

# Welcome / Bienvenida-o First Unitarian Universalist Church of San Diego

*Create community, nurture spiritual growth, help heal the world.  
Crear comunidad, fomentar el crecimiento espiritual, sanar el mundo.*

March's Monthly Theme: Prophetic Voices

## "Finding Prophecy"

Matthew Waterman, *Intern Minister*

Sunday, March 7, 2021

9:30 am



**First  
Unitarian Universalist  
Church of San Diego**

## **Prelude / Preludio**

Meditation on “In Babilone” — Michael Burkhart  
~ Grace Lewis-McLaren, *Organ*

## **Call to Worship / Llamado a la celebración**

## **Welcome and Land Acknowledgment / Bienvenida y Reconocimiento de la tierra**

## **Church Hymn / Himno de la iglesia**

## **Church Aspiration and Kindling of the Chalice / Aspiraciones de la iglesia y encendido del cáliz**

## **Song / Canto**

#1001 “Breaths”

## **Story / Cuento**

“Old Turtle and the Broken Truth” abridged — Douglas Wood  
— Jon J Muth, *illustrator*

## **Affirmation / Afirmación**

## **Reading / Lectura**

“Call from the Past, Present, and Future” — Rev. Tania Y. Márquez

## **Song / Canto**

#1007 “There’s a River Flowing in my Soul”

## **Meditation / Meditación**

## **Special Music / Musica especial**

“Let the River Run”  
South Bay Singers & Women's Choir  
~ Lorelei Isidro-Garner, *Director*

## **Message / Mensaje**

“Finding Prophecy”  
~ Matthew Waterman, *Intern Minister*

## **Song / Canto**

#108 “My Life Flows on in Endless Song”

## **Offering / Ofrenda**

## **Extinguishing the Chalice and Blessing / Bendición**

## **Postlude / Posludio**

“My Shining Hour” — Harold Arlen and Johnny Mercer  
~ Chase Pado, *Pianist*

*\*\*Our sign language interpreter today is Paul Lambert.*

\*\* Join us for Social Hour at 10:30 am <https://bit.ly/FirstUUSocialHour>

\*\* Join us for South Bay Social Hour at 11 am <https://bit.ly/SBSocialHour>

\*\* Compassion Corner, 10:30 am <https://bit.ly/CompassionCorner1>

## #1001 "Breaths"

Listen more often to things than to beings,  
listen more often to things than to beings,  
'tis the Ancestor's breath  
when the fire's voice is heard,  
'tis the Ancestor's breath  
in the voice of the waters.  
Zah Whssshh Aahh Whssshh

Those who have died have never, never left.  
The dead are not under the earth.  
They are in the rustling trees,  
they are in the groaning woods,  
they are in the crying grass,  
they are in the moaning rocks.  
The dead are not under the earth.

So Whssshh  
Listen more often to things than to beings,  
listen more often to things than to beings,  
'tis the Ancestor's breath  
when the fire's voice is heard,  
'tis the Ancestor's breath in the voice of the waters.  
Whssshh Aahh Whssshh Zah Zah

Those who have died have never, never left.  
The dead have a pact with the living.  
They are in the woman's breast,  
they are in the wailing child,  
they are with us in our homes,  
they are with us in this crowd.  
The dead have a pact with the living.

## #108 "My Life Flows on in Endless Song"

My life flows on in endless song  
above earth's lamentation.  
I hear the real though far-off hymn  
that hails a new creation.  
Through all the tumult and the strife  
I hear the music ringing.  
It sounds an echo in my soul.  
How can I keep from singing!

What though the tempest 'round me roars,  
I know the truth, it liveth.  
What though the darkness 'round me close,  
songs in the night it giveth.  
No storm can shake my inmost calm  
while to that rock I'm clinging.  
Since love prevails in heav'n and earth,  
how can I keep from singing!

When tyrants tremble as they hear  
the bells of freedom ringing,  
when friends rejoice both far and near,  
how can I keep from singing!  
To prison cell and dungeon vile  
our thoughts to them are winging;  
when friends by shame are undefiled,  
how can I keep from singing!

### Church Hymn

From all who dwell below the skies,  
Let faith and hope with love arise,  
Let beauty, truth, and good be sung,  
Through ev'ry land, by ev'ry tongue.

