation at the in-person service at this time. The online service will have spoken and captioned Spanish and ASL interpreted. Watch this space for changes later in the fall when the Sunday in-person is live-streamed with ASL and Spanish interpretation.

Staff Announcement

We are pleased to announce a new staff addition to our team, Joshua Morrison, our new janitor. He will be serving the church Friday through Tuesday with Wednesday and Thursday off. Because of budget constraints, we have brought this position back to a true staff position (not through a custodial service). We also want to thank Antonia Duarte of Allied Services for her ten years of exemplary service with our church. We will miss her!

What's Happening?

First UU & Preventing Overpolicing Through Equitable Community Treatment (PrOTECT)

Organizing 4 Justice is working with the San Diego Organizing Project to support PrOTECT. First UU members can help by urging our City Councilmember Steven Whitburn to support the PrOTECT measure which will end the practice of pretext stops to increase police accountability and reduce bias. If you are interested in learning more, reach out to us at erik.kaestner@gmail.com.

News from the Caring Ministry Team

- * Effective immediately the Monday night Compassion Corner zoom will no longer be offered.
- * We will not have a Lay Minister available after Sunday services, due to reopening / COVID consideration
- * The Lay Ministers will continue to handle all calls on the Pastoral Care Cell Phone at 619-370-0891. That number is now available for any congregant to use to talk to a Lay Minister.

Job Postings at First UU!

We currently have the following positions open: **Music Director** & **Program Assistant**. Application procedure: If interested in either position, Submit cover letter, resume and two letters of reference; Electronic submissions only (careersfirstusd@gmail.com). Reference "Music Director" or "Program Assistant" in the subject line. No phone calls please. Program assistant deadline Sept. 1. Music Director deadline Sept. 12

Monthly Report from the Board of Trustees

The most recent Board meeting was August 17. Beginning with happy news, the Board unanimously approved Congregational Sponsorship of Rose Reidel, our Office Manager and student at Starr King School of Ministry, to support her process of becoming a UU Minister. We heard a summary of finances and approved an Annual Pledge Drive for this Fall. As we face a series of short term ministers, the Board agreed to a temporary administrative structure in which those ministers will be supervised by the Board of Trustees; Omega Burckhardt, the Assistant Minister arriving Sept. 19, will be supervised by the Julie Forest, Board President; and, Robie Evans, Director of Operations, will serve as Head of Staff, supervised by Board Vice President Cora Pendergast. We approved Juneteenth as an additional staff holiday, brainstormed ideas with the Journey Toward Wholeness (JTW) Chair, Valerie Jaques, for a new charge for JTW, conducted self-education on governing the Board itself and our institution as a democracy under our Fifth Principle, and asked for the existing policies and practices from the Nominating Committee, which is in charge of nominating people for all elected positions. We responded to prior Open Mic's from Scott GrantSmith and Valerie Jaques. We heard new Open Mic presentations from Sue Marberry, Marcia Biller, and Kathleen MacLeod. Full minutes will be posted in the Members' section of the FUUSD website once they are approved by the Board.

~ Maureen McNair, Trustee at Large

Memory Matters Gathering

August 27, Fridays (second and fourth), 10 am — 11:30 am, Online, with Kathy Gilbert, LCSW, and Gay Hybertsen, LCSW. This is a place for those who worry about memory problems and forgetfulness; and their care partners. The gathering, therapeutic and educational, enables members to make new contacts, build trust, and learn to deal with the consequences of memory loss. Ongoing, drop in. Email hybertsen@att.net for the link.

Virtual Social Hour

August 29, Sunday, 12:30 pm — 1:30 pm, <https://bit.ly/FirstUUSocialHour>, or call in at 1-669-900-6833, Meeting ID 824 042 297. Password provided during worship.

Open Heart Sangha

August 29, Sundays, weekly, 4 pm — 5:30 pm, online. The Open Heart Sangha continues to meet on Sunday afternoons through online Zoom gatherings. Contact Marge, margewur@gmail.com for the link.

