

# The Window

A Weekly Publication



First  
Unitarian Universalist  
Church of San Diego

### Our Mission

Our mission is to create community, to nurture spiritual growth, and to act on our values to help heal the world.  
Nuestra misión es crear comunidad, fomentar el crecimiento espiritual y vivir nuestros valores para ayudar a sanar el mundo.

### Our Eight Principles

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

1. The inherent worth and dignity of every person;
2. Justice, equity, and compassion in human relations;
3. Acceptance of one another, and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience, and the use of the democratic process within our congregations and in society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part;
8. Building a diverse multicultural Beloved Community by our actions that accountably dismantle racism and oppressions.

**Hillcrest Campus Location**  
4190 Front Street  
San Diego, CA 92103  
619-298-9978

**South Bay Campus Location**  
970 Broadway, Suite 104  
Chula Vista, CA 91911  
619-271-5017

August's Transformational Theme: **Re-imagining Community**

### Join Us Online!

## Sunday Morning Worship

**"Our Longing for Community" / "Nuestro anhelo de comunidad"**

Rev. Mariela Pérez-Simons with Rev. Kathleen Owens

August 15, 2021 9:30 am

Visit <https://www.firstuusandiego.org/> on Sunday mornings to join us for virtual worship,  
and also to check the [blog](#) to keep up with the First UU happenings!

## August Generosity Offering The South Bay Youth Center

The South Bay Youth Center is a drop-in and recreational center in Chula Vista offering safe space and affirming programming for LGBTQ and nonbinary youth, as well as youth living with HIV. Donate using our website at [www.firstuusandiego.org/donations.html](http://www.firstuusandiego.org/donations.html), under gift designation select "Generosity."

The deadline for the next issue of  
The Window is:

August 18 (**Wednesday**) at 8 am

If you would like an announcement placed in the Window, please email:

**[rose@firstuusandiego.org](mailto:rose@firstuusandiego.org)**

**The Window submission  
maximum is 60 words**

## What's Happening?

### Our Church Family

Our sympathies and condolences go to Carl Hanson, his family and their friends on the death of his beloved wife and church member Marilyn Hanson. Marilyn died peacefully on Thursday, July 29. We will extinguish the Chalice in her honor Sunday, Aug. 15.

### Your Reopening Team's Update – Aug. 12, 2021

The Delta variant of the coronavirus is causing increased cases everywhere. We no longer have any true "no risk" situations. Fortunately, the vaccines are highly effective, though slightly less so among the elderly and those immuno-compromised. The variant is as contagious as chicken pox and can hit the not vaccinated really hard, including children. Vaccinated persons are FAR less likely to face possible hospitalization or worse. The disease can surely be spread by those not vaccinated who pick up the virus, but also by fully vaccinated people who may become infected even without showing symptoms. Getting vaccinated is the primary responsible thing we can do, for ourselves and others. We surely don't want to help perpetuate health disparities among those who are marginalized in any way, who may face more crowded living conditions and fewer work options than some do.

This situation means masks will be necessary for the foreseeable future at all church gatherings. We can't take chances.

Good masks are cotton, reusable, 3-ply or 5-ply. The best mask is the N95 type, made of non-woven polypropylene fabric and labeled "respirator." These should say "NIOSH" on them or show the NIOSH logo. Similar in many ways is the KN95 mask, not a true respirator but which can be very effective. We caution you to purchase these only from a reputable source. An article about the differences: [www.rollingstone.com/product-recommendations/lifestyle/n95-vs-ks-1044184/](http://www.rollingstone.com/product-recommendations/lifestyle/n95-vs-ks-1044184/). Where to purchase masks: [www.projectn95.org/](http://www.projectn95.org/), and also: [www.wellbefore.com](http://www.wellbefore.com). Any mask you use should cover both the nose and mouth. No vented masks, please.

