Our Mission

Our mission is to create community, to nurture spiritual growth, and to act on our values to help heal the world.
Nuestra misión es crear comunidad, fomentar el crecimiento espiritual y vivir nuestros valores para ayudar a sanar el mundo.

Our Eight Principles

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

1. The inherent worth and dignity of every person;
2. Justice, equity, and compassion in human relations;
3. Acceptance of one another, and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience, and the use of the democratic process within our congregations and in society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part;
8. Building a diverse multicultural Beloved Community by our actions that accountably dismantle racism and oppressions.

Hillcrest Campus Location
4190 Front Street
San Diego, CA 92103
619-298-9978

South Bay Campus Location
970 Broadway, Suite 104
Chula Vista, CA 91911
619-271-5017

Hillcrest Services - 10 am Sundays

July 31, 2022
"Reproductive Justice Sunday and Every Day"
by Rev. Dr. Omega Burckhardt, *Assistant Minister* and The Reproductive Justice Team

August 7, 2022
"Books" by Tony Bianca, *Program Director*

Masks are *required* indoors and will be provided to those who need them.

South Bay Services - 4 pm Saturdays, biweekly

August 13, 2022

Our next South Bay Service will be held on August 13. Watch this space in the coming weeks for more details.

Masks are *required* indoors and will be provided to those who need them.

5th Sunday Generosity Offering
Partner Church - Philippines

The UU Congregation in Malingin is in a rural, predominantly rice growing area on the island if Negros. We are raising the funds needed to meet our annual commitment to help the children of this congregation go to school. This year we are being asked to support 45 students. The funds we send help them with school supplies, clothes, and transportation so they can attend classes. In addition to helping these students, we were also able to assist Noe Castandea, the congregation's minister, to complete his Ministerial Formation Training. Noe was ordained by the UU Church of the Philippines in April. Your generosity is greatly appreciated! You can donate on our ***website***, under gift designation select "Generosity."

Journey Toward Wholeness (JTW)
What Can I Do?

In support of our 8th Principle, register for the webinar *"Dismantling Racism One Insight at a Time."* Thursday, August 18, 6:30 pm — 8 pm. Presented by Peter Bolland (Southwestern College philosophy & humanities department chair) focuses on coming to terms with racism by peeling back the layers of unconscious bias. UUs and non-UUs invited. For more information and (required) registration, go to ***www.firstuusandiego.org/adult-faith-formation.html***.

What's Happening?

Our Church Family

Longtime, beloved church member **Jorge Hinojosa** died July 22. We will extinguish the Chalice for Jorge at this coming Sunday's Worship service. Watch this space for information regarding a Celebration of Life service.

Air Circulation in the Meeting House

For a complete description on how the circulation (air flow) system works in the Meeting House, ***click here***.

Our Summer Hootenanny

July 30, Saturday, 4 pm — 6 pm, Hillcrest Patio. **Hoot·en·an·ny:** An afternoon of **music** and **fun** for the whole family, featuring live music, sing-alongs, food, drink, fun and games with the Front Street Troubadours, Carolyn and Tom Owen-Towle, Drew Massicot, South Bay Singers, the Ferrier Brothers, Penny Whistlers, Keith Mesecher and more. Please contact ***outreach@firstuusandiego.org*** for more information.

Hillcrest In-Person Social Hour

July 31, Sundays, following worship, Hillcrest Patio. Join your community on the Hillcrest patio after the service for social time with coffee, tea and snacks.

Virtual Social Hour

July 31, Sundays, 11 am, ***bit.ly/FirstUUSocialHour***, or call in at 1-669-900-6833, Meeting ID 824 042 297. Password: FUUSD.

Open Heart Sangha

July 31, Sundays, weekly, 4 pm — 5:30 pm, online. The Open Heart Sangha continues to meet on Sunday afternoons through online Zoom gatherings. Contact Marge, ***margewur@gmail.com*** for the link.

Worship Planning

August 2, Tuesdays, 4 pm, ***bit.ly/WorshipPlanning1UU***, Meeting ID 841 0548 1861 Passcode: 092833.

