

Welcome / Bienvenida-o First Unitarian Universalist Church of San Diego

*Create community, nurture spiritual growth, help heal the world.
Crear comunidad, fomentar el crecimiento espiritual, sanar el mundo.*

April's Monthly Theme: Creativity

"Experiencing the Easter Effect" "Experimentando el efecto de Pascua"

Rev. Kathleen Owens, *Lead Minister*

Sunday, April 11, 2021

9:30 am

Centering Thought

*"We delight in the beauty of the butterfly, but rarely admit the
changes it has gone through to achieve that beauty."*

~ Maya Angelou



**First
Unitarian Universalist
Church of San Diego**

Prelude / Preludio

“Nature Boy” — Eden Ahbez
~ Chase Pado, *Pianist*

Call to Worship / Llamado a la celebración

Welcome and Land Acknowledgment / Bienvenida y Reconocimiento de la tierra

Church Hymn / Himno de la iglesia

Church Aspiration and Kindling of the Chalice / Aspiraciones de la iglesia y encendido del cáliz

Song / Canto

#128 “For All That Is Our Life”

Story / Cuento

“Don't be Afraid to Drop”
~ Tony Bianca, *Program Director*

Affirmation / Afirmación

Readings / Lecturas

~ Matthew Waterman, *Intern Minister*

Song / Canto

#1002 “Comfort Me”

Meditation / Meditación

Special Music / Musica especial

#1040 “Hush”
~ Malesha Taylor

Message / Mensaje

“Experiencing the Easter Effect” / “Experimentando el efecto de Pascua”
~ Rev. Kathleen Owens, *Lead Minister*

Song / Canto

“Keep on Moving Forward” / “Vamos todos adelante”

Offering / Ofrenda

Extinguishing the Chalice and Blessing / Bendición

Postlude / Posludio

“April Come She Will” — Simon & Garfunkel

****Our sign language interpreter today is Paul Lambert.**

**** Join us for Social Hour at 10:30 am <https://bit.ly/FirstUUSocialHour>**

**** Join us for South Bay Social Hour at 11 am <https://bit.ly/SBSocialHour>**

**** Compassion Corner, 10:30 am bit.ly/CompassionCorner1 or bit.ly/CompassionCorner2**

#128 “For All That Is Our Life”

For all that is our life
we sing our thanks and praise;
for all life is a gift
which we are called to use
to build the common good
and make our own days glad.

For needs which others serve,
for services we give,
for work and its rewards,
for hours of rest and love;
we come with praise and thanks
for all that is our life.

For sorrow we must bear,
for failures, pain, and loss,
for each new thing we learn,
for fearful hours that pass:
we come with praise and thanks
for all that is our life.

For all that is our life
we sing our thanks and praise;
for all life is a gift
which we are called to use
to build the common good
and make our own days glad.

Our Affirmation

We are Unitarian Universalists,
a people of open minds, loving hearts,
and welcoming hands.

Somos Unitarios Universalistas,
personas de mentes abiertas,
corazones amorosos,
y manos que dan la bienvenida.

Church Hymn

From all who dwell below the skies,
Let faith and hope with love arise,
Let beauty, truth, and good be sung,
Through ev'ry land, by ev'ry tongue.

De todos bajo el gran sol,
Surja esperanza, fe, amor
Verdad y belleza cantando,
De cada tierra, cada voz.

Church Aspiration

May love be the spirit of this church,
May the quest for truth be its sacrament,
And service be its prayer
To dwell together in peace,
To seek knowledge in freedom,
And to help one another in fellowship,
This is our Aspiration.

Que el amor sea la doctrina de esta iglesia,
la búsqueda de la verdad su sacramento,
y el servicio su oración.
Vivir juntos en paz,
buscar la verdad con libertad,
y ayudarnos mutuamente en comunidad,
a eso aspiramos.

#1002 “Comfort Me”

Comfort me, comfort me,
comfort me, oh my soul.
Comfort me, comfort me,
comfort me, oh my soul.

