

# The Window

A Weekly Publication



### Our Mission

Our mission is to create community, to nurture spiritual growth, and to act on our values to help heal the world. Nuestra misión es crear comunidad, fomentar el crecimiento espiritual y vivir nuestros valores para ayudar a sanar el mundo.

### Our Eight Principles

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

1. The inherent worth and dignity of every person;
2. Justice, equity, and compassion in human relations;
3. Acceptance of one another, and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience, and the use of the democratic process within our congregations and in society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part;
8. Building a diverse multicultural Beloved Community by our actions that accountably dismantle racism and oppressions.

**Hillcrest Campus Location**  
4190 Front Street  
San Diego, CA 92103  
619-298-9978

**South Bay Campus Location**  
970 Broadway, Suite 104  
Chula Vista, CA 91911  
619-271-5017

### Hillcrest Services 9:30 am Sundays

**May 22, 2022**

**"Play Ball!"**

Rev. Dr. Omega Burckhardt, *Assistant Minister*

**May 29, 2022**

**"Social Justice Sunday"**

Rev. Suzelle Lynch, *Minister in Residence*

Attend In-Person Worship or Watch live [online](#)

Masks will be provided to those who need them.

### South Bay Services 4 pm Saturdays, biweekly

**May 21, 2022**

**"Coming Home" / "Regresando a casa"**

Rev. Dr. Omega Burckhardt, *Assistant Minister*

**June 4, 2022**

**"Nourishing Our Dreams"  
"Nutriendo Nuestros Sueños"**

Rev. Dr. Omega Burckhardt, *Assistant Minister*

Masks are *required* indoors  
and will be provided to those who need them.

### May Generosity Offering Environmental Health Coalition

The Environmental Health Coalition is dedicated to achieving [environmental and social justice](#). They believe that justice is accomplished by empowered communities acting together to make social change. EHC organizes and advocates to protect public health and the environment threatened by toxic pollution. EHC supports broad efforts that create a just society and fosters a healthy and sustainable quality of life. You can donate on our [website](#), under gift designation select "Generosity."

### Journey Toward Wholeness (JTW) What Can I Do?

May is Asian American Pacific Islander Heritage Month. PBS has curated a wonderful [list of sources](#) to help celebrate and lift up AAPI voices.

## What's Happening?

### Slate of Candidates for First UU's 2022-2023 Board of Trustees

The Nominating Committee is pleased to announce the slate of candidates for First UU's 2022-2023 Board of Trustees. We had a strong and positive response from our community to our call for potential candidates and we'd like to publicly thank EVERYONE who expressed an interest and showed such caring for this congregation's future.

The Board of Trustees slate of candidates is:

- Everardo Aguilar, Vice President / President elect; two-year term
- Sue Marberry, Treasurer; one-year term
- Valerie Jaques, Trustee at large; three-year term
- Steve Howard, Trustee at large; three-year term
- Leland Beck, Trustee at large; three-year term
- Karen Lamphere, Trustee at large; three-year term

We have arranged for two more Meet-and-Greet sessions with the candidates:

- 10:30 am, Sunday, May 22: In-person at Hillcrest
- 5 pm, Sunday, May 29: Virtual (Zoom) session

In addition, there is a [web page](#) with the biographies and photos of the candidates that summarizes their tenure with our church and engagement with our church community. Voting for the candidates will be at the Annual Congregational Meeting on Sunday, June 12, at 1 pm, via Zoom. Online-only absentee voting begins on June 1, 2022 and regular voting begins at the end of the congregational meeting and ends at 1 pm, Monday, June 13th. Results will be announced via eblast on Tuesday, June 14th.

If you are interested in adding yourself to the slate of candidates for the Board, you can do so by a petition process. The [Church Constitution](#) (Article VI Nominations and Elections Section 1, d) will direct you on the [petition process](#).

Only Voting Members may cast ballots at Annual or Special Membership Meetings. If you have any questions about your eligibility to vote on June 12th, please contact [Robie Evans, Director of Operations](#). Your active participation in the voting process ensures that your voice, concerns, and ideals for our church and its future will be properly represented and considered for its strategic direction and long-term sustainability.

If you have any questions, or need more information, contact any member of the 2021-2022 [Nominating Committee](#): Christy Anderson, Marcia Biller, Mindy Hochgesang, Adrienne Kaplan, and Mitch Mitchell.

