

# The Window

A Weekly Publication



## Our Mission

Our mission is to create community, to nurture spiritual growth, and to act on our values to help heal the world. Nuestra misión es crear comunidad, fomentar el crecimiento espiritual y vivir nuestros valores para ayudar a sanar el mundo.

## Our Seven Principles

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

1. The inherent worth and dignity of every person;
2. Justice, equity, and compassion in human relations;
3. Acceptance of one another, and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience, and the use of the democratic process within our congregations and in society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part.

**Hillcrest Campus Location**  
4190 Front Street  
San Diego, CA 92103  
619-298-9978

**South Bay Campus Location**  
970 Broadway, Suite 104  
Chula Vista, CA 91911  
619-271-5017

April's Transformational Theme: **Creativity**

## Join Us Online!

### Sunday Morning Worship

April 25, 2021 9:30 am

**"Communal Creativity"**

Matthew Waterman, *Intern Minister*

### All In-Person Meetings on Both of Our Campuses Are Suspended Until Further Notice

Visit <https://www.firstuusandiego.org/> on Sunday mornings to join us for virtual worship, and also to check the [blog](#) to keep up with the First UU staff! Some groups are meeting virtually, watch [The Window](#) for instructions & meeting times.

### April Generosity Offering Project New Village

Project New Village's mission is to serve as a catalyst for community rooted experiences that build stronger neighborhoods, improve the neighborhood food supply chain; stimulate collective investment in better health; and maximize the impact of investment to address social inequities. Project New Village uses neighborhood-based agricultural cooperatives as strategies of resistance to food insecurity through community/civic engagement and building alternative food ecosystems. Donate using our website at [www.firstuusandiego.org/donations.html](http://www.firstuusandiego.org/donations.html), under gift designation select "Generosity."

### Journey Toward Wholeness (JTW) What Can I Do?

This week, we celebrate the verdicts in Chauvin's trial, and mourn the loss of yet another Black person killed at the hands of police. Here are two actions to take:

- 1) Read this article: <http://bit.ly/SDPDspending>
- 2) Follow SD for Justice and fill out the survey in the link in their bio. Let them know how important working towards defunding the police is to our community. [instagram.com/sdforjustice?igshid=12stlqas5d8kb](https://www.instagram.com/sdforjustice?igshid=12stlqas5d8kb)

## FUUSD Reopening Team Update: April, 2021

Your team studying how to safely resume in-person activities at church realizes full well how anxious everyone is to return. The team continues to look at government regulations, agency guidelines and scientific details. *Much care lies behind any recommendations.*

Our recommended approach to resuming in-person gatherings starts with the lowest risks, namely, small groups in outdoor settings. Provided certain precautions are observed, meetings of this type may resume at a date we will soon designate.

Our specifications:

- Only outdoor meetings on campus to start with (not higher-risk indoor ones).
- Small groups only, up to 12 persons (not higher-risk larger ones).
- Established First UU Church groups only (no outside groups).
- Youth groups will not be permitted to meet at first (due to low likelihood of vaccinations).
- A clearly identified group leader will be responsible to know and enforce precautions.
- Those who meet will need to wear masks at all times and observe social distancing.
- No singing, food or drink will be permitted (to minimize chances of spreading the virus).
- Bathroom occupancy (like elevator occupancy) will be limited to one person at a time.
- Meetings will have to be scheduled in advance, designating the size, leader, purpose, etc.
- Clustering and/or limiting meetings to certain days of the week will be a consideration.
- Participants will have to sign in, and pass an honest-answer health-check questionnaire.
- These good-faith questionnaires will be administered by the group's leader.

Further considerations:

- Vaccinations won't be absolutely required but are strongly recommended.
- Vaccinations benefit individuals and support the greater good of the church community.
- Hybrid meetings (in-person outdoors plus on-line access) may be quite difficult.
- While wi-fi access is available on campus all other equipment is a group's responsibility.
- Each group should consider how best to accommodate all who might want to participate.
- There may be some logistical matters about tables and chairs for a group to consider.
- Surfaces will be cleaned but contamination concerns have diminished among experts.

Interested small groups will need to identify themselves sooner rather than later so that the magnitude and general types of interest are known as these guidelines continue to evolve.

If your group will want to meet under the stated conditions please notify **Robie Evans** of your group's name, leader, size and general purpose, so we understand what interest is out there. Later on, **Rose Riedel** is the scheduler you'll need to be in touch with about a specific time and place.

The reopening team will gain knowledge from the small outdoor meetings, helping to set us on a path toward our eventual goal of indoor worship services.

*Air circulation factors and air filtering options will remain a top priority as we move toward any consideration of indoor gatherings.*

## What's Happening?

### Board Member Petition Notice

April 13, 2021

To: First UU of San Diego Members  
 From: The Nominating Committee

Your Nominating Committee is preparing to develop a slate of candidates to fill the upcoming vacancies on the Board of Trustees of our church. We have already emailed those whose nominations we are developing into candidacy.