Sing with me, sing with me,
sing with me, oh my soul.
Sing with me, sing with me,
sing with me, oh my soul.

Speak for me, speak for me,
speak for me, oh my soul.
Speak for me, speak for me,
speak for me, oh my soul.

Dance with me, dance with me,
dance with me, oh my soul.
Dance with me, dance with me,
dance with me, oh my soul.

Comfort me, comfort me,
comfort me, oh my soul.
Comfort me, comfort me,
comfort me, oh my soul.

#1040 “Hush”

Hush, hush,
somebody's callin' my name.
(repeat two more times)
Oh my Lord, oh my Lord,
what shall I do? What shall I do?

Sounds like freedom,
somebody's callin' my name.
(repeat two more times)
Oh my Lord, oh my Lord,
what shall I do? What shall I do?

Sounds like justice,
somebody's callin' my name.
(repeat two more times)
Oh my Lord, oh my Lord,
what shall I do? What shall I do?

Soon one mornin',
death come creepin' in my room.
(repeat two more times)
Oh my Lord, oh my Lord,
what shall I do? What shall I do?

I'm so glad
trouble don't last always.
(repeat two more times)
Oh my Lord, oh my Lord,
what shall I do? What shall I do?

“Keep on Moving Forward”

Gonna keep on moving forward,
keep on moving forward.
Keep on moving forward,
never turning back,
never turning back.

Gonna keep on singing loudly,
keep on singing loudly.
Keep on singing loudly,
never turning back,
never turning back.

Gonna keep on loving boldly,
keep on loving boldly.
Keep on loving boldly,
never turning back,
never turning back.

Gonna reach across our borders,
reach across our borders.
Reach across our borders,
never turning back,
never turning back.

Gonna keep on moving forward,
keep on moving forward.
Keep on moving forward,
never turning back,
never turning back.

“Vamos todos adelante”

Vamos todos adelante,
siempre hacia adelante,
siempre hacia adelante,
sin volver atrás, sin volver atrás.

Cantaremos en voz alta,
siempre en voz alta,
siempre en voz alta,
sin volver atrás, sin volver atrás.

Amaremos con pasión,
siempre con pasión,
siempre con pasión,
sin volver atrás, sin volver atrás.

Trabajemos para el cambio,
siempre para el cambio,
siempre para el cambio,
sin volver atrás, sin volver atrás.

Cruzaremos más fronteras,
todas las fronteras,
todas las fronteras,
sin mirar atrás, sin mirar atrás.

Calendar of Events

Sunday, April 11, 2021

Social Hour

Sundays, 10:30 am — 11:30 am, url <https://bit.ly/FirstUUSocialHour>, Meeting ID 824 042 297.

Compassion Corner

Sundays, weekly, 10:30 am — 11 am, <https://bit.ly/Compassioncorner1>, Meeting ID: 979 7637 7178
Passcode: 540948.

South Bay Social Hour

Sundays, weekly, 11 am, <https://bit.ly/SBSocialHour>. Join in for a South Bay Social Hour.

Parents' Lounge

Sundays, weekly, 11:40 am — 1 pm, <http://bit.ly/ParentsLounge>, Meeting ID 893 6750 9143,
Passcode 473112.

Rainbow Action Group's Koffee Klatch

April 11, Sundays (second), 12 pm, URL <https://bit.ly/RainbowKlatch>, ID 899 4140 9956, PW 893622.

Children's Religious Education

Sundays, 1 pm. Request meeting information from tony@firstuusandiego.org.

Pagan Conversations

Sundays, weekly, 1 pm — 2 pm, Meeting ID: 535-853-700. Link: <https://bit.ly/PaganConversations>

Middle School Youth Group

Sundays at 1:30 pm. To get more info, contact Käthe at kathe@firstuusandiego.org.

Senior High Youth Group

Sundays at 3:30 pm. To get more info, contact Käthe at kathe@firstuusandiego.org.

