Calendar of Events

Sunday, September 6

Asahi Nordic Mind Body Practice
9:25 am - 9:50 am, Room 323. Every Sunday. Research tested moves, safe and beneficial to health. Newcomers welcome. Contact **Bev Harju** for more information.

Hillcrest In-Person Social Hour
Following worship, Bard Hall. Join your community for refreshments & conversation.

UU History with Jim Davis
11:30 am - 12:30 pm, Room 323. Join Jim Davis as he explores aspects of UU History.

Parents' Lounge
11:30 am - 12:30 pm, Room 114A. Parents of children and youth are invited to join us for conversation and community.

Comfort Choir Rehearsal
11:30 am, Chapel. New singers welcome. Contact **Andrea** for more information.

Open Heart Sangha
Weekly, 4 pm - 5:30 pm, Bard Hall. Also meets Tuesdays on Zoom. Mindfulness and meditation. All are welcome. Contact **Marge Wurgel** for info.

Monday, September 7

Labor Day - Campuses Closed - No Staff on Duty

Tuesday, September 8

Gentle Chair Yoga
10 am - 11 am, Room 323. Tuesdays, Weekly. Join instructor Julia Doughty for a welcoming, accessible yoga practice for all mobility levels.

Restorative Gentle Yoga
11:15 am - 12:15 pm, Room 323. Weekly. Another great option for yoga!

Open Heart Sangha Online
5:30 pm - 6:30 pm, Zoom. Weekly. Also held in Bard Hall on Sundays. Mindfulness and meditation. All are welcome. Contact **Marge Wurgel**.

Young Adult Group - Online
6 pm - 7:30 pm, Zoom. For those ages 18 to 35. If you would like to be included in the group, please email **Lara Anderson** for a Zoom link.

Woven Faith: Exploring our UU Values
6:30 pm - 8 pm, Zoom. Explore living our UU Values through monthly online conversations with UUs. Registration link and details in *The Window*.

Wednesday, September 9

Ingathering Choir Rehearsal
7 pm - 8:30 pm, Bard Hall. Special choir open to all singers. Sing during the Ingathering service on Sunday, September 13.

Thursday, September 10

Book Club
6 pm, Zoom. Please join us in the discussion of *Picture of Dorian Gray* by Oscar Wilde. Contact **Mina Taylor**.

Friday, September 11

Memory Matters Gathering
10 am - 11:30 am, Online. For those who are concerned about memory problems. If interested, please email **Gay Hybertsen** for the link.

Upcoming Events

Ingathering Service & Neighborhood Festival
September 13, Sunday, 10 am - 11 am, Meeting House
11 am - 1 pm, Hillcrest Patio
A festival of worship, community, and fun. Enjoy free snacks, face painting, music, lawn games, dancing, and more. Food trucks available for lunch purchases!

Coping With Chronic Conditions Support Group
September 14, Monday, 1:30 pm - 3 pm, Zoom. Second & fourth Mondays. For those with long-term physical conditions. Please contact **Chris Smith** prior.

Handbell Ensemble
September 14, Monday, 5:30 pm, Meeting House. Weekly. Contact **Tony** for more information.

Women's Choir Rehearsal
September 14, Monday, 7 pm - 8:30 pm, Bard Hall. Weekly. Contact **Tomás** for information.

Chalice Choir Rehearsal
September 16, Wednesday, 7 pm - 8:30 pm, Bard Hall. Weekly. Contact **Tomás Acosta** for info.

Our Grief Journeys Support Group
September 17, Thursday, 1:30 pm - 3 pm, Room 323. First and third Thursdays. For those grieving the loss of a loved one. Please contact **Brandon Hall**.

Finance Committee Meeting
September 17, Thursday, 5 pm - 6 pm, Zoom. Link in the website members area. Non-committee members do not take part in discussions or vote.

Social Justice Film Screening and Discussion Series: The Shadow Scholars
September 17, Thursday, 6 pm - 8 pm, Bard Hall. Details in *The Window*.

4th Annual Summer Tardeada Mexican Dance Party and Ice Cream Social
September 19, Saturday, 3 pm, St. John's Episcopal Church. Family-friendly Mexican dance party with free refreshments & ice cream. Register on Eventbrite for free tickets.

More details and contact info are in *The Window* or through contacting the church office: mail@firstuusandiego.org

Welcome / Bienvenida
First Unitarian Universalist Church of San Diego

Create community, nurture spiritual growth, heal the world.
Crear comunidad, fomentar el crecimiento espiritual, sanar el mundo.

"Lessons from the Gilded Age"

Rev. Kristen Kuriga, *Associate Minister*

Rev. Justine Sullivan, *Lead Minister*

Tony Bianca
Director of Spiritual Exploration and Worship Arts

Tomás Acosta, *Musician*

Phil Dannels, *Pianist*

Sunday, September 6, 2026
10 am Hillcrest Meeting House with Patio Viewing and Livestream

First Unitarian Universalist Church of San Diego

Hillcrest: 4190 Front St. San Diego, CA 92103
619-298-9978
South Bay: St. John's Episcopal Church
760 1st Ave, Chula Vista, CA 91910
Visit firstuusandiego.org for more information

Bell / Campana
Rev. Kristen Kuriga, *Associate Minister*

Prelude / Preludio
Phil Dannels, *Pianist*

Chalice Lighting / Encendido del cáliz
Rev. Justine Sullivan, *Lead Minister*

Land Acknowledgment / Reconocimiento de la tierra

Gathering Song / Canción de reunión
"9 to 5" — Dolly Parton

Words of Welcome / Palabras de Bienvenida

Church Hymn / Himno de la iglesia
Church Aspiration / Aspiración de la Iglesia
Tomás Acosta, *Musician*

Time for All Ages & Affirmation /
Tiempo para todas las edades y afirmación
"Viva's Voice"
— Raquel Donoso and Carlos Vélez
~ Tony Bianca
Director of Spiritual Exploration and Worship Arts

Announcements & Offering Words /
Anuncios y palabras sobre la ofrenda
San Diego Organizing Project (SDOP)

Offering Music / Ofreciendo música

Worker Testimonial / Testimonio de trabajador
— Testimony from Saix Campbell
Starbucks Workers United

Meditation Hymn / Himno de meditación
#1040 Hush

Meditation / Meditación

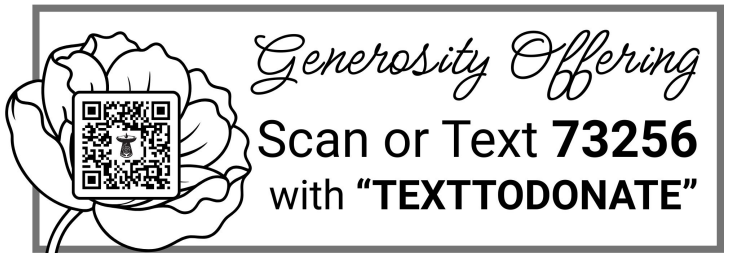
Music / Música
"El Pueblo Unido Jamás Será Vencido"
— Quilapayún

Sermon / Sermón
"Lessons from the Gilded Age"
— Rev. Kristen Kuriga

Closing Hymn / Himno de clausura
"We Shall Not Be Moved/No nos Moveran"

Blessing and Extinguishing of the Chalice /
Bendición y extinción del cáliz

Postlude / Postludio



Our sign language interpreter today is Paul Lambert.
Join us for Hillcrest In-Person Social Hour after Worship.