

The Window

A Weekly Publication



Our Mission

Our mission is to create community, to nurture spiritual growth, and to act on our values to help heal the world. Nuestra misión es crear comunidad, fomentar el crecimiento espiritual y vivir nuestros valores para ayudar a sanar el mundo.

Our Seven Principles

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

1. The inherent worth and dignity of every person;
2. Justice, equity, and compassion in human relations;
3. Acceptance of one another, and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience, and the use of the democratic process within our congregations and in society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part.

Hillcrest Campus Location
4190 Front Street
San Diego, CA 92103
619-298-9978

South Bay Campus Location
970 Broadway, Suite 104
Chula Vista, CA 91911
619-271-5017

May's Transformational Theme: **Identity**

Join Us Online!

Sunday Morning Worship

May 9, 2021 9:30 am

"The 8th Principle: Building Beloved Community"

Paula Cole Jones and First UU Ministers

All In-Person Meetings on Both of Our Campuses Are Suspended Until Further Notice

Visit <https://www.firstuusandiego.org/> on Sunday mornings to join us for virtual worship, and also to check the [blog](#) to keep up with the First UU staff! Some groups are meeting virtually, watch [The Window](#) for instructions & meeting times.

May Generosity Offering Project New Village

Project New Village's mission is to serve as a catalyst for community rooted experiences that build stronger neighborhoods, improve the neighborhood food supply chain; stimulate collective investment in better health; and maximize the impact of investment to address social inequities. Project New Village uses neighborhood-based agricultural cooperatives as strategies of resistance to food insecurity through community/civic engagement and building alternative food ecosystems. Donate using our website at www.firstuusandiego.org/donations.html, under gift designation select "Generosity."

Journey Toward Wholeness (JTW) What Can I Do?

May is Asian/Pacific American Heritage Month. Celebrate stories from AAPI-identifying people by checking out some of the events listed here <https://asianpacificheritage.gov/>.

Hear about the legacy of anti-Asian policies and anti-Asian bias in the U.S. from those who experience it in this two-part series: <https://www.nytimes.com/2018/06/28/podcasts/still-processing-asian-americans-racism.html>

What's Happening?

FUUSD Reopening Team Update: Early May, 2021

The pandemic situation and official recommendations are changing rapidly. We as a team are continuing to keep abreast as we prepare guidelines specific to our church situation.

We have stated it will soon be okay to resume the lowest-risk types of in-person gatherings. These are small groups in outdoor settings, provided they observe the several precautions and procedures we outlined in our last update. Opening date for these meetings will be announced soon.

Beyond this we reiterate that air circulation factors and air filtering levels remain our top priority as we move toward consideration of indoor gatherings.

We know that certain businesses and even other churches are moving ahead. But recent on-site investigations, aided by professionals, have found that our air ventilation situation, particularly in the meeting house, does not permit quick moves by us toward indoor gatherings. For example, some vents that have always been assumed to blow air to the outdoors do in fact blow air back in. Obviously, this must be fixed before we can move ahead.

Types of filters and rate of air turnover also have to be raised to necessary standards. While we are proceeding carefully, it should not be said that we are suffering from an overabundance of caution. We know the goal, we know how anxious many people are, and we know it can seem like "everyone else" is moving faster than we are. But the air situation requirements are clear and our shortcomings prevent us from going ahead just yet. Contracts are being negotiated to do the necessary remedial and upgrade work. Your patience is appreciated.

We will be sending out a brief survey to find out first if most people will feel safe about coming together once we give a green light. And second we'll want to know the vaccination level in our congregation. We're not dictating anything but we'll want to know what we've got.

Please take the survey at <https://bit.ly/33cwCxx> and thanks again to everyone for record levels of patience.

Funding Our Future: Charting Our Path Forward

What are your dreams for First UU? In 2019's "Visioning Study," well over 200 First UU members and friends described their "dream church." It's now time to revisit those dreams (such as a full-time Social Justice Coordinator and beautiful, safe campuses) and how to fund them—as well as identify new dreams and needs. To be part of moving from vision to reality, sign-up for one of the Funding Our Future Team's more than 20 Focus Group meetings www.firstuusandiego.org/funding-our-future.html. Please sign up today! With your help we can become all we dream of being.

