

## Calendar of Events

### Sunday, April 12

#### Pop-up Choir

9 am, Meeting House. Learn choral music before the service, then sing during it! All are welcome.

#### Asahi Nordic Mind Body Practice

9:25 am - 9:50 am, Room 323. Every Sunday. Mind-body practice, nine-minute session, research-backed and safe. Newcomers welcome. Contact **Bev Harju**.

#### Hillcrest In-Person Social Hour

Following worship, Bard Hall. Join your community for refreshments & conversation.

#### Rainbow Action Meeting

11:15 am - 12:15 pm, Room 323. All family, friends and allies are invited!

#### UU History with Jim Davis

11:30 am - 12:30 pm, Room 321. Explore aspects of UU History with Jim.

#### Open Heart Sangha

Weekly, 4 pm - 5:30 pm, Bard Hall. Also held Tuesdays on Zoom. Contact **Marge Wurgel** info.

### Monday, April 13

#### Coping With Chronic Conditions Support Group

1:30 pm - 3 pm, Zoom. Second & fourth Mondays. For those with chronic or long-term physical conditions. Contact **Chris Smith** prior.

#### Women's Choir Rehearsal

7 pm - 8:30 pm, Bard Hall, Weekly. Contact **Tomás Acosta** for information.

### Tuesday, April 14

#### Gentle Chair Yoga

10 am - 11 am, Room 323. Tuesdays, Weekly. Join Julia Doughty for welcoming and accessible yoga.

#### Restorative Gentle Yoga

11:15 am - 12:15 pm, Room 323. Weekly. Another option for welcoming and accessible yoga.

#### Open Heart Sangha Online

Weekly, 4 pm - 5:30 pm, Zoom. Also held in Bard Hall on Sundays. Contact **Marge Wurgel** for info.

#### Young Adult Group

6 pm - 7:30 pm, South Bay Campus at St. John's. Meeting at the South Bay campus this week! For those ages 18 to 35. Contact **Lara** for more info.

### Wednesday, April 15

#### Chalice Choir Rehearsal

Weekly, 7 pm - 8:30 pm, Bard Hall. Contact **Tomás Acosta** for more information.

### Thursday, April 16

#### Finance Committee Meeting

5 pm - 6 pm, Zoom. Link in the website members area. Non-committee members do not take part in discussions or vote.

### Friday, April 17

#### Men's Fellowship Spring Renewal

April 17 - April 19 at Camp de Benneville Pines. Men of all identities welcome. Contact **Mike Dorfi** for details.

### Saturday, April 18

#### Role of a Fiduciary: Planning for Life's Transitions

10 am, Bard Hall & Zoom: [bit.ly/UUSeniors](https://bit.ly/UUSeniors). Patricia Garcia, principal of Modern Fiduciary, Inc., will explain the role of fiduciaries in estate planning and later-life decisions. Open to all.

#### Kirtan Sing-Along with Krishna Das

3 pm - 4:30 pm, Room 323. Third Saturdays. An ancient musical meditation from India with call-and-response chanting of sacred mantras.

#### FSP Presents: Lori Bell, Jazz Flautist & Quartet: The American Jazz Story

7:30 pm - 9 pm, Meeting House, RSVP on [EventBrite](#). An evening of music honoring Joe Henderson and Charles Mingus.

### Upcoming Events

#### DRUUMM: Diverse, Revolutionary, UU Multicultural Ministries

April 19, Sunday, 11:30 am, Room 114A. DRUUMM connects and supports BIPOC members in fellowship and community. Walk-ins welcome or RSVP to **Iris Swindell**.

#### Board Meeting

April 21, Tuesday, 6 pm - 8 pm, Bard Hall and Zoom. Open to congregants — link is in the members-only section of the website.

#### Our Grief Journeys Support Group

April 23, Thursday, 1:30 pm - 3 pm, Room 323. Second and Fourth Thursdays. For those grieving the loss of a loved one. Contact **Brandon Hall**.

#### The Installation of Rev. Kristen Kuriga

April 25, Saturday, 2 pm, Meeting House & [Livestreamed](#). A service of storytelling, music, and blessings to celebrate together. Followed by a reception with dancing and treats.

Details and contact info are in *The Window* or through contacting the church office.

# Welcome / Bienvenida First Unitarian Universalist Church of San Diego

*Create community, nurture spiritual growth, heal the world.  
Crear comunidad, fomentar el crecimiento espiritual, sanar el mundo.*

## “Embracing Possibility”

Rev. Justine Sullivan, *Lead Minister*

Rev. Kristen Kuriga, *Associate Minister*

Tony Bianca

*Director of Spiritual Exploration and Worship Arts*

Pop-Up Choir

Andrea Spiero, *Choir Director*

Tomás Acosta, *Pianist*

Sunday, April 12, 2026

10 am Hillcrest Meeting House with Patio Viewing and Livestream



First  
Unitarian Universalist  
Church of San Diego

Hillcrest: 4190 Front St. San Diego, CA 92103  
619-298-9978

South Bay: Saint John's Episcopal Church  
760 1st Ave, Chula Vista, CA 91910

Visit [firstuusandiego.org](http://firstuusandiego.org) for more information

**Bell / Campana**

Rev. Justine Sullivan, *Lead Minister*

**Prelude / Preludio**

“There is a Time” — Carolyn McDade

~ Pop-up Choir

Andrea Spiero, *Choir Director*

Tomás Acosta, *Pianist*

**Chalice Lighting / Encendido del cáliz**

“Let Astonishment Be Possible”

— Rev. Gretchen Haley

~ Rev. Kristen Kuriga, *Associate Minister*

**Land Acknowledgment /****Reconocimiento de la tierra****Opening Hymn / Himno de apertura**

#1010 We Give Thanks

Tony Bianca, *Director of Spiritual Exploration*

& *Worship Arts*

**Welcome / Bienvenida****Church Hymn / Himno de la iglesia****Church Aspiration / Aspiración de la Iglesia****Time for All Ages & Affirmation /****Tiempo para todas las edades y afirmación**

*What Do You Do With A Chance?*

— Kobi Yamada

**Announcements & Offering / Anuncios y ofertas**

GRID Alternatives San Diego

**Offering Music / Ofreciendo música**

“Silent Contemplation on an Autumn Evening”

— Anton Bruckner

**Reading / Lectura**

“Anyone's Ministry” — Gordon B McKeeman

**Meditation Hymn / Himno de meditación**

“Becoming” — Mary Grigolia

**Reflection / Reflexión**

“Embracing Possibility”

— Rev. Justine Sullivan, Rev. Kristen Kuriga

& Tony Bianca

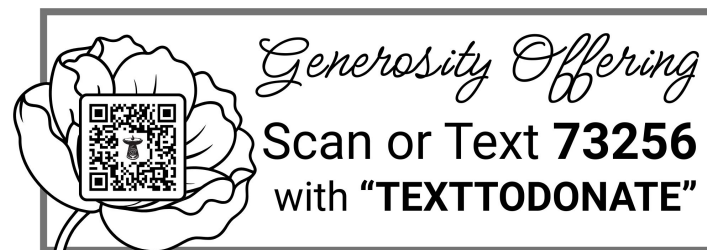
**Closing Hymn / Himno de Clausura**

#1017 Building a New Way

**Blessing & Extinguishing of the Chalice /****Bendición y Extinción del Cáliz****Postlude / Postludio**

“A Dedication” — Lea Morris

~ Pop-up Choir



*Our sign language interpreter today is Paul Lambert.  
Join us for Hillcrest In-Person Social Hour after Worship.*