

# Welcome / Bienvenida-o First Unitarian Universalist Church of San Diego

*Create community, nurture spiritual growth, help heal the world.  
Crear comunidad, fomentar el crecimiento espiritual, sanar el mundo.*

May's Monthly Theme: Identity

## "Real Community: Messy, Imperfect and Needed"

Rev. Kathleen Owens, *Lead Minister*

with Matthew Waterman, *Intern Minister*,

Tony Bianca, *Program Director* & Rhiannon Rhys Ryn Roselle

Sunday, May 23, 2021

9:30 am

### ***Centering Thought:***

"We can't become what we need to be by remaining what we are.  
Where there is no struggle, there is no strength." ~ *Oprah Winfrey*



First  
Unitarian Universalist  
Church of San Diego

**Prelude / Preludio**

“Old French Song” — Pyotr Ilyich Tchaikovsky  
~ Chase Pado, *Pianist*

**Welcome / Bienvenida****Call to Worship / Llamado a la celebración****Land Acknowledgment / Reconocimiento de la tierra****Church Hymn / Himno de la iglesia****Church Aspiration and Kindling of the Chalice /  
Aspiraciones de la iglesia y encendido del cáliz****Song / Canto**

#349 “We Gather Together” / “Non Hemos Reunidos”

**Story / Cuento**

“The 10 Rules for Being a Superhero”  
~ Tony Bianca, *Program Director*

**Affirmation / Afirmación****Reading / Lectura**

Excerpt from “Messy and Imperfect Beloved Community” — Laila Ibrahim  
~ Matthew Waterman, *Intern Minister* and Rhiannon Rhys Ryn Roselle

**Song / Canto**

#1002 “Comfort Me”

**Meditation / Meditación****Special Music / Musica especial**

“Hold On to Love”

**Message / Mensaje**

“Real Community: Messy, Imperfect and Needed”  
~ Rev. Kathleen Owens, *Lead Minister*

**Song / Canto**

“Keep on Moving Forward” / “Vamos todos adelante”

**Offering / Ofrenda****Extinguishing the Chalice and Blessing / Bendición****Postlude / Posludio**

“Love Will Guide Us” *instrumental*

*\*\*Our sign language interpreter today is Paul Lambert.*

\*\* Join us for Social Hour at 10:30 am <https://bit.ly/FirstUUSocialHour>

\*\* Join us for South Bay Social Hour at 11 am <https://bit.ly/SBSocialHour>

\*\* Compassion Corner, 10:30 am [bit.ly/CompassionCorner1](https://bit.ly/CompassionCorner1)

### **#349 “We Gather Together “Non Hemos Reunidos”**

Nos hemos reunido en agradecimiento  
por la creación que vivimos aquí.  
Do lores y gozos es tamos compartiendo,  
cantando alabanzas por nuestro existir.

We gather together to join in the journey,  
confirming, committing our passage to be  
a true affirmation, in joy and tribulation,  
when bound to human care and hope then we are free.

### **“Keep on Moving Forward”**

Gonna keep on moving forward,  
keep on moving forward.  
Keep on moving forward,  
never turning back,  
never turning back.

Gonna keep on singing loudly,  
keep on singing loudly.  
Keep on singing loudly,  
never turning back,  
never turning back.

Gonna keep on loving boldly,  
keep on loving boldly.  
Keep on loving boldly,  
never turning back,  
never turning back.

Gonna reach across our borders,  
reach across our borders.  
Reach across our borders,  
never turning back,  
never turning back.

Gonna keep on moving forward,  
keep on moving forward.  
Keep on moving forward,  
never turning back,  
never turning back.

### **“Vamos todos adelante”**

Vamos todos adelante,  
siempre hacia adelante,  
siempre hacia adelante,  
sin volver atrás, sin volver atrás.

Cantaremos en voz alta,  
siempre en voz alta,  
siempre en voz alta,  
sin volver atrás, sin volver atrás.

Amaremos con pasión,  
siempre con pasión,  
siempre con pasión,  
sin volver atrás, sin volver atrás.

Trabajemos para el cambio,  
siempre para el cambio,  
siempre para el cambio,  
sin volver atrás, sin volver atrás.

Cruzaremos más fronteras,  
todas las fronteras,  
todas las fronteras,  
sin mirar atrás, sin mirar atrás.

