

# Welcome / Bienvenida-o First Unitarian Universalist Church of San Diego

*Create community, nurture spiritual growth, help heal the world.  
Crear comunidad, fomentar el crecimiento espiritual, sanar el mundo.*

January's Monthly Theme: Centering

## "Facing the Rising Sun"

Religious Professionals, BLUU & FUUSD Community Members  
Supported by JTW & DRUUMM Lay Leaders  
Sunday, January 17, 2021  
9:30 am

### Centering Thought

"Do the best you can until you know better.  
Then when you know better, do better."

~ Maya Angelou



First  
Unitarian Universalist  
Church of San Diego

### Church Hymn

From all who dwell below the skies,  
Let faith and hope with love arise,  
Let beauty, truth, and good be sung,  
Through ev'ry land, by ev'ry tongue.

De todos bajo el gran sol,  
Surja esperanza, fe, amor  
Verdad y belleza cantando,  
De cada tierra, cada voz.

### Church Aspiration

May love be the spirit of this church,  
May the quest for truth be its sacrament,  
And service be its prayer  
To dwell together in peace,  
To seek knowledge in freedom,  
And to help one another in fellowship,  
This is our Aspiration.

Que el amor sea la doctrina de esta iglesia,  
la búsqueda de la verdad su sacramento,  
y el servicio su oración.  
Vivir juntos en paz,  
buscar la verdad con libertad,  
y ayudarnos mutuamente en comunidad,  
a eso aspiramos.

### Our Affirmation

We are Unitarian Universalists,  
a people of open minds, loving hearts,  
and welcoming hands.

Somos Unitarios Universalistas,  
personas de mentes abiertas,  
corazones amorosos,  
y manos que dan la bienvenida.

## **Prelude / Preludio**

“Lift Every Voice and Sing” — Malesha Jessie Taylor

## **Welcome and Land Acknowledgment / Bienvenida y Reconocimiento de la tierra**

~ Jamel Hill & Sebastian Hochgesang

## **Church Hymn / Himno de la iglesia**

## **Church Aspiration and Kindling of the Chalice / Aspiraciones de la iglesia y encendido del cáliz**

“The Promise & the Practice - Chalice Lighting #2” — Adrian L.H. Graham

## **Call to Worship / Llamado a la celebración**

“Calling All Souls” — Mathew P. Taylor

— Spanish Version by Anthony Cruz

## **Song / Canto**

“Jehovah Sabaoth” — Malesha Jessie Taylor

## **Story / Cuento**

~ Stanley & Lee Checa-Valdez with Jan Carpenter Tucker

## **Affirmation / Afirmación**

## **Reflection / Reflexión**

“Facing the Rising Sun” — Maharani Peace

## **Song / Canto**

“Yonder Come Day” — Dr Glen Thomas Rideout

## **Meditation / Meditación**

~ Kiona Daelyn

## **Special Music / Musica especial**

“Please Don't Look Away Anymore” — Gill Sotu

## **Message / Mensaje**

“Facing the Rising Sun”

~ Kiona Daelyn

## **Song / Canto**

“If I Can Help Somebody” — Malesha Jessie Taylor

## **Offering / Ofrenda**

~ Kea Ciampi Straneo and Issel Martinez

## **Extinguishing the Chalice and Blessing / Bendición**

“Let Hope Out” — Mathew P. Taylor

## **Postlude / Posludio**

“Circle Round for Freedom” — Dr Glen Thomas Rideout

*\*\*Our sign language interpreter today is Paul Lambert.*

\*\* Join us for Social Hour at <https://bit.ly/FirstUUSocialHour>

\*\* Join us for South Bay Social Hour at <https://bit.ly/SBSocialHour>

*\*\*Text-to-Give, text **give** to 844-635-0025*

**Malesha Jessie Taylor** is a versatile artist in the mediums of traditional/contemporary opera, jazz, sacred and experimental improvisation. Malesha was a featured speaker and musical artist at TEDx Chula Vista 2018 in the talk entitled, "What Do You See?" <https://www.projectblanksd.org/malesha-taylor>

**Adrian L. H. Graham** is a member of the First Unitarian Church of Baltimore and a lover of human culture, especially as manifested through food, music, language, and religious expression. Considering himself a "Uvangelist," he has served as Director of Communication & Membership at the Unitarian Universalist Congregation of Rockville since 2016, and is currently pursuing a Master of Divinity degree at Wesley Theological Seminary in Washington, D.C.  
<https://about.me/adrian.hilliard>

