Our Mission
Our mission is to create community, to nurture spiritual growth, and to act on our values to help heal the world.
Nuestra misión es crear comunidad, fomentar el crecimiento espiritual y vivir nuestros valores para ayudar a sanar el mundo.

Our Seven Principles
1. The inherent worth and dignity of every person;
2. Justice, equity, and compassion in human relations;
3. Acceptance of one another, and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience, and the use of the democratic process within our congregations and in society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part.

Hillcrest Campus Location
4190 Front Street
San Diego, CA 92103
619-298-9978

South Bay Campus Location
970 Broadway, Suite 104
Chula Vista, CA 91911
619-271-5017

August's Transformational Theme: Connection

Join Us Online!

Sunday Morning Worship
August 2, 2020 9:30 am
"Connecting History" by Rev. Tania Márquez, Assistant Minister
Sunday Morning Online Worship

All In-Person Meetings on Both of Our Campuses Are Suspended Until Further Notice

Visit https://www.firstuusandiego.org/ on Sunday mornings to join us for virtual worship, and also to check the blog to keep up with the First UU staff! Some groups will be meeting virtually, watch The Window for instructions & meeting times.

August Generosity Offering
Pillars of the Community

Pillars of the Community is committed to embracing and celebrating the historic, rich and diverse culture of Southeast San Diego. They strive to counter the criminalization of the community through community organizing, leadership development, and strategic partnerships. Their vision is for a healthy and thriving Southeast San Diego which reflects the rich and diverse culture of all its members.

You can donate using the donate button on our website at www.firstuusandiego.org/donations.html. Thank you for your support and generosity.

The deadline for the next issue of The Window is:
August 5 (Wednesday) at 8 am

If you would like an announcement placed in the Window, please email: rose@firstuusandiego.org

The Window submission maximum is 60 words
What's Happening?

Our Church Family
Unitarian Society of Santa Barbara COVID-19 Town Hall
with Church member Dr. Rebecca Feilding-Miller (MSPH, PHD)

August 6, 5:30 pm — 6:30 pm, online. Wondering what is safe and what is not safe right now? Should we be bleaching our groceries or going to the gym? What more could our community do to protect its most vulnerable? Why should we “poop test” our schools and what does that mean? Social Epidemiologist Dr. Rebecca Feilding-Miller wants to answer your COVID-19 questions! Contact christina@ussb.org with any questions about this event. You can also go to the virtual events section on USB.org for all our online events.

Calling All Ages
This is a call for your poetry, spoken-word or short reflection on what life has been for you living in this pandemic. Send a video of you (or someone) reading your poem or short reflection to Tania@firstuuandsdiego.org by Wednesday, August 11 along with your permission for it to be used in Sunday, August 16 service. Thank you.

First UU San Diego 2020 Congregational Survey
You are invited to complete our new congregational survey! This survey will help us to better meet the needs of this community in this unusual year, and your participation is very much appreciated. Please click the link to get started: https://bit.ly/FirstUUSurvey2020 Thank you so much!

Social Hour
Sundays, weekly, 10:30 am — 11:30 am, url https://bit.ly/FirstUUSocialHour, or call in at 1-669-900-6833, Meeting ID 824 042 297.

Pagan Conversations
Sundays, weekly, 1 pm — 2:30 pm, Meeting Link: https://bit.ly/PaganConversations Meeting ID: 535-853-700. Join the Earth Centered Spirituality Circle (ECSC) via Zoom for a weekly, virtual version of Pagan Conversations. This is a time for pagans of varying traditions to come together in a guided discussion and be in community with one another. Topics vary weekly, and usually center on the church’s monthly theme, upcoming Pagan holidays, and personal spiritual practice while allowing time to check in with how everyone is doing mentally, emotionally, and physically. If you have questions about the meeting, ECSC, paganism, or how our practices relate to Unitarian Universalism, please contact sdpagansuu@gmail.com at any time.

Open Heart Sangha
Sundays, weekly, 4 pm — 5:30 pm, online. The Open Heart Sangha continues to meet on Sunday afternoons through online Zoom gatherings. If you would like the link to the meetings, please contact Margewur@gmail.com.

Our latest Annual Report is available on our First UU website!

