

The Window

A Weekly Publication



Our Mission

Our mission is to create community, to nurture spiritual growth, and to act on our values to help heal the world.
Nuestra misión es crear comunidad, fomentar el crecimiento espiritual y vivir nuestros valores para ayudar a sanar el mundo.

Our Eight Principles

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

1. The inherent worth and dignity of every person;
2. Justice, equity, and compassion in human relations;
3. Acceptance of one another, and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience, and the use of the democratic process within our congregations and in society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part;
8. Building a diverse multicultural Beloved Community by our actions that accountably dismantle racism and oppressions.

Hillcrest Campus Location
4190 Front Street
San Diego, CA 92103
619-298-9978

South Bay Campus Location
970 Broadway, Suite 104
Chula Vista, CA 91911
619-271-5017

August's Transformational Theme: **Re-imagining Community**

Join Us Online!

Sunday Morning Worship

"Making the Most of It" / "Aprovechando al Máximo"

Rev. Kathleen Owens, *Lead Minister*

August 1, 2021 9:30 am

Visit <https://www.firstuusandiego.org/> on Sunday mornings to join us for virtual worship, and also to check the [blog](#) to keep up with the First UU happenings!

August Generosity Offering The South Bay Youth Center

The South Bay Youth Center is a drop-in and recreational center in Chula Vista offering safe space and affirming programming for LGBTQ and nonbinary youth, as well as youth living with HIV. Donate using our website at www.firstuusandiego.org/donations.html, under gift designation select "Generosity."

The deadline for the next issue of The Window is:

August 4 (**Wednesday**) at 8 am

If you would like an announcement placed in the Window, please email:

[**rose@firstuusandiego.org**](mailto:rose@firstuusandiego.org)

**The Window submission
maximum is 60 words**

What's Happening?

Our Church Family

On Tuesday, Rev. Kathleen participated in a Committal Service for Jim and Edith Brown. According to daughter Vanessa, Jim Brown died in August and Edith died in June. It was a small and meaningful service at Miramar National Cemetery

Your Reopening Team's Update – July 29, 2021

In this time of hope and looking forward, we as a community are embracing the challenges of a new future for First Church.

We recognize the significant concerns about Covid variants. They are more powerful and easier to pass on. And while vaccines are our great savior, they are not quite 100% effective. With an eye on science and faith in human resilience we're saying OK to certain future plans, although anything and everything can change. If so, we'll just have to deal with it.

"Soft reopening" is where we start. This means an in-person worship service, but not Religious Education, youth group, or social hour just yet. Our beloved Rev. Kathleen's final service will be on August 22. The worship planning people are preparing for an in-person service that day, in the Meeting House, *with all of us wearing masks*. (Since services are open to the public we can't assure everyone will be vaccinated.) On August 29 the plan again is for in-person worship but no other "normal" aspects of gathering together. Rev. Arvid Straube has graciously agreed to lead this service. *Masking by all will be required*.

We encourage families to come, we'll have some activities available for youngsters who want to play while the adults worship. (Or the other way around!) Families, please come.

We'll have more to say about any protocols. For now, consider the dates, and consider whether you might want to come. We are continuing to gather opinions about participation.

On September 5 we look forward to a "grand" reopening service, led by our Social Justice Ministry Team. This will include an in-person meet-and-greet with our transitional minister, Rev. Michael Brown. This will be a coffee and socializing Sunday, pretty much the whole deal (with some protocols).

We had hoped to give the go-ahead to South Bay for a similar start-up, but this can't happen until October when the Food Pantry is relocated and space is freed up for services. In September, the plan is to meet for services at a park in South Bay; details will be announced in August.

A survey has gone out about interest in attending in-person services and results are being analyzed. If you haven't taken the survey, please do so now [here](#). More details about times, online alternatives, how we'll continue to stay safe, plans for Rev. Kathleen's going-away, all of that will be coming. For now, please enjoy the steps forward we are all taking.

Rev. Kathleen's Farewell Picnic Party!

Saturday, Aug. 21, 6 pm – 8 pm, Hillcrest patio. Come and help us celebrate Rev. Kathleen's 14 years of service to our congregation as we fondly say "Farewell." During this time of rising infection rates with the Delta variant, we'll celebrate outdoors on the Hillcrest patio with special musical guests you won't want to miss (keeping the surprise alive)! Please BYO picnic dinner. Beverages and dessert will be provided. If you'd like to donate toward Kathleen's gift, please send your check to Robie with "Kathleen's gift" in the memo line -OR- through the donate page on our [website](#). Under fund designation, choose "other" and in the Comments box, write "Kathleen's gift." If you'd like more information, or would like to volunteer to help at the event, please email Robie@firstuusandiego.org. Please [RSVP here](#) no later than Monday, Aug 16 to let us know you're coming.

