

Calendar of Events

Sunday, May 17

Asahi Nordic Mind Body Practice

9:25 am - 9:50 am, Room 323. Every Sunday. Mind-body practice, research-backed and safe. Newcomers welcome. Contact **Bev Harju**.

Hillcrest In-Person Social Hour

Following worship, Bard Hall. Join your community for refreshments & conversation.

Diverse, Revolutionary, UU Multicultural Ministries (DRUUMM)

11:30 am, Room 114A. Foster connection, fellowship, and support among Black, Indigenous, and People of Color (BIPOC). Walk-ins welcome!

Open Heart Sangha

Weekly, 4 pm - 5:30 pm, Bard Hall. Also held Tuesdays on Zoom. Contact **Marge Wurgel** info.

Monday, May 18

Women's Choir Rehearsal

7 pm - 8:30 pm, Bard Hall, Weekly. Seeking more singers! Contact **Tomás Acosta** for information.

Tuesday, May 19

Gentle Chair Yoga

10 am - 11 am, Room 323. Tuesdays, Weekly. Welcoming and accessible yoga.

Restorative Gentle Yoga

11:15 am - 12:15 pm, Room 323. Weekly. Another option for yoga!

Open Heart Sangha Online

Weekly, 4 pm - 5:30 pm, Zoom. Also held in Bard Hall on Sundays. Contact **Marge Wurgel** for info.

Young Adult Group

6 pm - 7:30 pm, Room 114b. For ages 18 to 35. Contact **Lara** for more info.

Board Meeting

6 pm - 8 pm, Bard Hall and Zoom. All meetings are open to congregants. Meeting Zoom link is in the members-only section of the website.

Wednesday, May 20

Chalice Choir Rehearsal

Weekly, 7 pm - 8:30 pm, Bard Hall. Contact **Tomás Acosta** for more information.

Thursday, May 21

Social Justice Film Series: *Alone in Berlin*

6 pm - 9 pm, Bard Hall. Screening and discussion. In 1940 Berlin, a couple's anti-Nazi postcards spark a deadly manhunt. Read more on our [church blog](#).

Friday, May 22

Memory Matters Gathering

10 am - 11:30 am, Online. For those who are concerned about memory problems. Email **Gay Hybertsen** for the link.

Saturday, May 23

Front Street Productions Presents: Chimaera Ensemble

7:30 pm - 9 pm, Meeting House. The Tijuana-based Chimaera Ensemble performs classical works alongside underrepresented Latin American composers. Free—register on [Eventbrite](#).

Upcoming Events

Game Day with Rainbow Action

May 24, Sunday, 11:30 am - 12:30 pm, Room 323. Everyone of all ages is welcome! Bring a favorite game for an afternoon of fun and connection.

South Bay Social Justice Sunday at Otay Mesa Detention Center (OMDC)

Sunday, May 24, 1:30 pm - 3:15 pm, OMDC (7488 Calzada de la Fuente, San Diego, 92154). South Bay joins an Otay Mesa detention vigil for social justice; no regular South Bay worship service.

May 25, Monday: Memorial Day - Campuses Closed - No Staff on Duty

Burrito Project

May 26, Tuesday, 4 pm - 7:30 pm, Common Room & Downtown San Diego. Help support our community by assembling burritos to distribute to those in need. Contact **Lara** for more info.

All-Church Camp

May 29, Friday - May 31, Sunday. Register by May 24! Don't miss out on this time of multigenerational community, connection and rejUUivation! For more information and to register, visit our [church website](#).

Free Art Workshop with the First UU Art Guild

Saturday, May 30, 2 pm - 4 pm, Bard Hall. Registration link in *The Window*. Create trading cards, postcards, collages, and more while learning fun art techniques. Materials provided.

Looking Glass Theatre Presents: "The 25th Annual Putnam County Spelling Bee!"

Runs from Friday, June 5 through Sunday, June 14 in the Meeting House. Ticket available at the door or through the First UU online donations page.

