

Calendar of Events

Sunday, April 5

Asahi Nordic Mind Body Practice

9:25 am - 9:50 am, Room 323. Every Sunday. Mind-body practice, nine-minute session, research-backed and safe. Newcomers welcome. Contact **Bev Harju**.

Hillcrest In-Person Social Hour

Following worship, Bard Hall. Join your community for refreshments & conversation.

Comfort Choir Rehearsal

11:30 am - 12:30 pm, Clark Chapel. First Sundays. A community service choir that sings for those who are ill or dying. Contact **Andrea** for more information.

Parents' Lounge

11:30 am - 12:30 pm, Room 114a. Parents of children and youth are invited to join us for conversation and community.

Open Heart Sangha

Weekly, 4 pm - 5:30 pm, Bard Hall. Also held Tuesdays on Zoom. Contact **Marge Wurgel** info.

Monday, April 6

Women's Choir Rehearsal

7 pm - 8:30 pm, Bard Hall, Weekly. Contact **Tomás Acosta** for information.

Tuesday, April 7

Gentle Chair Yoga

10 am - 11 am, Room 323. Tuesdays, Weekly. Join Julia Doughty for welcoming and accessible yoga.

Restorative Gentle Yoga

11:15 am - 12:15 pm, Room 323. Weekly. Another option for welcoming and accessible yoga.

Open Heart Sangha Online

Weekly, 4 pm - 5:30 pm, Zoom. Also held in Bard Hall on Sundays. Contact **Marge Wurgel** for info.

Wednesday, April 8

Chalice Choir Rehearsal

Weekly, 7 pm - 8:30 pm, Bard Hall. Contact **Tomás Acosta** for more information.

Thursday, April 9

Our Grief Journeys Support Group

1:30 pm - 3 pm, Room 323. Second and Fourth Thursdays. For those grieving the loss of a loved one. Please contact **Brandon Hall** beforehand.

Book Club

6 pm, Zoom. Please join us in discussing *Tell Me Everything* by Elizabeth Stroud. Contact **Mina** for information.

Friday, April 10

Memory Matters Gathering

10 am - 11:30 am, Online. For those who are concerned about memory problems. Email **Gay Hybertsen** for the link.

Saturday, April 11

Kirtan Meditation

3 pm - 4:30 pm, Room 321. Third Saturdays. An ancient musical meditation from India with call-and-response chanting of sacred mantras.

Upcoming Events

Pop-up Choir

April 12, Sunday, 9 am, Meeting House. Learn choral music before the service, then sing during it! All skill levels welcome. Experienced singers, RSVP to **Andrea** for music.

Rainbow Action Meeting

April 12, Sunday, 11:15 am - 12:15 pm, Room 323. All family, friends and allies are invited!

UU History with Jim Davis

April 12, Sunday, 11:30 am - 12:30 pm, Room 321. Explore aspects of UU History with Jim.

Coping With Chronic Conditions Support Group

April 13, Monday, 1:30 pm - 3 pm, Zoom. Second & fourth Mondays. For those managing chronic or long-term physical conditions, as well as for caregivers. Please contact **Chris Smith** prior.

Finance Committee Meeting

April 16, Thursday, 5 pm - 6 pm, Zoom. Link in the website members area. Non-committee members do not take part in discussions or vote.

Men's Fellowship Spring Renewal

April 17, Friday - April 19, Sunday, Camp de Benneville Pines. Men of all identities welcome. Contact **Mike Dorfi** for details.

Role of a Fiduciary: Planning for Life's Transitions

April 18, Saturday, 10 am, Bard Hall & Zoom: bit.ly/UUSeniors. Our speaker, Patricia Garcia, principal of Modern Fiduciary, Inc., will explain the role of fiduciaries in estate planning and later-life decisions. Open to all.

FSP Presents: Lori Bell, Jazz Flautist & Quartet: The American Jazz Story

April 18, Saturday, 7:30 pm - 9 pm, Meeting House, Reserve your spot on EventBrite.

