

Welcome / Bienvenida-o First Unitarian Universalist Church of San Diego

*Create community, nurture spiritual growth, help heal the world.
Crear comunidad, fomentar el crecimiento espiritual, sanar el mundo.*

November's Monthly Theme: Democracy

"Dichotomy of Democracy"

Matthew Waterman, *Intern Minister*

Sunday, November 15, 2020

9:30 am



First
Unitarian Universalist
Church of San Diego

Prelude / Preludio

“Waiting on the World to Change” — John Mayer
~ Chase Pado, *Pianist*

Welcome and Land Acknowledgment / Bienvenida y Reconocimiento de la tierra

Church Hymn / Himno de la iglesia

Church Aspiration and Kindling of the Chalice / Aspiraciones de la iglesia y encendido del cáliz

Call to Worship / Llamado a la celebración

Song / Canto

#1010 “We Give Thanks”

Story / Cuento

Affirmation / Afirmación

Reading / Lectura

Excerpt from “Healing the Heart of Democracy” — Parker Palmer
“Sanar el corazón de la democracia” — Parker Palmer
~ Rev. Tania Y. Márquez, *Assistant Minister*

Song / Canto

“Make Me an Instrument of Your Peace” / “Hazme un instrumento de tu paz”

Meditation / Meditación

Special Music / Musica especial

“Holy, Holy Holy”
Handbell Choir
~ Tony Bianca, Director

Message / Mensaje

“Dichotomy of Democracy”
~ Matthew Waterman, *Intern Minister*

Song / Canto

#1028 “The Fire of Commitment”

Offering / Ofrenda

Extinguishing the Chalice and Blessing / Bendición

Postlude / Posludio

“Toccata in F” — Dietrich Buxtehude
~ Grace Lewis-McLaren, *Organist*

****Our sign language interpreter today is Paul Lambert.**

**** Join us for Social Hour at <https://bit.ly/FirstUUSocialHour>**

**** Join us for South Bay Social Hour at <https://bit.ly/SBSocialHour>**

#1010 “We Give Thanks”

Oh, we give thanks for this precious day,
For all gather'd here, and those far away;
For this time we share with love and care,
Oh, we give thanks for this precious day.

#1028 “The Fire of Commitment”

From the light of days remembered
burns a beacon bright and clear
Guiding hands and hearts and spirits
Into faith set free from fear.

When the fire of commitment
sets our mind and soul ablaze.
When our hunger and our passion
meet to call us on our way.
When we live with deep assurance
of the flame that burns within,
Then our promise finds fulfillment
and our future can begin.

From the stories of our living
rings a song both brave and free
Calling pilgrims still to witness to the life of liberty.

When the fire of commitment
sets our mind and soul ablaze.
When our hunger and our passion
meet to call us on our way.
When we live with deep assurance
of the flame that burns within,
Then our promise finds fulfillment
and our future can begin.

From the dreams of youthful vision
comes a new, prophetic voice
Which demands a deeper justice
built by our courageous choice.

When the fire of commitment
sets our mind and soul ablaze.
When our hunger and our passion
meet to call us on our way.
When we live with deep assurance
of the flame that burns within,
Then our promise finds fulfillment
and our future can begin.

Church Hymn

From all who dwell below the skies,
Let faith and hope with love arise,
Let beauty, truth, and good be sung,
Through ev'ry land, by ev'ry tongue.

De todos bajo el gran sol,
Surja esperanza, fe, amor
Verdad y belleza cantando,
De cada tierra, cada voz.

Our Affirmation

We are Unitarian Universalists,
a people of open minds, loving hearts,
and welcoming hands.

Somos Unitarios Universalistas,
personas de mentes abiertas,
corazones amorosos,
y manos que dan la bienvenida.

Church Aspiration

May love be the spirit of this church,
May the quest for truth be its sacrament,
And service be its prayer
To dwell together in peace,
To seek knowledge in freedom,
And to help one another in fellowship,
This is our Aspiration.

Que el amor sea la doctrina de esta iglesia,
la búsqueda de la verdad su sacramento,
y el servicio su oración.
Vivir juntos en paz,
buscar la verdad con libertad,
y ayudarnos mutuamente en comunidad,
a eso aspiramos.

Calendar of Events

Sunday, November 15, 2020

Social Hour

Sundays, weekly, 10:30 am — 11:30 am, url <https://bit.ly/FirstUUSocialHour>, Meeting ID 824 042 297.

South Bay Social Hour

Sundays, weekly, 11 am, <https://bit.ly/SBSocialHour>. Join in for a South Bay Social Hour.