Needing Your Help

We are looking for volunteers who can help with Spanish captioning in our worship services. This is a 'behind the scenes/camera' way to support our worship services. Volunteers need to be able to speak and/or read Spanish and be comfortable with cutting and pasting text from one computer screen to another. The time needed for this is approximately four hours on a Saturday, with some of the time creating the word document and then meeting with the worship team to record the service, from 10:45 am — 12:45 pm. Tony Bianca can help train you. Please email Tony (Tony@firstuusandiego.org) if you are interested in learning more or volunteering. Thank you!

From Your Board President

The committee formed to select our Lead Interim Minister wants to know what you think we should consider when reviewing the candidates. Send your suggestions to boardpresident@firstuusandiego.org

Delegates Needed for 2021 Online General Assembly

General Assembly (GA) 2021, the annual meeting of the Unitarian Universalist Association (UUA), will be held online June 23 — 27. All registered delegates & non-delegates can attend:

- business meetings,
- workshops on important social justice topics—including the Stacey Abrams, this year's Ware Lecturer,
- worship services, &
- fun evening activities.

Delegates vote on business items of the UUA and denominational positions on social justice issues, can also propose amendments, and participate in debates.

To represent First UU as one of our 12 delegates, contact John Schaibly (john@schaibly.com). For GA information, go to <https://www.uua.org/ga/>. For questions, contact John Schaibly or Jan Garbosky (jgarbosky@cox.net).

Virtual Meetings with Kathleen

To schedule a virtual appointment with Rev. Kathleen, email Rose Riedel at rose@firstuusandiego.org

What's Happening?

Transgender Inclusion Workshop

Do you want to become a more fully welcoming congregation? Do you want to learn more about gender diversity? Please join us in our upcoming Transgender Inclusion workshop. Composed of six weekly sessions, participants watch a one hour video on their own, gathering together for a facilitated Zoom discussion the following Sunday. These discussions will run from 1 pm — 2:30 pm from May 9 to June 27. There will be a break on June 20 for the Annual Congregational meeting. Contact Les GrantSmith at looscann@gmail.com or Louise Titlow at lmittlow@gmail.com for any questions and enrollment information. Everyone is welcome!

Emerging Young Adults

May 7, Fridays, weekly, 6 pm, online. For individuals between 17 and 25, we host a weekly gathering where we can "go deeper" in our spirituality and UU-ism while also supporting each other in brave space. If you're interested, please email Matthew at matthew@firstuusandiego.org.

Creative Writing Group

May 8, Saturdays (second), 12:30 pm — 2:30 pm, <https://bit.ly/CreativeWritingFirstUU>, or call in at 1-669-900-6833, Meeting ID: 991 6747 3549. This group is for anyone with a desire to create and experiment with different styles of writing. This is a great space to meet individuals who want to meet and share their creative and artistic abilities with others, as well as networking and meeting individuals with similar interests.

Virtual Board Candidates' Forum

Saturday, May 8, 4:30 pm — 6 pm, <https://bit.ly/BoardCandidateForum>, Meeting ID: 826 4379 3426 Passcode: 400736. The FUUSD Nominating Committee invites the congregation to our first ever virtual Board Candidates' Forum. Send any questions to nomcom@firstuusandiego.org by Friday, May 7. We will do our best to include as many questions from the congregation as possible, time allowing.

Compassion Corner

May 9, Sundays, weekly, 10:30 am — 11 am, <https://bit.ly/CompassionCorner1>, or call in at 1-669-900-6833, Meeting ID: 979 7637 7178 Passcode: 540948. A lay ministry listening space after the service. To protect your privacy, the room has a waiting room enabled, a lay minister will let you in once they are available to speak. If there is a delay, the lay minister may be speaking with another person and will let you in as soon as possible.

You can follow us on *Twitter!* Our user name is @firstuusd.

Annual Reports Due May 14

It's time for preparation and submission of your Ministry Team / Affiliate Group / Committee reports for our 2021 Annual Report. Click [here](#) for your instructions and template. Refer to our 2020 Annual Report [here](#), and submit your reports and pictures no later than Friday, May 14 to Rose Riedel at rose@firstuusandiego.org.

Social Hour and Meet & Greets with Board Candidates

May 9, Sunday, 10:30 am — 11:30 am, <https://bit.ly/FirstUUSocialHour>, or call in at 1-669-900-6833, Meeting ID 824 042 297. The password will be provided during the worship service. Each Sunday in May, some of the candidates for the Board of Trustees will attend Social Hour as an opportunity for the community to meet them.



