

## Calendar of Events

### Sunday, November 19, 2023

#### **Hillcrest In Person Social Hour**

Sundays, following service, Bard Hall.  
Coffee and tea provided.

#### **Virtual Social Hour**

Sundays, 11 am, [bit.ly/FirstUUSocialHour](https://bit.ly/FirstUUSocialHour).  
Meeting ID 824 042 297. Password: FUUSD.

#### **Spiritual Agnostics Film Study and Discussion Group**

November 19, Sunday, 11:30 am, Room 323.  
The film will be "Garden State," Written  
directed by, and starring Zach Braff with  
Natalie Portman as his love interest.

#### **Open Heart Sangha**

Sundays, 4 pm — 5:30 pm, Bard Hall.  
[margewur@gmail.com](mailto:margewur@gmail.com)

### Monday, November 20, 2023

#### **Women's Choir**

Mondays, 7 pm — 8:30 pm, Bard Hall.

### Tuesday, November 21, 2023

#### **Young Adult Group**

Tuesdays, 5:30 pm — 7 pm, Room 114b.  
Young Adults aged 22-35 are gathering in room  
114b every Monday. Contact [Lara](mailto:Lara).

#### **Board Meeting**

November 21, Tuesday, 6:30 pm, Bard Hall  
and online. Board meetings are open to  
congregants. Link in the member section  
of the [website](http://www.firstuusandiego.org).

### Wednesday, November 22, 2023

#### **Thanksgiving Eve service at Potluck**

November 22, Wednesday (Thanksgiving Eve),  
5:30 pm, Bard Hall. Please join us for a brief  
Thanksgiving worship service, followed by a  
potluck meal.

#### **Chalice Choir Rehearsal**

Wednesdays, 7 pm — 8:30 pm, Bard Hall.

### Thursday, November 23, 2023

#### **Food Pantry Midweek Bagging**

Thursdays, 11 am — 12:30 pm  
South Bay Campus Room 105.

### Friday, November 24, 2023

#### **Memory Matters Gathering**

November 24, second and fourth Fridays,  
10 am — 11:30 am, online. This is a place for  
those who worry about memory problems care  
partners. Email [hybertsen@att.net](mailto:hybertsen@att.net)  
for the link.

### Saturday, November 25, 2023

#### **Food Pantry Food Distribution**

Saturdays, 11 am — 1 pm, South Bay Campus.  
Volunteers should arrive by 10:30 am to staff a  
station. Youth under 18 may volunteer with a  
parent. [foodpantry@firstuusandiego.org](mailto:foodpantry@firstuusandiego.org).

### Sunday, November 26, 2023

#### **Hillcrest In Person Social Hour**

Sundays, following service, Bard Hall. Coffee  
and tea provided.

#### **Virtual Social Hour**

Sundays, 11 am, [bit.ly/FirstUUSocialHour](https://bit.ly/FirstUUSocialHour).  
Meeting ID 824 042 297. Password: FUUSD.

#### **Steps to Membership Meeting**

November 26, fourth Sundays, 11:15 am, Room  
323. Come learn about membership at First  
UU.

#### **Investigating Abrahamic Religions Study Group**

November 26, Sunday, 12 noon, Room 321.

#### **Open Heart Sangha**

Sundays, 4 pm — 5:30 pm, Bard Hall.  
[margewur@gmail.com](mailto:margewur@gmail.com).

### Monday, November 27, 2023

#### **Coping With Chronic Conditions Support Group**

November 27, Mondays  
(second & fourth), 1:30 pm — 3 pm  
URL <https://bit.ly/CopingCCGroup>.  
meeting ID 681-036-9317.

#### **Fourth Monday Meeting of UU Men's Fellowship**

November 27, fourth Mondays, potluck 6 pm,  
Common Room. Visit the UUMF table or  
contact [jcksdca@gmail.com](mailto:jcksdca@gmail.com)

#### **Women's Choir**

Mondays, 7 pm — 8:30 pm, Bard Hall.

### Tuesday, November 28, 2023

#### **Young Adult Group**

Tuesdays, 5:30 pm — 7 pm, Room 114b.  
Young Adults aged 22-35 are gathering in room  
114b every Monday. Contact [Lara](mailto:Lara).

#### **Caregivers/Allies Support Group**

November 28, second Mondays & fourth  
Tuesdays, 4 pm — 5:30 pm, online. For  
additional information contact [Les Vivian](mailto:Les Vivian).