The team believes it will be acceptably safe for some in-person worship gatherings at our Hillcrest campus,

with certain rules/expectations. (1.) Rev. Kathleen's final Sunday, Aug. 22, in the Meeting House – this will be with masks, some seating limits, and hopes that all who come will be vaccinated. No receiving line, no social hour. (2.) IF AND ONLY IF all goes well, then Sunday, Aug. 29, with masks, etc. Rev. Arvid Straube leading. (3.) Sunday, Sept. 5, Rev. Jim Grant leading, with our transitional minister, Rev. Michael Brown present to greet us. With masks, followed by a beverages-only social hour. An online service will be presented at 11:30 am on each of these Sundays for those who prefer. If you have unvaccinated persons in your household you may wish to choose this safer alternative.

As part of our institutional responsibility we'll need to keep track of who attends services in person, in case some spread occurs. This will be done either by you entering your data ***ahead of time***, or by us gathering your data at the time of the event. We'll let you know.

Planning is underway for an in-person, outdoor farewell entertainment event for Rev. Kathleen on Saturday, Aug. 21. As a caution, no picnic, no food or beverage. Find more details elsewhere here in the Window.

Just a reminder about the qualified First UU people at the core of our team: (1.) Emily Fletcher Kaestner, M.D., pediatrician in current practice, much focus on behavioral and mental health, involved with a local year-round school system. (2.) George Longstreth, M.D., gastroenterologist with more than 40 years experience, retired from Kaiser Permanente. (3.) Rebecca Fielding-Miller, PhD., assistant professor at UCSD's Division of Infectious Disease and Global Public Health, a font of current knowledge. (4.) Stephanie Webber, PhD., retired from Agouron Pharmaceuticals where she led a large group of research scientists, our team's able coordinator.

### In-Person Worship Sunday August 22 Are You Prepared?

We will be worshipping live at the Hillcrest Campus on Sunday, Aug. 22, 9:30 am! (Virtual Worship will still be made available at 11:30 am) Masking will be required at all times while on campus, regardless of vaccination status.

Please come early as there will be a check in process. Skip the (socially distanced) lines by signing in ahead of time at <https://rsvp.church/r/0cQJU1PE> and signing the Health Safety Covenant online at [www.firstuusandiego.org/reopening-team.html](http://www.firstuusandiego.org/reopening-team.html)

### Job Postings at First UU!

We currently have the following positions open: ***Program Assistant*** and ***Janitor***. Application procedure: If interested in either of these positions, Submit cover letter, resume and two letters of reference; Electronic submissions only ([careersfirstuusd@gmail.com](mailto:careersfirstuusd@gmail.com)). Reference either "Program Assistant" or "Janitor" in the subject line. No phone calls please. The deadline for the Janitor position will be Thursday, Aug. 19, 2021. Deadline for the Program Assistant position will be Sept. 1, 2021.

## What's Happening?

### Rev. Kathleen's Farewell Picnic Party!

Saturday, Aug. 21, 6:30 pm – 8:30 pm, Hillcrest patio. Come and help us celebrate Rev. Kathleen's 14 years of service to our congregation as we fondly say "Farewell." We'll celebrate outdoors on the Hillcrest patio with special musical guests, Chris Hassett and Drew Massicot - you won't want to miss this! During this time of rising infection rates with the Delta variant, there will be no food or drink served at the event; but please bring your own individual water container. There will be plenty of time to visit with each other, masked and socially distanced. Please arrive between 6:30 pm and 7 pm; live music will start at 7 pm. If you'd like to donate toward Kathleen's gift, please send your check to Robie with "Kathleen's gift" in the memo line -OR- through the donate page on our [website](#). Under fund designation, choose "other" and in the Comments box, write "Kathleen's gift." If you'd like more information, or would like to volunteer to help at the event, email [Robie@firstuusandiego.org](mailto:Robie@firstuusandiego.org). Please **RSVP here** no later than Monday, Aug 16 to let us know you're coming.

