

Week at a Glance Calendar

Sunday, October 3, 2021

Children's Religious Education

Sunday, 9:30 am, Preschool backyard. For more information, contact tony@firstuusandiego.org.

Combined In Person Youth Group

Sunday, 9:30 am, room 113 backyard. For more information, contact kathe@firstuusandiego.org.

South Bay Social Hour

Sundays, 11 am, <https://bit.ly/SBSocialHour>

Live Streamed Worship

Sunday, 11:30 am, <https://www.firstuusandiego.org/>.

Social Hour

Sundays, 12:30 pm — 1:30 pm, url <https://bit.ly/FirstUUSocialHour>, Meeting ID 824 042 297.

Board Chat

Sundays (first), October 3, 12:30 pm, <https://bit.ly/FirstUUBoardChat>, Meeting ID: 863 0218 5062 Passcode: 203946.

Cosmos

Sundays (first), October 3, 1 pm — 3 pm, Online. Contact James Long at kyolong1@gmail.com for the link.

Combined Virtual Youth Group

Sunday, 1:30 pm, online. For more information, contact kathe@firstuusandiego.org.

Open Heart Sangha

Sundays, weekly, 4 pm — 5:30 pm, for the link to the meetings please contact Marge at margewur@gmail.com.

Tuesday, October 5, 2021

Worship Planning

Tuesdays, 4 pm — 5 pm, <https://bit.ly/WorshipPlanning1UU>, Meeting ID 878 4650 3375, Passcode 184690.

Wednesday, Oct. 6, 2021

Organizing 4 Justice Monthly Meeting

Wednesday, October 6, 6 pm, <https://bit.ly/O4Jsept1>.

Friday, October 8, 2021

Memory Matters Gathering

October 8, Fridays (second and fourth), 10 am — 11:30 am, Online. Email hybertsen@att.net for the link.

Upcoming Events

Creative Writing Group

October 9, Saturdays (second), 10:30 am — 12:30 pm, bit.ly/CreativeWritingFirstUU, ID: 868 9505 3014 Passcode: 361410.

Rainbow Action Group's Koffee Klatch

October 10, Sundays (second), 10:30 am , URL <https://bit.ly/RainbowKlatch>, ID 899 4140 9956, PW 893622.

Pagan Conversations

October 10, Sundays (second and fourth), 1 pm — 2 pm, <https://bit.ly/PaganConversations> ID: 535-853-700.

Coping With Chronic Conditions Support Group

Mondays (second & fourth), October 11, 1 pm, URL <https://bit.ly/CopingCCGroup>, or call 669-900-6833 with meeting ID 681-036-9317.

Caregivers/Allies Support Group

Mondays (second), October 11, 3 pm — 4:30 pm, online. Contact Rose Riedel at Rose@firstuusandiego.org.

Arts & Crafts Creative Social

October 12, second Tuesdays, 3 pm — 5 pm, Link to meeting: <http://bit.ly/FirstUUArtGuild>, Meeting ID 860 2031 2916, Passcode 587290.

Join Robie!

October 13, second and fourth Wednesdays, 4 pm — 5 pm, url <http://bit.ly/JoinRobie2nd> or call 1-669-900-6833, Meeting ID 821 3727 4274.

First UU Summer Music Lecture Series & Sing-Along

Wednesday, October 13, 7 pm, <https://bit.ly/MusicLectureSeries>, Meeting ID 856 3744

Welcome / Bienvenida-o to the First Unitarian Universalist Church of San Diego

*Create community, nurture spiritual growth, heal the world.
Crear comunidad, fomentar el crecimiento espiritual, sanar el mundo.*

October's Monthly Theme: Letting Go

“Navigating the Swells” / “Navegando las olas”

Dr. Omega Burckhardt, *Assistant Minister*

Sunday, October 3, 2021

9:30 am Hillcrest Patio

11:30 am Online



First
Unitarian Universalist
Church of San Diego

Hillcrest: 4190 Front St. San Diego, CA 92103
South Bay: 970 Broadway Chula Vista, CA 91911
619-298-9978

Visit www.firstuusandiego.org for more information

🔔 Gathering Bell

Introducing Joshua Morrison

Prelude / Preludio “Alice in Wonderland” — Sammy Fain
~ Chase Pado, *Pianist*

Call to Worship / Llamado a la celebración

adapted from “Invitation to Arrive and Rest”
~ Dr. Omega Burckhardt, *Assistant Minister*
🔔 ~ Rev. Michael Brown, *Minister in Residence*
■ ~ Rose Riedel

Welcome and Land Acknowledgment / Bienvenida y Reconocimiento de la tierra

Church Hymn / Himno de la iglesia

Church Aspiration and Kindling of the Chalice / Aspiraciones de la iglesia y encendido del cáliz

Video ~ Krohne-Fielding-Miller Family

Song / Canto #1064 “Blue Boat Home”
~ Lorelei Isidro-Garner

Time For All Ages “Swimmy” — Leo Lionni
~ Tony Bianca, *Program Director*

Affirmation

🔔 Generosity Offering / Ofrenda

🔔 **Offertory / Ofertorio**
“Sicilienne, Op. 78 in G minor” — Gabriel Fauré
~ Robie Evans, *Violin*
~ Chase Pado, *Piano*

Reading / Lectura “Remembrance of Baptism”
— Rev. Molly Brown, *enfleshed.com*

Song / Canto #18 “Find a Stillness” / “Busco Calma”
~ Andrea N-L, Lorelei Isidro-Garner, Tony Bianca
~ Chase Pado, *Piano*

Meditation

Special Music / Musica especial

“God is a River” — Peter Mayer
~ Andrea N-L, *Vocals*
~ Drew Massicot, *Piano*

Message

“Navigating the Swells”
“Navegando las olas”
~ Dr. Omega Burckhardt, *Assistant Minister*

Song / Canto

#1018 “Come and Go with Me”
~ Malesha Jessie Taylor, *Vocals*
~ Chase Pado, *Piano*

■ Generosity Offering / Ofrenda

Extinguishing the Chalice and Blessing / Bendición

Postlude / Posludio “Polka in G Major” — Wilhelm Richard Wagner
~ Chase Pado, *Pianist*

Church Hymn

From all who dwell below the skies,
Let faith and hope with love arise,
Let beauty, truth, and good be sung,
Through ev'ry land, by ev'ry tongue.

De todos bajo el gran sol,
Surja esperanza, fe, amor
Verdad y belleza cantando,
De cada tierra, cada voz.

Church Aspiration

May love be the spirit of this church,
May the quest for truth be its sacrament,
And service be its prayer
To dwell together in peace,
To seek knowledge in freedom,
And to help one another in fellowship,
This is our Aspiration.

Que el amor sea la doctrina de esta iglesia, la búsqueda de la verdad su
sacramento, y el servicio su oración.
Vivir juntos en paz, buscar la verdad con libertad,
y ayudarnos mutuamente en comunidad, a eso aspiramos.

Our Affirmation

We are Unitarian Universalists, a people of open minds, loving hearts, and
welcoming hands.

Somos Unitarios Universalistas, personas de mentes abiertas, corazones
amorosos, y manos que dan la bienvenida.

🔔 Only at 9:30 am In Person Service

■ Only at 11:30 am Online Service

**Our sign language interpreter today is Paul Lambert.

** Join us for Social Hour at 12:30 pm <https://bit.ly/FirstUUSocialHour>

** Join us for South Bay Social Hour at 11 am <https://bit.ly/SBSocialHour>