

Calendar of Events

Sunday, October 1, 2023

Hillcrest In Person Social Hour

Sundays, following service, Bard Hall.
Coffee, tea and snacks.

Virtual Social Hour

Sundays, 11 am,
bit.ly/FirstUUSocialHour, Meeting ID 824
042 297. Password: FUUSD.

South Bay Singers Rehearsal

Sundays, 11:45 am — 1 pm, South Bay
Campus. Contact
Lorelei@firstuusandiego.org for details.

Meet and Greet with our new Intern Minister!

October 1, Sunday, 11:45 am — 12:30 pm,
South Bay Campus. After the service there
will be an opportunity to connect with
Swamini, who will be learning and serving
with us part-time over the next two years.

UU Animal Ministry of San Diego

October 1, Sunday, 12 pm, Peace Garden.
Contact rose@firstuusandiego.org.

Board Chat

October 1, first Sundays, 12:30 pm,
bit.ly/FirstUUBoardChat, Meeting ID: 863
0218 5062 Passcode: 203946. Chat with a
member of the Board.

Hillcrest Song Circle

October 1, first Sundays, 3 pm — 5 pm,
Common Room. Bring your guitar/and or
voice. Wombated@gmail.com or
cmack5913@gmail.com.

Open Heart Sangha

Sundays, 4 pm — 5:30 pm, Bard Hall.
margewur@gmail.com.

ZUUMERS

October 1, first Sundays, 6 pm, online. For
more information and link, please contact
Claudia at obata.claudia@gmail.com.

Monday, October 2, 2023

Handbells

Mondays, 5:30 pm — 7 pm, Meeting
House. If you're interested in ringing, email
tony@firstuusandiego.org.

Tuesday, October 3, 2023

Young Adult Group

Tuesdays, 5:30 pm — 7 pm, Room 114b. Young
Adults aged 22-35 are gathering in room 114b
every Monday. Contact Youth and Young Adult
Coordinator, [Lara Anderson](mailto:Lara.Anderson).

Wednesday, October 4, 2023

Chalice Choir Rehearsal

Wednesdays, 7 pm — 8:30 pm, Bard Hall.

Upcoming Events

Rainbow Action Group's Koffee Klatch

October 8, second Sundays, 11:15 am — 12:15
pm, Room 323. All family, friends and allies are
invited.

Covenant of UU Pagans (CUUPS) of San Diego

October 8, second Sundays, 12 pm, Common
Room and Peace Garden. Contact
rose@firstuusandiego.org.

Coping With Chronic Conditions Support Group

October 9, Mondays (second & fourth), 1:30 pm
— 3 pm, URL <https://bit.ly/CopingCCGroup>,
meeting ID 681-036-9317.

Caregivers/Allies Support Group

October 9, second Mondays & fourth Tuesdays, 4
pm — 5:30 pm, online. For additional information
contact [Les Vivian](mailto:Les.Vivian).

UU Humanist Book Discussion Group

October 10, second Tuesdays, 6 pm, Room 320.
For our first meeting we will discuss the *The
Good Book: A Humanist Bible*. Contact
rose@firstuusandiego.org.

Neighborhood Groups without Borders

October 11, second Wednesdays, 11 am — 1 pm,
4349 Adams Ave, San Diego, CA 92116. Text
RSVP to 619-987-6234 to reserve one of 14
available spaces each month.

Book Club

October 12, Thursday, 6 pm, Zoom. Join us for a
discussion of *Nickel Boys* by Colson Whitehead.
Minastaylor@gmail.com.

Finance Committee Meeting

October 12, Thurs, 6:30 pm, link in the members
area of the [website](http://www.firstuusandiego.org).

Welcome / Bienvenida-o to the First Unitarian Universalist Church of San Diego

Create community, nurture spiritual growth, heal the world.

Crear comunidad, fomentar el crecimiento espiritual, sanar el mundo.

October's Monthly Theme: Heritage

"The Gifts of Heritage"

Rev. Kristen Kuriga, *Assistant Minister*

Marshall Voit, *Music Director*

Sunday, October 1, 2023

10 am Hillcrest Meeting House with Patio Viewing



First
Unitarian Universalist
Church of San Diego

Hillcrest: 4190 Front St. San Diego, CA 92103
South Bay: 970 Broadway Chula Vista, CA 91911
619-298-9978

Visit www.firstuusandiego.org for more information

Prelude / Preludio

"Ancient Mother" — Chalice Choir

Call to Worship and Kindling of the Chalice / Llamado a la celebración y encendido del cáliz

"For the Memory that Heals and Holds" — Rev. Scott Tayler
~ Rev. Kristen Kuriga, *Assistant Minister*

Song / Canción

#126 "Come Thou Fount of Every Blessing"

Words of Welcome and Land Acknowledgment / Bienvenida y reconocimiento de la tierra

~ Steve Howard, *Board Member*

Church Hymn and Aspiration / Himno y Aspiración de la iglesia

Time For All Ages & Affirmation / Tiempo para todas las edades y afirmación

"The Story of the Little Oak Tree" — Barbara Marshman
as told to Katie Convoy
~ Rev. Kristen Kuriga, *Assistant Minister*
~ Kate Collier, *Program Assistant*

Ritual of Farewell / Ritual de despedida

For Joan Cudhea

Generosity Offering / Ofrenda de generosidad

"Stand Up for Kids"
~ Terilyn (Teri) Burg, *Executive Director*

Offertory / Ofertorio

"Teach Your Children" — Graham Nash
~ Marshall Voit, *Guitar*
~ Tomás Acosta, *Collaborative Pianist*

Reading / Lectura

"A House Called Tomorrow" — Alberto Ríos

Meditation Song / Canción de meditación

#1034 "De Noche"

Meditation / Meditación

Music / Música

"Courage to Be Who We Are" — Ruth Huber
~ Chalice Choir

Sermon / Sermón

"The Gifts of Heritage" — Rev. Kristen Kuriga, *Assistant Minister*

Closing Hymn / Himno de clausura

"Lead with Love" — Melanie DeMore

Blessing and Extinguishing of the Chalice / Bendición

Postlude / Postludio

"Impromptu in Two Keys" — George Gershwin
~ Tomás Acosta, *Collaborative Pianist*

Musicians

Marshall Voit, *Music Director*

Tomás Acosta, *Collaborative Pianist*

Church Hymn

From all who dwell
below the skies,
Let faith and hope
with love arise,
Let beauty, truth, and
good be sung,
Through ev'ry land,
by ev'ry tongue.

De todos bajo el gran sol,
Surja esperanza, fe, amor
Verdad y belleza cantando,
De cada tierra, cada voz.

Our Affirmation

We are Unitarian
Universalists, a people of
open minds, loving hearts,
and welcoming hands.

Somos Unitarios
Universalistas, personas de
mentes abiertas, corazones
amorosos, y manos que dan
la bienvenida.

Church Aspiration

May love be the spirit of this
church,
May the quest for truth be its
sacrament,
And service be its prayer
To dwell together in peace,
To seek knowledge in
freedom,
And to help one another in
fellowship,
This is our Aspiration.

Que el amor sea la doctrina
de esta iglesia, la búsqueda
de la verdad su sacramento,
y el servicio su oración.
Vivir juntos en paz, buscar la
verdad con libertad,
y ayudarnos mutuamente en
comunidad, a eso
aspiramos.

**Our sign language interpreter today is Paul Lambert
** Join us for In Person Hillcrest Social Hour after Worship

** Join us for Virtual Social Hour at 11 am

<https://bit.ly/FirstUUSocialHour>