

The Window

A Weekly Publication



Our Mission

Our mission is to create community, to nurture spiritual growth, and to act on our values to help heal the world.
Nuestra misión es crear comunidad, fomentar el crecimiento espiritual y vivir nuestros valores para ayudar a sanar el mundo.

Our Seven Principles

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

1. The inherent worth and dignity of every person;
2. Justice, equity, and compassion in human relations;
3. Acceptance of one another, and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience, and the use of the democratic process within our congregations and in society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part.

Hillcrest Campus Location
4190 Front Street
San Diego, CA 92103
619-298-9978

South Bay Campus Location
970 Broadway, Suite 104
Chula Vista, CA 91911
619-271-5017

January's Transformational Theme: **Centering**

Join Us Online!

Sunday Morning Worship

January 24, 2021 9:30 am

"Centering Our Journeys" / "Centrando nuestras vidas"

Rev. Tania Y. Márquez, Assistant Minister

All In-Person Meetings on Both of Our Campuses Are Suspended Until Further Notice

Visit <https://www.firstuuusandiego.org/> on Sunday mornings to join us for virtual worship, and also to check the [blog](#) to keep up with the First UU staff! Some groups are meeting virtually, watch [The Window](#) for instructions & meeting times.

January 24 Generosity Offering

Camp de Benneville Pines

This week's generosity offering goes to Camp de Benneville Pines, Southern California's UU camp in the San Bernardino Mountains. Each dollar received will be matched by a generous First Church donor to fund their 2020/2021 Emergency Fund for sandbags and other flood control necessary after last summer's forest fires. You can donate using the donate button on our website at www.firstuuusandiego.org/donations.html, under gift designation select "Generosity." Or text "give" to 844-635-0025.

Journey Toward Wholeness (JTW)

What Can I Do?

A Challenge to First UU White Males:

Organizing White Men for Collective Liberation (OWMCL) is a national network mobilizing white men to learn, grow, & take action against white supremacy & patriarchy. RSVP for their ["White Men Resisting Violence & Hate,"](#) Sunday, January 24, 2021, 1 pm PST—a discussion of patriarchy, whiteness, & how to organize white men into our justice movements.

What's Happening?

Memory Matters Gathering

January 22, Fridays (second and fourth), 9:30 am — 11:30 am, Online, with Kathy Gilbert, LCSW, and Gay Hybertsen, LCSW. This is a place for those who worry about memory problems and forgetfulness; and their care partners. The gathering, therapeutic and educational, enables members to make new contacts, build trust, and learn to deal with the consequences of memory loss. Ongoing, drop in. Email hybertsen@att.net for the link.

Emerging Young Adults

January 22, Fridays, weekly, 6 pm, online. For individuals between 17 and 25, we host a weekly gathering where we can "go deeper" in our spirituality and UU-ism while also supporting each other in brave space. If you're interested, please email Matthew at mattthew@firstuuusandiego.org.

D4\$ Singalong

with Chris Hassett and Drew Massicot

If you have not selected the D4\$ Singalong with Chris Hassett and Drew Massicot, set for Saturday, January 23 at 10:30 am, you are invited to join us by donating **\$10 per household** to First UU's D4\$ program.

Send an email to DrewMassicot@yahoo.com and Robie@firstuuusandiego.org and let them know that you want to join this Zoom event and will make a \$10 donation. Once we receive your email we will send you the Zoom link a few days before the event. Chris and I have a great lineup of songs for you! All lyrics will be scrolled during the event, making it a 'green event'. This is a "LIVE" event so mark your calendars NOW! Hope to 'see you' on Zoom!

Compassion Corner

January 24, Sundays, weekly, 10:30 am — 11 am, Compassion Corner 1, <https://bit.ly/CompassionCorner1>, or call in at 1-669-900-6833, Meeting ID: 979 7637 7178 Passcode: 540948. A lay ministry listening space after the service. The room will be open from 10:30 am to 11 am. To protect your privacy, the room has a waiting room enabled, a lay minister will let you in once they are available to speak. If there is a delay, the lay minister may be speaking with another person and will let you in as soon as possible.

Social Hour

January 24, Sundays, weekly, 10:30 am — 11:30 am, <https://bit.ly/FirstUUSocialHour>, or call in at 1-669-900-6833, Meeting ID 824 042 297.