### Slate of Candidates for First UU's 2022-2023 Nominating Committee

View the [slate of candidates](#) for the 2022 - 2023. Read the candidates bios and get information about the petition process [HERE](#).

### Annual Reports Are Due May 20

It's time for preparation and submission of your Ministry Team / Affiliate Group / Committee reports for our 2022 Annual Report. Click [here](#) for your report instructions and template. Refer to our 2021 Annual Report [here](#), and submit your reports and pictures no later than Friday, May 20 to Rose at [rose@firstuusandiego.org](mailto:rose@firstuusandiego.org).

### Employment Opportunities

We are seeking to fill the positions of [Youth & Young Adult Program Coordinator](#) as well as [Scheduler](#). To apply for either of these positions send a cover letter, resume and related materials to [careersfirstuusd@gmail.com](mailto:careersfirstuusd@gmail.com) including the position title in the subject line.

### Music Lecture Postponed!

Music Lecture scheduled for Thursday, May 19 will be postponed due to a scheduling conflict. Keep an eye out for the next date TBA.

### Can I Bring My Dog to Church?

First Unitarian Universalist San Diego has a carefully-thought-out policy on Service Animals and Emotional Support Animals (ESAs) that allows us to support our members and visitors and honor our [Covenant of Good Relations](#).

When our Sunday services are held indoors, our Service Animal Policy allows for non-service dogs and their accompanying humans to enjoy the Hillcrest Campus service outdoors on the patio, listening via an outdoor speaker. The policy states that non-service dogs and non-ESA dogs must be leashed at all times, and cannot come indoors. Recently, with Hillcrest services held outdoors, we've had questions about whether members can bring non-service dogs to church.

Our [Service Animal Policy](#) says yes, but before you bring your non-service dog to church, please consider these questions:

1. Does my dog get along easily with other dogs (e.g. no barking or growling)?
2. Does my dog do well in crowds?
3. There are children at church, who may approach my dog with eagerness. How would my dog respond?
4. Am I prepared to thoroughly disinfect and sanitize any surface or planting area on the church campus that my dog might soil?

We care very much about all our members, children, and their service animals and pets, and we appreciate your attention to our Service Animal and Emotional Support Animal policy.

If you have questions, please contact [Robie Evans](#), Director of Operations.

## What's Happening?

### South Bay Summer Worship Series - Indoors!

Join us for in-person, indoor worship in the South Bay sanctuary. Worship services will be held on Saturdays at 4 pm on May 21, June 4, June 18, July 9, and July 23. The ventilation system has been updated with the highest quality filters, but to adhere to the highest safety protocols, masks are required indoors except for worship leaders when they speaking. Feel free to stay a while afterwards to join in conversation and community with an outdoor social hour. Check-in when you arrive. See you soon!

### D4\$ There's Still Time to Submit Your Event!

We've extended our Event Submission Date to May 22! Hurry – We need you! D4\$ is our beloved community-building offering of different events between July 2022 and May 2023 that our members and friends offer through an auction process. Please consider being a host for a fun-filled event at your home, on a hike, at the beach, or a myriad of different activities that folks can bid on during the month of June. Please go to our [D4\\$ webpage](#) for a link to the online event submission form and creative ideas on what to offer. If you need help with creating an event or need help with a description or pricing, contact [Dave Hunt](#).

### RE Adult Help Needed

We need adults to help with Sunday RE! While we'll eventually need leaders to teach a lesson plan, we're currently in need of adults just to be a second adult to assist the staff leads. If you're willing to help out on Sundays during 9:30 am RE time, [sign up](#) or contact [tony@firstuusandiego.org](mailto:tony@firstuusandiego.org).

### It's Time for GA! In-Person & Virtual!

Ready to start traveling again? How about to the Northwest including GA in Portland? Learn about our faith at the National Level and meet new friends. GA is an unforgettable experience as you join the thousands of UUs from all over the country who attend this annual conference. This year it is being held from Wednesday, June 22 through Sunday, June 26 in Portland, OR and online. Registration and info are now available at [UUA.org/GA](http://UUA.org/GA). Everyone is welcome to attend in Portland or online and ten delegates from First UU are needed to help vote on business items. Delegates can receive partial reimbursement of their expenses. Contact John Schaibly ([johnschaibly@gmail.com](mailto:johnschaibly@gmail.com)) if you would like to attend. Watch the Window for more information.

