

The Window

A Weekly Publication



Our Mission

Our mission is to create community, to nurture spiritual growth, and to act on our values to help heal the world. Nuestra misión es crear comunidad, fomentar el crecimiento espiritual y vivir nuestros valores para ayudar a sanar el mundo.

Our Eight Principles

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

1. The inherent worth and dignity of every person;
2. Justice, equity, and compassion in human relations;
3. Acceptance of one another, and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience, and the use of the democratic process within our congregations and in society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part;
8. Building a diverse multicultural Beloved Community by our actions that accountably dismantle racism and oppressions.

Hillcrest Campus Location
4190 Front Street
San Diego, CA 92103
619-298-9978

South Bay Campus Location
970 Broadway, Suite 104
Chula Vista, CA 91911
619-271-5017

Hillcrest Services
9:30 am Sundays

South Bay Services
4 pm Saturdays, biweekly

May 29, 2022

"Social Justice Sunday"

Rev. Suzelle Lynch, *Minister in Residence*

May 5, 2022

"Doing Time with Special Guest 'Brad the Dad'"

Rev. Suzelle Lynch, *Minister in Residence*

Attend In-Person Worship or Watch live [online](#)

Masks will be provided to those who need them.

June 4, 2022

"Nourishing Our Dreams"

"Nutriendo Nuestros Sueños"

Rev. Dr. Omega Burckhardt, *Assistant Minister*

June 18, 2022

Rev. Suzelle Lynch, *Minister in Residence*

Masks are *required* indoors
and will be provided to those who need them.

May Generosity Offering Environmental Health Coalition

The Environmental Health Coalition is dedicated to achieving [environmental and social justice](#). They believe that justice is accomplished by empowered communities acting together to make social change. EHC organizes and advocates to protect public health and the environment threatened by toxic pollution. EHC supports broad efforts that create a just society and fosters a healthy and sustainable quality of life. You can donate on our [website](#), under gift designation select "Generosity."

Journey Toward Wholeness (JTW) What Can I Do?

White people are being called upon to do the work of dismantling white supremacy. This can be a daunting prospect, and leads to feelings of inadequacy to do the work. We have ancestors on this path. [Read more](#) about our anti-racist history and help support this project to bring it forward.

What's Happening?

Slate of Candidates for First UU's 2022-2023 Board of Trustees

The Nominating Committee is pleased to announce the slate of candidates for First UU's 2022-2023 Board of Trustees. We had a strong and positive response from our community to our call for potential candidates and we'd like to publicly thank EVERYONE who expressed an interest and showed such caring for this congregation's future.

The Board of Trustees slate of candidates is:

- Everardo Aguilar, Vice President / President elect; two-year term
- Sue Marberry, Treasurer; one-year term
- Valerie Jaques, Trustee at large; three-year term
- Steve Howard, Trustee at large; three-year term
- Leland Beck, Trustee at large; three-year term
- Karen Lamphere, Trustee at large; three-year term

We have one more Meet-and-Greet session with the candidates:

- 5 pm, Sunday, May 29: **Virtual (Zoom) session**

In addition, there is a **web page** with the biographies and photos of the candidates that summarizes their tenure with our church and engagement with our church community. Voting for the candidates will be at the Annual Congregational Meeting on Sunday, June 12, at 1 pm, via Zoom. Online-only absentee voting begins on June 1, 2022 and regular voting begins at the end of the congregational meeting and ends at 1 pm, Monday, June 13th. Results will be announced via eblast on Tuesday, June 14th.

If you are interested in adding yourself to the slate of candidates for the Board, you can do so by a petition process. The **Church Constitution** (Article VI Nominations and Elections Section 1, d) will direct you on the **petition process**.

Only Voting Members may cast ballots at Annual or Special Membership Meetings. If you have any questions about your eligibility to vote on June 12th, please contact **Robie Evans, Director of Operations**. Your active participation in the voting process ensures that your voice, concerns, and ideals for our church and its future will be properly represented and considered for its strategic direction and long-term sustainability.

