

# The Window

A Weekly Publication



## Our Mission

Our mission is to create community, to nurture spiritual growth, and to act on our values to help heal the world. Nuestra misión es crear comunidad, fomentar el crecimiento espiritual y vivir nuestros valores para ayudar a sanar el mundo.

## Our Seven Principles

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

1. The inherent worth and dignity of every person;
2. Justice, equity, and compassion in human relations;
3. Acceptance of one another, and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience, and the use of the democratic process within our congregations and in society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part.

**Hillcrest Campus Location**  
4190 Front Street  
San Diego, CA 92103  
619-298-9978

**South Bay Campus Location**  
970 Broadway, Suite 104  
Chula Vista, CA 91911  
619-271-5017

May's Transformational Theme: **Identity**

## Join Us Online!

### Sunday Morning Worship

May 16, 2021 9:30 am

**"Owning Your Identity"**

Matthew Waterman, *Intern Minister*

### All In-Person Meetings on Both of Our Campuses Are Suspended Until Further Notice

Visit <https://www.firstuusandiego.org/> on Sunday mornings to join us for virtual worship, and also to check the [blog](#) to keep up with the First UU staff! Some groups are meeting virtually, watch [The Window](#) for instructions & meeting times.

### May Generosity Offering Project New Village

Project New Village's mission is to serve as a catalyst for community rooted experiences that build stronger neighborhoods, improve the neighborhood food supply chain; stimulate collective investment in better health; and maximize the impact of investment to address social inequities. Project New Village uses neighborhood-based agricultural cooperatives as strategies of resistance to food insecurity through community/civic engagement and building alternative food ecosystems. Donate using our website at [www.firstuusandiego.org/donations.html](http://www.firstuusandiego.org/donations.html), under gift designation select "Generosity."

### Journey Toward Wholeness (JTW) What Can I Do?

Learn more about the history of California's history of anti-Black racism, and the unjust seizure of Bruce's Beach in Manhattan Beach.

<https://ckarchive.com/b/qdu8h7h5z8d9>

## What's Happening?

### FUUSD Reopening Team Update: May, 2021

The pandemic situation and official recommendations are changing rapidly. We as a team are continuing to keep abreast as we prepare guidelines specific to our church situation.

We have stated it will soon be okay to resume the lowest-risk types of in-person gatherings. These are small groups in outdoor settings, provided they observe the several precautions and procedures we outlined in our last update. Opening date for these meetings will be announced soon.

There is a brief survey to find out first if most people will feel safe about coming together once we give a green light. And second we'll want to know the vaccination level in our congregation. We're not dictating anything but we'll want to know what we've got.

Please take the survey at <https://bit.ly/33cwCw> and thanks again to everyone for record levels of patience.



### Get Involved with Project New Village

All are invited to a short morning of yard work at Project New Village (PNV) on Saturday, May 29 from 9:30 am to 11:30 am. Meet PNV leaders and volunteers and learn about inspiring work to transform Southeast San Diego toward Food Justice. Contact Steve Gelb [konshin.gelb@gmail.com](mailto:konshin.gelb@gmail.com) or Kathy Smith [karefree47@gmail.com](mailto:karefree47@gmail.com) for more information.

### Virtual Meetings with Kathleen

To schedule a virtual appointment with Rev. Kathleen, email Rose Riedel at [rose@firstuusandiego.org](mailto:rose@firstuusandiego.org)

### Annual Reports Due May 14

It's time for preparation and submission of your Ministry Team / Affiliate Group / Committee reports for our 2021 Annual Report. Click [here](#) for your instructions and template. Refer to our 2020 Annual Report [here](#), and submit your reports and pictures no later than Friday, May 14 to Rose Riedel at [rose@firstuusandiego.org](mailto:rose@firstuusandiego.org).

### Funding Our Future Team Needs Your Input

Many things have changed since 2019's "Visioning Study" when well over 200 members and friends described their "dream church." What is YOUR dream church? What needs do the groups you're involved with have? How can we move from dreams to reality? Sign up today for one of the Funding Our Future: Charting Our Path Forward team's 1-hour Focus Group discussions:

[www.firstuusandiego.org/funding-our-future.html](http://www.firstuusandiego.org/funding-our-future.html)

Most are on Zoom but a few are in-person at Hillcrest or a South Bay location. With your help we can make many dreams come true.

