

The Window

A Weekly Publication



Our Mission

Our mission is to create community, to nurture spiritual growth, and to act on our values to help heal the world. Nuestra misión es crear comunidad, fomentar el crecimiento espiritual y vivir nuestros valores para ayudar a sanar el mundo.

Our Eight Principles

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

1. The inherent worth and dignity of every person;
2. Justice, equity, and compassion in human relations;
3. Acceptance of one another, and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience, and the use of the democratic process within our congregations and in society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part;
8. Building a diverse multicultural Beloved Community by our actions that accountably dismantle racism and oppressions.

Hillcrest Campus Location
4190 Front Street
San Diego, CA 92103
619-298-9978

South Bay Campus Location
970 Broadway, Suite 104
Chula Vista, CA 91911
619-271-5017

April's Transformational Theme: **Stories of Who We Are**

"Independent or In(ter)dependent?"

Rev. Dr. Omega Burckhardt, *Assistant Minister*

In-Person on the Hillcrest Patio and Simultaneous Livestream

****Please wear high-quality masks so that we can sing together safely as a congregation!****
April 3, 2022 9:30 am

RSVP to Attend In-Person Worship at <https://rsvp.church/r/0cQJU1PE>
N95, KN95, or KF94 type masks *required* for in-person attendance. Masks will be provided to those who need them.

Watch the service live online at: <https://www.firstuusandiego.org/>

April Generosity Offering Environmental Health Coalition

The Environmental Health Coalition is dedicated to achieving ***environmental and social justice***. They believe that justice is accomplished by empowered communities acting together to make social change. EHC organizes and advocates to protect public health and the environment threatened by toxic pollution. EHC supports broad efforts that create a just society and fosters a healthy and sustainable quality of life. You can donate at www.firstuusandiego.org/donations, under gift designation select "Generosity."

The deadline for the next issue is:
April 6 (**Wednesday**) at 8 am

If you would like an announcement placed in the Window, please email:
rose@firstuusandiego.org

**The Window submission
maximum is 60 words**

What's Happening?

Church Finances

There's a new handbook on the financial workings of First UU Church in the Members Only section of the [website](#). We invite you to read this guide to what's in financial statements, how the budgeting process works, who's involved, and so on, in an accessible four-page handbook. If you want more detail, there are a few appendices as well.

Cluster-Wide Reading of the Widening the Circle of Concern Report Starts April 30!

Our congregation will be participating in a cluster wide reading of "Widening the Circle of Concern" report beginning in April, along with other UU congregations in the San Diego area. Visit www.firstuusandiego.org/uploads/1/2/7/6/127676152/invitation.pdf for details.

D4\$ Returns! Start Those Creative Juices Flowing!

D4\$ is our beloved community-building offering of different events throughout the next fiscal year that our members and friends offer through an auction process. We realize this year's a little different and we're encouraging folks to create lots of fun and safe opportunities for people with different health needs to be able to participate. These events should be held starting in July 2022 and continuing through May 2023. We'll collect events during the month of April and bidding will begin June 1, 2022. More info is on our [website](#).

UU Men's Fellowship Renewal

April 22 — 24, will be held IN-PERSON at [Camp deBenneville Pines](#). All men MUST be fully vaccinated and [camp Covid precautions](#) will be observed. A [Registration Flyer](#) form is now available and must be returned by April 1. The theme, Friend and Brothers, Nurturing the Connections in our Lives, will be woven into the program, workshops, rituals, songs, and quality time together. For more information, please see the [website](#) or contact [Mike Dorfi](#) 619-887-1748.

Outreach and Growth Fund Committee

Do you have a good idea for an event or an activity for young families? Something that can refresh and reconnect our community? Please reach out to the Outreach and Growth Fund Committee to share your thoughts at outreach@firstuusandiego.org.

We Need Your Feedback!

We're planning Camp for June 3 through 5, 2022. In order to have camp, we need a minimum of 40 people to register. This year, all individuals must be vaccinated (this includes children, so unvaccinated children under 5 would not be able to attend).

