

## Week at a Glance Calendar

### Sunday, October 16, 2022

#### **Hillcrest In Person Social Hour**

Sundays, following service, Hillcrest patio. Coffee, tea and snacks provided.

#### **Virtual Social Hour**

Sundays, 11 am,

[bit.ly/FirstUUSocialHour](https://bit.ly/FirstUUSocialHour), Meeting ID 824 042 297. Password: FUUSD

#### **South Bay Singers Rehearsal**

Sundays, 11:45 am — 1 pm, South Bay Campus. Contact [Loreleigi@hotmail.com](mailto:Loreleigi@hotmail.com) for details.

#### **Climate Justice Meeting**

October 16, Sunday, 3 pm,  
[bit.ly/1stUUClimateJustice](https://bit.ly/1stUUClimateJustice).

#### **Open Heart Sangha**

Sundays, 4 pm — 5:30 pm, contact [margewur@gmail.com](mailto:margewur@gmail.com).

#### **Friends of Camp de Benneville Pines**

October 16, Sundays (third), 6:30 pm — 8 pm. For location information, contact [johnschaibly@gmail.com](mailto:johnschaibly@gmail.com)

### Monday, October 17, 2022

#### **Treble Choir Rehearsal**

Mondays, 7:15 pm — 8:30 pm, Bard Hall. Join us! Contact [loreleigi@hotmail.com](mailto:loreleigi@hotmail.com).

### Tuesday, October 18, 2022

#### **Worship Planning**

Tuesdays, 4 pm — 5 pm,  
[bit.ly/WorshipPlanning1UU](https://bit.ly/WorshipPlanning1UU), ID 878 4650 3375, Passcode 184690.

#### **Board Meeting**

October 18, Tuesday, 6:30 pm, online. Board meetings are open to congregants. Link in the member section of the [website](#).

### Weds, October 19, 2022

#### **Chalice Choir Rehearsal**

Wednesdays, 7 pm — 8:30 pm, Bard Hall. Join us! Contact [marshall@firstuusandiego.org](mailto:marshall@firstuusandiego.org).

### Thurs, October 20, 2022

#### **Rainbow Twilight Walk**

October 20, third Thursdays, 5 pm, the center of Balboa Park's museum area.

### Friday, October 21, 2022

#### **UU Men's Renewal**

October 21-23 (Friday evening to Sunday noon). For more information, please view [flyer/registration](#) form or contact [Mike Dorfi](mailto:MikeDorfi) 619-887-1748.

### Upcoming Events

#### **Pagan Conversations**

October 23, Sundays (2nd and 4th), 11:30 am, online [bit.ly/PaganConversations](https://bit.ly/PaganConversations), and 1 pm, Peace Garden.

#### **Coping With Chronic Conditions Support Group**

October 24, Mondays (second & fourth), 1 pm, URL <https://bit.ly/CopingCCGroup>, meeting ID 681-036-9317.

#### **Caregivers/Allies Support Group**

October 24, Mondays (second & fourth), 4 pm — 5:30 pm, online. Contact [Les Vivian](mailto:LesVivian).

#### **Fourth Monday Meeting of UU Men's Fellowship**

October 24, Monday (fourth), 6 pm, Room 323. Contact [Andy French](mailto:AndyFrench) or [John Keasler](mailto:JohnKeasler).

#### **Adult RE Speaker Series**

October 27, Thursday, 6:30 pm, zoom. For more information & to register, click [HERE](#).

#### **Organizing for Justice Meeting**

November 3, Thursdays (first), 6 pm, online. Contact [Newt Ferris](mailto:newtferris@gmail.com) at [newtferris@gmail.com](mailto:newtferris@gmail.com) for further information.

#### **Samhain**

November 5, Saturday, 6:30 pm, Hillcrest campus.

