

Welcome / Bienvenida-o First Unitarian Universalist Church of San Diego

*Create community, nurture spiritual growth, help heal the world.
Crear comunidad, fomentar el crecimiento espiritual, sanar el mundo.*

July's Monthly Theme: Interdependence

“PRIDE Service: ...None of Us Free”

“Servicio del Día del ORGULLO:
...Ninguno de nosotros es libre”

Rev. Adam Dyer and the Rainbow Action Team

Sunday, July 11, 2021

9:30 am



**First
Unitarian Universalist
Church of San Diego**

Prelude / Preludio

“Answering the Call of Love” *instrumental* — Jason Shelton
~ Chase Pado, *pianist*

Call to Worship / Llamado a la celebración

~ Tony Brumfield and Everardo Aguilar

Welcome / Bienvenida

~ PJ MacPhee

Land Acknowledgment / Reconocimiento de la tierra

~ Pat Gordon and Everardo Aguilar

Church Hymn / Himno de la iglesia

Church Aspiration and Kindling of the Chalice / Aspiraciones de la iglesia y encendido del cáliz

~ James Crosley and Patrick Nichols

Song / Canto

“Everything Possible”

Story / Cuento

“Two-Spirit Spirituality”
~ Camie James and Tony Bianca, *Program Director*

Affirmation / Afirmación

Song / Canto

#159 “This is My Song”

Meditation / Meditación

~ Les GrantSmith

Musical Interlude / Interludio musical

“Dona Nobis Pacem” *instrumental*
~ Louise Titlow

Reading / Lectura

~ Jan Garbosky

Special Music / Musica especial

“Let Love Be Your Family”
~ Chris Hassett

Message / Mensaje

“...None of Us Free” / “...Ninguno de nosotros es libre”
~ Rev. Adam Dyer, *Lead Minister First Parish in Cambridge Unitarian Universalist*

Song / Canto

“Keep On Moving Forward” / “Vamos todos adelante/Sin volver atras”

Offering / Ofrenda

~ Sanjay Pulver and Everardo Aguilar

Extinguishing the Chalice and Blessing / Bendición

Postlude / Posludio

“Rainbow Connection” *instrumental* — Paul Williams and Kenneth Ascher

***Our sign language interpreter today is Paul Lambert.*

**** Join us for Social Hour at 10:30 am <https://bit.ly/FirstUUSocialHour>**

**** Join us for South Bay Social Hour at 11 am <https://bit.ly/SBSocialHour>**

“Everything Possible”

We have cleared off the table, the leftovers saved,
Washed the dishes and put them away
I have told you a story and tucked you in tight.
At the end of your knockabout day
As the moon sets its sails to carry you to sleep,
Over the midnight sea
I will sing you a song no one sang to me,
May it keep you good company.

You can be anybody you want to be,
You can love whomever you will
You can travel any country where your heart leads,
And know I will love you still
You can live by yourself, you can gather friends around,
You can choose one special one
And the only measure of your words and your deeds
Will be the love you leave behind when you're done.
There are girls who grow up strong and bold
There are boys quiet and kind
Some race on ahead, some follow behind
Some go in their own way and time
Some women love women, some men love men
Some raise children, some never do
You can dream all the day never reaching the end
Of everything possible for you.
Don't be rattled by names, by taunts, by games
But seek out spirits true
If you give your friends the best part of yourself
They will give the same back to you.
You can be anybody you want to be,
You can love whomever you will
You can travel any country where your heart leads
And know I will love you still

You can live by yourself, you can gather friends around,
You can choose one special one
And the only measure of your words and your deeds
Will be the love you leave behind when you're done.

#159 “This is My Song”

This is my song, O God of all the nations
A song of peace
For land afar and mine
This is my home, the country where my heart is
Here are my hopes, my dreams, my holy shrine;
But other hearts in other lands are beating
With hopes and dreams
As true and high as mine.

My country's skies are bluer than the ocean
And sunlight beams on clover leaf and pine;
But other lands
Have sunlight too and clove,
And skies are every-where as blue as mine.
O hear my song, thou God of all the nations,
A song of peace for their land and for mine.