### Interim Search Committee Update

The Interim Search Committee is pleased to welcome two new members, Sanjay Pulver and Lee Checa Valdez. We are grateful they have agreed to join us, adding a young adult and a youth perspective to our search. Thank you, Sanjay and Lee!

The Interim Search Committee wants to know what you think we should consider when reviewing the candidates. Send your suggestions to:

[interimsearch2021@firstuusandiego.org](mailto:interimsearch2021@firstuusandiego.org)

### Delegates Needed for 2021 Online General Assembly

General Assembly (GA) 2021, the annual meeting of the Unitarian Universalist Association (UUA), will be held online June 23 — 27. All registered delegates & non-delegates can attend:

- business meetings,
- workshops on important social justice topics—including the Stacey Abrams, this year's Ware Lecturer,
- worship services, &
- fun evening activities.

Delegates vote on business items of the UUA and denominational positions on social justice issues, can also propose amendments, and participate in debates.

To represent First UU as one of our 12 delegates, contact John Schaibly ([john@schaibly.com](mailto:john@schaibly.com)). For GA information, go to <https://www.uua.org/ga/>. For questions, contact John Schaibly or Jan Garbosky ([jgarbosky@cox.net](mailto:jgarbosky@cox.net)).

### Virtual Meetings with Matthew

Schedule an appointment with Intern Minister Matthew Waterman: [calendly.com/mattyifromthebay/pastoral-care](http://calendly.com/mattyifromthebay/pastoral-care)

## What's Happening?

### Collecting Items for Migrant Children

The children and youth currently living in the Convention Center are in need of some basic items to make their lives better while they're in San Diego and before they travel to family members living in other states and cities.

Children and youth from ages 4-17 are in need of the items below or you can make monetary donations at <https://southbaycommunityservices.networkforgood.com/projects/57168-sbcs-annual-fund>

The specific needed items are:

- XS (mostly) and Small pants (like Hanes either jogger or lace up preferably)
- Feminine pads
- Toothpaste (travel size preferably so kids can have their own)
- Face masks
- Bralletes and bras
- Books (in Spanish)
- Tennis shoes or sandals (new, not used) various sizes and for both girls and boys.

You can bring your donations to the Hillcrest campus on one of the following dates and times: Thursday May 20, May 27, June 3, June 10 from 11 am — 1 pm and give them to Rev. Tania. Thank you for helping our neighbors in this specific and needed way.

*Please only bring the items requested.*

### Memory Matters Gathering

May 14, Fridays (second and fourth), 10 am — 11:30 am, Online, with Kathy Gilbert, LCSW, and Gay Hybertsen, LCSW. This is a place for those who worry about memory problems and forgetfulness; and their care partners. The gathering, therapeutic and educational, enables members to make new contacts, build trust, and learn to deal with the consequences of memory loss. Ongoing, drop in. Email [hybertsen@att.net](mailto:hybertsen@att.net) for the link.

### Emerging Young Adults

May 14, Fridays, weekly, 6 pm, online. For individuals between 17 and 25, we host a weekly gathering where we can "go deeper" in our spirituality and UU-ism while also supporting each other in brave space. If you're interested, please email Matthew at [matthew@firstuusandiego.org](mailto:matthew@firstuusandiego.org).

### Living the Homestretch

May 15, Saturdays (third), 10 am, online at <https://bit.ly/LivingTheHomestretch>, or call in at 1-669-900-6833, Meeting ID 911 2242 6361. The Rev. Dr. Tom Owen-Towle, minister emeritus, will lead a discussion on "hard blessings" gleaned from a grueling and gruesome pandemic. There will be time for reflection and sharing in breakout groups.

Did you know? You can follow us on *Instagram*; our user names are [@firstuusd](#) and [@uus\\_south\\_bay](#)

### Happy Hour on the 8th Principle

Saturday, May 15, 4:30 pm, <http://bit.ly/8thPrincipleHH>. Join us for informal conversation with interesting folks about the 8th principle. Come ask questions and share opinions. Email your questions or comments to [8p@firstuusandiego.org](mailto:8p@firstuusandiego.org).

### Compassion Corner

May 16, Sundays, weekly, 10:30 am — 11 am, <https://bit.ly/CompassionCorner1>, or call in at 1-669-900-6833, Meeting ID: 979 7637 7178 Passcode: 540948. A lay ministry listening space after the service. To protect your privacy, the room has a waiting room enabled, a lay minister will let you in once they are available to speak. If there is a delay, the lay minister may be speaking with another person and will let you in as soon as possible.