### Time to Look for a UUMF Support Group!

Are you looking for friends, fellowship and sharing with other men? Two ongoing men's support groups in our UU Men's Fellowship now have openings. One group meets first and third Mondays at 4 pm and another on first and third Thursdays in the evening.

If you are interested in joining or learning more about our support groups, please contact Armin Kuhlman [arminkuhlman396@gmail.com](mailto:arminkuhlman396@gmail.com) or 619-229-0204.

### First UU & Preventing Overpolicing Through Equitable Community Treatment (PROTECT)

Organizing 4 Justice is working with the San Diego Organizing Project to support PROTECT. First UU members can help by urging our City Councilmember Steven Whitburn to support the PROTECT measure which will end the practice of pretext stops to increase police accountability and reduce bias. If you are interested in learning more, reach out to us at [erik.kaestner@gmail.com](mailto:erik.kaestner@gmail.com).

### Memory Matters Gathering

August 13, Fridays (second and fourth), 10 am — 11:30 am, Online, with Kathy Gilbert, LCSW, and Gay Hybertsen, LCSW. This is a place for those who worry about memory problems and forgetfulness; and their care partners. The gathering, therapeutic and educational, enables members to make new contacts, build trust, and learn to deal with the consequences of memory loss. Ongoing, drop in. Email [hybertsen@att.net](mailto:hybertsen@att.net) for the link.

### How to Call Into a Zoom Meeting

Call into a Zoom meeting by phone at 1-669-900-6833. When prompted, enter the meeting ID number.

### Creative Writing Group

August 14, Saturdays (second), 12:30 pm — 2:30 pm, <http://bit.ly/CreativeWritingFirstUU>, or call in at 1-669-900-6833, Meeting ID: 991 6747 3549. This group is for anyone with a desire to create and experiment with different styles of writing. This is a great space to meet individuals who want to share their creative abilities with others. RSVP to [evagarciamayers@yahoo.es](mailto:evagarciamayers@yahoo.es) if you plan to attend. A minimum of three attendees is required for the group to be hosted each month.

### Social Hour

August 15, Sunday, 10:30 am — 11:30 am, <https://bit.ly/FirstUUSocialHour>, or call in at 1-669-900-6833, Meeting ID 824 042 297. Password provided during worship.

### Unitarian Universalist Christian Study Group

Sunday, August 15, 1 pm, Narthex. Join us for "The Buddha and Jesus: Two Roads, Same Mountain." We will examine the various practices of the two traditions to see how they can both work together to get to the top of the mountain. We will meet outdoors under the Narthex in front of the Meeting House. We will be observing masks, no contact, and social distancing. But we would love to see you to join in the sharing. Any questions, contact [curranjeffery@msn.com](mailto:curranjeffery@msn.com).

### Out & About

Sunday, August 15, 2 pm — 4 pm, Sweetwater Summit Park. There will be another Out and About Family ministry event. Meet at 2 pm at 3218 Summit Meadow Road Bonita, CA 91902. Walking, riding and equestrian trails are available (and I've heard at least one First UU horse is attending!).

### Open Heart Sangha

August 15, Sundays, weekly, 4 pm — 5:30 pm, online. The Open Heart Sangha continues to meet on Sunday afternoons through online Zoom gatherings. Contact Marge, [margewur@gmail.com](mailto:margewur@gmail.com) for the link.

### Friends of Camp de Benneville Pines

Sundays (third), August 15, 6:30 pm — 8 pm, online. Friends of Camp de Benneville Pines meet via Zoom on third Sundays. Newcomers are welcome. To be added to the ZOOM invite list, please contact [john@schaibly.com](mailto:john@schaibly.com)

### Compassion Corner

August 16, Mondays, weekly, 7 pm — 7:30 pm, <https://bit.ly/CompassionCorner1>, or call in at 1-669-900-6833, Meeting ID: 979 7637 7178 Passcode: 540948. A lay ministry listening space. The waiting room is enabled, a lay minister will let you in when available.