Worship Planning

August 31, Tuesdays, 4 pm — 5 pm, <https://bit.ly/WorshipPlanning1UU>, or call in at 1-669-900-6833, Meeting ID 841 0548 1861 Passcode: 092833. We want to encourage direct conversations and find ways to co-create worship that is meaningful.

Organizing 4 Justice Monthly Meeting

Wednesday, September 1, 6pm, <https://bit.ly/O4Jsept1>. We will be debriefing our meeting with councilmember Whitburn, catching up and strengthening relationships, and continuing our work in support of the PrOTECT act as well as housing and food insecurity. Contact us at erik.kaestner@gmail.com for more information or meeting ID number.

First UU Summer Music Lecture Series & Sing-Along

Wednesday, September 1, 7 pm, <https://bit.ly/MusicLectureSeries>, Meeting ID 856 3744 7406, Passcode 191707. Join us for another night of exploring Broadway and Opera. This week's theme: "Villains!"

Board Chat

Sundays (first), September 5, 12:30 pm, <https://bit.ly/FirstUUBoardChat>, or call in at 1-669-900-6833, Meeting ID: 863 0218 5062 Passcode: 203946. Have a question for your Board of Directors or something you would like them to know? There's a Zoom Board Chat at 12:30 pm right after our service.

Is Your Group Meeting Virtually or in Person?

Send information to rose@firstusandiego.org to be included in The Window!

What's Happening?

Cosmos

September 5, Sundays (first), 1 pm — 3 pm, <https://bit.ly/CosmosFUUSD>, Passcode: 242202. We are currently watching Brian Swimme's series, *The Story of the Noosphere*. Please feel free to join us. The only prerequisite is an open heart and mind. Contact James Long at kyolong1@gmail.com for information or meeting ID.

Join Robie!

September 8, second and fourth Wednesdays, 4 pm — 5 pm, url <http://bit.ly/JoinRobie2nd> or call 1-669-900-6833, Meeting ID 821 3727 4274. During these "stay at home" times, our Director of Operations, Robie, is missing her friends, new and old, and even those she hasn't met yet!

Creative Writing Group

September 11, Saturdays (second), 10:30 am — 12:30 pm, <http://bit.ly/CreativeWritingFirstUU>, or call in at 1-669-900-6833, Meeting ID: 868 9505 3014 Passcode: 361410. This group is for anyone with a desire to create and experiment with different styles of writing. This is a great space to meet individuals who want to share their creative abilities with others. RSVP to evagarciamayers@yahoo.es if you plan to attend. A minimum of three attendees is required for the group to be hosted each month.

Pagan Conversations

September 12, Sundays (second and fourth), 1 pm — 2 pm, Meeting Link: <https://bit.ly/PaganConversations>, or call in at 1-669-900-6833, Meeting ID: 535-853-700. Join the Earth Centered Spirituality Circle (ECSC). Contact sdpagansuu@gmail.com.

Rainbow Action Group's Koffee Klatch

September 12, Sundays (second), 1:30 pm (*different time this week only!*), URL <https://bit.ly/RainbowKlatch>, password: 893622, or call in at 1-669-900-6833, ID 899 4140 9956, PW 893622. Rainbow Action Group's Koffee Klatch has gone virtual. Join us! All "family" friends and allies invited. The event is hosted by John Keasler and Louise Titlow.

Coping With Chronic Conditions Support Group

September 13, second and fourth Mondays, 1 pm, URL <https://bit.ly/CopingCCGroup>, or call 669-900-6833 with meeting ID 681-036-9317. New participants reach out to Chris Smith prior to attending a meeting at 619-300-7477 or email chris.smith7@cox.net to discuss our covenant and mission statement and receive the password.