### Need a Ride to Medical Appointment or Church Event? An Errand Run? Occasional Meal?

Practical Care Network team of volunteers can help. Call the church office 619-298-9978 and press #2 to leave a message for Chris who will return your call, and coordinate with the network of volunteers to help fulfill your request.

### Unfolding Peace

#### Invitations to Voice and Healing – June 1-5

Love and democracy are messy – and sharing our voices, thoughts, and feelings is an important step on the path towards healing. Unfolding Peace is collaboration designed to sacredly and gently facilitate healing and humane congregation operations informed by deep spiritual inspiration and evolution. FUUSD has engaged Rev. Dr. Denise Graves to be with us from May 31 to June 5. She and Rev. Deanna Vandiver will continue to work with First UU through 2022.

Two Invitations to Voice and Healing are currently scheduled – see below for more information. These conversations are designed to be a collective experience of being deeply witnessed and honored in our inherent worth and dignity.

Rev. Dr. Graves would also like to meet one-on-one with those whose voices have not yet been heard in the process that began with our Listening Circles last Fall. Watch for more information in The Window on how to sign up to meet with her.

June 1, Wednesday, 10 am – Invitation to Voice and Healing with Rev. Dr. Denise Graves and Rev. Suzelle Lynch, Minister in Residence. Hillcrest patio (location may change). All are welcome – bring your coffee or morning beverage.

June 2, Thursday, 6 pm via Zoom – Invitation to Voice and Healing for First UU BIPOC community and non-BIPOC spouses or partners. **Please RSVP for the June 2 conversation** by emailing Minister-in-Residence [Rev. Suzelle Lynch](#) and a zoom link will be emailed to you. Please note that we welcome babes in arms or children in the background of the zoom call.

We hope to schedule additional gatherings with Rev. Dr. Denise Graves as well as we continue to engage in the process of Unfolding Peace June 1-5.

### JTW Core Team

The Journey Towards Wholeness Core team is seeking new members. Do you have a passion for anti-racism and anti-oppression work? Want to help our congregation live more deeply into our principles? Have ideas for moving the work forward? Have we got the opportunity for you! If you are interested in joining us, email [jtw@firstuusandiego.org](mailto:jtw@firstuusandiego.org).

### Our Worship Service "Rain Plan"

In case of rain on a Sunday morning, your worship team will decide by 7:30 am whether we will be rained out or not. If we can't worship in person on the patio because of the rain, we will post a notice on the home page of our [website](#) and send an eblast. We will live stream service online at our regular worship time of 9:30 am. If you have any questions, please contact [Robie Evans](#).

## What's Happening?

### Statements of Conscience

Statements of Conscience (SOCs), when ratified by our congregation, increase our power as a force for good in our community. They enable ministers, the Social Justice Executive Committee (SJET), and social justice action teams to act in the name of First UU. We will vote on adopting UUA's 2021 SOC, "**Undoing Systemic White Supremacy**" at our annual meeting in June. Learn more **HERE**

### All Church Camp

Join us IN-PERSON at Camp deBeneville Pines for Camp June 3-5, 2022! For more info or to register, visit **<https://www.firstuusandiego.org/all-church-camp.html>**

### Social Justice Update

May 21, Saturday, 10 am, **<https://bit.ly/UUSeniors>**, or call in at 1-669-900-6833, Meeting ID 911 2242 6361. Laurie Gerber of the Social Justice Executive Team (SJET), Newt Ferris and Erik Kaestner of Organizing for Justice, and Bella Furth of San Diego Organizing Project (SDOP) will provide an update on the current activities and share ways to participate. Hosted by UU Seniors. Everyone is invited.

### South Bay Summer Worship

May 21, Saturday, 4 pm, South Bay Campus. Join us for in-person, indoor worship in the South Bay sanctuary. The ventilation system has been updated with the highest quality filters, but to adhere to the highest safety protocols, masks are required indoors except for worship leaders when they speaking. Feel free to stay a while afterwards to join in conversation and community with an outdoor social hour. Check-in when you arrive. See you soon!

### Hillcrest In-Person Social Hour

May 22, Sundays, following worship, Hillcrest Patio. Join your community on the Hillcrest patio after the service for social time! We will be providing coffee (regular and decaf) ONLY, if you would like a different beverage you are welcome to bring your own. Are you interested in helping make social hour a success in the future? Look for ways to volunteer in the coming weeks.