Beyond those members who have been nominated, “a candidate for the Board of Trustees or the Nominating Committee may also be nominated by a petition provided by the Nominating Committee and signed by 25 Voting Members. The petition must be filed with the Nominating Committee at least 30 days before the Annual Membership Meeting in order for the candidate to qualify for the election.”

The deadline to submit a valid petition is May 14, 2021.

We are looking for members who support the 8th Principle, understand or are willing to learn the arts of Reflection and Discernment, and have a deep love of our shared community.

Please contact members of the NomCom if you have not heard from us and are interested in learning more about this opportunity to help FUUSD live its values and do our part to help heal the world.

In Faith,  
 The Nominating Committee  
 Kia Bordner, Chair  
[nomcom@firstuusandiego.org](mailto:nomcom@firstuusandiego.org)

Cristina Checa  
 Susanna Concha-Garcia  
 Mindy Hochgesang  
 Adrienne Kaplan  
 Wayne Savell

### Needing Your Help

We are looking for volunteers who can help with Spanish captioning in our worship services. This is a ‘behind the scenes/camera’ way to support our worship services. Volunteers need to be able to speak and/or read Spanish and be comfortable with cutting and pasting text from one computer screen to another. The time needed for this is approximately four hours on a Saturday, with some of the time creating the word document and then meeting with the worship team to record the service, from 10:45 am — 12:45 pm. Tony Bianca can help train you. Please email Tony ([Tony@firstuusandiego.org](mailto:Tony@firstuusandiego.org)) if you are interested in learning more or volunteering. Thank you!

We celebrate that some form of accountability for the murder of George Floyd has been delivered. We know that there is no justice when murder has happened, but we do hope this sets a precedent for us all – that accountability will become the norm and that changes in how we understand public safety will continue to be discussed and enacted. And we know this one verdict does not end our work for racial justice, and our work in public safety reform so that all will know **BLACK LIVES MATTER!!**

### From Your Board President

We are working hard to find a suitable lead interim minister for the next two years. Currently the search committee includes me, Sarah Ormond, your Board President, Angela Garcia-Sims, Board Member at Large, Les GrantSmith and Michanne Hctor-Thompson, Past Presidents, and Kia Bordner, Journey Towards Wholeness Core team member. The UUA Transitions Office will send each committee member the resumes of those interim ministers interested in serving in a congregation our size. We will then review the applicants and meet via Zoom to discuss them. We hope to have selected an interim by the end of May. Julie Forest, Board Vice President, will offer her advice as needed.

### Annual Reports Due May 14

It's time for preparation and submission of your Ministry Team / Affiliate Group / Committee reports for our 2021 Annual Report. Click [here](#) for your instructions and template. Refer to our 2020 Annual Report [here](#), and submit your reports and pictures no later than Friday, May 14 to Rose Riedel at [rose@firstuusandiego.org](mailto:rose@firstuusandiego.org).

### Transgender Inclusion Workshop

Do you want to become a more fully welcoming congregation? Do you want to learn more about gender diversity? Please join us in our upcoming Transgender Inclusion workshop. Composed of six weekly sessions, participants watch a one hour video on their own, gathering together for a facilitated Zoom discussion the following Sunday. These discussions will run from 1 pm — 2:30 pm from May 9 to June 27. There will be a break on June 13 for the Annual Congregational meeting. Contact either co-facilitator, Les GrantSmith at [looscann@gmail.com](mailto:looscann@gmail.com) or Louise Titlow at [lmittlow@gmail.com](mailto:lmittlow@gmail.com) for any questions and enrollment information. Everyone is welcome!

You can follow us on *Twitter!* Our user name is [@firstuusd](https://twitter.com/firstuusd).

## What's Happening?

### News from Project New Village

Our Generosity Offering partner Project New Village (PNV) has formed a Neighborhood Growers Network to promote food justice in Southeast San Diego. They are promoting and planting trees on private and public properties, growing produce to sell and share, and spreading best practices in eco-friendly food cultivation. Last Saturday, First UU members Kay Chandler, Steve Gelb, and Kathy Smith joined with others to help weed PNV's Mt. Hope Community Garden. The garden was redesigned in the fall to permit hosting community gatherings. This short video about the redesign highlights future plans for the garden: [projectnewvillage.org/events/2020-garden-refresh/](https://projectnewvillage.org/events/2020-garden-refresh/)

If you'd like to become involved in First UU's partnership with PNV please reach out to Kathy Smith or Steve Gelb at [konshin.gelb@gmail.com](mailto:konshin.gelb@gmail.com)