Open Heart Sangha

Sundays, weekly, 4 pm — 5:30 pm, for the link to the meetings please contact Marge at margewur@gmail.com.

Monday, April 12, 2021

Coping With Chronic Conditions Support Group

April 12, second and fourth Mondays, 1 pm — 3 pm, url <https://bit.ly/CopingCCGroup>, ID: 681-036-9317.

South Bay Singers Rehearsal

Mondays, weekly, 5:30 pm, bit.ly/SouthBaySingers.

Tuesday, April 13, 2021

Worship Planning

Tuesdays, 4 pm — 5 pm, <https://bit.ly/WorshipPlanning1UU>, or call in at 1-669-900-6833, Meeting ID 878 4650 3375,
Passcode 184690.

Arts & Crafts Creative Social

April 13, second Tuesdays, 3 pm — 5 pm, Link to meeting: <http://bit.ly/ArtGuildMeeting>, or call in at 1-669-900-6833, Meeting ID 945 4398 9126, Passcode 12345.

Widening the Circle of Concern Report Study Group

Tuesdays, 6:30 pm - 7:30 pm, and running weekly. Email coicstudygroup@gmail.com with questions, and/or to sign up!

Wednesday, April 14, 2021

Join Robie!

April 14, second and fourth Wednesdays, 4 pm — 5 pm, url <http://bit.ly/JoinRobie2nd> or call 1-669-900-6833, Meeting ID 821 3727 4274.

Senior High Youth Game Day

Wednesdays at 4:30 pm. Contact kathe@firstuusandiego.org.

Young Adults

Wednesdays, 6 pm, online. A sacred time for individuals between 26 and 35 years of age. Please email Matthew at Matthew@firstuusandiego.org for information.

Friday, April 16, 2021

Memory Matters Gathering

April 9, Fridays (second and fourth), 10 am — 11:30 am, Online. Email hybertsen@att.net for the link.

Emerging Young Adults

Fridays, weekly, 6 pm, online. For individuals between 17 and 25. Email Matthew at matthew@firstuusandiego.org.

Saturday, April 17, 2021

Living the Homestretch

April 17, Saturdays (third), 10 am, online at <https://bit.ly/LivingTheHomestretch>, Meeting ID 911 2242 6361.

Saturday Science, Stories and Songs

Saturdays at 10 am. Children's RE programming. Request meeting information from tony@firstuusandiego.org.

South Bay Food Pantry Hours

970 Broadway Suite 101, Chula Vista 91911. Distributing food every Saturday from 11 am — 12:30 pm.

Creative Writing Group

April 10, Saturdays (second), 12:30 pm — 2:30 pm, <http://bit.ly/CreativeWritingFirstUU>, or call in at 1-669-900-6833, Meeting ID: 991 6747 3549.

Happy Hour on the 8th Principle

Saturday, April 17, 3:30 pm, <http://bit.ly/8thPrincipleHH>.

Upcoming Events

Climate Justice Meeting

Sunday, April 18, 1 pm, online. Email rheakuhlman2@gmail.com for the link.

Friends of Camp de Benneville Pines

Sundays (third), April 18, 6:30 pm — 8 pm, online. To be added to the ZOOM invite list, please contact john@schaibly.com

Monthly Board Meeting

April 20, Tuesday, 6 pm, Online. Email President Sarah Ormond at: boardpresident@firstuusandiego.org.

UUMen's Fellowship Virtual Spring Renewal

April 23 (evening), April 24 (all day). For information/registration, contact Mike Dorfi at mdorfi@cox.net or 629-466-5952.

Fourth Monday Meeting of the UU Men's Fellowship

Monday, April 26, 7 pm, Zoom. A meeting open to all men. For more information email Kcohn@san.rr.com.

Board Chat

Sundays (first), May 2, 10:30 am, <https://bit.ly/FirstUUBoardChat>, Meeting ID: 863 0218 5062 Passcode: 203946.

Cosmos

Sundays (first), May 2, 1 pm — 3 pm, Online. Contact James Long at kyolong1@gmail.com for the link.