Costs for camp are:

Adults: \$185, 13-17 Year Olds: \$150, Under 12: \$130

Please take the following [one minute survey](#) to help us decide if camp is possible this year.

From Your Nominating Committee

Any interest-- or even curiosity-- about serving on the Board? Anyone you'd recommend? There will be a Nominating Committee member or two at each Sunday service to answer questions or direct you to a Board member who can. You can also email us at nomcom@firstuusandiego.org. At least three candidates need to have been chosen by the time of our Annual Meeting on June 12, 2022.

Unfolding Peace at the Movies

Dear ones, this week we invite you to bring our Unfolding Peace practice to the movies! We invite you to find and enjoy one (or all) of the following three movies - possibly with someone(s) from the First UU San Diego community and then reflect on the questions here. Later this spring, we will host a zoom conversation to reflect together on our experiences.

Love,

Revs. Denise and Deanna

Crash

Sometimes we crash into each other just to feel something through the numbness.

1. How do our crashes reveal our biases to us?
2. How do our unquestioned or unacknowledged biases create un/intentional assaults?

Hidden Figures

In all of our lives, there are hidden figures that only surface in the time of crisis.

1. Who and what are we unaware of - the hidden figures in our lives, in our congregation?
2. What obstacles are people with targeted identities always overcoming?
3. How do we make real the spirit of Black love and brilliance as strategies for evolving as a congregation in the midst of white supremacy and patriarchy?

Fifty First Dates

Every day, in many ways, we keep forgetting that we are loved.

1. What is it that you keep forgetting?
2. Who are you trying to prove something to?

Blossoming Through Mindfulness and Meditation A 5-Session Introductory Course

Please hold the dates on your calendar for this Adult Education Online Program being offered by Marge Wurgel. Classes will be Saturday mornings, 10 am to 11:30 am on May 28 and all Saturdays in June (4, 11, 18 and 25). More details and registration information will be in the Window starting in April.

How to Call Into a Zoom Meeting

Call into a Zoom meeting by phone at 1-669-900-6833. When prompted, enter the meeting ID number.

What's Happening?

Becoming a Member Orientation

April 3, Sunday, 10:30 am, Hillcrest Memorial Garden. In-Person after Service in the memorial garden outside of the Meeting House. Learn about membership at First UU!

Hillcrest In-Person Social Hour

April 3, Sundays, following worship, Hillcrest Patio. Join your community on the Hillcrest patio after the service for Bring-Your-Own-Beverage social time! Fill up your thermos, gather your juice boxes, and stick around for some conversation and conviviality! "Airplane rules" for masking will still apply—remove your mask when taking a sip, but please continue to wear it as you converse. Are you interested in helping make social hour a success in the future? Look for ways to volunteer in the coming weeks.

Hillcrest Virtual Social Hour

April 3, Sundays, 11 am, bit.ly/FirstUUSocialHour, or call in at 1-669-900-6833, Meeting ID 824 042 297. Password provided during worship.

Uke Cafe

April 3, Sundays, 11:30 am, Hillcrest upper patio. You can still join us in person on the Upper Patio or on Zoom at <https://bit.ly/ukecafe>.

Board Chat

April 3, Sundays (first), 12:30 pm, [bit.ly/FirstUUBoard Chat](https://bit.ly/FirstUUBoardChat), or call in at 1-669-900-6833, Meeting ID: 863 0218 5062 Passcode: 203946. Ask a question of your Board or tell them something you would like them to know.

Cosmos

April 3, Sundays (first), 1 pm — 3 pm, <https://bit.ly/CosmosFUUSD>, Passcode: 976520. We are currently watching Brian Swimme's series, *The Story of the Noosphere*. Feel free to join us. The only prerequisite is an open heart and mind. Contact James Long kyolong1@gmail.com for information or meeting ID.