Job Postings at First UU!

We currently have the following positions open: [Program Assistant](#) and [Janitor](#). Application procedure: If interested in either of these positions, Submit cover letter, resume and two letters of reference; Electronic submissions only careersfirstuusd@gmail.com. Reference either "Program Assistant" or "Janitor" in the subject line. No phone calls please.

South Bay PRIDE

First UU will host a booth at South Bay Pride on Saturday, August 21. For more information, visit southbaypride.org. To help staff the booth, contact Tony@FirstUUSanDiego.org.

In-Person Camp de Benneville Pines

will be back for the **Men's 2021 Fall Renewal** scheduled for October 29 — 31. Please see more information at www.firstuusandiego.org/uploads/1/2/7/6/127676152/2021-07-12_advance_renewal_letter.pdf

Time to Look for a UUMF Support Group!

Are you looking for friends, fellowship and sharing with other men? Two ongoing men's support groups in our UU Men's Fellowship now have openings. One group meets first and third Mondays at 4 pm and another on first and third Thursdays in the evening.

If you are interested in joining or learning more about our support groups, please contact Armin Kuhlman arminkuhlman396@gmail.com or 619-229-0204.

Church Directory Update

It's time to update your Membership Directory photo and contact information! Submit your pictures and updates to: rose@firstuusandiego.org

What's Happening?

Board Chat

Sundays (first), August 1, 10:30 am, <https://bit.ly/FirstUUBoardChat>, or call in at 1-669-900-6833, Meeting ID: 863 0218 5062 Passcode: 203946. Have a question for your Board of Directors or something you would like them to know? There's a Zoom Board Chat at 10:30 am right after our service.

Social Hour

August 1, Sunday, 10:30 am — 11:30 am, <https://bit.ly/FirstUUSocialHour>, or call in at 1-669-900-6833, Meeting ID 824 042 297. Password provided during worship.

Cosmos

August 1, Sundays (first), 1 pm — 3 pm, <https://bit.ly/CosmosFUUSD>, Passcode: 242202. We are currently watching Brian Swimme's series, *Canticle to the Cosmos*. Please join us. The only prerequisite is an open heart and mind. Contact James Long at kyolong1@gmail.com for information or meeting ID.

Open Heart Sangha

August 1, Sundays, weekly, 4 pm — 5:30 pm, online. The Open Heart Sangha continues to meet on Sunday afternoons through online Zoom gatherings. Contact Marge, margewur@gmail.com for the link.

Compassion Corner

August 2, Mondays, weekly, 7 pm — 7:30 pm, <https://bit.ly/CompassionCorner1>, or call in at 1-669-900-6833, Meeting ID: 979 7637 7178 Passcode: 540948. A lay ministry listening space. To protect your privacy, the room has a waiting room enabled, a lay minister will let you in once they are available to speak.

Caregivers/Allies Support Group

Tuesday, August 3, 3 pm — 4:30 pm, online. Due to conflicts, the August meeting will be moved to **Tuesday August 3**, this group normally meets on the second Monday of the month. The Caregivers/Allies Support Group is welcoming prospective new participants. Members and friends of the First Unitarian Universalist Church of San Diego who are seeking additional information about participating, should contact Rose Riedel at Rose@firstuusandiego.org.

Worship Planning

August 3, Tuesdays, 4 pm — 5 pm, <https://bit.ly/WorshipPlanning1UU>, or call in at 1-669-900-6833, Meeting ID 878 4650 3375, Passcode 184690. We want to encourage direct conversations and find ways to co-create worship that is meaningful.

Widening the Circle of Concern Report Study Group

August 3, Tuesdays, 6:30 pm - 7:30 pm, online. The UUA's Commission on Institutional Change (COIC) Report focuses on ways that both the UUA and UU congregations can shift their current structures to be more intentionally diverse, inclusive, and equitable. This group will be diving deeply into the report. Email coicstudygroup@gmail.com for information.

First UU Summer Music Lecture Series & Sing-Along
Wednesday, August 4, 7 pm, <https://bit.ly/MusicLectureSeries>, Meeting ID 856 3744 7406, Passcode 191707. Join Tony Bianca to explore musicals with LGBTQ lead characters. All are welcome!

Rainbow Action Group's Koffee Klatch

August 8, Sundays (second), 12 pm, URL <https://bit.ly/RainbowKlatch>, password: 893622, or call in at 1-669-900-6833, ID 899 4140 9956, PW 893622. Rainbow Action Group's Koffee Klatch has gone virtual. Join us! All "family" friends and allies invited. The event is hosted by John Keasler and Louise Titlow.