How to Call Into a Zoom Meeting

No computer? No Problem! You can still join us at our virtual meetings. To call into a Zoom meeting and join us by phone call 1-669-900-6833! When prompted, enter the meeting ID number and be connected.

8th Principle Board Forum

Sunday, January 24, 11:30 am, <http://bit.ly/8thPrincipleForum>, or call in at 1-669-900-6833, Meeting ID: 863 1526 7005, Passcode: 916960. Join us to welcome and learn from national UU experts on the 8th Principle and their churches' experience with discernment and adoption of the 8th Principle (different speakers each forum). We'll open the zoom room at 11:15 am. If you have questions about the meetings or the 8th Principle, call 619-709-2062 or email 8p@firstuuusandiego.org.

Pagan Conversations

January 24, Sundays, weekly, 1 pm — 2 pm, Meeting Link: <https://bit.ly/PaganConversations>, or call in at 1-669-900-6833, Meeting ID: 535-853-700. Join the Earth Centered Spirituality Circle (ECSC) via Zoom for a weekly, virtual version of Pagan Conversations. This is a time for pagans of varying traditions to come together in a guided discussion and be in community with one another. Topics vary weekly, and usually center on the church's monthly theme, upcoming Pagan holidays, and personal spiritual practice while allowing time to check in with how everyone is doing mentally, emotionally, and physically. If you have questions about the meeting, ECSC, paganism, or how our practices relate to Unitarian Universalism, contact sdpagansuu@gmail.com.

Open Heart Sangha

January 24, Sundays, weekly, 4 pm — 5:30 pm, online. The Open Heart Sangha continues to meet on Sunday afternoons through online Zoom gatherings. Contact Marge, margewur@gmail.com for the link.

Coping With Chronic Conditions Support Group

January 25, second and fourth Mondays, 1 pm, URL <https://bit.ly/CopingCCGroup>, or call 669-900-6833 with meeting ID 681-036-9317. New participants reach out to Chris Smith prior to attending a meeting at 619-300-7477 or email chris.smith7@cox.net to discuss our covenant and mission statement and receive the password.

Women's Chorus Rehearsal

January 25, Mondays, soprano 4 pm — 4:45 pm, <http://bit.ly/WomensChoirSoprano>, or call in at 1-669-900-6833, Meeting ID: 592 630 798. Alto 4:45 pm — 5:30 pm, <http://bit.ly/WomensChoirAlto>, or call in at 1-669-900-6833, Meeting ID: 870 3344 5238.

Fourth Monday Meeting of UU Men's Fellowship

Monday, January 25, 7 pm, online. We'll join men from all over the country, thanks to Zoom, to talk about ourselves and men's issues. More information will be sent to the UU Men's mailing list. To be added to the list or for information about this meeting, contact kcohn@san.rr.com.

Virtual Meetings with Matthew

Schedule a virtual appointment with Intern Minister Matthew Waterman visit:
calendly.com/mattyfromthebay/pastoral-care.

What's Happening?

Arts & Crafts Creative Social

Jan 26, second and fourth Tuesdays, 3 pm — 5 pm, Link to meeting: <https://bit.ly/ArtGuildSocial>, or call in at 1-669-900-6833, Meeting ID 945 4398 9126. Join members of the Art Guild for a few hours of creativity in community! Work on ongoing projects, create Artist Trading Cards, begin new work, or even color in a coloring book alongside other artists.

Worship Planning

January 26, Tuesdays, 4 pm — 5 pm, <https://bit.ly/WorshipPlanning1UU>, or call in at 1-669-900-6833, Meeting ID 878 4650 3375, Passcode 184690. If you're interested in learning how the worship service is created or have comments for the team to consider, you're welcome to attend the worship planning meeting. We want to encourage direct conversations and find ways to co-create worship that is meaningful.

Join Robie!

January 27, second and fourth Wednesdays, 4 pm — 5 pm, url <http://bit.ly/JoinRobie4th> or call 1-669-900-6833, Meeting ID 814 3746 1400. During these "stay at home" times, our Director of Operations, Robie, is missing her church friends, new and old, and even those she hasn't met yet. Robie looks forward to this get-together!