If you have any questions, or need more information, contact any member of the 2021-2022 **Nominating Committee**: Christy Anderson, Marcia Biller, Mindy Hochgesang, Adrienne Kaplan, and Mitch Mitchell.

Slate of Candidates for First UU's 2022-2023 Nominating Committee

View the **slate of candidates** for the 2022 - 2023. Read the candidates bios and get information about the petition process **HERE**.

Employment Opportunities

We are seeking to fill the positions of **Youth & Young Adult Program Coordinator** as well as **Scheduler**. To apply for either of these positions send a cover letter, and resume to **careersfirstuusd@gmail.com** including the position title in the subject line.

South Bay Summer Worship Series - Indoors!

Join us for in-person, indoor worship in the South Bay sanctuary. Worship services will be held on Saturdays at 4 pm on June 4, June 18, July 9, and July 23. The ventilation system has been updated with the highest quality filters, but to adhere to the highest safety protocols, masks are required indoors except for worship leaders when they speaking. Feel free to stay a while afterwards to join in conversation and community with an outdoor social hour. See you soon!

Right Relations Committee Update

Most UU congregations have a Right Relations Committee whose role is to foster good relationships and facilitate conflict resolution in the congregation.

Last fall, Board President Rev. Julie Forest invited a small group of people to form the core of a new Right Relations team. The group enrolled in a multi-week UUA pilot workshop on Right Relations, and their role was shifted to that of a Right Relations Study Group that would make recommendations on best practices for forming a thriving Right Relations Committee.

The workshop recently ended and the team is working on recommendations. In the meantime:

- There is no active Right Relations Committee. If you are in a conflict you can contact our minister in residence Rev. Suzelle Lynch, or our UUA contact Rev. Sarah Gibb Millspaugh.
- We are planning to create a new Right Relations Committee. This will happen after the next Board of Trustees takes office on July 1.
- The next board will select the members of the new Right Relations Committee. The new committee will work closely with Rev. Justine Sullivan and congregational leaders to build healthy Right Relations processes for our congregation.

Statements of Conscience

Statements of Conscience (SOCs), when ratified by our congregation, increase our power as a force for good in our community. They enable ministers, the Social Justice Executive Committee (SJET), and social justice action teams to act in the name of First UU. We will vote on adopting UUA's 2021 SOC, "**Undoing Systemic White Supremacy**" at our annual meeting in June. Learn more **HERE**

You can follow us on *Twitter!* Our user name is **@firstuusd**.

What's Happening?

Unfolding Peace

Invitations to Voice and Healing – June 1-5

Love and democracy are messy – and sharing our voices, thoughts, and feelings is an important step on the path towards healing. Unfolding Peace is collaboration designed to sacredly and gently facilitate healing and humane congregation operations informed by deep spiritual inspiration and evolution. FUUSD has engaged Rev. Dr. Denise Graves to be with us from May 31 to June 5. She and Rev. Deanna Vandiver will continue to work with First UU through 2022.

Two Invitations to Voice and Healing are currently scheduled – see below for more information. These conversations are designed to be a collective experience of being deeply witnessed and honored in our inherent worth and dignity.

Rev. Dr. Graves would also like to meet one-on-one with those whose voices have not yet been heard in the process that began with our Listening Circles last Fall. Watch for more information in The Window on how to sign up to meet with her.

June 1, Wednesday, 10 am – Invitation to Voice and Healing with Rev. Dr. Denise Graves and Rev. Suzelle Lynch, Minister in Residence. Hillcrest patio (location may change). All are welcome – bring your coffee or morning beverage.

June 2, Thursday, 6 pm via Zoom – Invitation to Voice and Healing for First UU BIPOC community and non-BIPOC spouses or partners. **Please RSVP for the June 2 conversation** by emailing Minister-in-Residence **Rev. Suzelle Lynch** and a zoom link will be emailed to you. Please note that we welcome babes in arms or children in the background of the zoom call.

We hope to schedule additional gatherings with Rev. Dr. Denise Graves as well as we continue to engage in the process of Unfolding Peace June 1-5.

It's Time for GA! In-Person & Virtual!