Uke Cafe

August 3, Wednesdays, 3:30 pm, ***https://bit.ly/ukecafe***. Join Tony on Zoom with your ukulele to learn some chords and play the ukulele with us!

Summer Choir Rehearsal

August 3, Wednesdays, 7 pm — 8:30 pm, Chapel. Summer Choir rehearsals will take place inside the Chapel at 7 pm on Wednesdays. Join us! Contact ***marshall@firstuusandiego.org*** with questions.

Organizing for Justice Meeting

August 4, first Thursdays, 6 pm, online. Organizing for Justice (O4J) meets on the first Thursday of each month. Please contact ***Newt Ferris*** for further information.

Board Chat

August 7, first Sundays, 12:30 pm, ***bit.ly/FirstUUBoardChat***, or call in at 1-669-900-6833, Meeting ID: 863 0218 5062 Passcode: 203946. Ask a question of your Board or tell them something you would like them to know.

You can follow us on *Twitter*! Our user name is **@firstuusd**.

Cosmos

August 7, first Sundays, 1 pm — 3 pm, ***https://bit.ly/CosmosFUUSD***, Passcode: 976520. We are currently watching Brian Swimme's series, *The Story of the Noosphere*. Feel free to join us. The only prerequisite is an open heart and mind. Contact James Long ***kyolong1@gmail.com*** for information or meeting ID.

Coping With Chronic Conditions Support Group

August 8, second and fourth Mondays, 1 pm, URL ***bit.ly/CopingCCGroup***, or call 669-900-6833 with meeting ID 681-036-9317. New participants reach out to Chris Smith prior to attending a meeting at 619-300-7477 or email ***chris.smith7@cox.net*** to discuss our covenant and mission statement and receive the password.

Caregivers/Allies Support Group

August 8, second and fourth Mondays, 4 pm — 5:30 pm, online. The Caregivers/Allies Support Group is welcoming prospective new participants. For additional information about participating, contact ***Les Vivian***.

Book Lovers Affinity Group

August 11, second Thursdays, 6 pm, online. Everyone is welcome to join our discussion of Michael Chabon's novel "*Telegraph Avenue,*" about a small record store battling an incoming superstore in Oakland. We'll discuss "*The Overstory*" by Richard Powers at our Sept. 8 meeting. For more information, please email or call Maureen at ***memcnair948@gmail.com*** or 619-427-1769.

Memory Matters Gathering

August 12, second and fourth Fridays, 10 am — 11:30 am, Online, with Kathy Gilbert, LCSW, and Gay Hybertsen, LCSW. This is a place for those who worry about memory problems and forgetfulness; and their care partners. The gathering, therapeutic and educational, enables members to make new contacts, build trust, and learn to deal with the consequences of memory loss. Ongoing, drop in. Email ***hybertsen@att.net*** for the link.

Creative Writing Group

August 13, second Saturdays, 10:30 am — 12:30 pm, ***http://bit.ly/CreativeWritingFirstUU***, Meeting ID: 868 9505 3014 Passcode: 361410. This group is for anyone with a desire to create and experiment with different styles of writing. This is a great space to meet individuals who want to share their creative abilities with others. RSVP to ***evagarciamayers@yahoo.es***. A minimum of three attendees is required for the group to be hosted.

South Bay Summer Worship

August 13, Saturday, 4 pm, South Bay Campus. Join us for in-person, indoor worship. Masks are required indoors except for worship leaders when they speaking. Stay afterwards to join in conversation and community with an outdoor social hour.

What's Happening?

Becoming a Member Orientation

August 14, Sunday, 11 am, Room 321 (masks required). Come join the Connections Team to learn about the membership process at First UU! This is a perfect opportunity to ask any questions you might have about what membership means, how to get involved in the First UU community, and how to take the next steps. For more information, please email ***jenner@firstuusandiego.org***.

Rainbow Action Group's Koffee Klatch

August 14, second Sundays, 11 am, Hillcrest Campus Memorial Garden and online at ***https://bit.ly/Rainbow Klatch***, password: 893622. Rainbow Action Group's Koffee Klatch has gone virtual. Join us! All "family" friends and allies invited. Hosted by John Keasler & Louise Titlow.

