

Welcome / Bienvenida-o First Unitarian Universalist Church of San Diego

*Create community, nurture spiritual growth, help heal the world.
Crear comunidad, fomentar el crecimiento espiritual, sanar el mundo.*

May's Monthly Theme: Identity

“Creating Our/Selves”

“Creándonos a nosotros mismos”

Earth Centered Spirituality Circle

Sunday, May 2, 2021

9:30 am

Centering Thought

“Who are you?” said the Caterpillar. “I know who I WAS when I got up this morning, but I think I must have been changed several times since then.”

~ *Lewis Carroll*



First
Unitarian Universalist
Church of San Diego

Prelude / Preludio

“White Rabbit” *instrumental*
~ Chase Pado, *Pianist*

Earth Centered Spirituality Circle Introduction

Welcome and Land Acknowledgment / Bienvenida y Reconocimiento de la tierra

Church Hymn / Himno de la iglesia

Church Aspiration and Kindling of the Chalice / Aspiraciones de la iglesia y encendido del cáliz

Call to Worship / Llamado a la celebración Calling the Directions

Song / Canto

“Come Along” — Cosmo Sheldrake
~ Fernando Martinez, *Vocals*
~ Stephan Rudisill, *Accompaniment*

Story / Cuento

“What’s a May Pole? With Cinnamon And Sugar Bear”
~ Written and Produced by Rhiannon Roselle
~ Inspired by Starhawk’s “The Goddess Blesses All Forms of Love”

Affirmation / Afirmación

Song / Canto

“Free to Be You and Me” — Marlo Thomas
~ Stephen Rudisill and Rhiannon Roselle, *Vocals*

Reflection / Reflexión

“Aging and Continuing to Do the Work” — Nancy Jo Mackey

Poem / Poema

“Embodied” — Jenner Daelyn

Reflection / Reflexión

“Fuego, Energía y Esperanza” — Issel Martinez

Song / Canto

#396 “I Know This Rose Will Open”

Poem and Dance / Poema y Danza

“Compost” — Jenner Daelyn
~ Kiona Daelyn, *Dance*

Meditation / Meditación

“A Meditation on Limitless Imagination” — Rhiannon Rhys Ryn Roselle

Song / Canto

“If You Want To Sing Out Sing Out” — Cat Stevens
~ Ethan, Avalon and Stephen Rudisill, *Vocals*
~ Stephan Rudisill, *Guitar*

Offering / Ofrenda

Releasing the Directions

Extinguishing the Chalice and Blessing / Bendición

Postlude / Posludio

“I Am The Walrus” *instrumental*

***Our sign language interpreter today is Paul Lambert.*

** Join us for Social Hour at 10:30 am <https://bit.ly/FirstUUSocialHour>

** Join us for a forum at 11 am <https://bit.ly/FirstUUSocialHour>

** Compassion Corner, 10:30 am bit.ly/CompassionCorner1

Church Hymn

From all who dwell below the skies,
Let faith and hope with love arise,
Let beauty, truth, and good be sung,
Through ev'ry land, by ev'ry tongue.

De todos bajo el gran sol,
Surja esperanza, fe, amor
Verdad y belleza cantando,
De cada tierra, cada voz.

Our Affirmation

We are Unitarian Universalists,
a people of open minds, loving hearts,
and welcoming hands.

Somos Unitarios Universalistas,
personas de mentes abiertas,
corazones amorosos,
y manos que dan la bienvenida.

Church Aspiration

May love be the spirit of this church,
May the quest for truth be its sacrament,
And service be its prayer
To dwell together in peace,
To seek knowledge in freedom,
And to help one another in fellowship,
This is our Aspiration.

Que el amor sea la doctrina de esta
iglesia,
la búsqueda de la verdad su
sacramento,
y el servicio su oración.
Vivir juntos en paz,
buscar la verdad con libertad,
y ayudarnos mutuamente en comunidad,
a eso aspiramos.

April 13, 2021

To: First UU of San Diego Members

From: The Nominating Committee

Your Nominating Committee is preparing to develop a slate of candidates to fill the upcoming vacancies on the Board of Trustees of our church. We have already emailed those whose nominations we are developing into candidacy.

Beyond those members who have been nominated, "a candidate for the Board of Trustees or the Nominating Committee may also be nominated by a petition provided by the Nominating Committee and signed by 25 Voting Members. The petition must be filed with the Nominating Committee at least 30 days before the Annual Membership Meeting in order for the candidate to qualify for the election."

The deadline to submit a valid petition is May 14, 2021.

We are looking for members who support the 8th Principle, understand or are willing to learn the arts of Reflection and Discernment, and have a deep love of our shared community.

Please contact members of the NomCom if you have not heard from us and are interested in learning more about this opportunity to help FUUSD live its values and do our part to help heal the world.