Caregivers/Allies Support Group

Mondays (second), September 13, 3 pm — 4:30 pm, online. The Caregivers/Allies Support Group is welcoming prospective new participants. Members and friends of the First Unitarian Universalist Church of San Diego who are seeking additional information about participating, should contact Rose Riedel at Rose@firstuusandiego.org.

Arts & Crafts Creative Social

September 14, second Tuesdays, 3 pm — 5 pm, Link to meeting: <http://bit.ly/FirstUUArtGuild> or call in at 1-669-900-6833, Meeting ID 860 2031 2916, Passcode 587290. Join members of the Art Guild for a few hours of creativity in community! Work on ongoing projects or even color in a coloring book alongside other artists.

Living the Homestretch

September 18, Saturdays (third), 10 am, bit.ly/LivingTheHomestretch, or call in at 1-669-900-6833, Meeting ID 911 2242 6361. Rhea and Armin Kuhlman will lead a discussion on how climate change affects seniors differently from younger folks and how seniors can address the effects of climate change.

"Arab Americans: Who Are They?"



Sunday, September 19, 4 pm, online. Presenters Doris Bittar and Ojemi Touma are distinguished Arab American women leaders who serve on the San Diego Arab American Anti-Discrimination Committee. They will expose inaccurate media-generated stereotypes and myths about Arabs and Arab Americans and share personal experiences to show what Arab Americans contend with in attempting to be seen, heard, and accepted as American citizens. Save the date. More details and registration information will follow.



Friends of Camp de Benneville Pines

Sundays (third), September 19, 6:30 pm — 8 pm, online. Friends of Camp de Benneville Pines meet via Zoom on third Sundays. Newcomers are welcome. To be added to the ZOOM invite list, please contact john@schaibly.com.

Monthly Board Meeting

Tuesday, September 21, 6 pm, online. Board of Trustees meetings are open to congregants via Zoom. Find the zoom link in the member's only section of the [website](#).

AIDS Walk and Run San Diego

Spanning four days, from Thursday, September 23 through Sunday, September 26, with an outdoor community celebration on Saturday, September 25 at The Center. Our Rainbow Action team is planning to walk sometime during those four days, please contact Louise Titlow at lmittlow@gmail.com for more information. Check out First Unitarian Universalist Church of San Diego's team fundraising page for The San Diego LGBT Community Center <https://donate.thecentersd.org/team/367390>

How to Call Into a Zoom Meeting

Call into a Zoom meeting by phone at 1-669-900-6833. When prompted, enter the meeting ID number.

What's Happening?

Fourth Monday Meeting of UU Men's Fellowship

Monday, September 27, 7 pm, online. We'll join men from all over the country, thanks to Zoom, to talk about ourselves and men's issues. More information will be sent to the UU Men's mailing list. To be added to the list or for information about this meeting, contact kcohn@san.rr.com

Transgender Inclusion Workshop

Sundays, October 3 — November 14, 1 pm — 2:30 pm, online on Zoom. Want to learn about gender diversity and Trans* inclusion in our community? Join us for our Fall session of the Transgender Inclusion Workshop, Sundays October 2 to November 14, for six of these seven Sundays we will discuss a 45-55 minute video, which we view on our own time. The final Sunday we plan to implement what we've learned into our community. All are welcome! The course is free to participants. Please contact Les GrantSmith at looscann@gmail.com or Louise Titlow at lmittlow@gmail.com for enrollment information.

In-Person Camp de Benneville Pines

will be back for the **Men's 2021 Fall Renewal** scheduled for October 29 — 31. Please see more information at www.firstuusandiego.org/uploads/1/2/7/6/127676152/2021-07-12_advance_renewal_letter.pdf

Our South Bay Campus

South Bay Social Hour

Sunday, August 29, 11 am, <https://bit.ly/SBSocialHour>. Meeting ID: 997 8730 8948. Join in for a South Bay Social Hour. Password will be provided during worship service.

