Week at a Glance Calendar

Sunday, March 20, 2022
Hillcrest In Person Social Hour
Sundays, following service, Hillcrest patio. Bring your own beverage, and follow safety protocols (only remove mask when actively taking a sip).

Hillcrest Virtual Social Hour
Sundays, 11 am, bit.ly/FirstUUSocialHour. Meeting ID 824 042 297.

South Bay Virtual Social Hour

Uke Cafe - In Person
Sundays, 11:30 am, Hillcrest upper patio or on Zoom at bit.ly/ukecafe. Join Tony with your ukulele!

UU Christian Study Group
March 20, Sunday, 1 pm, Hillcrest Lower Patio. Join our UU Christian Study Group for our return to campus.

Open Heart Sangha
Sundays, weekly, 4 pm — 5:30 pm, for the link to the meetings please contact Marge at margewur@gmail.com.

Climate Justice Meeting
March 20, Sunday, 4 pm, bit.ly/1stUUClimatetJustice.

Friends of Camp de Benneville Pines
Sundays (third), March 20, 6:30 pm — 8 pm, online. To be added to the ZOOM invite list, please contact johnschaibly@gmail.com

Tuesday, March 22, 2022
Worship Planning

Wed., March 23, 2022
Uke Cafe
Wednesdays, 3:30 pm, https://bit.ly/ukecafe. Join Tony on Zoom with your ukulele to learn some chords and play the ukulele with us!

Chalice Choir Rehearsal
March 23, Wednesdays, 7 pm — 8:30 pm, Hillcrest Patio. Our choirs will return to meeting in person! Contact marshall@firstuusandiego.org with any questions.

Thursday, March 24, 2022
Women’s Chorus Rehearsal
March 24, Thursdays, 7 pm — 8:30 pm, Hillcrest Patio. Our choirs will return to meeting in person! Contact marshall@firstuusandiego.org with any questions.

Friday, March 24, 2022
Memory Matters Gathering
March 25, Fridays (second and fourth), 10 am — 11:30 am, Online. Email hybertsen@att.net for the link.

Upcoming Events
Drop in With a Witch

Coping With Chronic Conditions Support Group

Caregivers/Allies Support Group
March 28, Mondays (second & fourth), 4 pm — 5:30 pm, online. Contact Rose@firstuusandiego.org.
Announcements

Prelude / Preludio
“Londonderry Air” — Traditional Irish Song

Call to Worship / Llamado a la celebración
Welcome and Land Acknowledgment / Bienvenida y Reconocimiento de la tierra
Church Hymn / Himno de la iglesia
Church Aspiration and Kindling of the Chalice / Aspiraciones de la iglesia y encendido del cálice
Greeting One Another / Saludándonos unos a otros
Hymn / Himno
#1015 “I Know I Can”

Time For All Ages & Affirmation / El cuento y afirmación
“The Starfish”
~ Tony Bianca, Program Director

Generosity Offering / Ofrenda
Sharia’s Closet

Offertory / Ofertorio
“Sobre las Olas” — Juventino Rosas

Extinguishing of the Chalice for Bernice Maller

Meditation / Meditación

Reading / Lectura
Hymn / Himno
#32 “Sólo Le Pido a Dios” — León Gieco

Sermon / Sermón
“Saying Yes and Saying No”
~ Rev. Kathleen McTigue, Minister in Residence

Hymn / Himno
#1028 “Fire of Commitment”

Blessing / Bendición

Postlude / Posludio
“We Are A Gentle, Angry People” — Holly Near

**First UU Music Team**
Marshall Voit, Music Director
Lorelei Isidro-Garner, South Bay Music Coordinator
Andrea Spiero, JUUL Tones Director
Tony Bianca, Handbells Director
Chase Pado, Pianist

Centering Thought

What They Did Yesterday Afternoon [excerpt]
I’ve been praying,
and these are what my prayers look like;
Dear god
I come from two countries
one is thirsty
the other is on fire
both need water.
I held an atlas in my lap
ran my fingers across the whole world
and whispered
where does it hurt?
It answered
everywhere... everywhere... everywhere.
~ Warsan Shire

Church Hymn
From all who dwell below the skies,
Let faith and hope with love arise,
Let beauty, truth, and good be sung,
Through ev’ry land, by ev’ry tongue.

De todos bajo el gran sol,
Surja esperanza, fe, amor
Verdad y belleza cantando,
De cada tierra, cada voz.

Church Aspiration
May love be the spirit of this church,
May the quest for truth be its sacrament,
And service be its prayer
To dwell together in peace,
To seek knowledge in freedom,
And to help one another in fellowship,
This is our Aspiration.

Que el amor sea la doctrina de esta iglesia, la búsqueda de la verdad su sacramento,
y el servicio su oración.
Vivir juntos en paz, buscar la verdad con libertad,
y ayudarnos mutuamente en comunidad, a eso aspiramos.

Our Affirmation
We are Unitarian Universalists, a people of open minds, loving hearts, and welcoming hands.
Somos Unitarios Universalistas, personas de mentes abiertas, corazones amorosos, y manos que dan la bienvenida.

**Our sign language interpreter today is Paul Lambert.**

**Join us for In Person Hillcrest Social Hour after Worship**

**Join us for Hillcrest Virtual Social Hour at 11 am [https://bit.ly/FirstUUSocialHour]**

**Join us for South Bay Virtual Social Hour at 11 am [bit.ly/SBSocialHour]**