



Our Mission

Our mission is to create community, to nurture spiritual growth, and to act on our values to help heal the world. Nuestra misión es crear comunidad, fomentar el crecimiento espiritual y vivir nuestros valores para ayudar a sanar el mundo.

Our Seven Principles

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

1. The inherent worth and dignity of every person;
2. Justice, equity, and compassion in human relations;
3. Acceptance of one another, and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience, and the use of the democratic process within our congregations and in society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part.

Hillcrest Campus Location

4190 Front Street
San Diego, CA 92103
619-298-9978

South Bay Campus Location

970 Broadway, Suite 104
Chula Vista, CA 91911
619-271-5017

March's Transformational Theme: **Prophetic Voices**

Join Us Online!

Sunday Morning Worship

March 14, 2021 9:30 am

"Listening to Voices, Seeking Wisdom"

Rev. Kathleen Owens, *Lead Minister*

All In-Person Meetings on Both of Our Campuses Are Suspended Until Further Notice

Visit <https://www.firstuusandiego.org/> on Sunday mornings to join us for virtual worship, and also to check the [blog](#) to keep up with the First UU staff! Some groups are meeting virtually, watch [The Window](#) for instructions & meeting times.

March Generosity Offering

I Love to Glean

I Love to Glean is a non-profit corporation formed for the purpose of partnering with others to facilitate countywide food recovery systems that increase the capacity for recovery and distribution of otherwise wasted food to agencies serving those in need. Our South Bay Food Pantry works directly with I Love to Glean to source food for clients. You can donate using the donate button on our website at www.firstuusandiego.org/donations.html, under gift designation select "Generosity."

Journey Toward Wholeness (JTW)

What Can I Do?

Anti-Racism is a journey, and the goal is to become a lifelong student: always learning and improving. Read through The 7 Circles of Whiteness and reflect on where you've come from in your past and ways to move forward from the circle(s) in which you find yourself presently. Take time to sit with the reflection questions and continue your anti-racist work.

<https://alishiamccullough.medium.com/the-7-circles-of-whiteness-cb60e53d14e0>

What's Happening?

Our Church Family

Church member, Kia Bordner, is inviting you to join a @CircleofHedge sponsored Interfaith Covid-19 mourning & healing service on the anniversary of the declaration of the global pandemic for a multi-cultural, multi-faith service.

Thursday, March 11, 5:30 pm. Facebook event link: <https://fb.me/e/CUMkGGu4>

River of Life Footpath Installation to Begin in June

We have exciting news! The "River of Life" footpath installation in our Memorial Garden will begin this June, 2021, according to Designer and Artist Jerry Thiebolt. A couple of years ago, we held three brick-stamping events at both campuses to create the "building blocks" of this footpath while leaving a little of our creativity behind as a part of this beautiful garden of six memorial walls...read the rest of the article on our blog at www.firstuusandiego.org/blog/river-of-life-footpath-installation-to-begin-in-june

Easter Sunday's Flower Communion

We want you to participate in our Flower Communion on Easter Sunday, April 4. You're invited to take a selfie with a flower and email your photo to Tony at Tony@firstuusandiego.org. Please send it by Wednesday, March 31. Thanks!

Widening the Circle

The discussion for implementing recommendations from the Commission on Institutional Change's report Widening the Circle, scheduled for March 27, is postponed. Watch this space for the new date and time.

Memory Matters Gathering

March 12, Fridays (second and fourth), 9:30 am — 11:30 am, Online, with Kathy Gilbert, LCSW, and Gay Hybertsen, LCSW. This is a place for those who worry about memory problems and forgetfulness; and their care partners. The gathering, therapeutic and educational, enables members to make new contacts, build trust, and learn to deal with the consequences of memory loss. Ongoing, drop in. Email hybertsen@att.net for the link.

Emerging Young Adults

March 12, Fridays, weekly, 6 pm, online. For individuals between 17 and 25, we host a weekly gathering where we can "go deeper" in our spirituality and UU-ism while also supporting each other in brave space. If you're interested, please email Matthew at matthew@firstuusandiego.org.

