

Welcome / Bienvenida-o First Unitarian Universalist Church of San Diego

*Create community, nurture spiritual growth, heal the world.
Crear comunidad, fomentar el crecimiento espiritual, sanar el mundo.*

June's Monthly Theme: Engagement

"Those Who Dare" "Los que se atreven"

Rev. Mary Katherine Morn

Sunday, June 7, 2020

9:30 am



First
Unitarian Universalist
Church of San Diego

Church Hymn

From all who dwell below the skies,
Let faith and hope with love arise,
Let beauty, truth, and good be sung,
Through ev'ry land, by ev'ry tongue.

De todos bajo el gran sol,
Surja esperanza, fe, amor
Verdad y belleza cantando,
De cada tierra, cada voz.

Our Affirmation

We are Unitarian Universalists, a people of open
minds, loving hearts, and welcoming hands.

Somos Unitarios Universalistas, personas de
mentes abiertas, corazones amorosos, y manos
que dan la bienvenida.

Church Aspiration

May love be the spirit of this church,
May the quest for truth be its sacrament,
And service be its prayer
To dwell together in peace,
To seek knowledge in freedom,
And to help one another in fellowship,
This is our Aspiration.

Que el amor sea la doctrina de esta iglesia, la
búsqueda de la verdad su sacramento, y el
servicio su oración.
Vivir juntos en paz, buscar la verdad con libertad,
y ayudarnos mutuamente en comunidad, a eso
aspiramos.

Prelude / Preludio

“Lean on Me” — Bill Withers
~ Chase Pado, *Pianist / Organist*

Welcome and Land Acknowledgment / Bienvenida y reconocimiento de la tierra

Church Hymn / Himno de la iglesia Church Aspiration and Kindling of the Chalice / Aspiraciones de la iglesia y encendido del cáliz

Call to Worship / Llamado a la celebración

~ Rev. Tania Márquez, *Assistant Minister*

Song / Canto

#123 “Spirit of Life” / “Fuente de Amor”

Time For All Ages / Cuento

Adapted from the history “Righteous Among the Nations”

Affirmation / Afirmación

~ Tony Bianca, *Program Assistant*

Reading / Lectura

“Gird Thyself” — Jessica York

Meditation / Meditación

~ Rev. Kathleen Owens, *Lead Minister*

Song / Canto

#1009 “Meditation on Breathing”

Message / Mensaje

“Those Who Dare” / “Los que se atreven”

~ Rev. Mary Katherine Morn

Offering Words / Ofrenda

Song / Canto

#1014 “Answering the Call of Love”

Extinguishing the Chalice and Blessing / Bendición

Postlude / Posludio

“One Love” — Bob Marley

***Our sign language interpreter today is Paul Lambert.*

**** Join us for Social Hour at <https://bit.ly/FirstUUSocialHour>**

#123 “Spirit of Life” “Fuente de Amor”

Spirit of Life, come unto me.
Sing in my heart all the stirrings of compassion.
Blow in the wind, rise in the sea;
move in the hand, giving life the shape of justice.
Roots hold me close; wings set me free;
Spirit of Life, come to me, come to me.

Fuente de Amor, ven hacia mí.
Y al corazón, cántale tu compasión.
Sopla al volar, sube en la mar,
hasta moldear la justicia de la vida.
Arrágame, libérame,
Fuente de Amor, ven a mí, ven a mí.

#1014 “Answering the Call of Love”

The promise of the Spirit: faith, hope and love abide.
And so ev’ry soul is blessed and made whole;
the truth in our hearts is our guide.

We are answering the call of love:
hands joined together as hearts beat as one.
Emboldened by faith, we dare to proclaim
we are answering the call of love.

Sometimes we build a barrier
to keep love tightly bound.
Corrupted by fear, unwilling to hear,
denying the beauty we’ve found.

We are answering the call of love:
hands joined together as hearts beat as one.
Emboldened by faith, we dare to proclaim
we are answering the call of love.

A bright new day is dawning when love will not divide.
Reflections of grace in ev’ry embrace,
fulfilling the vision divine.

We are answering the call of love:
hands joined together as hearts beat as one.
Emboldened by faith, we dare to proclaim
we are answering the call of love.

#1009 “Meditation on Breathing” “Meditación sobre la respiración”

When I breathe in,
I’ll breathe in peace.
When I breathe out,
I’ll breathe out love.

Cuando inhale, respiraré en paz.
Cuando exhale, exhalaré amor.
Inhala, exhala.

#1014 “Respondiendo al llamado del amor”

La promesa del Espíritu: la fe,
la esperanza y el amor permanecen.
Y así cada alma es bendecida y unificada;
La verdad en nuestros corazones es nuestra guía.

