

Calendar of Events

Sunday, July 21, 2024

Worship Service & Livestream

In person or **online** at 10 am!
Outdoor viewing available.

South Bay Summer Workshops

Sundays, 10 am, South Bay Worship Hall.

Hillcrest In Person Social Hour

Sundays, following service, Bard Hall. Coffee and tea provided.

U/U Spiritual Agnostics Film Study & Discussion Group

July 21, Sunday, 11:30 am, Room 323. The July 2024 meeting of the U/U spiritual agnostics film study & discussion group will meet to for the two prize-winning film "Walk-In," directed by Scott Blum.

Open Heart Sangha

Sundays, 4 pm — 5:30 pm, Bard Hall.
margewur@gmail.com.

Monday, July 22, 2024

Coping With Chronic Conditions Support Group

Second and fourth Mondays, 1:30 pm — 3 pm, zoom. Contact **Chris Smith** prior to attending 619-300-7477.

Men's Fellowship 4th Monday - Summer Picnics

July 22, Monday, 5:30 pm, BBQ at Morley Field (in front of the tennis courts). Visit the UUMF table on the patio.

Tuesday, July 23, 2024

Caregivers/Allies Support Group - DATE CHANGE

July 23, Tuesday, 4 pm — 5:30 pm, zoom. Contact Les Vivian for details.

Board Meeting - New Date and Time!

6 pm, online. Board of Trustees meetings are open to congregants. Zoom link in the members only section of the **website**.

Young Adult Group

Tuesdays, 6 pm — 7:30 pm.
Contact **Lara** for location info.

Wednesday, July 24, 2024

Burrito Project

July 24, Weds, 5 pm, Common Room. Join us in preparing and serving burritos to individuals experiencing food insecurity. Burrito assembly starts at 5 pm in the Common Room. Distribution will take place by St. Vincent De Paul's Villages at 6:30 pm. We return to First UU at 8 pm. RSVP to lara@firstuusandiego.org.

Thursday, July 25, 2024

Food Pantry Midweek Bagging

Thursdays, 11 am — 12:30 pm, South Bay Campus Room 105.
foodpantry@firstuusandiego.org.

Upcoming Events

Front Street Productions Presents!

July 27, Saturday, 7:30 pm, Meeting House. "Barbershop Harmony Showcase" with Los Bordershop Quartet and special guests. Get your free tickets at FrontStreetProductions.org.

River of Life Brick Decorating Event!

August 4, Sunday, Patio. Immediately following worship service in Hillcrest, please come one, come all!

Welcome / Bienvenida-o to the First Unitarian Universalist Church of San Diego

*Create community, nurture spiritual growth, heal the world.
Crear comunidad, fomentar el crecimiento espiritual, sanar el mundo.*

"Upside of Apocalypse"

Rev. Celia Young, Visiting Minister

Swamini Adityananda Saraswati,

Intern Minister

Andrea Spiero, *Staff Musician*

Tomás Acosta, *Collaborative Pianist*

Sunday, July 21, 2024

10 am Hillcrest Meeting House with Patio Viewing



First
Unitarian Universalist
Church of San Diego

Hillcrest: 4190 Front St. San Diego, CA 92103
South Bay: 970 Broadway Chula Vista, CA 91911
619-298-9978

Visit firstuusandiego.org for more information

Bell / Campana

— Swamini Adityananda Saraswati, *Intern Minister*

Prelude / Preludio

“Gavotte” — Amy Beach (1867-1944)

Introduction of Rev. Celia Young

— Swamini Adityananda Saraswati

Call to Worship and Chalice Lighting / Llamado a la Adoración y Encendido del Cáliz

— Rev. Celia Young

Gathering Hymn / Himno de reunión

#1022 Open The Window (verses 5, 4, 3, 2)

Words of Welcome & Land Acknowledgement / Palabras de Bienvenida y Reconocimiento de Tierras

— Swamini Adityananda Saraswati

— Andrea Spiero, *Staff Musician*

Church Hymn & Aspiration / Himno de la iglesia & Aspiración

— Andrea Spiero

— Tomás Acosta, *Collaborative Pianist*

Time for All Ages & Affirmation / Tiempo para todas las edades y afirmación

“The Trick to Being Fearless,” by Sally Huss

— Tony Bianca, *Director of Lifespan Faith Formation*

Announcements and Offering Words / Anuncios y Ofrecimiento de palabras

— Swamini Adityananda Saraswati

Offering Music / Ofreciendo música

“Idylle” — Cécile Chaminade (1857-1944)

Reading / Lectura

“In the midst of a world” — by Rev. Rebecca Parker

— Rev. Celia Young

Special Music / Musica Especial

“Time for Flowers” — By Emily Scott Robinson

Meditation / Meditación

— Rev. Celia Young

Sermon / Sermón

“The Upside of Apocalypse” — Rev. Celia Young

Closing Hymn / Himno de Clausura

#1015 “I Know I Can”

Blessing and Extinguishing of the Chalice / Bendición y Extinción del Cáliz

“May You Be Changed” — by Emily Richards

— Rev. Celia Young

Postlude / Postludio

“Rapsodia Española” — Dennis Alexander (b. 1947)

Church Hymn

From all who dwell
below the skies,
Let faith and hope
with love arise,
Let beauty, truth, and
good be sung,
Through ev'ry land,
by ev'ry tongue.

De todos bajo el gran sol,
Surja esperanza, fe, amor
Verdad y belleza cantando,
De cada tierra, cada voz.

Our Affirmation

We are Unitarian
Universalists, a people of
open minds, loving hearts,
and welcoming hands.

Somos Unitarios
Universalistas, personas de
mentes abiertas, corazones
amorosos, y manos que dan
la bienvenida.

Church Aspiration

May love be the spirit of this
church,
May the quest for truth be its
sacrament,
And service be its prayer
To dwell together in peace,
To seek knowledge in
freedom,
And to help one another in
fellowship,
This is our Aspiration.

Que el amor sea la doctrina
de esta iglesia, la búsqueda
de la verdad su sacramento,
y el servicio su oración.
Vivir juntos en paz, buscar la
verdad con libertad,
y ayudarnos mutuamente en
comunidad, a eso aspiramos.

Our sign language interpreter today is Paul Lambert.

Join us for In Person Hillcrest Social Hour after Worship

Join us for Virtual Social Hour at 11 am at <https://bit.ly/FirtUUSocialHour>