### **#1002 “Comfort Me”**

Comfort me, comfort me,  
comfort me, oh my soul.  
Comfort me, comfort me,  
comfort me, oh my soul.

Sing with me, sing with me,  
sing with me, oh my soul.  
Sing with me, sing with me,  
sing with me, oh my soul.

Speak for me, speak for me,  
speak for me, oh my soul.  
Speak for me, speak for me,  
speak for me, oh my soul.

Dance with me, dance with me,  
dance with me, oh my soul.  
Dance with me, dance with me,  
dance with me, oh my soul.

Comfort me, comfort me,  
comfort me, oh my soul.  
Comfort me, comfort me,  
comfort me, oh my soul.

### **Church Hymn**

From all who dwell below the skies,  
Let faith and hope with love arise,  
Let beauty, truth, and good be sung,  
Through ev'ry land, by ev'ry tongue.

De todos bajo el gran sol,  
Surja esperanza, fe, amor  
Verdad y belleza cantando,  
De cada tierra, cada voz.

### **Our Affirmation**

We are Unitarian Universalists,  
a people of open minds, loving hearts,  
and welcoming hands.

Somos Unitarios Universalistas,  
personas de mentes abiertas,  
corazones amorosos,  
y manos que dan la bienvenida.

### **Church Aspiration**

May love be the spirit of this church,  
May the quest for truth be its sacrament,  
And service be its prayer  
To dwell together in peace,  
To seek knowledge in freedom,  
And to help one another in fellowship,  
This is our Aspiration.

Que el amor sea la doctrina de esta iglesia,  
la búsqueda de la verdad su sacramento,  
y el servicio su oración.  
Vivir juntos en paz,  
buscar la verdad con libertad,  
y ayudarnos mutuamente en comunidad,  
a eso aspiramos.

# Calendar of Events

## Sunday, May 23, 2021

**Social Hour and Meet & Greets with Board Candidates**  
Sundays, 10:30 am — 11 am, url <https://bit.ly/FirstUU>  
**SocialHour**, Meeting ID 824 042 297. The password will be provided during the worship service.

**Compassion Corner**  
Sundays, weekly, 10:30 am — 11 am,  
<https://bit.ly/Compassioncorner1>, Meeting ID: 979 7637 7178  
Passcode: 540948.

**South Bay Social Hour**  
Sundays, weekly, 11 am, <https://bit.ly/SBSocialHour>. Join in for a South Bay Social Hour.

**Parents' Lounge**  
Sundays, weekly, 11:40 am — 1 pm,  
<http://bit.ly/NewParentLounge>, Meeting ID 873 6793 7478,  
Passcode 504406.

**Children's Religious Education**  
Sundays, 1 pm. Request meeting information from  
[tony@firstuusandiego.org](mailto:tony@firstuusandiego.org).

**Pagan Conversations**  
Sundays, weekly, 1 pm — 2 pm, Meeting Link:  
<https://bit.ly/PaganConversations> ID: 535-853-700.

**Middle School Youth Group**  
Sundays at 1:30 pm. To get more info, contact Käthe at  
[kathe@firstuusandiego.org](mailto:kathe@firstuusandiego.org).

**Senior High Youth Group**  
Sundays at 3:30 pm. Contact [kathe@firstuusandiego.org](mailto:kathe@firstuusandiego.org).

**Open Heart Sangha**  
Sundays, weekly, 4 pm — 5:30 pm, for the link to the meetings please contact Marge at [margewur@gmail.com](mailto:margewur@gmail.com).

## Monday, May 24, 2021

**Coping With Chronic Conditions Support Group**  
May 24, second and fourth Mondays, 1 pm — 3 pm, url  
<https://bit.ly/CopingCCGroup>, ID: 681-036-9317.

**South Bay Singers Rehearsal**  
Mondays, weekly, 5:30 pm, [bit.ly/SouthBaySingers](http://bit.ly/SouthBaySingers).

**Fourth Monday Meeting of the UU Men's Fellowship**  
Monday, May 24, 7 pm, Zoom. A meeting open to all men.  
For more information email [Kcohn@san.rr.com](mailto:Kcohn@san.rr.com).