### Hillcrest Virtual Social Hour

May 22, Sundays, 11 am, **[bit.ly/FirstUUSocialHour](https://bit.ly/FirstUUSocialHour)**, or call in at 1-669-900-6833, Meeting ID 824 042 297. Password provided during worship.

### Drop In With a Witch

May 22, Sundays (fourth), 1 pm — 2 pm, **[bit.ly/PaganConversations](https://bit.ly/PaganConversations)**, Meeting ID: 535-853-700. Rhiannon Roselle will discuss any questions from the community regarding paganism in an informal setting.

### Open Heart Sangha

May 22, Sundays, weekly, 4 pm — 5:30 pm, online. The Open Heart Sangha continues to meet on Sunday afternoons through online Zoom gatherings. Contact Marge, **[margewur@gmail.com](mailto:margewur@gmail.com)** for the link.

### Worship Planning

May 24, Tuesdays, 4 pm, **[bit.ly/WorshipPlanning1UU](https://bit.ly/WorshipPlanning1UU)**, Meeting ID 841 0548 1861 Passcode: 092833.

### Uke Cafe

May 25, Wednesdays, 3:30 pm, **<https://bit.ly/ukecafe>**. Join Tony on Zoom with your ukulele to learn some chords and play the ukulele with us!

### Chalice Choir Rehearsal

May 25, Wednesdays, 7 pm — 8:30 pm, Chapel. Effective immediately our Chalice Choir rehearsals will take place inside the chapel at 7 pm on Wednesdays. Join us! Contact **[marshall@firstuusandiego.org](mailto:marshall@firstuusandiego.org)** with questions.

### Women's Chorus Rehearsal

May 26, Thursdays, 7 pm — 8:30 pm, Chapel. Effective immediately our Women's Chorus rehearsals will take place inside the chapel at 7 pm on Thursdays. Join us! Contact **[marshall@firstuusandiego.org](mailto:marshall@firstuusandiego.org)** with questions.

### Coping With Chronic Conditions Support Group

May 23, Mondays (second and fourth), 1 pm, URL **[bit.ly/CopingCCGroup](https://bit.ly/CopingCCGroup)**, or call 669-900-6833 with meeting ID 681-036-9317. New participants reach out to Chris Smith prior to attending a meeting at 619-300-7477 or email **[chris.smith7@cox.net](mailto:chris.smith7@cox.net)** to discuss our covenant and mission statement and receive the password.

### Caregivers/Allies Support Group

May 23, Mondays (second and fourth), 4 pm — 5:30 pm, online. The Caregivers/Allies Support Group is welcoming prospective new participants. We are meeting on the second and fourth Mondays. For additional information about participating, contact **[Rose Riedel](mailto:Rose.Riedel)**.

### Fourth Monday Meeting of UU Men's Fellowship

May 23, Monday, 7 pm — 9 pm, online. The UU Men's Fellowship will be holding their fourth Monday meetings via Zoom for the foreseeable future. Men interested in additional information and the Zoom link should contact **[Andy French](mailto:Andy.French)** or **[John Keasler](mailto:John.Keasler)**.

### Memory Matters Gathering

May 27, Fridays (second and fourth), 10 am — 11:30 am, Online, with Kathy Gilbert, LCSW, and Gay Hybertsen, LCSW. This is a place for those who worry about memory problems and forgetfulness; and their care partners. The gathering, therapeutic and educational, enables members to make new contacts, build trust, and learn to deal with the consequences of memory loss. Ongoing, drop in. Email **[hybertsen@att.net](mailto:hybertsen@att.net)** for the link.

### Living the 8th Principle: Community and Police Relations

May 29, Sunday, 11.30 am, Hillcrest Patio or online at **<https://bit.ly/Living8thPrinciple>**. As part of First UU living into our 8th principle, Organizing 4 Justice is supporting an interfaith, community-wide effort to move closer to our shared values of racial equity, dignity and respect in police-community relations. Come learn about upcoming votes and ways to get involved.

You can follow us on *Twitter*! Our user name is **@firstuusd**.

## What's Happening?

### You're Invited!

May 31, Tuesday, 6 pm — 8 pm, online. As part of our educational role, Journey Towards Wholeness (JTW) invites you to talk about the **Characteristics of White Supremacy Culture**, as described by Educator and Consultant Tema Okun at the Board's 5th Tuesday meeting. Please see the members section in the church's **website** for the meeting link. Thank you! ~Your JTW Team

### Organizing for Justice Meeting

June 2, Thursdays (first), 6 pm, online. Organizing for Justice (O4J) meets on the first Thursday of each month. Please contact **Newt Ferris** for further information.