**Mathew P. Taylor** (He/They) is a part of the ministerial team at the UU Congregation of Rockville.  
<https://www.mysticalministry.com>

**Anthony Cruz**, MTS (he/they) is a part of the ministerial team at Community Church of New York, Unitarian Universalist. <https://www.acpantojas.org/>

**Maharani Peace** is a multimedia, multidimensional Artist (creating visual art & writing books amongst other things) and Community Organizer (curating space for important and delicate community conversations) specializing in Equity, Diversity, and Inclusion. For more info please visit [www.acmeeducationsd.com](http://www.acmeeducationsd.com) and [www.facebook.com/art1923e](https://www.facebook.com/art1923e)

**Jennifer Simon**, MDiv, is the Lifespan Education coordinator at Prairie UU in Parker, CO. She has been welcomed into preliminary fellowship and will soon be ordained as the community minister to the Mountain Top BIPOC UU community and racial justice minister for Colorado Front Range congregations. She lives with her partner Eric, son Gabe, and a very exuberant puppy named Scout. She sings with no provocation at all. <https://themountaintopuu.org/>

**Aeiramique Glass Blake** is a Restorative Justice Consultant, Racial Justice & Equity Advisor and Director of a youth and student led activism, organizing and advocacy organization called Generation Justice. Their website is currently being revamped.

**Dr Glen Thomas Rideout** has served First Unitarian Universalist Congregation of Ann Arbor as Director of Music since August 2007. His essay *Prodigal Songs: Reclaiming Our Voice* has been published by the Church of the Larger Fellowship. Glen Thomas is a member of the Unitarian Universalist Musicians Network, Chorus America, the American Choral Directors Association, and Phi Mu Alpha Sinfonia Fraternity.  
<https://www.uuaa.org/index.php/about-us/our-congregation/ministers-and-staff/136-glen-thomas-rideout>

**Gill Sotu** is a navy veteran, a multi-faceted poet, playwright, musician, DJ, and performing artist. He is a two time Grand Slam Poetry Champion, two time Raw Performing artist of the year, and a three time TEDx San Diego presenter. Currently, he is a teaching artist and a commissioned playwright with The Old Globe Theatre, a program director and teaching artist with Intrepid Theatre, CREATIVE DIRECTOR for TEDx San Diego, 2020 Artist in Residence for the Gainesville Creative Forces Art Summit, as well as the former Artist In Residence for The Jacobs Center for Neighborhood Innovation and Makers Church. He has been commissioned to produce original pieces for leading arts and community organizations such as: The San Diego Symphony, The Unity Way of San Diego County, Feeding America, SD Fringe Fest, and the San Diego Opera to name a few.

# Calendar of Events

## Sunday, January 17, 2020

### **Social Hour**

Sundays, 10:30 am — 11:30 am, url <https://bit.ly/FirstUUSocialHour>, Meeting ID 824 042 297.

### **South Bay Social Hour**

Sundays, weekly, 11 am, <https://bit.ly/SBSocialHour>. Join in for a South Bay Social Hour.

### **8th Principle Board Forum**

Sundays, January 17, 11:30 am, <http://bit.ly/8thPrincipleForum>, Meeting ID: 863 1526 7005, Passcode: 916960.

### **Senior High Youth Group**

Sundays at 11:30 am. To get more info, contact Käthe at [kathe@firstuusandiego.org](mailto:kathe@firstuusandiego.org).

### **Parents' Lounge**

Sundays, weekly, 11:40 am — 1 pm, <https://gather.town/app/bJqi72VcPaCb5yvv/ParentsLounge>, password: ParentsLounge

### **Climate Justice Team**

Sunday, January 17, 1 pm, Online. Contact James Long at [kyolong1@gmail.com](mailto:kyolong1@gmail.com) for Zoom link.

### **Children's Religious Education**

Sundays, 1 pm. Request meeting information from [tony@firstuusandiego.org](mailto:tony@firstuusandiego.org).

### **Pagan Conversations**

Sundays, weekly, 1 pm — 2 pm, Meeting Link: <https://bit.ly/PaganConversations> ID: 535-853-700.

