

# The Window

A Weekly Publication



### Our Mission

Our mission is to create community, to nurture spiritual growth, and to act on our values to help heal the world.  
Nuestra misión es crear comunidad, fomentar el crecimiento espiritual y vivir nuestros valores para ayudar a sanar el mundo.

### Our Eight Principles

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

1. The inherent worth and dignity of every person;
2. Justice, equity, and compassion in human relations;
3. Acceptance of one another, and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience, and the use of the democratic process within our congregations and in society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part;
8. Building a diverse multicultural Beloved Community by our actions that accountably dismantle racism and oppressions.

**Hillcrest Campus Location**  
4190 Front Street  
San Diego, CA 92103  
619-298-9978

**South Bay Campus Location**  
970 Broadway, Suite 104  
Chula Vista, CA 91911  
619-271-5017

February's Transformational Theme: **Seeking/Curiosity**

**Join Us for Worship Online!**

## Pacific Western Regional Assembly Worship

### Live Stream Worship

February 6, 2022 9:30 am, Online at: <https://www.firstuusandiego.org/>

## February 6 Generosity Offering

### UU Refugee and Immigrant Services and Education

Learn more: <http://uurise.org/>  
Donate: <https://bit.ly/UURISE-PWR>

The deadline for the next issue is:  
February 9 (**Wednesday**) at 8 am

If you would like an  
announcement placed in the  
Window, please email:  
[rose@firstuusandiego.org](mailto:rose@firstuusandiego.org)

**The Window submission  
maximum is 60 words**

## What's Happening?

### From Your Reopening Team – February 3, 2022

Q. *When can we all meet, in-person and outdoors?*

A. We're looking at the end of this month.

Q. *When can our choirs rehearse outdoors?*

A. We're looking at the end of this month.

Risk levels in San Diego are still "Severe," but we believe a drop, even down to "High," could be enough for us to meet outdoors safely. The team will meet on February 12 to make decisions about in-person outdoor services for late Feb. and early March. Our best guess about when the Omicron wave will pass its peak is anywhere between now and March 1.

Down the road, a further risk-level drop to some fraction of "High" could be enough for us to okay meeting indoors, though we have no guess about that timeframe. We do know that waiting to reach "Medium" could be forever, so that's not our goal.

We all have Covid fears, yet we're feeling impatient, a need to get on with things. The need to experience in-person gatherings — to be more human again — is different now, a more strongly felt need than at past checkpoints. We get this.

Please also know that those among us who are most at risk remain in our thoughts and concerns, and always will. At the same time, each person will have to decide for themselves how much risk they are personally willing to take as we resume our gatherings. So, it's very complex.

Being vaccinated and boosted is the best way you can avoid hospitalization and death due to any strain of Covid. We urge you to do your part, for yourself and those around you, as we look forward to meeting again. Once again, the end of the month is a hoped-for time for resuming some outdoor gatherings.

Zoom will continue to be an option for services and smaller meetings. The technical people are working on making Zoom sessions ever more interactive for greater participation.

Singing, especially masked and distanced, will of course resume outdoors before it's okay indoors. We're constantly checking local conditions in order to give a thumbs up as soon as possible. We know some other churches are going ahead of us, and this causes unhappy feelings. But please know that we are making progress, setting thresholds, watching the numbers. We are not standing still.

Rev. Kathleen McTigue begins her Minister-in-Residence time with us on February 15, and her first day in the pulpit will be February 20. We hope to take advantage of this date and enjoy it fully. In accordance with current UUA guidelines, risk reduction will be our primary consideration going forward. And yes, we on the team feel everything you feel.

### Materials Needed for February 6 Worship

The Service this Sunday, Feb. 6, has been planned and will be presented by the Pacific Western Region Staff/Team. It is an intergenerational, embodied experience that invites participation and movement. The PWR Team suggests having the following materials ready if you'd like to engage fully with the ritual experiences in the service: chalice, altar, bowl, pitcher or large vessel filled with cool water (you may select four different colored cups to represent the four rivers / districts), sand, coarse salt, stones and seeds. Go [HERE](#) for additional worship materials.

### Faith Empowering Resilience

After years of planning and delays, this week UU religious professionals from all over the continent are gathering in multiplatform ways for the Unitarian Universalist Ministers Association (UUMA) Institute for the Learning Ministry. The city of San Diego is hosting - both virtually and in embodied life - a week of learning, worship, and connection. When planning for the Institute began three years ago, leadership had no idea that Faith Empowering Resilience would be such a timely theme.