Young Adults

January 27, Wednesdays, weekly, 6 pm, online. A sacred time for individuals between 26 and 35 years of age to explore young adulthood, religion, spirituality, and support each other — with fun and humor. If you're interested in attending, we would love to have you. Email Matthew: Matthew@firstuusandiego.org for information.

Mindfulness & Meditation Practice Group

January 27, Wednesdays, 7 pm — 9 pm, [Mindfulness Practice Group](#). Led by Keith Mesecher. Mindfulness is the practice of living our lives deeply. This group is open to people new to mindfulness, as well as experienced practitioners. Please arrive a few minutes early so you can settle in and not disturb the flow by arriving after we have begun. Contact kmesecher@gmail.com.

Seminary for a Day

Saturday, January 30, 9:30 am — 12 pm, online. All are cordially invited to join us for our VIRTUAL Seminary for a Day at First Unitarian Portland. This year's spiritual theme is entitled, *Success, Failure, and Everything In Between*. Our keynote speaker is the Rev. Meg Riley, co-moderator of the UUA, the highest volunteer office of our movement. At Seminary for a Day Rev. Riley is eager to share what she has learned and reflect on how our faith's past weaknesses, successes and failures can help us now in our pursuits of equality and justice. Registration is open until 11 am on Friday, January 29. You will receive a Zoom link via email before the event. <https://www.firstunitarianportland.org/events/seminary-for-a-day-all-are-welcome/>

Kathleen's Book Discussion Group

Thursday, February 4, 2 pm, online. All are invited to participate in this book group discussion. We'll be discussing Isabel Wilkerson's book *Caste – The Origins of Our Discontents*. Sign up with Rose at rose@firstuusandiego.org to receive the Zoom link. If you have difficulties getting a copy of the book, please let Kathleen know soon and a copy will be made available.

Cosmos

February 7, Sundays (first), 1 pm — 3 pm, <https://bit.ly/CosmosFUUSD>. We are currently watching Mathematical Cosmologist and Physicist Brian Swinburne's series, *Canticle to the Cosmos*. Please feel free to join us. The only prerequisite is an open heart and mind. Contact James Long at kyolong1@gmail.com for information or meeting ID number.

Board Chat

Sundays (first), February 7, 10:30 am, <https://bit.ly/FirstUUBoardChat>, or call in at 1-669-900-6833, Meeting ID: 863 0218 5062 Passcode: 203946. Have a question for your Board of Directors or something you would like them to know? There's a Zoom Board Chat at 10:30 am right after our service.

New Creative Writing Group

February 13, Saturdays (second), 12:30 pm — 2:30 pm, <http://bit.ly/CreativeWritingFirstUU>, or call in at 1-669-900-6833, Meeting ID: 991 6747 3549. This group is for anyone with a desire to create and experiment with different styles of writing. At each two-hour meeting, different writing prompts and exercises will be offered, (including more experimental things like the use of images, film, etc) through which each of us can explore different ways of expressing ourselves on the page. After each exercise we would allow time for sharing. The group would then be able to provide constructive, creative feedback on our impressions of each other's work. This is a great space to meet individuals who want to meet and share their creative and artistic abilities with others, as well as networking and meeting individuals with creative drives and similar interests.

Information About Worship Services...

The worship team would like you to know that due to the rising number of Covid-19 cases, hospitalizations, deaths and potential variant strands, the worship team will not be going into the Meeting House to record services for the foreseeable future. We know how important it is to see the worship spaces at both of our campuses but the health of the team is important. So, we'll find other ways to bring you sights of our campuses while we remain as safe as we can. We'll continue to offer meaningful and rich services. Thank you for understanding this change; may we all do our part to mitigate this virus so in-person gatherings can become a reality.

Social Justice

Generosity Offering (GO) Framework

The Social Justice Executive Team (SJET) is introducing a restructured Generosity Offering (GO) framework that moves away from a one-time donation toward partnership and ongoing engagement with chosen organizations. We are doing this because we are committed to dismantling white supremacy culture and need to rethink our relationships with GO recipients. Please see the new protocol and information about submitting nominations:

www.firstuuusandiego.org/generosity-offerings.html

Film Discussion on Soil Regeneration

Thursday, January 28, 8 pm — 9 pm, <http://bit.ly/KissGround>. Film Discussion on Soil Regeneration: *Kiss the Ground*, available on Netflix or for rent. Watch this groundbreaking film beforehand about the first viable solution to our climate crisis and join a discussion via Zoom with the Earth Justice Advocates of First UU Oakland. For more information, contact: earthjustice@uuoakland.org.