Pagan Conversations

August 8, Sundays (second and fourth), 1 pm — 2 pm, Meeting Link: <https://bit.ly/PaganConversations>, or call in at 1-669-900-6833, Meeting ID: 535-853-700. Join the Earth Centered Spirituality Circle (ECSC) for a bi-weekly, virtual version of Pagan Conversations. This is a time to come together in a guided discussion and be in community. Contact sdpagansuu@gmail.com.

Coping With Chronic Conditions Support Group

August 9, second and fourth Mondays, 1 pm, URL <https://bit.ly/CopingCCGroup>, or call 669-900-6833 with meeting ID 681-036-9317. New participants reach out to Chris Smith prior to attending a meeting at 619-300-7477 or email chris.smith7@cox.net to discuss our covenant and mission statement and receive the password.

Arts & Crafts Creative Social

August 10, second Tuesdays, 3 pm — 5 pm, Link to meeting: <http://bit.ly/FirstUUArtGuild> or call in at 1-669-900-6833, Meeting ID 860 2031 2916, Passcode 587290. Join members of the Art Guild for a few hours of creativity in community! Work on ongoing projects, create Artist Trading Cards, begin new work, or even color in a coloring book alongside other artists.

SOLACE Speaker Meeting

Tuesday, August 10, 7:15 pm, bit.ly/SOLACEmeeting, Meeting ID: 548 467 669. Passcode: 267441. Kate Morrissey, Immigration Reporter for the San Diego Union Tribune will present a talk on "Border policies and access to asylum." Our zoom room will be open at 7:15 pm with time to connect with each other. Kate will start her presentation at 7:30 pm. There will be time for questions after her talk. All are welcome.

Join Robie!

August 11, second and fourth Wednesdays, 4 pm — 5 pm, url <http://bit.ly/JoinRobie2nd> or call 1-669-900-6833, Meeting ID 821 3727 4274. During these "stay at home" times, our Director of Operations, Robie, is missing her church friends, new and old, and even those she hasn't met yet!

Did you know? You can follow us on *Instagram*; our user names are [@firstuusd](https://www.instagram.com/firstuusd) and [@uus_south_bay](https://www.instagram.com/uus_south_bay)

What's Happening?

Memory Matters Gathering

August 13, Fridays (second and fourth), 10 am — 11:30 am, Online, with Kathy Gilbert, LCSW, and Gay Hybertsen, LCSW. This is a place for those who worry about memory problems and forgetfulness; and their care partners. The gathering, therapeutic and educational, enables members to make new contacts, build trust, and learn to deal with the consequences of memory loss. Ongoing, drop in. Email hybertsen@att.net for the link.

Creative Writing Group

August 14, Saturdays (second), 12:30 pm — 2:30 pm, <http://bit.ly/CreativeWritingFirstUU>, or call in at 1-669-900-6833, Meeting ID: 991 6747 3549. This group is for anyone with a desire to create and experiment with different styles of writing. This is a great space to meet individuals who want to share their creative abilities with others. RSVP to evagarciamayers@yahoo.es if you plan to attend. A minimum of three attendees is required for the group to be hosted each month.

Friends of Camp de Benneville Pines

Sundays (third), August 15, 6:30 pm — 8 pm, online. Friends of Camp de Benneville Pines meet via Zoom on third Sundays. Newcomers are welcome. To be added to the ZOOM invite list, please contact john@schaibly.com

Monthly Board Meeting

Tuesday, August 17, 6 pm, online. Board of Trustees meetings are open to congregants via Zoom. Find the zoom link in the member's only section of the [website](#).

Rev. Kathleen's Farewell Picnic Party!

Saturday, Aug. 21, 6 pm – 8 pm, Hillcrest patio. Come and help us celebrate Rev. Kathleen's 14 years of service to our congregation as we fondly say "Farewell." We'll celebrate outdoors on the Hillcrest patio with special musical guests you won't want to miss (keeping the surprise alive)! Please BYO picnic dinner. Beverages and dessert will be provided. If you'd like to donate toward Kathleen's gift, please send your check to Robie with "Kathleen's gift" in the memo line -OR- through the donate page on our [website](#). Under fund designation, choose "other" and in the Comments box, write "Kathleen's gift." If you'd like more information, or would like to volunteer to help at the event, please email Robie@firstuusandiego.org. Please [RSVP here](#) no later than Monday, Aug. 16 to let us know you're coming.