Many of the religious professionals who support our faith are creating and experiencing worship that is centering and expanding, grounding us in the familiar and exploring the possibilities. The keynotes are deepening our theological understandings and there are seminars for helping us understand ourselves better, as well as the systems and communities within which we live and work. Religious leaders cannot pour from an empty well and I celebrate sharing this moment of nourishment with y'all.

May you find nourishment in our faith at this time, dear ones.

With love, *Rev. Deanna*

### UU Men's Fellowship Spring Renewal

April 22-26, 2022. All men are welcome to the annual spring renewal to be held at Camp deBonneville Pines. For more info, contact [Mike Dorfi](#) (619-887-1748) or [John Holl](#) (619-417-1780) or watch the Window for more info. Registration may be limited to comply with Covid restrictions. Thursday evening arrival is available.

### Start The Year Off With a UUMF Support Group!

Are you looking for friends, fellowship and sharing with other men? One men's support group in our UU Men's Fellowship now has an opening. This group meets on the first and third Thursdays at 7 pm. To join or learn about our support groups, contact Armin Kuhlman [arminkuhlman396@gmail.com](mailto:arminkuhlman396@gmail.com) or 619-229-0204.

### How to Call Into a Zoom Meeting

Call into a Zoom meeting by phone at 1-669-900-6833. When prompted, enter the meeting ID number.

## What's Happening?

### From Your Nominating Committee

It's that time of year when we search for members interested in serving on the Board. We are looking for three First Church members who are passionate about our community, especially our commitment to a multi-cultural, anti-oppressive community. We seek members who can work collaboratively with others to guide our Church community as we navigate the coming years.

The Nominating Committee has scheduled three forums for Board members to answer questions about what it's like to be a Board member.

Dates and Times:

- Saturday, Feb. 19, 11 am
- Sunday, Feb. 20, 1 pm
- Monday, Feb. 21, 4 pm

For the forum meeting information, or if you are interested in serving or know someone you want to nominate contact [nomcom@firstuusandiego.org](mailto:nomcom@firstuusandiego.org).

### Transgender Inclusion Workshop

Want to learn more about Beloved Community, Radical Welcoming, gender diversity and Trans\* inclusion in our congregation? Please join us for our Spring session of the Transgender Inclusion Workshop, February 27 to April 10, 1 pm — 2:30 pm. We will gather on Zoom, and for six of these seven Sundays we will discuss a 45-55 minute video, which we view on our own time. The final Sunday we plan to implement what we've learned into our community. All are welcome! The course is free to participants. Please contact Les GrantSmith at [looscann@gmail.com](mailto:looscann@gmail.com) or Louise Titlow at [lmittlow@gmail.com](mailto:lmittlow@gmail.com) for enrollment information.

### Connections Committee

The Connections Committee urges church members to fill out the UUA Study Commission's Article II Study survey [www.uua.org/uuagovernance/committees/article-ii-study-commission](http://www.uua.org/uuagovernance/committees/article-ii-study-commission). Article II of the UUA's Bylaws, Principles and Purposes, is the foundation for all of the work of our UUA, which hasn't been discerned since 1987. The purpose of the survey is for UUs to reimagine the heart of Unitarian Universalism in the 21st Century. If interested in more information, please contact Kathleen MacLeod, a member of the Connections Committee, at [kmacleod1@cox.net](mailto:kmacleod1@cox.net).

## Volunteer Opportunities

### Virtual Sunday Social Hour Volunteers Needed

We are in need of volunteers to host the Virtual Hillcrest Sunday Social Hour on an ongoing, one week a month basis, and/or as a backup. Basic experience using Zoom and an enthusiasm for building community is all that is needed – we can teach you the rest! Contact [jenner@firstuusandiego.org](mailto:jenner@firstuusandiego.org) for more information.

### Interim Good Relations Committee Announcement

An Interim Good Relations Committee has been formed with Rev. Deanna Vandiver, Nancy Fisk, Christina Imhoof, and Louise Titlow as members, and we want to create a permanent Good Relations Committee in June. We will review the documents completed by the 2018 GRC Committee, decide on a process for congregational involvement in creating a new Good Relations Covenant, and establish an immediate process for reporting microaggressions and interpersonal conflicts that require resolution. Please contact Nancy at [nfisk@juno.com](mailto:nfisk@juno.com), Christina at [cimhoof@msn.com](mailto:cimhoof@msn.com), or Louise at [lmittlow@gmail.com](mailto:lmittlow@gmail.com) if you'd like to ask some questions, share some concerns, or if you're interested in serving on the future committee.

