

# Welcome / Bienvenida-o First Unitarian Universalist Church of San Diego

*Create community, nurture spiritual growth, help heal the world.  
Crear comunidad, fomentar el crecimiento espiritual, sanar el mundo.*

October's Monthly Theme: Reparations

"Many Paths to the Ancestors"

"Muchos Caminos Hacia los Antepasados"

Jenner Daelyn, Kiona Daelyn,  
Nancy Jo Mackey, Rhiannon Rudisill Roselle  
*Earth Centered Spirituality Circle*

Sunday, October 25, 2020

9:30 am

***Centering thought***

*"How do you honor your ancestors?  
What legacy will you leave when you join the ancestors?"*



**First  
Unitarian Universalist  
Church of San Diego**

## **Prelude / Preludio**

“Kinderscenen Op. 15 Scenes From Childhood” — Robert Schumann Schulz  
~ Chase Pado, *Pianist*

## **Introduction / Introducción**

~ Earth Centered Spirituality Circle leadership circle

## **Welcome and Land Acknowledgment / Bienvenida y reconocimiento de la tierra**

## **Church Hymn / Himno de la iglesia**

## **Church Aspiration and Kindling of the Chalice / Aspiraciones de la iglesia y encendido del cáliz**

## **Call to Worship / Llamado a la celebración**

Calling the Directions ~ ECSC leadership and Issel Martinez

## **Song / Canto**

#1051 “We Are” ~ GA Choir

## **Story / Cuento**

“Sugar Bear and Cinna Bear Build an Altar” ~ Rhiannon Rudisill Rosell

## **Song / Canto**

“Remember Me” ~ Women's Choir & South Bay Singers

## **Reflection / Reflexión**

“Dia de los Muertos” ~ Issel Martinez

## **Reflection / Reflexión**

“We are all Future Ancestors” ~ Nancy Jo Mackey

## **Song / Canto**

“We Shall Be Known” ~ Semi Tones

## **Reflection / Reflexión**

“European Ancestor Traditions” ~ Rhiannon Ruidisill Roselle

## **Poem / Poema**

“Lineage” ~ Jenner Daelyn

## **Reflection / Reflexión**

“Living Legacies” ~ Kiona Daelyn

## **Meditation / Meditación**

Honoring the dead of 2020

## **Meditation Song & Pictures of First UU's Beloved Dead / Imágenes y canciones de meditación**

“Comfort Me” — Ly Kynvi

## **Offering / Ofrenda**

## **Releasing the Directions**

## **Extinguishing the Chalice and Blessing / Bendición**

## **Postlude / Posludio**

“I Will Remember You”

*\*\*Our sign language interpreter today is Paul Lambert.*

\*\* Join us for Social Hour at <https://bit.ly/FirstUUSocialHour>

\*\* Join us for South Bay Social Hour at <https://bit.ly/SBSocialHour>

## #1051 "We Are"

For each child that's born, a morning star rises and sings  
to the universe who we are. 4x

We are our grandmother's prayers. And we are our  
grandfather's dreamings,  
And we are the breath of our ancestors.  
We are the spirit of God.

We are mothers of courage, fathers of time,  
Daughters of dust, and the sons of great visions.  
We are sisters of mercy, brothers of love, lovers of life,  
and the builders of nations.  
We are seekers of truth, keepers of faith, makers of  
peace, and the wisdom of ages.

We are our grandmother's prayers. We are the  
grandfather's dreamings,  
And we are the breath of our ancestors. We are the spirit  
of God.

We are mothers of courage, fathers of time, daughters of  
dust, and the sons of great visions.  
We are sisters of mercy, brothers of love, lovers of life,  
and the builders and nations.  
We're seekers of truth and the keepers of faith. We are  
the makers of peace, and the wisdom of ages..

We are our grandmother's prayers. We are our  
grandfather's dreamings, and we are the breath of our  
ancestors.  
We are the spirit of God.

We are our grandmother's prayers. We are our  
grandfather's dreamings, we are the breath of our  
ancestors.  
We are the spirit of God.

For each child that's born, a morning star rises and sings  
to the universe who we are. 2X

WE ARE ONE.