Sunday fUUnday BINGO!

August 14, Sunday, 12 pm — 2 pm, Bard Hall. Join us for BINGO fun! FREE to play and free to win! Masks are required indoors. You may pack a lunch to enjoy outside, small individually wrapped snacks and water bottles will be provided. Suggested donation of $5. For more information visit our ***website*** or contact ***Rose Riedel***.

Pagan Conversations

August 14, second and fourth Sundays, 1 pm, in person in the Peace Garden and 2:30 pm, online at ***bit.ly/PaganConversations***, Meeting ID: 535-853-700. The Earth Centered Spirituality Circle invites pagans to gather on the 2nd and 4th Sundays of each month for discussions of upcoming pagan solar holidays and other themes.

Board Meeting

August 16, third Tuesdays, 6 pm, online. Board of Trustees meetings are open to congregants via Zoom. Find the zoom link in the members only section of the ***website***.

Rainbow Twilight Walk

August 18, third Thursdays, 5 pm, the center of Balboa Park's museum area. Join us for exercise and in-person socializing. Contact John Keasler at 619-278-1267 or Louise Titlow at 619-990-5622 for info.

Adult RE Speaker Series

August 18, Thursday, 6:30 pm — 8 pm, zoom. register for our first Adult RE Speaker Series, "*Dismantling Racism One Insight at a Time*" with Peter Bolland. Registration is required to receive the Zoom link for this event. ***https://www.firstuusandiego.org/adult-faith-formation.html***

Summerfest Community Concert - August 19

Friday, August 19, 7:30 pm, Meeting House. The Outreach and Growth Fund's Front Street Productions presents "Summerfest Community Concert – featuring La Jolla Music Society's Fellowship Artists." Works by Ravel, Janacek, Taneyev and Schoenberg will be performed by the Aestas Trio (piano trio) and the Pelia Quartet (string quartet), without intermission. This concert is free and is not to be missed! You must register to attend this open-seating concert through ***Eventbrite***. For more information, please contact ***Robie Evans***.

UU Seniors - Canceled

Our Saturday, August 20, program is canceled. We will resume in September. If you have ideas to suggest for our monthly program, please send them to ***Marv Pulliam***. September's Program: *Overcoming Ageism*. Saturday, Sept 17, at 10 am, ***bit.ly/UUSeniors***. Denny Braun will lead a discussion on the many faces of ageism in our culture. We will challenge myths about old age and learn ways to counter them based on research from Beca Levy's new book, Breaking the Age Code. Hosted by UU Seniors. Everyone is invited.

Friends of Camp de Benneville Pines

August 21, third Sundays, 6:30 pm — 8 pm. Friends of Camp de Benneville Pines continues to meet on third Sundays. Newcomers are welcome. To be added to the invite list and for location information, contact ***johnschaibly@gmail.com***

Sunday fUUnday Virtual Movie Night!

August 21, Sunday, 7 pm, ***bit.ly/SundayFUUnday*** Meeting ID: 854 4897 7247, Passcode: 862727. Pop your popcorn, grab your snacks and join us online while we watch the movie "*tick, tick... BOOM!*" together. For more information visit our ***website*** or contact ***Rose Riedel***.

Fourth Monday Picnic of UU Men's Fellowship

August 22, fourth Mondays, 5:30 pm, Morley Field in Balboa Park for their annual summer picnics. Bring a side dish or dessert to share and your beverage. We will provide the burgers and dogs (vegetarian too!), games, a fire ring, discussion and a beautiful San Diego summer evening. Take Texas Street north from University Avenue. Crossing Upas into Morley Field turn into the parking area on the right. We'll be just in front of the tennis courts. Contact ***Andy French*** or ***John Keasler***.

Sunday fUUnday UNO!

August 28, Sunday, 12 pm — 2 pm, Bard Hall. Join us to play UNO! and other card games. Masks are required indoors. You may pack a lunch to enjoy outside, small individually wrapped snacks and water bottles will be provided. Suggested donation of $5. For more information visit our ***website*** or contact ***Rose Riedel***.