### Board Chat

June 5, Sundays (first), 12:30 pm, **bit.ly/FirstUUBoardChat**, or call in at 1-669-900-6833, Meeting ID: 863 0218 5062 Passcode: 203946. Ask a question of your Board or tell them something you would like them to know.

### Cosmos

June 5, Sundays (first), 1 pm — 3 pm, **https://bit.ly/CosmosFUUSD**, Passcode: 976520. We are currently watching Brian Swimme's series, *The Story of the Noosphere*. Feel free to join us. The only prerequisite is an open heart and mind. Contact James Long **kyolong1@gmail.com** for information or meeting ID.

### Budget Forum

June 6, Monday, 6 pm, **bit.ly/FirstUUBudgetForum**, ID: 897 0558 4976, Passcode: 136825. Sue Marberry, Church Treasurer and Robie Evans, Director of Ops will present the draft FY22-23 General Operating Budget which will be presented and voted on at our Annual Meeting on June 12 at 1 pm. This will be the time to have your important questions answered in a casual setting. This is the only thing on the agenda for that evening – See you there!

### Board Meeting

June 7, Tuesday, 6 pm, online. Board of Trustees meetings are open to congregants via Zoom. Find the zoom link in the members only section of the **website**. The June board meeting occurs before the annual meeting date, rather than the third Tuesday.

### Creative Writing Group

June 11, Saturdays (second), 10:30 am — 12:30 pm, **http://bit.ly/CreativeWritingFirstUU**, Meeting ID: 868 9505 3014 Passcode: 361410. This group is for anyone with a desire to create and experiment with different styles of writing. This is a great space to meet individuals who want to share their creative abilities with others. RSVP to **evagarciamayers@yahoo.es**. A minimum of three attendees is required for the group to be hosted.

### Rainbow Action Group's Koffee Klatch

June 12, Sundays (second), 11:00 am, Hillcrest Campus Memorial Garden and online at **https://bit.ly/RainbowKlatch**, password: 893622. Rainbow Action Group's Koffee Klatch has gone virtual. Join us! All "family" friends and allies invited. Hosted by John Keasler & Louise Titlow.

### Annual Congregational Meeting

June 12, Sunday, 1 pm, **https://bit.ly/AnnualCM**, Meeting ID: 854 7182 1255, Passcode: 993339. Please watch your email around June 1st for the Meeting Notification and Agenda. Voting information will be included in the notification. Absentee voting begins June 1 and ends Friday, June 10 at 5 pm. Regular voting begins at the conclusion of the annual meeting and continues for 24 hours. Results to be announced on Tuesday, June 14th. To meet the candidates, view our **webpage**.

### Pagan Conversations

June 12, Sundays (second), 1 pm — 2 pm, **bit.ly/PaganConversations**, Meeting ID: 535-853-700. Join us for community and conversation.

### Art Guild Monthly Arts & Crafts Creative Social

June 14, second Tuesdays, 3 pm — 5 pm, **http://bit.ly/FirstUUArtGuild** Meeting ID 860 2031 2916, Passcode 587290. Everyone is welcome. Bring a work to share and/or a project to work on.

### Rainbow Twilight Walk

June 16, third Thursdays, 5 pm, the center of Balboa Park's museum area. Join us for exercise and in-person socializing. Contact John Keasler at 619-278-1267 or Louise Titlow at 619-990-5622 for info.

### Friends of Camp de Benneville Pines

June 19, Sundays (third), 6:30 pm — 8 pm, online. Friends of Camp de Benneville Pines meet via Zoom on third Sundays. Newcomers are welcome. To be added to the ZOOM invite list, contact **johnschaibly@gmail.com**

### Pride Parade

July 16, Saturday. Rainbow Action invites you to join us at the amazing Pride Parade and ride the Trolley! If you're interested in riding the trolley, contact **John Keasler** or **Louise Titlow**.

## South Bay Campus

### South Bay Summer Worship Series!

Join us for in-person, indoor worship in the South Bay sanctuary. Worship services will be held on Saturdays at 4 pm on May 21, June 4, June 18, July 9, and July 23. The ventilation system has been updated with the highest quality filters, but to adhere to the highest safety protocols, masks are required indoors except for worship leaders when they speaking. Feel free to stay a while afterwards to join in conversation and community with an outdoor social hour. Check-in when you arrive. See you soon!