Creative Writing Group

March 13, Saturdays (second), 12:30 pm — 2:30 pm, <http://bit.ly/CreativeWritingFirstUU>, or call in at 1-669-900-6833, Meeting ID: 991 6747 3549. This group is for anyone with a desire to create and experiment with different styles of writing. This is a great space to meet individuals who want to meet and share their creative and artistic abilities with others, as well as networking and meeting individuals with similar interests.

.....
 You can follow us on *Twitter*! Our user name is [@firstuusd](https://twitter.com/firstuusd).



Compassion Corner

March 14, Sundays, weekly, 10:30 am — 11 am, <https://bit.ly/CompassionCorner1>, or call in at 1-669-900-6833, Meeting ID: 979 7637 7178 Passcode: 540948. A lay ministry listening space after the service. The room will be open from 10:30 am to 11 am. To protect your privacy, the room has a waiting room enabled, a lay minister will let you in once they are available to speak. If there is a delay, the lay minister may be speaking with another person and will let you in as soon as possible.

Social Hour

March 14, Sundays, weekly, 10:30 am — 11:30 am, <https://bit.ly/FirstUUSocialHour>, or call in at 1-669-900-6833, Meeting ID 824 042 297. The password will be provided during the worship service.

Rainbow Action Group's Koffee Klatch

March 14, Sundays (second), 12 pm, URL <https://bit.ly/RainbowKlatch>, password: 893622, or call in at 1-669-900-6833, ID 899 4140 9956, PW 893622. Rainbow Action Group's Koffee Klatch has gone virtual. Join us! All "family" friends and allies invited. The event is hosted by John Keasler and Pat Gordon.

Pagan Conversations

March 14, Sundays, weekly, 1 pm — 2 pm, Meeting Link: <https://bit.ly/PaganConversations>, or call in at 1-669-900-6833, Meeting ID: 535-853-700. Join the Earth Centered Spirituality Circle (ECSC) via Zoom for a weekly, virtual version of Pagan Conversations. This is a time for pagans of varying traditions to come together in a guided discussion and be in community with one another. If you have questions contact sdpagansuu@gmail.com.

Virtual Meetings with Kathleen

To schedule a virtual appointment with Rev. Kathleen, email Rose Riedel at rose@firstuusandiego.org and she'll make an appointment for you.

What's Happening?

Open Heart Sangha

March 14, Sundays, weekly, 4 pm — 5:30 pm, online. The Open Heart Sangha continues to meet on Sunday afternoons through online Zoom gatherings. Contact Marge, margewur@gmail.com for the link.

Women's Chorus Rehearsal

March 15, Mondays, soprano 4 pm — 4:45 pm, <http://bit.ly/WomensChoirSoprano>, or call in at 1-669-900-6833, Meeting ID: 592 630 798. Alto 4:45 pm — 5:30 pm, <http://bit.ly/WomensChoirAlto>, or call in at 1-669-900-6833, Meeting ID: 870 3344 5238.

Worship Planning

March 16, Tuesdays, 4 pm — 5 pm, <https://bit.ly/WorshipPlanning1UU>, or call in at 1-669-900-6833, Meeting ID 878 4650 3375, Passcode 184690. If you're interested in learning how the worship service is created or have comments for the team to consider, you're welcome to attend the worship planning meeting. We want to encourage direct conversations and find ways to co-create worship that is meaningful.

Monthly Board Meeting

Tuesday, March 16, 6 pm, online. Board of Trustees meetings are open to congregants via Zoom. Email Board President, Sarah Ormond, boardpresident@firstuusandiego.org for information

Young Adults

March 17, Wednesdays, weekly, 6 pm, online. A sacred time for individuals between 26 and 35 years of age to explore young adulthood, religion, spirituality, and support each other – with fun and humor. If you're interested in attending, we would love to have you. Email Matthew: Matthew@firstuusandiego.org for information.