### Is your Membership up to date?

With our annual meeting coming up in June, now is a great time to check to see if your membership is current so that you will be eligible to vote! To check your status, or to become a new voting member ahead of the meeting, email Jenner at [jenner@firstuusandiego.org](mailto:jenner@firstuusandiego.org)

### Don't Forget to Register!

#### UUMen's Fellowship Virtual Spring Renewal



April 23 (evening), April 24 (all day). All men are invited to join in our annual virtual Spring Renewal with three 1½ — 2 hour sessions Friday evening, Saturday morning and evening with an optional session Saturday afternoon. Finding courage in these times of crises and uncertainty. For [information/registration](#), contact Mike Dorfi at [mdorfi@cox.net](mailto:mdorfi@cox.net) or 629-466-5952.

### Memory Matters Gathering

April 23, Fridays (second and fourth), 10 am — 11:30 am, Online, with Kathy Gilbert, LCSW, and Gay Hybertsen, LCSW. This is a place for those who worry about memory problems and forgetfulness; and their care partners. The gathering, therapeutic and educational, enables members to make new contacts, build trust, and learn to deal with the consequences of memory loss. Ongoing, drop in. Email [hybertsen@att.net](mailto:hybertsen@att.net) for the link.

**Delegates Needed for 2021 Online General Assembly**  
General Assembly (GA) 2021, the annual meeting of the Unitarian Universalist Association (UUA), will be held online June 23 — 27. All registered delegates & non-delegates can attend:

- business meetings,
- workshops on important social justice topics—including the Stacey Abrams, this year's Ware Lecturer,
- worship services, &
- fun evening activities.

Delegates vote on business items of the UUA and denominational positions on social justice issues, can also propose amendments, and participate in debates.

To represent First UU as one of our 12 delegates, contact John Schaibly ([john@schaibly.com](mailto:john@schaibly.com)). For GA information, go to <https://www.uua.org/ga/>. For questions, contact John Schaibly or Jan Garbosky ([jgarbosky@cox.net](mailto:jgarbosky@cox.net)).

### Emerging Young Adults

April 23, Fridays, weekly, 6 pm, online. For individuals between 17 and 25, we host a weekly gathering where we can "go deeper" in our spirituality and UU-ism while also supporting each other in brave space. If you're interested, please email Matthew at [matthew@firstuusandiego.org](mailto:matthew@firstuusandiego.org).

### Compassion Corner

April 25, Sundays, weekly, 10:30 am — 11 am, <https://bit.ly/CompassionCorner1>, or call in at 1-669-900-6833, Meeting ID: 979 7637 7178 Passcode: 540948. A lay ministry listening space after the service. The room will be open from 10:30 am to 11 am. To protect your privacy, the room has a waiting room enabled, a lay minister will let you in once they are available to speak. If there is a delay, the lay minister may be speaking with another person and will let you in as soon as possible.

### Social Hour

April 25, Sundays, weekly, 10:30 am — 11:30 am, <https://bit.ly/FirstUUSocialHour>, or call in at 1-669-900-6833, Meeting ID 824 042 297. The password will be provided during the worship service.

### Pagan Conversations

April 25, Sundays, weekly, 1 pm — 2 pm, Meeting Link: <https://bit.ly/PaganConversations>, or call in at 1-669-900-6833, Meeting ID: 535-853-700. Join the Earth Centered Spirituality Circle (ECSC) via Zoom for a weekly, virtual version of Pagan Conversations. This is a time for pagans of varying traditions to come together in a guided discussion and be in community with one another. If you have questions contact [sdpagansuu@gmail.com](mailto:sdpagansuu@gmail.com).

### Open Heart Sangha

April 25, Sundays, weekly, 4 pm — 5:30 pm, online. The Open Heart Sangha continues to meet on Sunday afternoons through online Zoom gatherings. Contact Marge, [margewur@gmail.com](mailto:margewur@gmail.com) for the link.

## What's Happening?

### Coping With Chronic Conditions Support Group

April 26, second and fourth Mondays, 1 pm, URL <https://bit.ly/CopingCCGroup>, or call 669-900-6833 with meeting ID 681-036-9317. New participants reach out to Chris Smith prior to attending a meeting at 619-300-7477 or email [chris.smith7@cox.net](mailto:chris.smith7@cox.net) to discuss our covenant and mission statement and receive the password.

### Fourth Monday Meeting of UU Men's Fellowship

Monday, April 26, 7 pm, online. We'll join men from all over the country, thanks to Zoom, to talk about ourselves and men's issues. More information will be sent to the UU Men's mailing list. To be added to the list or for information about this meeting, contact [kcohn@san.rr.com](mailto:kcohn@san.rr.com)

### Worship Planning

April 27, Tuesdays, 4 pm — 5 pm, <https://bit.ly/WorshipPlanning1UU>, or call in at 1-669-900-6833, Meeting ID 878 4650 3375, Passcode 184690. If you're interested in learning how the worship service is created or have comments for the team to consider, you're welcome to attend the worship planning meeting. We want to encourage direct conversations and find ways to co-create worship that is meaningful.

