

Week at a Glance Calendar

Sunday, July 17, 2022

Hillcrest In Person Social Hour

Sundays, following service, Hillcrest patio. Coffee, tea and snacks provided.

Virtual Social Hour

Sundays, 11 am, bit.ly/FirstUU
SocialHour, Meeting ID 824 042 297.
Password: FUUSD

Becoming a Member Orientation

July 17, Sunday, 11 am, Room 321. Learn about the membership process at First UU!

UU Christian Study Group

July 17, Sunday, 1 pm, Upper Patio.

Open Heart Sangha

Sundays, weekly, 4 pm — 5:30 pm,
contact Marge at margewur@gmail.com.

Climate Justice Meeting

July 17, Sunday, 4 pm, bit.ly/1stUU
ClimateJustice. How can we reduce the use of plastics?

Friends of Camp de Benneville Pines

July 17, Sundays (third), 6:30 pm — 8 pm.
Contact johnschaibly@gmail.com

Tuesday, July 19, 2022

Worship Planning

Tuesdays, 4 pm — 5 pm,
bit.ly/WorshipPlanning1UU, Meeting ID
878 4650 3375, Passcode 184690.

Board Meeting

July 19, Tuesday, 6 pm, online. Board meetings are open to congregants. Find the link on the [website](#).

Wednesday, July 20, 2022

Uke Cafe

Wednesdays, 3:30 pm, bit.ly/ukecafe.
Join Tony on Zoom with your ukulele!

South Bay Singers Rehearsal

Wednesdays, 6:15 pm, via zoom. Contact Loreleiqi@hotmail.com for details.

Summer Choir Rehearsal

Wednesdays, 7 pm — 8:30 pm, Chapel.
Summer Choir rehearsals will take place inside the chapel. Join us! Contact marshall@firstuusandiego.org.

Thursday, July 21, 2022

Rainbow Twilight Walk

July 21, third Thursdays, 5 pm, the center of Balboa Park's museum area.

Friday, July 22, 2022

Memory Matters Gathering

July 22, Fridays (2nd and 4th), 10 am — 11:30 am, Email hybertsen@att.net for the link.

Saturday, July 23, 2022

South Bay Summer Worship

July 23, Saturday, 4 pm, South Bay Campus. Join us for indoor worship at the South Bay campus!

Upcoming Events

Pagan Conversations

July 24, Sundays (second and fourth), 1 pm, Peace Garden and 2:30 pm, online bit.ly/PaganConversations, Meeting ID: 535-853-700.

Coping With Chronic Conditions Support Group

July 25, Mondays (second & fourth), 1 pm, URL <https://bit.ly/CopingCCGroup>, meeting ID 681-036-9317.

Caregivers/Allies Support Group

July 25, Mondays (second & fourth), 4 pm — 5:30 pm, online. Contact [Les Vivian](#).

Fourth Monday Meeting of UU Men's Fellowship

July 25 and Aug 22, Monday (fourth), 5:30 pm, Morley Field in Balboa Park for their annual summer picnics. Contact Andy French afrench11@gmail.com or John Keasler jcksdca@gmail.com.

Hootenanny

July 30, Saturday, 4 pm — 6 pm, Hillcrest Patio. Mark your calendars for our first Hootenanny, a Folk Music Social!

Organizing for Justice Meeting

August 4, Thursdays (first), 6 pm, online. Contact Newt Ferris at newtferris@gmail.com for information.

Welcome / Bienvenida-o to the First Unitarian Universalist Church of San Diego

Create community, nurture spiritual growth, heal the world.

Crear comunidad, fomentar el crecimiento espiritual, sanar el mundo.

July's Monthly Theme: "The Good, the Bad, the Ugly"

"Reaching for Why"

Rev. Katy Kroll Swanson, *Community Minister*

Sunday, July 17, 2022

10 am Hillcrest Meeting House with Patio Viewing
and Simultaneous Livestream



First
Unitarian Universalist
Church of San Diego

Hillcrest: 4190 Front St. San Diego, CA 92103
South Bay: 970 Broadway Chula Vista, CA 91911
619-298-9978

Visit www.firstuusandiego.org for more information

Prelude / Preludio

"Elegy" — Edward Eiker
~ Lorelei Isidro-Garner, *Organ*

Words of Welcome and Land Acknowledgment / Bienvenida y Reconocimiento de la tierra

~ Rev. Dr. Omega Burckhardt and Rev. Katy Kroll Swanson

Church Hymn and Church Aspiration / Himno de la iglesia y Aspiraciones de la iglesia

~ Marshall Voit and Lorelei Isidro-Garner

Kindling of the Chalice / Encendido del cáliz

"Soul Fire" — Anastasi Birosh
~ Rev. Katy Kroll Swanson, *Community Minister*

Hymn / Hymno

#1003 "Where Do We Come From?" / "¿De dónde venimos?"

Time for All Ages & Affirmation / El cuento y Afirmación

"Amira's Porpoise" — Chrissy Bushyager

Announcements / Anuncios

Generosity Offering / Ofrenda de generosidad

Volunteer with Cheli

Offertory / Ofertorio

#1001 "Breaths"

Readings / Lecturas

Selection from "A Testament of Hope: Essential Writings and Speeches
of Martin Luther King Jr." — Martin Luther King, Jr.

"My Ancestor's Dreams" — Daniel Gregoire

Music for Meditation / Música para la meditación

Meditation / Meditación

Special Music / Música especial

#35 "Hazme un instrumento de tu paz"

Message / Mensaje

"Reaching for Why"
~ Rev. Katy Kroll Swanson, *Community Minister*

Closing Hymn / Himno final

#1028 "Fire of Commitment"

Extinguishing of the Chalice and Blessing / Bendición

Postlude / Posludio

"How Far I'll Go" from *Moana* — Lin-Manuel Miranda

First UU Music Team

Marshall Voit, *Music Director*
Lorelei Isidro-Garner, *South Bay Music Coordinator*
Andrea Spiero, *JUUL Tones Director*
Tony Bianca, *Handbells Director*

Church Hymn

From all who dwell below the skies,
Let faith and hope with love arise,
Let beauty, truth, and good be sung,
Through ev'ry land, by ev'ry tongue.

De todos bajo el gran sol,
Surja esperanza, fe, amor
Verdad y belleza cantando,
De cada tierra, cada voz.

Church Aspiration

May love be the spirit of this church,
May the quest for truth be its sacrament,
And service be its prayer
To dwell together in peace,
To seek knowledge in freedom,
And to help one another in fellowship,
This is our Aspiration.

Que el amor sea la doctrina de esta iglesia, la búsqueda de la
verdad su sacramento, y el servicio su oración.
Vivir juntos en paz, buscar la verdad con libertad,
y ayudarnos mutuamente en comunidad, a eso aspiramos.

Our Affirmation

We are Unitarian Universalists, a people of open minds, loving
hearts, and welcoming hands.

Somos Unitarios Universalistas, personas de mentes abiertas,
corazones amorosos, y manos que dan la bienvenida.

**Our sign language interpreter today is Paul Lambert

** Join us for In Person Hillcrest Social Hour after Worship

** Join us for Hillcrest Virtual Social Hour at 11 am

<https://bit.ly/FirstUUSocialHour>