Mindfulness & Meditation Practice Group

March 17, Wednesdays, 7 pm — 9 pm, [Mindfulness Practice Group](http://bit.ly/MindfulnessPracticeGroup). Led by Keith Mesecher. Mindfulness is the practice of living our lives deeply. This group is open to people new to mindfulness, as well as experienced practitioners. Please arrive a few minutes early so you can settle in and not disturb the flow by arriving after we have begun. Contact kmesecher@gmail.com.

Happy Hour on the 8th Principle

Wednesday, March 17, 5:30 pm, <http://bit.ly/8thPrincipleHH>. Join us for informal conversation with interesting folks about the 8th principle. Come ask questions, share opinions for one hour each on Mar 17, 5:30 pm, Apr 17, 3:30 pm, May 15, 4:30 pm. Email your questions or comments to 8p@firstuusandiego.org.

Living the Homestretch

March 20, Saturdays (third), 10 am, online at <https://bit.ly/LivingTheHomestretch>, or call in at 1-669-900-6833, Meeting ID 911 2242 6361. Peter Woodbury and Steve Howard will lead a discussion on "Technology for Seniors." The presentation will be followed by breakout group discussions and a general Q&A.

Ostara Ritual

Saturday, March 20, 4:30 pm — 6:30 pm, bit.ly/OstaraRitual2021, Meeting ID 88385340944. Ostara is a time that celebrates the season's change from dark winter to brightening spring. In our ritual, there will be stories, song, and we'll create a labyrinth to delve deeper into the better things we hope to grow. You're invited to create an altar using objects that reflects your changing path. After the ritual, we will have time to be in community.

March 21 Climate Justice Meeting

Sunday, March 21, 1 pm, online. What is Active Transportation? It's any self-propelled, human-powered mode of transportation such as walking or biking. Speakers from the Sierra Club, Climate Action Campaign, Bike SD, and SD County Bicycle Coalition will describe the far reaching environmental and health benefits of reimagining communities around active transportation. Email rheakuhlman2@gmail.com for the link.

Coping With Chronic Conditions Support Group

March 22, second and fourth Mondays, 1 pm, URL <https://bit.ly/CopingCCGroup>, or call 669-900-6833 with meeting ID 681-036-9317. New participants reach out to Chris Smith prior to attending a meeting at 619-300-7477 or email chris.smith7@cox.net to discuss our covenant and mission statement and receive the password.

Fourth Monday Meeting of UU Men's Fellowship

Monday, March 22, 7 pm, online. We'll join men from all over the country, thanks to Zoom, to talk about ourselves and men's issues. More information will be sent to the UU Men's mailing list. To be added to the list or for information about this meeting, contact kcohn@san.rr.com

Join Robie!

March 24, second and fourth Wednesdays, 4 pm — 5 pm, url <http://bit.ly/JoinRobie4th> or call 1-669-900-6833, Meeting ID 814 3746 1400. During these "stay at home" times, our Director of Operations, Robie, is missing her church friends, new and old, and even those she hasn't met yet. Robie looks forward to this get-together!

5th Tuesday Board Meeting

Tuesday, March 30, 6 pm, <http://bit.ly/5thTuesday>, Meeting ID 874 1767 0904, Passcode 215826. What does it mean to be accountable? What is accountability? What are "actions that accountably dismantle racism and other oppressions in ourselves and our institutions?" Examine your understanding of the concept and how to live this part of the 8th Principle. All are invited to join members of JTW Team, the Board, staff, & the ministers for the first of many community engagements around accountability. Contact Kia Bordner at jtw@firstuusandiego.org for information.

Virtual Meetings with Matthew

Schedule a virtual appointment with Intern Minister Matthew Waterman visit: calendly.com/mattyjfromthebay/pastoral-care.

What's Happening?