Ready to start traveling again? How about to the Northwest including GA in Portland? Learn about our faith at the National Level and meet new friends. GA is an unforgettable experience as you join the thousands of UUs from all over the country who attend this annual conference. This year it is being held from Wednesday, June 22 through Sunday, June 26 in Portland, OR and online. Registration and info are now available at UUA.org/GA. Everyone is welcome to attend in Portland or online and ten delegates from First UU are needed to help vote on business items. Delegates can receive partial reimbursement of their expenses. Contact John Schaibly (johnschaibly@gmail.com) if you would like to attend. Watch the Window for more information.

JTW Core Team

The Journey Towards Wholeness Core team is seeking new members. Do you have a passion for anti-racism and anti-oppression work? Want to help our congregation live more deeply into our principles? Have ideas for moving the work forward? Have we got the opportunity for you! If you are interested in joining us, email jtw@firstuusandiego.org.

RE Adult Help Needed

We need adults to help with Sunday RE! While we'll eventually need leaders to teach a lesson plan, we're currently in need of adults just to be a second adult to assist the staff leads. If you're willing to help out on Sundays during 9:30 am RE time, **sign up** or contact tony@firstuusandiego.org.

All Church Camp

Join us IN-PERSON at Camp deBeneville Pines for Camp June 3-5, 2022! For more info or to register, visit <https://www.firstuusandiego.org/all-church-camp.html>

Arts and Crafts Social

The Bard Art and Craft Social is taking a Summer Holiday in the months of June, July and August. We normally meet on the second Tuesday of each month but would love your ideas on other meeting times and program directions. Plan to regather in September with new art, new inspiration and new friends! Contact John Keasler at keaslerart@gmail.com

Our Worship Service "Rain Plan"

In case of rain on a Sunday morning, your worship team will decide by 7:30 am whether we will be rained out or not. If we can't worship in person on the patio because of the rain, we will post a notice on the home page of our [website](#) and send an eblast. We will live stream service online at our regular worship time of 9:30 am. If you have any questions, please contact **Robie Evans**.

Memory Matters Gathering

May 27, Fridays (second and fourth), 10 am — 11:30 am, Online, with Kathy Gilbert, LCSW, and Gay Hybertsen, LCSW. This is a place for those who worry about memory problems and forgetfulness; and their care partners. The gathering, therapeutic and educational, enables members to make new contacts, build trust, and learn to deal with the consequences of memory loss. Ongoing, drop in. Email hybertsen@att.net for the link.

Hillcrest In-Person Social Hour

May 29, Sundays, following worship, Hillcrest Patio. Join your community on the Hillcrest patio after the service for social time! We will be providing coffee (regular and decaf) ONLY, if you would like a different beverage you are welcome to bring your own. Are you interested in helping make social hour a success in the future? Look for ways to volunteer in the coming weeks.

What's Happening?

Hillcrest Virtual Social Hour

May 29, Sundays, 11 am, bit.ly/FirstUUSocialHour, or call in at 1-669-900-6833, Meeting ID 824 042 297. Password provided during worship.

Living the 8th Principle:

Community and Police Relations - This Sunday!

May 29, Sunday, 11.30 am, Hillcrest Patio or online. As part of living our 8th principle, Organizing 4 Justice is supporting an interfaith effort to move closer to our shared values of racial equity, dignity, and respect in police-community relations. Come learn more THIS SUNDAY either in person at Hillcrest or over zoom. To receive the zoom link, RSVP at bit.ly/PROTECT101.

Open Heart Sangha

May 29, Sundays, weekly, 4 pm — 5:30 pm, online. The Open Heart Sangha continues to meet on Sunday afternoons through online Zoom gatherings. Contact Marge, margewur@gmail.com for the link.

Worship Planning

May 31, Tuesdays, 4 pm, bit.ly/WorshipPlanning1UU, Meeting ID 841 0548 1861 Passcode: 092833.

You're Invited!

May 31, Tuesday, 6 pm — 8 pm, online. As part of our educational role, Journey Towards Wholeness (JTW) invites you to talk about the **Characteristics of White Supremacy Culture**, as described by Educator and Consultant Tema Okun at the Board's 5th Tuesday meeting. Please see the members section in the church's **website** for the meeting link. Thank you! ~Your JTW Team

Uke Cafe

June 1, Wednesdays, 3:30 pm, <https://bit.ly/ukecafe>. Join Tony on Zoom with your ukulele to learn some chords and play the ukulele with us!