### Military Spending, Nuclear Arms, and the Environment

February 5, Saturday, 1 pm — 2 pm, [bit.ly/MSNAandEnvironment](http://bit.ly/MSNAandEnvironment). In conjunction with a visit to San Diego by the GOLDEN RULE FOUNDATION PEACE BOAT, attend a free webinar examining the relationship between military spending (especially for nuclear arms), military and nuclear impacts on climate and environment, and the potential to avert the climate crisis. For a schedule of PEACE BOAT sailing opportunities and information on webinar speakers, click [HERE](#).

### Virtual Hillcrest Social Hour

Feb. 6, Sundays, 10:30 am, [bit.ly/FirstUUSocialHour](http://bit.ly/FirstUUSocialHour), or call in at 1-669-900-6833, Meeting ID 824 042 297. Password provided during worship.

### Uke Cafe

Feb. 6, Sunday, 11 am, <https://bit.ly/ukecafe>. Join Tony on Zoom with your ukulele to learn some chords and play along to popular songs!

### Board Chat

February 6, Sundays (first), 12:30 pm, [bit.ly/FirstUUBoardChat](http://bit.ly/FirstUUBoardChat), or call in at 1-669-900-6833, Meeting ID: 863 0218 5062 Passcode: 203946. Ask a question of your Board or tell them something you would like them to know.

### Cosmos

February 6, Sundays (first), 1 pm — 3 pm, <https://bit.ly/CosmosFUUSD>, Passcode: 976520. We are currently watching Brian Swimme's series, *The Story of the Noosphere*. Please feel free to join us. The only prerequisite is an open heart and mind. Contact James Long [kyolong1@gmail.com](mailto:kyolong1@gmail.com) for information or meeting ID.

### Open Heart Sangha

Feb. 6, Sundays, weekly, 4 pm — 5:30 pm, online. The Open Heart Sangha continues to meet on Sunday afternoons through online Zoom gatherings. Contact Marge, [margewur@gmail.com](mailto:margewur@gmail.com) for the link.

You can follow us on *Twitter*! Our user name is [@firstuusd](#).

## What's Happening?

### Worship Planning

Feb. 8, Tuesdays, 4 pm, [bit.ly/WorshipPlanning1UU](http://bit.ly/WorshipPlanning1UU), Meeting ID 841 0548 1861 Passcode: 092833.

### Art Guild Monthly Arts & Crafts Creative Social

February 8, second Tuesdays, 3 pm — 5 pm, <http://bit.ly/FirstUUArtGuild> Meeting ID 860 2031 2916, Passcode 587290. Everyone is welcome. Bring a work to share and/or a project to work on. Doing something special? We would love to see it.

### Memory Matters Gathering

February 11, Fridays (second and fourth), 10 am — 11:30 am, Online, with Kathy Gilbert, LCSW, and Gay Hybertsen, LCSW. This is a place for those who worry about memory problems and forgetfulness; and their care partners. The gathering, therapeutic and educational, enables members to make new contacts, build trust, and learn to deal with the consequences of memory loss. Ongoing, drop in. Email [hybertsen@att.net](mailto:hybertsen@att.net) for the link.

### Creative Writing Group

February 12, Saturdays (second), 10:30 am — 12:30 pm, <http://bit.ly/CreativeWritingFirstUU>, or call in at 1-669-900-6833, Meeting ID: 868 9505 3014 Passcode: 361410. This group is for anyone with a desire to create and experiment with different styles of writing. This is a great space to meet individuals who want to share their creative abilities with others. RSVP to [evagarciamayers@yahoo.es](mailto:evagarciamayers@yahoo.es). A minimum of three attendees is required for the group to be hosted.

### Rainbow Action Group's Koffee Klatch

February 13, Sundays (second), 11:30 am, URL <https://bit.ly/RainbowKlatch>, password: 893622, or call in at 1-669-900-6833, ID 899 4140 9956, PW 893622. Rainbow Action Group's Koffee Klatch has gone virtual. Join us! All "family" friends and allies invited. The event is hosted by John Keasler and Louise Titlow.