Rainbow Action Group's Koffee Klatch

May 9, Sundays (second), 12 pm, URL <https://bit.ly/RainbowKlatch>, password: 893622, or call in at 1-669-900-6833, ID 899 4140 9956, PW 893622. Rainbow Action Group's Koffee Klatch has gone virtual. Join us! All "family" friends and allies invited. The event is hosted by John Keasler and Pat Gordon.

Pagan Conversations

May 9, Sundays, weekly, 1 pm — 2 pm, Meeting Link: <https://bit.ly/PaganConversations>, or call in at 1-669-900-6833, Meeting ID: 535-853-700. Join the Earth Centered Spirituality Circle (ECSC) via Zoom for a weekly, virtual version of Pagan Conversations. This is a time for pagans of varying traditions to come together in a guided discussion and be in community with one another. If you have questions contact sdpagansuu@gmail.com.

Open Heart Sangha

May 9, Sundays, weekly, 4 pm — 5:30 pm, online. The Open Heart Sangha continues to meet on Sunday afternoons through online Zoom gatherings. Contact Marge, margewur@gmail.com for the link.

Coping With Chronic Conditions Support Group

May 10, second and fourth Mondays, 1 pm, URL <https://bit.ly/CopingCCGroup>, or call 669-900-6833 with meeting ID 681-036-9317. New participants reach out to Chris Smith prior to attending a meeting at 619-300-7477 or email chris.smith7@cox.net to discuss our covenant and mission statement and receive the password.

Virtual Meetings with Matthew

Schedule an appointment with Intern Minister Matthew Waterman: calendly.com/mattyfromthebay/pastoral-care

What's Happening?

Arts & Crafts Creative Social

May 11, second Tuesdays, 3 pm — 5 pm, Link to meeting: <http://bit.ly/ArtGuildMeeting>, or call in at 1-669-900-6833, Meeting ID 945 4398 9126, Passcode 12345. Join members of the Art Guild for a few hours of creativity in community! Work on ongoing projects, create Artist Trading Cards, begin new work, or even color in a coloring book alongside other artists.

Worship Planning

May 11, Tuesdays, 4 pm — 5 pm, <https://bit.ly/WorshipPlanning1UU>, or call in at 1-669-900-6833, Meeting ID 878 4650 3375, Passcode 184690. If you're interested in learning how the worship service is created or have comments for the team to consider, you're welcome to attend the worship planning meeting. We want to encourage direct conversations and find ways to co-create worship that is meaningful.

Widening the Circle of Concern Report Study Group

May 11, Tuesdays, 6:30 pm - 7:30 pm, online. The UUA's Commission on Institutional Change (COIC) Report focuses on ways that both the UUA and UU congregations can shift their current structures to be more intentionally diverse, inclusive, and equitable. The commission also released a study guide, which will serve as the basis for a weekly study group. This group will be diving deeply into the report and looking at ways that First UU can implement the recommended action steps. Email coicstudygroup@gmail.com for more information.

Join Robie!

May 12, second and fourth Wednesdays, 4 pm — 5 pm, url <http://bit.ly/JoinRobie2nd> or call 1-669-900-6833, Meeting ID 821 3727 4274. During these "stay at home" times, our Director of Operations, Robie, is missing her church friends, new and old, and even those she hasn't met yet. Robie looks forward to this get-together!

Young Adults

May 12, Wednesdays, weekly, 6 pm, online. A sacred time for individuals between 26 and 35 years of age to explore young adulthood, religion, spirituality, and support each other — with fun and humor. Email Matthew at Matthew@firstuusandiego.org for information.

Memory Matters Gathering

May 14, Fridays (second and fourth), 10 am — 11:30 am, Online, with Kathy Gilbert, LCSW, and Gay Hybertsen, LCSW. This is a place for those who worry about memory problems and forgetfulness; and their care partners. The gathering, therapeutic and educational, enables members to make new contacts, build trust, and learn to deal with the consequences of memory loss. Ongoing, drop in. Email hybertsen@att.net for the link.

Did you know? You can follow us on *Instagram*; our user names are [@firstuusd](#) and [@uus_south_bay](#)

Living the Homestretch

May 15, Saturdays (third), 10 am, online at <https://bit.ly/LivingTheHomestretch>, or call in at 1-669-900-6833, Meeting ID 911 2242 6361. The Rev. Dr. Tom Owen-Towle, minister emeritus, will lead a discussion on "hard blessings" gleaned from a grueling and gruesome pandemic. There will be time for reflection and sharing in breakout groups.