De todos bajo el gran sol,  
Surja esperanza, fe, amor  
Verdad y belleza cantando,  
De cada tierra, cada voz.

## #1007 There's a River Flowin' in My Soul

There's a river flowin' in my soul.  
There's a river flowin' in my soul.  
And it's tellin' me that I'm somebody.  
There's a river flowin' in my soul.

There's a river flowin' in my heart.  
There's a river flowin' in my heart.  
And it's tellin' me that I'm somebody.  
There's a river flowin' in my heart.

There's a river flowin' in my mind.  
There's a river flowin' in my mind.  
And it's tellin' me that I'm somebody.  
There's a river flowin' in my mind.

### "Let the River Run"

Come...

Let the river run, let all the dreamers wake the nation.  
Come, the new Jerusalem.  
Silver cities rise; the morning lights,  
the streets that meet them.  
And, sirens call them on with a song.

It's asking for the taking, trembling, shaking.  
Oh, my heart is aching.  
We're coming to the edge, running on the water,  
Coming through the fog, your sons and daughters.

Let the river run, let all the dreamers wake the nation.  
Come, the new Jerusalem.  
Silver cities rise; the morning lights,  
the streets that meet them.  
And, sirens call them on with a song.

Coming to the edge, running on the water,  
Coming to the edge, running on the water,  
Come!

### Church Aspiration

May love be the spirit of this church,  
May the quest for truth be its sacrament,  
And service be its prayer  
To dwell together in peace,  
To seek knowledge in freedom,  
And to help one another in fellowship,  
This is our Aspiration.

Que el amor sea la doctrina de esta iglesia,  
la búsqueda de la verdad su sacramento,  
y el servicio su oración.  
Vivir juntos en paz,  
buscar la verdad con libertad,  
y ayudarnos mutuamente en comunidad,  
a eso aspiramos.

### Our Affirmation

We are Unitarian Universalists,  
a people of open minds, loving hearts,  
and welcoming hands.

Somos Unitarios Universalistas,  
personas de mentes abiertas,  
corazones amorosos,  
y manos que dan la bienvenida.

# Calendar of Events

## Sunday, March 7, 2020

### **Social Hour**

Sundays, 10:30 am — 11:30 am, url <https://bit.ly/FirstUUSocialHour>, Meeting ID 824 042 297.

### **Board Chat**

Sundays (first), March 7, 10:30 am, <https://bit.ly/FirstUUBoardChat>, Meeting ID: 863 0218 5062 Passcode: 203946.

### **Compassion Corner**

Sundays, weekly, 10:30 am — 11 am, <https://bit.ly/Compassioncorner1>, Meeting ID: 979 7637 7178 Passcode: 540948.

### **South Bay Social Hour**

Sundays, weekly, 11 am, <https://bit.ly/SBSocialHour>. Join in for a South Bay Social Hour.

### **Parents' Lounge**

Sundays, weekly, 11:40 am — 1 pm, <https://gather.town/app/bJqi72VcPaCb5yvv/ParentsLounge>.

### **Cosmos**

Sundays (first), March 7, 1 pm — 3 pm, Online. Contact James Long at [kyolong1@gmail.com](mailto:kyolong1@gmail.com) for the link.

### **Children's Religious Education**

Sundays, 1 pm. Request meeting information from [tony@firstuusandiego.org](mailto:tony@firstuusandiego.org).

### **Pagan Conversations**

Sundays, weekly, 1 pm — 2 pm, Meeting Link: <https://bit.ly/PaganConversations> ID: 535-853-700.

### **Middle School Youth Group**

Sundays at 1:30 pm. To get more info, contact Käthe at [kathe@firstuusandiego.org](mailto:kathe@firstuusandiego.org).

### **Senior High Youth Group**

Sundays at 3:30 pm. To get more info, contact Käthe at [kathe@firstuusandiego.org](mailto:kathe@firstuusandiego.org).

### **Open Heart Sangha**

Sundays, weekly, 4 pm — 5:30 pm, for the link to the meetings please contact Marge at [margewur@gmail.com](mailto:margewur@gmail.com).