The deadline for the next issue is:
August 2 (**Wednesday**) at 8 am

If you would like an announcement placed in the Window, please email:
rose@firstuusandiego.org

Submission maximum is 60 words

South Bay Campus

South Bay Summer Worship Series!

Join us for in-person, indoor worship in the South Bay sanctuary. Worship services will be held on Saturdays at 4 pm on August 13 and August 27. Masks are required indoors except for worship leaders when they are speaking. Feel free to stay a while afterwards to join in conversation and community with an outdoor social hour.

Virtual Social Hour

July 31, Sundays, 11 am, ***bit.ly/FirstUUSocialHour***, or call in at 1-669-900-6833, Meeting ID 824 042 297. Password: FUUSD.

South Bay Singers Rehearsal

August 2, Wednesdays, 6:15 pm, via zoom. Contact ***Loreleigi@hotmail.com*** for details.

Family & Lifespan

Children's Religious Education

This Sunday, July 31, we'll continue our "Invisible Forces" curriculum by exploring chemical reactions and potential energy, and use those forces to make and launch our very own rockets!

Sunday, August 7, we'll have a Multigenerational Service about "*Books*." If you'd like to share a story; give a reflection about your favorite book, author or poem; or participate contact ***tony@FirstUUSanDiego.org***

Beach Bonfire

Mark your calendars for the evening of August 25 for a Beach Bonfire! More details coming soon.

RE Adult Help Needed

We need adults to help with Sunday RE! While we'll eventually need leaders to teach a lesson plan, we're currently in need of adults just to be a second adult to assist the staff leads. To help out on Sundays during 9:30 am RE time contact ***tony@firstuusandiego.org***.

South Bay Food Pantry News

The South Bay Food Pantry...

is located at 970 Broadway, Suite 101, Chula Vista 91911. It is open to the public Saturdays from 11 am - 12:30 pm and to congregants by appointment.

Join Us!

We are volunteers with a variety of abilities. Some sit, some carry heavy things, some use computers, some speak Spanish -- and some do none of these things. Some attend this church, some live in the South Bay, some belong to other faith communities. Some work at the pantry one Saturday morning a month, some come during the week, some never come onsite. It's a grand experiment in challenging food insecurity in the South Bay. Join us!

First steps: email ***foodpantry@firstuusandiego.org*** or visit our Sunday table on the Hillcrest patio or call/text Deirdre Lonergan at 619-261-8474. We're glad to talk.

How to Donate to the South Bay Food Pantry

Donate online at ***firstuusandiego.org/donations.html*** or make checks payable to FUUSD and write "SB Food Pantry" in the memo line. Mail checks to Robie Evans, FUUSD, 4190 Front St., San Diego, CA 92103.

Our Faith

Help Ukrainian Refugees!

Orange Coast UU Church recently took in, temporarily, Ukrainian Refugees that were coming through Tijuana while they found longer term housing and got their paperwork settled. Tatiana Houser of OCUUC has been working with an organization called Nova Ukraine to help more refugees. If you are willing to offer a temporary home to a Ukrainian Refugee - singles, couples or families, please contact Tatiana Houser at 248-482-9749 or email her: ***tnatsik@gmail.com***.

Jewish Community Services of San Diego also has ways to help – see their ***website***; scroll down for ways to give and volunteer.

Social Justice

Climate Action:
Answers to Five Big Plastics Questions

The growing use and production of plastics impacts our health and the planet's health. Green America has answers on important questions: concerns about BPA, how much plastic is recycled, what happens to recycled plastic, consuming microplastics and creating microplastic waste, and how aging plastic becomes more toxic. ***CLICK HERE*** for answers from Green America and a link to 10 Top Plastic Questions. To learn more about how to reduce your plastic use at Plastic Free EcoChallenge, ***CLICK HERE***.

Join the First UU Reproductive Justice Action Group

The assault on reproductive freedom was solidified with the Supreme Court's decision to overturn Roe v. Wade. We are exploring ways to take action and help people seeking abortions throughout the country. Contact ***Karen Lamphere*** to be kept informed and take part in First Church's efforts to make a difference.

