

Week at a Glance Calendar

Sunday, August 22, 2021

South Bay Social Hour

Sundays, 11 am,
<https://bit.ly/SBSocialHour>

Social Hour

Sundays, 12:30 pm — 1:30 pm, url
<https://bit.ly/FirstUU>
SocialHour, Meeting ID 824 042 297.

Pagan Conversations

August 22, Sundays (second and fourth), 1 pm — 2 pm,
<https://bit.ly/PaganConversations> ID: 535-853-700.

Beach and Bay Neighborhood Group Annual Pool Party!

Sunday, August 22, 3 pm, Contact Mina at 619-417-1411 for the location.

Open Heart Sangha

Sundays, weekly, 4 pm — 5:30 pm, for the link to the meetings please contact Marge at margewur@gmail.com.

Monday, August 23, 2021

Coping With Chronic Conditions Support Group

August 23, 1 pm, URL
<https://bit.ly/CopingCCGroup>, or call 669-900-6833 with meeting ID 681-036-9317.

Fourth Monday Meeting of the UU Men's Fellowship

Monday, August 23, 7 pm, Zoom. A meeting open to all men. For more information email Kcohn@san.rr.com.

Tuesday, August 24, 2021

Worship Planning

Tuesdays, 4 pm — 5 pm,
<https://bit.ly/Worship>
Planning1UU, Meeting ID 878 4650 3375, Passcode 184690.

Wednesday, August 25, 2021

Join Robie!

August 25, second and fourth Wednesdays, 4 pm — 5 pm, url
<http://bit.ly/JoinRobie4th> or call 1-669-900-6833, Meeting ID 814 3746 1400.

Friday, August 27, 2021

Memory Matters Gathering

August 27, Fridays (second and fourth), 10 am — 11:30 am, Online. Email hybertsen@att.net for the link.

Saturday, August 28, 2021

South Bay Food Pantry Hours

970 Broadway Suite 101, Chula Vista 91911. Distributing food every Saturday from 11 am — 12:30 pm.

Upcoming Events

First UU Summer Music Lecture Series & Sing-Along

Wednesday, September 1, 7 pm,
<https://bit.ly/Music>
LectureSeries, Meeting ID 856 3744 7406, Passcode 191707.

Board Chat

Sundays (first), September 5, 12:30 pm,
<https://bit.ly/FirstUUBoardChat>, Meeting ID: 863 0218 5062 Passcode: 203946.

Cosmos

Sundays (first), September 5, 1 pm — 3 pm, Online. Contact James Long at kyolong1@gmail.com for the link.

Creative Writing Group

September 11, Saturdays (second), 12:30 pm — 2:30 pm,
bit.ly/CreativeWritingFirstUU, Meeting ID: 991 6747 3549.

Rainbow Action Group's Koffee Klatch

Sept 12, Sundays (second), 12 pm, URL
<https://bit.ly/RainbowKlatch>, ID 899 4140 9956, PW 893622.

Caregivers/Allies Support Group

Mondays (second), September 13, 3 pm — 4:30 pm, online. Contact Rose Riedel at Rose@firstuusandiego.org.

Arts & Crafts Creative Social

September 14, second Tuesdays, 3 pm — 5 pm, Link to meeting:
<http://bit.ly/FirstUUArtGuild> or call in at 1-669-900-6833, Meeting ID 860 2031 2916, Passcode 587290.

Welcome / Bienvenida-o to the First Unitarian Universalist Church of San Diego

*Create community, nurture spiritual growth, heal the world.
Crear comunidad, fomentar el crecimiento espiritual, sanar el mundo.*

August's Monthly Theme: Re-imagining Community

“The Way of Being that Makes All the Difference”

“La Forma de Ser que Marca la Diferencia”

Rev. Kathleen Owens, *Lead Minister*

Megan Horton, *Worship Leader*

Sunday, August 22, 2021

9:30 am Meeting House

and 11:30 am Online



First
Unitarian Universalist
Church of San Diego

Hillcrest: 4190 Front St. San Diego, CA 92103
South Bay: 970 Broadway Chula Vista, CA 91911
619-298-9978

Visit www.firstuusandiego.org for more information

Centering Thought

"Is your glass half empty or half full?
...I think I'm grateful to have a glass."
~ Charlie Mackesy

Gathering Bell ☉

Prelude / Preludio "Trumpet Voluntary" ☉
The First UU Handbell Ensemble
~ Tony Bianca, *Director*

"Sisi ni moja" ■
South Bay Singers
~ Lorelei Isidro-Garner, *Director*

Call to Worship / Llamado a la celebración

~ Rev. Kathleen Owens & Megan Horton

Welcome and Land Acknowledgment / Bienvenida y Reconocimiento de la tierra

Church Hymn / Himno de la iglesia

Church Aspiration and Kindling of the Chalice / Aspiraciones de la iglesia y encendido del cáliz

~ Laura Ball ■

Song / Canto #128 "For All That Is Our Life"

Time For All Ages "The Zoom Monster Part 2"
~ Tony Bianca, *Program Director*

Affirmation

Generosity Offering & Offering Music / Ofrenda y Musica ☉

~ Chase Pado, *Pianist*

Song / Canto #1002 "Comfort Me"

Meditation

Message "The Way of Being that Makes All the Difference"
"La Forma de Ser que Marca la Diferencia"
~ Rev. Kathleen Owens, *Lead Minister*

Song / Canto "Hold Onto Love"

Generosity Offering / Ofrenda ■

Ritual of Returning Call

~ Rev. Kathleen Owens, *Lead Minister*
~ Rev. Julie Forest, *President* ☉
~ Cora Pendergast, *Vice President* ■

Special Music / Musica especial

~ First UU Music Staff

Extinguishing the Chalice and Blessing / Bendición

Postlude / Posludio "We Shall Be Known" — MaMuse
FUUSD Semi-Tones
~ Andrea N-L, *Director*

Church Hymn

From all who dwell below the skies,
Let faith and hope with love arise,
Let beauty, truth, and good be sung,
Through ev'ry land, by ev'ry tongue.

De todos bajo el gran sol,
Surja esperanza, fe, amor
Verdad y belleza cantando,
De cada tierra, cada voz.

Church Aspiration

May love be the spirit of this church,
May the quest for truth be its sacrament,
And service be its prayer
To dwell together in peace,
To seek knowledge in freedom,
And to help one another in fellowship,
This is our Aspiration.

Que el amor sea la doctrina de esta iglesia, la búsqueda de la verdad su
sacramento, y el servicio su oración.
Vivir juntos en paz, buscar la verdad con libertad,
y ayudarnos mutuamente en comunidad, a eso aspiramos.

Our Affirmation

We are Unitarian Universalists, a people of open minds, loving hearts, and
welcoming hands.

Somos Unitarios Universalistas, personas de mentes abiertas, corazones
amorosos, y manos que dan la bienvenida.

☉ Only at 9:30 am In Person Service

■ Only at 11:30 am Online Service

**Our sign language interpreter today is Paul Lambert.

** Join us for Social Hour at 12:30 pm <https://bit.ly/FirstUUSocialHour>

** Join us for South Bay Social Hour at 11 am <https://bit.ly/SBSocialHour>