Fourth Monday Meeting of UU Men's Fellowship

Monday, August 23, 7 pm, online. We'll join men from all over the country, thanks to Zoom, to talk about ourselves and men's issues. More information will be sent to the UU Men's mailing list. To be added to the list or for information about this meeting, contact kcohn@san.rr.com

How to Call Into a Zoom Meeting

Call into a Zoom meeting by phone at 1-669-900-6833. When prompted, enter the meeting ID number.

Social Justice

Climate Action: Stop Drilling on Public Lands

Approval of oil and gas drilling leases on public lands has increased in 2020, despite Biden's campaign pledge to end this Trump-era practice and Interior Secretary Deb Haaland's past opposition to these leases when she was in the Senate. Oil and gas extraction from our public lands and waters accounts for about 25% of US carbon emissions. Stop fossil fuel leases now to conserve our public lands and protect climate. Learn more at NPR [n.pr/3zxZAG8](https://www.npr.org/3zxZAG8) and Sierra Club at bit.ly/3iPDJDt. Contact President Biden at <https://www.whitehouse.gov/contact/> or the Interior Dept. at <https://www.doi.gov/contact-us>. Let them know that we've noticed this sellout!

Our South Bay Campus

South Bay Social Hour

Sunday, August 1, 11 am, <https://bit.ly/SBSocialHour>. Meeting ID: 997 8730 8948. Join in for a South Bay Social Hour. Password will be provided during worship service.

South Bay Singers Rehearsal

August 2, Mondays, 5:30 pm — 6:15 pm, bit.ly/SouthBaySingers, Meeting ID: 831 5037 5219.

South Bay Food Pantry News

Thank you, Donors! The Food Pantry Is Moving! by Maureen McNair

Thanks so to hundreds of individual donors, our South Bay Food Pantry will continue operating in a new space once in-person services resume at our Chula Vista campus... Read the rest of the article on our blog at <https://www.firstuusandiego.org/blog/thank-you-donors>

Volunteers Wanted ...

If you are available to volunteer for the pantry on either Sunday evenings or Monday or Friday mornings, please contact Maureen. Lifting bags or boxes of food is involved. Thanks!

How to Donate to the South Bay Food Pantry

Donate online via credit card at www.firstuusandiego.org/donations.html or make checks payable to FUUSD and write "SB Food Pantry" in the memo line. Mail checks to Robie Evans, FUUSD, 4190 Front St., San Diego, CA 92103.

Contact

You can email Maureen McNair at memcnair948@gmail.com. To reach the food pantry by phone call 619-271-5017.

The South Bay Food Pantry...

is located at 970 Broadway, Suite 101, Chula Vista 91911. It is open to the public Saturdays from 11 am - 12:30 pm and to congregants by appointment.

Family Ministry

Children's Religious Education Schedule Change

In August we will continue to have Music and Movement on Saturdays at 9 am, and Stories and Science on Saturdays at 10 am. There will be **NO Children's RE Groups on Sundays**. For more information about Children's RE Programming or to get the links, contact Tony Bianca at Tony@firstuusandiego.org.

Parents' Lounge

With summer vacations and re-opening plans in the works, the group has decided to take a break from meeting weekly. Parents' Lounge will go on hiatus for August and plans to resume meeting in person in September. Keep an eye out for the date and time of our September meeting.



Middle School Youth Group

August 1, Sundays, 1:30 pm, online. The Middle School UU Group (MUUGS) for youth entering grades 6-8 will explore the theme of "re-imagining community." The Group will meet again on **August 8**. There will be another Out and About Family ministry event on August 15, so the group will not meet on that day. To prepare for the new church year, there will be no youth group meetings on August 22, 29, or September 5. To get more information contact Käthe at kathe@firstuusandiego.org.

Senior High Youth

August 1, Sundays, 3:30 pm, online. The Senior High youth group (YRUU) for youth entering grades 9-12, will meet via Zoom. The Group will meet again on **August 8**. Youth are encouraged to attend the Out and About Family ministry event on August 15, so the group will not meet on that day. There will also be no youth group meetings on August 22, 29, or September 5. For more information or Zoom link contact Käthe kathe@firstuusandiego.org.

Week at a Glance Calendar

Saturday, July 31, 2021

Saturday Music and Movement & Science, Stories and Songs

Saturdays at 9 am & 10 am. Children's RE programming. Request information from tony@firstuusandiego.org.

South Bay Food Pantry Hours

970 Broadway Suite 101, Chula Vista 91911. Distributing food every Saturday from 11 am — 12:30 pm.

Sunday, August 1, 2021

Live Streamed Worship

Sundays, weekly, 9:30 am, <https://www.firstuusandiego.org/>.