Cosmos
August 2, Sundays (first), 1 pm — 3 pm, Online. Cosmos is dedicated to exploring the scientific story of the birth and evolution of the universe for knowledge and inspiration to fulfill the promise of humanity, the whole earth community, and the universe itself. We are currently watching Mathematical Cosmologist and Physicist Brian Swimme’s series, Canticle to the Cosmos. The episode for August 2 is: The Nature of the Human. Contact James Long at kyolong1@gmail.com for the link to the meeting.

Palestine-Israel Justice Team Book Discussion
August 2, Sunday, 4 pm, Online. Please join the Palestine-Israel Justice Team on Sunday, August 2 at 4 pm to discuss the book The Lemon Tree: An Arab, a Jew, and the Heart of the Middle East. This true tale of a simple act of faith and friendship between two people, one Israeli, one Palestinian, symbolizes the hope for peace in the Middle East. For information on obtaining the book, and joining the Zoom discussion, click here. Contact Cathy Pfister at keetcat@cjpsd.com with questions.

Summer Virtual Pick-Up Choir

Women’s Chorus Rehearsal
August 6, Thursdays, weekly, 1:15 pm, bit.ly/WChoir.

Rainbow Action Group’s Koffee Klatch

Coping With Chronic Conditions Support Group
August 10, second and fourth Mondays, 1 pm, URL https://bit.ly/CopingCCGroup, or call 1-669-900-6833 with meeting ID 681-036-9317. Effective July 2020 our meetings will be held on the second and fourth Mondays of the month - we are no longer doing weekly meetings. New participants need to reach out to Chris Smith prior to attending a meeting at 619-300-7477 or email chris.smith7@cox.net to discuss our covenant and mission statement and receive the password to attend.
What's Happening?

Arts & Crafts Creative Social
August 11, second and fourth Tuesdays, 3 pm — 5 pm, Link to meeting: https://bit.ly/ArtGuildSocial. Join members of the Art Guild for a few hours of creativity in community! This is a great time to work on ongoing projects, create Artist Trading Cards, begin new work, or even color in a coloring book alongside other artists.

Join Robie!
August 12, second Wednesday, 4 pm — 5 pm, url https://bit.ly/JoinRobie or call 1-669-900-6833, Meeting ID 577-697-458. During these “stay at home” times, our Director of Operations, Robie, is missing her church friends, new and old, and even those she hasn't met yet. Robie looks forward to this get-together!

Memory Matters Gathering
Fridays (second and fourth), August 14, 9:30 am — 11:30 am, Online, with Kathy Gilbert, LCSW, and Gay Hybertsen, LCSW. This is a place for those who worry about memory problems and forgetfulness; and their care partners. The gathering, therapeutic and educational, enables members to make new contacts, build trust, and learn to deal with the consequences of memory loss. Ongoing, drop in. Email hybertsen@att.net for the link to join.

Living the Homestretch
August 15, Saturdays (third), 10 am, online at https://bit.ly/LivingTheHomestretch. Rev. Jim Grant will host the program “Healthy Resilience during Covid-19.” We will show a video prepared by UCSD’s Center for Healthy Aging. The video will be followed by breakout group discussions. After the groups re-gather, and report on their conversations, there will be Q&A time. All are invited.

Monthly Board Meeting
August 18, Tuesday, 6 pm, Online. Board of Trustees meetings are open to congregants via Zoom. For meeting information email President Sarah Ormond at: boardpresident@firstusandiego.org.

Book Discussion
Aug. 27, Thursday, 2 pm — 3:30 pm, online. Rev. Kathleen will be hosting another book discussion. We’ll be discussing the book Once Night Falls – a novel by Roland Merullo. “Ordinary people make for extraordinary heroes in this novel of Nazi-occupied Italy.” Sign up with Rose Rose@firstusandiego.org and the zoom link will be sent to you the week of the discussion.

Need Tech Help?
Whether you are having trouble accessing a Zoom meeting, figuring out an unfamiliar website, or struggling with a computer that is not doing what you are hoping it will do – we’d like to help! Please contact Jenner, jenner@firstusandiego.org or 619-398-4443, who will connect you to volunteers who can take on your technical issues.

Virtual Meetings with Rev. Kathleen
To schedule a virtual appointment with Rev. Kathleen, click here: https://calendly.com/urevkathleen/30min.

