

Week at a Glance Calendar

Sunday, Feb. 20, 2022

Virtual Hillcrest Social Hour

Sundays, 10:30 am — 11:30 am,
bit.ly/FirstUUSocialHour, Meeting ID
824 042 297.

Virtual South Bay Social Hour

Sundays, 11 am,
<https://bit.ly/SBSocialHour>

Uke Cafe

Sundays, 11 am,
<https://bit.ly/ukecafe>. Join Tony on
Zoom with your ukulele!

Nominating Committee Forum

February 20, Sunday, 1 pm,
bit.ly/NomComForum. Forum for
Board members to answer questions
about what it's like to be a Board
member.

Climate Justice Meeting

Feb. 20, Sunday, 4 pm,
bit.ly/1stUUClimateJustice. Working
for Local Climate Resilience.

Open Heart Sangha

Sundays, weekly, 4 pm — 5:30 pm, for
the link to the meetings please contact
Marge at margewur@gmail.com.

Friends of Camp de Benneville Pines

Sundays (third), February 20, 6:30 pm
— 8 pm, online. To be added to the
ZOOM invite list, please contact
johnschaibly@gmail.com

Monday, Feb. 21, 2022

Nominating Committee Forum

February 21, Monday, 4 pm,
bit.ly/NomComForum. Forum for
Board members to answer questions
about what it's like to be a Board
member.

Tuesday, Feb. 22, 2022

Worship Planning

Tuesdays, 4 pm — 5 pm,
<https://bit.ly/WorshipPlanning1UU>,
ID 878 4650 3375, Passcode 184690.

Friday, Feb. 25, 2022

Memory Matters Gathering

February 25, Fridays (second and
fourth), 10 am — 11:30 am, Online.
Email hybertsen@att.net for link.

Upcoming Events

Becoming A Member Orientation

Feb. 27, Sunday, 10:30 am, In person,
Hillcrest campus, outside the Chapel.

Drop in With a Witch

February 27, Sundays (fourth), 1 pm
— 2 pm, bit.ly/PaganConversations,
Meeting ID: 535-853-700.

Coping With Chronic Conditions Support Group

Mondays (second & fourth), February
28, 1 pm, bit.ly/CopingCCGroup,
meeting ID 681-036-9317.

Men's Fellowship Annual Brotherhood Banquet

Feb. 28, Monday, 6 pm, Marie
Callender's Restaurant on Alvarado
Road.

Board Chat

Sundays (first), March 6, 12:30 pm,
bit.ly/FirstUUBoardChat, Meeting ID:
863 0218 5062 Passcode: 203946.

Cosmos

Sundays (first), March 6, 1 pm — 3
pm, <https://bit.ly/CosmosFUUSD>,
Passcode: 976520.

Arts & Crafts Creative Social

March 8, second Tuesdays, 3 pm — 5
pm, [http://bit.ly/FirstUUArtGuild](https://bit.ly/FirstUUArtGuild), ID
860 2031 2916, Passcode 587290.

Welcome / Bienvenida-o to the First Unitarian Universalist Church of San Diego

Create community, nurture spiritual growth, heal the world.

Crear comunidad, fomentar el crecimiento espiritual, sanar el mundo.

February's Monthly Theme: Seeking/Curiosity

"Turning Vinegar To Honey"

Rev. Kathleen McTigue, *Minister in Residence*

Sunday, February 20, 2022
9:30 am Live Stream

Centering Thought

*"Vinegar into honey" is a Tibetan alchemical metaphor, like the familiar European
alchemical metaphor of turning lead into gold. ...[It has to do] with transforming
the energy of anger, aggression and violence into wisdom, peace and wise action.
It calls for a journey within, an inquiry into our hearts and minds.*

It is not a journey for the faint-hearted."

~ from Turn Vinegar Into Honey by Ron Leifer



First
Unitarian Universalist
Church of San Diego

Hillcrest: 4190 Front St. San Diego, CA 92103
South Bay: 970 Broadway Chula Vista, CA 91911
619-298-9978

Visit www.firstusandiego.org for more information

Video “Transgender Inclusion in Congregations Workshop”
~ Sue Marberry, *Board Treasurer*

Prelude / Preludio
“The Water Is Wide” — Scottish folk song
~ Marshall Voit, *Music Director*

Call to Worship / Llamado a la celebración
~ Rev. Kathleen McTigue, *Minister in Residence*

**Welcome and Land Acknowledgment /
Bienvenida y Reconocimiento de la tierra**
~ Rev. Kathleen McTigue & Rev. Dr. Omega Burckhardt

Church Hymn / Himno de la iglesia
~ Lorelei Isidro-Garner, *South Bay Music Coordinator*

**Church Aspiration and Kindling of the Chalice /
Aspiraciones de la iglesia y encendido del cáliz**

Song / Canto
#86 “Blessed Spirit of my Life” — Shelley Jackson Denham
~ Marshall Voit, *Music Director*

Time For All Ages & Affirmation
“When Life Gives You Vinegar...”
~ Tony Bianca, *Program Director*

Generosity Offering / Ofrenda
Sharia's Closet

Offertory / Ofertorio
“Ani V'atah” (You and I) — Miki Gavrielov and Arik Einstein
~ Marshall Voit, *Music Director*

Meditation / Meditación

Song / Canto
“Come Back Baby” — Ray Charles
~ Marshall Voit, *Music Director*

Reading / Lectura
from “Everyday Zen” — Charlotte Joko Beck

Song / Canto
#1027 “Cuando el pobre”
— José Antonio Olivar and Miguel Manzano
~ Lorelei Isidro-Garner, *South Bay Music Coordinator*

Message / Mensaje
“Turning Vinegar to Honey”
~ Rev. Kathleen McTigue, *Minister in Residence*

Song / Canto
“Sunshine on the Land” — David Wilcox
~ Marshall Voit, *Music Director*

Extinguishing of the Chalice and Blessing / Bendición

Postlude / Posludio
“Tell Me A Bedtime Story” — Herbie Hancock
~ Chase Pado, *Pianist*

Church Hymn
From all who dwell below the skies,
Let faith and hope with love arise,
Let beauty, truth, and good be sung,
Through ev'ry land, by ev'ry tongue.

De todos bajo el gran sol,
Surja esperanza, fe, amor
Verdad y belleza cantando,
De cada tierra, cada voz.

Church Aspiration
May love be the spirit of this church,
May the quest for truth be its sacrament,
And service be its prayer
To dwell together in peace,
To seek knowledge in freedom,
And to help one another in fellowship,
This is our Aspiration.

Que el amor sea la doctrina de esta iglesia, la búsqueda de la verdad su
sacramento, y el servicio su oración.
Vivir juntos en paz, buscar la verdad con libertad,
y ayudarnos mutuamente en comunidad, a eso aspiramos.

Our Affirmation
We are Unitarian Universalists, a people of open minds, loving hearts, and
welcoming hands.

Somos Unitarios Universalistas, personas de mentes abiertas, corazones
amorosos, y manos que dan la bienvenida.

****Our sign language interpreter today is Paul Lambert.**

**** Join us for Hillcrest Social Hour at 10:30 am**
<https://bit.ly/FirstUUSocialHour>

**** Join us for South Bay Social Hour at 11 am**
<https://bit.ly/SBSocialHour>