

Calendar of Events

Sunday, February 18, 2024

Worship Service & Livestream

In person or [online](#) at 10 am! Outdoor viewing available.

South Bay Worship Service

Sundays, 10 am, South Bay Worship Hall.

Hillcrest In Person Social Hour

Sundays, following service, Bard Hall. Coffee and tea provided.

Virtual Social Hour

Sundays, 11 am, bit.ly/FirstUUSocialHour.

Meeting ID 824 042 297

Password: FUUSD

Spiritual Agnostics Film Study and Discussion Group

February 18, Sundays (third), 11:30 am, room 323. We will screen the critically acclaimed film "Far from Men," directed by David Delhoffen.

Special Membership Meeting

– **Please vote!**

February 18, Sunday, 1 pm, Zoom only bit.ly/SCM1UU. We will approve and open the voting for two proposed amendments revisions.

Open Heart Sangha

Sundays, 4 pm — 5:30 pm, Bard Hall. margewur@gmail.com.

Monday, February 19, 2024

Women's Choir

Mondays, 7 pm — 8:30 pm, Bard Hall.

Tuesday, February 20, 2024

Young Adult Group

Tuesdays, 5:30 pm — 7 pm, Room 114b. Young Adults aged 22-35 are gathering in room 114b every Tuesday. Contact [Lara](#).

Wednesday, February 21, 2024

Chalice Choir Rehearsal

Wednesdays, 7 pm — 8:30 pm, Bard Hall.

Thursday, February 22, 2024

Food Pantry Midweek Bagging

Thursdays, 11 am — 12:30 pm, South Bay Campus Room 105. Join us putting together bags of healthy food for Saturday's distribution.

foodpantry@firstuusandiego.org.

Our Grief Journeys

February 22, second & fourth Thursdays, until May 28, 1:30 pm — 3 pm, Room 323. This is a safe, supportive space for sharing our unique experiences of grief & loss, co-facilitated by Marcia Biller & Karen Thurston. Contact karenthurst@gmail.com.

Film & Discussion: Power to Heal

Thursday, February 22, Thursday, 6 pm — 8 pm, Bard Hall. Join us for a screening of the documentary, Power to Heal, followed by a discussion. Find out more about the documentary at:

<https://www.blbfilmproductions.com/>. No pre-registration required.

Upcoming Events

Memory Matters Gathering

February 23, second and fourth Fridays, 10 am — 11:30 am, online. This is a place for those who worry about memory problems care partners. Email hybertsen@att.net for the link.

Front Street Productions Presents!

February 24, Saturday, 7:30 pm, Meeting House. Front Street Productions presents "Transformation." International opera singer Tamara Haskin takes you on an inspiring musical journey from darkness to light, sorrow to happiness, death to life and earth to heaven. For more information, contact [Robie Evans](#).

Coping With Chronic Conditions Support Group

February 26, Mondays (second & fourth), 1:30 pm — 3 pm, Zoom. Contact Chris Smith at 619-300-7477 or [email](#).

Men's Fellowship Fourth Monday Meeting

February 26, Monday, 6 pm, Common Room. Contact [Les Vivian](#), [Chris Guelich](#), or [Mike Dorfi](#) for more info.

Caregivers/Allies Support Group

February 27, second Mondays & fourth Tuesdays, 4 pm — 5:30 pm, online. For information contact [Les Vivian](#).

JTW & Racialized Identities Awareness Book Group

March 1, Friday, 6:30 pm — 8 pm, Room 323. Susan Straight's novel *Mecca* will be discussed prior to her Author Talk on Saturday, March 16 at 7:30 pm at First UU. If interested contact [Louise Titlow](#).

Welcome / Bienvenida-o to the First Unitarian Universalist Church of San Diego

Create community, nurture spiritual growth, heal the world.

Crear comunidad, fomentar el crecimiento espiritual, sanar el mundo.