### Valentine Drive Through

February 13, Sunday, 12:30 pm — 2:30 pm, Hillcrest Campus, Turnaround Circle. Stop by to pick up a Valentine Treat Bag from the Church Staff to you! We'll be in the Turnaround Circle by the Meeting House on the Hillcrest Campus. Stop by in your car any time during that timeframe. Enter via the access driveway right next to our parking lot entrance. We hope to see you there!

### Pagan Conversations

February 13, Sundays (second), 1 pm — 2 pm, [bit.ly/PaganConversations](http://bit.ly/PaganConversations), Meeting ID: 535-853-700. Join us for community and conversation.

### Coping With Chronic Conditions Support Group

February 14, Mondays (second and fourth), 1 pm, URL [bit.ly/CopingCCGroup](http://bit.ly/CopingCCGroup), or call 669-900-6833 with meeting ID 681-036-9317. New participants reach out to Chris Smith prior to attending a meeting at 619-300-7477 or email [chris.smith7@cox.net](mailto:chris.smith7@cox.net) to discuss our covenant and mission statement and receive the password.

### Caregivers/Allies Support Group

February 14, Mondays (second & fourth), 4 pm — 5:30 pm, online. The Caregivers/Allies Support Group is welcoming prospective new participants. We are meeting on the second and fourth Mondays. Members and friends who are seeking additional information about participating, contact Rose Riedel at [Rose@firstuusandiego.org](mailto:Rose@firstuusandiego.org).

### Monthly Board Meeting

February 15, Tuesday, 6 pm, online. Board of Trustees meetings are open to congregants via Zoom. Find the zoom link in the members only section of the [website](#).

### Music Lecture Series

Feb. 16, Wednesday, 7 pm, [bit.ly/MusicLectureSeries](http://bit.ly/MusicLectureSeries). Join us for our next installment in the musical lecture series. We'll celebrate Valentine's Day two days late as we explore the theme of "Love" and watch some of Broadway and operas most famous duets.

### Rainbow Twilight Walk

February 17, third Thursdays, 5 pm, the center of Balboa Park's museum area. Join us for exercise and in-person socializing. Contact John Keasler at 619-278-1267 or Louise Titlow at 619-990-5622 for info.

### Riding the Covid Roller Coaster

February 19, Saturday, 10 am, <https://bit.ly/UUSeniors>, or call in at 1-669-900-6833, Meeting ID 911 2242 6361. Gay Hybertsen, LCSW, will lead a program on the need for resilience and how to cultivate it as the Covid Pandemic evolves. Hosted by UU Seniors. Everyone is invited.

### Friends of Camp de Benneville Pines

February 20, Sundays (third), 6:30 pm — 8 pm, online. Friends of Camp de Benneville Pines meet via Zoom on third Sundays. Newcomers are welcome. To be added to the ZOOM invite list, please contact [john@schaibly.com](mailto:john@schaibly.com)

### Drop in With a Witch

February 27, Sundays (fourth), 1 pm — 2 pm, [bit.ly/PaganConversations](http://bit.ly/PaganConversations), Meeting ID: 535-853-700. Rhiannon Roselle will discuss any questions from the community regarding paganism in an informal setting.

### Book Discussion of *Children of the Same God*



February 27, Sunday, 4 pm, online. Join the Palestine-Israel Justice Team for a virtual book discussion, led by Rev. Dr. Omega Burckhardt, of *Children of the Same God: The Historical Relationship Between Unitarianism, Judaism, and Islam* by UU minister Susan Ritchie. Contact the justice team at [pi.justice.team@gmail.com](mailto:pi.justice.team@gmail.com) to borrow or purchase the book (\$5) from us. Register for the discussion at <https://ChildrenSameGod.eventbrite.com>.

## South Bay Campus

### Virtual South Bay Social Hour

Feb.6, Sundays, 11 am, [bit.ly/SBSocialHour](https://bit.ly/SBSocialHour). Meeting ID: 997 8730 8948. Password provided at worship service.

### South Bay Singers Rehearsal

Feb. 6, Mondays, 5:30 pm — 6:15 pm, [bit.ly/South Bay Singers](https://bit.ly/SouthBaySingers), Meeting ID: 831 5037 5219.

## Family Ministry

### Children's and Youth Programming

For most of the month of February we will not be meeting in person. "YoUUth Adventures: For Science!" youth group meetings will recommence once the church resumes in-person worship services. While we are not meeting in person we will offer the following ZOOM Programs for Children:

#### Uke Cafe

Wednesdays at 3:30 pm and Sundays at 11 am, <https://bit.ly/ukecafe>. Join Tony on Zoom with your ukulele to learn some chords and play along to popular songs!

