

Week at a Glance Calendar

Sunday, June 5, 2022

Hillcrest In Person Social Hour

Sundays, following service, Hillcrest patio. Coffee provided, or bring your own beverage.

Hillcrest Virtual Social Hour

Sundays, 11 am, bit.ly/FirstUU
SocialHour, Meeting ID 824 042 297.

South Bay Virtual Social Hour

Sundays, 11 am, bit.ly/SBSocialHour.
ID 997 8730 8948.

South Bay Singers Rehearsal

Sundays, 11:45 am — 12:45 pm, private residence. Contact Loreleiqi@hotmail.com for the address.

Board Chat

Sundays (first), June 5, 12:30 pm,
bit.ly/FirstUUBoardChat, Meeting ID:
863 0218 5062 Passcode: 203946.

Cosmos

Sundays (first), June 5, 1 pm — 3 pm,
<https://bit.ly/CosmosFUUSD>,
Passcode: 976520.

Open Heart Sangha

Sundays, weekly, 4 pm — 5:30 pm,
contact Marge at
margewur@gmail.com.

Monday, June 6, 2022

Budget Forum

June 6, Monday, 6 pm,
bit.ly/FirstUUBudgetForum, Meeting
ID: 897 0558 4976, Passcode: 136825.

Tuesday, June 7, 2022

Worship Planning

Tuesdays, 4 pm — 5 pm,
bit.ly/WorshipPlanning1UU, Meeting
ID 878 4650 3375, Passcode 184690.

Board Meeting

June 7, Tuesday, 6 pm, online. Board of Trustees meetings are open to congregants via Zoom. Find the zoom link in the members only section of the [website](https://www.firstusandiego.org).

Wednesday, June 8, 2022

Uke Cafe

Wednesdays, 3:30 pm,
<https://bit.ly/ukecafe>. Join Tony on
Zoom with your ukulele!

Chalice Choir Rehearsal

Wednesdays, 7 pm — 8:30 pm, Chapel.
Contact [marshall@firstuu](mailto:marshall@firstuu.org)
[sandiego.org](https://www.firstuu.org) with any questions.

Thursday, June 9, 2022

Women's Chorus Rehearsal

Thursdays, 7 pm — 8:30 pm, Chapel.
Contact [marshall@firstuu](mailto:marshall@firstuu.org)
[sandiego.org](https://www.firstuu.org) with any questions.

Friday, June 10, 2022

Memory Matters Gathering

June 10, Friday, 10 am — 11:30 am,
Email hybertsen@att.net for the link.

Saturday, June 11, 2022

Creative Writing Group

June 11, Saturday, 10:30 am — 12:30
pm, bit.ly/CreativeWritingFirstUU, ID:
868 9505 3014 Passcode: 361410.

Upcoming Events

Annual Congregational Meeting

June 12, Sunday, 1 pm,
<https://bit.ly/AnnualCM>, Meeting ID:
854 7182 1255, Passcode: 993339.

Rainbow Action Koffee Klatch

June 12, Sundays (second), 11:00 am,
Hillcrest Campus Memorial garden and
online at: bit.ly/RainbowKlatch, ID 899
4140 9956, PW 893622.

Pagan Conversations

June 12, Sundays (second), 1 pm — 2
pm, bit.ly/PaganConversations,
Meeting ID: 535-853-700.

Coping With Chronic Conditions Support Group

June 13, Monday, 1 pm, URL
bit.ly/CopingCCGroup, meeting ID
681-036-9317.

Welcome / Bienvenida-o to the First Unitarian Universalist Church of San Diego

Create community, nurture spiritual growth, heal the world.

Crear comunidad, fomentar el crecimiento espiritual, sanar el mundo.

June's Monthly Theme: Time

"A Time to Heal"

Rev. Suzelle Lynch, *Minister in Residence*

Sunday, June 5, 2022

9:30 am Hillcrest Patio and Simultaneous Livestream



First
Unitarian Universalist
Church of San Diego

Hillcrest: 4190 Front St. San Diego, CA 92103
South Bay: 970 Broadway Chula Vista, CA 91911
619-298-9978

Visit www.firstusandiego.org for more information

Prelude / Preludio

“The Music of Healing” — Tommy Sands

Words of Welcome and Call to Worship / Bienvenida y llamado a la celebración

Church Hymn / Himno de la iglesia

A Greeting and Farewell / Un saludo y despedida

~ Rev. Suzelle Lynch, *Minister in Residence*

~ Rev. Dr. Denise Graves, *Unfolding Peace*

Church Aspiration and Kindling of the Chalice / Aspiraciones de la iglesia y encendido del cáliz

~ Marshall Voit, *Music Director*

Land Acknowledgment / Reconocimiento de la tierra

Time for All Ages & Affirmation / El cuento y afirmación

“How to Heal a Broken Wing”

~ Rev. Suzelle Lynch, *Minister in Residence*

Hymn / Hymno

#123 “Spirit of Life” / “Fuente de Amor”

Readings / Lecturas

“Healing” — Rev. Adam Lawrence Dyer

“Cure Versus Healing” — Rev. Fred Reklau

Meditation Song / Canción de meditación

“Breathe In” — Peter Mayer

Message / Mensaje

“A Time to Heal”

~ Rev. Suzelle Lynch, *Minister in Residence*

Generosity Offering / Ofrenda

Uptown Community Service Center

Offertory / Ofertorio

“From This Moment On” — Cole Porter

~ Chase Pado, *Piano*

Announcements / Anuncios

Extinguishing of the Chalice and Blessing / Bendición

Postlude / Posludio

“Better Days” — Ant Clemons & Justin Timberlake

~ Chase Pado, *Piano*

First UU Music Team

Marshall Voit, *Music Director*

Lorelei Isidro-Garner, *South Bay Music Coordinator*

Andrea Spiero, *JUUL Tones Director*

Tony Bianca, *Handbells Director*

Church Hymn

From all who dwell below the skies,
Let faith and hope with love arise,
Let beauty, truth, and good be sung,
Through ev'ry land, by ev'ry tongue.

De todos bajo el gran sol,
Surja esperanza, fe, amor
Verdad y belleza cantando,
De cada tierra, cada voz.

Church Aspiration

May love be the spirit of this church,
May the quest for truth be its sacrament,
And service be its prayer
To dwell together in peace,
To seek knowledge in freedom,
And to help one another in fellowship,
This is our Aspiration.

Que el amor sea la doctrina de esta iglesia, la búsqueda de la verdad su sacramento,
y el servicio su oración.

Vivir juntos en paz, buscar la verdad con libertad,
y ayudarnos mutuamente en comunidad, a eso aspiramos.

Our Affirmation

We are Unitarian Universalists, a people of open minds, loving hearts, and welcoming hands.

Somos Unitarios Universalistas, personas de mentes abiertas, corazones amorosos,
y manos que dan la bienvenida.

**Our sign language interpreter today is Paul Lambert

** Join us for In Person Hillcrest Social Hour after Worship

** Join us for Hillcrest Virtual Social Hour at 11 am
<https://bit.ly/FirstUUSocialHour>

** Join us for South Bay Virtual Social Hour at 11 am bit.ly/SBSocialHour