### Widening the Circle of Concern Report Study Group

April 27, Tuesdays, 6:30 pm - 7:30 pm, online. The UUA's Commission on Institutional Change (COIC) Report focuses on ways that both the UUA and UU congregations can shift their current structures to be more intentionally diverse, inclusive, and equitable. The commission also released a study guide, which will serve as the basis for a weekly study group. This group will be diving deeply into the report and looking at ways that First UU can implement the recommended action steps. Email [coicstudygroup@gmail.com](mailto:coicstudygroup@gmail.com) for more information.

### Join Robie!

April 28, second and fourth Wednesdays, 4 pm — 5 pm, url <http://bit.ly/JoinRobie4th> or call 1-669-900-6833, Meeting ID 814 3746 1400. During these "stay at home" times, our Director of Operations, Robie, is missing her church friends, new and old, and even those she hasn't met yet. Robie looks forward to this get-together!

### Young Adults

April 28, Wednesdays, weekly, 6 pm, online. A sacred time for individuals between 26 and 35 years of age to explore young adulthood, religion, spirituality, and support each other – with fun and humor. Email Matthew at [Matthew@firstuusandiego.org](mailto:Matthew@firstuusandiego.org) for information.

### Board Chat

Sundays (first), May 2, 10:30 am, <https://bit.ly/FirstUUBoardChat>, or call in at 1-669-900-6833, Meeting ID: 863 0218 5062 Passcode: 203946. Have a question for your Board of Directors or something you would like them to know? There's a Zoom Board Chat at 10:30 am right after our service.

### Cosmos

May 2, Sundays (first), 1 pm — 3 pm, <https://bit.ly/CosmosFUUSD>, Passcode: 242202. We are currently watching Mathematical Cosmologist and Physicist Brian Swimme's series, *Canticle to the Cosmos*. Please feel free to join us. The only prerequisite is an open heart and mind. Contact James Long at [kyolong1@gmail.com](mailto:kyolong1@gmail.com) for information or meeting ID.

### Creative Writing Group

May 8, Saturdays (second), 12:30 pm — 2:30 pm, <http://bit.ly/CreativeWritingFirstUU>, or call in at 1-669-900-6833, Meeting ID: 991 6747 3549. This group is for anyone with a desire to create and experiment with different styles of writing. This is a great space to meet individuals who want to meet and share their creative and artistic abilities with others, as well as networking and meeting individuals with similar interests.

### Rainbow Action Group's Koffee Klatch

May 9, Sundays (second), 12 pm, URL <https://bit.ly/RainbowKlatch>, password: 893622, or call in at 1-669-900-6833, ID 899 4140 9956, PW 893622. Rainbow Action Group's Koffee Klatch has gone virtual. Join us! All "family" friends and allies invited. The event is hosted by John Keasler and Pat Gordon.

### Arts & Crafts Creative Social

May 11, second Tuesdays, 3 pm — 5 pm, Link to meeting: <http://bit.ly/ArtGuildMeeting>, or call in at 1-669-900-6833, Meeting ID 945 4398 9126, Passcode 12345. Join members of the Art Guild for a few hours of creativity in community! Work on ongoing projects, create Artist Trading Cards, begin new work, or even color in a coloring book alongside other artists.

### Living the Homestretch

May 15, Saturdays (third), 10 am, online at <https://bit.ly/LivingTheHomestretch>, or call in at 1-669-900-6833, Meeting ID 911 2242 6361. The Rev. Dr. Tom Owen-Towle, minister emeritus, will be the presenter. There will be time for reflection and sharing in breakout groups.

### Happy Hour on the 8th Principle

Saturday, May 15, 4:30 pm, <http://bit.ly/8thPrincipleHH>. Join us for informal conversation with interesting folks about the 8th principle. Come ask questions and share opinions. Email your questions or comments to [8p@firstuusandiego.org](mailto:8p@firstuusandiego.org).

### Virtual Meetings with Kathleen

To schedule a virtual appointment with Rev. Kathleen, email Rose Riedel at [rose@firstuusandiego.org](mailto:rose@firstuusandiego.org)

### Virtual Meetings with Matthew

Schedule an appointment with Intern Minister Matthew Waterman: [calendly.com/mattyifromthebay/pastoral-care](https://calendly.com/mattyifromthebay/pastoral-care)

## Our South Bay Campus

### South Bay Retreat

#### South Bay Retreat



• May 22, 2021 at 10 am •

with optional (bring your own lunch and chair) gathering at 1 pm.