Chalice Choir Rehearsal

June 1, Wednesdays, 7 pm — 8:30 pm, Chapel. Effective immediately our Chalice Choir rehearsals will take place inside the chapel at 7 pm on Wednesdays. Join us! Contact marshall@firstuusandiego.org with questions.

Women's Chorus Rehearsal

June 2, Thursdays, 7 pm — 8:30 pm, Chapel. Effective immediately our Women's Chorus rehearsals will take place inside the chapel at 7 pm on Thursdays. Join us! Contact marshall@firstuusandiego.org with questions.

Organizing for Justice Meeting

June 2, Thursdays (first), 6 pm, online. Organizing for Justice (O4J) meets on the first Thursday of each month. Please contact Newt Ferris for further information.

South Bay Summer Worship

June 4, Saturday, 4 pm, South Bay Campus. Join us for in-person, indoor worship in the South Bay sanctuary. The ventilation system has been updated with the highest quality filters, but to adhere to the highest safety protocols, masks are required indoors except for worship leaders when they speaking. Feel free to stay a while afterwards to join in conversation and community with an outdoor social hour. See you soon!

Board Chat

June 5, Sundays (first), 12:30 pm, [bit.ly/FirstUUBoard Chat](https://bit.ly/FirstUUBoardChat), or call in at 1-669-900-6833, Meeting ID: 863 0218 5062 Passcode: 203946. Ask a question of your Board or tell them something you would like them to know.

Cosmos

June 5, Sundays (first), 1 pm — 3 pm, <https://bit.ly/CosmosFUUSD>, Passcode: 976520. We are currently watching Brian Swimme's series, *The Story of the Noosphere*. Feel free to join us. The only prerequisite is an open heart and mind. Contact James Long kyolong1@gmail.com for information or meeting ID.

Budget Forum

June 6, Monday, 6 pm, bit.ly/FirstUUBudgetForum, ID: 897 0558 4976, Passcode: 136825. Sue Marberry, Church Treasurer and Robie Evans, Director of Ops will present the draft FY22-23 General Operating Budget which will be presented and voted on at our Annual Meeting on June 12 at 1 pm. This will be the time to have your important questions answered in a casual setting. This is the only thing on the agenda for that evening – See you there!

Board Meeting

June 7, Tuesday, 6 pm, online. Board of Trustees meetings are open to congregants via Zoom. Find the zoom link in the members only section of the **website**. The June board meeting occurs before the annual meeting date, rather than the third Tuesday.

Creative Writing Group

June 11, Saturdays (second), 10:30 am — 12:30 pm, [http://bit.ly/CreativeWritingFirstUU](https://bit.ly/CreativeWritingFirstUU), Meeting ID: 868 9505 3014 Passcode: 361410. This group is for anyone with a desire to create and experiment with different styles of writing. This is a great space to meet individuals who want to share their creative abilities with others. RSVP to evagarciamayers@yahoo.es. A minimum of three attendees is required for the group to be hosted.

Rainbow Action Group's Koffee Klatch

June 12, Sundays (second), 11:00 am, Hillcrest Campus Memorial Garden and online at [https://bit.ly/Rainbow Klatch](https://bit.ly/RainbowKlatch), password: 893622. Rainbow Action Group's Koffee Klatch has gone virtual. Join us! All "family" friends and allies invited. Hosted by John Keasler & Louise Titlow.

Need a Ride to Medical Appointment or Church Event? An Errand Run? Occasional Meal?

Practical Care Network team of volunteers can help. Call the church office 619-298-9978 and press #2 to leave a message for Chris who will return your call, and coordinate with the network of volunteers to help fulfill your request.

Did you know? You can follow us on *Instagram*;
our user names are [@firstuusd](https://www.instagram.com/firstuusd) and [@uus_south_bay](https://www.instagram.com/uus_south_bay)

What's Happening?