Happy Hour on the 8th Principle

Saturday, May 15, 4:30 pm, <http://bit.ly/8thPrincipleHH>. Join us for informal conversation with interesting folks about the 8th principle. Come ask questions and share opinions. Email your questions or comments to 8p@firstuusandiego.org.

Why Remember the Nakba?

Sunday, May 16, 4 pm, online. Join the Palestine-Israel Justice Team for an online talk and Q&A with SDSU Political Science Professor Farid Abdel-Nour in honor of Nakba Day, titled "Why Remember the Nakba?" Nakba Day commemorates the 1948 destruction of Palestinian society and displacement of the Palestinian people. Register for the event at <https://www.eventbrite.com/e/152604629555> to receive the Zoom info prior to the event. Questions? PI.Justice.Team@gmail.com.

Friends of Camp de Benneville Pines

Sundays (third), May 16, 6:30 pm — 8 pm, online. Friends of Camp de Benneville Pines meet via Zoom on third Sundays. Newcomers are welcome. To be added to the ZOOM invite list, please contact john@schaibly.com

Monthly Board Meeting

Tuesday, May 18, 6 pm, online. Board of Trustees meetings are open to congregants via Zoom. Email Board President, Sarah Ormond, boardpresident@firstuusandiego.org for information.

Fourth Monday Meeting of UU Men's Fellowship

Monday, May 24, 7 pm, online. We'll join men from all over the country, thanks to Zoom, to talk about ourselves and men's issues. More information will be sent to the UU Men's mailing list. To be added to the list or for information about this meeting, contact kcohn@san.rr.com

Board Chat

Sundays (first), June 6, 10:30 am, <https://bit.ly/FirstUUBoardChat>, or call in at 1-669-900-6833, Meeting ID: 863 0218 5062 Passcode: 203946. Have a question for your Board of Directors or something you would like them to know? There's a Zoom Board Chat at 10:30 am right after our service.

Cosmos

June 6, Sundays (first), 1 pm — 3 pm, <https://bit.ly/CosmosFUUSD>, Passcode: 242202. We are currently watching Brian Swimme's series, *Canticle to the Cosmos*. Please join us. The only prerequisite is an open heart and mind. Contact James Long at kyolong1@gmail.com for information or meeting ID.

What's Happening?

Discussion of The Ethnic Cleansing of Palestine

June 6, Sunday, 4 pm, online. Join the Palestine-Israel Justice Team for a virtual book discussion of *The Ethnic Cleansing of Palestine* by Israeli historian Ilan Pappé in honor of Nakba Day, the commemoration of the destruction of Palestinian society and the displacement of the Palestinian people. The book documents the deliberate expulsion of Palestinians as a foundational objective of the Zionist movement. Register at <https://www.eventbrite.com/e/152615736777> to receive the Zoom info prior to the event. We are doing a free giveaway of this book to the first six people who pledge to read the book and participate in the book discussion on June 6th! To reserve your free copy, or for questions, contact us at pi.justice.team@gmail.com.

How to Call Into a Zoom Meeting

No computer? No Problem! You can still join us at our virtual meetings. To call into a Zoom meeting and join us by phone call 1-669-900-6833! When prompted, enter the meeting ID number and be connected.

Vaccine Navigators

Are you having trouble scheduling a vaccine appointment? We're recruiting people to create a team called Vaccine Navigators. These are people who have the time, technology and know-how to help you schedule your vaccine and more. If you're interested in having someone help you, please call Rose Riedel at 619-398-4439.

Is Your Group Still Meeting Virtually?

Please send the group information to rose@firstusandiego.org to be included in The Window!

More Scams Beware

Another scam going around is an email that will appear to come from UUA President, Rev. Susan Frederick-Gray, asking for assistance. Please know that Rev. Susan will never approach you in this way seeking money or gift cards - it is a SCAM.

You may also receive scam emails that appear to come from your friends and other church congregants. Remember to change your email password frequently, do not accept duplicate Facebook friend requests, and **NEVER** send money without speaking directly to the person you think you're communicating with!

Our South Bay Campus



South Bay Retreat

Dear South Bay members, Rev. Tania and a small group of lay leaders are planning an online retreat on May 22. We would love to have you join us! Please register using this Google form forms.gle/rXuAbLWGAMyStYUL7 by May 8. If you have questions you can contact Pat Schmidt at revpls@gmail.com, Lynda Gilgun at lqilgun@cox.net, or Kay Phillips kayphillips21@cox.net. Priority will be given to those who were attending services at South Bay.