## Church Hymn

From all who dwell below the skies,  
Let faith and hope with love arise,  
Let beauty, truth, and good be sung,  
Through ev'ry land, by ev'ry tongue.

De todos bajo el gran sol,  
Surja esperanza, fe, amor  
Verdad y belleza cantando,  
De cada tierra, cada voz.

## Church Aspiration

May love be the spirit of this church,  
May the quest for truth be its sacrament,  
And service be its prayer  
To dwell together in peace,  
To seek knowledge in freedom,  
And to help one another in fellowship,  
This is our Aspiration.

Que el amor sea la doctrina de esta iglesia,  
la búsqueda de la verdad su sacramento,  
y el servicio su oración.  
Vivir juntos en paz,  
buscar la verdad con libertad,  
y ayudarnos mutuamente en comunidad,  
a eso aspiramos.

## Remember Me

Recuérdame, Hoy me tengo que ir mi amor  
Recuérdame, No llores por favor  
Te llevo en mi corazón y cerca me tendrás  
A solas yo te cantaré soñando en regresar

Recuérdame, Aunque tenga que emigrar  
Recuérdame, Si mi guitarra oyes llorar  
Ella con su triste canto te acompañará  
Hasta que en mis brazos tú estés  
Recuérdame

Remember me though I have to say goodbye.  
Remember me, don't let it make you cry.  
For even if I'm far away, I hold you in my arms.  
I sing a secret song to you each night we are apart.

Remember me, though I have to travel far.  
Remember me, each time you hear a sad guitar.  
Know that I'm with you the only way that I can be.  
Until you're in my arms again, recuerdame.  
(remember me)

## We Shall Be Known

We shall be known by the company we keep  
By the ones who circle round to tend these fires  
We shall be known by the ones who sow and reap  
The seeds of change, alive from deep within the earth

It is time now, it is time now that we thrive  
It is time we lead ourselves into the well  
It is time now, and what a time to be alive  
In this Great Turning we shall learn to lead in love  
In this Great Turning we shall learn to lead in love

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## Comfort Me

Comfort me, comfort me, comfort me, oh my soul. x2  
Sing with me, sing with me, sing with me, oh my soul. x2  
Speak for me, speak for me, speak for me, oh my soul x2  
Dance with me, dance with me, dance with me, oh my  
soul x2  
Comfort me, comfort me, comfort me, oh my soul. x2

## Our Affirmation

We are Unitarian Universalists,  
a people of open minds, loving hearts,  
and welcoming hands.

Somos Unitarios Universalistas,  
personas de mentes abiertas,  
corazones amorosos,  
y manos que dan la bienvenida.

# Calendar of Events

## Sunday, October 25, 2020

### **Social Hour**

Sundays, weekly, 10:30 am — 11:30 am, url  
<https://bit.ly/FirstUUSocialHour>, Meeting ID 824 042 297.

### **South Bay Social Hour**

Sundays, weekly, 11 am, <https://bit.ly/SBSocialHour>. Join in for a South Bay Social Hour.

### **UN Sunday**

Sunday, October 25, 11:30 am — 12:45 pm,  
<http://bit.ly/FirstUUunsunday>, Meeting ID: 824 5502 9743,  
Passcode: 602156.

### **Senior High Youth Group**

Sundays at 11:30 am. To get more info, contact Käthe at  
[kathe@firstuusandiego.org](mailto:kathe@firstuusandiego.org).

### **Parents' Lounge**

Sundays, weekly, 11:40 am — 1 pm, url  
<https://bit.ly/FirstUUParentsLounge>.

### **Children's Religious Education**

Sundays, 1 pm. Request meeting information from  
[tony@firstuusandiego.org](mailto:tony@firstuusandiego.org).

### **Pagan Conversations**

Sundays, weekly, 1 pm — 2 pm, Meeting Link:  
<https://bit.ly/PaganConversations> Meeting ID: 535-853-700.

### **Middle School Youth Group**

Sundays at 2 pm. To get more info, contact Käthe at  
[kathe@firstuusandiego.org](mailto:kathe@firstuusandiego.org).