Annual Congregational Meeting

June 12, Sunday, 1 pm, <https://bit.ly/AnnualCM>, Meeting ID: 854 7182 1255, Passcode: 993339. Please watch your email around June 1st for the Meeting Notification and Agenda. Voting information will be included in the notification. Absentee voting begins June 1 and ends Friday, June 10 at 5 pm. Regular voting begins at the conclusion of the annual meeting and continues for 24 hours. Results to be announced on Tuesday, June 14th. To meet the candidates, view our [webpage](#).

Pagan Conversations

June 12, Sundays (second), 1 pm — 2 pm, <bit.ly/PaganConversations>, Meeting ID: 535-853-700. Join us for community and conversation.

Coping With Chronic Conditions Support Group

June 13, Mondays (second and fourth), 1 pm, URL <bit.ly/CopingCCGroup>, or call 669-900-6833 with meeting ID 681-036-9317. New participants reach out to Chris Smith prior to attending a meeting at 619-300-7477 or email chris.smith7@cox.net to discuss our covenant and mission statement and receive the password.

Caregivers/Allies Support Group

June 13, Mondays (second and fourth), 4 pm — 5:30 pm, online. The Caregivers/Allies Support Group is welcoming prospective new participants. We are meeting on the second and fourth Mondays. For additional information about participating, contact [Rose Riedel](#).

Rainbow Twilight Walk

June 16, third Thursdays, 5 pm, the center of Balboa Park's museum area. Join us for exercise and in-person socializing. Contact John Keasler at 619-278-1267 or Louise Titlow at 619-990-5622 for info.

Website? What Website?

June 18, Saturday, 10 am, <https://bit.ly/UUSeniors>, or call in at 1-669-900-6833, Meeting ID 911 2242 6361. Jenner Daelyn will review the Church's website, provide tips on finding the information you need, and introduce new features. Sue Marberry will review how to use the website to drill down in the budget and finances. Hosted by UU Seniors. Everyone is invited. Be sure to bring your website questions.

Friends of Camp de Benneville Pines

June 19, Sundays (third), 6:30 pm — 8 pm, online. Friends of Camp de Benneville Pines meet via Zoom on third Sundays. Newcomers are welcome. To be added to the ZOOM invite list, contact johnschaibly@gmail.com

Do You Need to Add Your Group to the Window?

Send information to rose@firstuusandiego.org to be included in The Window!

How to Call Into a Zoom Meeting

Call into a Zoom meeting by phone at 1-669-900-6833. When prompted, enter the meeting ID number.

Congregational COVID-19 Priority Survey Results

June 21, Tuesday, 6 pm, <bit.ly/C19SurveyResults>. Join First Church member Dr. Rebecca Fielding-Miller to learn about the results of our recent congregational COVID-19 priority survey. This townhall will cover stated congregational priorities, recommended strategies to keep ourselves safe, and some recent updates on scientific knowledge on the state of the pandemic. Dr. Fielding-Miller is an Assistant Professor of Public Health at the UC San Diego School of Public Health, with a joint appointment in the UCSD School of Medicine, Division of Infectious Disease and Global Public Health. She holds a PhD in public health from Emory University, and a Masters of Science in Public Health from the Johns Hopkins Bloomberg School of Public Health.

Drop In With a Witch

June 26, Sundays (fourth), 1 pm — 2 pm, <bit.ly/PaganConversations>, Meeting ID: 535-853-700. Rhiannon Roselle will discuss any questions from the community regarding paganism in an informal setting.

Fourth Monday Meeting of UU Men's Fellowship

June 27, Monday, 7 pm — 9 pm, online. The UU Men's Fellowship will be holding their fourth Monday meetings via Zoom for the foreseeable future. Men interested in additional information and the Zoom link should contact [Andy French](#) or [John Keasler](#).

Pride Parade

July 16, Saturday. Rainbow Action invites you to join us at the amazing Pride Parade and ride the Trolley! If you're interested in riding the trolley, contact [John Keasler](#) or [Louise Titlow](#).

South Bay Campus

South Bay Summer Worship Series!



