

Welcome / Bienvenida-o First Unitarian Universalist Church of San Diego

*Create community, nurture spiritual growth, heal the world.
Crear comunidad, fomentar el crecimiento espiritual, sanar el mundo.*

October's Monthly Theme: Reparations

"UU the Vote"

"El voto Unitario Universalista"

Rev. Dr. Susan Frederick-Gray, *UUA President*

Sunday, October 4, 2020

9:30 am



First
Unitarian Universalist
Church of San Diego

Church Hymn

From all who dwell below the skies,
Let faith and hope with love arise,
Let beauty, truth, and good be sung,
Through ev'ry land, by ev'ry tongue.

De todos bajo el gran sol,
Surja esperanza, fe, amor
Verdad y belleza cantando,
De cada tierra, cada voz.

Our Affirmation

We are Unitarian Universalists,
a people of open minds, loving hearts,
and welcoming hands.

Somos Unitarios Universalistas,
personas de mentes abiertas,
corazones amorosos,
y manos que dan la bienvenida.

Church Aspiration

May love be the spirit of this church,
May the quest for truth be its sacrament,
And service be its prayer
To dwell together in peace,
To seek knowledge in freedom,
And to help one another in fellowship,
This is our Aspiration.

Que el amor sea la doctrina de esta iglesia,
la búsqueda de la verdad su sacramento,
y el servicio su oración.
Vivir juntos en paz,
buscar la verdad con libertad,
y ayudarnos mutuamente en comunidad,
a eso aspiramos.

Prelude / Preludio

“Enter Rejoice and Come In” Instrumental
~ Louise Ruspini

Welcome and Land Acknowledgment / Bienvenida y reconocimiento de la tierra

~ Rev. Tania Y Márquez, *Assistant Minister*

Church Hymn / Himno de la iglesia

Church Aspiration and Kindling of the Chalice / Aspiraciones de la iglesia y encendido del cáliz

Call to Worship / Llamado a la celebración

Song / Canto

#131 “Love will guide us”

Time For All Ages / Cuento

“The Day Gogo Went to Vote”/ “El día que Gogo fue a votar”

— Elinor Batezat Sisulu, *author*

— Sharon Wilson, *illustrator*

Affirmation / Afirmación

Reflection/Reading / Leyendo

“Organizing for the Elections”

~ Rev. Cathy Rion-Starr

Song / Canto

“Grace and Mercy”

~ Amanda Thomas, *vocalist*

Meditation / Meditación

~ Rev. Mykal Slack

Special Music / Musica especial

“We Shall Be Known” — MaMuse

Message / Mensaje

“UU the Vote” / “El voto Unitario Universalista”

~ Rev. Dr. Susan Frederick-Gray, *UUA President*

Song / Canto

#170 “We Are Gentle, Angry People” / #36 “Cantando por nuestras vidas”

Offering Words / Ofrenda

Extinguishing the Chalice and Blessing / Bendición

“Call to Action”

~ Nicole Pressley

Postlude / Posludio

“Cradle Song” — Dmitry Borisovich Kabalevsky

***Our sign language interpreter today is Paul Lambert.*

** Join us for Social Hour at <https://bit.ly/FirstUUSocialHour>

** Join us for South Bay Social Hour at <https://bit.ly/SBSocialHour>

Calendar of Events

Sunday, October 4, 2020

Social Hour

Sundays, weekly, 10:30 am — 11:30 am, url <https://bit.ly/FirstUUSocialHour>, Meeting ID 824 042 297.

South Bay Social Hour

Sundays, weekly, 11 am, <https://bit.ly/SBSocialHour>. Join in for a South Bay Social Hour.

Middle School Youth Group

Sunday, October 4 at 11:30 am. To get more info, contact Käthe at kathe@firstuusandiego.org.

Parents' Lounge

Sundays, weekly, 11:40 am — 1 pm, url <https://bit.ly/FirstUUParentsLounge>.

Children's Religious Education

Sundays, 1 pm. Request meeting information from tony@firstuusandiego.org.

Cosmos

Sundays (first), October 4, 1 pm — 3 pm, Online. Contact James Long at kyolong1@gmail.com for the link.

Pagan Conversations

Sundays, weekly, 1 pm — 2 pm, Meeting Link: <https://bit.ly/PaganConversations> Meeting ID: 535-853-700.

Open Heart Sangha

Sundays, weekly, 4 pm — 5:30 pm, for the link to the meetings please contact Marge at margewur@gmail.com.

Monday, October 5, 2020

Women's Chorus Rehearsal

Mondays, weekly, soprano 4:30 pm — 5:20 pm, bit.ly/WomensChoirSoprano, alto 5:30 pm — 6:20 pm, bit.ly/WomensChoirAlto.

South Bay Singers Rehearsal

Mondays, weekly, 6:30 pm — 7:20 pm, <http://bit.ly/SouthBaySingers>.

Tuesday, October 6, 2020

Turn Up Tuesdays

Tuesdays, 6 pm — 8 pm, <http://bit.ly/TurnupTuesdays>, ID: 913 8630 7033. Contact ifurth@me.com.

Wednesday, October 7, 2020

Senior High Youth Game Days

Wednesdays at 4 pm. To get more info, contact Käthe at kathe@firstuusandiego.org.

Mindfulness & Meditation Practice Group

Wednesdays, 7 pm — 9 pm, Online. Contact keith@keithmesecher.com for the Zoom link.

Chalice Choir

Wednesdays, weekly, 7 pm — 8 pm, <http://bit.ly/ChaliceChoir>, Meeting ID: 810 8642 8898, PW: 878890.

Thursday, October 8, 2020

Rev. Kathleen's Book Discussion Group

Thursday, October 8, 2 pm — 3:30 pm, online. we'll be discussing Timothy Snyder's book *On Tyranny: Twenty Lessons from the Twentieth Century*. sign up with Rose at rose@firstuusandiego.org.

Friday, October 9, 2020

Senior High Youth Movie Nights

Fridays at 5 pm. To get more info, contact Käthe at kathe@firstuusandiego.org.

Saturday, October 10, 2020

Saturday Science, Stories and Songs

Saturdays at 10 am. Children's RE programming. Request meeting information from tony@firstuusandiego.org.

Food Pantry Hours

970 Broadway Suite 101, Chula Vista 91911. Our food pantry distributes food every Saturday from 11 am — 12:30 pm.

Upcoming Events

Memory Matters Gathering

October 9, Fridays (second and fourth), 9:30 am — 11:30 am, Online. Email hybertsen@att.net for the link.

Living the Homestretch

October 17, Saturdays (third), 10 am, online at <https://bit.ly/LivingTheHomestretch>, Meeting ID 911 2242 6361. Rev. Tania will discuss the "Day of the Dead" tradition from Meso-America and Ms. Jenner Daelyn will discuss earth-centered and pagan traditions for honoring the dead. The presentation will be followed by breakout group discussions. After the groups re-gather, there will be time for Q&A. All are invited.