### South Bay Virtual Social Hour

May 22, Sundays, 11 am, **bit.ly/SBSocialHour**. Meeting ID: 997 8730 8948. Password provided at worship service.

### South Bay Singers Rehearsal

May 22, Sundays, 11:45 am — 12:45 pm, private residence. Contact **Loreleigi@hotmail.com** for the address.

## Social Justice

### Climate Action:

#### Shop Your Values with Green Shopping

Check out the Green Pages to find the green, healthy, and ethically produced products and services you need for home and work. The **National Green Pages** has helpful information on socially responsible businesses, certified by environmental group **Green America**. Popular search categories include personal care, clothing, bedding, energy products/services, carbon offsets, financial, fair trade, food, travel and minority owned, LGBT, and women owned businesses. For your sustainable and ethical shopping, [CLICK HERE](#)

## UU Cluster News

### Chalice Transformation Team's Summer Reading Reprise - How to be an Antiracist

If you missed it the first time, please join the Chalice Transformation Team as we discuss Kendi's book *How to Be an Antiracist* in three weekly sessions, moderated with the help of previous reading group participants. The discussions will take place weekly on Wednesday afternoons for three weeks from 4 to 5:30 PM, beginning June 1 and ending June 15. To sign up for the reading series, please [register here](#).

## Family & Lifespan

### Religious Education



Religious Education takes place during the 9:30 am Worship Service on Sundays. This week, May 22, we'll focus on our sermon theme, "Play Ball" by making baseball caps and other baseball related games and activities. Everyone will leave service together after the Time for All Ages and go to the Preschool Playground behind Room 105 for a combination of multigenerational and age-based activities.

### Music and Movement

Sundays, 10:45 am — 11:15 am, Upper Patio. Join our youngest friends as we play simple percussion instruments, sing and move to music!

### RE Adult Help Needed

We need adults to help with Sunday RE! While we'll eventually need leaders to teach a lesson plan, we're currently in need of adults just to be a second adult to assist the staff leads. If you're willing to help out on Sundays during 9:30 am RE time, [sign up](#) or contact [tony@firstusandiego.org](mailto:tony@firstusandiego.org).

## South Bay Food Pantry News

### Parking Lot Gifts and Gratitude by Nina Douglass

The parking lot of 907 Broadway is like that of any other Chula Vista strip mall on weekdays. On Saturdays, however, the lot is transformed by hundreds of South Bay Food Pantry volunteers and clients. Volunteers arrive by 8am to receive and stage hundreds of pounds of canned and other dry goods, fresh produce and Starbucks bakery items from the big Feeding San Diego truck. By then, many pantry guests are already waiting for the 9am distribution of numbers which serve to organize the line-up for the 11 am - 12:30 pm food distribution. The few trees at the site provide welcome shade for people waiting to collect their food. Read the rest of the article on our [blog](#).

### The South Bay Food Pantry...

is located at 970 Broadway, Suite 101, Chula Vista 91911. It is open to the public Saturdays from 11 am - 12:30 pm and to congregants by appointment.

### Contact

If you would like to volunteer at the pantry please contact Deirdre Lonergan at [deirdre@deirdre.com](mailto:deirdre@deirdre.com). To reach the food pantry by phone call 619-271-5017.

### Volunteers Wanted: Truck Driver

It takes a lot of little nuts to make a jar of peanut butter...and we get a little nuts hauling thousands of pounds of peanut butter (and other protein sources) in economy cars. We're interested in connecting with people with pickup trucks who can be available now and then, either for a surprise haul or as a regular gig. Mileage reimbursement possible! Contact Deirdre Lonergan by [email](#) or phone 619-261-8474 to join the caravan.

### How to Donate to the South Bay Food Pantry

Donate online at [firstusandiego.org/donations.html](https://firstusandiego.org/donations.html) or make checks payable to FUUSD and write "SB Food Pantry" in the memo line. Mail checks to Robie Evans, FUUSD, 4190 Front St., San Diego, CA 92103.



First  
Unitarian Universalist  
Church of San Diego

## Week at a Glance Calendar

### Saturday, May 21, 2022

#### **Social Justice Update**

May 21, Saturday, 10 am, <https://bit.ly/UUSeniors>, or call in at 1-669-900-6833, Meeting ID 911 2242 6361.

#### **South Bay Summer Worship**

May 21, Saturday, 4 pm, South Bay Campus. Join us for indoor worship at the South Bay campus! Feel free to stay for social hour outdoors afterwards.