Join us for in-person, indoor worship in the South Bay sanctuary. Worship services will be held on Saturdays at 4 pm on June 4, June 18, July 9, and July 23. The ventilation

system has been updated with the highest quality filters, but to adhere to the highest safety protocols, masks are required indoors except for worship leaders when they speaking. Feel free to stay a while afterwards to join in conversation and community with an outdoor social hour.

South Bay Virtual Social Hour

May 29, Sundays, 11 am, <bit.ly/SBSocialHour>. Meeting ID: 997 8730 8948. Password provided at worship service.

South Bay Singers Rehearsal

May 29, Sundays, 11:45 am — 12:45 pm, private residence. Contact Loreleiqi@hotmail.com for the address.

Social Justice

Climate Action: Support EPA Good Neighbor Rule

The EPA has proposed a new "Good Neighbor Rule" to deliver long overdue relief to millions of Americans who are breathing unhealthy air. It requires the worst polluters to meet industrial plant-specific pollution limits to address the longstanding issue of persistent pollution hotspots. More than 125 million people live in areas of the country where air pollution exceeds the health standard for ground-level ozone or smog. This rule would help reduce airborne pollution from upwind states going to downwind states. Tell the EPA to enact this proposed Good Neighbor Rule [CLICK HERE](#)

UU Cluster News

Chalice Transformation Team's Summer Reading Reprise - How to be an Antiracist

If you missed it the first time, please join the Chalice Transformation Team as we discuss Kendi's book *How to Be an Antiracist* in three weekly sessions, moderated with the help of previous reading group participants. The discussions will take place weekly on Wednesday afternoons for three weeks from 4 to 5:30 PM, beginning June 1 and ending June 15. To sign up for the reading series, please [register here](#).



First
Unitarian Universalist
Church of San Diego

Family & Lifespan

Religious Education

Religious Education will take place as usual on May 29, but there's a lot happening in June that is different, so our Children's RE Programs will look different too. Here's what's coming up:

June 5 - All Church Camp, Because our RE Staff and many of our families will be at Camp, there will be NO Children's RE Programs this Sunday. Also, there will be NO Parent Lounge at Hillcrest. Next parent Lounge will take place on July 3rd.

June 12 - Regular RE Schedule

June 19 - Music Sunday - "Time: For All Ages" On music Sunday, we will invite people of all ages to remain in the service, so the children will not be dismissed for RE. We will, however, have our usual Music & Movement Group after the service on the upper patio.

June 26 - General Assembly: NO Children's RE Programs. The congregation will be invited to gather on the Patio to watch the GA Worship Service Livestream at 9:30 am.

Music and Movement

Sundays, 10:45 am — 11:15 am, Upper Patio. Join our youngest friends as we play simple percussion instruments, sing and move to music!

RE Adult Help Needed

We need adults to help with Sunday RE! While we'll eventually need leaders to teach a lesson plan, we're currently in need of adults just to be a second adult to assist the staff leads. If you're willing to help out on Sundays during 9:30 am RE time, [sign up](#) or contact tony@firstusandiego.org.

South Bay Food Pantry News

What's In That Bag? by Rhea Kuhlman

At the South Bay Food Pantry, we never know until the last minute what kinds of fresh produce we'll receive from the San Diego Food Bank and Feeding San Diego, or how much meat or bread will be available for our families on Saturday. But one thing we can always be sure of is that the bags of shelf stable goods the mid-week baggers put together every week will contain good healthy food that can keep a family going, regardless of what else is available. The SBFB always keeps on hand stores of non-perishable items to supplement the fresh and frozen items we distribute each Saturday. Read the rest of the article on our [blog](#).

The South Bay Food Pantry...

is located at 970 Broadway, Suite 101, Chula Vista 91911. It is open to the public Saturdays from 11 am - 12:30 pm and to congregants by appointment.

Contact

If you would like to volunteer at the pantry please contact Deirdre Lonergan at deirdre@deirdre.com. To reach the food pantry by phone call 619-271-5017.