Zoom and Chula Vista Marina View Park

Dear South Bay members, Rev. Tania and a small group of lay leaders are planning an online retreat on May 22. We would love to have you join us! Please register using this Google form <https://forms.gle/rXuAbLWGAMyStYUL7> by May 8. If you have questions you can contact Pat

Schmidt at [revpls@gmail.com](mailto:revpls@gmail.com), Lynda Gilgun at [lgilgun@cox.net](mailto:lgilgun@cox.net), or Kay Phillips [kayphillips21@cox.net](mailto:kayphillips21@cox.net). Priority will be given to those who were attending services at South Bay.

### South Bay Social Hour

Sundays, April 25, 11 am, <https://bit.ly/SBSocialHour>, Meeting ID: 997 8730 8948. Join in for a South Bay Social Hour. The password will be provided during the worship service.

### South Bay Singers Rehearsal

April 26, Mondays, 5:30 pm — 6:15 pm, <http://bit.ly/SouthBaySingers>, Meeting ID: 831 5037 5219.

### Virtual Meetings with Rev. Tania

To schedule a virtual appointment with Rev. Tania, do so here: <https://calendly.com/tymt77/30min>.



### How to Call Into a Zoom Meeting

No computer? No Problem! You can still join us at our virtual meetings. To call into a Zoom meeting and join us by phone call 1-669-900-6833! When prompted, enter the meeting ID number and be connected.

### Vaccine Navigators

Are you having trouble scheduling a vaccine appointment? We're recruiting people to create a team called Vaccine Navigators. These are people who have the time, technology and know-how to help you schedule your vaccine and more. If you're interested in having someone help you, please call Rose Riedel at 619-398-4439.

## Social Justice

### Earth Day Climate Actions

#### Militarism and Climate Change

The US military is a leading user of fossil fuels. Join Veterans For Peace asking John Kerry to recognize militarism's role in climate change. Take action for Earth Day to sign the petition at <https://veteransforpeace.salsalabs.org/climatekerry> adding your name to the letter to Kerry, as well as to Gina McCarthy, Joe Biden and Kamala Harris. Questions? Contact Gary Butterfield at [garyvfp@gmail.com](mailto:garyvfp@gmail.com)

#### Eco Challenge for Earth Day

Join with other UU's and the Elders for Climate Action on the UU DD2021 Project Drawdown Eco Challenge now thru June 15. Challenge yourself and participate as an individual or a part of a UU DD 2021 team to choose your specific actions at <https://drawdown.ecochallenge.org/challenges>. Learn more and about the UU Drawdown 2021 initiative and join the competition at [www.uumfe.org/campaigns/project-drawdown-uu-initiative/](http://www.uumfe.org/campaigns/project-drawdown-uu-initiative/)

#### Save the Date! Climate Justice Meeting

Sunday, May 16, 1 pm, online. FOOD: How we grow it, what we eat, what we waste affects the planet. Watch this space for upcoming information.

## South Bay Food Pantry News

### Pantry Starts Homeless Outreach Program by Maureen McNair

Our homeless outreach program began by complete accident. To make a long story short, for the last few weekends, we have been providing food to between 80 - 120 people experiencing homelessness. Here is how this part of our pantry story started... read the rest of the article on our blog at <https://www.firstuusandiego.org/blog/pantry-starts-homeless-outreach-program>

### How to Donate to the South Bay Food Pantry

Donate online via credit card at [www.firstuusandiego.org/donations.html](http://www.firstuusandiego.org/donations.html) or make checks payable to FUUSD and write "SB Food Pantry" in the memo line. Mail checks to Robie Evans, FUUSD, 4190 Front St., San Diego, CA 92103.

### Contact

You can email Maureen McNair at [memcnair948@gmail.com](mailto:memcnair948@gmail.com). To reach the food pantry by phone call 619-271-5017. The phone will take your message.

### The South Bay Food Pantry...

is located at 970 Broadway, Suite 101, Chula Vista 91911. It is open to the public Saturdays from 11 am - 12:30 pm and to congregants by appointment.

## Family Ministry

### Religious Education Programming

Here's what's happening:

**Saturday Science & Stories** - We'll gather in Zoom Saturday at 10 am to learn about animals and hear stories that help us explore our values.

**Sunday RE** - *There will be NO SUNDAY Children's RE on April 25.* (Sundays at 1 pm) Join us on Sundays for more stories and discussion around our principles and values.

**Homework Help** - If you'd like your child to have some 1-on-1 time with Tony and/or other adult volunteers for help with school work, tutoring, mentoring, enrichment activities, or just to check in, please email [Tony@firstuusandiego.org](mailto:Tony@firstuusandiego.org) to set up a time.

The zoom links for these meetings are not public, to request information contact: [tony@firstuusandiego.org](mailto:tony@firstuusandiego.org).