### Sunday, May 22, 2022

#### **In Person & Simultaneous Livestream Worship**

Sundays, 9:30 am, Hillcrest Patio.

Join us in person or watch the Service online:

[www.firstuusandiego.org/](http://www.firstuusandiego.org/)

#### **Hillcrest In Person Social Hour**

Sundays, following service, Hillcrest patio. Coffee provided, or bring your own beverage.

#### **Hillcrest Virtual Social Hour**

Sundays, 11 am, [bit.ly/FirstUUSocialHour](https://bit.ly/FirstUUSocialHour), ID 824 042 297.

#### **South Bay Virtual Social Hour**

Sundays, 11 am, [bit.ly/SBSocialHour](https://bit.ly/SBSocialHour). ID 997 8730 8948.

#### **South Bay Singers Rehearsal**

Sundays, 11:45 am — 12:45 pm, private residence. Contact [Loreleigi@hotmail.com](mailto:Loreleigi@hotmail.com) for the address.

#### **Drop In With a Witch**

May 22, Sundays (fourth), 1 pm — 2 pm, [bit.ly/PaganConversations](https://bit.ly/PaganConversations), Meeting ID: 535-853-700

#### **Open Heart Sangha**

Sundays, weekly, 4 pm — 5:30 pm, contact Marge at [margewur@gmail.com](mailto:margewur@gmail.com).

### Monday, May 23, 2022

#### **Coping With Chronic Conditions Support Group**

May 23, Mondays (second & fourth), 1 pm, URL <https://bit.ly/CopingCCGroup>, meeting ID 681-036-9317.

#### **Caregivers/Allies Support Group**

May 23, Mondays (second & fourth), 4 pm — 5:30 pm, online. Contact Rose Riedel at [Rose@firstuusandiego.org](mailto:Rose@firstuusandiego.org).

#### **Fourth Monday Meeting of UU Men's Fellowship**

May 23, Monday, 7 pm — 9 pm, online. Contact Andy French ([afrench11@gmail.com](mailto:afrench11@gmail.com)) or John Keasler ([jksdca@gmail.com](mailto:jksdca@gmail.com)) for the zoom link.

### Tuesday, May 24, 2022

#### **Worship Planning**

Tuesdays, 4 pm — 5 pm, [bit.ly/WorshipPlanning1UU](https://bit.ly/WorshipPlanning1UU), ID 878 4650 3375, Passcode 184690.

### Wednesday, May 25, 2022

#### **Uke Cafe**

Wednesdays, 3:30 pm, <https://bit.ly/ukecafe>. Join Tony on Zoom with your ukulele!

#### **Chalice Choir Rehearsal**

Wednesdays, 7 pm — 8:30 pm, Chapel. Contact [marshall@firstuusandiego.org](mailto:marshall@firstuusandiego.org) with any questions.

### Thursday, May 26, 2022

#### **Women's Chorus Rehearsal**

Thursdays, 7 pm — 8:30 pm, Chapel. Contact [marshall@firstuusandiego.org](mailto:marshall@firstuusandiego.org) with any questions.

### Upcoming Events

#### **Memory Matters Gathering**

May 27, Fridays (2nd and 4th), 10 am — 11:30 am, Email [hybertsen@att.net](mailto:hybertsen@att.net) for the link.

#### **Living the 8th Principle: Community and Police Relations**

May 29, Sunday, 11.30 am, Hillcrest Patio or online at <https://bit.ly/Living8thPrinciple>.

#### **You're Invited!**

May 31, Tuesday, 6 pm — 8 pm, online. 5th Tuesday Board Meeting. Please see the members section in the church's [website](#) for the meeting link.

#### **Organizing for Justice Meeting**

June 2, Thursdays (first), 6 pm, online. Contact Newt Ferris at [newtferris@gmail.com](mailto:newtferris@gmail.com) for further information.

#### **Parent Lounge**

June 5, Sunday, 11 am, Welcome Center Balcony.

#### **Board Chat**

Sundays (first), June 5, 12:30 pm, [bit.ly/FirstUUBoardChat](https://bit.ly/FirstUUBoardChat), Meeting ID: 863 0218 5062 Passcode: 203946.

#### **Cosmos**

Sundays (first), June 5, 1 pm — 3 pm, <https://bit.ly/CosmosFUUSD>, Passcode: 976520.