Board Chat

Sundays (first), April 4, 10:30 am, <https://bit.ly/FirstUUBoardChat>, or call in at 1-669-900-6833, Meeting ID: 863 0218 5062 Passcode: 203946. Have a question for your Board of Directors or something you would like them to know? There's a Zoom Board Chat at 10:30 am right after our service.

Arts & Crafts Creative Social

April 13, second Tuesdays, 3 pm — 5 pm, Link to meeting: <http://bit.ly/ArtGuildMeeting>, or call in at 1-669-900-6833, Meeting ID 945 4398 9126, Passcode 12345. Join members of the Art Guild for a few hours of creativity in community! Work on ongoing projects, create Artist Trading Cards, begin new work, or even color in a coloring book alongside other artists.

UUMen's Fellowship Virtual Spring Renewal



April 23 (evening), April 24 (all day). All men are invited to join in our annual virtual Spring Renewal with three 1½-2hour sessions Friday evening, Saturday morning and evening with an optional session Saturday afternoon. Finding courage in these times of crises and uncertainty. For [information/registration](#), contact Mike Dorfi at mdorfi@cox.net or 629-466-5952.

Cosmos

No April Meeting. May 2, Sundays (first), 1 pm — 3 pm, <https://bit.ly/CosmosFUUSD>, Passcode: 242202. We are currently watching Mathematical Cosmologist and Physicist Brian Swimme's series, *Canticle to the Cosmos*. Please feel free to join us. The only prerequisite is an open heart and mind. Contact James Long at kyolong1@gmail.com for information or meeting ID.

Vaccine Navigators

Are you having trouble scheduling a vaccine appointment? We're recruiting people to create a team called Vaccine Navigators. These are people who have the time, technology and know-how to help you schedule your vaccine and more. If you're interested in having someone help you, please call Rose Riedel at 619-398-4439.

How to Call Into a Zoom Meeting

No computer? No Problem! You can still join us at our virtual meetings. To call into a Zoom meeting and join us by phone call 1-669-900-6833! When prompted, enter the meeting ID number and be connected.

Church Eblast Notifications

From time to time, the church sends out eblast notifications to its members and friends. People who are not listed as members and friends in our database do not receive eblasts. If you are active in our church community but not sure what your designation is in the church database, contact Jenner Daelyn, Connections Coordinator, at jenner@firstuusandiego.org

Our South Bay Campus

South Bay Social Hour

Sundays, March 14, 11 am, <https://bit.ly/SBSocialHour>, Meeting ID: 997 8730 8948. Join in for a South Bay Social Hour. The password will be provided during the worship service.

South Bay Singers Rehearsal

March 14, Mondays, 5:30 pm — 6:15 pm, <http://bit.ly/SouthBaySingers>, Meeting ID: 831 5037 5219.

Virtual Meetings with Rev. Tania

To schedule a virtual appointment with Rev. Tania, do so here: <https://calendly.com/tymt77/30min>.

Social Justice

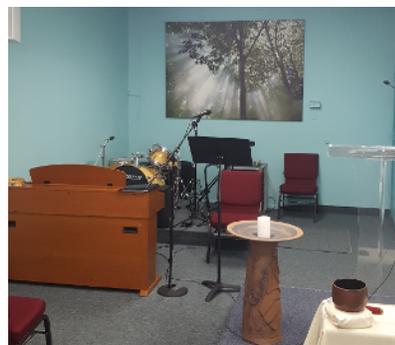
March 21 Climate Justice Meeting

Sunday, March 21, 1 pm, online. What is Active Transportation? It's any self-propelled, human-powered mode of transportation such as walking or biking. Speakers from the Sierra Club, Climate Action Campaign, Bike SD, and SD County Bicycle Coalition will describe the far reaching environmental and health benefits of reimagining communities around active transportation. Email rheakuhlman2@gmail.com for the link.

Tips: Put A Brake on Idling; Feedback Loops

Idling produces CO2 [carbon dioxide] emissions that are, on average, equivalent to 1.6% of total US greenhouse gas emissions. Idling for 10 minutes creates a pound of CO2. Today's fuel-injected engines use more fuel when idling for 10 seconds than when restarting the engine. Turn off your car where practical while waiting and make a difference in air pollution and our health.