### **Middle School Youth Group**

Sundays at 2 pm. To get more info, contact Käthe at [kathe@firstuusandiego.org](mailto:kathe@firstuusandiego.org).

### **Open Heart Sangha**

Sundays, weekly, 4 pm — 5:30 pm, for the link to the meetings please contact Marge at [margewur@gmail.com](mailto:margewur@gmail.com).

## Monday, January 18, 2020

### **Women's Chorus Rehearsal**

Mondays, weekly, soprano 4 pm — 4:45 pm, [bit.ly/WomensChoirSoprano](https://bit.ly/WomensChoirSoprano), alto 4:45 pm — 5:30 pm, [bit.ly/WomensChoirAlto](https://bit.ly/WomensChoirAlto).

### **South Bay Singers Rehearsal**

Mondays, weekly, 5:30 pm, [bit.ly/SouthBaySingers](https://bit.ly/SouthBaySingers).

## Tuesday, January 19, 2020

### **Monthly Board Meeting**

January 19, Tuesday, 6 pm, Online. Email President Sarah Ormond at: [boardpresident@firstuusandiego.org](mailto:boardpresident@firstuusandiego.org).

## Wednesday, January 20, 2020

### **Senior High Youth Game Day**

Wednesdays at 4:30 pm. Contact [kathe@firstuusandiego.org](mailto:kathe@firstuusandiego.org).

### **Young Adults**

Wednesdays, 6 pm, online. A sacred time for individuals between 26 and 35 years of age. Please email Matthew at [Matthew@firstuusandiego.org](mailto:Matthew@firstuusandiego.org) for information.

### **Mindfulness & Meditation Practice Group**

Wednesdays, 7 pm — 9 pm, Online. Contact [kmesecher@gmail.com](mailto:kmesecher@gmail.com) for the Zoom link.

## Friday, January 22, 2020

### **Memory Matters Gathering**

January 22, Fridays (second and fourth), 9:30 am — 11:30 am, Online. Email [hybertsen@att.net](mailto:hybertsen@att.net) for the link.

### **Emerging Young Adults**

Fridays, weekly, 6 pm, online. For individuals between 17 and 25. If you're interested, please email Matthew at [matthew@firstuusandiego.org](mailto:matthew@firstuusandiego.org).

## Saturday, January 23, 2021

### **Saturday Science, Stories and Songs**

Saturdays at 10 am. Children's RE programming. Request meeting information from [tony@firstuusandiego.org](mailto:tony@firstuusandiego.org).

### **South Bay Food Pantry Hours**

970 Broadway Suite 101, Chula Vista 91911. Our food pantry distributes food every Saturday from 11 am — 12:30 pm.

## Upcoming Events

### **8th Principle Board Forum**

Sundays, January 24, 11:30 am, <http://bit.ly/8thPrincipleForum>, Meeting ID: 863 1526 7005, Passcode: 916960.

### **Coping With Chronic Conditions Support Group**

January 25, second and fourth Mondays, 1 pm — 3 pm, url <https://bit.ly/CopingCCGroup>, ID: 681-036-9317.

### **Fourth Monday Meeting of the UU Men's Fellowship**

Monday, January 25, 7 pm, Zoom. A meeting open to all men. For more information email [Kcohn@san.rr.com](mailto:Kcohn@san.rr.com).

### **Arts & Crafts Creative Social**

Jan 26, second and fourth Tuesdays, 3 pm — 5 pm, Link to meeting: <https://bit.ly/ArtGuildSocial>, Meeting ID 945 4398 9126.

### **Join Robie!**

January 27, second and fourth Wednesdays, 4 pm — 5 pm, url <http://bit.ly/JoinRobie4th> or call 1-669-900-6833, Meeting ID 814 3746 1400.

### **Kathleen's Book Discussion Group**

Thursday, February 4, 2 pm, online. Sign up with Rose at [rose@firstuusandiego.org](mailto:rose@firstuusandiego.org) to receive the Zoom link the week before the discussion.

### **Board Chat**

Sundays (first), February 7, 10:30 am, <https://bit.ly/FirstUUBoardChat>, Meeting ID: 863 0218 5062 Passcode: 203946.

### **Cosmos**

Sundays (first), February 7, 1 pm — 3 pm, Online. Contact James Long at [kyolong1@gmail.com](mailto:kyolong1@gmail.com) for the link.