Week at a Glance Calendar

Saturday, July 30, 2022

Hootenanny
July 30, Saturday, 4 pm — 6 pm, Hillcrest Patio. Mark your calendars for our first Hootenanny, a Folk Music Social!

Sunday, July 31, 2022

In Person & Simultaneous Livestream Worship
At 10 am! Our Hillcrest Worship Service will be inside the Meeting House (well-fitting masks will be required)! There will be outdoor viewing also for those who wish to watch the service on our huge TV array! Join us in person or ***online***.

Hillcrest In Person Social Hour
Sundays, following service, Hillcrest patio. Coffee, tea and snacks provided.

Virtual Social Hour
Sundays, 11 am, ***bit.ly/FirstUUSocialHour***, Meeting ID 824 042 297. Password: FUUSD

Open Heart Sangha
Sundays, weekly, 4 pm — 5:30 pm, contact Marge at ***margewur@gmail.com***.

Tuesday, August 2, 2022

Worship Planning
Tuesdays, 4 pm — 5 pm, ***bit.ly/WorshipPlanning1UU***, Meeting ID 878 4650 3375, Passcode 184690**.**

Wednesday, August 3, 2022

Uke Cafe
Wednesdays, 3:30 pm, ***https://bit.ly/ukecafe***. Join Tony on Zoom with your ukulele!

South Bay Singers Rehearsal
Wednesdays, 6:15 pm, via zoom. Contact ***Loreleigi@hotmail.com*** for details.

Summer Choir Rehearsal
Wednesdays, 7 pm — 8:30 pm, Chapel. Summer Choir rehearsals will take place inside the chapel. Join us! Contact ***marshall@firstuusandiego.org***.

Thursday, August 4, 2022

Organizing for Justice Meeting
August 4, Thursdays (first), 6 pm, online. Contact Newt Ferris at ***newtferris@gmail.com*** for further information.

Upcoming Events

Parent Lounge
August 7, Sunday, 11 am, Welcome Center Balcony.

Board Chat
Sundays (first), August 7, 12:30 pm, ***bit.ly/FirstUUBoardChat***, Meeting ID: 863 0218 5062 Passcode: 203946.

Cosmos
Sundays (first), August 7, 1 pm — 3 pm, ***https://bit.ly/CosmosFUUSD***, Passcode: 976520.

Coping With Chronic Conditions Support Group
August 8, Mondays (second & fourth), 1 pm, URL ***https://bit.ly/CopingCCGroup***, meeting ID 681-036-9317.

Caregivers/Allies Support Group
August 8, Mondays (second & fourth), 4 pm — 5:30 pm, online. Contact ***Les Vivian***.

Book Lovers Affinity Group
August 11, second Thursdays, 6 pm, email or call Maureen at ***memcnair948@gmail.com*** or 619-427-1769.

Memory Matters Gathering
August 12, Fridays (2nd and 4th), 10 am — 11:30 am, Email ***hybertsen@att.net*** for the link.

Creative Writing Group
August 13, Saturday, 10:30 am — 12:30 pm, ***bit.ly/CreativeWritingFirstUU***, ID: 868 9505 3014 Passcode: 361410.

South Bay Summer Worship
August 13, Saturday, 4 pm, South Bay Campus. Join us for indoor worship at the South Bay campus!

Becoming a Member Orientation
August 14, Sunday, 11 am, Room 321 (masks required). Come learn about the membership process at First UU!

Rainbow Action Group's Koffee Klatch
August 14, Sundays (second), 11:00 am, Hillcrest Campus Memorial garden and online at: ***bit.ly/RainbowKlatch***, ID 899 4140 9956, PW 893622.

Sunday fUUnday BINGO!
August 14, Sunday, 12 pm — 2 pm, Bard Hall. Join us for BINGO fun! FREE to play and free to win! Masks are required indoors.

Pagan Conversations
August 14, Sundays (second and fourth), 1 pm, Peace Garden and 2:30 pm, online ***bit.ly/PaganConversations***, Meeting ID: 535-853-700.