### Social Hour and Meet & Grets with Board Candidates

May 16, Sunday, 10:30 am — 11:30 am, <https://bit.ly/FirstUUSocialHour>, or call in at 1-669-900-6833, Meeting ID 824 042 297. The password will be provided during the worship service. Each Sunday in May, some of

the candidates for the Board of Trustees will attend Social Hour as an opportunity for the community to meet them.



### Pagan Conversations

May 16, Sundays, weekly, 1 pm — 2 pm, Meeting Link: <https://bit.ly/PaganConversations>, or call in at 1-669-900-6833, Meeting ID: 535-853-700. Join the Earth Centered Spirituality Circle (ECSC) via Zoom for a weekly, virtual version of Pagan Conversations. This is a time for pagans of varying traditions to come together in a guided discussion and be in community with one another. If you have questions contact [sdpagansuu@gmail.com](mailto:sdpagansuu@gmail.com).

### Open Heart Sangha

May 16, Sundays, weekly, 4 pm — 5:30 pm, online. The Open Heart Sangha continues to meet on Sunday afternoons through online Zoom gatherings. Contact Marge, [margewur@gmail.com](mailto:margewur@gmail.com) for the link.

### Worship Planning

May 18, Tuesdays, 4 pm — 5 pm, <https://bit.ly/WorshipPlanning1UU>, or call in at 1-669-900-6833, Meeting ID 878 4650 3375, Passcode 184690. If you're interested in learning how the worship service is created or have comments for the team to consider, you're welcome to attend the worship planning meeting. We want to encourage direct conversations and find ways to co-create worship that is meaningful.



## What's Happening?

### Widening the Circle of Concern Report Study Group

May 18, Tuesdays, 6:30 pm - 7:30 pm, online. The UUA's Commission on Institutional Change (COIC) Report focuses on ways that both the UUA and UU congregations can shift their current structures to be more intentionally diverse, inclusive, and equitable. The commission also released a study guide, which will serve as the basis for a weekly study group. This group will be diving deeply into the report and looking at ways that First UU can implement the recommended action steps. Email [coicstudygroup@gmail.com](mailto:coicstudygroup@gmail.com) for more information.

### Young Adults

May 19, Wednesdays, weekly, 6 pm, online. A sacred time for individuals between 26 and 35 years of age to explore young adulthood, religion, spirituality, and support each other – with fun and humor. Email Matthew at [Matthew@firstuusandiego.org](mailto:Matthew@firstuusandiego.org) for information.

### Climate Justice Meeting

Sunday, May 16, 1 pm, online. FOOD: How we grow it, what we eat, what we waste affects the climate. Join the discussion by contacting Rhea Kuhlman for the Zoom link: [rheakuhlman2@gmail.com](mailto:rheakuhlman2@gmail.com)

### Why Remember the Nakba?

Sunday, May 16, 4 pm, online. Join the Palestine-Israel Justice Team for an online talk and Q&A with SDSU Political Science Professor Farid Abdel-Nour in honor of Nakba Day, titled "Why Remember the Nakba?" Nakba Day commemorates the 1948 destruction of Palestinian society and displacement of the Palestinian people. Register for the event at <https://www.eventbrite.com/e/152604629555> to receive the Zoom info prior to the event. Questions? [PI.Justice.Team@gmail.com](mailto:PI.Justice.Team@gmail.com).

### Friends of Camp de Benneville Pines

Sundays (third), May 16, 6:30 pm — 8 pm, online. Friends of Camp de Benneville Pines meet via Zoom on third Sundays. Newcomers are welcome. To be added to the ZOOM invite list, please contact [john@schaibly.com](mailto:john@schaibly.com)

### Monthly Board Meeting

Tuesday, May 18, 6 pm, online. Board of Trustees meetings are open to congregants via Zoom. Email Board President, Sarah Ormond, [boardpresident@firstuusandiego.org](mailto:boardpresident@firstuusandiego.org) for information.

### Coping With Chronic Conditions Support Group

May 24, second and fourth Mondays, 1 pm, URL <https://bit.ly/CopingCCGroup>, or call 669-900-6833 with meeting ID 681-036-9317. New participants reach out to Chris Smith prior to attending a meeting at 619-300-7477 or email [chris.smith7@cox.net](mailto:chris.smith7@cox.net) to discuss our covenant and mission statement and receive the password.

### How to Call Into a Zoom Meeting

No computer? You can still join our virtual meetings. Call into a Zoom meeting by phone at 1-669-900-6833. When prompted, enter the meeting ID number.

