

# Calendar of Events

## Sunday, September 29, 2024

### **Hillcrest In-Person Social Hour**

September 29, Sundays, following worship, Bard Hall. Join your community after the service for coffee and conversation.

### **UU the Vote: Post-carding Party!**

September 29th, Bard Hall after service. Write postcards reminding voters of the importance of their voices. Materials and refreshments will be provided—just bring your enthusiasm!

### **Calling All Musicians!**

Sunday, September 29th, 11:30 am, Meeting House. Band jam after church. Contact **Andrea** for more information.

### **Open Heart Sangha**

September 29, Sundays, weekly, 4 pm - 5:30 pm, Bard Hall. Contact **Marge**, [margewur@gmail.com](mailto:margewur@gmail.com).

## Monday, September 30, 2024

### **Women's Choir Rehearsal**

Mondays, 7 pm - 8:30 pm in Bard Hall. Contact **Tomás Acosta**, [tomas@firstuusandiego.org](mailto:tomas@firstuusandiego.org).

## Tuesday, October 1, 2024

### **Young Adult Group**

Tuesdays, 6 pm - 7:30 pm in Room 114b. Contact **Lara** for more information.

## Wednesday, October 2, 2024

### **Chalice Choir Rehearsal**

Wednesdays, 7 pm - 8:30 pm in Bard Hall. Contact **Tomás Acosta**, [tomas@firstuusandiego.org](mailto:tomas@firstuusandiego.org).

## Upcoming Events

### **JTW RIA Book Group**

October 4th, 6:30 pm, Room 320. Discuss *White Rage* by Carol Anderson on Friday. Please contact **Louise Titlow** if you're interested.

### **South Bay Singers Rehearsals**

Sunday, October 6th, after service. Led by Tomás Acosta. All are welcome!

### **Coping With Chronic Conditions**

#### **Support Group**

October 7, second and fourth Mondays, 1:30 pm - 3 pm, zoom. Contact **Chris Smith** prior to attending: **619-300-7477**.

### **Caregivers/Allies Support Group**

October 7, second Mondays & fourth Tuesdays, 4 pm - 5:30 pm, zoom. Contact **Les Vivian**.

### **Neighborhood Group without Borders**

October 9, second Wednesdays, 11 am - 1 pm, 4349 Adams Ave, San Diego, CA 92116. Refreshments will be provided. RSVP to **Susan Riegel Harding** at **619-987-6234**.

### **Save the Date: Day of Healing**

Saturday, October 12th, 9 am - 1 pm, Hillcrest Campus. Healing our bodies, minds, and spirits.

<https://bit.ly/dayofhealingsandiego>.

### **Front Street Productions Presents!**

October 18, Friday, 7:30 pm, Meeting House. Live harp music with free admission! A concert celebrating the release of Tasha Smith Godinez' newest album "New Day!", joined by Domenico Hueso, Christopher Garcia and Leonard Patton. Register to attend through **Eventbrite**. For more information, contact **Robie Evans** or go to our **webpage**.

### **Psychology of Color in Design**

Saturday, October 26, 10 am, Bard Hall and Zoom. Hosted by UU Seniors — Mike Mance will discuss the psychology of color in design. Join us in person or on Zoom: <https://bit.ly/UUSeniors>. All are welcome. If you miss the program, the recording will be available on the church website.

# Welcome / Bienvenida-o to the First Unitarian Universalist Church of San Diego

*Create community, nurture spiritual growth, heal the world.  
Crear comunidad, fomentar el crecimiento espiritual, sanar el mundo.*

*September's Worship Theme: The Practice of Invitation*

## “Come to Our Garden”

Swamini Adityananda Saraswati, *Intern Minister*  
Liz Jones, *Worship Associate*