To see how feedback loops affect the planet's permafrost, exacerbating climate change, watch this short video: <https://feedbackloopsclimate.com/permafrost/>



Church Directory Update

It's time to update your Membership Directory photo and contact information!

Submit your pictures and updates to:

rose@firstuusandiego.org

Family Ministry

Religious Education Programming

Here's what's happening:

Saturday Science & Stories - We'll gather in Zoom Saturday at 10 am to learn about animals and hear stories that help us explore our values.

Sunday RE - (Sundays at 1 pm) Join us on Sundays for more stories and discussion around our principles and values.

Homework Help - If you'd like your child to have some 1-on-1 time with Tony and/or other adult volunteers for help with school work, tutoring, mentoring, enrichment activities, or just to check in, please email Tony@firstuusandiego.org to set up a time.

The zoom links for these meetings are not public, to request information contact: tony@firstuusandiego.org.

Food Collection

To allow for increased participation, we're extending the collection through the month of March. Collect any non-perishable food items at you home and, at the end of the month, we'll announce a drop-off time when you can drop off your donations! Is donating not in your budget? No worries! The Pantry is also looking for original works of art from any and all ages that depict food for the Pantry's Newsletter. You can send a picture or scan of your family's artwork to tony@firstuusandiego.org

Parents' Lounge

Sundays, weekly, 11:40 am — 1 pm, <http://bit.ly/ParentsLounge>, Meeting ID 893 6750 9143, Passcode 473112. The Parents' Lounge has decided to go back to Zoom for their weekly meeting. All parents are welcome to join for connection, support and conversation.

Middle School Youth Group

March 14, Sundays (weekly), 1:30 pm, online. The Middle School UU Group (MUUGS) for youth in grades 6-8 will continue their exploration of the March worship theme, "Prophetic Voices." They will watch and discuss The Twilight Zone episode, "The Brain Center at Whipple's." To get more information, contact Käthe at kathe@firstuusandiego.org.

Senior High Youth

Youth in grades 9-12 are meeting online via Zoom on Wednesdays at 4:30 pm and Sundays at 3:30 pm. Senior High youth also enjoy Movie Night on Fridays at 5 pm. To get more info, contact Käthe at kathe@firstuusandiego.org.



Still Scamming!

Please be aware that this is still happening - even nationwide at our other UU churches. Especially during these tender times, folks are scamming church members in order to get gift cards purchased and sent to them. And, there's nothing we can do about it except warn you and educate you. **Never respond to any church member, staff or minister unless it comes from a valid church email, i.e. staffname@firstuusandiego.org. We do not use gmail accounts for our official church staff business.** The following is an example of the latest email scam going around. **No minister or staff member will ever reach out for help in this way!** Please be careful out there, stay safe, wear a mask when going out and wash your hands frequently!

From: Rev Kathleen Owens
<revkathleenowens2@gmail.com>
Date: January 25, 2021 8:37:42 AM PST
To: "First UU congregant email"
Subject: Many blessings

How are you doing?

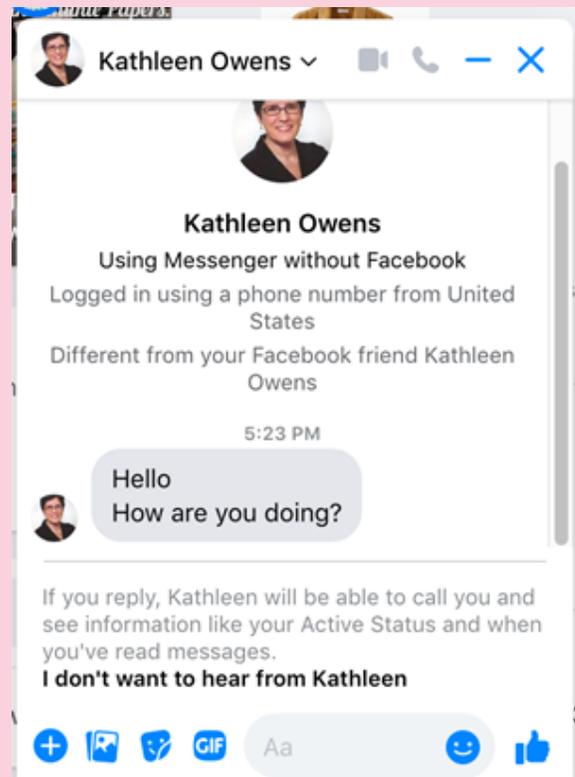
I need a favor from you email me back as soon as you get this message

