

Week at a Glance Calendar

Sunday, January 30, 2022

Virtual Hillcrest Social Hour

Sundays, 10:30 am — 11:30 am,
bit.ly/FirstUUSocialHour, Meeting
ID 824 042 297.

Virtual South Bay Social Hour

Sundays, 11 am,
<https://bit.ly/SBSocialHour>

Uke Cafe

Sundays, 11 am,
<https://bit.ly/ukecafe>. Join Tony
on Zoom with your ukulele to learn
some chords and play along to
popular songs!

Open Heart Sangha

Sundays, weekly, 4 pm — 5:30 pm,
for the link to the meetings please
contact Marge at
margewur@gmail.com.

Tuesday, Feb. 1, 2022

Worship Planning

Tuesdays, 4 pm — 5 pm,
[https://bit.ly/Worship
Planning1UU](https://bit.ly/WorshipPlanning1UU), ID 878 4650 3375,
Passcode 184690.

Wednesday, Feb. 2, 2022

Sacred Song Circles

February 2, Wednesday, 7 pm —
8:30 pm, bit.ly/SacredSongCircles,
Meeting ID: 878 0190 2473,
Passcode: 753598.

Thursday, Feb. 3, 2022

Sacred Song Circles

February 3, Thursday, 7 pm —
8:30 pm, bit.ly/SacredSongCircles,
Meeting ID: 878 0190 2473,
Passcode: 753598.

Saturday, February 5, 2022

Military Spending, Nuclear Arms, and the Environment

Saturday, Feb. 5, 1 pm — 2 pm,
bit.ly/MSNAandEnvironment.

Upcoming Events

Board Chat

Sundays (first), Feb. 6, 12:30 pm,
bit.ly/FirstUUBoardChat, Meeting
ID: 863 0218 5062 Passcode:
203946.

Cosmos

Sundays (first), February 6, 1 pm
— 3 pm, bit.ly/CosmosFUUSD,
Passcode: 976520.

Arts & Crafts Creative Social

February 8, second Tuesdays, 3
pm — 5 pm, bit.ly/FirstUUArtGuild,
Meeting ID 860 2031 2916,
Passcode 587290.

Memory Matters Gathering

February 11, Fridays (second and
fourth), 10 am — 11:30 am,
Online. Email hybertsen@att.net
for the link.

Creative Writing Group

February 12, Saturdays (second),
10:30 am — 12:30 pm,
bit.ly/CreativeWritingFirstUU, ID:
868 9505 3014 Passcode: 361410.

Rainbow Action Koffee Klatch

February 13, Sundays (second),
11:30 am, bit.ly/RainbowKlatch,
ID 899 4140 9956, PW 893622.

Pagan Conversations

February 13, Sundays (second), 1
pm — 2 pm, [bit.ly/Pagan
Conversations](https://bit.ly/PaganConversations), Meeting ID:
535-853-700.

Welcome / Bienvenida-o to the First Unitarian Universalist Church of San Diego

Create community, nurture spiritual growth, heal the world.

Crear comunidad, fomentar el crecimiento espiritual, sanar el mundo.

January's Monthly Theme: Contemplation

“The Interfaith Heritage of Islam
and Its Influence on Unitarianism”

Yusef Miller

with members of the Palestine-Israel Justice Group

Sunday, January 30, 2022

9:30 am Live Stream



First
Unitarian Universalist
Church of San Diego

Hillcrest: 4190 Front St. San Diego, CA 92103
South Bay: 970 Broadway Chula Vista, CA 91911
619-298-9978

Visit www.firstuusandiego.org for more information

Prelude / Preludio

“Adagietto” — Gustav Mahler
~ Chase Pado, *Pianist*

Call to Worship / Llamado a la celebración

~ Rev. Deanna Vandiver, *Minister in Residence*
~ Rev. Dr. Omega Burckhardt, *Assistant Minister*

Welcome / Bienvenida

~ Cathy Pfister & Steve Gelb

Land Acknowledgment / Reconocimiento de la tierra

~ Rev. Dr. Omega Burckhardt, *Assistant Minister*

Church Aspiration and Kindling of the Chalice / Aspiraciones de la iglesia y encendido del cáliz

~ Beth Chopp & Steve Gelb

Song / Canto

“Come Again, Come” — Rumi, *text*
JUUL Tones
~ Andrea Spiero, *Director*

Time For All Ages & Affirmation

“The Proudest Blue” — Ibtihaj Muhammad with S.K. Ali
— Hatem Aly, *art*
~ Tony Bianca, *Program Director*

Generosity Offering / Ofrenda

Transylvania Partner Church

Offertory / Ofertorio

“Find A Stillness” — Transylvanian Folk Song

Speaker Introduction / Introducción al orador

~ Cathy Pfister

Message / Mensaje

“The Interfaith Heritage of Islam
and Its Influence on Unitarianism”
~ Yusef Miller

Special Music / Música especial

#1023 “Building Bridges”

Reflection / Reflexión

~ Kathy Radinovsky

Reflection / Reflexión

~ Kathleen MacLeod

Song / Canto

#1032 “Daoona Nayeesh”
~ Marshall Voit, *Music Director*
~ Chase Pado, *Pianist*

Blessing and Extinguishing of the Chalice / Bendición

“Gate A-4” — Naomi Shihab Nye
~ Beth Chopp

Postlude / Posludio

“Arabic and Sufi Rhythms”
~ Rev. Summer Albayati

Church Hymn

From all who dwell below the skies,
Let faith and hope with love arise,
Let beauty, truth, and good be sung,
Through ev'ry land, by ev'ry tongue.

De todos bajo el gran sol,
Surja esperanza, fe, amor
Verdad y belleza cantando,
De cada tierra, cada voz.

Church Aspiration

May love be the spirit of this church,
May the quest for truth be its sacrament,
And service be its prayer
To dwell together in peace,
To seek knowledge in freedom,
And to help one another in fellowship,
This is our Aspiration.

Que el amor sea la doctrina de esta iglesia, la búsqueda de la verdad su
sacramento, y el servicio su oración.
Vivir juntos en paz, buscar la verdad con libertad,
y ayudarnos mutuamente en comunidad, a eso aspiramos.

Our Affirmation

We are Unitarian Universalists, a people of open minds, loving hearts, and
welcoming hands.

Somos Unitarios Universalistas, personas de mentes abiertas, corazones
amorosos, y manos que dan la bienvenida.

***Our sign language interpreter today is Paul Lambert.*

*** Join us for Hillcrest Social Hour at 10:30 am
<https://bit.ly/FirstUUSocialHour>*

*** Join us for South Bay Social Hour at 11 am at the
South Bay campus or online at <https://bit.ly/SBSocialHour>*