Virtual Meetings with Rev. Tania
To schedule a virtual appointment with Rev. Tania, do so here: https://calendly.com/tymt77/30min.

Schedule a Meeting With Rose
Visit https://calendly.com/urose/30min to schedule a meeting with Rose, our Office Manager. Ask questions, propose ideas, or stop by to say hello. Rose's virtual door is open!

Summer Break Camp for Adults
ZOOM to Camp de Benneville Pines Sunday — Wednesday, August 8 — 12. Daily presenters include:
Our own Rev. Tom Owen-Towle will lead three morning workshops entitled “Some Spiritual Essentials for Staying Vital during These Tumultuous Times” 10:30 am — 12 pm.
Chris Epping, Camp’s enchanting storyteller and writer will feature stories of nature from his distinctive, humorous perspective, 7 pm evenings.
Fran Grace Ph.D will share her experiences with renowned spiritual teachers, scientists, activists and artists around the world 9 am — 10:30 am.
For detailed schedule and bios, visit the new website.
Registration to Summer Break Camp is free of charge. Donations are encouraged at deBennevillepines.org/covid-19-emergency-fund.

Did you know? You can follow us on Instagram; our user name is @firstusd.
Tag us in your pictures! #firstusd

Is Your Group Still Meeting Virtually?
If you facilitate an open group that is meeting virtually send the information to rose@firstusandiego.org so that it may be included in The Window!
Our South Bay Campus

Share Your Harvest for the August 9 Service
What are you harvesting from your garden these days? What bounty has this season brought to your table? Send us a picture of your garden harvest or another veggie / fruit / herb offering that you want to share with our community to be included in our August 9 service. Please send your pictures to Rev. Tania at tania@firstuusandiego.org by Thursday, August 6.

South Bay Social Hour
Sundays, weekly, 11 am, bit.ly/BSocialHour. Join in for a South Bay Social Hour. The password will be provided during the worship service.

Small Group Facilitators Wanted
Rev. Tania is looking for small group facilitators for Wisdom Circles and other identity based groups. If you’re interested, fill out this form: https://forms.gle/fUSDDzbfiKnMxq1K8

South Bay Singers Rehearsal
Mondays, weekly, 6:30 pm, bit.ly/BSingers.

El Puerto

The Harbor
The Harbor has been cancelled.

Social Justice

Virtual Meetings with Angela
To schedule an online appointment with Angela (to ask a question, propose an idea or just hang out), do so here: https://calendly.com/angelafujii/30min

Climate Justice Meeting
Sunday, August 16, 1 pm, Online. Many thanks to all who watched The Condor and the Eagle on July 16. We had a great turnout. The Climate Justice Team’s last meeting before the November 3rd election will be on Sunday, August 16, at 1 pm. We will be discussing ways to engage folks who recognize the existential threat of, and are committed to tackling, climate change and will work towards achieving environmental justice. Contact James Long at kylong1@gmail.com to register and receive the Zoom link.

Tip of the Week:
Cattle are the No. 1 agricultural source of greenhouse gases worldwide. Each year, a single cow will belch about 220 pounds of methane, which is 28 times more potent than carbon dioxide in warming the atmosphere. Scientists are experimenting with feed that will be more digestible for cows, and produce less methane. (Click here for more information.) In the meantime, we can eat less beef and dairy, and seek products from pasture raised cows. Healthy pastures retain carbon dioxide in the soil.
Children’s RE Survey
Please take a moment and complete this 4 question survey to help us create and adapt our Children’s RE Program. As you complete it, please keep in mind that the information will inform our programs designed for children in grades pre-k through grade 5. Also, know that we’ll be working in collaboration with the Parent’s Team, an outside consultant and the Family Ministry Team to design our fall/spring programming. This survey will help us meet more immediate needs in our summer programming, though all feedback and input is helpful.

New Children’s Zoom Offerings
For the summer months we’ll be offering two new children’s and multi-generational Zoom groups:

Magical Mondays! - Join us every Monday at 6 pm as we learn magic tricks and use those tricks to talk about our values, principles and how we can act on them to change the world. The focus of the hocus pocus will be on the children, but families and individuals of all ages are welcome!

Saturday Science, Stories and Songs - We’ll gather in Zoom each Saturday at 10 am to learn about animal life cycles, tell stories and do some fun musical activities that will get you up and moving!