# Welcome / Bienvenida-o to the First Unitarian Universalist Church of San Diego

*Create community, nurture spiritual growth, heal the world.*

*Crear comunidad, fomentar el crecimiento espiritual, sanar el mundo.*

October's Monthly Theme: Courage

## "Why We Serve"

Rev. Justine Sullivan, *Lead Minister* & Lay Ministers

Sunday, October 16, 2022

10 am Hillcrest Meeting House with Patio Viewing  
and Simultaneous Livestream



First  
Unitarian Universalist  
Church of San Diego

Hillcrest: 4190 Front St. San Diego, CA 92103  
South Bay: 970 Broadway Chula Vista, CA 91911  
619-298-9978

Visit [www.firstuusandiego.org](http://www.firstuusandiego.org) for more information

## **Prelude / Preludio**

“Norse Song Op. 68 No. 41” — Robert Schumann

## **Call to Worship and Kindling of the Chalice / Llamado a la celebración y encendido del cáliz**

~ Rev. Justine Sullivan, *Lead Minister*

~ Steve Howard, *Worship Associate*

## **Words of Welcome and Land Acknowledgment / Bienvenida y Reconocimiento de la tierra**

~ Steve Howard, *Worship Associate*

## **Church Hymn and Church Aspiration / Himno de la iglesia y Aspiraciones de la iglesia**

### **Time for All Ages & Affirmation / El cuento y Afirmación**

~ Mindy & Sebastian Hochgesang

### **Generosity Offering / Ofrenda de generosidad**

Black Lives of Unitarian Universalism (BLUU)

### **Offertory / Ofertorio**

“Who I See” — Christine Parker

~ Andrea Spiero, *Vocals*

~ Tomás Acosta, *Piano*

### **Reflection / Reflexión**

“The Power of Listening and Being Heard”

~ Chris Smith & Gay Hybertsen, *Lay Ministers*

### **Meditation Song / Canción de meditación**

#1009 “Meditation on Breathing”

### **Reading / Lectura**

“The Gift of Strawberries” from *Braiding Sweetgrass*

### **Special Music / Música especial**

“Listening” — Lea Morris

JUUL Tones Acapella Ensemble

~ Andrea Spiero, *Director*

### **Message / Mensaje**

“Giving and Receiving”

~ Rev. Justine Sullivan, *Lead Minister*

### **Closing Hymn / Himno final**

#402 “From You I Receive” / #43 “De ti yo recibo”

### **Blessing and Extinguishing of the Chalice / Bendición**

### **Postlude / Posludio**

“The Spectre’s Waltz” — Michelle Lord

## **First UU Music Team**

Marshall Voit, *Music Director*

Lorelei Isidro-Garner, *Music Coordinator*

Tony Bianca, *Handbell Director*

Andrea Spiero, *JUUL Tones Director*

Tomás Acosta, *Collaborative Pianist*

### **Church Hymn**

From all who dwell below the  
skies,

Let faith and hope with love arise,

Let beauty, truth, and good be

sung,

Through ev’ry land, by ev’ry

tongue.

De todos bajo el gran sol,

Surja esperanza, fe, amor

Verdad y belleza cantando,

De cada tierra, cada voz.

### **Our Affirmation**

We are Unitarian Universalists, a

people of open minds, loving

hearts, and welcoming hands.

Somos Unitarios Universalistas,

personas de mentes abiertas,

corazones amorosos, y manos que

dan la bienvenida.

### **Church Aspiration**

May love be the spirit of this  
church,

May the quest for truth be its

sacrament,

And service be its prayer

To dwell together in peace,

To seek knowledge in freedom,

And to help one another in

fellowship,

This is our Aspiration.

Que el amor sea la doctrina de

esta iglesia, la búsqueda de la

verdad su sacramento, y el

servicio su oración.

Vivir juntos en paz, buscar la

verdad con libertad,

y ayudarnos mutuamente en

comunidad, a eso aspiramos.

\*\*Our sign language interpreter today is Paul Lambert

\*\* Join us for In Person Hillcrest Social Hour after Worship

\*\* Join us for Virtual Social Hour at 11 am

**<https://bit.ly/FirstUUSocialHour>**