## Tuesday, May 25, 2021

**Worship Planning**  
Tuesdays, 4 pm — 5 pm, <https://bit.ly/WorshipPlanning1UU>,  
or call in at 1-669-900-6833, Meeting ID 878 4650 3375,  
Passcode 184690.

**Widening the Circle of Concern Report Study Group**  
Tuesdays, 6:30 pm - 7:30 pm, and running weekly. Email  
[coicstudygroup@gmail.com](mailto:coicstudygroup@gmail.com) with questions, and/or to sign up!

## Wednesday, May 26, 2021

**Join Robie!**  
May 26, second and fourth Wednesdays, 4 pm — 5 pm, url  
<http://bit.ly/JoinRobie4th> or call 1-669-900-6833, Meeting ID  
814 3746 1400.

**Senior High Youth Game Day**  
Wednesdays at 4:30 pm. Contact [kathe@firstuusandiego.org](mailto:kathe@firstuusandiego.org).

**Young Adults**  
Wednesdays, 6 pm, online. A sacred time for individuals  
between 26 and 35 years of age. Please email Matthew at  
[Matthew@firstuusandiego.org](mailto:Matthew@firstuusandiego.org) for information.

## Friday, May 28, 2021

**Memory Matters Gathering**  
May 28, Fridays (second and fourth), 10 am — 11:30 am,  
Online. Email [hybertsen@att.net](mailto:hybertsen@att.net) for the link.

**Emerging Young Adults**  
Fridays, weekly, 6 pm, online. For individuals between 17 and  
25. Email Matthew at [matthew@firstuusandiego.org](mailto:matthew@firstuusandiego.org).

## Saturday, May 29, 2021

**Saturday Science, Stories and Songs**  
Saturdays at 10 am. Children's RE programming. Request  
meeting information from [tony@firstuusandiego.org](mailto:tony@firstuusandiego.org).

**South Bay Food Pantry Hours**  
970 Broadway Suite 101, Chula Vista 91911. Distributing food  
every Saturday from 11 am — 12:30 pm.

## Upcoming Events

**Board Chat**  
Sundays (first), June 6, 10:30 am,  
<https://bit.ly/FirstUUBoardChat>, Meeting ID: 863 0218  
5062 Passcode: 203946.

**Cosmos**  
Sundays (first), June 6, 1 pm — 3 pm, Online. Contact  
James Long at [kyolong1@gmail.com](mailto:kyolong1@gmail.com) for the link.

**Discussion of The Ethnic Cleansing of Palestine**  
June 6, Sunday, 4 pm, online. Register at  
<https://www.eventbrite.com/e/152615736777> to receive the  
Zoom info prior to the event.

**Arts & Crafts Creative Social**  
June 8, second Tuesdays, 3 pm — 5 pm, Link to meeting:  
<http://bit.ly/FirstUUArtGuild> or call in at 1-669-900-6833,  
Meeting ID 860 2031 2916, Passcode 587290.

**Monthly Board Meeting**  
June 8, Tuesday, 6 pm, Online. Email President Sarah Ormond  
at: [boardpresident@firstuusandiego.org](mailto:boardpresident@firstuusandiego.org).

**Creative Writing Group**  
June 12, Saturdays (second), 12:30 pm — 2:30 pm,  
<http://bit.ly/CreativeWritingFirstUU>, or call in at  
1-669-900-6833, Meeting ID: 991 6747 3549.

**Rainbow Action Group's Koffee Klatch**  
June 13, Sundays (second), 12 pm, URL  
<https://bit.ly/RainbowKlatch>, ID 899 4140 9956, PW 893622.

**Living the Homestretch**  
June 19, Saturday, 10 am, [bit.ly/LivingTheHomestretch](http://bit.ly/LivingTheHomestretch),  
Meeting ID 911 2242 6361.

**Climate Justice Meeting**  
Sunday, June 20, 1 pm, <http://bit.ly/CJMJune2021>. Matt  
Moreland, FUUSD member and head of the National Weather  
Service in San Diego, will offer a meteorologist's unique  
perspective on climate change.

**Friends of Camp de Benneville Pines**  
Sundays (third), June 20, 6:30 pm — 8 pm, online. To be  
added to the ZOOM invite list, please contact  
[john@schaibly.com](mailto:john@schaibly.com)