PEACE BE WITH YOU

Many blessings

Rev. Kathleen Owens

Please be wary of false Facebook accounts like this:



South Bay Food Pantry News



Covid Stimulus Law Brings No Direct Payments to Food Pantry by Maureen McNair

Before we started the South Bay Food Pantry, I really never gave any thought to the difference between a food pantry and a food bank. But, the distinction is so important that, for instance, the Regional Diaper Bank prohibits us by written contract from calling ourselves a diaper bank. We can use other names, such as a diaper pantry or a diaper distribution, but not the word "bank." Read the rest of the article on our blog at www.firstuusandiego.org/blog/no-direct-payments

Pantry Seeks Chest Freezer

The food pantry is receiving an increasing amount of food that needs to be kept frozen until it is distributed Saturday mornings. If you would like to donate a new or gently used chest freezer to the pantry, please contact Maureen McNair.

How to Donate to the South Bay Food Pantry

Donate online via credit card at www.firstuusandiego.org/donations.html or make checks payable to FUUSD and write "SB Food Pantry" in the memo line. Mail checks to Robie Evans, FUUSD, 4190 Front St., San Diego, CA 92103.

Contact

You can email Maureen McNair at memcnair948@gmail.com. To reach the food pantry by phone call 619-271-5017. The phone will take your message.

The South Bay Food Pantry...

is located at 970 Broadway, Suite 101, Chula Vista 91911. It is open to the public Saturdays from 11 am - 12:30 pm and to congregants by appointment.

If You Need Food, There Are Lots of Options

Please come to the South Bay Food Pantry distribution every Saturday from 11 am - 12:30 pm, or, if you prefer, please make a private appointment to pick up food at day and time convenient for you.

If you need food and cannot get to the South Bay Food Pantry, please let us know. We may be able to arrange for a volunteer to deliver food to your home in confidence.

The Caring Volunteer Group provides rides, meals, and assists with other tasks upon request. Please contact Chris Smith at ChrisSmith7@cox.net or at 619-300-7477.

Call 211 or go to 211.org for the dates, times, and locations of free food distributions in your neighborhood throughout San Diego County.

The Uptown Community Service Center has a drive-in food pantry service on Monday and Friday, 3 pm — 6 pm (at the intersection of 30th & Landis St. in North Park - at St. Luke's Episcopal Church).

Register for CalFresh at <https://www.cdss.ca.gov/inforesources/calfresh> for monthly benefits for low-income families

Register for free meal delivery for seniors through the San Diego County Great Plates program at <https://www.sandiegocounty.gov/content/sdc/hhsa/programs/ais/greatplates.html>

Contact Rev. Kathleen Owens, Rev. Tania Márquez or intern minister Matthew Waterman, who handle the Minister's Discretionary Fund

Please feel comfortable to reach out to us in confidence if there is anything we can do for you!

Week at a Glance Calendar

Friday, March 12, 2020

Memory Matters Gathering

March 12, Fridays (second and fourth), 9:30 am — 11:30 am, Online. Email hybertsen@att.net for the link.

Emerging Young Adults

Fridays, weekly, 6 pm, online. For individuals between 17 and 25. Email Matthew at matthew@firstuusandiego.org.