#### 1-on-1 Parent Time!

We've been offering 1-on-1 time to our children and would like to extend that invitation to our parents as well! Some of us have been engaged in an "Empathy Buddy" process as a part of a Restorative Justice Workshop. In this process, adults meet to practice active listening and show empathy toward each other. Many who have participated have reported that they appreciated 30 minutes each week when they could talk to another adult and feel heard. If you would like to meet with Tony or would like Tony to pair you with another Empathy Buddy, please contact Tony ([tony@firstuusandiego.org](mailto:tony@firstuusandiego.org)).

#### Parents' Lounge

Sundays, weekly, 11:40 am — 1 pm, <http://bit.ly/NewParentLounge>, Meeting ID 873 6793 7478, Passcode 504406. All parents are welcome to join for discussion, connection and support. This Sunday is an open discussion.

#### Middle School Youth Group

April 25, Sundays (weekly), 1:30 pm, online. The Middle School UU Group (MUUGS) for youth in grades 6-8 will wrap up their exploration of the April worship theme, "Creativity." They will watch and discuss *The Simpsons* episode, "Mom and Pop Art." To get more information, contact Käthe at [kathe@firstuusandiego.org](mailto:kathe@firstuusandiego.org).

#### Senior High Youth

Youth in grades 9-12 are meeting online via Zoom on Wednesdays at 4:30 pm and Sundays at 3:30 pm. Senior High youth also enjoy Deep Discussion/Movie Night on Fridays at 5 pm. To get more info, contact Käthe at [kathe@firstuusandiego.org](mailto:kathe@firstuusandiego.org).

### Still Scamming!

Please be aware that this is still happening - even nationwide at our other UU churches. Especially during these tender times, folks are scamming church members in order to get gift cards purchased and sent to them. And, there's nothing we can do about it except warn you and educate you. **Never respond to any church member, staff or minister unless it comes from a valid church email, i.e. staffname@firstuusandiego.org. We do not use gmail accounts for our official church staff business.** The following is an example of the latest email scam going around. **No minister or staff member will ever reach out for help in this way!** Please be careful out there, stay safe, wear a mask when going out and wash your hands frequently!

**From:** Rev Kathleen Owens  
<revkathleenowens2@gmail.com>  
**Date:** January 25, 2021 8:37:42 AM PST  
**To:** "First UU congregant email"  
**Subject:** Many blessings

How are you doing?

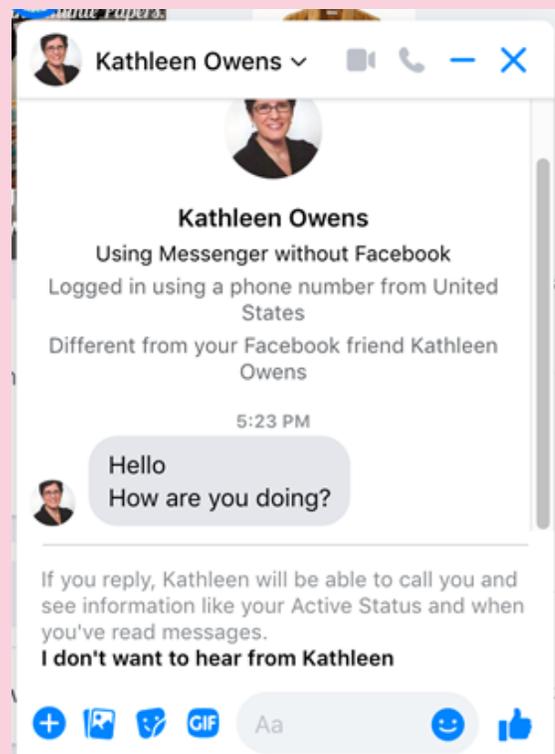
I need a favor from you email me back as soon as you get this message

PEACE BE WITH YOU

Many blessings

Rev. Kathleen Owens

**Please be wary of false  
Facebook accounts like this:**



## Week at a Glance Calendar

### Friday, April 23, 2021

#### **Memory Matters Gathering**

April 23, Fridays (second and fourth), 10 am — 11:30 am, Online. Email [hybertsen@att.net](mailto:hybertsen@att.net) for the link.

#### **Emerging Young Adults**

Fridays, weekly, 6 pm, online. For individuals between 17 and 25. Email Matthew at [matthew@firstuusandiego.org](mailto:matthew@firstuusandiego.org).

#### **UUMen's Fellowship Virtual Spring Renewal**

April 23 (evening). For [information/registration](#), contact Mike Dorfi at [mdorfi@cox.net](mailto:mdorfi@cox.net) or 629-466-5952.

### Saturday, April 24, 2021

#### **UUMen's Fellowship Virtual Spring Renewal**

April 24 (all day). For [information/registration](#), contact Mike Dorfi at [mdorfi@cox.net](mailto:mdorfi@cox.net) or 629-466-5952.