#### Thursday Story and Check In

Thursdays, 4:30 pm, <https://bit.ly/storyandcheckin>. Join us to hear a story and check in with Kate and Tony!



### Medical Equipment for Loan

Our church has an inventory of medical equipment for loan (up to two months). If you would like to borrow a wheelchair, walker (regular and seated), crutches, knee scooter, toilet riser, bedside commode, canes, grabbers, or bed pan, call Chris Smith 619-300-7477 or Peggy Holl 619-787-5770. If you would like to donate used medical equipment in good working condition, let them know also.

## UU Partner News

### Unitarian Universalist Association Board of Trustees

One way the Unitarian Universalist Association (UUA) Board of Trustees serves the more than 148,000 members and over 1,000 member congregations of the UUA is through open communication and transparency in its own work.

To further encourage this open dialogue, the Board hosts monthly Open Houses. All are invited to attend and participate. Bring your comments, questions, and suggestions, and chat about the Board's work and the Unitarian Universalist (UU) issues that matter most to you.

Upcoming Board Open House Dates:

- Tuesday, February 8, 4 pm PT  
**Pre-register for the February 8th open house.\***
- Tuesday, March 8, 4 pm PT  
**Pre-register for the March 8th open house.\***

### 2021-2022 Taproot:

#### National UU BIPOC Space, Second Thursdays

Spring dates are Feb. 10, Mar. 10, Apr. 14, May 12, 5 pm — 6:15 pm. Black, Indigenous and People of Color Leaders rooted in the Unitarian Universalist congregations are invited to take part in this monthly, virtual gathering as we explore the pillars of rest and renewal, analysis building, and leadership development in creating means by which to ground ourselves in resilient communities of care. *This space is created by the UUA explicitly for people identifying as Black, Indigenous, and People of Color (BIPOC).* Learn more and register here: <https://www.uua.org/leadership/events/taproot-feb-2022>

### UU@UN Seminar: Displacement and Human Rights: All In for Climate Justice

April 22 - May 1, 2022. The 2022 Intergenerational Spring Seminar will address the theme "Displacement and Human Rights: All In for Climate Justice." The UU@UN is excited to be partnering with the Unitarian Universalist Ministry for Earth and UUSC on this event. **Learn more about the 2022 seminar** - online sessions, including opportunities for local gatherings in-person. **Registration** opens January 18.

### Ministry WITH Emerging Adults

February 22, Tuesday, 7 pm, Webinar. Presented by the **PWR Emerging Adult (EA) Task Force**. Resources, Tips, and Insights from EA's themselves to help you up your game when it comes to supporting and ministering WITH this keystone cohort in your congregation. Not to be missed! Register here: [www.uua.org/pacific-western/calendar/pwr-uua/emerging-adult-ministry](http://www.uua.org/pacific-western/calendar/pwr-uua/emerging-adult-ministry)

### Need a Ride to Medical Appointment or Church Event? An Errand Run? Occasional Meal?

Practical Care Network team of volunteers can help. Call the church office 619-298-9978 and press #2 to leave a message for Chris who will return your call, and coordinate with the network of volunteers to help fulfill your request.

## Social Justice

### National Black HIV/AIDS Awareness Day NBHAAD Monday, February 7, 2022

Black/African American people account for a higher proportion of new HIV diagnoses and people with HIV compared to all other races and ethnicities. Since 1999 NBHAAD has sought to raise awareness, fight stigma, prejudice and homophobia and reduce new infections and deaths among Black/African Americans from HIV/AIDS.

We want to acknowledge this day as our further commitment to supporting empowerment of all underserved peoples and fair access to health care and education for all.

[www.cdc.gov/hiv/group/raciaethnic/africanamericans/index.html](http://www.cdc.gov/hiv/group/raciaethnic/africanamericans/index.html)

<https://www.hiv.gov/events/awareness-days/black>

### Climate Action: Support Mission Bay ReWilding

San Diego's "De Anza Natural" proposal is better than previous plans for Mission Bay, but it doesn't fully meet the city's water quality, species protection, or sea level rise resiliency needs. ReWild Mission Bay's "Wildest" plan does, with more wetlands and public access equity. To compare the two plans [CLICK HERE](#) and [HERE](#), then send your comments to the City of San Diego by February 10 at [ningcequa@sandiego.gov](mailto:ningcequa@sandiego.gov) with "De Anza Natural" in the subject line.