“Let Love Be Your Family”

There are pictures on the screen
That burn in our vision
A child's swollen stomach and sad face
We see helping hands with food,
with clothes and medicine too
Can we picture ourselves in their place?

There are people we know
Who lack for nothing
There are children we see without a home
Together they might be
A chosen family
And they'd feel more alive and less alone

Let love be your family
Let love light up your home
Let the love inside
Keep us together
Let no one stand alone
Bring love home
Bring love home

There are women and men
Who take a partner
And the love that grows
is strong and true
How can any marriage be whole
How can peace reside in our soul
Until Bonny and Jan, Michael and Ted
Carol and Erma
Alfredo and Ed
Stand before family and friends and
say “I do”?

Let love, let love be your family
Oh let love light up your home
Let the love inside
Keep us together
Let no one stand alone
Bring love home
Bring love home

As the world keeps get larger
There's a way to make it smaller
I say let no one stand alone
Bring love home
Bring love home.

“Keep On Moving Forward”

“Vamos todos adelante/Sin volver atras”

Gonna keep on moving forward,
keep on moving forward.
Keep on moving forward,
never turning back,
never turning back.

Gonna keep on singing loudly,
keep on singing loudly.
Keep on singing loudly,
never turning back,
never turning back.

Gonna keep on loving boldly,
keep on loving boldly.
Keep on loving boldly,
never turning back,
never turning back.

Gonna reach across our borders,
reach across our borders.
Reach across our borders,
never turning back,
never turning back.

Gonna keep on moving forward,
keep on moving forward.
Keep on moving forward,
never turning back,
never turning back.

Vamos todos adelante,
siempre hacia adelante,
siempre hacia adelante,
sin volver atrás, sin volver atrás.

Cantaremos en voz alta,
siempre en voz alta,
siempre en voz alta,
sin volver atrás, sin volver atrás.

Amaremos con pasión,
siempre con pasión,
siempre con pasión,
sin volver atrás, sin volver atrás.

Trabajemos para el cambio,
siempre para el cambio,
siempre para el cambio,
sin volver atrás, sin volver atrás.

Church Hymn

From all who dwell below the skies,
Let faith and hope with love arise,
Let beauty, truth, and good be sung,
Through ev'ry land, by ev'ry tongue.

De todos bajo el gran sol,
Surja esperanza, fe, amor
Verdad y belleza cantando,
De cada tierra, cada voz.

Our Affirmation

We are Unitarian Universalists,
a people of open minds, loving hearts,
and welcoming hands.

Somos Unitarios Universalistas,
personas de mentes abiertas,
corazones amorosos,
y manos que dan la bienvenida.

Church Aspiration

May love be the spirit of this church,
May the quest for truth be its sacrament,
And service be its prayer
To dwell together in peace,
To seek knowledge in freedom,
And to help one another in fellowship,
This is our Aspiration.

Que el amor sea la doctrina de esta iglesia,
la búsqueda de la verdad su sacramento,
y el servicio su oración.
Vivir juntos en paz,
buscar la verdad con libertad,
y ayudarnos mutuamente en comunidad,
a eso aspiramos.

Calendar of Events

Sunday, July 11, 2021

Social Hour

Sundays, 10:30 am — 11 am, url <https://bit.ly/FirstUU>
SocialHour, Meeting ID 824 042 297.

South Bay Social Hour

Sundays, 11 am, <https://bit.ly/SBSocialHour>

Parents' Lounge

Sundays, weekly, 11:40 am — 1 pm,
<http://bit.ly/NewParentLounge>, Meeting ID 873 6793 7478,
Passcode 504406.

Rainbow Action Group's Koffee Klatch

July 11, Sundays (second), 12 pm, URL
<https://bit.ly/RainbowKlatch>, ID 899 4140 9956, PW 893622.

Pagan Conversations

July 11, Sundays (second and fourth), 1 pm — 2 pm, Meeting
Link: <https://bit.ly/PaganConversations> ID: 535-853-700.