February's Monthly Theme: Justice & Equity

"Mottos to Live By"

Rev. Dr. Arvid Straube, *Guest Minister*

Swamini Adityananda Saraswati, *Intern Minister*

Tony Bianca,

Director of Lifespan Faith Formation & Handbells Director

Tomás Acosta, *Collaborative Pianist*

Sunday, February 18, 2024

10 am Hillcrest Meeting House with Patio Viewing



First
Unitarian Universalist
Church of San Diego

Hillcrest: 4190 Front St. San Diego, CA 92103
South Bay: 970 Broadway Chula Vista, CA 91911
619-298-9978

Visit firstuusandiego.org for more information

Prelude / Preludio

“A Solemn Procession” — B. Wayne Bisbee
~ Las Campanas Handbell Ensemble
~ Tony Bianca, *Director*
~ Rev. Julie Forest, *Hand Drum*

Call to Worship and Chalice Lighting / Llamado a la adoración y encendido del cáliz

A Poem From One of the Buddha's First Female Disciples
~ Swamini Adityananda Saraswati, *Intern Minister*

Gathering Hymn / Himno de reunión

#108 “My Life Flows in Endless Song”

Words of Welcome and Land Acknowledgment / Palabras de bienvenida y reconocimiento de tierra

— Tony Bianca, *Director of Lifespan Faith Formation*
— Swamini Adityananda Saraswati

Church Hymn and Aspiration / Himno y Aspiración de la iglesia

Time for All Ages & Affirmation / Tiempo para todas las edades y afirmación

“The Platinum Rule” — Tony Bianca

Announcements & Offering Words / Anuncio y ofrecimiento de palabras

San Diego Flood Response Fund
— Mitch Mitchell, *Nominating Committee*

Offering Music / Ofreciendo música

“Aria” — António Fragoso (Portuguese, 1898-1917)
~ Tomás Acosta, *Collaborative Pianist*

Reading / Lectura

“Self Portrait” — David Whyte
~ Swamini Adityananda Saraswati

Meditation Hymn / Himno de meditación

#1003 “Where Do We Come From”

Meditation / Meditación

— Rev. Dr. Arvid Straube, *Guest Minister*

Sermon / Sermón

“Mottos to Live By” — Rev. Dr. Arvid Straube

Closing Hymn / Himno de clausura

#1014 “Answering the Call of Love”

Blessing and Extinguishing of the Chalice / Bendición y extinción del cáliz

— Rev. Dr. Arvid Straube

Postlude / Postludio

“A Grad Celebration” — Derek K. Hakes
~ Las Campanas Handbell Ensemble
~ Tony Bianca

Church Hymn

From all who dwell
below the skies,
Let faith and hope
with love arise,
Let beauty, truth, and
good be sung,
Through ev'ry land,
by ev'ry tongue.

De todos bajo el gran sol,
Surja esperanza, fe, amor
Verdad y belleza cantando,
De cada tierra, cada voz.

Our Affirmation

We are Unitarian
Universalists, a people of
open minds, loving hearts,
and welcoming hands.

Somos Unitarios
Universalistas, personas de
mentes abiertas, corazones
amorosos, y manos que dan
la bienvenida.

Church Aspiration

May love be the spirit of this
church,
May the quest for truth be its
sacrament,
And service be its prayer
To dwell together in peace,
To seek knowledge in
freedom,
And to help one another in
fellowship,
This is our Aspiration.

Que el amor sea la doctrina
de esta iglesia, la búsqueda
de la verdad su sacramento,
y el servicio su oración.
Vivir juntos en paz, buscar la
verdad con libertad,
y ayudarnos mutuamente en
comunidad, a eso aspiramos.

**Our sign language interpreter today is Paul Lambert
** Join us for In Person Hillcrest Social Hour after Worship

** Join us for Virtual Social Hour at 11 am
<https://bit.ly/FirtUUSocialHour>