Open Heart Sangha

April 3, Sundays, weekly, 4 pm — 5:30 pm, online. The Open Heart Sangha continues to meet on Sunday afternoons through online Zoom gatherings. Contact Marge, margewur@gmail.com for the link.

Worship Planning

April 5, Tuesdays, 4 pm, bit.ly/WorshipPlanning1UU, Meeting ID 841 0548 1861 Passcode: 092833.

Uke Cafe

April 6, Wednesdays, 3:30 pm, <https://bit.ly/ukecafe>. Join Tony on Zoom with your ukulele to learn some chords and play the ukulele with us!

Chalice Choir Rehearsal

April 6, Wednesdays, 7 pm — 8:30 pm, Hillcrest Patio. Our choirs have returned to meeting in person! Please contact marshall@firstuusandiego.org with questions.

Organizing for Justice Meeting

April 7, Thursdays (first), 6 pm, online. Organizing for Justice (O4J) meets on the first Thursday of each month. Please contact Newt Ferris at newtferris@gmail.com for further information.

Women's Chorus Rehearsal

April 7, Thursdays, 7 pm — 8:30 pm, Hillcrest Patio. Our choirs have returned to meeting in person! Please contact marshall@firstuusandiego.org with any questions.

Memory Matters Gathering

April 8, Fridays (second and fourth), 10 am — 11:30 am, Online, with Kathy Gilbert, LCSW, and Gay Hybertsen, LCSW. This is a place for those who worry about memory problems and forgetfulness; and their care partners. The gathering, therapeutic and educational, enables members to make new contacts, build trust, and learn to deal with the consequences of memory loss. Ongoing, drop in. Email hybertsen@att.net for the link.

Creative Writing Group

April 9, Saturdays (second), 10:30 am — 12:30 pm, <http://bit.ly/CreativeWritingFirstUU>, Meeting ID: 868 9505 3014 Passcode: 361410. This group is for anyone with a desire to create and experiment with different styles of writing. This is a great space to meet individuals who want to share their creative abilities with others. RSVP to evagarciamayers@yahoo.es. A minimum of three attendees is required for the group to be hosted.

Rainbow Action Group's Koffee Klatch

April 10, Sundays (second), 11:30 am, URL <https://bit.ly/RainbowKlatch>, password: 893622, or call in at 1-669-900-6833, ID 899 4140 9956, PW 893622. Rainbow Action Group's Koffee Klatch has gone virtual. Join us! All "family" friends and allies invited. The event is hosted by John Keasler and Louise Titlow.

Pagan Conversations

April 10, Sundays (second), 1 pm — 2 pm, bit.ly/PaganConversations, Meeting ID: 535-853-700. Join us for community and conversation.

Coping With Chronic Conditions Support Group

April 11, Mondays (second and fourth), 1 pm, URL bit.ly/CopingCCGroup, or call 669-900-6833 with meeting ID 681-036-9317. New participants reach out to Chris Smith prior to attending a meeting at 619-300-7477 or email chris.smith7@cox.net to discuss our covenant and mission statement and receive the password.

Caregivers/Allies Support Group

April 11, Mondays (second and fourth), 4 pm — 5:30 pm, online. The Caregivers/Allies Support Group is welcoming prospective new participants. We are meeting on the second and fourth Mondays. Members and friends who are seeking additional information about participating, contact Rose Riedel at Rose@firstuusandiego.org.

You can follow us on *Twitter*! Our user name is [@firstuusd](https://twitter.com/firstuusd).

What's Happening?

Art Guild Monthly Arts & Crafts Creative Social

April 12, second Tuesdays, 3 pm — 5 pm, <http://bit.ly/FirstUUArtGuild> Meeting ID 860 2031 2916, Passcode 587290. Everyone is welcome. Bring a work to share and/or a project to work on. Doing something special? We would love to see it.

Art Conversation with John Keasler

April 16, Saturday, 10 am, <https://bit.ly/UUSeniors>, or call in at 1-669-900-6833, Meeting ID 911 2242 6361. John Keasler, Chair of our First UU Bard Hall Art Guild, will lead a discussion of the value of art in our lives and how we all can be more involved in art. Hosted by UU Seniors. Everyone is invited.