Details and contact info are in *The Window* or through contacting the church office.

Welcome / Bienvenida First Unitarian Universalist Church of San Diego

*Create community, nurture spiritual growth, heal the world.
Crear comunidad, fomentar el crecimiento espiritual, sanar el mundo.*

"What Lives On: Celebrating Easter"

Rev. Justine Sullivan, *Lead Minister*

Rev. Kristen Kuriga, *Associate Minister*

Tony Bianca

Director of Spiritual Exploration and Worship Arts

Chalice Choir and Women's Choir

Tomás Acosta, *Choir Director*

Alexander Oliver, *Guest Pianist*

String Trio

Andrea Altona, *Violinist*

Robie Evans, *Violist*

Lorie Kirkell, *Cellist*

Sunday, April 5, 2026

10 am Hillcrest Meeting House with Patio Viewing and Livestream



First
Unitarian Universalist
Church of San Diego

Hillcrest: 4190 Front St. San Diego, CA 92103
619-298-9978

South Bay: Saint John's Episcopal Church
760 1st Ave, Chula Vista, CA 91910

Visit firstuusandiego.org for more information

Bell / Campana

Prelude / Preludio

“Here Comes the Sun” — George Harrison
~ Andrea Altona, *Violinist*
Robie Evans, *Violist*
Lorie Kirkell, *Cellist*

Chalice Lighting / Encendido del cáliz

“The Humanist Speaks of Easter” — Kendyl Gibbons
~ Rev. Justine Sullivan, *Lead Minister*

Land Acknowledgment / Reconocimiento de la tierra

Rev. Kristen Kuriga, *Associate Minister*

Opening Hymn / Himno de apertura

#203 All Creatures of the Earth and Sky

Welcome / Bienvenida

Maren Outwater, *Board Vice President*
Rev. Justine Sullivan, *Lead Minister*

Church Hymn / Himno de la iglesia

Church Aspiration / Aspiración de la Iglesia

Flower Communion / Comunión de las Flores

Tony Bianca, *Director of Spiritual Exploration
& Worship Arts*
Rev. Kristen Kuriga, *Associate Minister*

Flower Communion Music /

Música para la Comunión de las Flores

Mixed Classical Selections

Announcements & Offering / Anuncios y ofertas

GRID Alternatives San Diego

Offering Music / Ofreciendo música

“Time of Your Life” — Green Day

Reflection / Reflexión

“Why Do You Look for the Living Among
the Dead?” — Tony Bianca

Music / Música

“Lift Thine Eyes” — Felix Mendelssohn
~ Women’s Choir
Tomás Acosta, *Choir Director*
Alexander Oliver, *Guest Pianist*

Wheel of Life / Rueda de la vida

Anthem / Himno

“O Love” — Elaine Hagenberg
~ Chalice Choir and Women’s Choir

Prayer / Oración

Closing Hymn / Himno de Clausura

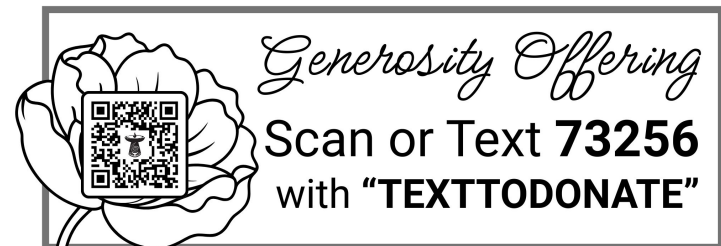
#61 Lo The Earth Awakes Again

Blessing & Extinguishing of the Chalice /

Bendición y Extinción del Cáliz

Postlude / Postludio

“Gloria in Excelsis Deo” — Antonio Vivaldi



*Our sign language interpreter today is Paul Lambert.
Join us for Hillcrest In-Person Social Hour after Worship.*