Unitarian Universalist Christian Study Group

Sunday, July 11, 1 pm, Narthex. Our Unitarian Universalist
Christian Study Group will meet to celebrate PRIDE.

Children's Religious Education

Sundays, 1 pm. Request meeting information from
tony@firstuusandiego.org.

Middle School Youth Group

Sundays at 1:30 pm. To get more info, contact Käthe at
kathe@firstuusandiego.org.

Senior High Youth Group

Sundays at 3:30 pm. Contact kathe@firstuusandiego.org.

Open Heart Sangha

Sundays, weekly, 4 pm — 5:30 pm, for the link to the meetings
please contact Marge at margewur@gmail.com.

Hillcrest Folksong Circle

Sunday, July 11, 5 pm — 7 pm, Pioneer Park, 1521 Washington
Place.

Monday, July 12, 2021

Coping With Chronic Conditions Support Group

July 12, second and fourth Mondays, 1 pm, URL
<https://bit.ly/CopingCCGroup>, or call 669-900-6833 with
meeting ID 681-036-9317.

Caregivers/Allies Support Group

July 12, Mondays (second), 3 pm — 4:30 pm, online. Contact
Rose Riedel at Rose@firstuusandiego.org.

Compassion Corner

Mondays, weekly, 7 pm — 7:30 pm,
<https://bit.ly/Compassioncorner1>, Meeting ID: 979 7637 7178
Passcode: 540948.

Tuesday, July 13, 2021

Arts & Crafts Creative Social

July 13, second Tuesdays, 3 pm — 5 pm, Link to meeting:
<http://bit.ly/FirstUUArtGuild> or call in at 1-669-900-6833,
Meeting ID 860 2031 2916, Passcode 587290.

Worship Planning

Tuesdays, 4 pm — 5 pm, <https://bit.ly/Worship>
Planning1UU, Meeting ID 878 4650 3375, Passcode 184690.

Widening the Circle of Concern Report Study Group

Tuesdays, 6:30 pm - 7:30 pm, and running weekly. Email
coicstudygroup@gmail.com with questions, and/or to sign up!

Wednesday, July 14, 2021

Join Robie!

July 14, second and fourth Wednesdays, 4 pm — 5 pm, url
<http://bit.ly/JoinRobie2nd> or call 1-669-900-6833, Meeting ID
821 3727 4274.

Saturday, July 17, 2021

Living the Homestretch

July 17, Saturdays (third), 10 am, online at
<https://bit.ly/LivingTheHomestretch>, or call in at
1-669-900-6833, Meeting ID 911 2242 6361.

South Bay Food Pantry Hours

970 Broadway Suite 101, Chula Vista 91911. Distributing food
every Saturday from 11 am — 12:30 pm.

Upcoming Events

Climate Justice Meeting

Sunday, July 18, 1 pm, <http://bit.ly/CJMJuly2021>. Matt
Moreland, FUUSD member and head of the National Weather
Service in San Diego, will offer a meteorologist's unique
perspective on climate change.

Friends of Camp de Benneville Pines

Sundays (third), July 18, 6:30 pm — 8 pm, online. Friends of
Camp de Benneville Pines meet via Zoom on third Sundays.
Newcomers are welcome. To be added to the ZOOM invite list,
please contact john@schaibly.com

Monthly Board Meeting

July 20, Tuesday, 6 pm, Online. Email President Julie Forest at:
boardpresident@firstuusandiego.org.

First UU Summer Music Lecture Series & Sing-Along

Wednesday, July 21, 7 pm, <https://bit.ly/Music>
LectureSeries, Meeting ID 856 3744 7406, Passcode 191707.

Fourth Monday Meeting of the UU Men's Fellowship

Monday, July 26, 7 pm, Zoom. A meeting open to all men. For
more information email Kcohn@san.rr.com.

Board Chat

Sundays (first), August 1, 10:30 am,
<https://bit.ly/FirstUUBoardChat>, or call in at 1-669-900-6833,
Meeting ID: 863 0218 5062 Passcode: 203946.

Cosmos

Sundays (first), August 1, 1 pm — 3 pm, Online. Contact
James Long at kyolong1@gmail.com for the link.