Volunteers Wanted: Truck Driver

It takes a lot of little nuts to make a jar of peanut butter...and we get a little nuts hauling thousands of pounds of peanut butter (and other protein sources) in economy cars. We're interested in connecting with people with pickup trucks who can be available now and then, either for a surprise haul or as a regular gig. Mileage reimbursement possible! Contact Deirdre Lonergan by [email](#) or phone 619-261-8474 to join the caravan.

How to Donate to the South Bay Food Pantry

Donate online at firstusandiego.org/donations.html or make checks payable to FUUSD and write "SB Food Pantry" in the memo line. Mail checks to Robie Evans, FUUSD, 4190 Front St., San Diego, CA 92103.

Week at a Glance Calendar

Friday, May 27, 2022

Memory Matters Gathering

May 27, Fridays (2nd and 4th), 10 am — 11:30 am, Email hybertsen@att.net for the link.

Sunday, May 29, 2022

In Person & Simultaneous Livestream Worship

Sundays, 9:30 am, Hillcrest Patio.

Join us in person or watch the Service online:

www.firstuusandiego.org/

Hillcrest In Person Social Hour

Sundays, following service, Hillcrest patio. Coffee provided, or bring your own beverage.

Hillcrest Virtual Social Hour

Sundays, 11 am, bit.ly/FirstUUSocialHour, ID 824 042 297.

South Bay Virtual Social Hour

Sundays, 11 am, bit.ly/SBSocialHour. ID 997 8730 8948.

Living the 8th Principle:

Community and Police Relations

May 29, Sunday, 11.30 am, Hillcrest Patio or online. To receive the zoom link, RSVP at bit.ly/PROTECT101.

South Bay Singers Rehearsal

Sundays, 11:45 am — 12:45 pm, private residence. Contact Loreleiqi@hotmail.com for the address.

Open Heart Sangha

Sundays, weekly, 4 pm — 5:30 pm, contact Marge at margewur@gmail.com.

Tuesday, May 31, 2022

Worship Planning

Tuesdays, 4 pm — 5 pm, bit.ly/WorshipPlanning1UU, ID 878 4650 3375, Passcode 184690.

You're Invited!

May 31, Tuesday, 6 pm — 8 pm, online. 5th Tuesday Board Meeting. Please see the members section in the church's [website](#) for the meeting link.

Wednesday, June 1, 2022

Uke Cafe

Wednesdays, 3:30 pm, <https://bit.ly/ukecafe>. Join Tony on Zoom with your ukulele!

Chalice Choir Rehearsal

Wednesdays, 7 pm — 8:30 pm, Chapel. Contact marshall@firstuusandiego.org with any questions.

Thursday, June 2, 2022

Organizing for Justice Meeting

June 2, Thursdays (first), 6 pm, online. Contact Newt Ferris at newtferris@gmail.com for further information.

Women's Chorus Rehearsal

Thursdays, 7 pm — 8:30 pm, Chapel. Contact marshall@firstuusandiego.org with any questions.

Upcoming Events

South Bay Summer Worship

June 4, Saturday, 4 pm, South Bay Campus. Join us for indoor worship at the South Bay campus! Feel free to stay for social hour outdoors afterwards.

Parent Lounge

June 5, Sunday, 11 am, Welcome Center Balcony.

Board Chat

Sundays (first), June 5, 12:30 pm, bit.ly/FirstUUBoardChat, Meeting ID: 863 0218 5062 Passcode: 203946.

Cosmos

Sundays (first), June 5, 1 pm — 3 pm, <https://bit.ly/CosmosFUUSD>, Passcode: 976520.

Budget Forum

June 6, Monday, 6 pm, bit.ly/FirstUUBudgetForum, ID: 897 0558 4976, Passcode: 136825.

Board Meeting

June 7, Tuesday, 6 pm, online. Board of Trustees meetings are open to congregants via Zoom. Find the zoom link in the members only section of the [website](#).

Creative Writing Group

June 11, Saturday, 10:30 am — 12:30 pm, bit.ly/CreativeWritingFirstUU, ID: 868 9505 3014 Passcode: 361410.

Annual Congregational Meeting

June 12, Sunday, 1 pm, <https://bit.ly/AnnualCM>, Meeting ID: 854 7182 1255, Passcode: 993339.