#### **Budget Forum**

June 6, Monday, 6 pm, [bit.ly/FirstUUBudgetForum](https://bit.ly/FirstUUBudgetForum), ID: 897 0558 4976, Passcode: 136825.

#### **Board Meeting**

June 7, Tuesday, 6 pm, online. Board of Trustees meetings are open to congregants via Zoom. Find the zoom link in the members only section of the [website](#).

#### **Creative Writing Group**

June 11, Saturday, 10:30 am — 12:30 pm, [bit.ly/CreativeWritingFirstUU](https://bit.ly/CreativeWritingFirstUU), ID: 868 9505 3014 Passcode: 361410.

#### **Annual Congregational Meeting**

June 12, Sunday, 1 pm, <https://bit.ly/AnnualCM>, Meeting ID: 854 7182 1255, Passcode: 993339.

POSTMASTER: Please send address changes to  
The Window, 4190 Front Street, San Diego, CA 92103-2098

First Unitarian Universalist Church of San Diego  
4190 Front Street, San Diego, CA 92103-2098  
Phone: 619-298-9978, Fax: 619-298-9997  
E-mail: [mail@firstuusandiego.org](mailto:mail@firstuusandiego.org)

## Our Staff

### Ministers:

Rev. Suzelle Lynch, *Minister in Residence*  
Rev. Dr. Omega Burckhardt, *Assistant Minister*  
Rev. Jim Grant and Rev. Löne Broussard, *Affiliate Ministers*  
Rev. Bonnie Tarwater, Rev. Frank Placone-Willey,  
Rev. Julie Forest, and Rev. Katy Swanson  
*Affiliate Community Ministers*  
Rev. Dr. Carolyn S. Owen-Towle, *Minister Emerita*  
Rev. Dr. Thomas A. Owen-Towle, *Minister Emeritus*

### Music Staff:

Marshall Voit, *Music Director*  
Lorelei Garner, *South Bay Music Coordinator*  
Andrea Spiero, *JUUL Tones Ensemble Director*  
Tony Bianca, *Handbell Program Director*

### Staff:

Robie Evans, *Director of Operations*  
Tony Bianca, *Program Director*  
Rose Riedel, *Office Manager & Scheduler*  
Jenner Daelyn, *Connections Coordinator & Congregational  
Assistant for Diversity, Equity, and Inclusion*  
Kate Collier, *Program Assistant*  
Connie Hayes, *Bookkeeper / Controller*  
Ray Evans, *Maintenance*  
Joshua Morrison, *Janitor*  
Mark Epler, *Event Coordinator*

## Board of Trustees

Rev. Julie Forest, **President**  
Cora Pendergast, **Vice President**  
Laura Ball, Rosalba Ciampi, Brian Krohne, Karen Lamphere,  
Sue Marberry, Rhiannon Roselle, and Louise Titlow, **Trustees**

### Important E-mail Addresses:

**General First Church E-mail:** [mail@firstuusandiego.org](mailto:mail@firstuusandiego.org)  
**Scheduling of Church Property:** [schedule@firstuusandiego.org](mailto:schedule@firstuusandiego.org)  
**The Window (newsletter):** [window@firstuusandiego.org](mailto>window@firstuusandiego.org)  
**First Church Web Site:** [website@firstuusandiego.org](http://www.firstuusandiego.org)  
<http://www.firstuusandiego.org> (Main site)  
<http://www.firstuusandiego.org/uus-of-the-south-bay>  
(UUs of the South Bay)

### Contact the Main Office (Hillcrest Campus):

First Unitarian Universalist Church of San Diego  
4190 Front Street, San Diego, California 92103  
619-298-9978 • [mail@firstuusandiego.org](mailto:mail@firstuusandiego.org)  
[www.firstuusandiego.org](http://www.firstuusandiego.org)

### Office Hours:

Monday—Friday, 9 am to 4 pm and Sunday after Services  
Admin Mobile Line: 619-947-4612

### Contact the South Bay Campus (Chula Vista):

Unitarian Universalists of the South Bay  
970 Broadway, Suite 101 & 104, Chula Vista, California, 91911  
619-271-5017 • [uusouthbay@firstuusandiego.org](mailto:uusouthbay@firstuusandiego.org)  
[www.firstuusandiego.org/uus-of-the-south-bay](http://www.firstuusandiego.org/uus-of-the-south-bay)  
Campus Hours: Sunday for Service or By Arrangement