In Faith,

The Nominating Committee

Kia Bordner, Chair

nomcom@firstuusandiego.org

Cristina Checa

Susanna Concha-Garcia

Mindy Hochgesang

Adrienne Kaplan

Wayne Savell

Calendar of Events

Sunday, May 2, 2021

Social Hour

Sundays, 10:30 am — 11 am, url <https://bit.ly/FirstUU> **SocialHour**, Meeting ID 824 042 297. The password will be provided during the worship service.

Board Chat

Sundays (first), May 2, 10:30 am, <https://bit.ly/FirstUUBoardChat>, Meeting ID: 863 0218 5062 Passcode: 203946.

Compassion Corner

Sundays, weekly, 10:30 am — 11 am, <https://bit.ly/Compassioncorner1>, Meeting ID: 979 7637 7178 Passcode: 540948.

How Will We Find a Lead Interim Minister?

May 2, Sunday, 11 am, <https://bit.ly/FirstUUSocialHour>, Meeting ID 824 042 297. The password will be provided during the worship service.

Parents' Lounge

Sundays, weekly, 11:40 am — 1 pm, <http://bit.ly/NewParentLounge>, Meeting ID 873 6793 7478, Passcode 504406.

Cosmos

Sundays (first), May 2, 1 pm — 3 pm, Online. Contact James Long at kyolong1@gmail.com for the link.

Pagan Conversations

Sundays, weekly, 1 pm — 2 pm, Meeting Link: <https://bit.ly/PaganConversations> ID: 535-853-700.

Middle School Youth Group

Sundays at 1:30 pm. To get more info, contact Käthe at kathe@firstuusandiego.org.

Senior High Youth Group

Sundays at 3:30 pm. Contact kathe@firstuusandiego.org.

Open Heart Sangha

Sundays, weekly, 4 pm — 5:30 pm, for the link to the meetings please contact Marge at margewur@gmail.com.

Monday, May 3, 2021

South Bay Singers Rehearsal

Mondays, weekly, 5:30 pm, bit.ly/SouthBaySingers.

Fourth Monday Meeting of the UU Men's Fellowship

Monday, April 26, 7 pm, Zoom. A meeting open to all men. For more information email Kcohn@san.rr.com.

Tuesday, May 4, 2021

Worship Planning

Tuesdays, 4 pm — 5 pm, <https://bit.ly/WorshipPlanning1UU>, or call in at 1-669-900-6833, Meeting ID 878 4650 3375, Passcode 184690.

Widening the Circle of Concern Report Study Group

Tuesdays, 6:30 pm - 7:30 pm, and running weekly. Email coicstudygroup@gmail.com with questions, and/or to sign up!

Wednesday, May 5, 2021

Senior High Youth Game Day

Wednesdays at 4:30 pm. Contact kathe@firstuusandiego.org.

Young Adults

Wednesdays, 6 pm, online. A sacred time for individuals between 26 and 35 years of age. Please email Matthew at Matthew@firstuusandiego.org for information.

Friday, May 6, 2021

Emerging Young Adults

Fridays, weekly, 6 pm, online. For individuals between 17 and 25. Email Matthew at matthew@firstuusandiego.org.

Saturday, May 7, 2021

Saturday Science, Stories and Songs

Saturdays at 10 am. Children's RE programming. Request meeting information from tony@firstuusandiego.org.

South Bay Food Pantry Hours

970 Broadway Suite 101, Chula Vista 91911. Distributing food every Saturday from 11 am — 12:30 pm.

Upcoming Events

Creative Writing Group

May 8, Saturdays (second), 12:30 pm — 2:30 pm, <http://bit.ly/CreativeWritingFirstUU>, or call in at 1-669-900-6833, Meeting ID: 991 6747 3549.

Rainbow Action Group's Koffee Klatch

May 9, Sundays (second), 12 pm, URL <https://bit.ly/RainbowKlatch>, ID 899 4140 9956, PW 893622.

Coping With Chronic Conditions Support Group

May 10, second and fourth Mondays, 1 pm — 3 pm, url <https://bit.ly/CopingCCGroup>, ID: 681-036-9317.

Arts & Crafts Creative Social

May 11, second Tuesdays, 3 pm — 5 pm, Link to meeting: <http://bit.ly/ArtGuildMeeting>, or call in at 1-669-900-6833, Meeting ID 945 4398 9126, Passcode 12345.

Join Robie!

May 12, second and fourth Wednesdays, 4 pm — 5 pm, url <http://bit.ly/JoinRobie2nd> or call 1-669-900-6833, Meeting ID 821 3727 4274.

Memory Matters Gathering

May 14, Fridays (second and fourth), 10 am — 11:30 am, Online. Email hybertsen@att.net for the link.

Living the Homestretch

May 15, Saturday, 10 am, bit.ly/LivingTheHomestretch, Meeting ID 911 2242 6361.

Happy Hour on the 8th Principle

Saturday, May 15, 4:30 pm, <http://bit.ly/8thPrincipleHH>.