South Bay Singers Rehearsal

August 30, Mondays, 5:30 pm — 6:15 pm, bit.ly/SouthBaySingers, Meeting ID: 831 5037 5219.

Social Justice

Climate Action: Be Water Wise

The City of San Diego has kicked off construction of the city's Pure Water program intended to provide nearly 50% of the city's drinking water by 2035 and reduce the need for imported water. Pure Water will use purification technology to clean recycled water and produce safe, high-quality drinking water. Governor Newsom has asked us to voluntarily reduce water use by 15% during this drought caused by climate change. The drought has necessitated water cuts to farmers in Northern California, which will raise food prices. See [Water Conservation](#) for water saving tips, Pure Water program and other resources.

Family Ministry

Children's Religious Education Schedule Change

NO RE August 28 - To accommodate changes in the Worship recording schedule for the remainder of August, there will be **NO** Online Religious Education on Saturday mornings. There will be **NO Children's RE Groups on Sundays**. Keep an eye out for how we will resume a combination of online and in-person Children's RE in September. Contact Tony@firstuusandiego.org.

Middle School Youth Group

To prepare for the new church year, there will be no youth group meetings on August 29 or September 5. Contact Käthe at kathe@firstuusandiego.org.

Senior High Youth

There will be no youth group on August 29 or September 5. Contact Käthe kathe@firstuusandiego.org.

Youth group meetings will resume on Sunday, September 19. Pending the guidelines of the state and local health officials and the Re-opening team, meetings will be either in person or remain online.



South Bay Food Pantry News

Pantry Seeks General Contractor

When the South Bay Food Pantry moves into its new suite in October, we will need to hire a general contractor who can widen a glass and metal exterior doorway. If you can recommend a licensed, insured general contractor, please contact Maureen.

How to Donate to the South Bay Food Pantry

Donate online via credit card at www.firstuusandiego.org/donations.html or make checks payable to FUUSD and write "SB Food Pantry" in the memo line. Mail checks to Robie Evans, FUUSD, 4190 Front St., San Diego, CA 92103.

Contact

You can email Maureen McNair at memcnair948@gmail.com. To reach the food pantry by phone call 619-271-5017.

The South Bay Food Pantry...

is located at 970 Broadway, Suite 101, Chula Vista 91911. It is open to the public Saturdays from 11 am - 12:30 pm and to congregants by appointment.

Week at a Glance Calendar

Friday, August 27, 2021

Memory Matters Gathering

August 27, Fridays (second and fourth), 10 am — 11:30 am, Online. Email hybertsen@att.net for the link.

Saturday, August 28, 2021

South Bay Food Pantry Hours

970 Broadway Suite 101, Chula Vista 91911. Distributing food every Saturday from 11 am — 12:30 pm.

Sunday, August 29, 2021

In Person Worship

Sunday, 9:30 am, Hillcrest Campus. Sign in ahead of time at [rsvp.church/r/0cQJU1PE](https://www.firstuusan.org/rsvp.church/r/0cQJU1PE) and signing the Health Safety Covenant online at www.firstuusan.org/reopening-team.htm! Seating limited to 150.

South Bay Social Hour

Sundays, 11 am, <https://bit.ly/SBSocialHour>

Live Streamed Worship

Sunday, 11:30 am, <https://www.firstuusan.org/>

Social Hour

Sundays, 12:30 pm — 1:30 pm, url <https://bit.ly/FirstUUSocialHour>, Meeting ID 824 042 297.

Open Heart Sangha

Sundays, weekly, 4 pm — 5:30 pm, for the link to the meetings please contact Marge at margewur@gmail.com.

Tuesday, August 31, 2021

Worship Planning

Tuesdays, 4 pm — 5 pm, <https://bit.ly/WorshipPlanning1UU>, Meeting ID 878 4650 3375, Passcode 184690.