First UU Women's Choir

Tomás Acosta, *Choir Director*

Leigh Pettit, *Guest Pianist*

Sunday, September 29, 2024

10 am Hillcrest Patio Viewing and Livestream



First  
Unitarian Universalist  
Church of San Diego

**Hillcrest: 4190 Front St. San Diego, CA 92103**  
**South Bay: 970 Broadway Chula Vista, CA 91911**  
**619-298-9978**  
Visit [firstuusandiego.org](http://firstuusandiego.org) for more information

*This morning's flowers are in honor of Benita Berkson's 90th birthday*

**Prelude / Preludio**

"Jeux d'eau" — Maurice Ravel  
~ Leigh Pettit, *piano*

**Call to Worship and Chalice Lighting /**

**Llamado a la Adoración y Encendido del Cáliz**

~ Swamini Adityananda Saraswati, *Intern Minister*

**Introit**

"Peace, Salaam, Shalom"  
~ First UU Women's Choir  
~ Tomás Acosta, *Choir Director*

**Words of Welcome & Land Acknowledgement /**

**Palabras de Bienvenida y Reconocimiento de Tierras**

~ Liz Jones, *Worship Associate*  
~ Tomás Acosta

**Church Hymn & Aspiration /**

**Himno de la iglesia & Aspiración**

**Time for All Ages & Affirmation /**

**Tiempo para todas las edades y afirmación**

"The Curious Garden" — Peter Brown  
~ Tony Bianca, *Director of Lifespan Faith Formation*

**Affirmation / Afirmación**

~ Rev. Justine Sullivan, *Lead Minister*

**Announcement and Offering Words /**

**Anuncio y Ofrecimiento de palabras**

~ Swamini Adityananda Saraswati  
~ Liz Jones, "Partner Church - Philippines"

**Offering Music / Ofreciendo música**

"Andante" from *In the Mists* — Leos Janacek  
~ Leigh Pettit

**Reading / Lectura**

"Remember" — Pawnee/Osage/Omaha Indian Song *with additional words by Rev. Dr. Carolyn Owen-Towle*  
~ Swamini Adityananda Saraswati

**Meditation on Nature /**

**Meditación sobre la naturaleza**

~ Swamini Adityananda Saraswati

**Special Music / Música especial**

"23rd Psalm" — Bobby McFerrin  
~ First UU Women's Choir  
~ Tomás Acosta, *Choir Director*

**Sermon / Sermón**

"Come to Our Garden"  
— Swamini Adityananda Saraswati

**Special Music / Música especial**

"Come to My Garden"  
~ First UU Women's Choir  
~ Tomás Acosta, *Choir Director*

**Blessing and Extinguishing of the Chalice /**

**Bendición y Extinción del Cáliz**

~ Swamini Adityananda Saraswati

**Postlude / Postludio**

"Poissons d'Or (Goldfish)" — Claude Debussy  
~ Leigh Pettit

**Church Hymn**

From all who dwell  
below the skies,  
Let faith and hope  
with love arise,  
Let beauty, truth, and  
good be sung,  
Through ev'ry land,  
by ev'ry tongue.

De todos bajo el gran sol,  
Surja esperanza, fe, amor  
Verdad y belleza cantando,  
De cada tierra, cada voz.

**Our Affirmation**

We are Unitarian  
Universalists, a people of  
open minds, loving hearts,  
and welcoming hands.

Somos Unitarios  
Universalistas, personas de  
mentes abiertas, corazones  
amorosos, y manos que dan  
la bienvenida.

**Church Aspiration**

May love be the spirit of this  
church,  
May the quest for truth be its  
sacrament,  
And service be its prayer  
To dwell together in peace,  
To seek knowledge in  
freedom,  
And to help one another in  
fellowship,  
This is our Aspiration.

Que el amor sea la doctrina  
de esta iglesia, la búsqueda  
de la verdad su sacramento,  
y el servicio su oración.  
Vivir juntos en paz, buscar la  
verdad con libertad,  
y ayudarnos mutuamente en  
comunidad, a eso aspiramos

*Our sign language interpreter today is Paul Lambert.  
Join us for In Person Hillcrest Social Hour after Worship*