South Bay Social Hour

Sunday, May 9, 11 am, <https://bit.ly/SBSocialHour>. Meeting ID: 997 8730 8948. Join in for a South Bay Social Hour. The password will be provided during the worship service.

South Bay Singers Rehearsal

May 10, Mondays, 5:30 pm — 6:15 pm, bit.ly/SouthBaySingers, Meeting ID: 831 5037 5219.

Virtual Meetings with Rev. Tania

To schedule a virtual appointment with Rev. Tania, do so here: <https://calendly.com/tymt77/30min>.

South Bay Food Pantry News

Tales of Excess Produce by Maureen McNair

Saturday pantry volunteers are likely to observe that I live in fear of excess produce. It is perishable and, while the pantry has some refrigeration space, we do not have sufficient refrigeration space to store very much fresh produce for a week. We want food to go into the community right away, not into landfills...Read more on our blog at www.firstusandiego.org/blog/tales-of-excess-produce

How to Donate to the South Bay Food Pantry

Donate online via credit card at www.firstusandiego.org/donations.html or make checks payable to FUUSD and write "SB Food Pantry" in the memo line. Mail checks to Robie Evans, FUUSD, 4190 Front St., San Diego, CA 92103.

Contact

You can email Maureen McNair at memcnair948@gmail.com. To reach the food pantry by phone call 619-271-5017. The phone will take your message.

The South Bay Food Pantry...

is located at 970 Broadway, Suite 101, Chula Vista 91911. It is open to the public Saturdays from 11 am - 12:30 pm and to congregants by appointment.

Family Ministry

Religious Education Programming

Here's what's happening:

Saturday RE - We'll gather in Zoom at 10 am on Saturdays for games, discussion, activities and stories that reflect our values and principles.

Sunday RE - (Sundays at 1 pm) Join us on Sundays for more stories and discussion around our principles and values.

Homework Help - If you'd like your child to have some 1-on-1 time with Tony and/or other adult volunteers for help with school work, tutoring, mentoring, enrichment activities, or just to check in, please email Tony@firstuusandiego.org to set up a time.

The zoom links for these meetings are not public, to request information contact: tony@firstuusandiego.org.

1-on-1 Parent Time!

We've been offering 1-on-1 time to our children and would like to extend that invitation to our parents as well! Some of us have been engaged in an "Empathy Buddy" process as a part of a Restorative Justice Workshop. In this process, adults meet to practice active listening and show empathy toward each other. Many who have participated have reported that they appreciated 30 minutes each week when they could talk to another adult and feel heard. If you would like to meet with Tony or would like Tony to pair you with another Empathy Buddy, please contact Tony (tony@firstuusandiego.org).

Parents' Lounge

Sundays, weekly, 11:40 am — 1 pm, <http://bit.ly/NewParentLounge>, Meeting ID 873 6793 7478, Passcode 504406. All parents are welcome to join for discussion, connection and support. This Sunday's discussion: Open Discussion.

Middle School Youth Group

May 9, Sundays (weekly), 1:30 pm, online. The Middle School UU Group (MUUGS) for youth in grades 6-8 will continue their discussion of the May worship theme, "Identity" after they travel to Springfield and visit with *The Simpsons*. To get more information contact Käthe at kathe@firstuusandiego.org.

Senior High Youth

Youth in grades 9-12 are meeting online via Zoom on Wednesdays at 4:30 pm and Sundays at 3:30 pm. Senior High youth also enjoy Deep Discussion/Movie Night on Fridays at 5 pm. To get more info, contact Käthe at kathe@firstuusandiego.org.

Social Justice

Climate Action

Join other UUs to support the transition to more climate-friendly agriculture and social justice. The Justice for Black Farmers Act (S. 300) will help reverse decades of economic discrimination, creating new Black farmers and protecting the U.S.'s remaining Black farmers. The Climate Stewardship Act (S.1072) includes conservation practices, planting trees and supporting wetlands. Urge your Senators to support legislation to make progress on both climate change and social problems, such as land loss, discrimination, unemployment and hunger. For more info: <https://uusj.salsalabs.org/whwnclimatefriendlyagriculture/index.html>

Climate Justice Meeting

Sunday, May 16, 1 pm, online. FOOD: How we grow it, what we eat, what we waste affects the planet. Join the discussion by contacting Rhea Kuhlman for the Zoom link: rheakuhlman2@gmail.com



Still Scamming!