Social Hour

Sundays, 10:30 am — 11 am, url <https://bit.ly/FirstUUSocialHour>. Meeting ID 824 042 297.

Board Chat

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South Bay Social Hour

Sundays, 11 am, <https://bit.ly/SBSocialHour>

Cosmos

Sundays (first), August 1, 1 pm — 3 pm, Online. Contact James Long at kyolong1@gmail.com for the link.

Open Heart Sangha

Sundays, weekly, 4 pm — 5:30 pm, for the link to the meetings please contact Marge at margewur@gmail.com.

Monday, August 2, 2021

Compassion Corner

Mondays, weekly, 7 pm — 7:30 pm, <https://bit.ly/Compassioncorner1>. Meeting ID: 979 7637 7178 Passcode: 540948.

Tuesday, August 3, 2021

Caregivers/Allies Support Group

Tuesday, August 3, 3 pm — 4:30 pm, online. Contact Rose Riedel at Rose@firstuusandiego.org.

Worship Planning

Tuesdays, 4 pm — 5 pm, <https://bit.ly/WorshipPlanning1UU>. Meeting ID 878 4650 3375, Passcode 184690.

Widening the Circle of Concern Report Study Group

Tuesdays, 6:30 pm - 7:30 pm, and running weekly. Email coicstudygroup@gmail.com

Wednesday, August 4, 2021

First UU Summer Music Lecture Series & Sing-Along

Wednesday, August 4, 7 pm, <https://bit.ly/MusicLectureSeries>. Meeting ID 856 3744 7406, Passcode 191707.

Upcoming Events

Rainbow Action Group's Koffee Klatch

August 8, Sundays (second), 12 pm, URL <https://bit.ly/RainbowKlatch>. ID 899 4140 9956, PW 893622.

Pagan Conversations

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SOLACE Speaker Meeting

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POSTMASTER: Please send address changes to
The Window, 4190 Front Street, San Diego, CA 92103-2098

First Unitarian Universalist Church of San Diego
4190 Front Street, San Diego, CA 92103-2098
Phone: 619-298-9978
E-mail: mail@firstuusandiego.org

Our Staff

Ministers:

Rev. Kathleen Owens, *Lead Minister*
Rev. Jim Grant and Rev. Löne Broussard, *Affiliate Ministers*
Rev. Bonnie Tarwater, Rev. Frank Placone-Willey,
Rev. Julie Forest, and Rev. Katy Swanson
Affiliate Community Ministers
Rev. Dr. Carolyn S. Owen-Towle, *Minister Emerita*
Rev. Dr. Thomas A. Owen-Towle, *Minister Emeritus*

Music Staff:

Chase Pado, *Pianist*
Lorelei Garner, *SB Music Coordinator*
Andrea N-L, *JUUL Tones Ensemble Director*
Tony Bianca, *Handbell Program and Children's Choir Director*

Staff:

Robie Evans, *Director of Operations*
Käthe Larick, *Youth Programs Coordinator*
Tony Bianca, *Program Director*
Rose Riedel, *Office Manager*
Jenner Daelyn, *Connections Coordinator* (on leave)
Connie Hayes, *Bookkeeper / Controller*
Ray Evans, *Maintenance*
Mark Epler, *Event Coordinator*

Board of Trustees

Rev. Julie Forest, **President**
Cora Pendergast, **Vice President**
Laura Ball, Brian Krohne, Maureen McNair, Rosalba Ciampi and
Rhiannon Roselle, **Trustees**

Important E-mail Addresses:

General First Church E-mail: mail@firstuusandiego.org
Scheduling of Church Property: schedule@firstuusandiego.org
The Window (newsletter): [window@firstuusandiego.org](mailto>window@firstuusandiego.org)
First Church Web Site: [website@firstuusandiego.org](http://www.firstuusandiego.org)
<http://www.firstuusandiego.org> (Main site)
<http://www.firstuusandiego.org/uus-of-the-south-bay>
(UUs of the South Bay)

Contact the Main Office (Hillcrest Campus):

First Unitarian Universalist Church of San Diego
4190 Front Street, San Diego, California 92103
619-298-9978 • mail@firstuusandiego.org
www.firstuusandiego.org

Office Hours:

Monday—Friday, 9 am to 4 pm and Sunday after Services
Sunday Morning Urgent Contact: 619-947-4612

Contact the South Bay Campus (Chula Vista):

Unitarian Universalists of the South Bay
970 Broadway, Suite 101 & 104, Chula Vista, California, 91911
619-271-5017 • uusouthbay@firstuusandiego.org
www.firstuusandiego.org/uus-of-the-south-bay
Campus Hours: Sunday for Service or By Arrangement