

Welcome / Bienvenida-o First Unitarian Universalist Church of San Diego

*Create community, nurture spiritual growth, help heal the world.
Crear comunidad, fomentar el crecimiento espiritual, sanar el mundo.*

March's Monthly Theme: Prophetic Voices

"Dark Constellations"

"Constelaciones oscuras"

Rev. Tania Y. Márquez, *Assistant Minister*

Sunday, March 28, 2021

9:30 am



**First
Unitarian Universalist
Church of San Diego**

Prelude / Preludio

“To A Wild Rose” — Edward MacDowell
~ Chase Pado, *Pianist*

Call to Worship / Llamado a la celebración

~ Jennifer Clay

Welcome and Land Acknowledgment / Bienvenida y Reconocimiento de la tierra

Church Hymn / Himno de la iglesia

Church Aspiration and Kindling of the Chalice / Aspiraciones de la iglesia y encendido del cáliz

Spoken Word / Palabra hablada

Song / Canto

#1015 “I Know I Can” / “Sé que puedo”

Story / Cuento

“Dark Constellations” / “Constelaciones oscuras”
~ Tony Bianca, *Program Coordinator*

Affirmation / Afirmación

Reading / Lectura

Excerpt from “Belonging” / Fragmento de “Perteneceer” — Toko-pa-Turner

Song / Canto

#1034 “De Noche”

Extinguishing the Chalice for Liz Struve

Meditation / Meditación

Reflection / Reflexión

~ Jennifer Clay

Special Music / Musica especial

“The Sound of Silence” / “El sonido del silencio”

Poem / Poema

“Call Me by My True Names” / “Llámame por mis verdaderos nombres”
— Thich Nhat Hanh

Message / Mensaje

“Dark Constellations” / “Constelaciones oscuras”
~ Rev. Tania Y. Márquez, *Assistant Minister*

Song / Canto

“Would You Harbor Me?” / “¿Me albergarías?”

Offering / Ofrenda

Blessing / Bendición

Postlude / Posludio

“Spring Can Really Hang You Up the Most” — Fran Landesman and Tommy Wolf

***Our sign language interpreter today is Paul Lambert.*

** Join us for Social Hour at 10:30 am <https://bit.ly/FirstUUSocialHour>

** Join us for South Bay Social Hour at 11 am <https://bit.ly/SBSocialHour>

** Compassion Corner, 10:30 am <https://bit.ly/CompassionCorner1>

#1015 "I Know I Can" / "Sé que puedo"

Though days be dark with storms
And burdens weigh my heart
Though troubles wait at ev'ry turn,
I know I can go on.

When sorrow heals my soul
And burdens make me strong
Though troubles wait at ev'ry turn,
I know I can go on.

My sister in my heart
My brother in my song
Though troubles wait at ev'ry turn,
I know I can go on.

And though the journey is long
The destination is near
Though troubles wait at ev'ry turn,
I know I can go on.

So brothers take my hand
And sisters sing my song
Though troubles wait at ev'ry turn,
I know I can go on.

#1034 "De Noche"

De noche iremos de noche
que para encontrar la fuente,
Sólo la send now alumbra,
Sólo la send now alumbra,

At night, we hasten, in darkness
To search for living water,
Only our thirst leads us onward,
Only our thirst leads us onward.

"Would You Harbor Me?" "¿Me albergarías?"

Would you harbor me?
Would I harbor you?
Would you harbor me?
Would I harbor you?

Would you harbor a Christian, a Muslim, a Jew
a heretic, convict or spy?
Would you harbor a run away woman, or child,
a poet, a prophet, a king?

Would you harbor an exile, or a refugee,
a person living with AIDS?
Would you harbor a Tubman, a Garrett, a Truth
a fugitive or a slave?
Would you harbor a Haitian Korean or Czech,
a lesbian or a gay?

Would you harbor me?
Would I harbor you?
Would you harbor me?
Would I harbor you?

Our Affirmation

We are Unitarian Universalists,
a people of open minds, loving hearts,
and welcoming hands.

Somos Unitarios Universalistas,
personas de mentes abiertas,
corazones amorosos,
y manos que dan la bienvenida.

"The Sound of Silence" "El sonido del silencio"

Hello darkness, my old friend
I've come to talk with you again
Because a vision softly creeping
Left its seeds while I was sleeping
And the vision that was planted in my brain
Still remains
Within the sound of silence

In restless dreams I walked alone
Narrow streets of cobblestone
'Neath the halo of a street lamp
I turned my collar to the cold and damp
When my eyes were stabbed by the flash of a neon light
That split the night
And touched the sound of silence

And in the naked light, I saw
Ten thousand people, maybe more
People talking without speaking
People hearing without listening
People writing songs that voices never share
And no one dared
Disturb the sound of silence

"Fools", said I, "You do not know
Silence like a cancer grows
Hear my words that I might teach you
Take my arms that I might reach you"
But my words, like silent raindrops fell
And echoed
In the wells of silence

And the people bowed and prayed
To the neon god they made
And the sign flashed out its warning
In the words that it was forming
And the sign said, "The words of the prophets are written on
the subway walls
And tenement halls"
And whispered in the sound of silence.

Church Hymn

From all who dwell below the skies,
Let faith and hope with love arise,
Let beauty, truth, and good be sung,
Through ev'ry land, by ev'ry tongue.

De todos bajo el gran sol,
Surja esperanza, fe, amor
Verdad y belleza cantando,
De cada tierra, cada voz.

Church Aspiration

May love be the spirit of this church,
May the quest for truth be its sacrament,
And service be its prayer
To dwell together in peace,
To seek knowledge in freedom,
And to help one another in fellowship,
This is our Aspiration.