#### **Saturday Science, Stories and Songs**

Saturdays at 10 am. Children's RE programming. Request meeting information from [tony@firstuusandiego.org](mailto:tony@firstuusandiego.org).

#### **South Bay Food Pantry Hours**

970 Broadway Suite 101, Chula Vista 91911. Distributing food every Saturday from 11 am — 12:30 pm.

### Sunday, April 25, 2021

#### **Live Streamed Worship**

Sundays, weekly, 9:30 am, <https://www.firstuusandiego.org/>.

#### **Social Hour**

Sundays, 10:30 am — 11:30 am, url <https://bit.ly/FirstUUSocialHour>, Meeting ID 824 042 297.

#### **Compassion Corner**

Sundays, weekly, 10:30 am — 11 am, <https://bit.ly/Compassioncorner1>, Meeting ID: 979 7637 7178 Passcode: 540948.

#### **South Bay Social Hour**

Sundays, weekly, 11 am, <https://bit.ly/SBSocialHour>. Join in for a South Bay Social Hour.

#### **Parents' Lounge**

Sundays, weekly, 11:40 am — 1 pm, <http://bit.ly/NewParentLounge>, Meeting ID 873 6793 7478, Passcode 504406.

#### **Pagan Conversations**

Sundays, weekly, 1 pm — 2 pm, Meeting Link: <https://bit.ly/PaganConversations> ID: 535-853-700.

### Sunday, April 25, 2021 >>>cont.<<<

#### **Middle School Youth Group**

Sundays at 1:30 pm. To get more info, contact Käthe at [kathe@firstuusandiego.org](mailto:kathe@firstuusandiego.org).

#### **Senior High Youth Group**

Sundays at 3:30 pm. Contact [kathe@firstuusandiego.org](mailto:kathe@firstuusandiego.org).

#### **Open Heart Sangha**

Sundays, weekly, 4 pm — 5:30 pm, for the link to the meetings please contact Marge at [margewur@gmail.com](mailto:margewur@gmail.com).

### Monday, April 26, 2021

#### **Coping With Chronic Conditions Support Group**

April 26, second and fourth Mondays, 1 pm — 3 pm, url <https://bit.ly/CopingCCGroup>, ID: 681-036-9317.

#### **South Bay Singers Rehearsal**

Mondays, weekly, 5:30 pm, [bit.ly/SouthBaySingers](http://bit.ly/SouthBaySingers).

#### **Fourth Monday Meeting of the UU Men's Fellowship**

Monday, April 26, 7 pm, Zoom. A meeting open to all men. For more information email [Kcohn@san.rr.com](mailto:Kcohn@san.rr.com).

### Tuesday, April 27, 2021

#### **Worship Planning**

Tuesdays, 4 pm — 5 pm, <https://bit.ly/WorshipPlanning1UU>, or call in at 1-669-900-6833, Meeting ID 878 4650 3375, Passcode 184690.

#### **Widening the Circle of Concern Report Study Group**

Tuesdays, 6:30 pm - 7:30 pm, and running weekly. Email [coicstudygroup@gmail.com](mailto:coicstudygroup@gmail.com) with questions, and/or to sign up!

### Wednesday, April 28, 2021

#### **Senior High Youth Game Day**

Wednesdays at 4:30 pm. Contact [kathe@firstuusandiego.org](mailto:kathe@firstuusandiego.org).

#### **Join Robie!**

April 28, second and fourth Wednesdays, 4 pm — 5 pm, url <http://bit.ly/JoinRobie4th> or call 1-669-900-6833, Meeting ID 814 3746 1400.

#### **Young Adults**

Wednesdays, 6 pm, online. A sacred time for individuals between 26 and 35 years of age. Please email Matthew at [Matthew@firstuusandiego.org](mailto:Matthew@firstuusandiego.org) for information.

## Upcoming Events

### Board Chat

Sundays (first), May 2, 10:30 am,  
<https://bit.ly/FirstUUBoardChat>, Meeting ID: 863  
 0218 5062 Passcode: 203946.

### Cosmos

Sundays (first), May 2, 1 pm — 3 pm, Online. Contact  
 James Long at [kyolong1@gmail.com](mailto:kyolong1@gmail.com) for the link.

### Creative Writing Group

May 8, Saturdays (second), 12:30 pm — 2:30 pm,  
<http://bit.ly/CreativeWritingFirstUU>, or call in at  
 1-669-900-6833, Meeting ID: 991 6747 3549.

### Rainbow Action Group's Koffee Klatch

May 9, Sundays (second), 12 pm, URL  
<https://bit.ly/RainbowKlatch>, ID 899 4140 9956, PW  
 893622.