There will be NO 2 pm Children’s Zoom on Saturdays.

For the safety of our children the zoom links for these meetings are not public, to request information contact tony@firstuusandiego.org.

Record the Affirmation!
Hi all! We’d like to include families more in our Worship Services. One way we’d like to do that is to have children and families record themselves leading our Affirmation so that we can include it after our time for All Ages. If you’d like to contribute a video, make sure we can clearly hear/see you and file share your video with Tony@firstuusandiego.org.

Participate in our Service!
We’d like to invite families to participate in our online worship services! You might want to lead the Affirmation (see previous post). You could also Zoom in live on Sunday Morning and light the Chalice! Or, if you’d like to do even more, you’re invited to work with the Worship Team to find a week to present our Time for All Ages. That could be a story, a reflection, a poem, a skit... and could be done by recording a video ahead of time or by being a live participant in our service via Zoom. For more info or to participate, contact tony@firstuusandiego.org.

Parents’ Lounge
Sundays, weekly, 11:40 am — 1 pm, url https://bit.ly/ParentLounge. Meeting ID: 873 6793 7478, Password: 504406. Our topic this week is “The School Year: What Options are People Exploring and How are They Preparing?”

Senior High Youth
Youth in grades 9-12 are meeting online via Zoom on Wednesdays at 3:30 pm and Sundays at 11:30 am. Senior High youth are having Movie Night on Fridays. To get more info, contact Käthe at kathe@firstuusandiego.org.

Middle School Youth Group
August 2, Sundays (weekly), 2 pm, online. The Summer Middle school group for youth in grades 6-8 will meet. This Sunday we will watch The Simpsons episode called, “Home and Lisa Versus the 8th Commandment” and then discuss connecting with our values and the search for truth and meaning. To get more info, contact Käthe at kathe@firstuusandiego.org.

Why OWL Classes Won’t Be Offered Online
There have been many questions about whether or not the Our Whole Lives program could be offered online. While there are many ways for OWL group participants to be engaged through online check-ins or games, neither the UUA nor UCC recommend using the OWL curricula online. It wasn’t created for or tested for efficacy online and the in-person interactions and experiential learning cannot be instantly replicated on an online platform. The bottom line considerations are safety and privacy. If a participant is triggered, facilitators may not notice and may not be able to offer effective support. Privacy is also endangered, as friends, parents, and siblings may be in the room, off or on camera. Finally, from a legal standpoint, the supplemental information and materials that are contained in the OWL curricula were granted permission to be used in print but not online. Curriculum resources and books are available to support parents and caregivers and help to enable engaging, healthy conversations on a number of topics related to sexuality. Contact Käthe Larick at kathe@firstuusandiego.org for more information.

Still Scamming!
Please be aware that this is still happening – even nationwide at our other UU churches. Especially during these tender times, folks are scamming church members in order to get gift cards purchased and sent to them. And, there’s nothing we can do about it except warn you and educate you. Never respond to any church member, staff or minister unless it comes from a valid church email, i.e. staffname@firstuusandiego.org. We do not use gmail accounts for our official church staff business. The following is an example of the latest email scam going around. Please be careful out there, stay safe, wear a mask when going out and wash your hands frequently!

From: “Kathleen Owens” <revkathleenowens10@gmail.com>
Date: Monday, June 29, 2020 10:05 AM
To: “First UU congregant email”
Subject: Blessings

Hi, How Are You Doing?
I Need An Assistance From You, Email Me As Soon As You Get This Message.
peace
Kathleen Owens
You Can Still Make Financial Donations
Directly to the Food Pantry!
Both one-time and monthly sustaining donations help
us stay open! No amount is too small, or too large.
Donate online via credit card at
https://www.firstuusandiego.org/donations.html
or make checks payable to FUUSD and write “SB
Food Pantry” in the memo line. Mail checks to Robie
Evans, FUUSD, 4190 Front St., San Diego, CA
92103.

If You Have Donated to the Food Pantry...
And have not heard directly from Maureen, please
contact her!

The South Bay Food Pantry...
is located at 970 Broadway, Suite 101, Chula Vista
91911. It is open to the public Saturdays from 11 -
12:30 PM and to congregants by appointment.

Invitation to Submit Art
for this Page
If you would like to submit art for this page, please let
Maureen know and send photos of your art to her by
Monday at noon.