These 3-minute tutorials are quite informative too:

- <https://www.youtube.com/watch?v=fSEtiixgRJI>
- https://www.youtube.com/watch?v=npu6GBbB-Oc&feature=emb_logo
- <https://www.youtube.com/watch?v=BuV5GOFz0gg>

Climate Justice Meeting

Sunday, February 21, 1 pm, Online. Save the date! Climate Justice discussion of health and climate effects of car exhaust, and proposals to reduce it. Watch the Window for further information.

Virtual Meetings with Angela

Schedule an appointment with Angela Fujii, Social Justice Coordinator, here:

calendly.com/angelafujii/30min



Our South Bay Campus

South Bay Social Hour

Sundays, January 24, 11 am, <https://bit.ly/SBSocialHour>, Meeting ID: 997 8730 8948. Join in for a South Bay Social Hour. The password will be provided during the worship service.

South Bay Singers Rehearsal

Jan 25, Mondays, 5:30 pm — 6:15 pm, <http://bit.ly/SouthBaySingers>, Meeting ID: 831 5037 5219.

Virtual Meetings with Rev. Tania

To schedule a virtual appointment with Rev. Tania, do so here: <https://calendly.com/tymt77/30min>.



SOUTH BAY FOOD, SOIL AND CLIMATE CHANGE CHAT



JAN
28
7PM

FEATURING

- Alex McDaniels, Brew Bar owner
- Tina Matthias, Chair of the Chula Vista Sustainability Commission
- Manuel Medrano, Environmental Services Manager



[FOR MORE INFORMATION, VISIT SANDIEGO350.ORG](http://sandiego350.org)

Family Ministry

Religious Education Programming

Here's what's happening:

Saturday Science & Stories - We'll gather in Zoom Saturday at 10 am to learn about animals and hear stories that help us explore our values.

Sunday RE - (Sundays at 1 pm) Join us on Sundays for more stories and discussion around our principles and values.

Homework Help - If you'd like your child to have some 1-on-1 time with Tony and/or other adult volunteers for help with school work, tutoring, mentoring, enrichment activities, or just to check in, please email Tony@firstuuusandiego.org to set up a time.

The zoom links for these meetings are not public, to request information contact:

tony@firstuuusandiego.org.

Parents' Lounge

Sundays, weekly, 11:40 am — 1 pm, <https://gather.town/app/bJgi72VcPaCb5yvv/ParentsLounge>,

password: ParentsLounge. Parents' Lounge will meet using a new platform, Gather. To join the meeting use the link above.

Middle School Youth Group

January 24, Sundays (weekly), 2 pm, online. The Middle School UU Group (MUUGS) for youth in grades 6-8 will continue their exploration of the January worship theme, "Centering." They will discuss the importance of being your authentic self after watching an episode from The Simpsons. To get more information, contact Käthe at kathe@firstuuusandiego.org.

Senior High Youth

Sunday, January 24, Youth in grades 9-12 are meeting online via Zoom on Wednesdays at 4:30 pm and Sundays at 11:30 am. Senior High youth also enjoy Movie Night on Fridays at 5 pm. To get more info, contact Käthe at kathe@firstuuusandiego.org.



Still Scamming!

Please be aware that this is still happening - even nationwide at our other UU churches. Especially during these tender times, folks are scamming church members in order to get gift cards purchased and sent to them. And, there's nothing we can do about it except warn you and educate you. **Never respond to any church member, staff or minister unless it comes from a valid church email**, i.e. `staffname@firstuuusandiego.org`. We do not use gmail accounts for our official church staff business. The following is an example of the latest email scam going around. **No minister or staff member will ever reach out for help in this way!** Please be careful out there, stay safe, wear a mask when going out and wash your hands frequently!

From: Rev Kathleen Owens

<reverendkathleenowens2@gmail.com>

Date: Monday, November 9, 2020 11:02 AM

To: "First UU congregant email"

Subject: MANY BLESSINGS

Hello How are you doing?