### Fourth Monday Meeting of UU Men's Fellowship

Monday, May 24, 7 pm, online. We'll join men from all over the country, thanks to Zoom, to talk about ourselves and men's issues. More information will be sent to the UU Men's mailing list. To be added to the list or for information about this meeting, contact [kcohn@san.rr.com](mailto:kcohn@san.rr.com)

### Join Robie!

May 26, second and fourth Wednesdays, 4 pm — 5 pm, url <http://bit.ly/JoinRobie4th> or call 1-669-900-6833, Meeting ID 814 3746 1400. During these "stay at home" times, our Director of Operations, Robie, is missing her church friends, new and old, and even those she hasn't met yet. Robie looks forward to this get-together!

### Board Chat

Sundays (first), June 6, 10:30 am, <https://bit.ly/FirstUUBoardChat>, or call in at 1-669-900-6833, Meeting ID: 863 0218 5062 Passcode: 203946. Have a question for your Board of Directors or something you would like them to know? There's a Zoom Board Chat at 10:30 am right after our service.

### Cosmos

June 6, Sundays (first), 1 pm — 3 pm, <https://bit.ly/CosmosFUUSD>, Passcode: 242202. We are currently watching Brian Swimme's series, *Canticle to the Cosmos*. Please join us. The only prerequisite is an open heart and mind. Contact James Long at [kyolong1@gmail.com](mailto:kyolong1@gmail.com) for information or meeting ID.

### Discussion of The Ethnic Cleansing of Palestine

June 6, Sunday, 4 pm, online. Join the Palestine-Israel Justice Team for a virtual book discussion of *The Ethnic Cleansing of Palestine* by Israeli historian Ilan Pappé in honor of Nakba Day, the commemoration of the destruction of Palestinian society and the displacement of the Palestinian people. The book documents the deliberate expulsion of Palestinians as a foundational objective of the Zionist movement. Register at <https://www.eventbrite.com/e/152615736777> to receive the Zoom info prior to the event. We are doing a free giveaway of this book to the first six people who pledge to read the book and participate in the book discussion on June 6th! To reserve your free copy, or for questions, contact us at [pi.justice.team@gmail.com](mailto:pi.justice.team@gmail.com).

### Arts & Crafts Creative Social

June 8, second Tuesdays, 3 pm — 5 pm, Link to meeting: <http://bit.ly/ArtGuildMeeting>, or call in at 1-669-900-6833, Meeting ID 945 4398 9126, Passcode 12345. Join members of the Art Guild for a few hours of creativity in community! Work on ongoing projects, create Artist Trading Cards, begin new work, or even color in a coloring book alongside other artists.

### Is Your Group Still Meeting Virtually?

Send group information to [rose@firstuusandiego.org](mailto:rose@firstuusandiego.org) to be included in The Window!

## What's Happening?

### Creative Writing Group

June 12, Saturdays (second), 12:30 pm — 2:30 pm, <http://bit.ly/CreativeWritingFirstUU>, or call in at 1-669-900-6833, Meeting ID: 991 6747 3549. This group is for anyone with a desire to create and experiment with different styles of writing. This is a great space to meet individuals who want to meet and share their creative and artistic abilities with others, as well as networking and meeting individuals with similar interests.

### Rainbow Action Group's Koffee Klatch

June 13, Sundays (second), 12 pm, URL <https://bit.ly/RainbowKlatch>, password: 893622, or call in at 1-669-900-6833, ID 899 4140 9956, PW 893622. Rainbow Action Group's Koffee Klatch has gone virtual. Join us! All "family" friends and allies invited. The event is hosted by John Keasler and Pat Gordon.

### Vaccine Navigators

Are you having trouble scheduling a vaccine appointment? Vaccine Navigators who have the time, technology and know-how to help you schedule your vaccine are ready to help. If you're interested in having someone help you, call Rose Riedel at 619-398-4439.

### Still Scamming!

Please be aware that this is still happening - even nationwide at our other UU churches. Especially during these tender times, folks are scamming church members in order to get gift cards purchased and sent to them. And, there's nothing we can do about it except warn you and educate you. **Never respond to any church member, staff or minister unless it comes from a valid church email, i.e. staffname@firstuusandiego.org. We do not use gmail accounts for our official church staff business.** The following is an example of the latest email scam going around. **No minister or staff member will ever reach out for help in this way!** Please be careful out there, stay safe, wear a mask when going out and wash your hands frequently!