# Welcome / Bienvenida-o to the First Unitarian Universalist Church of San Diego

*Create community, nurture spiritual growth, heal the world.*

*Crear comunidad, fomentar el crecimiento espiritual, sanar el mundo.*

November's Monthly Theme: Generosity

## "Communities of Care"

Rev. Dr. Sofía Betancourt, *UUA President*

Rev. Justine Sullivan, *Lead Minister*

Rev. Kristen Kuriga, *Assistant Minister*

Marshall Voit, *Music Director*

Andrea Spiero, *JUUL Tones Director*

Chase Pado, *Pianist*

Sunday, November 19, 2023

10 am Hillcrest Meeting House with Patio Viewing



First  
Unitarian Universalist  
Church of San Diego

Hillcrest: 4190 Front St. San Diego, CA 92103  
South Bay: 970 Broadway Chula Vista, CA 91911  
619-298-9978

Visit [www.firstuusandiego.org](http://www.firstuusandiego.org) for more information

## Bell / Campana

### Prelude / Preludio

"Cantan las flores" — w. & m. Michael D. Mendoza  
~ First UU Chalice Choir  
~ Marshall Voit, *Director*

### Words of Welcome / Bienvenida

— Rev. Justine Sullivan, *Lead Minister*  
— Rev. Kristen Kuriga, *Assistant Minister*

### Gathering Hymn / Himno de reunión

#1008 "When Our Heart Is in a Holy Place"

### Call to Worship and Kindling of the Chalice / Llamado a la celebración y encendido del cáliz

### Land Acknowledgment / Reconocimiento de la tierra

### Church Hymn and Aspiration / Himno y Aspiración de la iglesia

### Time For All Ages and Affirmation / Tiempo para todas las edades y afirmación

"Getting to Know Rev. Sofia"  
— Tony Bianca, *Director of Lifespan Faith Formation*

### Offering Words / Ofreciendo palabra

Refugee Health Alliance

### Offering Music / Ofreciendo música

"Your Story" — m. Bill Evans  
~ Chase Pado, *Pianist*

### Meditation / Meditación

— Swamini Aditayananda Saraswasti, *Intern Minister*

### Meditation Music / Música de meditación

"Magnificence 5775" — w. & m. Peter Makena  
~ JUUL Tones Acappella Ensemble  
~ Andrea Spiero, *Director*

### Reading / Lectura

"We Find Our Salvation Here" — Rev. Deanna Vandiver  
~ Rev. Dr. Sofia Betancourt, *UUA President*

### Special Music / Música especial

"Blessed are the Peacemakers" — w. (*based on Matt. 5:9 and Col. 3:13-14*)  
— m. Rosephanye Powell  
~ First UU Chalice Choir  
~ Marshall Voit, *Director*  
~ Andrea Spiero, *Flute*

### Sermon / Sermón

"Communities of Care"  
— Rev. Dr. Sofia Betancourt, *UUA President*

### Closing Hymn / Himno de clausura

#1018 "Come and Go With Me"

### Blessing / Bendición

— Rev. Dr. Sofia Betancourt, *UUA President*

### Extinguishing of the Chalice / Extinción del Cáliz

— Rev. Justine Sullivan, *Lead Minister*

### Postlude / Postludio

"Echo" (*Original Composition from Chase Pado*)  
~ Chase Pado, *Pianist*

### Church Hymn

From all who dwell  
below the skies,  
Let faith and hope  
with love arise,  
Let beauty, truth, and  
good be sung,  
Through ev'ry land,  
by ev'ry tongue.

De todos bajo el gran sol,  
Surja esperanza, fe, amor  
Verdad y belleza cantando,  
De cada tierra, cada voz.

### Church Aspiration

May love be the spirit of this  
church,  
May the quest for truth be its  
sacrament,  
And service be its prayer  
To dwell together in peace,  
To seek knowledge in  
freedom,  
And to help one another in  
fellowship,  
This is our Aspiration.

### Our Affirmation

We are Unitarian  
Universalists, a people of  
open minds, loving hearts,  
and welcoming hands.

Somos Unitarios  
Universalistas, personas de  
mentes abiertas, corazones  
amorosos, y manos que dan  
la bienvenida.

Que el amor sea la doctrina  
de esta iglesia, la búsqueda  
de la verdad su sacramento,  
y el servicio su oración.  
Vivir juntos en paz, buscar la  
verdad con libertad,  
y ayudarnos mutuamente en  
comunidad, a eso aspiramos.

*\*\*Our sign language interpreter today is Paul Lambert*  
*\*\* Join us for In Person Hillcrest Social Hour after Worship*  
*\*\* Join us for Virtual Social Hour at 11 am*  
<https://bit.ly/FirstUUSocialHour>