Board Meeting
August 16, Tuesday, 6 pm, online. Board meetings are open to congregants. Find the link in the member section of the ***website***.

Rainbow Twilight Walk
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August 21, Sundays (third), 6:30 pm — 8 pm. For location information, contact ***johnschaibly@gmail.com***

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Fourth Monday Meeting of UU Men's Fellowship
Aug 22, Monday (fourth), 5:30 pm, Morley Field in Balboa Park for their annual summer picnics. Contact ***Andy French*** or ***John Keasler***.

Front Street Productions
The Outreach and Growth Fund
and the UU Mens Fellowship

Summer Hootenanny*

This free, outdoor event is open to the public and will feature performances by the Front Street Troubadours, Tom Owen-Towle, Drew Massicot, The Penny Whistlers, and more! Emceed by First UU Music Director Marshall Voit.

When: Saturday, July 30th, 2022, 4 pm-6pm
Where: First Unitarian Universalist Church of San Diego
4190 Front St. (GPS: 298 W Arbor)
Hillcrest, San Diego, CA 92103

Free parking in the church's Ace parking lot.
For more information or inquiries contact firstuusandiego.org
outreach@firstuusandiego.org

*Hoot·en·an·ny: An afternoon of music and fun for the whole family, featuring live music, sing-alongs, food & drink, and fun & games.

Beware of More Scams!

Scammers are pretending to be our Ministers!

Be aware that real staff email addresses all have the ending of @firstuusandiego.org - no gmail accounts!

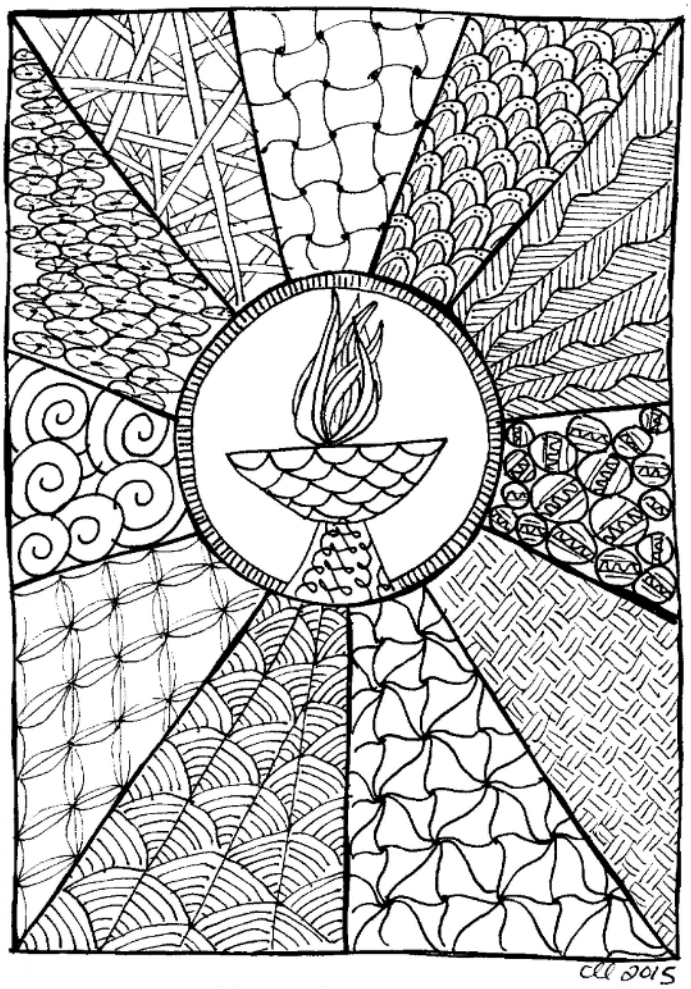
Staff and ministers will never reach out to you via email or text message for money or gift cards. Never send money without speaking directly (verbally) with the person you believe you are sending money to.

Medical Equipment for Loan

Our church has an inventory of medical equipment for loan (up to two months). If you would like to borrow a wheelchair, walker (regular and seated), crutches, knee scooter, toilet riser, bedside commode, canes, grabbers, or bed pan, call Chris Smith 619-300-7477 or Peggy Holl 619-787-5770. If you would like to donate used medical equipment in good working condition, let them know also.