## Monday, March 8, 2020

### **Coping With Chronic Conditions Support Group**

March 8, second and fourth Mondays, 1 pm — 3 pm, url <https://bit.ly/CopingCCGroup>, ID: 681-036-9317.

### **Women's Chorus Rehearsal**

Mondays, weekly, soprano 4 pm — 4:45 pm, [bit.ly/WomensChoirSoprano](https://bit.ly/WomensChoirSoprano), alto 4:45 pm — 5:30 pm, [bit.ly/WomensChoirAlto](https://bit.ly/WomensChoirAlto).

### **South Bay Singers Rehearsal**

Mondays, weekly, 5:30 pm, [bit.ly/SouthBaySingers](https://bit.ly/SouthBaySingers).

## Tuesday, March 9, 2020

### **Arts & Crafts Creative Social**

March 9, second and fourth Tuesdays, 3 pm — 5 pm, Link to meeting: <https://bit.ly/ArtGuildSocial>, Meeting ID 945 4398 9126.

### **Industrial Farming and Pandemic Risk Today**

Tuesday, March 9, 7 pm — 8 pm, To learn more and register, go to [sandiego350.org/blog/event/civi\\_event\\_1178/?instance\\_id=4493](https://sandiego350.org/blog/event/civi_event_1178/?instance_id=4493)

## Wednesday, March 10, 2020

### **Join Robie!**

March 10, second and fourth Wednesdays, 4 pm — 5 pm, url <http://bit.ly/JoinRobie2nd> or call 1-669-900-6833, Meeting ID 821 3727 4274.

### **Senior High Youth Game Day**

Wednesdays at 4:30 pm. Contact [kathe@firstuusandiego.org](mailto:kathe@firstuusandiego.org).

### **Young Adults**

Wednesdays, 6 pm, online. A sacred time for individuals between 26 and 35 years of age. Please email Matthew at [Matthew@firstuusandiego.org](mailto:Matthew@firstuusandiego.org) for information.

### **Mindfulness & Meditation Practice Group**

Wednesdays, 7 pm — 9 pm, Online. Contact [kmesecher@gmail.com](mailto:kmesecher@gmail.com) for the Zoom link.

## Friday, March 12, 2020

### **Memory Matters Gathering**

March 12, Fridays (second and fourth), 9:30 am — 11:30 am, Online. Email [hybertsen@att.net](mailto:hybertsen@att.net) for the link.

### **Emerging Young Adults**

Fridays, weekly, 6 pm, online. For individuals between 17 and 25. Email Matthew at [matthew@firstuusandiego.org](mailto:matthew@firstuusandiego.org).

## Saturday, March 13, 2021

### **Saturday Science, Stories and Songs**

Saturdays at 10 am. Children's RE programming. Request meeting information from [tony@firstuusandiego.org](mailto:tony@firstuusandiego.org).

### **South Bay Food Pantry Hours**

970 Broadway Suite 101, Chula Vista 91911. Our food pantry distributes food every Saturday from 11 am — 12:30 pm.

### **Creative Writing Group**

March 13, Saturdays (second), 12:30 pm — 2:30 pm, <http://bit.ly/CreativeWritingFirstUU>, or call in at 1-669-900-6833, Meeting ID: 991 6747 3549.

## Upcoming Events

### **Rainbow Action Group's Koffee Klatch**

March 14, Sundays (second), 12 pm, URL <https://bit.ly/RainbowKlatch>, ID 899 4140 9956, PW 893622.

### **Monthly Board Meeting**

March 16, Tuesday, 6 pm, Online. Email President Sarah Ormond at: [boardpresident@firstuusandiego.org](mailto:boardpresident@firstuusandiego.org).

### **Happy Hour on the 8th Principle**

Wednesday, March 17, 5:30 pm, <http://bit.ly/8thPrincipleHH>.

### **Living the Homestretch**

March 20, Saturdays (third), 10 am, online at <https://bit.ly/LivingTheHomestretch>, Meeting ID 911 2242 6361.

### **Fourth Monday Meeting of the UU Men's Fellowship**

Monday, March 22, 7 pm, Zoom. A meeting open to all men. For more information email [Kcohn@san.rr.com](mailto:Kcohn@san.rr.com).