Annual Congregational Meeting

Sunday, June 14, 11:45 am, Meeting House and Livestreamed. Please plan to attend either in person or online. More information to come!

FSP Presents *Rossini's Little Solemn Mass* Performed by Vox Artis and the First UU Choirs

Saturday, June 20, 7 pm - 9 pm, Meeting House. More info and registration coming soon.

Details and contact info are in *The Window* or through contacting the church office: mail@firstuusandiego.org

Welcome / Bienvenida First Unitarian Universalist Church of San Diego

*Create community, nurture spiritual growth, heal the world.
Crear comunidad, fomentar el crecimiento espiritual, sanar el mundo.*

“Clearing the Air: the Scent of Our Renewed Vision”

Rev. Craig R. J. Darling, *Guest Minister*

Rev. Justine Sullivan, *Lead Minister*

Lily Brock, *Worship Associate*

Las Campanas Handbell Ensemble

Tony Bianca, *Ensemble Director &*

Director of Spiritual Exploration and Worship Arts

Tomás Acosta, *Musician*

Phil Dannels, *Pianist*

Sunday, May 17, 2026

10 am Hillcrest Meeting House with Patio Viewing and Livestream



First
Unitarian Universalist
Church of San Diego

Hillcrest: 4190 Front St. San Diego, CA 92103
619-298-9978

South Bay: Saint John's Episcopal Church
760 1st Ave, Chula Vista, CA 91910

Visit firstuusandiego.org for more information

Prelude / Preludio

“Joyful Reflections” — Cynthia Dobrinski
~ Las Campanas Handbell Ensemble
Tony Bianca, *Ensemble Director*

Chalice Lighting / Encendido del cáliz

Rev. Justine Sullivan, *Lead Minister*

**Land Acknowledgment /
Reconocimiento de la tierra**

Lily Brock, *Worship Associate*

Gathering Hymn / Himno de entrada

“The Web of Life” — Sara Ruth Davis

Words of Welcome / Palabras de bienvenida

Church Hymn / Himno de la iglesia

Church Aspiration / Aspiración de la Iglesia

Tomás Acosta, *Song Leader*
Phil Dannels, *Pianist*

Time for All Ages & Affirmation /

Tiempo para todas las edades y afirmación

“What We’ll Build: Plans for Our Future Together”
— Oliver Jeffers

Celebration / Celebración

“Building our Bridge to the Future”
Capital Campaign Team

Announcements & Offering / Anuncios y ofertas

GRID Alternatives San Diego

Offering Music / Ofreciendo música

Reading / Lectura

“The Work of Our Palms”
— Rosemary Bray McNatt
~ Rev. Craig Darling, *Guest Minister*

Special Music / Música especial

“Transitions of the Heart” — Matthew Compton
~ Las Campanas Handbell Ensemble

Sermon / Sermón

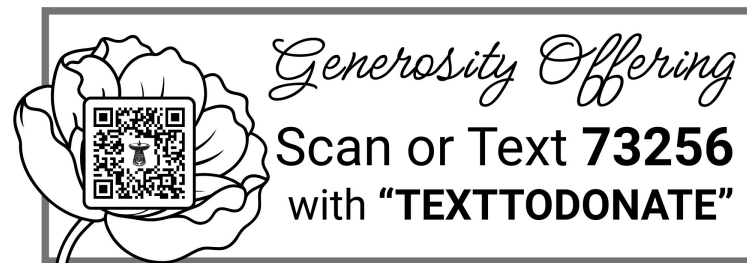
“Clearing the Air: the Scent of Our Renewed
Vision” — Rev. Craig Darling

Closing Hymn / Himno de Clausura

#1017 Building a New Way

**Closing Words & Extinguishing of the Chalice /
Palabras finales y extinción del cáliz**

Postlude / Postludio



*Our sign language interpreter today is Paul Lambert.
Join us for Hillcrest In-Person Social Hour after Worship.*