Expertise Wanted!
The pantry has a couple unsheltered guests who
present particular challenges. If you have specific
expertise and are either willing to come to the pantry
during distribution or coach Maureen by phone,
please contact Maureen for details. Thanks!

Contact
Maureen McNair: memcnair948@gmail.com. To
reach the food pantry by phone call 619-271-5017.
The phone will take your message.
Food Pantry Clients Increase as Farmers to Families Produce Box Program Ends
by Maureen McNair

For the last couple months, I have been able to obtain produce from the USDA Farmers to Families Program. Every Saturday, the pantry received 22 pound boxes of fresh produce which volunteers distributed for many thousands of meals. Even though the produce was free, the pantry has had to pay for transporting the boxes from a Carlsbad warehouse to Chula Vista.

I have had to order produce boxes by the pallet. One pallet is 80 boxes, too few for our clientele. So I always ordered two pallets of produce boxes and had a few left over for awhile we were happy to offer to congregants.

Last week, the idea of “extra boxes” came to an end. The pantry had its busiest day ever. We provided food for over 600 people, about a 37% increase over this time last month.

The USDA Farmers to Families programs ended in San Diego yesterday. Right now, I do not know where we will get anywhere near that amount of produce by Saturday. I am hoping our Carlsbad warehouse manager holds onto enough boxes for one more distribution. Somehow, things work out, even if I can only source food through one time donations.

The end of the produce box program also comes right when the extra $600 a week in unemployment insurance expires. We will see if Congress acts before Saturday. People last Saturday were already getting scared. Last Tuesday night, the Chula Vista City Council voted to extend the moratorium on evictions only through the end of August.

I can never predict exactly how may pantry clients will arrive any Saturday morning. For this coming Saturday, volunteers are prepping 150 bags of shelf-stable food.

One of our volunteers, Kate Collier, often distributes the grocery bags to the pantry clients. We stage tables on the sidewalk outside what was the worship space. Outdoors, pantry clients can grab a bag and go while they practice safe physical distancing.

We have been running a practice diaper distribution on the sidewalk in front of the former social hall. The Regional Diaper Bank has strict reporting requirements. Laura Ball has been helping us beta test our processes. We switch diaper distribution to Sundays beginning August 2 to alleviate traffic bottlenecks in the parking lot.

Thank you for your continuing donations to the South Bay Food Pantry fund. It takes a village during these challenging times!
Calendar of Events

**Friday, July 31, 2020**
**Senior High Youth Movie Nights**
Fridays at 5 pm. To get more info, contact Käthe at kathe@firstuusandiego.org.

**Saturday, August 1, 2020**
**South Bay Campus Food Drop Off**
Drop off bagged or boxed food every Saturday from 9:30 am — 10 am.

**Children’s Zoom Meet-Up Preschool to Grade 5**
Saturdays at 10 am. Request meeting information from tony@firstuusandiego.org.

**Food Pantry Hours**
970 Broadway Suite 101, Chula Vista 91911. Our food pantry distributes food every Saturday from 11 am — 12:30 pm.

**Sunday, August 2, 2020**
**Live Streamed Worship**
Sundays, weekly, 9:30 am. [https://www.firstuusandiego.org/](https://www.firstuusandiego.org/)

**Social Hour**
Sundays, weekly, 10:30 am — 11:30 am, url [https://bit.ly/FirstUUSocialHour](https://bit.ly/FirstUUSocialHour), Meeting ID 824 042 297.

**South Bay Social Hour**

**Parents’ Lounge**

**Senior High Youth Group**
Sundays at 11:30 am. To get more info, contact Käthe at kathe@firstuusandiego.org.

**Pagan Conversations**

**Cosmos**
Sundays (first), August 2, 1 pm — 3 pm, Online. Contact James Long at kyolong1@gmail.com for the link.

**Middle School Youth Group**
Sundays at 2 pm. To get more info, contact Käthe at kathe@firstuusandiego.org.

**Palestine-Israel Justice Team Book Discussion**
Sunday, August 2, 4 pm, Online. For information on obtaining the book, and joining the Zoom discussion, [click here](https://bit.ly/PalestineIsraelJusticeTeamBookDiscussion).
Contact Cathy Pfister at keetcat@cipsd.com with questions.

