

Welcome / Bienvenida-o First Unitarian Universalist Church of San Diego

*Create community, nurture spiritual growth, help heal the world.
Crear comunidad, fomentar el crecimiento espiritual, sanar el mundo.*

February's Monthly Theme: Love is a Verb

"Strength to Love, Part 2"

"La fuerza del amor, Parte 2"

Rev. Kathleen Owens, *Lead Minister*

Sunday, February 28, 2021

9:30 am



**First
Unitarian Universalist
Church of San Diego**

Prelude / Preludio

“Waltz Op. 39 No. 9 in D Minor” — Johannes Brahms
~ Chase Pado, *Pianist*

Call to Worship / Llamado a la celebración

Welcome and Land Acknowledgment / Bienvenida y Reconocimiento de la tierra

Church Hymn / Himno de la iglesia

Church Aspiration and Kindling of the Chalice / Aspiraciones de la iglesia y encendido del cáliz

Song / Canto

#1010 “We Give Thanks”

Story / Cuento

“LOVE” — Matt de la Peña
— Loren Long, *illustrator*

Affirmation / Afirmación

Song / Canto

“There Is a Love” — Elizabeth Norton

Meditation / Meditación

Reading / Lectura

“The Advice” / “El consejo” — Rev. Theresa Inés Soto

Special Music / Musica especial

“Set Me As a Seal Upon Your Heart” — René Clausen
Chalice Choir
~ Tony Bianca, *Director*

Message / Mensaje

“Strength to Love, Part 2” / “La fuerza del amor, Parte 2”
~ Rev. Kathleen Owens, *Lead Minister*

Song / Canto

#1014 “Answering the Call of Love”

Offering / Ofrenda

Extinguishing the Chalice and Blessing / Bendición

Postlude / Posludio

“Four On Six” — Wes Montgomery

***Our sign language interpreter today is Paul Lambert.*

** Join us for Social Hour at 10:30 am <https://bit.ly/FirstUUSocialHour>

** Join us for South Bay Social Hour at 11 am <https://bit.ly/SBSocialHour>

** Compassion Corner, 10:30 am <https://bit.ly/CompassionCorner1>

#1010 “We Give Thanks”

Oh, we give thanks for this precious day,
For all gather'd here, and those far away;
For this time we share with love and care,
Oh, we give thanks for this precious day.

There is a Love

There is a Love holding me,
There is a Love holding all that I love.
There is a Love holding all, I rest in this Love.

There is a Love holding us,
There is a Love holding all that we love.
There is a Love holding all, we rest in this Love.
We rest in this Love. We rest in this Love.

#1014 “Answering the Call of Love”

The promise of the Spirit:
faith, hope and love abide.
And so ev'ry soul is blessed and made whole;
the truth in our hearts is our guide.

We are answering the call of love:
hands joined together as hearts beat as one.
Emboldened by faith, we dare to proclaim
we are Answering the Call of love.

Sometimes we build a barrier
to keep love tightly bound.
Corrupted by fear, unwilling to hear,
denying the beauty we've found.

We are answering the call of love:
hands joined together as hearts beat as one.
Emboldened by faith, we dare to proclaim
we are Answering the Call of love.

A bright new day is dawning
when love will not divide.
Reflections of grace in ev'ry embrace,
fulfilling the vision divine.

We are answering the call of love:
hands joined together as hearts beat as one.
Emboldened by faith, we dare to proclaim
we are Answering the Call of love.

Church Hymn

From all who dwell below the skies,
Let faith and hope with love arise,
Let beauty, truth, and good be sung,
Through ev'ry land, by ev'ry tongue.

De todos bajo el gran sol,
Surja esperanza, fe, amor
Verdad y belleza cantando,
De cada tierra, cada voz.

Church Aspiration

May love be the spirit of this church,
May the quest for truth be its sacrament,
And service be its prayer
To dwell together in peace,
To seek knowledge in freedom,
And to help one another in fellowship,
This is our Aspiration.

Que el amor sea la doctrina de esta iglesia,
la búsqueda de la verdad su sacramento,
y el servicio su oración.
Vivir juntos en paz,
buscar la verdad con libertad,
y ayudarnos mutuamente en comunidad,
a eso aspiramos.

Our Affirmation

We are Unitarian Universalists,
a people of open minds, loving hearts,
and welcoming hands.

Somos Unitarios Universalistas,
personas de mentes abiertas,
corazones amorosos,
y manos que dan la bienvenida.

Calendar of Events

Sunday, February 28, 2020

Social Hour

Sundays, 10:30 am — 11:30 am, url <https://bit.ly/FirstUUSocialHour>, Meeting ID 824 042 297.