Please be aware that this is still happening - even nationwide at our other UU churches. Especially during these tender times, folks are scamming church members in order to get gift cards purchased and sent to them. And, there's nothing we can do about it except warn you and educate you. **Never respond to any church member, staff or minister unless it comes from a valid church email, i.e. staffname@firstuusandiego.org. We do not use gmail accounts for our official church staff business.** The following is an example of the latest email scam going around. **No minister or staff member will ever reach out for help in this way!** Please be careful out there, stay safe, wear a mask when going out and wash your hands frequently!

From: Rev Kathleen Owens
<kathleenowens.firstuusandiego@gmail.com>
Date: Thursday, April 29, 2021 at 10:25 AM
To: "First UU congregant email"
Subject: MANY BLESSINGS

Good morning, how are you? Do you have a moment I have a request I need you to handle discreetly. I am going into a meeting now, no calls so just reply to my email.

In Christ's love,
Rev. Kathleen Owens
First Unitarian Universalist Church Of San diego
Hillcrest campus 4190 Front Street, San Diego, CA.
92103

Week at a Glance Calendar

Friday, May 7, 2021

Emerging Young Adults

Fridays, weekly, 6 pm, online. For individuals between 17 and 25. Email Matthew at matthew@firstuusandiego.org.

Saturday, May 8, 2021

Saturday Science, Stories and Songs

Saturdays at 10 am. Children's RE programming. Request meeting information from tony@firstuusandiego.org.

South Bay Food Pantry Hours

970 Broadway Suite 101, Chula Vista 91911. Distributing food every Saturday from 11 am — 12:30 pm.

Creative Writing Group

May 8, Saturdays (second), 12:30 pm — 2:30 pm, <http://bit.ly/CreativeWritingFirstUU>, or call in at 1-669-900-6833, Meeting ID: 991 6747 3549.

Virtual Board Candidate's Forum

Saturday, May 8, 4:30 pm — 6 pm, <http://bit.ly/BoardCandidateForum>, Meeting ID: 826 4379 3426 Passcode: 400736

Sunday, May 9, 2021

Live Streamed Worship

Sundays, weekly, 9:30 am, <https://www.firstuusandiego.org/>.

Social Hour and Meet & Greets with Board Candidates

Sundays, 10:30 am — 11 am, url <https://bit.ly/FirstUUSocialHour>, Meeting ID 824 042 297. The password will be provided during the worship service.

Compassion Corner

Sundays, weekly, 10:30 am — 11 am, <https://bit.ly/Compassioncorner1>, Meeting ID: 979 7637 7178 Passcode: 540948.

South Bay Social Hour

Sundays, weekly, 11 am, <https://bit.ly/SBSocialHour>. Join in for a South Bay Social Hour.

Parents' Lounge

Sundays, weekly, 11:40 am — 1 pm, <http://bit.ly/NewParentLounge>, Meeting ID 873 6793 7478, Passcode 504406.

Rainbow Action Group's Koffee Klatch

May 9, Sundays (second), 12 pm, URL <https://bit.ly/RainbowKlatch>, ID 899 4140 9956, PW 893622.

Children's Religious Education

Sundays, 1 pm. Request meeting information from tony@firstuusandiego.org.

Pagan Conversations

Sundays, weekly, 1 pm — 2 pm, Meeting Link: <https://bit.ly/PaganConversations> ID: 535-853-700.

Middle School Youth Group

Sundays at 1:30 pm. To get more info, contact Käthe at kathe@firstuusandiego.org.

Senior High Youth Group

Sundays at 3:30 pm. Contact kathe@firstuusandiego.org.

Open Heart Sangha

Sundays, weekly, 4 pm — 5:30 pm, for the link to the meetings please contact Marge at margewur@gmail.com.

Monday, May 10, 2021

South Bay Singers Rehearsal

Mondays, weekly, 5:30 pm, bit.ly/SouthBaySingers.

Coping With Chronic Conditions Support Group

May 10, second and fourth Mondays, 1 pm — 3 pm, url <https://bit.ly/CopingCCGroup>, ID: 681-036-9317.