I need a favor from you

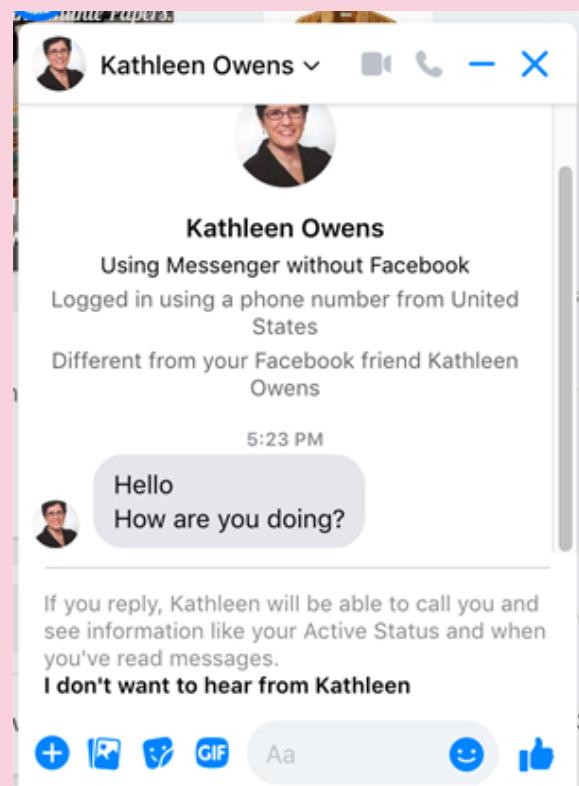
Text me back as soon as

you get this message

God Bless

Rev. Kathleen Owens

Please be wary of false Facebook accounts like this:



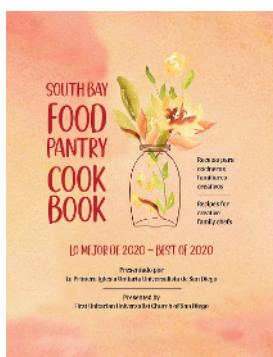
South Bay Food Pantry News

New Year Brings Disrupted Food Supply by Maureen McNair

I had been concerned about a difficult food supply system coming for the new year since early December. Pantry volunteers saw me hoarding pallets of dry goods. Even though I am really still new at understanding the complexities of food supply systems, it turns out my concern had merit.... Read the rest of the article on our blog at:

<https://www.firstuuusandiego.org/blog/new-year-brings>

Donate to the Food Pantry in January and Receive a Downloadable Copy of Our First Cookbook!!



Both one-time and monthly sustaining donations help us stay open! No amount is too small, or too large. To thank you, we are happy to offer you a downloadable copy of a cookbook we assembled to give as a holiday gift to our pantry clients, "South Bay Food Pantry Cookbook: The Best of 2020."

Donate online via credit card at www.firstuuusandiego.org/donations.html or make checks payable to FUUSD and write "SB Food Pantry" in the memo line. Mail checks to Robie Evans, FUUSD, 4190 Front St., San Diego, CA 92103.

In Person Food Donations Suspended Until Further Notice

Onsite pantry volunteers always appreciate your in-person food donations. But, now that the Covid-19 virus strain which is supposed to spread more easily has been identified in Chula Vista, we are suspending in-person food donations until further notice. We know this is a meaningful donation many people enjoy making. We will start receiving donations again when we know it is safe. Meanwhile, we are working to keep our food distribution open to the public while keeping personal contacts to the bare minimum. Thank you for your cooperation and understanding.

The South Bay Food Pantry...

is located at 970 Broadway, Suite 101, Chula Vista 91911. It is open to the public Saturdays from 11 am - 12:30 pm and to congregants by appointment.

If You Need Food, There Are Lots of Options

- * Please come to the South Bay Food Pantry distribution every Saturday from 11 am - 12:30 pm, or, if you prefer, please make a private appointment to pick up food at day and time convenient for you.
- * If you need food and cannot get to the South Bay Food Pantry, please let us know. We may be able to arrange for a volunteer to deliver food to your home in confidence.
- * The Caring Volunteer Group provides rides, meals, and assists with other tasks upon request. Please contact Chris Smith at ChrisSmith7@cox.net or at 619-300-7477.
- * Call 211 or go to 211.org for the dates, times, and locations of free food distributions in your neighborhood throughout San Diego County.
- * The Uptown Community Service Center has a drive-in food pantry service on Monday and Friday, 3 pm — 6 pm (at the intersection of 30th & Landis St. in North Park - at St. Luke's Episcopal Church).
- * Register for CalFresh at <https://www.cdss.ca.gov/inforesources/calfresh> for monthly benefits for low-income families
- * Register for free meal delivery for seniors through the San Diego County Great Plates program at <https://www.sandiegocounty.gov/content/sdc/hhsa/programs/ais/greatplates.html>
- * Contact Rev. Kathleen Owens, who handles the Minister's Discretionary Fund