Church Directory Update

It's time to update your Membership Directory photo and contact information! Submit your pictures and updates to: ***rose@firstuusandiego.org***



Tech Tip: AVOIDING EMAIL SCAMS

CHECK THE SENDER

Many scams are disguised to look like they came from someone you know: a friend or relative, even. Double check the sender's email address against the one you have on file.

DO NOT CLICK OR REPLY

The best way to keep yourself safe is not to engage at all when you see a suspicious email. Delete it or mark it as spam, and move on.

DO SOME RESEARCH

If you're still unsure and curious whether the email might be legitimate, do a Google search for the agency or cause it's claiming. Often this step will confirm it is a fraudulent attempt.

SECURE YOUR ACCOUNTS

If you believe your information or identity may have been compromised, update your passwords and security settings immediately. Do this routinely to ensure sensitive information is safe.

REST ASSURED

FUUSD will never request personal identification information, money, or financial information from you directly over email.

First Unitarian Universalist Church of San Diego
4190 Front Street, San Diego, CA 92103-2098
Phone: 619-298-9978, Fax: 619-298-9997
E-mail: mail@firstuusandiego.org

POSTMASTER: Please send address changes to
The Window, 4190 Front Street, San Diego, CA 92103-2098

Our Staff

Ministers:
Rev. Justine Sullivan, *Lead Minister*
Rev. Dr. Omega Burckhardt, *Assistant Minister*
Rev. Jim Grant and Rev. Löne Broussard, *Affiliate Ministers*
Rev. Bonnie Tarwater, Rev. Frank Placone-Willey,
Rev. Julie Forest and Rev. Katy Swanson, *Community Ministers*
Rev. Dr. Carolyn S. Owen-Towle, *Minister Emerita*
Rev. Dr. Thomas A. Owen-Towle, *Minister Emeritus*

Music Staff:
Marshall Voit, *Music Director*
Lorelei Garner, *South Bay Music Coordinator*
Andrea Spiero, *JUUL Tones Ensemble Director*
Tony Bianca, *Handbell Program Director*

Staff:
Robie Evans, *Director of Operations*
Tony Bianca, *Program Director*
Rose Riedel, *Office Manager*
Jenner Daelyn, *Connections Coordinator* & *Congregational Assistant for Diversity, Equity, and Inclusion*
Pam Bates, *Scheduler*
Kate Collier, *Program Assistant*
Connie Hayes, *Bookkeeper / Controller*
Ray Evans, *Maintenance*
Joshua Morrison, *Janitor*
Mark Epler, *Event Coordinator*

Board of Trustees

Cora Pendergast, **President**
Everardo Aguilar, **Vice President**
Sue Marberry, **Treasurer**
Karen Lamphere, **Secretary**
Leland Beck, Rosalba Ciampi, Steve Howard and Valerie Jaques, **Trustees**

Important E-mail Addresses:
General First Church E-mail: mail@firstuusandiego.org
Scheduling of Church Property: schedule@firstuusandiego.org
The Window (newsletter): window@firstuusandiego.org
First Church Web Site: website@firstuusandiego.org
http://www.firstuusandiego.org (Main site)
http://www.firstuusandiego.org/uus-of-the-south-bay
(UUs of the South Bay)

Contact the Main Office (Hillcrest Campus):
First Unitarian Universalist Church of San Diego
4190 Front Street, San Diego, California 92103
619-298-9978 • mail@firstuusandiego.org
www.firstuusandiego.org
Office Hours:
Monday—Friday, 9 am to 4 pm and Sunday after Services
Admin Mobile Line: 619-947-4612

Contact the South Bay Campus (Chula Vista):
Unitarian Universalists of the South Bay
970 Broadway, Suite 101 & 104, Chula Vista, California, 91911
619-271-5017 • uusouthbay@firstuusandiego.org
www.firstuusandiego.org/uus-of-the-south-bay
Campus Hours: Sunday for Service or By Arrangement