Rainbow Action Group's Koffee Klatch

June 12, Sundays (second), 11:00 am, Hillcrest Campus Memorial garden and online at: bit.ly/RainbowKlatch, ID 899 4140 9956, PW 893622.

Pagan Conversations

June 12, Sundays (second), 1 pm — 2 pm, bit.ly/PaganConversations, Meeting ID: 535-853-700.

Coping With Chronic Conditions

Support Group

June 13, Mondays (second & fourth), 1 pm, URL <https://bit.ly/CopingCCGroup>, meeting ID 681-036-9317.

Caregivers/Allies Support Group

June 13, Mondays (second & fourth), 4 pm — 5:30 pm, online. Contact Rose Riedel at Rose@firstuusandiego.org.

Rainbow Twilight Walk

June 16, third Thursdays, 5 pm, the center of Balboa Park's museum area.

Website? What Website?

June 18, Saturday, 10 am, <https://bit.ly/UUSeniors>, ID 911 2242 6361. Jenner Daelyn will review the Church's website, provide tips on finding information and features.

POSTMASTER: Please send address changes to
The Window, 4190 Front Street, San Diego, CA 92103-2098

First Unitarian Universalist Church of San Diego
4190 Front Street, San Diego, CA 92103-2098
Phone: 619-298-9978, Fax: 619-298-9997
E-mail: mail@firstuusandiego.org

Our Staff

Ministers:

Rev. Suzelle Lynch, *Minister in Residence*
Rev. Dr. Omega Burckhardt, *Assistant Minister*
Rev. Jim Grant and Rev. Löne Broussard, *Affiliate Ministers*
Rev. Bonnie Tarwater, Rev. Frank Placone-Willey,
Rev. Julie Forest, and Rev. Katy Swanson
Affiliate Community Ministers
Rev. Dr. Carolyn S. Owen-Towle, *Minister Emerita*
Rev. Dr. Thomas A. Owen-Towle, *Minister Emeritus*

Music Staff:

Marshall Voit, *Music Director*
Lorelei Garner, *South Bay Music Coordinator*
Andrea Spiero, *JUUL Tones Ensemble Director*
Tony Bianca, *Handbell Program Director*

Staff:

Robie Evans, *Director of Operations*
Tony Bianca, *Program Director*
Rose Riedel, *Office Manager & Scheduler*
Jenner Daelyn, *Connections Coordinator & Congregational
Assistant for Diversity, Equity, and Inclusion*
Kate Collier, *Program Assistant*
Connie Hayes, *Bookkeeper / Controller*
Ray Evans, *Maintenance*
Joshua Morrison, *Janitor*
Mark Epler, *Event Coordinator*

Board of Trustees

Rev. Julie Forest, **President**
Cora Pendergast, **Vice President**
Laura Ball, Rosalba Ciampi, Brian Krohne, Karen Lamphere,
Sue Marberry, Rhiannon Roselle, and Louise Titlow, **Trustees**

Important E-mail Addresses:

General First Church E-mail: mail@firstuusandiego.org
Scheduling of Church Property: schedule@firstuusandiego.org
The Window (newsletter): [window@firstuusandiego.org](mailto>window@firstuusandiego.org)
First Church Web Site: [website@firstuusandiego.org](http://www.firstuusandiego.org)
<http://www.firstuusandiego.org> (Main site)
<http://www.firstuusandiego.org/uus-of-the-south-bay>
(UUs of the South Bay)

Contact the Main Office (Hillcrest Campus):

First Unitarian Universalist Church of San Diego
4190 Front Street, San Diego, California 92103
619-298-9978 • mail@firstuusandiego.org
www.firstuusandiego.org

Office Hours:

Monday—Friday, 9 am to 4 pm and Sunday after Services
Admin Mobile Line: 619-947-4612

Contact the South Bay Campus (Chula Vista):

Unitarian Universalists of the South Bay
970 Broadway, Suite 101 & 104, Chula Vista, California, 91911
619-271-5017 • uusouthbay@firstuusandiego.org
www.firstuusandiego.org/uus-of-the-south-bay
Campus Hours: Sunday for Service or By Arrangement