**Open Heart Sangha**
Sundays, weekly, 4 pm — 5:30 pm, for the link to the meetings please contact Marge at margewur@gmail.com.

**Monday, August 3, 2020**
**Magical Mondays!**
Mondays, 6 pm. Children’s RE programming. Request meeting information from tony@firstuusandiego.org.

**South Bay Singers Rehearsal**

**Wednesday, August 5, 2020**
**Senior High Youth Game Days**
Wednesdays at 3:30 pm. To get more info, contact Käthe at kathe@firstuusandiego.org.

**Summer Virtual Pick-Up Choir**

**Thursday, August 6, 2020**
**Women’s Chorus Rehearsal**
Calendar of Events

Upcoming Events

Rainbow Action Group’s Koffee Klatch

Coping With Chronic Conditions Support Group

Arts & Crafts Creative Social
August 11, second and fourth Tuesdays, 3 pm — 5 pm, Link to meeting: https://bit.ly/ArtGuildSocial.

Join Robbie!

Memory Matters Gathering
August 14, Fridays (second and fourth), July 10, 9:30 am — 11:30 am, Online. Email hybertsen@att.net for the link.

Monthly Board Meeting
Tuesday, August 18, 6 pm, Online. Board of Trustees meetings are open to congregants via Zoom. For meeting information email President Sarah Ormond at: boardpresident@firstuusandiego.org.

Book Discussion
Thursday, Aug. 27, 2 pm — 3:30 pm, online. Rev. Kathleen will be hosting another book discussion of Once Night Falls. Sign up with Rose@firstuusandiego.org and the zoom link will be sent to you the week of the discussion.
Our Staff

Ministers:
Rev. Kathleen Owens, Lead Minister
Rev. Tania Márquez, Assistant Minister
Rev. Jim Grant and Rev. Löne Broussard, Affiliate Ministers
Rev. Bonnie Tarwater, Rev. Frank Piccone-Willey,
Rev. Julie Forest, and Rev. Katy Swanson
  Affiliate Community Ministers
Rev. Dr. Carolyn S. Owen-Towle, Minister Emerita
Rev. Dr. Thomas A. Owen-Towle, Minister Emeritus

Music Staff:
Chase Pado, Pianist
Lorelei Garner, SB Music Coordinator & Women’s Chorus Director
Andrea N-L, JUUL Tones Ensemble Director
Tony Bianca, Handbell Program and Children’s Choir Director

Staff:
Robie Evans, Director of Operations
Käthe Larick, Youth Programs Coordinator
Tony Bianca, RE Program Assistant
Rose Riedel, Office Manager
Angela Fuji, Social Justice Coordinator
Jenner Daelyn, Connections Coordinator and Scheduler
Connie Hayes, Bookkeeper / Controller
Ray Evans, Maintenance
Mark Epler, Event Coordinator

Board of Trustees

Sarah Ormond, President
Rev. Julie Forest, Vice President
James Long, Treasurer
Angela Garcia-Sims, Secretary
Laura Ball, Andrea Gonzalez, Brian Krohne, Kathleen MacLeod
and Maureen McNair, Trustees

Important E-mail Addresses:
General First Church E-mail: mail@firstuusandiego.org
Order of Service submissions: oos@firstuusandiego.org
Scheduling of Church Property: schedule@firstuusandiego.org
The Window (newsletter): window@firstuusandiego.org
First Church Web Site: website@firstuusandiego.org
http://www.firstuusandiego.org (Main site)
http://www.firstuusandiego.org/uuos-of-the-south-bay
(UUs of the South Bay)

Contact the Main Office (Hillcrest Campus):
First Unitarian Universalist Church of San Diego
4190 Front Street, San Diego, California 92103
619-298-9978 • mail@firstuusandiego.org
www.firstuusandiego.org
Office Hours:
Monday—Friday, 9 am to 4 pm and Sunday after Services
Sunday Morning Urgent Contact: 619-947-4612

Contact the South Bay Campus (Chula Vista):
Unitarian Universalists of the South Bay
970 Broadway, Suite 101 & 104, Chula Vista, California, 91911
619-271-5017 • uosouthbay@firstuusandiego.org
www.firstuusandiego.org/uuos-of-the-south-bay
Campus Hours: Sunday for Service or By Arrangement