Tuesday, May 11, 2021

Arts & Crafts Creative Social

May 11, second Tuesdays, 3 pm — 5 pm, Link to meeting: <http://bit.ly/ArtGuildMeeting>, or call in at 1-669-900-6833, Meeting ID 945 4398 9126, Passcode 12345.

Worship Planning

Tuesdays, 4 pm — 5 pm, <https://bit.ly/WorshipPlanning1UU>, or call in at 1-669-900-6833, Meeting ID 878 4650 3375, Passcode 184690.

Widening the Circle of Concern Report Study Group

Tuesdays, 6:30 pm - 7:30 pm, and running weekly. Email coicstudygroup@gmail.com with questions, and/or to sign up!

Wednesday, May 12, 2021

Join Robie!

May 12, second and fourth Wednesdays, 4 pm — 5 pm, url <http://bit.ly/JoinRobie2nd> or call 1-669-900-6833, Meeting ID 821 3727 4274.

Senior High Youth Game Day

Wednesdays at 4:30 pm. Contact kathe@firstuusandiego.org.

Young Adults

Wednesdays, 6 pm, online. A sacred time for individuals between 26 and 35 years of age. Please email Matthew at Matthew@firstuusandiego.org for information.

Upcoming Events

Memory Matters Gathering

May 14, Fridays (second and fourth), 10 am — 11:30 am, Online. Email hybertsen@att.net for the link.

Living the Homestretch

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Happy Hour on the 8th Principle

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Climate Justice Meeting

Sunday, May 16, 1 pm, online. FOOD: How we grow it, what we eat, and what we waste affects the climate. Email rheakuhlman2@gmail.com for the link.

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Friends of Camp de Benneville Pines

Sundays (third), May 16, 6:30 pm — 8 pm, online. To be added to the ZOOM invite list, please contact john@schaibly.com

Monthly Board Meeting

May 18, Tuesday, 6 pm, Online. Email President Sarah Ormond at: boardpresident@firstuusandiego.org.

POSTMASTER: Please send address changes to
The Window, 4190 Front Street, San Diego, CA 92103-2098

First Unitarian Universalist Church of San Diego
4190 Front Street, San Diego, CA 92103-2098
Phone: 619-298-9978
E-mail: mail@firstuusandiego.org

Our Staff

Ministers:

Rev. Kathleen Owens, *Lead Minister*
Rev. Tania Márquez, *Assistant Minister*
Matthew Waterman, *Intern Minister*
Rev. Jim Grant and Rev. Löne Broussard, *Affiliate Ministers*
Rev. Bonnie Tarwater, Rev. Frank Piccone-Willey,
Rev. Julie Forest, and Rev. Katy Swanson

Affiliate Community Ministers

Rev. Dr. Carolyn S. Owen-Towle, *Minister Emerita*
Rev. Dr. Thomas A. Owen-Towle, *Minister Emeritus*

Music Staff:

Chase Pado, *Pianist*
Lorelei Garner, *SB Music Coordinator*
Andrea N-L, *JUUL Tones Ensemble Director*
Tony Bianca, *Handbell Program and Children's Choir Director*

Staff:

Robie Evans, *Director of Operations*
Käthe Larick, *Youth Programs Coordinator*
Tony Bianca, *Program Director*
Rose Riedel, *Office Manager*
Jenner Daelyn, *Connections Coordinator*
Connie Hayes, *Bookkeeper / Controller*
Ray Evans, *Maintenance*
Mark Epler, *Event Coordinator*

Board of Trustees

Sarah Ormond, **President**
Rev. Julie Forest, **Vice President**
James Long, **Treasurer**
Laura Ball, **Secretary**
Angela Garcia-Sims, Andrea Gonzalez, Brian Krohne,
Kathleen MacLeod and Maureen McNair, **Trustees**

Important E-mail Addresses:

General First Church E-mail: mail@firstuusandiego.org
Scheduling of Church Property: schedule@firstuusandiego.org
The Window (newsletter): [window@firstuusandiego.org](mailto>window@firstuusandiego.org)
First Church Web Site: website@firstuusandiego.org
<http://www.firstuusandiego.org> (Main site)
<http://www.firstuusandiego.org/uus-of-the-south-bay>
(UUs of the South Bay)

Contact the Main Office (Hillcrest Campus):

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Office Hours:

Monday—Friday, 9 am to 4 pm and Sunday after Services
Sunday Morning Urgent Contact: 619-947-4612

Contact the South Bay Campus (Chula Vista):

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Campus Hours: Sunday for Service or By Arrangement