### Worship Planning

August 17, Tuesdays, 4 pm — 5 pm, <https://bit.ly/WorshipPlanning1UU>, or call in at 1-669-900-6833, Meeting ID 841 0548 1861 Passcode: 092833. We want to encourage direct conversations and find ways to co-create worship that is meaningful.

## What's Happening?

### Monthly Board Meeting

Tuesday, August 17, 6 pm, online. Board of Trustees meetings are open to congregants via Zoom. Find the zoom link in the member's only section of the [website](#).

### First UU Summer Music Lecture Series & Sing-Along

Wednesday, August 18, 7 pm, <https://bit.ly/MusicLectureSeries>, Meeting ID 856 3744 7406, Passcode 191707. All are welcome!

### South Bay PRIDE

Saturday, August 21. First UU will host a booth at South Bay Pride. For information, visit [southbaypride.org](http://southbaypride.org). Contact [Tony@FirstUUSanDiego.org](mailto:Tony@FirstUUSanDiego.org) to help staff the booth.

### Rev. Kathleen's Farewell Picnic Party!

Saturday, Aug. 21, 6:30 pm – 8:30 pm, Hillcrest patio. Come and help us celebrate Rev. Kathleen's 14 years of service to our congregation as we fondly say "Farewell." We'll celebrate outdoors on the Hillcrest patio with special musical guests, Chris Hassett and Drew Massicot - you won't want to miss this! During this time of rising infection rates with the Delta variant, there will be no food or drink served at the event; but please bring your own individual water container. There will be plenty of time to visit with each other, masked and socially distanced. Please arrive between 6:30 pm and 7 pm; live music will start at 7 pm. If you'd like to donate toward Kathleen's gift, please send your check to Robie with "Kathleen's gift" in the memo line -OR- through the donate page on our [website](#). Under fund designation, choose "other" and in the Comments box, write "Kathleen's gift." If you'd like more information, or would like to volunteer to help at the event, please email [Robie@firstuusandiego.org](mailto:Robie@firstuusandiego.org). Please [RSVP here](#) no later than Monday, Aug. 16 to let us know you're coming.

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### Pagan Conversations

August 22, Sundays (second and fourth), 1 pm — 2 pm, Meeting Link: <https://bit.ly/PaganConversations>, or call in at 1-669-900-6833, Meeting ID: 535-853-700. Join the Earth Centered Spirituality Circle (ECSC) for a bi-weekly, virtual version of Pagan Conversations. This is a time to come together in a guided discussion and be in community. Contact [sdpagansuu@gmail.com](mailto:sdpagansuu@gmail.com).

### Beach and Bay Neighborhood Group Annual Pool Party!

Sunday, August 22, 3 pm, Contact Mina at 619-417-1411 for the location. It's that time of the year to join the Taylors for the Beach and Bay Pool party. Pool opens at 3 pm. Meeting will start at 4 pm. Bring the usual finger foods to share. Hope to see you there!

### Coping With Chronic Conditions Support Group

August 23, second and fourth Mondays, 1 pm, URL <https://bit.ly/CopingCCGroup>, or call 669-900-6833 with meeting ID 681-036-9317. New participants reach out to Chris Smith prior to attending a meeting at 619-300-7477 or email [chris.smith7@cox.net](mailto:chris.smith7@cox.net) to discuss our covenant and mission statement and receive the password.

### Fourth Monday Meeting of UU Men's Fellowship

Monday, August 23, 7 pm, online. We'll join men from all over the country, thanks to Zoom, to talk about ourselves and men's issues. More information will be sent to the UU Men's mailing list. To be added to the list or for information about this meeting, contact [kcohn@san.rr.com](mailto:kcohn@san.rr.com)

### Join Robie!

August 25, second and fourth Wednesdays, 4 pm — 5 pm, url <http://bit.ly/JoinRobie4th> or call 1-669-900-6833, Meeting ID 814 3746 1400. During these "stay at home" times, our Director of Operations, Robie, is missing her friends, new and old, and even those she hasn't met yet!