Compassion Corner

Sundays, weekly, 10:30 am — 11 am, <https://bit.ly/Compassioncorner1>, Meeting ID: 979 7637 7178
Passcode: 540948.

South Bay Social Hour

Sundays, weekly, 11 am, <https://bit.ly/SBSocialHour>. Join in for a South Bay Social Hour.

Senior High Youth Group

Sundays at 11:30 am. To get more info, contact Käthe at kathe@firstuusandiego.org.

Parents' Lounge

Sundays, weekly, 11:40 am — 1 pm, <https://gather.town/app/bJqi72VcPaCb5yvv/ParentsLounge>.

Children's Religious Education

Sundays, 1 pm. Request meeting information from tony@firstuusandiego.org.

Pagan Conversations

Sundays, weekly, 1 pm — 2 pm, Meeting ID: 535-853-700. Link: <https://bit.ly/PaganConversations>

Middle School Youth Group

Sundays at 1:30 pm. To get more info, contact Käthe at kathe@firstuusandiego.org.

Open Heart Sangha

Sundays, weekly, 4 pm — 5:30 pm, for the link to the meetings please contact Marge at margewur@gmail.com.

Monday, March 1, 2020

Women's Chorus Rehearsal

Mondays, weekly, soprano 4 pm — 4:45 pm, bit.ly/WomensChoirSoprano, alto 4:45 pm — 5:30 pm, bit.ly/WomensChoirAlto.

South Bay Singers Rehearsal

Mondays, weekly, 5:30 pm, bit.ly/SouthBaySingers.

Wednesday, March 3, 2020

Senior High Youth Game Day

Wednesdays at 4:30 pm. Contact kathe@firstuusandiego.org.

Young Adults

Wednesdays, 6 pm, online. A sacred time for individuals between 26 and 35 years of age. Please email Matthew at Matthew@firstuusandiego.org for information.

Mindfulness & Meditation Practice Group

Wednesdays, 7 pm — 9 pm, Online. Contact kmesecher@gmail.com for the Zoom link.

Friday, March 4, 2020

Emerging Young Adults

Fridays, weekly, 6 pm, online. For individuals between 17 and 25. Email Matthew at matthew@firstuusandiego.org.

Saturday, March 5, 2021

Saturday Science, Stories and Songs

Saturdays at 10 am. Children's RE programming. Request meeting information from tony@firstuusandiego.org.

South Bay Food Pantry Hours

970 Broadway Suite 101, Chula Vista 91911. Our food pantry distributes food every Saturday from 11 am — 12:30 pm.

Upcoming Events

Board Chat

Sundays (first), March 7, 10:30 am, <https://bit.ly/FirstUUBoardChat>, Meeting ID: 863 0218 5062
Passcode: 203946.

Cosmos

Sundays (first), March 7, 1 pm — 3 pm, Online. Contact James Long at kyolong1@gmail.com for the link.

Coping With Chronic Conditions Support Group

March 8, second and fourth Mondays, 1 pm — 3 pm, url <https://bit.ly/CopingCCGroup>, ID: 681-036-9317.

Arts & Crafts Creative Social

March 9, second and fourth Tuesdays, 3 pm — 5 pm, Link to meeting: <https://bit.ly/ArtGuildSocial>, Meeting ID 945 4398 9126.

Industrial Farming and Pandemic Risk Today

Tuesday, March 9, 7 pm — 8 pm, To learn more and register, go to sandiego350.org/blog/event/civi_event_1178/?instance_id=4493

Join Robie!

March 10, second and fourth Wednesdays, 4 pm — 5 pm, url <http://bit.ly/JoinRobie2nd> or call 1-669-900-6833, Meeting ID 821 3727 4274.

Creative Writing Group

March 13, Saturdays (second), 12:30 pm — 2:30 pm, <http://bit.ly/CreativeWritingFirstUU>, or call in at 1-669-900-6833, Meeting ID: 991 6747 3549.

Rainbow Action Group's Koffee Klatch

March 14, Sundays (second), 12 pm, URL <https://bit.ly/RainbowKlatch>, ID 899 4140 9956, PW 893622.

Monthly Board Meeting

March 16, Tuesday, 6 pm, Online. Email President Sarah Ormond at: boardpresident@firstuusandiego.org.

Living the Homestretch

March 20, Saturdays (third), 10 am, online at <https://bit.ly/LivingTheHomestretch>, Meeting ID 911 2242 6361.

Fourth Monday Meeting of the UU Men's Fellowship

Monday, March 22, 7 pm, Zoom. A meeting open to all men. For more information email Kcohn@san.rr.com.