Saturday, March 13, 2021

Saturday Science, Stories and Songs

Saturdays at 10 am. Children's RE programming. Request meeting information from tony@firstuusandiego.org.

South Bay Food Pantry Hours

970 Broadway Suite 101, Chula Vista 91911. Our food pantry distributes food every Saturday from 11 am — 12:30 pm.

Creative Writing Group

March 13, Saturdays (second), 12:30 pm — 2:30 pm, <http://bit.ly/CreativeWritingFirstUU>, or call in at 1-669-900-6833, Meeting ID: 991 6747 3549.

Sunday, March 14, 2020

Live Streamed Worship

Sundays, weekly, 9:30 am, <https://www.firstuusandiego.org/>.

Social Hour

Sundays, 10:30 am — 11:30 am, url <https://bit.ly/FirstUUSocialHour>, Meeting ID 824 042 297.

Compassion Corner

Sundays, weekly, 10:30 am — 11 am, <https://bit.ly/Compassioncorner1>, Meeting ID: 979 7637 7178 Passcode: 540948.

South Bay Social Hour

Sundays, weekly, 11 am, <https://bit.ly/SBSocialHour>. Join in for a South Bay Social Hour.

Parents' Lounge

Sundays, weekly, 11:40 am — 1 pm, <http://bit.ly/ParentsLounge>, Meeting ID 893 6750 9143, Passcode 473112.

Rainbow Action Group's Koffee Klatch

March 14, Sundays (second), 12 pm, URL <https://bit.ly/RainbowKlatch>, ID 899 4140 9956, PW 893622.

Children's Religious Education

Sundays, 1 pm. Request meeting information from tony@firstuusandiego.org.

Pagan Conversations

Sundays, weekly, 1 pm — 2 pm, Meeting Link: <https://bit.ly/PaganConversations> ID: 535-853-700.

Middle School Youth Group

Sundays at 1:30 pm. To get more info, contact Käthe at kathe@firstuusandiego.org.

Senior High Youth Group

Sundays at 3:30 pm. To get more info, contact Käthe at kathe@firstuusandiego.org.

Open Heart Sangha

Sundays, weekly, 4 pm — 5:30 pm, for the link to the meetings please contact Marge at margewur@gmail.com.

Monday, March 15, 2020

Women's Chorus Rehearsal

Mondays, weekly, soprano 4 pm — 4:45 pm, bit.ly/WomensChoirSoprano, alto 4:45 pm — 5:30 pm, bit.ly/WomensChoirAlto.

South Bay Singers Rehearsal

Mondays, weekly, 5:30 pm, bit.ly/SouthBaySingers.

Tuesday, March 16, 2020

Monthly Board Meeting

March 16, Tuesday, 6 pm, Online. Email President Sarah Ormond at: boardpresident@firstuusandiego.org.

Wednesday, March 17, 2020

Senior High Youth Game Day

Wednesdays at 4:30 pm. Contact kathe@firstuusandiego.org.

Happy Hour on the 8th Principle

Wednesday, March 17, 5:30 pm, <http://bit.ly/8thPrincipleHH>.

Young Adults

Wednesdays, 6 pm, online. A sacred time for individuals between 26 and 35 years of age. Please email Matthew at Matthew@firstuusandiego.org for information.

Mindfulness & Meditation Practice Group

Wednesdays, 7 pm — 9 pm, Online. Contact kmesecher@gmail.com for the Zoom link.

Upcoming Events

Living the Homestretch

March 20, Saturdays (third), 10 am, online at <https://bit.ly/LivingTheHomestretch>, Meeting ID 911 2242 6361.

Coping With Chronic Conditions Support Group

March 22, second and fourth Mondays, 1 pm — 3 pm, url <https://bit.ly/CopingCCGroup>, ID: 681-036-9317.

Fourth Monday Meeting of the UU Men's Fellowship

Monday, March 22, 7 pm, Zoom. A meeting open to all men. For more information email Kcohn@san.rr.com.

Join Robie!