### Arts & Crafts Creative Social

May 11, second Tuesdays, 3 pm — 5 pm, Link to  
 meeting: <http://bit.ly/ArtGuildMeeting>, or call in at  
 1-669-900-6833, Meeting ID 945 4398 9126, Passcode  
 12345.

### Living the Homestretch

May 15, Saturday, 10 am,  
[bit.ly/LivingTheHomestretch](http://bit.ly/LivingTheHomestretch), Meeting ID 911 2242  
 6361.

### Happy Hour on the 8th Principle

Saturday, May 15, 4:30 pm,  
<http://bit.ly/8thPrincipleHH>.

### Climate Justice Meeting

Sunday, May 16, 1 pm, online. Email  
[rheakuhlman2@gmail.com](mailto:rheakuhlman2@gmail.com) for the link.

### Friends of Camp de Benneville Pines

Sundays (third), May 16, 6:30 pm — 8 pm, online. To  
 be added to the ZOOM invite list, please contact  
[john@schaibly.com](mailto:john@schaibly.com)

### Monthly Board Meeting

May 18, Tuesday, 6 pm, Online. Email President Sarah  
 Ormond at: [boardpresident@firstuusandiego.org](mailto:boardpresident@firstuusandiego.org).



POSTMASTER: Please send address changes to  
The Window, 4190 Front Street, San Diego, CA 92103-2098

First Unitarian Universalist Church of San Diego  
4190 Front Street, San Diego, CA 92103-2098  
Phone: 619-298-9978  
E-mail: [mail@firstuusandiego.org](mailto:mail@firstuusandiego.org)

## Our Staff

### Ministers:

Rev. Kathleen Owens, *Lead Minister*  
Rev. Tania Márquez, *Assistant Minister*  
Matthew Waterman, *Intern Minister*  
Rev. Jim Grant and Rev. Löne Broussard, *Affiliate Ministers*  
Rev. Bonnie Tarwater, Rev. Frank Piccone-Willey,  
Rev. Julie Forest, and Rev. Katy Swanson

#### *Affiliate Community Ministers*

Rev. Dr. Carolyn S. Owen-Towle, *Minister Emerita*  
Rev. Dr. Thomas A. Owen-Towle, *Minister Emeritus*

### Music Staff:

Chase Pado, *Pianist*  
Lorelei Garner, *SB Music Coordinator*  
Andrea N-L, *JUUL Tones Ensemble Director*  
Tony Bianca, *Handbell Program and Children's Choir Director*

### Staff:

Robie Evans, *Director of Operations*  
Käthe Larick, *Youth Programs Coordinator*  
Tony Bianca, *Program Director*  
Rose Riedel, *Office Manager*  
Jenner Daelyn, *Connections Coordinator*  
Connie Hayes, *Bookkeeper / Controller*  
Ray Evans, *Maintenance*  
Mark Epler, *Event Coordinator*

## Board of Trustees

Sarah Ormond, **President**  
Rev. Julie Forest, **Vice President**  
James Long, **Treasurer**  
Laura Ball, **Secretary**  
Angela Garcia-Sims, Andrea Gonzalez, Brian Krohne,  
Kathleen MacLeod and Maureen McNair, **Trustees**

### Important E-mail Addresses:

**General First Church E-mail:** [mail@firstuusandiego.org](mailto:mail@firstuusandiego.org)  
**Scheduling of Church Property:** [schedule@firstuusandiego.org](mailto:schedule@firstuusandiego.org)  
**The Window (newsletter):** [window@firstuusandiego.org](mailto>window@firstuusandiego.org)  
**First Church Web Site:** [website@firstuusandiego.org](mailto:website@firstuusandiego.org)  
<http://www.firstuusandiego.org> (Main site)  
<http://www.firstuusandiego.org/uus-of-the-south-bay>  
(UUs of the South Bay)

### Contact the Main Office (Hillcrest Campus):

First Unitarian Universalist Church of San Diego  
4190 Front Street, San Diego, California 92103  
619-298-9978 • [mail@firstuusandiego.org](mailto:mail@firstuusandiego.org)  
[www.firstuusandiego.org](http://www.firstuusandiego.org)

#### Office Hours:

Monday—Friday, 9 am to 4 pm and Sunday after Services  
Sunday Morning Urgent Contact: 619-947-4612

### Contact the South Bay Campus (Chula Vista):

Unitarian Universalists of the South Bay  
970 Broadway, Suite 101 & 104, Chula Vista, California, 91911  
619-271-5017 • [uusouthbay@firstuusandiego.org](mailto:uusouthbay@firstuusandiego.org)  
[www.firstuusandiego.org/uus-of-the-south-bay](http://www.firstuusandiego.org/uus-of-the-south-bay)  
Campus Hours: Sunday for Service or By Arrangement