**From:** Rev Kathleen Owens  
<kathleenowens.firstuusandiego@gmail.com>  
**Date:** Thursday, April 29, 2021 at 10:25 AM  
**To:** "First UU congregant email"  
**Subject:** MANY BLESSINGS

Good morning, how are you? Do you have a moment I have a request I need you to handle discreetly. I am going into a meeting now, no calls so just reply to my email.

In Christ's love,  
Rev. Kathleen Owens  
First Unitarian Universalist Church Of San diego  
Hillcrest campus 4190 Front Street, San Diego, CA.  
92103

## Our South Bay Campus

### South Bay Social Hour

Sunday, May 16, 11 am, <https://bit.ly/SBSocialHour>. Meeting ID: 997 8730 8948. Join in for a South Bay Social Hour. The password will be provided during the worship service.

### South Bay Singers Rehearsal

May 17, Mondays, 5:30 pm — 6:15 pm, [bit.ly/SouthBaySingers](http://bit.ly/SouthBaySingers), Meeting ID: 831 5037 5219.

### Virtual Meetings with Rev. Tania

To schedule a virtual appointment with Rev. Tania, do so here: <https://calendly.com/tymt77/30min>.

## South Bay Food Pantry News

### Introducing Nina Douglass and Jeff Kline by Maureen McNair

Several months ago, Rev. Kathleen asked me what the process was I used to run the food pantry. I told her it has been like laying down the tracks while the train is coming. So, after 17 straight months of creating and operating the food pantry, I am taking a vacation the last two weeks in May. I have planned a stay-cation. The food pantry, diaper distribution, congregant food delivery, and feeding people experiencing homelessness will continue thanks to spouses Nina Douglass and Jeff Kline, who have agreed to substitute for me. Many of you may not have met them because they joined our church during the pandemic... Read more on our blog at <https://www.firstuusandiego.org/blog/introducing-nina-douglass-and-jeff-kline>.

### How to Donate to the South Bay Food Pantry

Donate online via credit card at [www.firstuusandiego.org/donations.html](http://www.firstuusandiego.org/donations.html) or make checks payable to FUUSD and write "SB Food Pantry" in the memo line. Mail checks to Robie Evans, FUUSD, 4190 Front St., San Diego, CA 92103.

### Contact

You can email Maureen McNair at [memcnair948@gmail.com](mailto:memcnair948@gmail.com). To reach the food pantry by phone call 619-271-5017. The phone will take your message.

### The South Bay Food Pantry...

is located at 970 Broadway, Suite 101, Chula Vista 91911. It is open to the public Saturdays from 11 am - 12:30 pm and to congregants by appointment.



## Family Ministry

### Religious Education Programming

Here's what's happening:

**Saturday RE** - We'll gather in Zoom at 10 am on Saturdays for games, discussion, activities and stories that reflect our values and principles.

**Sunday RE** - (Sundays at 1 pm) Join us on Sundays for more stories and discussion around our principles and values.

**Homework Help** - If you'd like your child to have some 1-on-1 time with Tony and/or other adult volunteers for help with school work, tutoring, mentoring, enrichment activities, or just to check in, please email [Tony@firstuusandiego.org](mailto:Tony@firstuusandiego.org) to set up a time.

The zoom links for these meetings are not public, to request information contact:

[tony@firstuusandiego.org](mailto:tony@firstuusandiego.org).

### Sidewalk Chalk Art Project

Join us in exploring May's theme, "Creativity," by helping to create a Sidewalk Chalk Art Project on our Hillcrest Campus. Choose one of the following times to stop by. You can park in the access road next to the Welcome Center. Just past the bollards, you'll find sidewalk chalk that you and your family can use to add whatever images and/or words you'd like to add to the space provided in the driveway behind the Welcome Center. Once complete, we'll share our communal creation on social media and in Worship Services as a way to explore our monthly theme.

Times when you may drop by:

Tuesday, May 18, 2 pm — 5 pm

Wednesday, May 19, 6 pm — 8 pm

Friday, May 21, 12 pm — 3 pm

Saturday, May 22, 9 am - 12:00 pm

### 1-on-1 Parent Time!

We've been offering 1-on-1 time to our children and would like to extend that invitation to our parents as well! Some of us have been engaged in an "Empathy Buddy" process as a part of a Restorative Justice Workshop. In this process, adults meet to practice active listening and show empathy toward each other. Many who have participated have reported that they appreciated 30 minutes each week when they could talk to another adult and feel heard. If you would like to meet with Tony or would like Tony to pair you with another Empathy Buddy, please contact Tony ([tony@firstuusandiego.org](mailto:tony@firstuusandiego.org)).