March 24, second and fourth Wednesdays, 4 pm — 5 pm, url <http://bit.ly/JoinRobie2nd> or call 1-669-900-6833, Meeting ID 821 3727 4274.

Board Chat

Sundays (first), April 4, 10:30 am, <https://bit.ly/FirstUUBoardChat>, Meeting ID: 863 0218 5062 Passcode: 203946.

Arts & Crafts Creative Social

April 13, second Tuesdays, 3 pm — 5 pm, Link to meeting: <http://bit.ly/ArtGuildMeeting>, or call in at 1-669-900-6833, Meeting ID 945 4398 9126, Passcode 12345.

UUMen's Fellowship Virtual Spring Renewal

April 23 (evening), April 24 (all day). For information/registration, contact Mike Dorfi at mdorfi@cox.net or 629-466-5952.

Cosmos

Sundays (first), May 2, 1 pm — 3 pm, Online. Contact James Long at kyolong1@gmail.com for the link.

POSTMASTER: Please send address changes to
The Window, 4190 Front Street, San Diego, CA 92103-2098

First Unitarian Universalist Church of San Diego
4190 Front Street, San Diego, CA 92103-2098
Phone: 619-298-9978
E-mail: mail@firstuusandiego.org

Our Staff

Ministers:

Rev. Kathleen Owens, *Lead Minister*
Rev. Tania Márquez, *Assistant Minister*
Matthew Waterman, *Intern Minister*
Rev. Jim Grant and Rev. Löne Broussard, *Affiliate Ministers*
Rev. Bonnie Tarwater, Rev. Frank Piccone-Willey,
Rev. Julie Forest, and Rev. Katy Swanson

Affiliate Community Ministers

Rev. Dr. Carolyn S. Owen-Towle, *Minister Emerita*
Rev. Dr. Thomas A. Owen-Towle, *Minister Emeritus*

Music Staff:

Chase Pado, *Pianist*
Lorelei Garner, *SB Music Coordinator & Women's Chorus Director*
Andrea N-L, *JUUL Tones Ensemble Director*
Tony Bianca, *Handbell Program and Children's Choir Director*

Staff:

Robie Evans, *Director of Operations*
Käthe Larick, *Youth Programs Coordinator*
Tony Bianca, *Program Coordinator*
Rose Riedel, *Office Manager*
Jenner Daelyn, *Connections Coordinator*
Connie Hayes, *Bookkeeper / Controller*
Ray Evans, *Maintenance*
Mark Epler, *Event Coordinator*

Board of Trustees

Sarah Ormond, **President**
Rev. Julie Forest, **Vice President**
James Long, **Treasurer**
Laura Ball, **Secretary**
Angela Garcia-Sims, Andrea Gonzalez, Brian Krohne,
Kathleen MacLeod and Maureen McNair, **Trustees**

Important E-mail Addresses:

General First Church E-mail: mail@firstuusandiego.org
Scheduling of Church Property: schedule@firstuusandiego.org
The Window (newsletter): [window@firstuusandiego.org](mailto>window@firstuusandiego.org)
First Church Web Site: website@firstuusandiego.org
<http://www.firstuusandiego.org> (Main site)
<http://www.firstuusandiego.org/uus-of-the-south-bay>
(UUs of the South Bay)

Contact the Main Office (Hillcrest Campus):

First Unitarian Universalist Church of San Diego
4190 Front Street, San Diego, California 92103
619-298-9978 • mail@firstuusandiego.org
www.firstuusandiego.org

Office Hours:

Monday—Friday, 9 am to 4 pm and Sunday after Services
Sunday Morning Urgent Contact: 619-947-4612

Contact the South Bay Campus (Chula Vista):

Unitarian Universalists of the South Bay
970 Broadway, Suite 101 & 104, Chula Vista, California, 91911
619-271-5017 • uusouthbay@firstuusandiego.org
www.firstuusandiego.org/uus-of-the-south-bay
Campus Hours: Sunday for Service or By Arrangement