### Climate Action: A Fun Way to Support the Environment – Emma's Revolution

On Friday, Feb. 11 at 5 pm Pacific time, fabulous duo Emma's Revolution offers an online concert to benefit the Unitarian Universalist Ministry for the Earth. Register [HERE](#) for the "pay what you can" songfest. You're guaranteed a good time!

## South Bay Food Pantry News

### Why I Love Leo Casas by Maureen McNair

Leo Casas is the property manager for the strip mall in Chula Vista where our South Bay Food Pantry is located. I do not know what I would have done without Leo for the last couple years... read the rest of the article on our blog at: [www.firstusandiego.org/blog/why-i-love-leo-casas](http://www.firstusandiego.org/blog/why-i-love-leo-casas)

### Volunteers Wanted to Pick Up Bread Donations from Con Pane

If you are available once or twice a month to pick up bread donations at Liberty Station and take them to the South Bay Food Pantry in Chula Vista, please contact Maureen for details. Your car will smell great! Thanks.

### The South Bay Food Pantry...

is located at 970 Broadway, Suite 101, Chula Vista 91911. It is open to the public Saturdays from 11 am - 12:30 pm and to congregants by appointment.

### Pantry Seeks Volunteers for Occasional Fridays to Help with Food Recovery from Grocery Stores

A State law in effect this month mandates grocery stores and some other food producers to donate edible food to pantries. We need some occasional help picking up donations on Friday mornings. You do not have to go inside the stores, so social distancing is practical. If you are available, please contact Maureen.

### How to Donate to the South Bay Food Pantry

Donate online at [firstusandiego.org/donations.html](http://firstusandiego.org/donations.html) or make checks payable to FUUSD and write "SB Food Pantry" in the memo line. Mail checks to Robie Evans, FUUSD, 4190 Front St., San Diego, CA 92103.

### Contact

Email Maureen McNair at [memcnair948@gmail.com](mailto:memcnair948@gmail.com). To reach the food pantry by phone call 619-271-5017.



## Week at a Glance Calendar

### Saturday, February 5, 2022

#### **Military Spending, Nuclear Arms, and the Environment**

Saturday, Feb. 5, 1 pm,

[bit.ly/MSNAandEnvironment](http://bit.ly/MSNAandEnvironment).

### Sunday, February 6, 2022

#### **Live Stream Worship**

Sunday, 9:30 am, watch the Service online:

[www.firstuusandiego.org/](http://www.firstuusandiego.org/)

#### **Virtual Hillcrest Social Hour**

Sundays, 10:30 am — 11:30 am,

[bit.ly/FirstUUSocialHour](http://bit.ly/FirstUUSocialHour), Meeting ID 824 042 297.

#### **Virtual South Bay Social Hour**

Sundays, 11 am, <https://bit.ly/SBSocialHour>

#### **Uke Cafe**

Sundays, 11 am, <https://bit.ly/ukecafe>. Join Tony on Zoom with your ukulele to learn some chords and play along to popular songs!

#### **Board Chat**

Sundays (first), Feb. 6, 12:30 pm,

[bit.ly/FirstUUBoardChat](http://bit.ly/FirstUUBoardChat), Meeting ID: 863 0218

5062 Passcode: 203946.

#### **Cosmos**

Sundays (first), February 6, 1 pm — 3 pm,

<https://bit.ly/CosmosFUUSD>, Passcode: 976520.

#### **Open Heart Sangha**

Sundays, weekly, 4 pm — 5:30 pm, for the link to the meetings please contact Marge at

[margewur@gmail.com](mailto:margewur@gmail.com).

### Tuesday, February 8, 2022

#### **Arts & Crafts Creative Social**

February 8, second Tuesdays, 3 pm — 5 pm,

<http://bit.ly/FirstUUArtGuild>, Meeting ID 860 2031

2916, Passcode 587290.

#### **Worship Planning**

Tuesdays, 4 pm — 5 pm, <https://bit.ly/Worship>

[Planning1UU](http://bit.ly/WorshipPlanning1UU), ID 878 4650 3375, Passcode 184690.