Please feel comfortable to reach out to us in confidence if there is anything we can do for you!

Contact

Email Maureen McNair at memcnair948@gmail.com. To reach the food pantry by phone call 619-271-5017. The phone will take your message.



Calendar of Events

Friday, January 22, 2020

Memory Matters Gathering

January 22, Fridays (second and fourth), 9:30 am — 11:30 am, Online. Email hybertsen@att.net for the link.

Emerging Young Adults

Fridays, weekly, 6 pm, online. For individuals between 17 and 25. If you're interested, please email Matthew at matthew@firstuusandiego.org.

Saturday, January 23, 2021

Saturday Science, Stories and Songs

Saturdays at 10 am. Children's RE programming. Request meeting information from tony@firstuusandiego.org.

South Bay Food Pantry Hours

970 Broadway Suite 101, Chula Vista 91911. Our food pantry distributes food every Saturday from 11 am — 12:30 pm.

Sunday, January 24, 2020

Live Streamed Worship

Sundays, weekly, 9:30 am, <https://www.firstuusandiego.org/>

Social Hour

Sundays, 10:30 am — 11:30 am, url <https://bit.ly/FirstUUSocialHour>, Meeting ID 824 042 297.

South Bay Social Hour

Sundays, weekly, 11 am, <https://bit.ly/SBSocialHour>. Join in for a South Bay Social Hour.

8th Principle Board Forum

Sundays, January 24, 11:30 am, <http://bit.ly/8thPrincipleForum>, Meeting ID: 863 1526 7005, Passcode: 916960.

Senior High Youth Group

Sundays at 11:30 am. To get more info, contact Käthe at kathe@firstuusandiego.org.

Parents' Lounge

Sundays, weekly, 11:40 am — 1 pm, <https://gather.town/app/bJgi72VcPaCb5yvv/ParentsLounge>, password: ParentsLounge.

Children's Religious Education

Sundays, 1 pm. Request meeting information from tony@firstuusandiego.org.

Pagan Conversations

Sundays, weekly, 1 pm — 2 pm, Meeting Link: <https://bit.ly/PaganConversations> ID: 535-853-700.

Middle School Youth Group

Sundays at 2 pm. To get more info, contact Käthe at kathe@firstuusandiego.org.

Open Heart Sangha

Sundays, weekly, 4 pm — 5:30 pm, for the link to the meetings please contact Marge at margewur@gmail.com.

Monday, January 25, 2020

Coping With Chronic Conditions Support Group

January 25, second and fourth Mondays, 1 pm — 3 pm, url <https://bit.ly/CopingCCGroup>, ID: 681-036-9317.

Women's Chorus Rehearsal

Mondays, weekly, soprano 4 pm — 4:45 pm, bit.ly/WomensChoirSoprano, alto 4:45 pm — 5:30 pm, bit.ly/WomensChoirAlto.

South Bay Singers Rehearsal

Mondays, weekly, 5:30 pm, bit.ly/SouthBaySingers.

Fourth Monday Meeting of the UU Men's Fellowship

Monday, January 25, 7 pm, Zoom. A meeting open to all men. For more information email Kcohn@san.rr.com.

Tuesday, January 26, 2020

Arts & Crafts Creative Social

Jan 26, second and fourth Tuesdays, 3 pm — 5 pm, Link to meeting: <https://bit.ly/ArtGuildSocial>, Meeting ID 945 4398 9126.

Wednesday, January 27, 2020

Join Robie!

January 27, second and fourth Wednesdays, 4 pm — 5 pm, url <http://bit.ly/JoinRobie4th> or call 1-669-900-6833, Meeting ID 814 3746 1400.