### Board Chat

Sundays (first), September 5, 10:30 am, <https://bit.ly/FirstUUBoardChat>, or call in at 1-669-900-6833, Meeting ID: 863 0218 5062 Passcode: 203946. Have a question for your Board of Directors or something you would like them to know? There's a Zoom Board Chat at 10:30 am right after our service.

### Cosmos

September 5, Sundays (first), 1 pm — 3 pm, <https://bit.ly/CosmosFUUSD>, Passcode: 242202. We are currently watching Brian Swimme's series, *The Story of the Noosphere*. Please feel free to join us. The only prerequisite is an open heart and mind. Contact James Long at [kyolong1@gmail.com](mailto:kyolong1@gmail.com) for information or meeting ID.

### Rainbow Action Group's Koffee Klatch

September 12, Sundays (second), 12 pm, URL <https://bit.ly/RainbowKlatch>, password: 893622, or call in at 1-669-900-6833, ID 899 4140 9956, PW 893622. Rainbow Action Group's Koffee Klatch has gone virtual. Join us! All "family" friends and allies invited. The event is hosted by John Keasler and Louise Titlow.

### In-Person Camp de Benneville Pines

will be back for the *Men's 2021 Fall Renewal* scheduled for October 29 — 31. Please see more information at [www.firstuusandiego.org/uploads/1/2/7/6/127676152/2021-07-12\\_advance\\_renewal\\_letter.pdf](http://www.firstuusandiego.org/uploads/1/2/7/6/127676152/2021-07-12_advance_renewal_letter.pdf)

Our latest Annual Report is available on our [website!](#)

## What's Happening?

### Caregivers/Allies Support Group

Mondays (second), September 13, 3 pm — 4:30 pm, online. The Caregivers/Allies Support Group is welcoming prospective new participants. Members and friends of the First Unitarian Universalist Church of San Diego who are seeking additional information about participating, should contact Rose Riedel at [Rose@firstuusandiego.org](mailto:Rose@firstuusandiego.org).

### Arts & Crafts Creative Social

September 14, second Tuesdays, 3 pm — 5 pm, Link to meeting: <http://bit.ly/FirstUUArtGuild> or call in at 1-669-900-6833, Meeting ID 860 2031 2916, Passcode 587290. Join members of the Art Guild for a few hours of creativity in community! Work on ongoing projects or even color in a coloring book alongside other artists.

### AIDS Walk and Run San Diego

Saturday, September 25, morning. Join the Rainbow Action Group on the First Unitarian Universalist Church of San Diego Team at the AIDS Walk and Run San Diego on the morning of Saturday, September 25. You can choose to walk/run in your neighborhood or walk/run the traditional route through Balboa Park, or sponsor the Team with a donation at [www.aidswalksd.org](http://www.aidswalksd.org). Please help us raise money for AIDS education, prevention, and to support our community members living with HIV that they are not alone. Contact Louise Titlow at [lmittlow@gmail.com](mailto:lmittlow@gmail.com) for more information.

### Transgender Inclusion Workshop

Sundays, October 3 — November 14, 1 pm — 2:30 pm, online on Zoom. Want to learn about gender diversity and Trans\* inclusion in our community? Please join us for our Fall session of the Transgender Inclusion Workshop, Sundays October 2 to November 14, and for six of these seven Sundays we will discuss a 45-55 minute video, which we view on our own time. The final Sunday we plan to implement what we've learned into our community. All are welcome! The course is free to participants. Please contact Les GrantSmith at [looscann@gmail.com](mailto:looscann@gmail.com) or Louise Titlow at [lmittlow@gmail.com](mailto:lmittlow@gmail.com) for enrollment information.