### **Open Heart Sangha**

Sundays, weekly, 4 pm — 5:30 pm, for the link to the meetings  
please contact Marge at [margewur@gmail.com](mailto:margewur@gmail.com).

## Monday, October 26, 2020

### **Coping With Chronic Conditions Support Group**

October 26, second and fourth Mondays, 1 pm — 3 pm, url  
<https://bit.ly/CopingCCGroup>, ID: 681-036-9317.

### **Women's Chorus Rehearsal**

Mondays, weekly, soprano 4:30 pm — 5:20 pm,  
[bit.ly/WomensChoirSoprano](http://bit.ly/WomensChoirSoprano), alto 5:30 pm — 6:20 pm,  
[bit.ly/WomensChoirAlto](http://bit.ly/WomensChoirAlto).

### **South Bay Singers Rehearsal**

Mondays, weekly, 6:30 pm — 7:20 pm,  
<http://bit.ly/SouthBaySingers>.

### **Fourth Monday Meeting of the UU Men's Fellowship**

Monday, October 26, 7 pm, Zoom. A meeting open to all men.  
For more information email [Kcohn@san.rr.com](mailto:Kcohn@san.rr.com).

## Tuesday, October 27, 2020

### **Arts & Crafts Creative Social**

October 27, second and fourth Tuesdays, 3 pm — 5 pm, Link to  
meeting: <https://bit.ly/ArtGuildSocial>, Meeting ID 945 4398  
9126.

### **Turn Up Tuesdays**

October 27, Tuesdays, 6 pm — 8 pm,  
<http://bit.ly/TurnupTuesdays>, Meeting ID 913 8630 7033.

## Wednesday, October 28, 2020

### **Join Robie!**

October 14, second and fourth Wednesdays, 4 pm — 5 pm, url  
<http://bit.ly/JoinRobie4th>, Meeting ID 814 3746 1400.

### **Senior High Youth Game Days**

Wednesdays at 4 pm. To get more info, contact Käthe at  
[kathe@firstuusandiego.org](mailto:kathe@firstuusandiego.org).

### **Mindfulness & Meditation Practice Group**

Wednesdays, 7 pm — 9 pm, Online. Contact  
[keith@keithmesecher.com](mailto:keith@keithmesecher.com) for the Zoom link.

### **Chalice Choir**

Wednesdays, weekly, 7 pm — 8 pm, <http://bit.ly/ChaliceChoir>,  
Meeting ID: 810 8642 8898, PW: 878890.

## Friday, October 30, 2020

### **Senior High Youth Movie Nights**

Fridays at 5 pm. To get more info, contact Käthe at  
[kathe@firstuusandiego.org](mailto:kathe@firstuusandiego.org).

## Saturday, October 31, 2020

### **Saturday Science, Stories and Songs**

Saturdays at 10 am. Children's RE programming. Request  
meeting information from [tony@firstuusandiego.org](mailto:tony@firstuusandiego.org).

### **Food Pantry Hours**

970 Broadway Suite 101, Chula Vista 91911. Our food pantry  
distributes food every Saturday from 11 am — 12:30 pm.

## Upcoming Events

### **Zoom With Your Board**

Sunday, November 1, 10:30 am, <http://bit.ly/BoardChats>. Chat  
with Board members to find out what the Board is working on or  
voice your concerns for our congregation.

### **Cosmos**

Sundays (first), November 1, 1 pm — 3 pm, Online. Contact  
James Long at [kyolong1@gmail.com](mailto:kyolong1@gmail.com) for the link.

### **Día de muertos Vespers Service**

Sunday, November 1, 5 pm, online. Rev. Tania will be offering a  
Day of the Dead service. Email [tania@firstuusandiego.org](mailto:tania@firstuusandiego.org)  
for zoom meeting details.

### **DRUUMM**

Thursday, November 5, 6 pm, zoom. If you want to join, please  
email Rev. Tania Márquez at [tania@firstuusandiego.org](mailto:tania@firstuusandiego.org).

### **Rainbow Action Group's Koffee Klatch**

November 8, Sundays (second), 12 pm, URL  
<https://bit.ly/RainbowKlatch>, ID 899 4140 9956, PW 893622.