

Welcome / Bienvenida-o First Unitarian Universalist Church of San Diego

*Create community, nurture spiritual growth, help heal the world.
Crear comunidad, fomentar el crecimiento espiritual, sanar el mundo.*

July's Monthly Theme: Interdependence

"The Highest Common Calling" "La vocación común más elevada"

Rev. Kathleen Owens, *Lead Minister*

Sunday, July 18, 2021

9:30 am



First
Unitarian Universalist
Church of San Diego

Church Hymn

From all who dwell below the skies,
Let faith and hope with love arise,
Let beauty, truth, and good be sung,
Through ev'ry land, by ev'ry tongue.

De todos bajo el gran sol,
Surja esperanza, fe, amor
Verdad y belleza cantando,
De cada tierra, cada voz.

Our Affirmation

We are Unitarian Universalists,
a people of open minds, loving hearts,
and welcoming hands.

Somos Unitarios Universalistas,
personas de mentes abiertas,
corazones amorosos,
y manos que dan la bienvenida.

Church Aspiration

May love be the spirit of this church,
May the quest for truth be its sacrament,
And service be its prayer
To dwell together in peace,
To seek knowledge in freedom,
And to help one another in fellowship,
This is our Aspiration.

Que el amor sea la doctrina de esta
iglesia,
la búsqueda de la verdad su sacramento,
y el servicio su oración.
Vivir juntos en paz,
buscar la verdad con libertad,
y ayudarnos mutuamente en comunidad,
a eso aspiramos.

Prelude / Preludio

“Voyage” — Kenny Barron
~ Chase Pado, *pianist*

Call to Worship / Llamado a la celebración

Welcome / Bienvenida

Grounding

Land Acknowledgment / Reconocimiento de la tierra

Church Hymn / Himno de la iglesia

**Church Aspiration and Kindling of the Chalice /
Aspiraciones de la iglesia y encendido del cáliz**

~ Laura Ball

Song / Canto

“Faith of the Larger Liberty”

Story / Cuento

“Henry Builds a Cabin” — D.B. Johnson
~ Rhiannon Rys Rudisill Roselle and Tony Bianca, *Program Director*

Affirmation / Afirmación

Song / Canto

#123 “Spirit of Life / Fuente de amor”

Extinguishing the Chalice for Louisa Karstens

Meditation / Meditación

Readings / Lecturas

~ Rhiannon Rys Rudisill Roselle and Megan Horton

Special Music / Musica especial

“Hallelujah” — MaMuse
Women's Choir and South Bay Singers
~ Lorelei Isidro-Garner, *Director*

Message / Mensaje

“The Highest Common Calling” / “La vocación común más elevada”
~ Rev. Kathleen Owens, *Lead Minister*

Song / Canto

“The Fire of Commitment”

Offering / Ofrenda

Blessing / Bendición

Postlude / Posludio

“Sisi ni moja (We are One)”
South Bay Singers
~ Lorelei Isidro-Garner, *Director*

***Our sign language interpreter today is Paul Lambert.*

**** Join us for Social Hour at 10:30 am <https://bit.ly/FirstUUSocialHour>**

**** Join us for South Bay Social Hour at 11 am <https://bit.ly/SBSocialHour>**

“Hallelujah”

Every time I feel this way
This old familiar sinking
I will lay my troubles down by the water
Where the river will never run dry

Hallelujah
I'm gonna let myself be lifted
Hallelujah
I'm gonna let myself be lifted
Hallelujah
I'm gonna let myself be lifted
By and by
I will lay my troubles down by the water
Where the river will never run dry

It's been said and I do believe
As you ask
So shall you receive
So take from me these troubles
Bring me sweet release
Where the river will never run dry

Hallelujah
I'm gonna let myself be lifted
Hallelujah
I'm gonna let myself be lifted
Hallelujah
I'm gonna let myself be lifted
By and by
I will lay my troubles down by the water
Where the river will never run dry

There is a river in this heart of hearts
With a knowingness
Of my highest good
I am willing
I will do my part
Where the river will never run dry

Hallelujah
I'm gonna let myself be lifted
Hallelujah
I'm gonna let myself be lifted
Hallelujah
I'm gonna let myself be lifted
By and by
I will lay my troubles down by the water
Where the river will never run dry
Where the river will never run dry
This river will never run dry

“The Fire of Commitment”

From the light of days remembered
burns a beacon bright and clear
Guiding hands and hearts and spirits
Into faith set free from fear.

When the fire of commitment
Sets our mind and soul ablaze.
When our hunger and our passion
Meet to call us on our way.
When we live with deep assurance
Of the flame that burns within,
Then our promise finds fulfillment
And our future can begin.

From the stories of our living
Rings a song both brave and free
Calling pilgrims still to witness to the life of liberty.

When the fire of commitment
Sets our mind and soul ablaze.
When our hunger and our passion
Meet to call us on our way.
When we live with deep assurance
Of the flame that burns within,
Then our promise finds fulfillment
And our future can begin.

From the dreams of youthful vision
Comes a new, prophetic voice
Which demands a deeper justice
Built by our courageous choice.

When the fire of commitment
Sets our mind and soul ablaze.
When our hunger and our passion
Meet to call us on our way.
When we live with deep assurance
Of the flame that burns within,
Then our promise finds fulfillment
And our future can begin.