## Social Justice

### Climate Action: Sustainable Living Tips

Join San Diego 350 on Tuesday, August 17th, 7:00 - 8:30 pm for their digital August meeting to learn more about reducing your carbon footprint and creating less waste by making sustainability part of your everyday life. Learn more about the Solana Center for Environmental Innovation, all-natural retail, composting bins, sustainable products, electric vehicles, and corporate "greenwashing." RSVP at <https://sandiego350.org/drupall/civicrm/event/info?id=1230&reset=1>

## Our South Bay Campus

### South Bay Social Hour

Sunday, August 15, 11 am, <https://bit.ly/SBSocialHour>. Meeting ID: 997 8730 8948. Join in for a South Bay Social Hour. Password will be provided during worship service.

### South Bay Singers Rehearsal

August 16, Mondays, 5:30 pm — 6:15 pm, [bit.ly/SouthBaySingers](http://bit.ly/SouthBaySingers). Meeting ID: 831 5037 5219.

## Family Ministry

### Children's Religious Education Schedule Change

In August we will continue to have Music and Movement on Saturdays at 9 am, and Stories and Science on Saturdays at 10 am. There will be **NO Children's RE Groups on Sundays**. Contact Tony at [Tony@firstuusandiego.org](mailto:Tony@firstuusandiego.org).

### Middle School Youth Group

There will be another Out and About Family ministry event on August 15, so the group will not meet on that day. To prepare for the new church year, there will be no youth group meetings on August 22, 29, or September 5. Contact Käthe at [kathe@firstuusandiego.org](mailto:kathe@firstuusandiego.org).

### Senior High Youth

Youth are encouraged to attend the Out and About Family ministry event on August 15, so the group will not meet on that day. There will be no youth group on August 22, 29, or September 5. Contact Käthe [kathe@firstuusandiego.org](mailto:kathe@firstuusandiego.org).

**Youth group meetings will resume on Sunday, September 19. Pending the guidelines of the state and local health officials and the Re-opening team, meetings will be either in person or remain online.**

## South Bay Food Pantry News

### Working Families Seek Food Assistance

Every winter for many years, the volunteers at our Hillcrest Interfaith Shelter Network site, which hosts homeless guests for two weeks, prepare for our guests' arrival by watching an instructional video. ... read more on the blog at: [www.firstuusandiego.org/blog/working-families-seek-food-assistance](http://www.firstuusandiego.org/blog/working-families-seek-food-assistance)

### How to Donate to the South Bay Food Pantry

Donate online via credit card at [www.firstuusandiego.org/donations.html](http://www.firstuusandiego.org/donations.html) or make checks payable to FUUSD and write "SB Food Pantry" in the memo line. Mail checks to Robie Evans, FUUSD, 4190 Front St., San Diego, CA 92103.

### Contact

You can email Maureen McNair at [memcnair948@gmail.com](mailto:memcnair948@gmail.com). To reach the food pantry by phone call 619-271-5017.

### The South Bay Food Pantry...

is located at 970 Broadway, Suite 101, Chula Vista 91911. It is open to the public Saturdays from 11 am - 12:30 pm and to congregants by appointment.

# Spot the Difference!



## Week at a Glance Calendar

### Friday, August 13, 2021

#### **Memory Matters Gathering**

August 13, Fridays (second and fourth), 10 am — 11:30 am,  
Online. Email [hybertsen@att.net](mailto:hybertsen@att.net) for the link.

### Saturday, August 14, 2021

#### **Music and Movement & Science, Stories and Songs**

Saturdays at 9 am & 10 am. Children's RE programming.  
Request information from [tony@firstuusandiego.org](mailto:tony@firstuusandiego.org).

#### **South Bay Food Pantry Hours**

970 Broadway Suite 101, Chula Vista 91911. Distributing food  
every Saturday from 11 am — 12:30 pm.

#### **Creative Writing Group**

August 14, Saturdays (second), 12:30 pm — 2:30 pm,  
[bit.ly/CreativeWritingFirstUU](https://bit.ly/CreativeWritingFirstUU), Meeting ID: 991 6747 3549.

### Sunday, August 15, 2021

#### **Live Streamed Worship**

Sundays, weekly, 9:30 am, <https://www.firstuusandiego.org/>.