### Parents' Lounge

Sundays, weekly, 11:40 am — 1 pm, <http://bit.ly/NewParentLounge>, Meeting ID 873 6793 7478, Passcode 504406. All parents are welcome to join for discussion, connection and support. This week's topic is: Dollars and Sense - kids, money and the allowance question.

### Middle School Youth Group

May 16, Sundays (weekly), 1:30 pm, online. The Middle School UU Group (MUUGS) for youth in grades 6-8 will return to the *Twilight Zone* to continue their discussion of the May worship theme, "Identity." They will watch and discuss the episode, "A World of Difference." To get more information contact Käthe at [kathe@firstuusandiego.org](mailto:kathe@firstuusandiego.org).

### Senior High Youth

Youth in grades 9-12 are meeting online via Zoom on Wednesdays at 4:30 pm and Sundays at 3:30 pm. Senior High youth also enjoy Deep Discussion/Movie Night on Fridays at 5 pm. To get more info, contact Käthe at [kathe@firstuusandiego.org](mailto:kathe@firstuusandiego.org).



## Social Justice

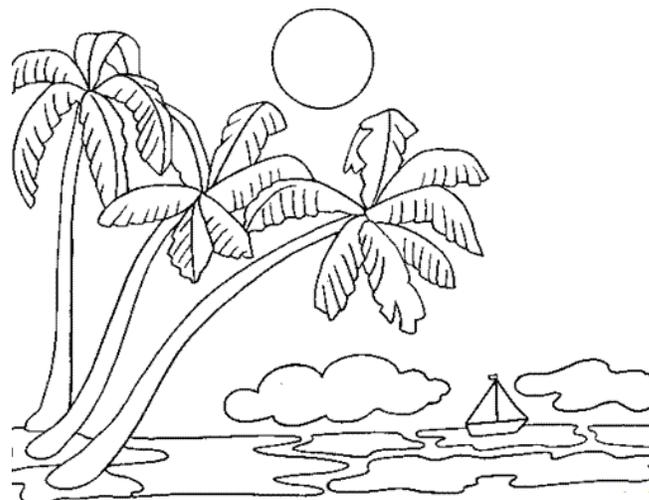
### Climate Justice Meeting

Sunday, May 16, 1 pm, online. FOOD: How we grow it, what we eat, what we waste affects the climate. Join the discussion by contacting Rhea Kuhlman for the Zoom link: [rheakuhlman2@gmail.com](mailto:rheakuhlman2@gmail.com)

### Climate Action:

#### Cleaner Air for San Diego Port Neighbors

*Over 80% of the cancer risk in the air we breathe is caused by diesel pollution.* Heavy-duty trucks driving through neighborhood streets to and from the Port of San Diego are a major source of this deadly particulate pollution. Diesel fumes cause other chronic diseases, like heart disease, respiratory problems, asthma, causing 53% of 2018 deaths in South San Diego. Tell the Port we demand electric trucks to be a good neighbor and put health first in their Maritime Clean Air Strategy at [www.environmentalhealth.org/index.php/en/?option=com\\_civicrm&task=civicrm/petition/sign&sid=13&reset=1](http://www.environmentalhealth.org/index.php/en/?option=com_civicrm&task=civicrm/petition/sign&sid=13&reset=1).



## Week at a Glance Calendar

### Friday, May 14, 2021

#### **Memory Matters Gathering**

May 14, Fridays (second and fourth), 10 am — 11:30 am, Online. Email [hybertsen@att.net](mailto:hybertsen@att.net) for the link.

#### **Emerging Young Adults**

Fridays, weekly, 6 pm, online. For individuals between 17 and 25. Email Matthew at [matthew@firstuusandiego.org](mailto:matthew@firstuusandiego.org).

### Saturday, May 15, 2021

#### **Saturday Science, Stories and Songs**

Saturdays at 10 am. Children's RE programming. Request meeting information from [tony@firstuusandiego.org](mailto:tony@firstuusandiego.org).

#### **Living the Homestretch**

May 15, Saturday, 10 am, [bit.ly/LivingTheHomestretch](https://bit.ly/LivingTheHomestretch), Meeting ID 911 2242 6361.