Estamos respondiendo al llamado del amor,
Las manos unidas mientras los corazones
laten como uno.

Incentivados por la fe, nos atrevemos a proclamar
Estamos respondiendo al llamado del amor.

A veces construimos una barrera
Para mantener el amor bien amarrado.
Corrompido por el miedo, dispuesto a no escuchar,
Negando la belleza que hemos encontrado.

Estamos respondiendo al llamado del amor,
Las manos unidas mientras los corazones
laten como uno.

Incentivados por la fe, nos atrevemos a proclamar
Estamos respondiendo al llamado del amor.

Amanece un nuevo día brillante
Cuando el amor no dividirá.
Reflejos de cortesía en cada abrazo,
Cumpliendo la visión divina.

Estamos respondiendo al llamado del amor,
Las manos unidas mientras los corazones
laten como uno.

Incentivados por la fe, nos atrevemos a proclamar
Estamos respondiendo al llamado del amor.

Calendar of Events

Sunday, June 7, 2020

Social Hour

Sundays, weekly, 10:30 am — 11:30 am, url <https://bit.ly/FirstUUSocialHour>, Meeting ID 824 042 297.

South Bay Campus Meeting

Sunday, June 7, 11 am, bit.ly/MeetingSB. Join us for a brainstorming session about our South Bay campus in the months ahead.

Parents' Lounge

Sundays, weekly, 11:30 am — 1 pm, url <https://bit.ly/FirstUUParentsLounge>.

First UU Youth Group

Sundays at 11:30 am. To get more info, contact Käthe at kathe@firstuusandiego.org.

Pagan Conversations

Sundays, weekly, 1 pm — 2:30 pm, Meeting Link: <https://bit.ly/PaganConversations> Meeting ID: 535-853-700.

Cosmos

Sundays (first), June 7, 1 pm — 3 pm, Online, Contact James Long at kyolong1@gmail.com for the link to the meeting.

Open Heart Sangha

Sundays, weekly, 4 pm — 5:30 pm, for the link to the meetings please contact Marge at margewur@gmail.com.

Monday, June 8, 2020

Coping With Chronic Conditions Support Group

Mondays, weekly, 1 pm — 3 pm, url <https://bit.ly/CopingCCGroup>, Meeting ID 681-036-9317.

South Bay Singers Rehearsal

Mondays, weekly, 6:30 pm, bit.ly/SBSingers.

Tuesday, June 9, 2020

Arts & Crafts Creative Social

June 9, second and fourth Tuesdays, 3 pm — 5 pm, Link to meeting: <https://bit.ly/ArtGuildSocial>.

Wednesday, June 10, 2020

First UU Youth Game Days

Wednesdays at 3:30 pm. To get more info, contact Käthe at kathe@firstuusandiego.org.

Join Robie! – Zoom Chat Open House

June 10, second and fourth Wednesdays, 4 pm — 5 pm, url <https://bit.ly/AskRobie>, Meeting ID 577-697-458.

El Puerto

Miércoles a las 4 pm El Puerto: bit.ly/ToElpuerto

The Harbor

Wednesdays at 6:30 pm The Harbor: <https://bit.ly/TheHarbor1stUU>

Thursday, June 11, 2020

Women's Chorus Rehearsal

Thursdays, weekly, 1:15 pm, bit.ly/WChoir.

The Way of Gratitude

Thursday, June 11, 2 pm, Webinar, Watch [our website](#) for more details.

Upcoming Events

Monthly Board Meeting

Tuesday, June 16, 6 pm, Online. Board of Trustees meetings are open to congregants via Zoom. For meeting information email Vice President Sarah Ormond at: sarahormond@yahoo.com.

Rev. Kathleen's Book Discussion

Thursday, June 18, 4:30 pm - 6:30 pm, Online. Please sign up with Rose@firstuusandiego.org as there is a 12 person limit.

Living the Homestretch

Saturday, June 20, 10 am, online at <https://bit.ly/LivingTheHomestretch>. Dr. Lynn Northrup will lead a discussion on Psychological Flexibility for Seniors in a Difficult World. She will provide an overview of the concepts, followed by breakout group discussions. After the groups report back on their conversations, Lynn will share her thoughts on the issues that are raised. All are invited. The meeting will be on Zoom with the link for Zoom published next week.

Friends of de Benneville

Sunday, June 21, 7 pm, Online. Join the Friends of de Benneville. Contact Mac Downing m2cdow4@yahoo.com for meeting information.

Climate Justice Team Meeting

Saturday, June 27, 1:30 pm — 3 pm, contact Bev Harju or Sylvia Ollinger at harjub@ecu.edu or sjolling06@hotmail.com.