#123 “Spirit of Life / Fuente de amor”

Fuente de Amor, ven hacia mí.
Y al corazón, cántale tu compasión.
Sopla al volar, sube en la mar,
hasta moldear la justicia de la vida.
Arrágame, libérame,
Fuente de Amor, ven a mí, ven a mí.

Spirit of Life, come unto me.
Sing in my heart all the stirrings of compassion.
Blow in the wind, rise in the sea;
move in the hand, giving life the shape of justice.
Roots hold me close; wings set me free;
Spirit of Life, come to me, come to me.

Calendar of Events

Sunday, July 18, 2021

Social Hour

Sundays, 10:30 am — 11 am, url <https://bit.ly/FirstUUSocialHour>, Meeting ID 824 042 297.

South Bay Social Hour

Sundays, 11 am, <https://bit.ly/SBSocialHour>

Parents' Lounge

Sundays, weekly, 11:40 am — 1 pm, <http://bit.ly/NewParentLounge>, Meeting ID 873 6793 7478, Passcode 504406.

Climate Justice Meeting

Sunday, July 18, 1 pm, <http://bit.ly/CJMJuly2021>. Matt Moreland, FUUSD member and head of the National Weather Service in San Diego, will offer a meteorologist's unique perspective on climate change.

Middle School Youth Group

Sundays at 1:30 pm. To get more info, contact Käthe at kathe@firstuusandiego.org.

Senior High Youth Group

Sundays at 3:30 pm. Contact kathe@firstuusandiego.org.

Open Heart Sangha

Sundays, weekly, 4 pm — 5:30 pm, for the link to the meetings please contact Marge at margewur@gmail.com.

Friends of Camp de Benneville Pines

Sundays (third), July 18, 6:30 pm — 8 pm, online. Friends of Camp de Benneville Pines meet via Zoom on third Sundays. Newcomers are welcome. To be added to the ZOOM invite list, please contact john@schaibly.com

Monday, July 19, 2021

Compassion Corner

Mondays, weekly, 7 pm — 7:30 pm, <https://bit.ly/Compassioncorner1>, Meeting ID: 979 7637 7178 Passcode: 540948.

Tuesday, July 20, 2021

Worship Planning

Tuesdays, 4 pm — 5 pm, <https://bit.ly/WorshipPlanning1UU>, Meeting ID 878 4650 3375, Passcode 184690.

Monthly Board Meeting

July 20, Tuesday, 6 pm, Online. Email President Julie Forest at: boardpresident@firstuusandiego.org.

Widening the Circle of Concern Report Study Group

Tuesdays, 6:30 pm - 7:30 pm, and running weekly. Email coicstudygroup@gmail.com with questions, and/or to sign up!

Wednesday, July 21, 2021

First UU Summer Music Lecture Series & Sing-Along

Wednesday, July 21, 7 pm, <https://bit.ly/MusicLectureSeries>, Meeting ID 856 3744 7406, Passcode 191707.

Friday, July 23, 2021

Memory Matters Gathering

July 23, Fridays (second and fourth), 10 am — 11:30 am, Online. Email hybertsen@att.net for the link.

Saturday, July 24, 2021

Saturday Music and Movement & Science, Stories and Songs

Saturdays at 9 am & 10 am. Children's RE programming. Request meeting information from tony@firstuusandiego.org.

South Bay Food Pantry Hours

970 Broadway Suite 101, Chula Vista 91911. Distributing food every Saturday from 11 am — 12:30 pm.

Upcoming Events

Pagan Conversations

July 25, Sundays (second and fourth), 1 pm — 2 pm, Meeting Link: <https://bit.ly/PaganConversations> ID: 535-853-700.

Out & About

Sunday, July 25, 2 pm — 4 pm, USS Recruit, 4461 N Harbor Dr #4325, San Diego, CA 92101

Coping With Chronic Conditions Support Group

July 26, second and fourth Mondays, 1 pm, URL <https://bit.ly/CopingCCGroup>, or call 669-900-6833 with meeting ID 681-036-9317.

Fourth Monday Meeting of the UU Men's Fellowship

Monday, July 26, 7 pm, Zoom. A meeting open to all men. For more information email Kcohn@san.rr.com.

Join Robie!

July 28, second and fourth Wednesdays, 4 pm — 5 pm, url <http://bit.ly/JoinRobie4th> or call 1-669-900-6833, Meeting ID 814 3746 1400.

Board Chat

Sundays (first), August 1, 10:30 am, <https://bit.ly/FirstUUBoardChat>, Meeting ID: 863 0218 5062 Passcode: 203946.

Cosmos

Sundays (first), August 1, 1 pm — 3 pm, Online. Contact James Long at kyolong1@gmail.com for the link.

Rainbow Action Group's Koffee Klatch

August 8, Sundays (second), 12 pm, URL <https://bit.ly/RainbowKlatch>, ID 899 4140 9956, PW 893622.

Caregivers/Allies Support Group

August 9, Mondays (second), 3 pm — 4:30 pm, online. Contact Rose Riedel at Rose@firstuusandiego.org.

Arts & Crafts Creative Social

August 10, second Tuesdays, 3 pm — 5 pm, Link to meeting: <http://bit.ly/FirstUUArtGuild> or call in at 1-669-900-6833, Meeting ID 860 2031 2916, Passcode 587290.