Friends of Camp de Benneville Pines

April 17, Sundays (third), 6:30 pm — 8 pm, online. Friends of Camp de Benneville Pines meet via Zoom on third Sundays. Newcomers are welcome. To be added to the ZOOM invite list, contact johnschaibly@gmail.com

Monthly Board Meeting

April 19, Tuesday, 6 pm, online. Board of Trustees meetings are open to congregants via Zoom. Find the zoom link in the members only section of the [website](#).

South Bay Food Pantry News

Grand Opening for the New South Bay Food Pantry!

On March 19, the South Bay Food Pantry operated for the first time from Suite 105 at 970 Broadway in Chula Vista. What a day it was! Read the rest of the article on our blog at www.firstusandiego.org/blog/grand-opening-for-the-new-south-bay-food-pantry

Volunteer Needed

A volunteer is currently needed to pick up donations from Smart and Final on Friday mornings and to bring them to the pantry. Contact deirdre@deirdre.com to volunteer.

The South Bay Food Pantry...

is located at 970 Broadway, Suite 101, Chula Vista 91911. It is open to the public Saturdays from 11 am - 12:30 pm and to congregants by appointment.

How to Donate to the South Bay Food Pantry

Donate online at firstusandiego.org/donations.html or make checks payable to FUUSD and write "SB Food Pantry" in the memo line. Mail checks to Robie Evans, FUUSD, 4190 Front St., San Diego, CA 92103.

Contact

If you would like to volunteer at the pantry while Maureen is on vacation, please contact Deirdre Lonergan at deirdre@deirdre.com. To reach the food pantry by phone call 619-271-5017.

South Bay Campus

South Bay Virtual Social Hour

April 3, Sundays, 11 am, bit.ly/SBSocialHour. Meeting ID: 997 8730 8948. Password provided at worship service.

South Bay Singers Rehearsal

April 4, Mondays, 5:30 pm — 6:15 pm, bit.ly/SouthBaySingers. Meeting ID: 831 5037 5219.

Family & Lifespan

Religious Education takes place during the 9:30 am Worship Service on Sundays. This week, April 3, in honor of Cesar Chavez Day, we'll be continuing to think about plants by focusing on food justice and the fight for the rights of farmworkers.

We'll be changing things up a little on Sundays! We'll have our **Music and Movement** group from 10:45 am — 11:15 am on the Upper Patio, followed by **Uke Cafe** at 11:30 am. Music and Movement is a percussion and movement group designed for children in grades Pre-K through 2nd and their families, but all are welcome! Uke Cafe is a multigenerational group to learn chords and practice playing the ukulele together. Bring your own ukulele.

RE Adult Help Needed: We need adults to help with Sunday RE! While we'll eventually need leaders to teach a lesson plan, we're currently in need of adults just to be a second adult to assist the staff leads. If you're willing to help out on Sundays during 9:30 am RE time, contact tony@firstusandiego.org.

Parent Lounge

April 3, Sunday, 10:30 am, Welcome Center Upper Deck.

All Church Camp

We're back at Camp this summer, June 3 — 5! Learn more and register: www.firstusandiego.org/all-church-camp.html

Register!

As we reopen and rebuild our programs, it's critical that we have updated information about our children. Please fill out an online registration form for each child: www.firstusandiego.org/childrens-re-registration.html

Social Justice

Climate Action:

Stop Factory Farming Methane Polluters

Factory farming produces enormous amounts of waste and climate warming methane emissions and pollutes local communities. Animal agriculture generates 36% of all methane emissions, more than any other sector. President Biden's pledges to cut methane emissions to address the climate crisis do not require ranchers and feedlots to reduce emissions. Tell the EPA to regulate methane emissions from industrial hog and dairy operations and reject factory farm gas as a false solution [CLICK HERE](#)



Week at a Glance Calendar

Sunday, April 3, 2022

In Person & Simultaneous

Livestream Worship

Sundays, 9:30 am, Hillcrest Patio.

