Welcome / Bienvenida-o
First Unitarian Universalist
Church of San Diego

Create community, nurture spiritual growth, heal the world.
Crear comunidad, fomentar el crecimiento espiritual, sanar el mundo.

June's Monthly Theme: Engagement

"Those Who Dare"
"Los que se atreven"
Rev. Mary Katherine Morn
Sunday, June 7, 2020
9:30 am

Church Hymn
From all who dwell below the skies,
Let faith and hope with love arise,
Let beauty, truth, and good be sung,
Through ev'ry land, by ev'ry tongue.

De todos bajo el gran sol,
Surja esperanza, fe, amor
Verdad y belleza cantando,
De cada tierra, cada voz.

Church Aspiration
May love be the spirit of this church,
May the quest for truth be its sacrament,
And service be its prayer
To dwell together in peace,
To seek knowledge in freedom,
And to help one another in fellowship,
This is our Aspiration.

Que el amor sea la doctrina de esta iglesia, la
búsqueda de la verdad su sacramentó, y el
servicio su oración.
Vivir juntos en paz, buscar la verdad con libertad,
y ayudarnos mutuamente en comunidad, a eso
aspiramos.

Our Affirmation
We are Unitarian Universalists, a people of open minds, loving hearts, and welcoming hands.

Somos Unitarios Universalistas, personas de mentes abiertas, corazones amorosos, y manos que dan la bienvenida.
Prelude / Preludio
“Lean on Me” — Bill Withers
~ Chase Pado, Pianist / Organist

Welcome and Land Acknowledgment / Bienvenida y reconocimiento de la tierra

Church Hymn / Himno de la iglesia
Church Aspiration and Kindling of the Chalice / Aspiraciones de la iglesia y encendido del cáliz

Call to Worship / Llamado a la celebración
~ Rev. Tania Márquez, Assistant Minister

Song / Canto
#123 “Spirit of Life” / “Fuente de Amor”

Time For All Ages / Cuento
Adapted from the history “Righteous Among the Nations”

Affirmation / Afirmación
~ Tony Bianca, Program Assistant

Reading / Lectura
“Gird Thyself” — Jessica York

Meditation / Meditación
~ Rev. Kathleen Owens, Lead Minister

Song / Canto
#1009 “Meditation on Breathing”

Message / Mensaje
“Those Who Dare” / “Los que se atreven”
~ Rev. Mary Katherine Morn

Offering Words / Ofrenda

Song / Canto
#1014 “Answering the Call of Love”

Extinguishing the Chalice and Blessing / Bendición

Postlude / Posludio
“One Love” — Bob Marley

**Our sign language interpreter today is Paul Lambert.
** Join us for Social Hour at https://bit.ly/FirstUUSocialHour
#123 “Spirit of Life”  
“Fuente de Amor”  
Spirit of Life, come unto me.  
Sing in my heart all the stirrings of compassion.  
Blow in the wind, rise in the sea;  
move in the hand, giving life the shape of justice.  
Roots hold me close; wings set me free;  
Spirit of Life, come to me, come to me.

Fuente de Amor, ven hacia mí.  
Y al corazón, cántale tu compasión.  
Sopla al volar, sube en la mar,  
 hasta moldear la justicia de la vida.  
Arráigame, libérame,  
Fuente de Amor, ven a mí, ven a mí.

#1009 “Meditation on Breathing”  
“Meditación sobre la respiración”  
When I breathe in,  
I’ll breathe in peace.  
When I breathe out,  
I’ll breathe out love.

Cuando inhale, respiraré en paz.  
Cuando exhale, exhalaré amor.  
Inhala, exhala.

#1014 “Answering the Call of Love”  
The promise of the Spirit: faith, hope and love abide.  
And so ev’ry soul is blessed and made whole;  
the truth in our hearts is our guide.

We are answering the call of love:  
hands joined together as one.  
Emboldened by faith, we dare to proclaim  
we are answering the call of love.

Sometimes we build a barrier  
to keep love tightly bound.  
Corrupted by fear, unwilling to hear,  
denying the beauty we’ve found.

We are answering the call of love:  
hands joined together as hearts beat as one.  
Emboldened by faith, we dare to proclaim  
we are answering the call of love.

A bright new day is dawning when love will not divide.  
Reflections of grace in ev’ry embrace,  
fulfilling the vision divine.

We are answering the call of love:  
hands joined together as hearts beat as one.  
Emboldened by faith, we dare to proclaim  
we are answering the call of love.
Calendar of Events

Sunday, June 7, 2020
Social Hour

South Bay Campus Meeting
Sunday, June 7, 11 am, bit.ly/MeetingSB. Join us for a brainstorming session about our South Bay campus in the months ahead.

Parents’ Lounge

First UU Youth Group
Sundays at 11:30 am. To get more info, contact Käthe at kathe@firstuusandiego.org.

Pagan Conversations

Cosmos
Sundays (first), June 7, 1 pm — 3 pm, Online, Contact James Long at kyolong1@gmail.com for the link to the meeting.

Open Heart Sangha
Sundays, weekly, 4 pm — 5:30 pm, for the link to the meetings please contact Marge at margewur@gmail.com.

Monday, June 8, 2020
Coping With Chronic Conditions Support Group

South Bay Singers Rehearsal
Mondays, weekly, 6:30 pm, bit.ly/SBSingers.

Tuesday, June 9, 2020
Arts & Crafts Creative Social
June 9, second and fourth Tuesdays, 3 pm — 5 pm, Link to meeting: https://bit.ly/ArtGuildSocial.

Wednesday, June 10, 2020
First UU Youth Game Days
Wednesdays at 3:30 pm. To get more info, contact Käthe at kathe@firstuusandiego.org.

Join Robie! – Zoom Chat Open House

El Puerto
Miércoles a las 4 pm El Puerto: bit.ly/ToElpuerto

The Harbor
Wednesdays at 6:30 pm The Harbor: https://bit.ly/TheHarbor1stUU

Thursday, June 11, 2020
Women’s Chorus Rehearsal
Thursdays, weekly, 1:15 pm, bit.ly/WChoir.

The Way of Gratitude
Thursday, June 11, 2 pm, Webinar, Watch our website for more details.

Upcoming Events

Monthly Board Meeting
Tuesday, June 16, 6 pm, Online. Board of Trustees meetings are open to congregants via Zoom. For meeting information email Vice President Sarah Ormond at sarahormond@yahoo.com.

Rev. Kathleen’s Book Discussion
Thursday, June 18, 4:30 pm - 6:30 pm, Online. Please sign up with Rose@firstuusandiego.org as there is a 12 person limit.

Living the Homestretch
Saturday, June 20, 10 am, online at https://bit.ly/livingTheHomestretch. Dr. Lynn Northrup will lead a discussion on Psychological Flexibility for Seniors in a Difficult World. She will provide an overview of the concepts, followed by breakout group discussions. After the groups report back on their conversations, Lynn will share her thoughts on the issues that are raised. All are invited. The meeting will be on Zoom with the link for Zoom published next week.

Friends of de Benneville
Sunday, June 21, 7 pm, Online. Join the Friends of de Benneville. Contact Mac Downing m2cdow4@yahoo.com for meeting information.

Climate Justice Team Meeting
Saturday, June 27, 1:30 pm — 3 pm, contact Bev Harju or Sylvia Ollinger at harjub@ecu.edu or sjolling06@hotmail.com.