Wednesday, September 1, 2021

Organizing 4 Justice Monthly Meeting

Wednesday, September 1, 6pm, <https://bit.ly/O4Jsept1>.

First UU Summer Music Lecture Series & Sing-Along

Wednesday, September 1, 7 pm, <https://bit.ly/MusicLectureSeries>, Meeting ID 856 3744 7406, Passcode 191707.



Upcoming Events

Board Chat

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Cosmos

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Join Robie!

September 8, second and fourth Wednesdays, 4 pm — 5 pm, url <http://bit.ly/JoinRobie2nd> or call 1-669-900-6833, Meeting ID 821 3727 4274.

Creative Writing Group

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Friends of Camp de Benneville Pines

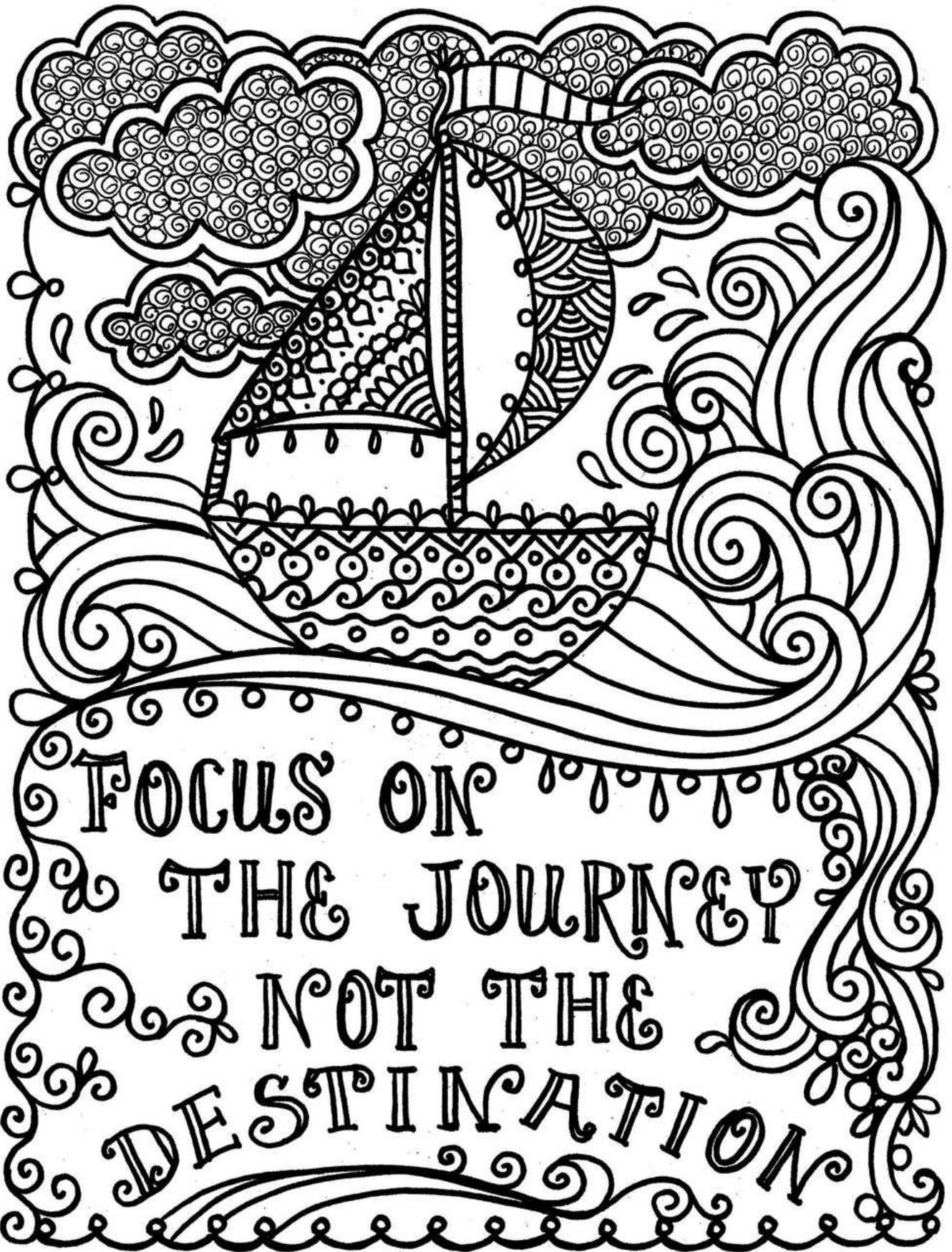
Sundays (third), September 19, 6:30 pm — 8 pm, online. To be added to the ZOOM invite list, please contact john@schaibly.com