Senior High Youth Game Day

Wednesdays at 4:30 pm. Contact kathe@firstuusandiego.org.

Young Adults

Wednesdays, 6 pm, online. A sacred time for individuals between 26 and 35 years of age. Please email Matthew at Matthew@firstuusandiego.org for information.

Mindfulness & Meditation Practice Group

Wednesdays, 7 pm — 9 pm, Online. Contact kmesecher@gmail.com for the Zoom link.

Upcoming Events

Kathleen's Book Discussion Group

Thursday, February 4, 2 pm, online. Sign up with Rose at rose@firstuusandiego.org to receive the Zoom link the week before the discussion.

Board Chat

Sundays (first), February 7, 10:30 am, <https://bit.ly/FirstUUBoardChat>, Meeting ID: 863 0218 5062 Passcode: 203946.

Cosmos

Sundays (first), February 7, 1 pm — 3 pm, Online. Contact James Long at kyolong1@gmail.com for the link.

New Creative Writing Group!

February 13, Saturdays (second), 12:30 pm — 2:30 pm, <http://bit.ly/CreativeWritingFirstUU>, or call in at 1-669-900-6833, Meeting ID: 991 6747 3549.

The Window, 4190 Front Street, San Diego, CA 92103-2098
POSTMASTER: Please send address changes to

E-mail: mail@firstuusandiego.org
Phone: 619-298-9978
4190 Front Street, San Diego, CA 92103-2098
First Unitarian Universalist Church of San Diego

Our Staff

Ministers:

Rev. Kathleen Owens, *Lead Minister*
Rev. Tania Márquez, *Assistant Minister*
Matthew Waterman, *Intern Minister*
Rev. Jim Grant and Rev. Löne Broussard, *Affiliate Ministers*
Rev. Bonnie Tarwater, Rev. Frank Piccone-Willey,
Rev. Julie Forest, and Rev. Katy Swanson
Affiliate Community Ministers
Rev. Dr. Carolyn S. Owen-Towle, *Minister Emerita*
Rev. Dr. Thomas A. Owen-Towle, *Minister Emeritus*

Music Staff:

Chase Pado, *Pianist*
Lorelei Garner, *SB Music Coordinator & Women's Chorus Director*
Andrea N-L, *JUUL Tones Ensemble Director*
Tony Bianca, *Handbell Program and Children's Choir Director*

Staff:

Robie Evans, *Director of Operations*
Käthe Larick, *Youth Programs Coordinator*
Tony Bianca, *Program Coordinator*
Rose Riedel, *Office Manager*
Angela Fujii, *Social Justice Coordinator and Scheduler*
Jenner Daelyn, *Connections Coordinator*
Connie Hayes, *Bookkeeper / Controller*
Ray Evans, *Maintenance*
Mark Epler, *Event Coordinator*

Board of Trustees

Sarah Ormond, *President*
Rev. Julie Forest, *Vice President*
James Long, *Treasurer*
Laura Ball, *Secretary*
Angela Garcia-Sims, Andrea Gonzalez, Brian Krohne,
Kathleen MacLeod and Maureen McNair, *Trustees*

Important E-mail Addresses:

General First Church E-mail: mail@firstuusandiego.org
Scheduling of Church Property: schedule@firstuusandiego.org
The Window (newsletter): [window@firstuusandiego.org](mailto>window@firstuusandiego.org)
First Church Web Site: [website@firstuusandiego.org](http://www.firstuusandiego.org)
<http://www.firstuusandiego.org> (Main site)
<http://www.firstuusandiego.org/uus-of-the-south-bay>
(UU's of the South Bay)

Contact the Main Office (Hillcrest Campus):

First Unitarian Universalist Church of San Diego
4190 Front Street, San Diego, California 92103
619-298-9978 • mail@firstuusandiego.org
www.firstuusandiego.org
Office Hours:
Monday—Friday, 9 am to 4 pm and Sunday after Services
Sunday Morning Urgent Contact: 619-947-4612

Contact the South Bay Campus (Chula Vista):

Unitarian Universalists of the South Bay
970 Broadway, Suite 101 & 104, Chula Vista, California, 91911
619-271-5017 • uusouthbay@firstuusandiego.org
www.firstuusandiego.org/uus-of-the-south-bay
Campus Hours: Sunday for Service or By Arrangement