#### **Social Hour**

Sundays, 10:30 am — 11 am, url <https://bit.ly/FirstUU>  
**SocialHour**, Meeting ID 824 042 297.

#### **South Bay Social Hour**

Sundays, 11 am, <https://bit.ly/SBSocialHour>

#### **Unitarian Universalist Christian Study Group**

Sunday, August 15, 1 pm, Narthex. Any questions, contact  
[curranjeffery@msn.com](mailto:curranjeffery@msn.com).

#### **Out & About**

Sunday, August 15, 2 pm — 4 pm, Sweetwater Summit Park.

#### **Open Heart Sangha**

Sundays, weekly, 4 pm — 5:30 pm, for the link to the meetings  
please contact Marge at [margewur@gmail.com](mailto:margewur@gmail.com).

#### **Friends of Camp de Benneville Pines**

Sundays (third), August 15, 6:30 pm — 8 pm, online. To be  
added to the ZOOM invite list, please contact  
[john@schaibly.com](mailto:john@schaibly.com)

### Monday, August 16, 2021

#### **Compassion Corner**

Mondays, weekly, 7 pm — 7:30 pm,  
<https://bit.ly/Compassioncorner1>, Meeting ID: 979 7637 7178  
Passcode: 540948.

### Tuesday, August 17, 2021

#### **Worship Planning**

Tuesdays, 4 pm — 5 pm, <https://bit.ly/Worship>  
**Planning1UU**, Meeting ID 878 4650 3375, Passcode 184690.

#### **Monthly Board Meeting**

August 17, Tuesday, 6 pm, Online. Find the zoom link in the  
member's only section of the [website](#).

### Wednesday, August 18, 2021

#### **First UU Summer Music Lecture Series & Sing-Along**

Wednesday, August 18, 7 pm, <https://bit.ly/Music>  
**LectureSeries**, Meeting ID 856 3744 7406, Passcode 191707.

### Upcoming Events

#### **Rev. Kathleen's Farewell Picnic Party!**

Saturday, Aug. 21, 6:30 pm – 8:30 pm, Hillcrest patio. Come and  
help us celebrate Rev. Kathleen's 14 years of service to our  
congregation as we fondly say "Farewell."

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Health Safety Covenant online at [www.firstuusandiego.org/  
reopening-team.html](http://www.firstuusandiego.org/reopening-team.html)

#### **Pagan Conversations**

August 22, Sundays (second and fourth), 1 pm — 2 pm,  
<https://bit.ly/PaganConversations> ID: 535-853-700.

#### **Beach and Bay Neighborhood Group Annual Pool Party!**

Sunday, August 22, 3 pm, Contact Mina at 619-417-1411 for the  
location.

#### **Coping With Chronic Conditions Support Group**

August 23, 1 pm, URL <https://bit.ly/CopingCCGroup>, or call  
669-900-6833 with meeting ID 681-036-9317.

#### **Fourth Monday Meeting of the UU Men's Fellowship**

Monday, August 23, 7 pm, Zoom. A meeting open to all men.  
For more information email [Kcohn@san.rr.com](mailto:Kcohn@san.rr.com).

#### **Join Robie!**

August 25, second and fourth Wednesdays, 4 pm — 5 pm, url  
<http://bit.ly/JoinRobie4th> or call 1-669-900-6833, Meeting ID  
814 3746 1400.

#### **Board Chat**

Sundays (first), September 5, 10:30 am,  
<https://bit.ly/FirstUUBoardChat>, Meeting ID: 863 0218 5062  
Passcode: 203946.

#### **Cosmos**

Sundays (first), September 5, 1 pm — 3 pm, Online. Contact  
James Long at [kyolong1@gmail.com](mailto:kyolong1@gmail.com) for the link.

#### **Rainbow Action Group's Koffee Klatch**

Sept 12, Sundays (second), 12 pm, URL  
<https://bit.ly/RainbowKlatch>, ID 899 4140 9956, PW 893622.