RSVP for in person worship: rsvp.church/r/0cQJU1PE
or watch the Service online: www.firstuusandiego.org/

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South Bay Virtual Social Hour

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Open Heart Sangha

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Tuesday, April 5, 2022

Worship Planning

Tuesdays, 4 pm — 5 pm,
<https://bit.ly/WorshipPlanning1UU>, ID 878 4650 3375,
Passcode 184690.

Wednesday, April 6, 2022

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Upcoming Events

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Friends of Camp de Benneville Pines

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Monthly Board Meeting

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Rainbow Twilight Walk

April 21, third Thursdays, 5 pm, the center of Balboa Park's museum area.

POSTMASTER: Please send address changes to
The Window, 4190 Front Street, San Diego, CA 92103-2098

First Unitarian Universalist Church of San Diego
4190 Front Street, San Diego, CA 92103-2098
Phone: 619-298-9978, Fax: 619-298-9997
E-mail: mail@firstuusandiego.org

Our Staff

Ministers:

Rev. Suzelle Lynch, *Minister in Residence*
Rev. Dr. Omega Burckhardt, *Assistant Minister*
Rev. Jim Grant and Rev. Löne Broussard, *Affiliate Ministers*
Rev. Bonnie Tarwater, Rev. Frank Placone-Willey,
Rev. Julie Forest, and Rev. Katy Swanson
Affiliate Community Ministers
Rev. Dr. Carolyn S. Owen-Towle, *Minister Emerita*
Rev. Dr. Thomas A. Owen-Towle, *Minister Emeritus*

Music Staff:

Marshall Voit, *Music Director*
Chase Pado, *Pianist*
Lorelei Garner, *South Bay Music Coordinator*
Andrea Spiero, *JUUL Tones Ensemble Director*
Tony Bianca, *Handbell Program Director*

Staff:

Robie Evans, *Director of Operations*
Tony Bianca, *Program Director*
Rose Riedel, *Office Manager & Scheduler*
Jenner Daelyn, *Connections Coordinator & Congregational
Assistant for Diversity, Equity, and Inclusion*
Kate Collier, *Program Assistant*
Connie Hayes, *Bookkeeper / Controller*
Ray Evans, *Maintenance*
Joshua Morrison, *Janitor*
Mark Epler, *Event Coordinator*

Board of Trustees

Rev. Julie Forest, **President**
Cora Pendergast, **Vice President**
Laura Ball, Rosalba Ciampi, Brian Krohne, Karen Lamphere,
Sue Marberry, Rhiannon Roselle, and Louise Titlow, **Trustees**

Important E-mail Addresses:

General First Church E-mail: mail@firstuusandiego.org
Scheduling of Church Property: schedule@firstuusandiego.org
The Window (newsletter): [window@firstuusandiego.org](mailto>window@firstuusandiego.org)
First Church Web Site: [website@firstuusandiego.org](http://www.firstuusandiego.org)
<http://www.firstuusandiego.org> (Main site)
<http://www.firstuusandiego.org/uus-of-the-south-bay>
(UUs of the South Bay)

Contact the Main Office (Hillcrest Campus):

First Unitarian Universalist Church of San Diego
4190 Front Street, San Diego, California 92103
619-298-9978 • mail@firstuusandiego.org
www.firstuusandiego.org

Office Hours:

Monday—Friday, 9 am to 4 pm and Sunday after Services
Admin Mobile Line: 619-947-4612

Contact the South Bay Campus (Chula Vista):

Unitarian Universalists of the South Bay
970 Broadway, Suite 101 & 104, Chula Vista, California, 91911
619-271-5017 • uusouthbay@firstuusandiego.org
www.firstuusandiego.org/uus-of-the-south-bay
Campus Hours: Sunday for Service or By Arrangement