#### **South Bay Food Pantry Hours**

970 Broadway Suite 101, Chula Vista 91911. Distributing food every Saturday from 11 am — 12:30 pm.

#### **Happy Hour on the 8th Principle**

Saturday, May 15, 4:30 pm, <http://bit.ly/8thPrincipleHH>.

### Sunday, May 16, 2021

#### **Live Streamed Worship**

Sundays, weekly, 9:30 am, <https://www.firstuusandiego.org/>.

#### **Social Hour and Meet & Greets with Board Candidates**

Sundays, 10:30 am — 11 am, url <https://bit.ly/FirstUU> **SocialHour**, Meeting ID 824 042 297. The password will be provided during the worship service.

#### **Compassion Corner**

Sundays, weekly, 10:30 am — 11 am, <https://bit.ly/Compassioncorner1>, Meeting ID: 979 7637 7178 Passcode: 540948.

#### **South Bay Social Hour**

Sundays, weekly, 11 am, <https://bit.ly/SBSocialHour>. Join in for a South Bay Social Hour.

#### **Parents' Lounge**

Sundays, weekly, 11:40 am — 1 pm, <http://bit.ly/NewParentLounge>, Meeting ID 873 6793 7478, Passcode 504406.

#### **Climate Justice Meeting**

Sunday, May 16, 1 pm, online. FOOD: How we grow it, what we eat, and what we waste affects the climate. Email [rheakuhlman2@gmail.com](mailto:rheakuhlman2@gmail.com) for the link.

#### **Children's Religious Education**

Sundays, 1 pm. Request meeting information from [tony@firstuusandiego.org](mailto:tony@firstuusandiego.org).

#### **Pagan Conversations**

Sundays, weekly, 1 pm — 2 pm, Meeting Link: <https://bit.ly/PaganConversations> ID: 535-853-700.

#### **Middle School Youth Group**

Sundays at 1:30 pm. To get more info, contact Käthe at [kathe@firstuusandiego.org](mailto:kathe@firstuusandiego.org).

#### **Senior High Youth Group**

Sundays at 3:30 pm. Contact [kathe@firstuusandiego.org](mailto:kathe@firstuusandiego.org).

### Sunday, May 16, 2021 >>>cont.<<<

#### **Open Heart Sangha**

Sundays, weekly, 4 pm — 5:30 pm, for the link to the meetings please contact Marge at [margewur@gmail.com](mailto:margewur@gmail.com).

#### **Why Remember the Nakba?**

Sunday, May 16, 4 pm, online. Register for the event at <https://www.eventbrite.com/e/152604629555> to receive the Zoom info prior to the event. Questions? [Pl.Justice.Team@gmail.com](mailto:Pl.Justice.Team@gmail.com).

#### **Friends of Camp de Benneville Pines**

Sundays (third), May 16, 6:30 pm — 8 pm, online. To be added to the ZOOM invite list, please contact [john@schaibly.com](mailto:john@schaibly.com)

### Monday, May 17, 2021

#### **South Bay Singers Rehearsal**

Mondays, weekly, 5:30 pm, [bit.ly/SouthBaySingers](https://bit.ly/SouthBaySingers).

### Tuesday, May 18, 2021

#### **Worship Planning**

Tuesdays, 4 pm — 5 pm, <https://bit.ly/WorshipPlanning1UU>, or call in at 1-669-900-6833, Meeting ID 878 4650 3375, Passcode 184690.

#### **Monthly Board Meeting**

May 18, Tuesday, 6 pm, Online. Email President Sarah Ormond at: [boardpresident@firstuusandiego.org](mailto:boardpresident@firstuusandiego.org).

#### **Widening the Circle of Concern Report Study Group**

Tuesdays, 6:30 pm - 7:30 pm, and running weekly. Email [coicstudygroup@gmail.com](mailto:coicstudygroup@gmail.com) with questions, and/or to sign up!

### Wednesday, May 19, 2021

#### **Senior High Youth Game Day**

Wednesdays at 4:30 pm. Contact [kathe@firstuusandiego.org](mailto:kathe@firstuusandiego.org).

#### **Young Adults**

Wednesdays, 6 pm, online. A sacred time for individuals between 26 and 35 years of age. Please email Matthew at [Matthew@firstuusandiego.org](mailto:Matthew@firstuusandiego.org) for information.

## Upcoming Events

#### **Coping With Chronic Conditions Support Group**

May 24, second and fourth Mondays, 1 pm — 3 pm, url <https://bit.ly/CopingCCGroup>, ID: 681-036-9317.