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Contact Rose Riedel at [Rose@firstuusandiego.org](mailto:Rose@firstuusandiego.org).

#### **Arts & Crafts Creative Social**

September 14, second Tuesdays, 3 pm — 5 pm, Link to meeting:  
<http://bit.ly/FirstUUArtGuild> or call in at 1-669-900-6833,  
Meeting ID 860 2031 2916, Passcode 587290.

#### **Living the Homestretch**

September 18, Saturdays (third), 10 am, online at  
<https://bit.ly/LivingTheHomestretch>, or call in at  
1-669-900-6833, Meeting ID 911 2242 6361.



POSTMASTER: Please send address changes to  
The Window, 4190 Front Street, San Diego, CA 92103-2098

First Unitarian Universalist Church of San Diego  
4190 Front Street, San Diego, CA 92103-2098  
Phone: 619-298-9978  
E-mail: [mail@firstuusandiego.org](mailto:mail@firstuusandiego.org)

## Our Staff

### Ministers:

Rev. Kathleen Owens, *Lead Minister*  
Rev. Jim Grant and Rev. Löne Broussard, *Affiliate Ministers*  
Rev. Bonnie Tarwater, Rev. Frank Placone-Willey,  
Rev. Julie Forest, and Rev. Katy Swanson  
*Affiliate Community Ministers*  
Rev. Dr. Carolyn S. Owen-Towle, *Minister Emerita*  
Rev. Dr. Thomas A. Owen-Towle, *Minister Emeritus*

### Music Staff:

Chase Pado, *Pianist*  
Lorelei Garner, *SB Music Coordinator*  
Andrea N-L, *JUUL Tones Ensemble Director*  
Tony Bianca, *Handbell Program Director*

### Staff:

Robie Evans, *Director of Operations*  
Käthe Larick, *Youth Programs Coordinator*  
Tony Bianca, *Program Director*  
Rose Riedel, *Office Manager and Scheduler*  
Jenner Daelyn, *Connections Coordinator* (on leave)  
Connie Hayes, *Bookkeeper / Controller*  
Ray Evans, *Maintenance*  
Mark Epler, *Event Coordinator*

## Board of Trustees

Rev. Julie Forest, **President**  
Cora Pendergast, **Vice President**  
Laura Ball, Brian Krohne, Maureen McNair, Rosalba Ciampi  
Sue Marberry and Rhiannon Roselle, **Trustees**

### Important E-mail Addresses:

**General First Church E-mail:** [mail@firstuusandiego.org](mailto:mail@firstuusandiego.org)  
**Scheduling of Church Property:** [schedule@firstuusandiego.org](mailto:schedule@firstuusandiego.org)  
**The Window (newsletter):** [window@firstuusandiego.org](mailto>window@firstuusandiego.org)  
**First Church Web Site:** [website@firstuusandiego.org](http://www.firstuusandiego.org)  
<http://www.firstuusandiego.org> (Main site)  
<http://www.firstuusandiego.org/uus-of-the-south-bay>  
(UUs of the South Bay)

### Contact the Main Office (Hillcrest Campus):

First Unitarian Universalist Church of San Diego  
4190 Front Street, San Diego, California 92103  
619-298-9978 • [mail@firstuusandiego.org](mailto:mail@firstuusandiego.org)  
[www.firstuusandiego.org](http://www.firstuusandiego.org)

### Office Hours:

Monday—Friday, 9 am to 4 pm and Sunday after Services  
Sunday Morning Urgent Contact: 619-947-4612

### Contact the South Bay Campus (Chula Vista):

Unitarian Universalists of the South Bay  
970 Broadway, Suite 101 & 104, Chula Vista, California, 91911  
619-271-5017 • [uusouthbay@firstuusandiego.org](mailto:uusouthbay@firstuusandiego.org)  
[www.firstuusandiego.org/uus-of-the-south-bay](http://www.firstuusandiego.org/uus-of-the-south-bay)  
Campus Hours: Sunday for Service or By Arrangement