**First  
Unitarian Universalist  
Church of San Diego**

### Upcoming Events

#### **Memory Matters Gathering**

February 11, Fridays (second and fourth), 10 am — 11:30 am, Online. Email [hybertsen@att.net](mailto:hybertsen@att.net) for the link.

#### **Creative Writing Group**

February 12, Saturdays (second), 10:30 am — 12:30 pm, [bit.ly/CreativeWritingFirstUU](http://bit.ly/CreativeWritingFirstUU), ID: 868 9505 3014 Passcode: 361410.

#### **Rainbow Action Group's Koffee Klatch**

February 13, Sundays (second), 11:30 am,

<https://bit.ly/RainbowKlatch>, ID 899 4140 9956, PW 893622.

#### **Valentine Drive Through**

February 13, Sunday, 12:30 pm — 2:30 pm, Hillcrest Campus, Turnaround Circle. Stop by to pick up a Valentine Treat Bag from the Church Staff to you!

#### **Pagan Conversations**

February 13, Sundays (second), 1 pm — 2 pm,

[bit.ly/PaganConversations](http://bit.ly/PaganConversations), Meeting ID:

535-853-700.

#### **Coping With Chronic Conditions Support Group**

Mondays (second & fourth), February 14, 1 pm, URL

<https://bit.ly/CopingCCGroup>, meeting ID

681-036-9317.

#### **Caregivers/Allies Support Group**

Mondays (second), February 14, 4 pm — 5:30 pm, online. Contact Rose Riedel at

[Rose@firstuusandiego.org](mailto:Rose@firstuusandiego.org).

#### **Monthly Board Meeting**

Tuesday, Feb.15, 6 pm, Online. Find the zoom link in the members only section of the [website](#).

#### **Music Lecture Series**

Feb. 16, Wednesday, 7 pm,

[bit.ly/MusicLectureSeries](http://bit.ly/MusicLectureSeries).

#### **Rainbow Twilight Walk**

February 17, third Thursdays, 5 pm, the center of Balboa Park's museum area.

#### **Riding the Covid Roller Coaster**

February 19, Saturday, 10 am,

<https://bit.ly/UUSeniors>, Meeting ID 911 2242 6361. Hosted by UU Seniors. Everyone is invited.

#### **Friends of Camp de Benneville Pines**

Sundays (third), February 20, 6:30 pm — 8 pm,

online. To be added to the ZOOM invite list, please contact [john@schaibly.com](mailto:john@schaibly.com)

POSTMASTER: Please send address changes to  
The Window, 4190 Front Street, San Diego, CA 92103-2098

First Unitarian Universalist Church of San Diego  
4190 Front Street, San Diego, CA 92103-2098  
Phone: 619-298-9978, Fax: 619-298-9997  
E-mail: [mail@firstuusandiego.org](mailto:mail@firstuusandiego.org)

## Our Staff

### Ministers:

Rev. Deanna Vandiver, *Minister in Residence*  
Rev. Dr. Omega Burckhardt, *Assistant Minister*  
Rev. Jim Grant and Rev. Löne Broussard, *Affiliate Ministers*  
Rev. Bonnie Tarwater, Rev. Frank Placone-Willey,  
Rev. Julie Forest, and Rev. Katy Swanson  
*Affiliate Community Ministers*  
Rev. Dr. Carolyn S. Owen-Towle, *Minister Emerita*  
Rev. Dr. Thomas A. Owen-Towle, *Minister Emeritus*

### Music Staff:

Marshall Voit, *Music Director*  
Chase Pado, *Pianist*  
Lorelei Garner, *South Bay Music Coordinator*  
Andrea N-L, *JUUL Tones Ensemble Director*  
Tony Bianca, *Handbell Program Director*

### Staff:

Robie Evans, *Director of Operations*  
Tony Bianca, *Program Director*  
Käthe Larick, *Youth Programs Coordinator*  
Rose Riedel, *Office Manager and Scheduler*  
Jenner Daelyn, *Connections Coordinator*  
Kate Collier, *Program Assistant*  
Connie Hayes, *Bookkeeper / Controller*  
Ray Evans, *Maintenance*  
Joshua Morrison, *Janitor*  
Mark Epler, *Event Coordinator*

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### Important E-mail Addresses:

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(UUs of the South Bay)

### Contact the Main Office (Hillcrest Campus):

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### Office Hours:

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Admin Mobile Line: 619-947-4612

### Contact the South Bay Campus (Chula Vista):

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Campus Hours: Sunday for Service or By Arrangement