#### **Fourth Monday Meeting of the UU Men's Fellowship**

Monday, May 24, 7 pm, Zoom. A meeting open to all men. For more information email [Kcohn@san.rr.com](mailto:Kcohn@san.rr.com).

#### **Join Robie!**

May 26, second and fourth Wednesdays, 4 pm — 5 pm, url <http://bit.ly/JoinRobie4th> or call 1-669-900-6833, Meeting ID 814 3746 1400.

#### **Board Chat**

Sundays (first), June 6, 10:30 am, <https://bit.ly/FirstUUBoardChat>, Meeting ID: 863 0218 5062 Passcode: 203946.

#### **Cosmos**

Sundays (first), June 6, 1 pm — 3 pm, Online. Contact James Long at [kyolong1@gmail.com](mailto:kyolong1@gmail.com) for the link.

First Unitarian Universalist Church of San Diego  
4190 Front Street, San Diego, CA 92103-2098  
Phone: 619-298-9978  
E-mail: [mail@firstuusandiego.org](mailto:mail@firstuusandiego.org)  
POSTMASTER: Please send address changes to  
The Window, 4190 Front Street, San Diego, CA 92103-2098

## Our Staff

### Ministers:

Rev. Kathleen Owens, *Lead Minister*  
Rev. Tania Márquez, *Assistant Minister*  
Matthew Waterman, *Intern Minister*  
Rev. Jim Grant and Rev. Löne Broussard, *Affiliate Ministers*  
Rev. Bonnie Tarwater, Rev. Frank Piccone-Willey,  
Rev. Julie Forest, and Rev. Katy Swanson

#### *Affiliate Community Ministers*

Rev. Dr. Carolyn S. Owen-Towle, *Minister Emerita*  
Rev. Dr. Thomas A. Owen-Towle, *Minister Emeritus*

### Music Staff:

Chase Pado, *Pianist*  
Lorelei Garner, *SB Music Coordinator*  
Andrea N-L, *JUUL Tones Ensemble Director*  
Tony Bianca, *Handbell Program and Children's Choir Director*

### Staff:

Robie Evans, *Director of Operations*  
Käthe Larick, *Youth Programs Coordinator*  
Tony Bianca, *Program Director*  
Rose Riedel, *Office Manager*  
Jenner Daelyn, *Connections Coordinator* (on leave)  
Connie Hayes, *Bookkeeper / Controller*  
Ray Evans, *Maintenance*  
Mark Epler, *Event Coordinator*

## Board of Trustees

Sarah Ormond, **President**  
Rev. Julie Forest, **Vice President**  
James Long, **Treasurer**  
Laura Ball, **Secretary**  
Angela Garcia-Sims, Andrea Gonzalez, Brian Krohne,  
Kathleen MacLeod and Maureen McNair, **Trustees**

### Important E-mail Addresses:

**General First Church E-mail:** [mail@firstuusandiego.org](mailto:mail@firstuusandiego.org)  
**Scheduling of Church Property:** [schedule@firstuusandiego.org](mailto:schedule@firstuusandiego.org)  
**The Window (newsletter):** [window@firstuusandiego.org](mailto>window@firstuusandiego.org)  
**First Church Web Site:** [website@firstuusandiego.org](mailto:website@firstuusandiego.org)  
<http://www.firstuusandiego.org> (Main site)  
<http://www.firstuusandiego.org/uus-of-the-south-bay>  
(UUs of the South Bay)

### Contact the Main Office (Hillcrest Campus):

First Unitarian Universalist Church of San Diego  
4190 Front Street, San Diego, California 92103  
619-298-9978 • [mail@firstuusandiego.org](mailto:mail@firstuusandiego.org)  
[www.firstuusandiego.org](http://www.firstuusandiego.org)

#### Office Hours:

Monday—Friday, 9 am to 4 pm and Sunday after Services  
Sunday Morning Urgent Contact: 619-947-4612

### Contact the South Bay Campus (Chula Vista):

Unitarian Universalists of the South Bay  
970 Broadway, Suite 101 & 104, Chula Vista, California, 91911  
619-271-5017 • [uusouthbay@firstuusandiego.org](mailto:uusouthbay@firstuusandiego.org)  
[www.firstuusandiego.org/uus-of-the-south-bay](http://www.firstuusandiego.org/uus-of-the-south-bay)  
Campus Hours: Sunday for Service or By Arrangement