Monthly Board Meeting

September 21, Tuesday, 6 pm, Online. Find the zoom link in the member's only section of the [website](#).

Fourth Monday Meeting of the UU Men's Fellowship

Monday, September 27, 7 pm, Zoom. A meeting open to all men. For more information email Kcohn@san.rr.com.



POSTMASTER: Please send address changes to
The Window, 4190 Front Street, San Diego, CA 92103-2098

First Unitarian Universalist Church of San Diego
4190 Front Street, San Diego, CA 92103-2098
Phone: 619-298-9978
E-mail: mail@firstuusandiego.org

Our Staff

Ministers:

Rev. Jim Grant and Rev. Lône Broussard, *Affiliate Ministers*
Rev. Bonnie Tarwater, Rev. Frank Placone-Willey,
Rev. Julie Forest, and Rev. Katy Swanson
Affiliate Community Ministers
Rev. Dr. Carolyn S. Owen-Towle, *Minister Emerita*
Rev. Dr. Thomas A. Owen-Towle, *Minister Emeritus*

Music Staff:

Chase Pado, *Pianist*
Lorelei Garner, *SB Music Coordinator*
Andrea N-L, *JUUL Tones Ensemble Director*
Tony Bianca, *Handbell Program Director*

Staff:

Robie Evans, *Director of Operations*
Käthe Larick, *Youth Programs Coordinator*
Tony Bianca, *Program Director*
Rose Riedel, *Office Manager and Scheduler*
Jenner Daelyn, *Connections Coordinator* (on leave)
Connie Hayes, *Bookkeeper / Contoller*
Ray Evans, *Maintenance*
Joshua Morrison, *Janitor*
Mark Epler, *Event Coordinator*

Board of Trustees

Rev. Julie Forest, **President**
Cora Pendergast, **Vice President**
Laura Ball, Brian Krohne, Maureen McNair, Rosalba Ciampi
Sue Marberry and Rhiannon Roselle, **Trustees**

Important E-mail Addresses:

General First Church E-mail: mail@firstuusandiego.org
Scheduling of Church Property: schedule@firstuusandiego.org
The Window (newsletter): [window@firstuusandiego.org](mailto>window@firstuusandiego.org)
First Church Web Site: [website@firstuusandiego.org](http://www.firstuusandiego.org)
<http://www.firstuusandiego.org> (Main site)
<http://www.firstuusandiego.org/uus-of-the-south-bay>
(UUs of the South Bay)

Contact the Main Office (Hillcrest Campus):

First Unitarian Universalist Church of San Diego
4190 Front Street, San Diego, California 92103
619-298-9978 • mail@firstuusandiego.org
www.firstuusandiego.org

Office Hours:

Monday—Friday, 9 am to 4 pm and Sunday after Services
Admin Mobile Line: 619-947-4612

Contact the South Bay Campus (Chula Vista):

Unitarian Universalists of the South Bay
970 Broadway, Suite 101 & 104, Chula Vista, California, 91911
619-271-5017 • uusouthbay@firstuusandiego.org
www.firstuusandiego.org/uus-of-the-south-bay
Campus Hours: Sunday for Service or By Arrangement