Senior High Youth Group

Sundays at 11:30 am. To get more info, contact Käthe at kathe@firstuusandiego.org.

Parents' Lounge

Sundays, weekly, 11:40 am — 1 pm, url <https://bit.ly/FirstUUParentsLounge>.

Children's Religious Education

Sundays, 1 pm. Request meeting information from tony@firstuusandiego.org.

Pagan Conversations

Sundays, weekly, 1 pm — 2 pm, Meeting Link: <https://bit.ly/PaganConversations> Meeting ID: 535-853-700.

Middle School Youth Group

Sundays at 2 pm. To get more info, contact Käthe at kathe@firstuusandiego.org.

Open Heart Sangha

Sundays, weekly, 4 pm — 5:30 pm, for the link to the meetings please contact Marge at margewur@gmail.com.

Monday, November 16, 2020

Women's Chorus Rehearsal

Mondays, weekly, soprano 4:30 pm — 5:20 pm, bit.ly/WomensChoirSoprano, alto 5:30 pm — 6:20 pm, bit.ly/WomensChoirAlto.

South Bay Singers Rehearsal

Mondays, weekly, 6:30 pm, bit.ly/SouthBaySingers.

Tuesday, November 17, 2020

Monthly Board Meeting

November 17, Tuesday, 6 pm, Online. Email President Sarah Ormond at: boardpresident@firstuusandiego.org.

Wednesday, November 18, 2020

Senior High Youth Game Days

Wednesdays at 4:30 pm. Contact kathe@firstuusandiego.org.

Young Adults

Wednesdays, 6 pm, online. A sacred time for individuals between 26 and 35 years of age. Please email Matthew at Matthew@firstuusandiego.org for information.

Mindfulness & Meditation Practice Group

Wednesdays, 7 pm — 9 pm, Online. Contact kmesecher@gmail.com for the Zoom link.

Chalice Choir

Wednesdays, weekly, 7 pm — 8 pm, bit.ly/ChaliceChoir, Meeting ID: 810 8642 8898, PW: 878890.

Friday, November 20, 2020

Senior High Youth Movie Nights

Fridays at 5 pm. To get more info, contact Käthe at kathe@firstuusandiego.org.

Transgender Day of Remembrance

Friday, November 20, 5:30 pm, <http://bit.ly/TDORVespers>, ID: 868 0810 2879 Passcode: 722178.

Emerging Young Adults

Fridays, 6 pm, online. For individuals between 17 and 25. Please email Matthew at matthew@firstuusandiego.org.

Saturday, November 21, 2020

Living the Homestretch

November 21, Saturdays (third), 10 am, online at <https://bit.ly/LivingTheHomestretch>, Meeting ID 911 2242 6361.

Saturday Science, Stories and Songs

Saturdays at 10 am. Children's RE programming. Request meeting information from tony@firstuusandiego.org.

Food Pantry Hours

970 Broadway Suite 101, Chula Vista 91911. Our food pantry distributes food every Saturday from 11 am — 12:30 pm.

Upcoming Events

Coping With Chronic Conditions Support Group

November 23, second and fourth Mondays, 1 pm — 3 pm, url <https://bit.ly/CopingCCGroup>, ID: 681-036-9317.

Fourth Monday Meeting of the UU Men's Fellowship

Monday, November 23, 7 pm, Zoom. A meeting open to all men. For more information email Kcohn@san.rr.com.

Arts & Crafts Creative Social

November 24, second and fourth Tuesdays, 3 pm — 5 pm, <https://bit.ly/ArtGuildSocial>, Meeting ID 945 4398 9126.

Join Robie!

November 25, second and fourth Wednesdays, 4 pm — 5 pm, url <http://bit.ly/JoinRobie4th> or call 1-669-900-6833, Meeting ID 814 3746 1400.

"Thanxgrieving" Service

Wednesday, Nov 25, 5 pm, www.firstuusandiego.org.

Memory Matters Gathering

November 27, Fridays (second and fourth), 9:30 am — 11:30 am, Online. Email hybertsen@att.net for the link.

Cosmos

Sundays (first), December 6, 1 pm — 3 pm, Online. Contact James Long at kyolong1@gmail.com for the link.

Blood Brothers Book Discussion

Sunday, December 6, 4 pm, online. Register at <https://www.eventbrite.com/e/127016942093> to receive Zoom info prior to the discussion.

Rainbow Action Group's Koffee Klatch

December 13, Sundays (second), 12 pm, URL <https://bit.ly/RainbowKlatch>, ID 899 4140 9956, PW 893622.