Que el amor sea la doctrina de esta iglesia,
la búsqueda de la verdad su sacramento,
y el servicio su oración.
Vivir juntos en paz,
buscar la verdad con libertad,
y ayudarnos mutuamente en comunidad,
a eso aspiramos.

Calendar of Events

Sunday, March 28, 2021

Social Hour

Sundays, 10:30 am — 11:30 am, url <https://bit.ly/FirstUUSocialHour>, Meeting ID 824 042 297.

Compassion Corner

Sundays, weekly, 10:30 am — 11 am, <https://bit.ly/Compassioncorner1>, Meeting ID: 979 7637 7178
Passcode: 540948.

South Bay Social Hour

Sundays, weekly, 11 am, <https://bit.ly/SBSocialHour>. Join in for a South Bay Social Hour.

Parents' Lounge

Sundays, weekly, 11:40 am — 1 pm, <http://bit.ly/ParentsLounge>, Meeting ID 893 6750 9143, Passcode 473112.

Children's Religious Education

Sundays, 1 pm. Request meeting information from tony@firstuusandiego.org.

Pagan Conversations

Sundays, weekly, 1 pm — 2 pm, Meeting Link: <https://bit.ly/PaganConversations> ID: 535-853-700.

Middle School Youth Group

Sundays at 1:30 pm. To get more info, contact Käthe at kathe@firstuusandiego.org.

Senior High Youth Group

Sundays at 3:30 pm. To get more info, contact Käthe at kathe@firstuusandiego.org.

Open Heart Sangha

Sundays, weekly, 4 pm — 5:30 pm, for the link to the meetings please contact Marge at margewur@gmail.com.

Monday, March 29, 2021

Women's Chorus Rehearsal

Mondays, weekly, soprano 4 pm — 4:45 pm, bit.ly/WomensChoirSoprano, alto 4:45 pm — 5:30 pm, bit.ly/WomensChoirAlto.

South Bay Singers Rehearsal

Mondays, weekly, 5:30 pm, bit.ly/SouthBaySingers.

Tuesday, March 30, 2021

Worship Planning

March 30, Tuesdays, 4 pm — 5 pm, <https://bit.ly/WorshipPlanning1UU>, or call in at 1-669-900-6833, Meeting ID 878 4650 3375, Passcode 184690.

What Does it Mean to be Accountable?

Tuesday, March 30, 6 pm, <http://bit.ly/5thTuesday>, Meeting ID 874 1767 0904, Passcode 215826.

Wednesday, March 31, 2021

Senior High Youth Game Day

Wednesdays at 4:30 pm. Contact kathe@firstuusandiego.org.

Friday, April 2, 2021

Emerging Young Adults

Fridays, weekly, 6 pm, online. For individuals between 17 and 25. Email Matthew at matthew@firstuusandiego.org.

Saturday, April 3, 2021

Saturday Science, Stories and Songs

Saturdays at 10 am. Children's RE programming. Request meeting information from tony@firstuusandiego.org.

South Bay Food Pantry Hours

970 Broadway Suite 101, Chula Vista 91911. Our food pantry distributes food every Saturday from 11 am — 12:30 pm.

Upcoming Events

Board Chat

Sundays (first), April 4, 10:30 am, <https://bit.ly/FirstUUBoardChat>, Meeting ID: 863 0218 5062
Passcode: 203946.

Young Adults

April 7, Wednesdays, 6 pm, online. A sacred time for individuals between 26 and 35 years of age. Please email Matthew at Matthew@firstuusandiego.org for information.

Creative Writing Group

April 10, Saturdays (second), 12:30 pm — 2:30 pm, <http://bit.ly/CreativeWritingFirstUU>, or call in at 1-669-900-6833, Meeting ID: 991 6747 3549.

Rainbow Action Group's Koffee Klatch

April 11, Sundays (second), 12 pm, URL <https://bit.ly/RainbowKlatch>, ID 899 4140 9956, PW 893622.

Coping With Chronic Conditions Support Group

April 12, second and fourth Mondays, 1 pm — 3 pm, url <https://bit.ly/CopingCCGroup>, ID: 681-036-9317.

Arts & Crafts Creative Social

April 13, second Tuesdays, 3 pm — 5 pm, Link to meeting: <http://bit.ly/ArtGuildMeeting>, or call in at 1-669-900-6833, Meeting ID 945 4398 9126, Passcode 12345.

Join Robie!

April 14, second and fourth Wednesdays, 4 pm — 5 pm, url <http://bit.ly/JoinRobie2nd> or call 1-669-900-6833, Meeting ID 821 3727 4274.

Living the Homestretch

April 17, Saturdays (third), 10 am, online at <https://bit.ly/LivingTheHomestretch>, Meeting ID 911 2242 6361.

Happy Hour on the 8th Principle

Wednesday, April 17, 3:30 pm, <http://bit.ly/8thPrincipleHH>.

Climate Justice Meeting

Sunday, April 18, 1 pm, online. Email rheakuhlman2@gmail.com for the link.

Monthly Board Meeting

April 20, Tuesday, 6 pm, Online. Email President Sarah Ormond at: boardpresident@firstuusandiego.org.

UUMen's Fellowship Virtual Spring Renewal

April 23 (evening), April 24 (all day). For information/registration, contact Mike Dorfi at mdorfi@cox.net or 629-466-5952.

Fourth Monday Meeting of the UU Men's Fellowship

Monday, April 26, 7 pm, Zoom. A meeting open to all men. For more information email Kcohn@san.rr.com.